THE TIMBERLANE TIMES

Take Time to Think

By Tyler Weir On September 11, America's #1 youth motivational speaker, Jeff Yalden, paid a visit to Timberlane Regional High School!

This was guite the treat because he has been delivering motivational speeches to students worldwide. He has visited all of the 50 states as well as 48 countries and every province in Canada. On top of this, he was on MTV as a part of the show, Made. He also has a radio show where he reaches out to people in the community.

Even though Yalden has had a tough life, he has accomplished a lot. He has touched the hearts of teens and adults all over the world. One amazing story occurred in a small town that lost nine teens to suicide in a year, and four in the past two weeks. The school needed some help to get the students through the tough time. They turned to Yalden and he was there within days to help restore the community.

Throughout his speeches, he talked about his life and his struggles and used them to motivate the students and staff at Timberlane. Yalden urged the audience to see the good in everyone. One of his main sayings consists of four the T's; "Take Time To Think." This referred to taking the time to think before you say something to someone, the time to think before you make an assumption about someone you don't know, and the time to think before you do something hurtful as well as talking the time to reflect on your own life.

The majority of students enjoyed listening to Yalden talk to us all. He took the students on an emotional roller coaster that was a wakeup call to many of the teens here at the high school. One second everyone was laughing and the next they were on the verge of tears. Student Aiden Newell, senior, said of Yalden's presentation, "That was the most inspiration Timberlane has had in a while."



Overall, Jeff Yalden is a great guy and Timberlane is so thankful that he was able to talk to us. Shortly after visiting Timberlane he posted a video thanking the school for being a great audience. He enjoyed talking to everyone as well as meeting many of the students during their lunches. I would like to personally thank him for taking the time to come to our school and for making a difference all over the world.

What's New, Timbo?

By Aaron Sickel

Summer is over, and the 2013-14 school year is here. When you first entered the doors of Timberlane this year you may have noticed a few architectural changes to the school.

Over the summer, the school made numerous changes to the high school. Changes in the school include the brand new sign out front, an entirely new kitchen in the cooking room, and new mods. The new sign initially was an idea by Social Studies teacher and Department Coodinator, John Dube. After meeting with Assistant Principal, Maria DiNola, who is in charge of building and facilities here at TRHS, the two agreed that the sign would be a wonderful addition to the school and DiNola proceeded to work with a few sign companies to see this idea come to fruition. The new sign, which was gifted by the Class of 2013, is a fantastic addition to the school as many students comment that it makes the school look like a "more inviting high school."

"I am so proud to see this adorning our building every day. It is great to be an owl," said DiNola.

The new kitchen set can be found in room 402 which is home to cooking teacher, Mrs. Michelle Monti. The new kitchen set includes brand new green countertops for a total of six kitchen sets in her room. The green style also includes cabinets, and drawers. The new kitchen set has also created more waking space in the room, preventing numerous hazards.

When Monti was questioned on her opinion of the new kitchen she stated, "It's beautiful," and she was "very pleased to walk into a brand new kitchen," after summer break.

All in all, the new kitchen set is beautiful; feel free to stop by in room 402 to check it out.

Another addition to the school this year is the replacement of the outdoor mods. The new mods look amazing and the interior is clean and sturdy. According to DiNola, "The arrival of the modular classrooms was such a joyful day! These modulars are safe, modern, clean and supported the learning needs of our students. Students and teachers are enjoying our new replacements each and every day."

Each room in the mods has a storage closet, a bathroom, and windows surrounding the class. However, when students were surveyed on the best part of the new mods is this year, the most



common response was the temperature controlling air-condi10/02/13 almost all typical classes don't have. In the past, students have typically disliked having classes in the mods.

However, this year, especially on a hot day, the new and improved mods aren't a bad choice, when it comes to a comfortable learning environment.

The new construction of Timberlane has been made. The school has plans for the future as well. While we work hard to find out the next construction project at Timberlane, you can enjoy the new additions to the school and make this year a great one.

Inside Today

| Front Page1 | TRHS Sports13 |
|-------------------|---------------|
| Owl's Nest2 | SW Preview14 |
| Owl's Nest3 | Advice15 |
| Owl's Nest4 | Reviews16 |
| Owl's Nest5 | Reviews17 |
| What's Happening6 | Opinions18 |
| What's Happening7 | Editorials19 |
| Fall Features8 | Back Page20 |
| Features9 | |
| What's Hot10 | |
| News11 | |
| TRHS Sports12 | |



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Ultimate Altamar

By Cara Olson

René Altamar is an exciting new addition to the World Language department here at Timberlane. Altamar hails from the beautiful country of Colombia, and was hired briefly before the school year began as a Spanish teacher. Señor Altamar teaches various levels of Spanish.

Altamar began teaching Spanish in Peabody, MA in 1995. He has taught at multiple Massachusetts schools as well as in Florida before coming to Timberlane, where Señor Altamar says that he is very excited to be a teacher. Señor Altamar has many hobbies, but his favorites are playing soccer and reading books. He owns a multitude of books including over 600 dictionaries in many different languages.

Altamar is quite amiliar with the Spanish language, as he has a Spanish background himself. Altamar was born in Colombia, where he was raised until he was a teenager. He then moved with his parents to Puerto Rico, where he stayed for about 20 years.

Altamar is married and has a daughter and a son. His teaching style is very upbeat and includes fun puppets, his collection of awesome neckties and a microphone to amplify his lively voice. The students and faculty of Timberlane wish Señor Altamar lots of luck and warmly welcome him to our hallways!

Bienvenue, Mademoiselle Burns!

By Gabriella Desmond

The Language Department has a new French teacher, Mademoiselle Burns! She has taught for 5 years, and this is her first year at Timberlane. Mademoiselle Burns graduated from UNH with an undergraduate degree in French and a Master's degree in Education.

In her free time, Mademoiselle Burns loves to go camping and some of her favorite areas are in Northern New Hampshire. She decided to become a teacher in high school when she was inspired by one of her teachers. She has taught at Oyster River High School, and Raymond High School.

I asked her about how she likes Timberlane so far and she said, "I love the school; the students have been kind and the staff welcoming."

The French students are happy and excited for their new teacher. When I asked her student, junior Ben Beane, what he thought of his new teacher and he replied, "She's really nice. It's cool to have new teachers in the school."

Welcome back, Mrs. Sinibaldi

By Patrick Tighe

It is a new year at Timberlane and the hallways are filled with familiar faces, but one person was not seen all of last year. Mrs. Sinibaldi, one of our fabulous science teachers was nowhere to be seen.

For individuals who never got to meet Sinibaldi, she has always been one of the most fun loving, and genuinely happy people in our science department. With the new year off to a great start, we are all so glad to have her back.

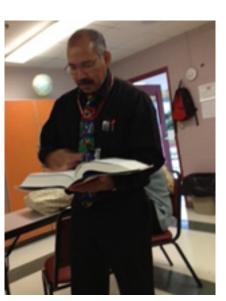
Student Andrew Fearon said, "We're all so glad to have her back! I just wish I could have her class again."

She was the missing piece of Timberlanes scientific harmony. Now that she is back, I would like to take this opportunity to welcome her back to the community.

Mrs. Sinibaldi is back in the classroom like nothing ever happened. She said she is extremely happy to be back and she is "looking forward to seeing old students and meeting new ones."

She said she had a wonderful summer full of beach going and relaxation. She is extremely thankful for the support of her fellow students and teachers. With that being said, Timberlane as a community would like to say we have missed you, and we hope that you have yet another great year at Timberlane High School!







Where's Fernando?

By Jane Buckley

As many of you know Neville Fernando recently retired from teaching a few

weeks prior to the start of the school year.

Many will miss Mr. Fernando's smiling face walking around the halls of Timberlane. The classroom will not be the same without his creative ways of teaching and his stories that helped students better learn. Fernando worked at our high school for nine years, and many students would agree that he was their favorite teacher. He formerly taught at a school in Ethiopia, and would often speak of how he would bring children into the jungle to explore. The main classes that he taught were biology and physical science.

Caroline Davies, who had Fernando for a biology teacher sophomore year said "Mr. Fernando is probably the wisest man I've ever met in my life. He not only taught me about biology but he taught me valuable life lessons that I apply every day. I love him and I miss him dearly, long live Mr. Fernando."

The science teachers all miss him dearly. Mr. Tim Thomas, a fellow coworker of Fernando, had to say that, "Mr. Fernando was a very calming man who had a lot of life experience that he was able to share, not only with his students but also with his colleagues."



The school's students and staff will greatly miss Mr. Fernando, but we all hope that he enjoys spending his retirement with his family at their home in Melrose.

Project Hope: 5 years giving back to the community

By Andrea Ahearn and Ciara Abel

Lights, camera, runway! Project Hope is an incredible organization here at Timberlane where fellow students run several fundraisers, including its culminating event a fashion show called "Strut for a Cure."

The beautiful part behind Project Hope is that the money collected is entirely split between the Susan G. Komen foundation and local families affected by cancer. The first year Project Hope put the whole show together in only one month; they didn't start a goal and still rose just over \$6,000 dollars. The second year Project Hope rose \$7,000 dollars and was hoping to make even more in the following years! For the past two years Project Hope has reached their goal of \$10,000 and is always looking for new ways to raise more money in the following years.

The fun part about this club is that it is mostly student run with the help of one of the advisors, Mrs. Guanci. This year, seniors, Alicia Ross and Haley Dow, along with their junior leader, Colin McCarthy will work hard to lead the group towards putting together a great show!

The new year of Project Hope is kicking off to a great year with some incredible students and the creative theme of mardi gras! Mrs. Guanci is "really looking forward to this year's fashion show and other events." She said that this year is "full of a great group of students who are dedicated to making this the best year yet."

As the new school year begins, Colin McCarthy is looking forward to a great year of Project Hope. Colin says he is "very excited, but also nervous for this upcoming show." He also says that "he knows it will be a great year and is hoping to change the strategies for the fundraising committee to guarantee they can raise even more money for this great cause."

Planning starts early September leading up to the big day in April! The groups of students are separated into different committees where they work to pull the whole show together. These committees consist of design, advertisement, refreshments, entertainment and touch a truck that all come together to put on a memorable show.

Project Hope is a fun club to be a part of and a great place to meet new people.

Rockin' the Writing Lab

By Colby McCay

It has been six years since Mr. Taylor Roccapriore has set foot in TRHS, but in 2007 Roccapriore was not a teacher at Timberlane High school but rather a student.

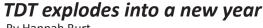
As a student, he excelled in classes as a student and is now Timberlane's new writing lab teacher, Roccapriore came back to Timberlane after he went on to attend college. He successfully graduated Gordon College in 2011 with a B.A. in English. His degree concentrated in Creative English and he minored in music.

Roccapriore said that he is adjusting to the new position well, "I knew some of the teachers that have been around since I have graduated and that helps. I'm also still familiar with the building and the teachers are very friendly."

When asked about the writing lab Roccap-

riore says "I want it to be a quiet work environment for the kids. The students can come in anytime during the day, as well as after school on Wednesday and Thursday until 3:15." He encourages every student to come in to get help on any writing piece that they are writing.

While approaching Roccapriore can be intimidating, an ice breaker to go talk to him can be about music. A second love of Roccapriore, music has been with him since high school when he played viola in the orchestra. He plays guitar while recording his own music and he also



By Hannah Burt

Timberlane Dance Team also known as, TDT, is full of Timberlane's favorite and best dancers. Timberlane's most welcoming team is run by captains, Hayley Siemering and Katie Ouellette and coached by, Paula and Julie Callahan who keep the spirit alive in each and every one of their dances.

TDT is a close bonded team and they enjoy all the time they spend together. All the captains and coaches agree when Julie Callahan says, "My goal is to keep it the fun and cohesive team it has always been since the beginning, I want to keep my favorite girls dancing together as one whole"

For TDT, the importance of their events not only benefits the team but also the district. They try their best to encourage new dancers to have confidence, and always try out for the next season. Some of the events that TDT will be doing this year are: spirit week pep rally, basketball games, volleyball games, performing at a Celtics game in December, Project Hope, TDT showcase and a competition in June. The team will also be doing 2 clinical fundraisers for kids first through eighth grade; this is one of their ways to give back to community while also running a fundraiser. The team is extremely excited for their upcoming year.

Hayley Siemering is a very proud captain and cherishes her team. When I sat down and talked to her about dance team and the upcoming year, this is what she said, "Dance Team is my pride and joy and I love every girl on the team. I love all the events we do, and it's a huge part of my high school career." So come see the wonderful and talented team perform at all of the listed events. They can't wait to show you what they've got!

