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## Danville Hawkes Soar for Success !

### Newsletter - April 2017



#### Principal's Pen

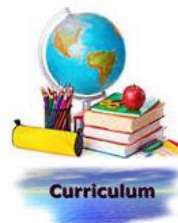
Dear Danville Families,

We look forward to warm weather and spending time outside without layers of clothing! The students have enjoyed visits from authors this month. The district librarians organized the author visits as well as a presentation in the evening at the PAC center for a Family Literacy Evening. This is the third year we have held this event (with different authors). Each year the attendance grows! Autographed books were available for purchase.

As you may have read, we implemented a new procedure for afternoon transportation changes. PickUp Patrol was implemented April 3. **PickUp Patrol** is now used for notifying the office of transportation changes. It is a web application designed to make it easier for you to make changes to your children's regular after-school dismissal plans. You should have received a link to register for this app. The link expires after 48 hours. If you need a new invitation, please let the office know and

they will activate a new request. We look forward to this change in notification to be more efficient for everyone.

Happy Spring!  
Nancy Barcelos



#### Assistant Principal News

Our elementary report cards are now online! Parents can view Trimester 1 and 2 through the parent portal in PowerSchool.

This can be located on our Danville

webpage, under Parents.



Our Trimester 3 report cards will be available once the term closes, but you will still receive a paper copy this year.



### **A Message from Nurse Sue:**

The following tips are from the American Academy of Pediatrics (AAP).



Spring's arrival means nicer weather, but for many it brings a balancing act between school, sports, and fun.

As the days get longer, and the snow melts away, we will have more opportunities to spend time outside. Children will need support to be mindful of expectations and timeframe. Sleep is vital to be in your best shape. One of the best time management strategies is to work backward from a set bedtime. This ensures your child will continue to get their required zzzz's.

Encourage your child to use a calendar, paper or electronic, to schedule themselves for the week.

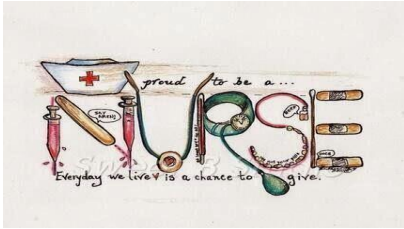
Lucy Canotas

1. I will clean up my toys, and keep my room in good order.
2. I will brush my teeth twice a day, and wash my hands before eating and after the bathroom.
3. I won't tease dogs, even friendly ones – and keep my hands and face away from their mouths.
4. I will drink more milk and water, and limit soda and fruity drinks.
5. I will apply sunscreen before going outdoors.
6. I will find a sport or activity that I like, and do it at least three times a week.
7. I will always wear a helmet when bicycling or boarding.
8. I will wear my seat belt every time I get in the car.
9. I'll be nice to others, and friendly to kids who need friends – like someone shy or new to school.
10. I'll never give out personal information or pictures of myself to strangers or over the internet.

## MAKE HEALTH YOUR RESOLUTION

### Healthy

**You:** Make healthy food choices, be active, make an appointment for a check-



up, vaccination, or screening. Know your numbers – weight, blood pressure, cholesterol. Wash your hands often. Be smoke free. Get enough sleep. Learn and practice a new health tip each week. Make a new friend.

**Healthy Family:** Plan to eat more meals together as a family. Encourage and support physical activity. Put together a family health history. Know where to go for health care in town if you do not have insurance. Keep pets vaccinated and healthy. Add a health related web site to your favorites list, and check weekly updates. Spend more time together. Be courteous and practice good manners.

**Healthy Home:** Go green. Reduce, reuse, and recycle. Install smoke alarms, and carbon monoxide alarms on every level. Keep cleaning products and medications away from children. Have a winter weather emergency plan, and stock your home and car with necessary supplies. Avoid carbon monoxide poisoning and hypothermia. Never use generators, grills, camp stoves, or similar devices indoors.

**Healthy Community:** Volunteer at your church, school, or one of the many community center s needing help or an extra hand. If you have received help from others, try to repeat the gesture. Extend a common courtesy wherever you are – they are always appreciated and hopefully duplicated.

**Healthy Workplace:** Stay home if you are sick. Wash your hands often, Participate in healthy workplace programs, Take steps to prevent job stress. Reduce work injuries and practice good body mechanics.

L. Sue Goodman, RN

Danville Elementary School Health Office



## Counselor's Corner

I hope that everyone had a restful and enjoyable February school vacation week! Your children all came back talking about their break and seemed to come back rested and ready to learn!

### Classroom Guidance Topic: Using Emotional Management Strategies, to Avoid Jumping to Conclusions

When people are having a strong feeling, it is very easy for them to “jump to conclusions” or make an assumption about what is happening. When this happens, it often can create or escalate conflicts, making strong emotions even stronger. Students are learning about the part of the brain called the *amygdala* and how it is the integrative center for emotions, emotional behavior, and motivation. When the amygdala is “fired up” it impacts our thinking and our ability to make the best decisions for problem solving and making ourselves feeling better. With the knowledge of the amygdala, students are continuing to practice their “calm down strategies” and work together to solve the problems of the characters in the stories they hear/read about.

*“Calm students are better able to use their skills, such as problem solving, to help get along better with others and make good choices” – Second Step*

© 2011 Committee for Children Second Step: Skills for Social and Academic Success.

For more information about what your child is learning, please visit [www.seconstep.org](http://www.seconstep.org) and/or contact me!

Elissa Salemi  
School Counselor

## **Reminder to Parents of 5<sup>th</sup> Graders**

A couple of weeks ago, a middle school parent survey form was put in your child's Danville Delivery. It is very important that you fill this form out, as it will help middle school teachers get to know your child.

