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Danville Hawkes Soar for Success!

Newsletter - November 2016



Dear Danville Families,

I have always told our students one of the most important jobs I have at school is to keep them safe. We have a school team that meets regularly to analyze our systems to ensure our schools are as safe as possible. One strategy to maintain a safe school is to engage all children and adults in various drills. This year we have practiced several fire drills, clear the halls, and partial evacuation drills. The Danville Fire and Police Departments assist us in various drills.

November 4 we will practice our annual Evacuation Drill. In this scenario, all students and adults will leave the building at a designated time and walk to an alternative location. This time we will be evacuating to the Danville Baptist Church. This has been planned in conjunction with the Danville and Fire and Police Departments. I am very appreciative of the strong working relationship we have with the Danville Police and Fire Departments.

Bus Safety is an area of concern we often face. An adult should supervise students at bus stops. Sometimes behaviors happen while students are waiting for the bus and negative behaviors are carried on to the bus. When this happens students are challenged with trying to turn their day around before they even reach school. Please speak to children about keeping themselves safe while riding the bus by staying in their seats when the bus is moving. They are expected to use partner voices so as not to startle the drivers. Basically students should follow the same rules they follow when riding in the family car.

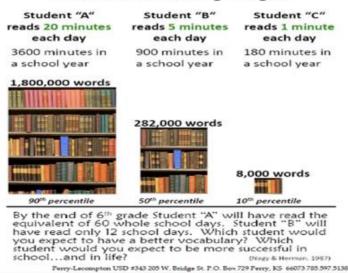
School attendance is the most powerful way of helping a child achieve academic success. Please make every effort to have your child in school and on time. Vacations may be less expensive when school is in session but in the long run children are taking a vacation at a high cost to themselves and they have no control over this. They are not able to learn curricula specific skills if they are not present.

Why does regular school attendance matter?

- Key academic concepts are covered everyday
- Time on task on a daily basis is needed to learn basic academics

- The need to learn to read well to be able to learn other subjects is critical
- One missed day of school equals as many as three days of catch up for a child to learn all the missed information and skills
- The habit of going to school is like learning to go to work-it's a child's job
- School attendance lays the foundation for whether children will graduate or dropout from high school.

Why Can't I Skip My 20 Minutes of Reading Tonight?



Find time to ask your child about their day. While it may be common to hear, "Nothing," when asking what they have done, believe me there are no days when that would be the truth! Teachers have established routines with students. Students are scheduled in learning groups to help each student learn what they need to be successful in school. Please help us to develop students who will be prepared to be 21st century citizens.

Sincerely, **Nancy T. Barcelos**



Assistant Principal News

Parent Resources

Be sure to check out our parent newsletters under the documents tab on Danville's website.



We offer two newsletters each month from The Parent Institute. The first is called Building Readers which provides strategies and ideas for supporting your children in learning to be stronger readers. The second is called Elementary Parent/Title One Newsletter. This is a resource to support the home to school connection. It includes information on ways to support academic improvement, communication with teachers, and social/emotional growth in your child.

Use the A-Es for Homework Support

Available.

Show your child you are confident in them by staying close by to support, but not sitting through every question with them.

Breaks.

Children handle work load and stress differently. Work to find a routine for homework that is comfortable for you and your child. Give them breaks as needed but don't let

homework take over your evening.

Calm.

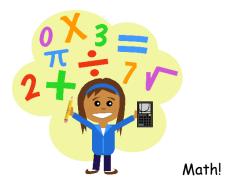
Approach homework time with a positive attitude. Regardless of the homework assignment, be confident that you can support your child.

Detect.

When your child asks for help with homework, provide guidance not answers. Ask them what they are supposed to do and listen for the difference of struggling to understand directions or skill. Report this to the teacher.

Encourage.

During homework time, complete tasks similar to homework so your child sees skills they are learning are used in real life; pay bills, make grocery lists, read a magazine.



In school we are continuing to teach procedural knowledge and rote memorization, but in this 21st Century we are also called to stretch student's conceptual understanding and flexibility

with numbers mentally. This increased intuition about math leads to better problem solvers and critical thinkers. Exposure to math outside of school is important. We all use math every day; at the store, measuring feet to buy a new pair of shoes, determining whether we have time to stop for a coffee on our way to work. Math is everywhere! Ask your child to look for it.

A Message from the Nurse



Well, with the winter approaching we can expect to see more in the way of nosebleeds for some of our students. I wanted to review some information that you may find helpful, if your child is one who suffers from nosebleeds.

The chief cause of anterior (the front of) nosebleeds is dry air. Anterior nosebleeds make up 90% of all nosebleeds. The bleeding usually comes from a blood vessel at the very front of the nose. A dry climate or heated indoor air irritates and dries out the nasal membranes, causing crusts that my itch and then bleed when scratched or picked. Common colds can also irritate the lining of the nose, with bleeding following repeated nose-blowing. Trauma to the nose can also trigger a nosebleed (such as a blow to the face). Nosebleeds are most common in children aged 2 to 10 years.