Timberlane Dance Team, a team fully committed to dancing, is happy to have their wonderful and dedicated captains, Hayley Siemering and Katie Ouellette whom are both seniors.

They are happy to have their seniors:

Alissa Bredbenner Hannah Burt Caroline Davies Danielle Kamberalis Alyssa Mulhall Eliza Sanchez

Juniors:

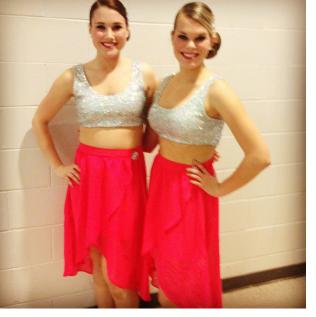
Karissa Braga Samantha Powell Rebecca Sands Alison Schejbe Amanda Stevens Allison Tarr Maggie Walsh

Sophomores:

Maria Collie Olivia Hughes Nicole Marquis Kaleigh Mclaughlin Ashley Santoro Victoria Swillum

Freshman:

Rose Dudal Hannah Jameson Julia Lanctot Natalie Livingston Aleigha Raymond Joy Steenson



likes to listen to music. Go find out what he likes and get some advice on your paper too.

A former graduate, Roccapriore has finally returned to the owls nest to spread his wisdom and knowledge. We welcome him back. The team cannot wait to see you, the students of Timberlane, at their events, they appreciate and cherish all the support they receive. It's going to be a great year, be sure to come and watch!!

Owls take community under wing

By Andrea Ahearn

Have you ever wanted to get more involved with community service? Then S.O.S. is the club for you!

S.O.S. stands for Students of Service. This club works hard to better the community, the environment, and also raise money for great causes! In past years, S.O.S. has visited the Baker-Katz nursing home in Haverill, Massachusetts. At the nursing home, the members made Valentine's Day crafts with the elderly and shared cookies with one another. It was a rewarding experience for each student and every member left with a great story from the person they spent time with.

Last year, S.O.S. also made activity packets to send to the Children's Hospital in Boston. These packets consisted of coloring pages, word searches, and connect the dots. This past April, the students and their advisor, Señora Morse helped to clean the outside of the school and even plant a few flowers.

Señora Morse truly enjoys being an advisor of this club, and she says that "Students of Service has not only impacted the high school and the district, but also the community. The students in this club worked together helping out with soup kitchens, visiting nursing homes and organizing Mealey's Meals events. The members of S.O.S. are always ready to help anyone in need and because of that our club has grown and we hope to keep growing!"

S.O.S. is a great club at our school and is always looking for new members. Feel free to stop by any Wednesday after school for an S.O.S. meeting in room 121!

The Great Galvin

By Hope Aubrey

Timberlane is kicking off the school year with many new faces in the classroom! The English Department welcomes a new addition to the team. Many returning students here at Timberlane may remember Mr. Keith Galvin from a trip down to the writing lab. Now students will see him in the classroom.

Galvin currently teaches English 1 and American Literature. Many teachers like to teach certain classes more than others, however Galvin has no preference, "I enjoy both equally because they contain some of my favorite literary works to teach."

He is very enthusiastic about teaching and enjoys the environment and culture Timberlane provides.

What you may not know about Galvin is that he is very involved in music. Though Galvin truly enjoys teaching he does have other interests, "When I'm not teaching I am usually listening to music or playing music."

For those music fans out there who want to know what he plays, it is guitar. On top of playing the guitar and having music in his life, Galvin calls himself, "an avid gamer and quite a nerd when it comes to movies, books and television."

Galvin would like everyone here at Timberlane to know that he truly loves teaching students and doesn't take teaching for granted. So if you see Galvin in the hallway, say hello, or congratulations. He is a great addition to the English Department here at Timberlane!

Guiding Timberlane to success

By Katrina Polizzotti

There is a new face in the guidance department! Believe it or not, Timberlane Regional High School has a new guidance counselor, Mrs. Lisa Petry! After receiving her undergraduate degree in psychology at Plymouth State, she began her career in education; for the first ten years she worked at Salem High School. During the past four years, she worked at Campbell High School in Litchfield, New Hampshire as a paraprofessional which is where she transferred to us from.



Outside of school, Petry is a husband to a physical education teacher at the middle school, Mr. Petry, and a mother to four boys. Petry is a sports fan who enjoys playing soccer and watching the Red Sox. With four sons and a gym teacher for a husband, it's nearly impossible not to be a sports fan!

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Did Tea West Thea?

Petry's first month has flown by, "I've spent the last month trying to get to know as many students and staff members as I could. It has been very busy but rewarding at the same time."

Even though Petry has been a guidance counselor for many years, she mentioned that the toughest part of the job has been not being as acclimated to the school as she is used to. By joining an experienced counseling staff, it has helped her make the transition as smooth as possible, "the students and staff here at Timberlane have been great to work with. I am happy to be here and look forward to a great year."

For the year ahead, Petry is very excited to start working with students again! You can find her in the guidance office if you need her help.

Bienvenidos Señorita Goscinski

By Katrina Polizzotti

This year, our school has kindly welcomed two new Spanish teachers to the language department and Señorita Marilyn Goscinski is one of them!

Goscinski attended the University of New Hampshire. At UNH is where she received her minor in social work, bachelor's degree in Spanish, and masters degree in education.

After graduating, Goscinski worked as a tutor, a substitute teacher, and a SAT proctor. She then began teaching at Portsmouth High School. From Portsmouth, she switched here to teach us!



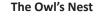
Lessons from Laird

By Tyler Weir

The Texas Road House Restaurant guru has come to teach us his way of business! His name is Mr. Laird and he is coming to us from Pinkerton Academy.

Laird teaches Microsoft Essentials, Intro to Business, Entrepreneurship, Sports Entertainment Management and Personal Money Management. He was a teacher at Nashua North for two years and later a teacher at Pinkerton Academy for six and a half years.

Along with teaching, he works part time at Texas Roadhouse. He took a year off from teaching between Nashua North and Pinkerton to become the service manager at the roadhouse, but soon realized he missed being in the classroom.



This year at Timberlane is her second year as a teacher. Goscinski is teaching Spanish 3ACC, 3CCP, and 4CCP classes.

Goscinski lives in Portsmouth with her two roommates and cat, Daisy. Outside of teaching, she enjoys to read and to sing; interestingly enough, she used to sing in an a cappella group!

This year, she is most excited about seeing people improve as students "and hopefully gain a love for the Spanish language like I have!" Mr. Laird spends many of his nights working at the roadhouse, which takes up much of his free time. He also works on his graduate degree in order to get a master's in accounting. He is very excited to get all of his work done so that he can relax.

When Mr. Laird does get some free time, he really enjoys vacationing. Mr. Laird's favorite place to visit is Aruba!

If you don't have Mr. Laird as a teacher, come down and say hi! He is a very nice teacher and also very funny. I talked to a few students and they all had very good things to say about him. Brian Parino, senior, says "Mr. Laird is a great teacher and I like his work ethic."



I personally like him because he plays games to make sure we know all the information that we have gone over. I also asked Brian Mills, senior, and he says "I love Mr. Laird, he is well organized and always gets the business done. Get it?" We are all very happy to welcome him to our community here at Timberlane.

A new owl in the nest

By Andrea Ahearn

With the new school year transitioning into the fall, many new teachers have settled into the Owl's nest and have so far enjoyed their time here at Timberlane.

Ms. Lee-Ann Cammett is one of the new teachers at Timberlane. She works in the technology department and said that, "so far this experience at Timberlane has been positive and exciting." Cammett is the district technology integration specialist which is a position that provides the opportunity to work with students and teachers from all schools including grades K-12.

Cammett started working as a computer programmer in the 1986. She received her Associates degree in Business Management from NECCO then later went to SNHU for her Bachelor's degree in Computer Information Systems and Business Studies. She later went on to Lesley University where she received her Master's in Technology Education. In 2006, twenty years after starting her career as a computer programmer she entered the education system.

The new school year has been great so far and Cammett is looking forward to working with students and teachers while incorporating technology into the curriculum.

Timberlane adds to the math department

By Julia Bidgood

Timberlane has welcomed several new additions to their staff this school year. One recent addition is Johanna Kennard. Kennard went to Dover High School and later went to UNH to receive her teaching degree. She has spent the past two years at Prospect High School in Alton, NH, teaching math. Kennard teaches all grade levels here at Timberlane and several different math classes, including Algebra, Geometry and Foundations of Algebra II. In her spare time, she loves to cook and bake. She loves traveling and aspires to someday open her very own bed and breakfast.

Kennard says her first impression of Timberlane was of the administration and math department, "They have been very welcoming and have gone out of their way to make me feel welcome and to help me learn the TRHS-specific ropes," said Kennard.

Although Timberlane feels huge to her, she believes that the close, community feeling that we encompass helps make the school feel much smaller. Kennard looks forward to getting to know her students and co-workers. "It is always interesting learning a new school's culture and community."

Welcome to Timberlane, Ms. Kennard!

Meet the new Academic Deans

Madame Allaire

By Mike Foster

Sandra Allaire.

Welcome, Mr. Flynn

By Ciara Abel

Every school year introduces several new teachers. This year we are excited to bring Mr. Michael Flynn into the Timberlane District.

Flynn feels his job is to "oversee the curriculum in business, ICT (Information Communication Technology), FACS, and Industrial Technology classes."

He teaches Microsoft Essentials and the goal for that class is to teach skills in Microsoft Office that will be helpful and make his students successful everywhere.

Flynn is the new Dean of Business/ICT. He went to SNHU and University of New Hampshire and was very successful accomplishing the goal of obtaining three master's degrees. He first started with an undergrad in marketing, then a minor in IT, finally he received a Masters degree as a business and education specialist. Flynn previously worked at the Milford High School.



Timberlane's new Academic Deans: Mr. Mark Pedersen, Mrs. Sandy Allaire, and Mr. Mike Flynn

with the Social Studies, Art, Music, and Language departments. During 7th period, you can find her

teaching her only class, French V ACC, in room 204. Madame Allaire was brought into the new position after teaching French for many years.

This position is for someone who is truly committed and compassionate about education. Mme. Allaire perfectly fits the mold as many students had very kind words for her such as, "As soon as you walk through the threshold of her door you sense the warmth of her spirit." And, "Madame Allaire is one of the most genuinely honest and enthusiastic teachers I know."

The previous statements show that the new position couldn't have gone to a more qualified educator, but more importantly, a more likable person. Allaire graciously responded to the comments saying, "I've been profoundly impacted by my students. I've learned as much about myself from my students as they've hopefully learned from me."

As for her goals in her new position, "I hope to improve the quality of learning for the students in this new position."

Flynn is enjoying Timberlane so far and hopes to achieve his goals in expanding business and growth in ICT. Mr. Flynn, we wish you the best of luck!

Madame has big aspirations for every department she works with. One of the biggest is Timberlane Regional High School offering AP World Language classes. This may happen within the next couple of years. Don't be surprised with changes in the English and Social Studies curriculum either!

The Timberlane community is excited and congratulates Mme. Allaire on the promotion and wishes her good luck!

TRHS Math Lab: The right formula for success

The Dean formerly known as "Madame" walks the hallways and works in her own office throughout the school day. The new position is called The Dean of Arts and Humanities. The graduate from Yale works

There is a new Academic Dean of Arts and Humanities in town and she goes by the name of Madame

By Katrina Polizzotti

Math anxiety is a conflict that many students deal with. By coming to the Math Lab, you will suffer no longer after brushing up on some skills that you know you didn't quite master last year!

Wanting to do better in math classes and wanting to feel more confident for upcoming math tests are feelings that all students have. The math lab is the best place during the school day to help shake some nerves!

The Math Lab is located in room 301, across from the large gym. Starting at second period, it is open every period of the day, every day of the week. You can even stop by after school! In the math lab, you will find Mrs. Leondires who is there to help, but she isn't the only one available. Math Honor Society members are also there every period of the day, available for tutoring. Tutoring is available for all math classes ranging from basic Algebra 1 to AP Calculus and AP Statistics. All you have to do is walk in, sign your name on the clipboard found at one of the tables, and a tutor will be at your service! One of the perks of being tutored by a fellow classmate is that they know how you feel. All the tutors didn't come into school one day, magically knowing how to do the math. All the tutors were in the classes that you are in, not too long ago.