**Please return this completed form to your child's**

**classroom teacher by April 10th.**



[All About Art!](#)

Dear Danville Families,

The Academic Fair is being held Wednesday, April 19<sup>th</sup>! That is only two and half weeks away! Students

have been choosing their two dimensional piece of art, that they are most proud of, to be on display the night of the Fair, and the Fifth Graders are working so hard to finish their Tape People for their exhibit in the gym the night of the Fair. Clay pieces that the students have done will be on display in the Art Room. This is such a spectacular display of all the student's hard work!! I hope everyone can make it!

The Kindergarteners and First Graders listened to the story "Miss Rumphius". After learning about warm and cool colors they painted a sunset and finished the painting off with some beautiful lupine flowers.

The Second Graders are working on creating window boxes out of paper by using some tricky measuring skills with rulers. They'll be filling them with some beautiful flowers using oil pastels.

The Third Graders learned about the famous artist Georgia O'Keefe and created some stunning clay pot flowers.

The Fourth Graders are learning about one, two and three point perspective. They will be designing a city scene using these methods.

The Fifth Graders are working hard to finish their Tape People. Their team work and cooperation are really paying off! Please have students bring in props and costumes as soon as you can. Any large items need to be delivered by parents and may not be brought on the bus.

Thank you so much for your support of the Visual Arts!



Mrs. Rice

added a bit of fun! I hope the children were able to trick you with the Memory game they brought home! Our first hands on science experiment showed we have a bit of work to do before we become serious scientists! Finding out how many drops of water will fit on top of a penny takes a very steady hand and a bunch of patience! Luckily, we have plenty of time to develop these traits!

Third, fourth, and fifth graders learned Newton's three Laws of Motion and used that knowledge, combined with what they'd learned previously about simple machinery, to construct a Mouse Trap-type contraption. Their design included at least two inclined planes, a tunnel, a curve, and a rough surface through which a ball had to roll and be captured. The children who succeeded found that working together as a team was their best asset! Some of their creations will be displayed in my classroom at Academic Fair!



Science. Technology.  
Engineering. Art.

Mathematics. with Mrs. Dube

The Kindergarteners and I have been focusing on Spring....St. Patrick's day, spring robins, and April Fools Day games



Music Note

Ms. Soha

April 12<sup>th</sup> 7pm Concert for all 4<sup>th</sup> grade Band students. More information [has been sent home through Danville Delivery.](#)

**Join Band or Strings!** Parents of current 2nd , 3rd or 4th grade students: If your child is interested in learning to play an instrument NEXT YEAR, they must sign up NOW! There are NO fall sign ups. (If your child is already a band/string member, they will automatically be enrolled for next year.) Current 2nd graders are eligible for violin, viola or cello. Current 3rd graders are eligible for violin, viola, cello, flute, clarinet, saxophone, trumpet, trombone, percussion, French horn, oboe. Come to the Timberlane Performing Arts Center on ONE of the following days: Thursday June 1st at 5:00pm OR Saturday June 3rd at 8:00am OR Monday June 5th at 5:00pm Please arrive on time for an informational meeting and plan to stay for 2 hours to let your child try 3 different instruments. Rentals will be offered if you do not already have an instrument that is in good working condition. This is a free event to help students decide which instrument to play. After you have signed up, there will be three lessons, held on June 12, 13, and 14 at 4pm or 6pm. Plan on attending one lesson each day. The lessons are offered at a reduced rate and will give your child the tools they need to begin learning songs over the summer. This is a wonderful opportunity to try a band or string instrument before you commit to an instrument. Come join the fun and enjoy beautiful music all summer long! More information will be sent home at the end of May. Questions: Kathy Giacobbe, music dept. secretary 382-6541 X 3982




**School Store**



## This is our last School Store of this Year.

Our last school store for the year is on Friday, April 7, 2017 for grades 2-5.

School store will be open during each grade level's lunch recess time. 

Students are invited to come to see what is available to purchase. Items range from \$.05 to \$3.00. **Students may not borrow money from others or ask for money from others.** Students are encouraged to purchase wisely and only buy if they find something they need. Generally, students will not be allowed to spend over \$5.00 at the school store.



Some items for sale include:

Collectable Zoo Life erasers

\$ .50

Pop a Point pencils for \$.50

Bookmarks for \$.25

Folders (2 pocket) for \$1.00-\$1.50

Emoji Pencil cases and coin purses from \$2.25-3.25

Erasable Highlighters for \$1.00

Koala Pencil Pals for \$.50

Jump ropes for \$2.00 (These can stay in school for recess fun.)



Plus much, much more!



## Physical Education

Hello Everyone!

March came in like a lion and left as one too! The numbers are in for our annual Jump Rope for Heart Fundraiser and we raised the second highest amount in Danville history! We were able to raise \$3,300.00 in less than five weeks of fundraising! I really want to thank all of the students and parents that made this event possible. We are doing a great service to those who have been affected by heart attacks or strokes.

We just finished our speed stacking unit and have moved into gymnastics. We will be flying into floor hockey right before April vacation.

Please continue to make sure that your son or daughter brings sneakers to change into for P.E. class. This will keep our nice wooden gym floor in good shape as the spring moves along.

As always, if you have any comments or questions, feel free to email me and I will get back to you as soon as I can! I hope this note finds you happy and active!

-Patrick Ard  
Danville P.E.

[Patrick.Ard@timberlane.net](mailto:Patrick.Ard@timberlane.net)