- ❖ Bleeding usually occurs from only one nostril. If the bleeding is heavy enough, the blood can fill up the nostril on the affected side and overflow within the nasopharynx (the area inside the nose where the two nostrils merge), spilling into the other nostril to cause bleeding from both sides. Blood can also drip down into the throat or down into the stomach (causing the student to even spit or vomit blood).
- Things that you can do to stop a nosebleed:
 - a. Remain calm.
 - b. Sit up straight.
 - Lean the head forward (tilting your head back will only cause the student to swallow blood).
 - d. Pinch the nostrils together with the thumb and index finger for 10 minutes.
 - e. You will want the student to avoid rubbing/ touching the nose afterwards or blowing the nose as this might reopen the wound and cause new bleeding.
 - f. If after 10 minutes of continuous pressure the nose is still bleeding you will want to seek the advice of the pediatrician or PCP. Remain with and observe your child to make sure there is 10 minutes of continuous pressure (no peeking!). If the child has repeated episodes of nosebleeds over a short period of time, feels dizzy/light-headed, or has trouble breathing you will want to seek immediate medical attention.
- ❖ You may want to add in moisture to the air in your home with a humidifier or vaporizer (particularly in the bedrooms) which will help keep the nose from drying out and triggering more bleeding. Keeping the heat low in sleeping areas (some sources state 60-64 degrees F) will assist as cooler air will not dry out the nasal passages. Breathing moist air, such as from a shower, is very helpful. The student will want to avoid forceful nose-

blowing or putting their fingers into their nose to remove any crusts that have developed. Any lifting or straining should be avoided after a nosebleed. You might want to elevate your students head on 1-2 pillows while sleeping (after having had a nosebleed). Consult with your PCP about the use of antihistamines, decongestants, and medicated nasal sprays (that you may be using for cold and allergy symptoms), as they can dry mucous membranes in the nasal passages.

Consult with your PCP or local pharmacist as to over-the-counter products that can be used to moisten the nasal passages.

L. Sue Goodman, RN Danville Elementary School Health Office



Counselor's Corner

Classroom guidance has started! This year I will be using the Second Step Curriculum in grades 1-5. Topics include Skills for Listening, Empathy, Emotion Management and Problem Solving. The goal of these lessons, is to teach students the skills that strengthen their ability to learn, have empathy, manage emotions and solve problems. Your children will be learning a lot this year and he or she will need your help! Look for tips and updates in the monthly newsletter to help understand what your child is learning. I look forward to visiting classrooms again and working with your children!

Tip: How to Help Your Child Feel Good About School

Find reasons to praise your child every day. Help your child focus on his/her strengths. Make sure your child knows he or she has the ability to succeed. Have high expectations for learning and behavior at home and at school. Help your child take responsibility for his or her choices. Encourage active learning. This involves asking and answering questions, problem-solving and exploring interests. Listen to your child's ideas and respond to them.

It's going to be a great year!

Elissa Salemi School Counselor elissa.salemi@timberlane.net / 382-5554 x5310.

"They may forget what you said, but they will never forget how you made them feel." -Anonymous"



We have been having a blast creating our projects in the Art Room! Students have been stretching those creative minds more than ever. Most classes have been focusing on Color Units and proper procedure for setting up and cleaning up supplies independently.

What's New in the Art Room?

Kindergarteners have been working on their cutting skills recently. After much practice, students cut out a variety of shapes and used the shapes to create a picture of their choice. Their imaginations came up with gumball

machines, rocket ships, and people just to name a few. It was great to see the Variety of ideas.

The First Graders have been learning about the Color Wheel, Primary and Secondary Colors. They created Scarecrows and were asked to mix their own Secondary Colors for parts of their picture. They learned the proper procedures for setting up and cleaning up for painting.

The Second Graders learned about the Mexican holiday The Day of the Dead. Their main focus of the art lesson was Symmetry. Students were asked to use symmetrical designs and symmetrical colors on their Day of the Dead Skulls. They were also able to use glitter to give their skulls that extra sparkle.

The Third Graders created stunning Pumpkins that glowed in the moonlight. They used Oil Pastels to achieve this. The main focus was learning about Analogous and Intermediate Colors. Their blending techniques helped them create the three dimensional illusion in their scenes.

The Fourth Graders learned about the famous artist Vincent VanGogh. After learning about his history and his artwork, students created a picture based on his paintings of Sunflowers. They used Chalk Pastels to achieve this. Their main focus was using Analogous and Intermediate Colors to create texture in their picture.

The Fifth Graders created a warm colored Sunset Scene with Trees. They used tempera paint to achieve this. Their main focus was on blending their own

intermediate colors in their painting. They also used certain painting techniques to make their trees look realistic. We reviewed the proper procedures for setting up and cleaning up for painting.