The Math Lab is an excellent place to spend a period or two. It is a fun and a happy learning environment, everybody works together to find the best ways of solving problems. Not just quiz corrections and homework problems are being worked through, but the questions of the week are too! By answering the question of the month correctly, there is a chance that you will win a treat! The math lab is open to all students in all grades, so why not stop on by room 301 for tutoring!



Yearbook club: Making memories last forever

By Matt Sarbieski

A yearbook is a great way to reminisce about the good old days, and now you have the chance to get to work on them. The TRHS Yearbook Club needs new members, so if you would like to work on this year's yearbook, now's your chance.

Participating in the club will have many benefits. Not only does it look good on your resume, students that are involved will gain experience in areas such as project management, editing, and writing. There are a lot of different tasks the participants can take on, such as taking pictures at school events, designing the cover, and writing the content.

Instead of just wishing for the perfect yearbook, you have the opportunity to go make it happen yourself. This isn't just exclusive to seniors; anyone can join! All students at Timberlane are encouraged to participate in the club. It will make designing your classes' yearbook easier because you will learn the necessary skills and get the experience needed. Meetings are every Tuesday right after school in Room 209, so sign up now and join the yearbook club!

Boy's state: Running a-mock!

By Tyler Smith

Are you the kind of person that loves to take interest in your state government? Well, the American Legion's "Boys State" program is a great opportunity to learn about your state government and experience what it's like!

This past summer 60 boys from 33 New Hampshire high schools spent five days at Rivier University in Nashua to create the program known as Boys State where these students would have a chance to form their own government modeled after the US' government. Two seniors from Timberlane, Amrik Dhaliwal and Ben Militello, participated in the program that took place from June 23-28, 2013. Militello acted as a counselor at large and Dhaliwal as secretary of state.

One-third of the students were made members of the Senate and two-thirds made up the House of Representatives. The boys were split up into groups that represented a city and two towns.

Throughout the course of the program, the students debated and passed several different bills for their state. The boys were able to visit the capitol building in Concord and tour the State House. Several political figures took time to speak with the students. Participants will even receive three college credits if they complete the program as well as having applied for the credits and paid Rivier University for the Boys State program.

Dhaliwal said, "You make a lot of good friends there that you could see keeping for a really long time and it's a lot of fun." So if you're a high school junior guy that wants to learn about and experience state government, and have fun doing it, this program would be great for you to look into for next summer!

Up All Night: The 24 Hour Play Project

By Blake Hammond

It was probably the scariest thing I've ever had to do. I've written plenty of things at night; it's really not that uncommon which makes it a common idiosyncrasy among writers; the tired mind being much closer to the sub-conscious. Proust wrote mostly at night, for instance, then again, he was nocturnal so it's a bit different but the sentiment is similar.

It didn't help that when I showed up it felt like someone had spun sandpaper around my throat and then crumpled it up and stuck it up my nose. I couldn't breathe through my nose, my head pounded with every noise and my ears rung as if to taunt me. I showed up with two Red Bulls, some Fritos, my laptop, and a copy of Leaves of Grass in case during the long hours of writing and human interaction I was forced to rage-quit.

I was the first one there and sat awkwardly in the Recital Hall while Mr. C was at the football game. I nervously tapped my foot and stared at the strange purple half-circle on the floor wondering who decided it was a good design. The playwrights began to shuffle in at 8 o'clock, arms full of blankets, pillows, and flapping notepaper now empty but soon to be filled up with nervous scribbles. They ran to corners and nooks throwing down their materials and claiming the spaces before nesting there for the night. I retreated high into the seats until my laptop battery died, which I used as an excuse to seclude myself outside the Recital Hall.

They had arrived boisterously, with a general air of joy to be sleeping in their beloved PAC, excited to write their plays. With the whole night ahead of them, there was really no pressure, just laughing and playing catch with their story ideas. Then came the first Jedi Council, which consisted of everyone excitedly getting up to sit in a circle and discuss their stories in progress. We had each, directly after school, chosen by lottery a prop and emotional through line to guide us in the process, bringing down the stress level from risk of heart attack to light hair loss.

Though we had about 4-5 Jedi Councils, I never actually talked during them as I am cripplingly shy; however, I did muster enough courage to conference with Mr. C, at first having a conversation for about 10 minutes on the development of my characters.

By 11 o'clock I had only 5 pages of utter word vomit. With the help of Mr. C, I cut direction 40 lines of useless banter down to 2 lines; the catalyst of my final play. An hour gave me enough time to lay down a solid one page foundation before the Jedi Council at midnight.

The sociability of the playwrights had remained steadily high since their arrival, with a spike around the time the candy was brought out, with a steady drop to midnight. We had this Jedi Council, with a slap in the face announcement from Mr. C that our storylines should be finished and we should be started upon actually writing our plays. And though time was becoming pressing, there was still enough to spare for a barbaric YAWP! at a disclosed location...

It was after this announcement that the sociability plummeted to silent panic as each person worked hard at their play. By one o'clock, I started to feel tired. So tired in fact, that even after throwing back a whole 16 oz. can of Red Bull, I only began to drift off to sleep every fifteen minutes as opposed to every fifteen seconds.

I spent the next three hours in a dreary cycle of sitting awkwardly through Jedi Councils, walking awkwardly into the quiet recital hall to get a snack or drink a cup of coffee which tasted eerily like hot cocoa, and then sitting down to hammer out a few pages. During this time I had my second conference with Mr. C, where we discussed the nature of conformity, the theme of my play. I'm sure this would've been a fantastic conversation had I the energy to respond and make it a legitimate conversation...which I did not.

And finally, by about 4 in the morning, I had finished my play. Other people were nearly finished as well, and were having Mr. C read their plays; so I hovered in the middle of the room to ask him to read mine. He was happy with it, which was a relief, and had a few changes to suggest which I threw in haphazardly. Happy to be done, I sat in the pack, searching through Leaves of Grass for a title. It was about 5 in the morning and everybody was finally finished.

Many YouTube videos were watched, and games of ninja played; all made very interesting because going more than 24 hours without sleep and having one meal in that duration of time has an odd effect on the brain. I sat for the remaining 2 hours in a chair, strangely aware of my facial expression...that's all I can remember before I finally went home at seven o'clock, got one hour of sleep before being kept up further by nerves, and sweating my way through the performance of my play.

Despite being one of the scariest experiences of my life, it was one of the most profound. To show up with nothing and in less than 12 hours have a finished play, and then watch it materialize before you that night; it's amazing. It was stressful with the impending hour of production, it was liberating with the last letter of the last line typed, and watching it play out before me was much like Joyce's vision of Irish art...a broken mirror.

Timberlane goes around the world in 180 days

By Caroline Davies and Kayla Doherty

As some of you may or may not know, Timberlane has a lot of traveling opportunities. When Timberlane says traveling, they mean traveling abroad! If you have never done something like this or are interested in learning about the options offered at Timberlane, then we encourage you to hear what some of the students have to say about the trips!

Timberlane has had trips in the past to France, Spain, Germany, and England. All of the trips were very informative and fun because education was integrated into the experience. The France and Germany trip came with exchange students, which is a very good experience. Cam Russell, senior, said that all around the France trip was amazing. He had lots of freedom and recommends it to anyone taking French. Tyler Kidd, also a senior, said his trip to Germany was perfect! He liked Germany much better than America and his German improved.

As for the Spain trip, senior Matt Turner thought it was breath-taking! He really liked the group he travelled with and made a lot of new friends. The culture was very different but that was the best part. Amber Lohnes, senior, who went on the London trip was at a loss for words when explaining her experience! She said the people there were very welcoming and she went to a lot of extraordinary plays.

If you're interested in any of these trips, you should get some information as soon as possible! You should talk to Madame Runnells about the France trip, Senora Naylor for the Spain trip, Mr. Constantineau about the England trip, and Herr Madsen about the Germany trip. The dates aren't official yet so stay tuned and they will have all of the information for you so you can take the trip of your life!

All of the students who previously went on trips recommend it to anyone who may be hesitant about going. They are quite the learning experience and remember, these are the days you will never forget for the rest of your life. Take a risk and make the most of it!

Painting Timberlane Proud

By Matt Sarbieski

There will be an exciting ceremony on the first open house of the year. The AP Art students will have the opportunity to unveil a major project they have been working on for a long time. It's such a great event that the Gourmet Cooking class will be baking cupcakes and performances will be made by the Music Department's String Quartet.

The students involved picked (at random) a famous painting, and their goal is to make a reproduction of it. They will then sign up for a minimum of 20 hours over the course of 3 months to work on them. Students have a 4x4 foot canvas to create their artwork. Works to expect to see are reproductions of Van Gogh's Post-Impressionist works, Matisse's Fauvist works, and Expressionist works by Marc. An additional 2 months is needed to make the finishing touches and get ready for the unveiling ceremony, making the project last for over 5 months (from May to October).

At 3:30 PM on October 10th, which is the open house, the students will have the chance to share their individual projects and share some information about it with the school community and anyone else that will be there. Even if you do not enjoy the form of fine arts, drop by to show support of your peers!



Pictured above: Junior Rachel Borisko at the AP Art Unveiling on October 10, 2013.

After all their time and effort spent in making these reproductions, their talents should not go unrecognized. So mark your calendars and come on down to the Timberlane Regional High School's library to check this ceremony out! It's definitely worth your time!

Tally Ho!

By Hope Aubrey

For many people, going to the Globe Theatre is just a dream they have, but for others it became a reality this summer.

While the majority of Timberlane students spent their summer relaxing by the pool or attending summer camps, a group of 19 students and three adults got on a plane and flew to London, where they had the time of their lives. The three chaperones on the trip were Mr. Scott Strainge, Director of Secondary Education, Mr. Eric Constantineau, a teacher in the English department, and Mrs. Kelli Blood, who is the mother of a Pinkerton student who attended the trip and helps out Mr. C. with costumes for the theater department at Timberlane.

The trip to London took place July 1st through the 7th. During the six days that the students and adults were in London, 15 different attractions were visited. Among the favorites were the London Eye, the Globe Theater, Oxford University, St. Paul's Cathedral, and King's Cross. The group also witnessed the changing of the guard at Buckingham Palace.

One of the students who participated in this trip was Lauren Strainge, "Being a lifelong Beatles fan, crossing Abbey Road with Mr. C, Andrew Rice and my dad was a huge moment for me," explained Lauren.



Another favorite part of the trip for Lauren was going to the Globe Theatre, "Attending two Shakespeare plays, The Tempest, from which our seats were in the round, and A Mid-Summer Nights Dream, in which we were groundlings (which means we stood for the duration of the show, and had, essentially, the best seats in the house)."

Lauren's dad, Mr. Strainge, also enjoyed the plays as well as witnessing the students experience London.

Mr. Strainge had many highlights throughout the trip, however, "Without a doubt, just seeing our students amazed and having such fun everywhere we went. I also absolutely loved seeing two Shakespeare plays performed at the Globe Theatre. It was surreal."

It seems that the trip to London brought many favorite moments for everyone and it was hard not to love it. If you feel that you have missed out on something, don't worry! Another trip is being planned and could take place as soon as the summer of 2014, so keep your eyes and ears open to hear more about this possible upcoming trip!

Creative Writing Club

By Blake Hammond

The newly formed Creative Writing Club will provide an outlet for all forms of creative writing, both competitive and non-competitive.

Mrs. Allison Donohue will advise this year's club, since Mr. Matt Gallant, who ran the Poetry Slam Club, left Timberlane. She hopes to expand it beyond simply competitive slam poetry, including both a more casual group setting to discuss and work on any creative writing, as well as provide publishing assistance in literary journals beyond the one here at Timberlane to those students more passionate about writing. There is even the possibility of the club going to poetry readings around NH, run by the New Hampshire Writer's Project, among others. It's in such settings the club hopes to recruit some published writers to come to the school to run workshops and visit English classes.

The club meets every Wednesday in room 612. All in all, this is a very versatile club for any student who enjoys writing.

This month in history

By Zach Stewart

History occurs throughout the year, but September has many important dates. Let's look at some of the important events that took place in the month of September.

September 11, 2001: One of the most horrific events in U.S history. A terrorist attack happened in which four planes were hijacked by terrorists and were flown into important buildings, killing nearly 3,000 people. Two planes were crashed into the Twin Towers, one into the Pentagon, and the other crashed into a field in Pennsylvania.

September 16, 1620: That is the date in which the Mayflower departed from England. The boat carried 102 people from England to America.

September 17, 1787: The Constitutional Convention was held in Philadelphia to sign the U.S. Constitution. The Constitution is still used to this day as the guidelines for living in America.

September 3, 1783: The Treaty of Paris was signed and ended the American Revolutionary War between Britain and the United States. It was signed by John Adams, Ben Franklin, and John Jay.

September 26, 1960: The Presidential debate was televised for the first time ever. The debate was between John F. Kennedy and Richard Nixon. People who watched it say Kennedy won and those who listened say Nixon won.

September 1, 1969: Military overthrew the Libyan government. The Libyan Arab Republic was then ruled by Colonel Muammar Gaddafi. September has many historical events in it, and those are some of the key ones.

http://www.historyplace.com/specials/calendar/september.htm

How to carve a pumpkin

By Zach Downey

What would Halloween be without a carved pumpkin sitting on your porch? Make this Halloween special by carving your own pumpkin with my step-by-step guide.

Step 1: Get a pumpkin; anywhere from Market Basket to your local pumpkin patch.

Step 2: Get materials needed to carve a pumpkin. I highly recommend the 10 piece ultimate pumpkin carving set. You can get this at Wal-Mart for an affordable \$4.97. It includes all the materials needed to carve a mean pumpkin.

Step 3: Take your pumpkin and remove the top. After removing the top, extract all of the pulp and seeds from inside of the pumpkin.

Step 4: Get an outline of what you would like to carve. You could either draw the design with pen on the pumpkin or you could get a paper design and tape it over the pumpkin and proceed from there.

Step 5: Start carving the outline/design of your pumpkin.

Step 6: Enjoy your product. Don't forget to put your pumpkin out on display on Halloween night for all trick or treaters to view!

Make sure you are proud of your finished product and that it's something clever and creative for others to observe. Thank you, and enjoy the fall season!

Spooky spots

By Jane Buckley

Fall is just around the corner, and with it come all of the fun Halloween frights. A popular Halloween activity is going to haunted houses and New Hampshire has plenty of those! Two of the most popular haunted houses are located at Canobie Lake Park's Screeemfest and Nightmare in New England's Spooky World.

Canobie Lake Park's attractions are for people of all ages. The park also has most of their rides up and going as well as having haunted houses located inside and outside, and is open every weekend in October. Thursday and Sunday nights the price is \$30.99 and the price on Saturday nights is \$34.99. There are five haunted houses located throughout the park, and all guarantee for a good scare.

Nightmare in New England is located in Litchfield, NH, and has many different haunted houses. Rain or shine, Spooky World is open every weekend and occasionally on Thursdays in October. On Friday and Saturday night the price is \$34.99 and on Thursday and Sunday night the price is \$29.99.

Nightmare in New England's haunted houses have recently been updated and redesigned for this year. They even just added two new haunted houses, Riverside Hospital and Brigham Manor. The Riverside Hospital haunted house consists of the psychiatric patients of the hospital, and you must make your way out of the haunted house in the pitch black using only a single glow stick. Brigham Manor is where the Bishop family lives, and in the haunted house you will witness their twisted nightmare.

Both parks have reasonable prices and allow you to enter their haunted houses as many times as you would like. Overall, either place that you go, you're guaranteed a good scary



A day in the hay

By Ciara Abel and Katherine Dawley

The Fall Season is that fun time of year when people look forward to hay rides, apple picking, and corn mazes. Where is the best place to go? Well, we have the answer for you. We have uncovered some of the best places to visit for all your corn maze and hay ride adventures during this wonderful season!

Copall House Farm in Lee, NH: Open Monday through Friday, noon to 5pm; Saturday and Sunday from 10am to 5pm. They offer corn mazes, wagon rides and sleigh rides! Night mazes from 7-9 pm are \$10 per person. Day corn maze admission is \$8 per person.

Ghoullog Halloween Haunted Chairlift Ride in North Conway, NH: This Ghoullog ticket costs \$26 online and \$29 at the door. This is a haunted maze through the dark scary woods and the ticket also comes with a spooky chairlift ride into the dark. Hours of operation: opens at 6:30pm, starts at 7pm, and closes at 11pm.

Sherman Farm in Conway, NH: This haunted maze is opened Friday and Saturday nights starting in October. The price is \$15 for all ages. Be prepared for a haunting of your life!

These places have lots of fun activities that the whole family can enjoy! Each place opens in the fall season, so hurry over and enjoy the exciting memories that you can make with your friends and family.



Giving back: Penacook Place

By Michelle Shih

Kindness, patience, and empathy. These are the traits of a person who is able to help others. If you're looking for a community service opportunity, a great idea is to volunteer at a nursing home. This summer I volunteered at the nursing home Penacook Place, in Haverhill, Massachusetts. It was quite the eye-opening experience to work there. It is a great place to get some hours in, but also a place to show compassion and get to know people you normally wouldn't interact with.

I met a lady there by the name of Peggy, who was 102 years old, yet still in great shape with a sharp mind. Living this long can be depressing at times, especially if your family lives far away and you've out-lived all your friends. However, Peggy keeps a smile on her face and never fails to charm everyone around her too. It just goes to show that life might not always be fair, but if your mentality is in the right place, you can still live your life in content.

Your responsibilities at any nursing home may include transporting residents from their rooms to daily activities, serving snacks, doing crafts, or even just conversing with them. They usually need more volunteers in the afternoon or evenings, so if you have no plans afterschool it would be perfect to go help out. They are also very flexible with their schedule and with the work you can do.

For more information call Rosa Rivas or Donna Shaw at 978-374-0707.



By Michelle Shih

There are several experiences that are on everyone's bucket-list and seeing the Aurora Borealis is probably one of them.

This numinous-looking display of lights is by far one of nature's most beautiful phenomena. According to Northern Lights Centre, this occurs when highly charged electrons from the solar wind interact with elements in the earth's atmosphere, such as nitrogen and oxygen gases. Depending on which atom is struck and at which altitude, an amalgamation of colors is able to take place. This is how those of us who get a chance to travel near the north magnetic pole earn a free psychedelic light show, if at the right place at the right time.

The best time to see the lights is on a clear night in the winter months, for the skies are not dark enough during summer months. Northern Lights Centre states, "The best places to watch the lights (in North America) are in the northwestern parts of Canada, particularly the Yukon, Nunavut, Northwest Territories and Alaska."

This year, there have already been many occurrences in which the solar wind activity was high, creating a vivid spectrum of colors through the sky. If your family is looking for something exciting to do this winter, be sure to consider traveling up north for a once in a lifetime experience.



The best pick: Hot apple picking spots

By Brian Parino and Aiden Newell

With so many apple orchards to choose from, choosing a spot to pick apples may seem impossible. Some of the best places to pick in Rockingham County are Mack's Apples, Apple Acres, and SunnyCrest Farm.

Mack's Apples is conveniently located in the heart of Londonderry and brings many families every year for a great outing. A 400 acre farm started in 1732 by John Mack himself, Mack's Apples dedicates exactly 100 acres to their apple orchards. Being my personal favorite spot to pick apples, I highly recommend Mack's

SunnyCrest Farm, also located in Londonderry, is "Family owned since 1943. Make our farm your farm." Open every day from 9 to 5, SunnyCrest a good sized farm for a day full of fun. With everything from apples, to pumpkins, fresh vegetables and even canned jam, SunnyCrest farm offers a little bit of something for everyone.



Last, but certainly not least, is Apple Acres in Windham. With a long list of food and goods you can purchase, including Apples, Peaches, Pies, Cider, Cheese, Donuts, Honey, Maple Syrup, Jams and Jellies, Relishes, Penny Candy, Pumpkins, Corn Stalk Decorations, Hay Bales, Firewood, Yankee candles, Mulling Spice and Muffins, Apple Acres is a hot spot for apple picking and many other activities. Featuring their new honey crisp apple trees, ready for picking this year, Apple Acres is definitely a spot to check out.

From Macintosh to Granny Smith, Honey Crisp and Red Delicious, these three farms will provide you with anything you need for a great day of apple picking.

Turning over a new leaf



By Zach Downey

Fall is approaching fast, and the leaves are beginning to transform from their summer stage. With this beautiful feature taking place in New Hampshire, don't miss out on the greatest spots to view this magnificent feature in the heart of New England.

With the autumnal equinox upon us, what better place to view the changing of the leaves than New Hampshire's own White Mountains. Flume Gorge and taking a sky ride up Loon Mountain offer some beautiful scenery.

Flume Gorge is a 2-mile trail that goes through the heart of New Hampshire's forest of the great White Mountains. The flume is considered a must see attraction in the 603 and is recommended by many that have experienced the trail. The Flume is open from 9-5 on weekdays at a respectable \$15 for adults and \$12 for children (6-12), so don't miss out on this golden opprotunity.

The other fan favorite is taking a sky ride up Lincoln's beautiful Loon Mountain. Loon Mountain holds New Hampshire's longest scenic gondola. And with prices at an affordable \$16 for adults, it's a beautiful attraction that's hard to pass up.

So don't forget to view this magnificent feature by taking the time and making the trip to the White Mountains this fall. Please enjoy the fall season!



Ink of the Month

By Aiden Newell & Brian Parino

First Edition – Zach Masys

Tattoos have been around for a while now. They can represent very many family oriented values and also many reckless decisions.

The art of tattooing has been practiced for centuries in many cultures. It was first started in Asia. They were mostly face tattoos at first. People from south pacific tribes were heavily tattooed. Some people would think of tattoos to be a healing process because of their placement on the body which can resemble the Asian tradition of acupuncture.

Tattooing soon became adopted by the Chinese which they would use as a punishment for certain crimes. Tattoos also have the name of "Godna." Despite their ancient history, tattoos quickly spread throughout the United States, and onto "Z-Money's" chest.

Zachary Masys has had his tattoo for, "Like, 2 months." When asked for reasoning behind this beautiful piece of artwork, Mr. Masys answered "I got dared, and I was like whatever." The last question Zachary graced us with an answer to was "Did it hurt?" with which he replied "Nah.'





Smile of the Month By Julia Bidgood

'Today, give a stranger one of your smiles. It might be the only sunshine he sees all day" - H. Jackson Brown, Jr. A smile is the sunshine of the face and can truly brighten someone's day. This is evident when you see Brandon Madru in the halls. His bright, sincere smile lights up the halls of Timberlane every single day.

Madru is a junior here at Timberlane. In his spare time he enjoys doing whatever makes him smile, such as, hanging out with his friend Alex Bevilacqua, and washing dishes at work. Madru says his secret to such pearly whites is brushing his teeth as often as possible. "Before I leave my house, I always practice my smile in the mirror for a few minutes to ensure I look my best," said Madru.

Look for him in the halls and maybe you will catch a glimpse of his incredible smile! Keep smiling, Timberlane!

Beard of the Month

By Kenny Malcolm

Facial hair has been a part of American culture for centuries. It is considered to be masculine and distinguished. In fact, 30 of the US presidents had facial hair while in office.

To honor this tradition, Timberlane has decided to have a "Beard of the Month." The winner will be posted in the monthly newspaper. This month's winner is Toby Esposito. Although many men pride themselves on their facial hair, Toby is not one of them and had this to say: "it doesn't really mean much; it's just something I did. I am keeping it for this year's musical Fiddler on the Roof but it will probably be gone by the spring."

There was not much competition, and Esposito was a clear winner in my eyes. Considering he has been shaving since he was 11, it is one thick beard.

We'll have to wait and see who next month's winner will be, but I imagine it will be tough to follow behind Toby.



Flow of the Month By Nora Magliocchetti

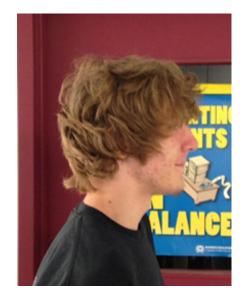
Starting off the year on a good note usually means it's time for the annual before-school haircut. However, this is not the case for senior Matthew Jackson. Jackson started off the year boldly with the exposure of his impeccable waves. Some may refer to Jackson's flow as being "mop-like" or "grungy," but rest assured, it is quite the opposite. According to Jackson, his flow is the "definition of natural beauty" and

requires almost no effort. When asked about his morning routine Jackson's response was, "Get up, shower, give the hair a good rubbin', and I'm good to go."

Jackson has proven that having great flow is not as hard as many perceive it to be. His only request is to keep the staring to a minimum in the halls so that his "flow of the month" competitors do not get jealous.

Jackson takes the cake for the month of September, but there are plenty of opportunities! Keep trying and keep the flow flowing and you might just end up as a "flow of the month" candidate for the month of October!