****The Original Works of Art Fundraiser Packets have been sent home with almost all students!! Remaining students will send their packets home this coming week. There are many excellent products to order for the upcoming holidays or any occasion. Students have worked so hard to Create amazing artwork for you to order on fun products! Please send your orders in to their teacher as soon as you can. Deadline for orders is on November 9th. Don't forget to include your order, form of payment and your child's artwork for your order to be properly completed. Parents of students from grades K-5 that are not ordering please send your child's artwork back to me. Their fundraiser artwork may end up being a piece they want in the Art Show. Thank you so much your consideration in for participating in this fundraiser!*****

****The Art Room is always in need of three dimensional materials. Please bring in recyclable items for my students to build with!*****

If you have any questions, comments or concerns please feel free to contact me at any time. jennifer.rice@timberlane.net or 603-382-5554 X5307 Artfully Yours, Mrs. Rice



Science. Technology. Engineering. Art. Mathematics.

Ask your Kindergartener about our ongoing experiment to determine if our pumpkin seeds will grow in their natural container. We opened a pumpkin, left the seeds and guts inside, added soil, water, and sunshine and we are waiting to see what happens! We have also examined the parts of a tree and learned to tell how tall a tree is, hypothesized about and tested to find out if a pumpkin would roll straight from one friend to another (it does!). Finally, the children enjoyed a Halloween story and craft featuring "Spookly the Square Pumpkin".

Third, fourth, and fifth graders created parachutes to bring Jack safely down from the clouds after the mean and cruel Giant put barbed wire on the beanstalk to try to keep Jack trapped. All teams were successful in bringing Jack in for a soft landing! The students also participated in a team work activity that allowed for no talking or communicating whatsoever. They quickly found that communication is a powerful ingredient when working together! Most recently, we have begun to explore what it means to be in a drought situation and what each of us can do to help each other through a very real crisis.



We have been making some great music this year and we are excited to share with you at our upcoming concerts.

Mark your calendars!

January 17th 7pm Winter Concert (Band, Strings, and Chorus)

March 22nd 7pm Chorus Concert (rehearsal at 6:15)

March 27th and 28th Rehearsal & Concert for all 5th grade Band students.

April 12th 7pm Concert for all 4th grade Band students

All events take place at the PAC (Timberlane Performing Arts Center). More information will be sent home as the dates approach.



Physical Education

Hello Everyone!

Can you believe it is already November? Time flies when you are having fun! We have just finished up with our Halloween unit and are moving quickly into our Cooperative Games unit. Cooperation and teamwork skills are very important for our students to learn. These skills encourage leadership and communication and help our students in many ways. If you get a chance, ask your child how many students can fit inside of one hoola-hoop!

Cold weather is right around the corner, so please try to get outside with your child and enjoy the wonderful fall weather! As always, if you have any comments or questions, feel free to email me and I will get back to you as soon as I can! I hope this note finds you happy and active!

-Patrick Ard
Danville P.E.
Patrick.Ard@timberlane.net





The school store will be open for grades 3-5 on

Friday, November 4 during the grade level's recess time. Grade 2 will be welcome to start attending school store in January.

Students are invited to come to see what is available to purchase. Items range from \$.05 to \$4.00. Students may not borrow money or ask for money from others.



Students are encouraged to purchase wisely and only buy if they find something they need. Students will generally not be allowed to spend over \$5.00 at the school store.

Please remind your child that students are not allowed to share money, ask for money from others, or give their money away to someone else. Items are bagged and given to your child's classroom teacher for the child to take home that night.

Some items for sale include:
Wallets for \$2.00 or less
Fuzzy pencil pouches
Pop a Point pencils for \$.50

Animal Erasers for \$.50 Folders (2 pocket) for \$1.00

locking diaries for under \$4.00

7mm Pencil led

Koala pencil buddies

Angry Bird 2 pocket folders \$1.50

Plus many new items!



Our next school store will be in January. If you are able to help at the school store please email Cindy Wood at cindy.wood@timberlane.net. Thank you!



Enrichment Program
Mrs. Wood

November 18 will be an exciting day at Danville Elementary for grades 3-5. On that day we will have a special STEMDay (Science, Technology, Engineering and Mathematics) for our older students. Grade 3 will be exploring mini-paper rockets with guests from the McAuliffe/Shepard Museum. The grade 3 teachers will also be planning other STEM activities throughout that day. Grades 4 and 5 will be visited by engineering students UNH from Chase the Ocean Engineering Laboratory. This is a follow up for grade 5 from our

September field trips to the Chase Ocean Labs. These engineering students will be working in each grade 4 and 5 classroom for an hour or two during the day sharing some STEM problems that will challenge students to think of ways to design solutions. The classroom teachers will use the remainder of the day for their own STEM challenges.

The younger students will not be left out! On December 15 grade 2 will be visited by the Boston Museum of Science and they will receive their own STEM challenge. They will be learning how to solve a problem by building bridges! The grade 2 teachers will fill the rest of the day with other STEM challenges for their students.

Pre-kindergarten, kindergarten and grade 1 teachers have decided they want to save their special day for March 20. They will use their science learning about animals to tie into research and writing. Wildlife Encounters will come and visit our youngest students with some amazing live animals.

Other upcoming enrichment days for our whole school include Career Day in March and an Arts/Cultural day in May. I will be sure to keep you posted!



Students, don't forget that we have a pencil machine located near the boys and girls bathrooms. All pencils are \$.25

or one quarter. If you find a pencil with a special note on it from Mrs. Wood, come see her for a special surprise.