Never Forget, Never Forgive

By Liam Lundt

I pledge allegiance to the flag of the United States of America. A flag that terrorists have attacked, burned and disgraced. Out of all harm they have caused, one attack stands alone, in its own category of hatred. On September 11th, 2001, 19 Islamic terrorists hijacked four airplanes and attacked the World Trade Centers, the Pentagon and failed to attack the white house. The terrors of September 11th are still felt today.



2,996- Americans were killed on September 11. 343- FDNY Firefighters and 60 NYPD Police officers killed in the collapse of the towers, trying to save their countrymen. 1,707- Families who could not bury their loved ones. 3,051- children who lost a parent.

On that day our country stood still. Dazed, confused and bloody, but never beaten. In an attack that was supposed to bring us to our knees, we stood up. Stood up to terrorists and enemies all over the world.

On that day we came together. We were determined to rebuild, recoup and retaliate. Since September 11th 2001, our country has been at war with Al Qaeda, the Taliban and global terror. We fought a war in Iraq and are still fighting in Afghanistan today. The casualties of those cowardly attacks are still mounting. Over 6,668 service members have perished in the war on terror. 2,108-Americans have been killed in Afghanistan alone.

Now that the subtlety of the attacks have faded, and the horrors are diminished, we as Americans tend to forget 9/11. This month as you stand for the pledge or stay seated exercising your right, remember what your fellow countrymen went through to preserve that flag and what it means to be an American. If you really think about how lucky we all are, you might find yourself standing up, honoring the beloved and heroic dead.



War On Terror: Where Are We Now?

By Liam Lundt

The top military-related stories lately have been on the shooting in the Washington Navy yard, and the use of chemical weapons in Syria. Although they are very important issues, we must never forget that: We are at war.

Ever since September 11, 2001, this country has been fighting to preserve peace and democracy throughout the world. The main hub of this fighting is taking place in Afghanistan.

For those of you who have seen the documentary Restrepo, (a film that followed a platoon of soldiers in Afghanistan), you



know that brave men and women endure things that are incomprehensible and unbelievable just to protect this country. Currently, our country has 63,000 troops in Afghanistan. We continue to withdraw men from different outposts, districts, and provinces as our 2014 deadline grows near. Although we may be decreasing the number of troops, that does not mean that the fighting is over.

On Friday, September 13th, the U.S. consulate in Western Afghanistan was attacked by the Taliban. Although they were repelled before they could enter or harm Americans, four Afghani soldiers were killed.

Five Americans have lost their lives so far in the month of September. In the time it took me to review my first draft of this article, 3 American Soldiers were killed in

Today's Economy

By Aiden Newell & Brian Parino

The economy? Good or bad? One of the most talked about topics and issues in the nation. From the price of gas, food, to the price of oil, the US economy has its ups and downs. With 15% of citizens in poverty and 73% (says Wikipedia) unemployed the nation will inevitably have challenges it needs to work to overcome in order to have a better state of economy to provide people with better living conditions.

Another obstacle that the nation will need to overcome is the ratio of imports and exports. We import \$2.299 trillion worth of goods a year, while only exporting \$1.564 trillion (Wikipedia) a year. With this many speed bumps, we as a nation need to improve.

Another big problem now a day is the price of gas. Gas prices are not only a problem with teens who drive but can also be a huge problem for adults.



At one point in time gas prices were at a low of \$0.89 a gallon in around 1999/2000. But now the average price for one gallon of gas is \$3.87 a gallon. This poses a huge threat for teens that have cars and don't get good gas mileage. This hurts adults because if they don't bring in a lot of money then they also have to support food, shelter and many other things. So all in all we need to take a stand as one and figure out this endeavor.

Afghanistan by an Afghani wearing a security uniform.

Many people think that that war is over just because it is winding down, but they are very wrong. Please remember those serving overseas and try to make their lives easier in any way possible. Thank a veteran, volunteer at a VA hospital or donate to a charity group that helps support the troops like the United Services Organization (USO) or our very own Hoots for Troops! Take time on

Are you interested in advertising in Timberlane Times?

Timberlane Times is a student-run newspaper that is published monthly and distributed monthly and is also distributed to the Timberlane Regional High School community. Timberlane consists of roughly 1600 students and over 100 faculty members.

Prices 4" x 4.5" square \$25 per issues 7.5" x 9" (half page ad) \$75 per issue 9" x 15" (full page ad) \$100 per issue

Discount Prices

4" x 4.5" square for 4 issues: \$75 4" x 4.5" square for 6 issues: 100 For more information, please contact Meaghan Guanci at meaghan.guanci@timberlane.net

Striding towards their goals

By Julia Bidgood

This year's cross country team is making strides in the right direction as they are getting into the heart of their season.

Captains Lauren Oligny, Matt Turner (seniors) and Peter Saviano (junior) feel as though their team has a ton of potential to win upcoming races. The boys started off the season strong by winning their first meet at Dover, while the girls' team took 3rd place. Both the boys and girls teams took 2nd place at their first home meet.

As some of you may remember, the girls cross country team had a great season last year and moved on to the Meet of Champions. However, due to losing half of the team after graduation, this year is forming into a building year for them.

"We have a lot of new girl members on the team that have a lot of potential, but our main goal this year is to enjoy the sport and to be the best that we individually can be," said Oligny. Oligny has had an excellent season so far as captain; individually coming in 3rd overall at the Dover race and 2nd overall at the home meet.

The boys' team also had many talented freshmen join this season which will help lead to successful seasons in upcoming years. With the potential to place in the top 8 at the NH Division 1 Meet and then move on to the Meet of Champions, it's safe to say the boys have an exciting season ahead of them.

"The boys have high expectations for the season, hoping to qualify for the Meet of Champions for the first time since joining Division 1," said Coach Brian Deveney, "The girls are rebuilding after two successful seasons over the past couple years and are already performing better than expected."

Help support our fellow Owls by cheering them on at the next meet. Go Owls!

Owls try for birdies

By Colby McCay

The Timberlane golf team has grown over the past four years and hopes to make this year the best season yet. The team is directed by two senior co-captains, Brendan Crowley and Michael Foster. Foster started playing on the team his sophomore year and has improved immensely as a golfer.

Foster boldly stated, "This year I think we have a great group of guys. We are all confident in our coaches to improve all aspects of our game."

Individually, Foster has put in a lot of work showing immense drive to play the game, "Personally, the area I need to work the hardest at the moment is getting off the tee and hitting fairways, but also putting because you can never be too efficient on the green".

As the season is in full swing and everyone is playing their own individual game, senior co-captain Brendan Crowley highlights how the team has really come together this year and how it has affected the team, "We all have come together and it has helped us shoot better scores and have a more effective short game."

Another leader on the team is junior assistant Captain Mikey Scipione. Scipione has shown significant improvement in his golf game as well as being a leader on and off the field. Scipione is playing varsity for his first year and enjoys the game as well as his teammates.

"I enjoy the game a lot, I put a lot of work in during the off season. I dedicated a lot of work and I saw a lot of my teammates at the range during the summer too." Scipione also said that the team's personality is very good and that helps the team bond better.

The team is looking good this season and there senior co-captain Foster says the goals for the season this year are, "A successful season would be if we qualify for states." He adds, "The goals are achievable but challenging."

The Timberlane Golf team this year participates in over ten matches and half of them will be played at the Atkinson Country Club. This local golf course has let the team use their facilities and has also taught the players many useful tips to play better.

Setting up for success By Mike Pitts

Things are shaping up pretty well for the Owls' volleyball team as the team gets further into the season.

The team is going 6 and 3 and the wins are becoming much more often. Their most recent and exciting victory for the team was on September 27th. During their triple header for all three volleyball teams, Timberlane won against Salem high in a home game. Coach Sean Hogan believes this is the first time the team has beaten the Blue Devils, who are the defending state champions.

With very solid players and even better teamwork, the Owls are facing their challenges and learning from their mistakes. With only three losses on their record, they still have a good looking season ahead of them. And despite their recent loss in Alvirne, they are spiking their way through the competition.

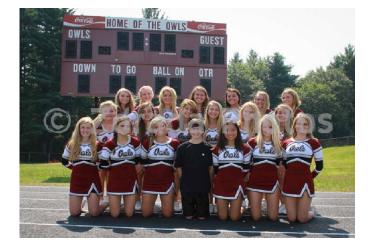


THSVC: Stuntin' is a habit

By Kayla Doherty

THSVC 2013 fall team is a team like no other.

The phenomenal team consists of 19 girls and 1 boy.



"Compared to the past, we are so much closer as a team," Says THSVC Junior Courtney Park.

Throughout the years, the cheer team has overcome many obstacles. From severe injuries to new coaching staff, THSVC has redone the program in numerous ways. "Compared to the past, this year we really have a chance to succeed." Said 2 year coach Jen Clark. Not only has the coaching staff changed, but the Varsity expectations of a cheerleader have risen as well. From back tucks to full downs, the bar has been raised to become a cheerleader at Timberlane. Clark describes what it's like to be a Timberlane Varsity Cheerleader as, "Working hard, being disciplined, fun, and being able to reach that level of competiveness."

The 2013 Season of THSVC is being called a team who has potential. "This team will bring a lot," Says Coach Jen Clark. "There is a lot more challenging, the level of difficulty is higher. My expectations of the girls are much higher than the past,"

You can see what this cheer team can bring to the table by watching them Friday nights at the football

games for Timberlane! Another way you can come support the cheer team is to go to their upcoming competition dates that include the following:

- 1. Cheer Madness at Nashua North High School on October 26th
- 2. Capital City at Concord High School on November 3rd
- 3. Varsity States at SNHU on November 10th

THSVC greatly encourages those who want to support them. We hope to see your support throughout our greatest season!

| Kicking off the Season By Alex LeBlanc | | 'Dangle, Snipe, Celly' By Aaron Sickel | |
|--|--|---|--|
| By Alex LeBlanc The girls soccer team is battling hard through the early stages of their season. The team's record is three wins, and five losses, but they haven't faced any of their big- gest rivals just yet. The season has just begun for these girls. According to Coach Baumann, the team "had a good pre- season. Everyone's been working hard so far." They have built some rivals over the last few years, including Man- chester Central and Bishop Guertin. The girls continue to keep their heads held high and their hopes higher. The team's goal this season is to work together, as a whole; "to do that we're going to be doing more team building activities and, as always, keep working hard at practice," said tri-captain, Emily Jackson. Another goal fo the team is to "get more wins under [their] belt," stated Jackson. The team hopes to build off of their last season, getting home field at playoffs, and going even further in the playoffs. The team continues to battle back after a loss, and work hard for each win. "Of course we've had our challenges like all teams have," said tri-captain Caitlin Rothwell, "when it comes to goals, game at a time, and always giving 110%!" | Erin Sullivan, Sr. Alicia Ross, Sr. Paige Watkins, Sr. Samantha Coryea, Jr. Ally Heffernan, Jr. Colleen Shea, Jr. Promising Newcomers: rMoesha Murray, Jr. Sarah Barney, Soph. Amanda Berry, Soph. Maddy Kennedy, Soph. McLayne Manthorn, Soph. Kailey Ross, Soph. Veronica Morrier, Fr. Lily Ashord, Fr. | By Aaron Sickel The start of a new school year also means to start to a new athletic year at Timberlane, Fall brings us to one of the biggest sports at Timberlane, Boy's Soccer. The Boys' Varsity Soccer team has a rigorous schedule this year, with games against Exeter, Pinkerton, and last year's "State Champions" Manchester Central. However, the team has some fairly easy games this year too against teams such as Spaulding, Nashu North, and Bishop Guertin. The team, however, isn't scared by this rigorous schedule. The team holds a twenty man roster which includes a total of 9 seniors. The players look to leadership from their 3 senior captains; Lucas Manthorn, Ben Enos, and Matt Darcangelo. The team made it to the Quarter Finals last year and hopes to win a State title this year considering the large amount of players they have returning. When returning Varsity senior Austin Marshall was asked if they had a chance to win it all this year, he stated, "If we work hard to stay positive and stay together as a team, then we definitely have a chance." When Austin was asked what the team's game plan was this year, in order to win a State Championship, he replied with three simple words, "Dangle, Snipe, Celly." | |
| Tri-captain, Emily Barrett stated, "We are hoping we will we adapt to playing with each other." The beginning of th these girls and is just picking up as they push on to more | ne season was a solid start for | to the Timberlane gymnasium. Check online for the boy's soccer schedule and come support your potential future State Champions! | |
| First and Long | | KM: When Coach Champion was trying to show us how to run a route, he completely just lost his balance and slipped. It was really funny. | |
| By MJ Jackson | | just lost his bulance and supped. It was really runny. | |
| Timberlane, get ready to start marking Friday night on your calendars. It's that time again, except this year, it will be the Owls first year competing in the Division 1 section of NHIAA football. After finishing 4 and 7 last season, the Owls will be looking to reload with a strong performance this year. It's easy to see the excitement surrounding the team this season. I sat down with head coach Kevin Fitzgerald to get his take on what Timberlane fans can expect from the team. | | Next, I talked with Fullback Andy Augusta. MJ: Favorite Moment from these 4 years? AA: When Nick Fawcett (Junior Nose Tackle) got an interception and brought it back for a touchdown, it pumped the whole team up. MJ: Which team are you really excited to play? | |
| MJ: So first year in D1, what are you expecting? Fitz: Our goal each week is going to remain the same, get better in all areas of our game and keep growing together as a team. MJ: What do you think of the senior players? KF: Really great group of guys. I know they're working hard every week and setting a | | AA: Bishop Guertin, big rivalry game that has gone back ever since we were freshmen.It's going to be fun.MJ: Expectations?AA: State of course. | |
| good example for the younger players. We really want to make some great memories for these guys this season. MJ: Any games you're particularly excited about? KF: Yeah, whichever game is next. We have to prepare for every team that we play, obviously we can never afford to take anyone lightly. | | Finally, I spoke with Center Tristan Young. MJ: Who would you say the best leader on the team is? TY: Really hard to say. This team is full of hard workers. Shawn Grenier comes to mind, Kenny Malcolm has played through injuries for us, Erik Nelson leads the offense every night and Patrick Radford has always been someone we know is going to play his hard- | |
| I also caught up with 3 seniors who have been regarded as real leaders on the team. First, I spoke to Linebacker Kenny Malcolm. | | est. MJ: Expectations? TY: Big Things. | |
| MJ: Who would you say is the hardest hitter on the team? KM: It has to be fellow Linebacker Shawn Grenier, one of the strongest guys on the team and he really knows how to lay people out | | There you have it Timberlane, now all that's left for these guys is to get it done on the field. Fly high Owls, make this season count. | |

Cornering the competition

team and he really knows how to lay people out.

By Alex LeBlanc

The field hockey team is starting off strong this year. With six wins out of their first eight games, all of the players are becoming increasingly excited about the rest of their season. The pride within the team is undeniable, as is the connection between the players.

MJ: What has been your favorite moment of your 4 years playing here?

Salem, Pinkerton, or Exeter, all of which are difficult to bring home the "W." The team tries to take it one game at a time, focusing solely

on the next game. The day before each game, Coach Ryan gives a handout to each player of the goals for the upcoming game. The handout sometimes includes a quote, play, or certain function of the game to focus on. This keeps the entire team thinking about the same goals. As the players focus on the same goals, they function as a team.

The Varsity Team includes:

Returning Letterman: Jenn Trodella, Sr., Captain

Coach Ryan keeps a positive mindset, while still being very particular about the amount of effort her players put into the game. In the first two games, the players hadn't "played a complete sixty minutes," said Ryan. Then after the third successful game, she was a little more praising to her team.

Although the team has been successful thus far, they are "actively putting the pieces together to become one unit, and essentially achieve the common goal [they] all strive for," said co-captain Jennifer Trodella.

One of the team's main goals is to come together as a team, instead of eighteen individuals. Minor details are what keep the team from acknowledging their complete successes; spacing and offsetting are among them. Simple tasks, when executed properly, could change the score from a 1-0 lead, to a 3-0 lead. This may not seem like a large score difference, but each goal is worked very hard for, and leads are difficult to obtain.

After losing 14 seniors from last year, the team has really come together quite nicely. Although there are some areas to improve on, each teammate has their "own strengths and special qualities [they] bring to the team," said co-captain Ariana Kinsvater. All the players create the family of the field hockey team.

According to Coach Ryan, there are no team rivals. But to returning players, possibly

Coach Ryan has high hopes for the team, saying that the girls are "filling new roles, and continuing improvement daily, both individually and as a team." She hopes that through these improvements, her team will succeed. Best of luck to the team this season!



Ariana Kinsvater, Sr., Captain Maggie Bailey, Sr. Haley Dow, Sr. Alex LeBlanc, Sr. Jess Walsh, Sr. Renee Gallant, Jr. Ryann Bailey, Soph. Ally Collins, Soph. Courtney Sickel, Soph.

Promising Newcomers: Ciara Abel, Sr. Katie Dawley, Sr. Brianna Novaris, Sr. Emily Vincent, Sr. Amanda Johnson, Jr. Izzy Theberge, Jr. Julia Lanctot, Fr. Joy Steenson, Fr.

What is Spirit Week?

By Cara Olson and Kayla Doherty

Spirit Week is always one of the most exciting events of Timberlane's school year. This year it will be occurring from October 21st through the 25th with a dance on Saturday, the 26th. But many people are asking- what exactly is Spirit Week?

Many schools across America celebrate a Spirit Week or something of that nature. It's a common practice and has many common characteristics among schools that do it, but any Timberlane student or faculty member would tell you that ours is the best.

Spirit Week includes 5 themed dress-up days. Here at Timberlane, there are some dress-up days that stay the same each year. Mismatch day is when students wear their craziest outfits and wildest clothing. Sports day is when each grade of students wear different sports team apparel: Freshmen wear Patriots gear, sophomores wear Red Sox, juniors wear the Celtics, and seniors wear the Bruins. Color Day is arguably the most spirited day of the week. "Color Day is my favorite because everybody gets so excited for the pep rally," says Timberlane senior Katrina Polizzotti. Each grade suits up in clothing and accessories that correspond to their grade's color. Freshmen wear blue, sophomores red, and juniors green. Seniors can buy or make their own togas.

In addition to the dress up days, Spirit Week has events that the school plans. There is game night, where the grades compete with each other in games such as Family Feud, basketball, and Wii Sports games. The Variety Show is a night of performances by students from Timberlane. The dance on Saturday night is a night full of dancing and fun. Finally, one of the favorite events of the Spirit Week is the pep rally. Each grade sits together. There's lots of cheering, and performances by the Timberlane Dance Team and the Timberlane Cheerleaders.

Spirit Week: DOs and DON'Ts

By Alex LeBlanc and Hannah Burt

To those of you who don't know much about Spirit Week, or just need a little extra encouragement to participate, here are some DOs and DON'Ts for SW!

DOs

Dress up Participate throughout the week! Cheer for your class Go all out Go to SW events Be confident about your outfit Put your ego aside Show school pride And most importantly: have fun!

DON'Ts

Tag (upper classmen, you know what this means; and freshman, do not attempt) Be cocky Misbehave (there will be consequences) Cheer for another class, before your own Refuse to dress up or participate Be a stick in the mud (it's supposed to be fun!) Slack during this week (you may still have homework!) Insult other people, or their outfits



Most of the fun of Spirit Week is participating in all of the crazy days! The more you get involved in SW and its activities, the more fun you will have! Don't be afraid to push your ego aside, fully commit, and have a blast! Have fun with it, and good luck coming up with outfit ideas!

Steal the show

By Cara Olson

As we all know, Spirit Week is just a few short weeks away, and that means the VarietyShow is fast approaching as well. The Variety Show is always a fun night to watch, but what about those who are nervous about performing? There are many helpful hints to improve a variety show performance. Anybody who is thinking about performing in the Variety Show should read this article.

Be Prepared! Do you have every second of your Variety Show performance planned to a T? If not, then you need to rethink it. Choreograph your entire dance, know the notes of your song like the back of your hand, and memorize every line of that stand-up routine. Any last-minute improvisation at the audition or even on the stage apuld result in a measure formance. Of asures, being prepared includes late of practice as well.



the stage, could result in a messy performance. Of course, being prepared includes lots of practice as well!

Be Confident! How would you like a clarinet rendition of "We Can't Stop" if the performer is too nervous to even smile on stage? Well, you can avoid this problem by being confident about your act. Of course, practicing can help your confidence level rise. But ultimately, you need to tell yourself that you're great at what you do, and your talent is great too. If you strut onto that stage like you own it, then the entire audience will believe it.

Perform with friends! (Optional) If you have a beautifully written dramatic monologue that you want to present during the Variety Show, but you're just too nervous to do it, then here's your solution. Recruit some friends and make it a short play. You'll probably have more fun practicing and performing with your friends, and it takes some of the pressure off of going onstage alone.

Get some feedback beforehand! If you aren't sure that your talent is the best that it could be, then get a second opinion. Ask your friends, your parents, your teachers, your neighbors... anybody who isn't afraid to tell you the truth. Use constructive criticism to improve your performance. This tip might suit those who are sensitive or easily offended by criticism.



HAVE FUN! That's the most important advice you could take. If you dread practicing your talent and dread performing in the Variety Show, maybe it's not such a great idea. Only enter into the Variety Show if you are positive that it's something you truly want to do. If you have a great time on stage, it will make the experience 100% better.

Hopefully, these tips will be helpful for anybody who wants to make their performance at the variety show the best it could possibly be.

How to approach your audition

By Nora Magliocchetti

Seniors, it's finally that point where we must prepare for life after high school. For some it is simply completing their common application, but in other cases some are working on preparation for an audition. I am not musically inclined and wouldn't consider my dancing professional in any sense; however, I can imagine the amount of stress and nerves those advancing in their music/dance careers are facing.

Tryouts can be classified with auditions and so the advice being offered is that practiced by myself during the tryouts/preseason for fall sports. It is important to remain relaxed and not to stress the small things. Practicing is an obvious necessity but rather that practice one specific routine/song, focus on practicing weaknesses. Remain optimistic through the process and play/dance like no one is watching. Satisfy yourself with the audition and take pride in what you do and relay that pride onto those judging your ability. Confidence is key!





Writing your college essay

By Katie Dawley

When thinking about college, the first question that should come to mind is, "How can I increase my chances of getting into the school of my dreams?"

Well, one of the most important steps you can take is to write a great college essay that will capture the attention of your reader and keep them roped in from the start to the finish. It should not only be powerful, but also memorable. Although it should be creative, be sure to not let your imagination take over; remember, it can't be any longer than 650 words or it will be rejected completely.

The first step you can take is to have a great hook to draw your reader in. Be sure it makes sense, utilizes proper grammar, and is creative at the same time. It is a good idea to tie the point that you are trying to make to your life, an important event, the future, or something that will make colleges say, "Wow, this person has a great head on their shoulders and deserves to go to this school!"

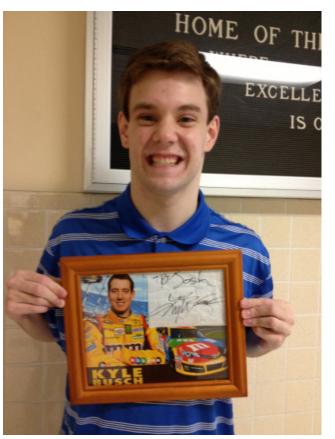
The next step is to keep the story flowing, provide back up to the original hook, and prove your initial point to the reader. If you tend to stray off the topic, then your essay will become confusing and lose the attention of those who read it.

Be creative! Having a way with words can aid you in a successful end result. If you have bold, intelligent statements and are creative with verbs, it will bring life to the essay and make it a more enjoyable read.

Lastly, make the ending powerful and leave an impression on the person reading it. Overall, you must have fun with it. Make it an enjoyable experience, a way to tell the world who you really are, and what you are capable of achieving.

Some special signatures for TRHS' very own, Joshua Daniels!!!





Pictured above: Josh Daniels with two of his most recent prized possessions- an autograph from singer-songwriter, Michael Buble and NASCAR driver Kyle Busch.

DEDICATION 5: 5 too many...

By Austin Marshall

With all of the hype and preparation, it's finally here. Dedication 5, a mix tape released by Lil Wayne on August 30th of 2013, wasn't all it was built up to be.

It already has over 500,000 downloads which is a double platinum on dattpiff.com. Not many mix tapes go over 500,000 for downloads so this is a big success for Lil Wayne and a great addition to his collection of music. Although it has made double platinum for downloads everyone has their own opinions on music.

With 29 songs on his new release, you have to assume Wayne put some time into this piece of work. Although in my opinion, not all of his songs were great hits. He definitely picked out some great instrumentals to rap along with but this mix tape didn't really fit with my taste in music.

Here are some of the songs I enjoyed from this mix tape. My personal favorite was "Started" originated by Drake. I think Lil Wayne's flow was good and lyrics fit well with this song. A very good song in my opinion. But with many downloads and hype about the Dedication 5, if you're a true Lil Wayne fan, this should impress you, but as for me, I was not very impressed.

Paradise Valley: Just a mirage

By Tyler Simard

John Mayer has established himself high up in the music industry throughout his career. Released on August 13, 2013, Paradise Valley, is the sixth studio album put out by the musician. Like all of Mayer's work the album offers a joyful, smooth feel to it. Musically this album is similar to Mayer's previous album Born and Raised. To me it wasn't what I was expecting and was somewhat disappointing coming from such a great musician like John Mayer. Although the album was good, it wasn't what it was hyped up to be.

John Mayer works alongside producer, Don Was, recording this album. Debuting at #2 on the Billboard 200 chart; 145,560 copies were sold within the first week. Popular songs on this album include "Paper Doll" and "Wildfire", released prior to the album. "Who You Love" stood out, being a duet featuring his girlfriend, Katy Perry, including an easy, rhythmic flow. This laid back feeling is a pattern throughout the album, which I love; it just wasn't anything original to me. Nonetheless, Mayer continues to go on with his career as a musician,

Watch We are the Millers with "no ragrats"

By Leah Callahan

We're The Millers is a new comedy about a drug dealer named David who gathers an edgy stripper named Rose to be his wife, a punky runaway named Casey to pose as his daughter, and his quiet next door neighbor, Kenny, to be his son to help him with an extravagant drug deal. David needs to transport marijuana to a Mexican drug lord, so the family he has created, "The Millers", get into an RV full of marijuana and start their journey.

Throughout the course of the movie they face multiple obstacles, all of them being extremely funny and leaving you wondering what is going to happen next. The plot of this movie seems mainly directed towards teens and young adults, but I recommend this movie to almost everybody, especially those who want a laugh.

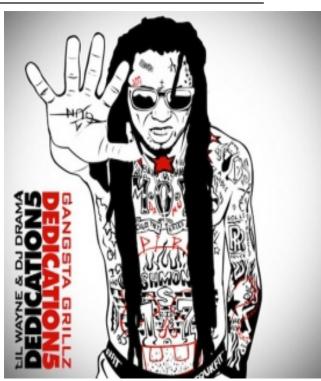
Waking up America

By Mike Foster

The superstar Swede who has been electrifying clubs throughout the world just released his very anticipated debut album, "True" on September 13th. The man, Avicii, is known for his mega-hit, "Levels" which went platinum in 9 countries including 8x platinum in his home country. Some say, "Levels" brought electro house to the states.

However, True is a whole generation for electro house. It features banjos, pianos, violins, guitars and more. It has the hit, "Wake Me Up" which has found its way aired on mainstream American stations. It went number one all throughout Europe and went in the top 5 in The United States.







At first, I was disappointed with some songs, but the album as a whole has really grown on me. "Wake me up" and "You Make Me" are undoubtedly made for mainstream radio, but True does have some tracks like, "Liar Liar" and "Lay Me Down" that will really get the club going nuts. Many of you will be pleasantly surprised that Dan Reynolds, the lead singer of the band Imagine Dragons, is the vocalist on the song, "Heart Upon My Sleeve."

Avicii has definitely pushed the boundaries of House music with this one. It may leave some of the hardcore house fans, like myself, yearning for more classic club songs with his signature melodies, but it may bring in more casual fans as well. I believe it is an attempt to become more frequently played on popular American radio, but it still packs enough energy to keep the Boston House of Blues raging.

Overall, I give this 3 stars out of 5 but a more casual house fan would rate it higher. Be on the lookout for his next concerts in New England!

Conjuring up a hit

By Andy Fearon

One of the scariest movies to ever be seen this summer was The Conjuring. If you saw The Conjuring you would know that it isn't easy the next few days being home alone or going to sleep. The movie was made by the same director who directed Insidious which is why the movies have similarities so if you liked Insidious I suggest seeing The Conjuring.

The Conjuring was said by critics to be known as "the scariest movie of 2013". It is about a family whose house is haunted by spirits, the main one being an old lady ghost. The scary scenes are very unpredictable and have a lot of thought into them.

Also the main reasons why people are terrified of this movie are because it was inspired by a true story on the Warrens household. When people think the story actually happened to someone in real life, it made them a lot more scared.

This movie is recommended by critics and was rated 4.5/5 star which is a really good

rating. If you like scary movies and enjoy being spooked out for the next few days or even weeks depending on who you are, this movie would be great for you. If you are the type of a person who gets scared easily and doesn't like being "spooked out" it is most likely better off you do not watch this movie.



Despicably hilarious

By Tyler J. Smith

Gru, the girls, and the minions are back with more crazy shenanigans in the animated film, Despicable Me 2. But this time Gru is a changed man. As he is no longer striving to be a big bad villain, Gru has started a business producing and selling jams and jellies, mainly run by his elderly evil scientist assistant who we remember from the first movie. Gru has become a very loving and slightly more responsible father in this sequel

As they are going about their normal lives, Gru is kidnapped by an agent from the Anti-Villain League (AVL) and brought back to the AVL headquarters. There he is forcibly recruited to assist Agent Lucy in catching a villain who is believed to be a worker at the mall. Lucy and Gru go uncover as owners of a cupcake store in order to find out who the villain is.

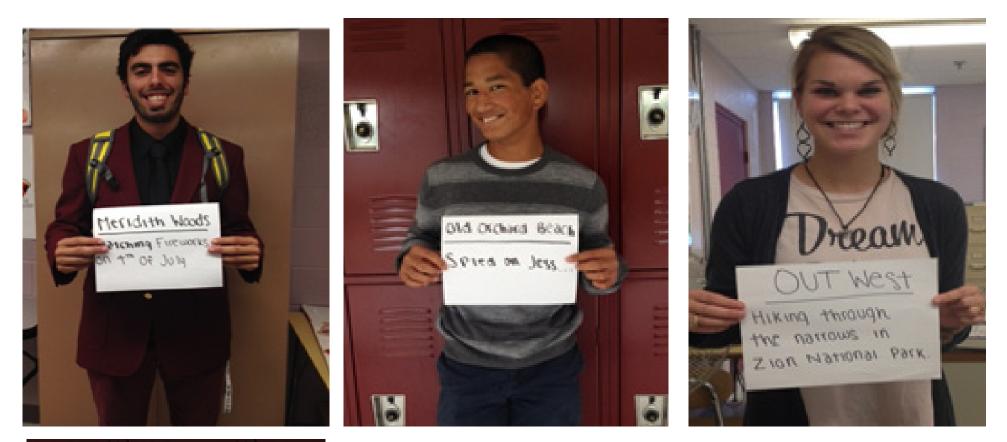
I felt like the plot wasn't that exciting. There were definitely some funny parts though. The movie has humor appealing to all ages. Some humor that little kids won't get, and other humor that older teens and adults just wouldn't find funny. A lot of the humor in this film comes from the main character, Gru, voiced by Steve Carell. He uses a pretty peculiar accent. It may be some sort of Russian accent with his own twist, but regardless of where it came from, it adds a lot to the character and makes things he says a lot more amusing. The character is very obnoxious and sort of awkward with his long, lanky legs and large torso. His character has a clumsy, as well as very stealthy side

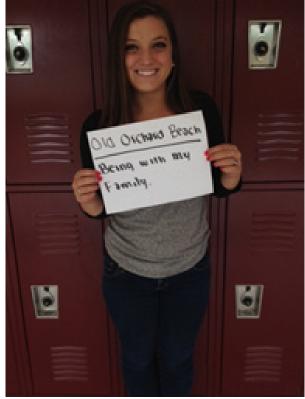
As Gru's clumsiness, the girl's Tom foolery, and the minion's idiocy continue to blaze in this film, the movie is great for the family with younger kids while still being perfectly capable of getting some laughs out of the older ones. Enjoy the comedy and the heroism in this film as Gru goes after a new villain with the whole crew by his side.

Oh, The Places You'll Go

By Hannah Burt

Summer is everyone's time to sit back and relax. Spend time with family and friends. Go on an adventure, and get lost. Timberlane was full of many exciting experiences this summer. Trips with the school or even just family trips. But this is just a few of their experiences.





Lucas Mathorn (Top left picture) went camping at Meridith Woods with his family. The highlight of his trip was watching the fireworks on the fourth of July.

Hayley Siemering (Top Right picture) went out west, with her family. The highlight of her trip was hiking through the beautiful Narrows in Zion National Park.

Jessica Lawrence (bottom left picture) went to Old Orchard Beach for a family trip. The highlight of her trip was spending lots of time with her family.

And, last but not least, Tim Mclinden says he went to Old Orchard Beach and "spied" on one of his best friends Jess Lawrence (he was only trying to be funny).

This was only a few of the exciting trips and experiences Timberlane had this summer. The good times and memories are constantly growing both here and out of school. So keep on exploring Timberlane, and keep us updated on your experiences, we would love to hear about them.

Life hacks to know

By Brian Mills

Overcoming the many obstacles of life can be a real difficult task. Not anymore!

Life hacks are tips on how to make your everyday life easier. Life hacks can be utilized to save money, improve your grades, advance in your friendships—the list is virtually unlimited. Each month, I will provide a life hack in the following categories: School, Relationships, and Cash. Each hack will be applicable to boys and girls of all grade levels.

School Life Hack: How to Learn More and Study Less

It sounds impossible, doesn't it? How could anyone possibly get an exceptional grade without studying all night? It's simple: *Ask questions in class*. By consistently asking questions, both big and small, you are utilizing the time in school to learn the material rather than at home. This will save time studying at home, speed up the boring classes, and you will know the material inside and out.

Relationship Life Hack: How to Gain Their Trust

The base of all relationships is trust. To trust someone means that you can rely on them for anything. In order to establish this base, ¬do not gossip about anyone. This simple action will prevent you from hurting others. Say you are talking rumors about someone you don't even know: Your friend will realize that you could talk about them in the same disrespectful manner. Be honest and respectful to everyone.

Cash Life Hack: How to Save Money

In order to save money, you need to be sure not to waste money. Before you make a purchase ANYWHERE, think to yourself: *Is this something that I really need/will use?* Never buy something impulsively. If you didn't go to the store for it, don't get it. Most impulsive purchases will end up in the back of your closet or on a shelf completely unused. This is money down the drain.

Including these life hacks within your daily routines will significantly improve your future. You will be able to ace your next test, improve your relationships, and save a ton of money. Be sure to keep following these hacks!

Ask Mack

By Mackenzie Hatfield

Dear Advice Givers,

I'm new to this school and had to start high school with no friends. Right now I only have a few. What should I do to get more friends, and go from being called "New Girl" or "What's your name again?" to being called by my real name? How can I possibly make more friends so I don't have to spend my first year of high school with only four friends?

-The New Girl

Dear New Girl,

A new environment can mean a lot of things; unfortunately not knowing anyone is one of them. The most I can say is the longer you stick somewhere, the easier it'll get. The "New Girl" label will fade away to who you actually are. Hold on to the friends you make. As someone who personally is spending their last year of high school with only four friends, sometimes it's better that way. Quality over quantity. Being you will attract the kind of people who want to be around you—not who you pretend to be. However, going a little out of your comfort zone to connect with people isn't a bad thing. Hang in there.

Dear Advice Column,

What do I do when my best friend starts to replace me? It hurts a lot and it bothers me. She knows a lot of my secrets and if anything goes wrong she could tell everybody. What should I do?

-Please Help

Dear Please Help,

Being replaced is one of the worst feelings I can imagine. It happens to the best of us. Talk to this so-called best friend. There's always a reason for tension or pulling away. One of two things will happen at the end of the conversation: you are friends or you're not. Try your best to work it out, and if it doesn't, try to end on good terms. You don't see most opportunities until you don't have any other place to look.

Dear Advice Column,

During lunch I sit with this guy who is really awesome. How can we become more than acquaintances? The guy I sit with is really kind, he makes me laugh. What can I do to make him laugh without making myself look like a jerk?

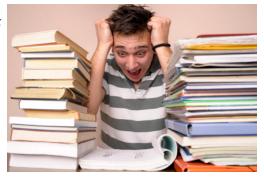
-Anonymous

Dear afraid of looking like a jerk,

There are about three perfect things in your situation. One, he's kind. He probably won't shoot down any effort you make to talk to him more. Two, he can make you laugh. You wouldn't have written it if it wasn't important to you, and there's nothing better than a guy who makes you laugh. Trust me. Three, you want to do the same for him. Don't try too hard, use your own sense of humor to your advantage, and it might just work.

Advice for freshmen





By Alyssa Defranco

As a freshman, you'll get lots of advice on what you should and should not do during your first year of high school. If you want a year worth remembering, you should take some of this advice. First things first, don't stand in the middle of the hallway and clump near the lockers. If you're blocking the hallway it makes it even smaller than it is, and why would you want to do that? Remember to pay attention to others in the hallway. When you randomly stop and talk to your friend, everyone has to walk around you. No one gets special treatment in the hallway, not even teachers stopping to talk to other teachers.

One more piece of advice is something you've probably heard a lot; stay out of drama as much as you can. Believe it or not you'll still come across some pretty crazy commotion in high school. If you need help with anything, don't be afraid to ask for it. There are plenty of kind teachers and students who are glad to help. The key is to not take anything too personally that anyone else says.

Just because you're a freshmen doesn't mean you can't get involved in the school! It's been said a thousand times, but there are clubs and activities for everyone. Even if you don't like sports, you still have other choices. Playing a sport isn't all about being good; sometimes it's just about being a part of a team and meeting new people. Don't be afraid to put yourself out there and try something you wouldn't think of trying.

One last piece of advice I'll leave you with is get to class on time. Some teachers are very strict about this rule and will give you a detention on your first time being late. Don't roam around in the hallways, don't skip class, just go to class and do your work. You'll have plenty of time to roam around when you're a senior. If you don't want a stressful high school life, put in as much effort as you can right now.

Some people can be harsh to freshmen, but we've all been there so we know how it is. Take the advice of people who have already conquered freshman year and it should go great. Good luck!



Positive Passage: The power of a hug

By Brian Mills

It is scientifically proven that a hug can reduce heart rates, lower blood pressure, and even boost the self-esteem. But can it save lives?

Jencie Fagan, a middle school teacher of Nevada, would argue yes. In 2006, a fourteen-

year-old boy walked into Pine Middle School, armed with a .38 pistol that he found in his parent's bedroom. He then opened fire, putting panic to the school.

After shooting and injuring two students, Mrs. Fagan knew what to do. She walked right towards him and gave him something that he was probably lacking from at home—a hug. He instantly dropped his gun and hugged back until other teachers could arrive on the scene.



The lesson here would not necessarily be to hug someone with a gun; I do not recommend that. However, it does show that a little love can go a long way. It is important to show your family, friends, teachers—virtually everyone— that they are loved.

Because sometimes, a simple act of a hug, can save the lives of many.

What Grinds my Gears

By Mike Pitts

Something that I am already noticing is how terrible some kids act toward their teachers. Sure, it's one thing to be an awful, rude person to a fellow student, but come on, the last thing a teacher needs is your terrible attitude.

I don't understand where people get this kind of nerve. When a teacher blatantly tells a student to do something or stop doing something, it astounds me how some people actually think that their interests are actually more important than the class's. Really, you can't put your phone down for five minutes even after a teacher asks you to? You think that whatever is happening on your cell phone is more important than your teacher's time? How full of yourself do you have to be to think that your time is more important than everyone else's? You're not being rebellious or cool by being a jerk! Why can't you just go through class like everyone else? You are here for a reason, act like it.

Arguing with a teacher is not only annoying; it also takes up class time for no reason. You will not win an argument with a teacher. Why do you feel that this absolute waste of time is even worth your effort? One thing that I never understood was when people complained about their grades, but they never tried in the class. I have seen it so many times, people whining and making a big deal about failing a quiz, but they didn't do homework once that quarter. It's not the teacher's fault. They can't teach you if you ignore them and refuse to study. If some people actually put as much time and effort into their schoolwork as they put into being terrible to teachers and fellow classmates, then I am convinced they would have nothing to be upset about. And that's what grinds my gears.

Miley Cyrus: Should she stop?

By Caroline Davies

All of the latest buzz in the pop culture world has been focused on one person who has shocked America left and right. I don't think she is going to stop either. You got it: it's Miley Cyrus.

If you don't know who she is, Miley Cyrus is a 19-year-old star who is originally from Tennessee with a country singing father, Billy Ray Cyrus. Some say he is the reason her career sparked where she landed a TV show with Disney Channel at only 13 called Hannah Montana. Miley played a huge role model for years playing secret pop star Hannah Montana, coming out with cute girly songs relatable to most young girls.

Finally, Miley Cyrus thought it was time for a change and to move on and she ended Hannah Montana. She said she wanted to continue making music in the future. For a

while, Miley Cyrus was on the DL and came out with a few songs here and there. In 2012, Miley tweeted a picture where she cut off all of her hair and dyed it bleach blonde. As dramatic as the change was, that was by far not one of the most shocking things Miley has done recently. If you tuned into the 2013 VMA's, you would understand why.



Cyrus performed her hit song "We Can't Stop" in a skimpy outfit jumping around, and of course, twerking. Robin Thicke then came out to perform "Blurred Lines" with Miley where she provocatively danced on him. Most viewers were enraged or disgusted, especially if they had children. But others thought it was totally acceptable and agree that Miley is a performer whose goal is to get everyone's attention.

So what do you think? Should Miley tone it down for the sake of her younger fans? Or do you think she is doing everything right as an artist and agree with all of her choices?

Letter to the Editor

Dear Timberlane Times,

We have now finished our second week of school. We understand that we are freshmen and all, but really??? Throwing carrots, tic tacs, apple slices, French fries and such at us in the cafeteria and the hallways is getting out of hand! Since the school cannot provide us with shields, and opening an umbrella indoors is bad luck, maybe any type of food ideal for chucking down the hallways towards others should be banned.

In all seriousness, we know we are the newbies, the babies, the froshies etc. but this should be all the more reason to show kindness and compassion. At some point, every single person in this school, teachers and staff included, have been freshmen in high school. The fears are real, the stress the same, the anxieties, nerves; the last thing that we need is for upperclassmen to intimidate us even more. So, rather than seeking advice, we ask for respect, kindness, compassion and empathy, seeing that once upon a time at Timberlane, we were all freshmen.

Sincerely, 13 Freshmen Class of 2017

Diverging down the right path

By Gabriella Desmond

The book Divergent, takes place in dystopian Chicago. The population has been split into five factions, each with their own virtue – Erudite (the intelligent), Dauntless (bravery), Abnegation (selflessness), Candor (honesty), and Amity (peaceful). Each year, when a person turns 16, they must choose which faction they will become a part of. The main character, Beatrice Prior (Tris), an Abnega-

ONE CHOICE CAN TRANSFORM YOU

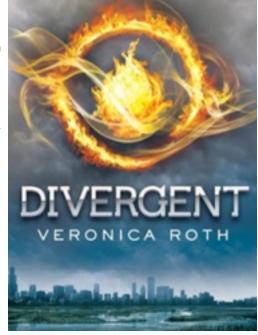
tion, decides to leave her family to become Dauntless.

During her initiation and the struggle to fit in, Tris is harboring a life-threatening secret about herself. Meanwhile, conflict between the factions is growing and Tris must decide where her loyalty's lay, with Dauntless or the family she left behind. Her secret could either help her save the people she loves...or destroy her.

Divergent pulled me in first with the factions and idea of being separated by your personality. Tris has such a complex personality and proves right off the bat that she doesn't fit into one group. Also I thought it so backwards how even ties and love to your family wouldn't change where you placed yourself.

I wasn't particularly fond of the character Four. Characters like him are a dime a dozen in dystopian books. What I did find intriguing about him was his nickname, Four. I wanted to know why he had it, what it represents, and what his real name was. It was also fun pretending I am a part of the world Veronica Roth created and trying to figure out which faction I would be in. It's hard because we don't concentrate our personality on one trait when we describe ourselves. Divergent was a fast paced, and captivating read and I recommend it.

For readers of: The Hunger Games, Delirium and Enclave. Coming to theaters on March 21st 2014 The trilogy includes: Divergent, Insurgent, and coming October 22nd Allegiant



Timberlane Trends By Cam Scarpa

Timberlane is all about friends and trends. Style Of The Month is based on nice clothes, matching colors, and of course style. Timberlane is full of style and students that want to look fresh trying to impress others. Style of the month is hard to choose because there is so many people trying to dress up and rock nice looks everyday. It's an obvious fact that Timberlane's style award goes to Brandon Zhou! Switching up his style every day, matching head to toe with multiple brands and colors. Jordan, Nike, Adidas, Reebok, and much more. He is on top of his game when it comes to kicks. Brandon's collection of sneaks is endless.

Air Jordan is his most favorite and commonly worn brand. Zhou shops at Champs, Footlocker, Malls, Outlets, Flight Club, and in New York for the freshest looks. He has the style and the clothes to wear different outfits any day of the week. He doesn't thrive for "Swag," he simply calls it his "Game". Yes, there is a numerous amount of people with style throughout school, but Brandon shows his best outfits and many agree he deserves the "Style Of The Month" award.

Letter to the Editor

Dear Editor,

Bath salts can have a very large impact on a person and the people surrounding them. The short and long-term effects of bath salts are very harmful to the user and other people. Some of the things that a user of bath salts will experience include paranoia, hallucinations, increased pulse, high blood pressure, agitation, and suicidal thoughts. Suicidal thoughts can put the user in serious danger because it is difficult to save a person from taking their own life. Increased pulse and high blood pressure can lead to many heart conditions such as increasing the risk of heart attack because the heart must work much harder.

Just as there are many ways that bath salts are dangerous to the user, there are many ways that bath salts pose a hazard to people that aren't even using them. Bath salts cause the user to become very agitated and even violent in some cases. People do not think straight when using bath salts and may even hallucinate, which is very dangerous to innocent by-standers. People using bath salts have been known to attack other people. There was an incident in 2012 where a person's face was feasted upon by a homeless man on bath salts.

None of the ingredients in bath salts have yet been illegalized in NH, which makes it much easier to obtain them. Forty-three states have illegalized ingredients in bath salts, but New Hampshire is not one of them. This is a concern, because it shows that the drug may soon be a problem if legal action is not taken soon. This needs to happen sooner rather than later, because history has shown that the effects of bath salts are devastating.

Sincerely,

A student from Ms. Katie Strey's health class



The Girls JV Soccer Team for supporting a teammate and proving that character exists both on and off the field.

Danielle Reynolds to get one. She stops every morning to say good morning and have a good day to us in the front office. She always has a smile on her face as well. Just an all around sweet girl.

Will Jarvis – turned in a lost lunch box Ben Militello – turned in lost money & concert tickets

Jason Hughes, Stone Cash, Niles Ericcson, and Nick Gibbs for motivating and encouraging fellow classmates in gym class.

Tom MacDougal for always being polite, respectful and willing to help out classmates and staff!

Eric Bragg , he found money on the floor after school and gave it to the teacher. What a nice, honest and Great guy!!!

Please give Matt Plante an Owl award, he returned a lost check to another student.

Mrs. Monti who is always helping students and teachers. She is such a generous and positive person.

Desiree Brunelle for her positive words to fellow classmates. She is a team player who has a lot of positive ideas for



the timberlane community.

Travis Hall: Is willing to play any position that his coaches ask, involved in many school activities and words hard to be at the top of his class. In his Health class, he always speaks and acts respectfully and offers his best by volunteering in class.

To the whole administrative team who all came to the Faculty Night football game—way to represent and lead! Offer your best: Ali Aquilini for being a great co-teacher. It makes coming to work every day a blast!

Lend a helping hand: Thor Johnson for always going above and beyond in class, especially helping to pass back papers.

Thank you to Ken Sinibaldi for doing kind and thoughtful things for our students. To Dube/Deyermond American Studies students: Thank you for offering your best. We appreciate all of you – we really do. Cathy Morse for always exemplifying what it means to be OWLSome!!! Thank you for ALL you do!

Mr. DiCicco would like to thank Maggie Bailey, Nicole Bruen, Hannah Locke and Katie Ouellette for painting the art room windows during their free time to make the room look beautiful and be a safe place.

Haley Swanson for an Owl nomination!! She shows leadership qualities and is such a very kind hearted kid !!

Nick Fawcett not only did he wear some great costumes, but he exemplified the true meaning of spirit and sportsmanship. He stood up for one of my students that was getting harassed by another student regarding a costume that he was wearing! Nick is a football player and works extremely hard to balance academics, extra- curricular activities, and a job!