

How to Protect Wildlife

By Olivia Doulames and Madison Cornell

With all of the things going on in the world, people tend to lose focus on what truly matters. Protecting wildlife is something that needs to be recognized more as an important value. Due to habitat destruction, the African lions are diminishing quickly. Some other critically endangered species are the Black Rhino, the South China tiger, the Asian elephant, and the Bengal tiger. Those are just few species of thousands that are critically endangered and on the brink of extinction.

Just a single species going extinct can have a huge impact on the world. When you remove one animal from the ecosystem, it affects that animal’s predators and the predators of that extinct species. Although some of these endangered species don’t seem relevant and you may have never seen one in person before, their extinction will affect many other species, and the ecosystem as a whole.

There are many steps that can be taken to help protect wildlife. Poaching is a main cause for animal endangerment and extinction. Animal poaching is when an animal is killed illegally, usually so that the poacher can gain something valuable, such as their fur or ivory. Poaching is a big factor in the endangerment and extinction of animals. Poachers commonly sell the animal in black markets because some are sought after for medicine, even though the treatments have been disproven and shown there is no medical value.

Deforestation, another part of animal extinction, takes away the habitat of animals and leaves them with no place to live. Deforestation is when contractors and workers completely knock down and remove all of the trees that form a forest. People get rid of forests in order to add buildings or houses. Deforestation leaves animals with no habitats and is a big cause of endangerment. Litter in the ocean is also a big factor in protecting ocean life. Garbage in the ocean can kill animals and destroy their habitats. Be aware of the environments around you and don’t litter because of its harmful effects.

Protecting wildlife should be a concern for everyone. Without help from humans, animals are more likely to become endangered or extinct. If everyone can work together by recycling and helping our environment various ways, we can make the world a better place for not just us, but for the wildlife too. There are many charities out there that focus on common issues to help animals. World Wildlife, WWF, is an association that focuses on all of these problems. If you are interested in helping this cause or learning more, check out their website:
<http://www.worldwildlife.org/>



Flightless Friends

By Nick Krol

The penguin is this month’s, “Animal of the Month.” There are 17 different species of penguins and not all penguins live in Antarctica; in fact, only four species of penguin out of the 17 live in Antarctica. The rest live in places such as Africa and Australia.

The four species are the largest penguin of them all which can grow up to 4 feet tall the Emperor penguin. The fastest swimming penguin who can swim up to 22MPH the Gentoo penguin. The Chinstrap penguin and the Adelie penguin. One species of penguin, the African penguin, lives in southern Africa where it is hot and toasty all year that is the Jackass penguin. African penguins are in danger of going extinct- why? 12 species of penguins live in areas similar to the New England climate, giving these birds exposure to all four seasons. While the Emperor penguin stands at about 4 feet tall, the smallest penguin is the Little Blue penguin, standing at a whopping 1 foot. The Little Blue penguin gets its name from being little and blue- I bet you weren’t going to guess that!



Penguins “tuxedo like” colors come naturally as a defense to their predators. When penguins are swimming in the ocean and a predator is below them looking up, the white bellies of penguins blend in with the light. When a predator from above is looking down on them, their black backs make them blend into the darkness of the ocean. Since penguins spend a lot of their time in the ocean hunting for food, it is nice to blend in with their surroundings. Penguins eat foods such as krill, fish, and squid.

Overall, this month’s “Animal of the Month” article goes to penguins for being the cute and cuddly little fellas they are. Who doesn’t want a pet penguin?

Natural Remedies

By Shawna Freeman

With the winter coming to an end and temperatures rising and falling, there’s a very good chance for a common cold. This winter has been full of the flu, colds, and viruses that are causing us to miss out on school time, work time, and friend-time.

There are many ways to go about thiscuring your ailments, whether it’s antibiotics or over-the counter medication such as Dayquil or Nyquil to relieve the symptoms. I am not totally against medication;, there are cases where medication is needed. But what if your symptoms could be relieved by just a few natural remedies? If you are seriously ill, then antibiotics may be needed. These remedies aren’t for curing a sickness, but only used for taking away some of the pain and symptoms of a sickness.

For a common cold, runny noses, persistent coughing, stuffy sinuses and body aches are all of the symptoms that slow you down. Instead of using cough syrups, or over-the-counter meds for your headache, try these remedies!

Apple cider vinegar: Although it’ll taste like you’re drinking salad dressing, I promise it will help. Try mixing a few tablespoons into some warm water and drinking it a few times a day. You can even add some lemon to mask the vinegar flavor. This vinegar dilute will help kill a cold, and relieve your symptoms in no time.

Raw honey: Raw honey is filled with antibacterial nutrients to help kill the bacteria that develops while having a cold. Taking a spoonful of honey a day will help kill a cold quick, and leave you feeling refreshed and reenergized! I have also heard that eating local honey can help with allergies.

Ginger: Viruses are the worst because there is no antibiotic you can take to cure you. A virus just needs to run through your system, which could take a few days to a week. If your virus gives you an upset stomach or indigestion, try ginger. You can juice it and add it to water to help upset stomach symptoms. It also helps to add ginger tea to a bath. This will help bring up any mucus, and will help with cold symptoms.

Licorice: Another remedy you can use is licorice. Licorice is known to relieve a sore throat and eventually get rid of coughing fits.

When you have the flu, it is miserable. The flu can last anywhere from a few days to even a week or two. It is hard to take the time out of work or school to recover, but sometimes your body needs all the rest it can get. A few tips to recuperating from the flu is to always eat a balanced, healthy diet, and to rest as much as possible. The flu can also dehydrate you, so be sure to drink plenty of water. Eating a nice, hot bowl of chicken soup will help relieve sore throat symptoms that come with the flu, and help prevent any mucus from building up. If you’re stuffed up and congested, add some spice to your soup for a nice kick and a way to open up your nasal passages.

These remedies may not work for everyone, but they are worth a try. When you’re sick, it’s very important to fill your body with the nutrients and vitamins it needs. Eating healthy, drinking water, and exercising will boost your immune system and help prevent you from getting sick during the cold months of the year!



Day in the Life of Franimal the Mailing Animal

By Alexander James Bevilacqua

Being a mailman isn’t just about delivering mail and walking around the streets. A day in the life of my father, a mailman for the city of Haverhill. If you think that being a mailman is an easy job, then you’re wrong.

Fran starts at 8 in the morning by setting up his route. He has to collect all letters and flat rate mail from the post office. He must first sort some mail himself, but most mail is automated, which means it is already sorted for him. Then Fran has to pick up all of his automated mail, along with boxes. He also has to pick up accountable, which is registered and express mail. Fran makes sure he has everything in order and ready to go before he leaves. Once everything is set for Fran, he starts his route and sets up a walk sequence. Fran starts to deliver his mail around 9 or 9:30 in the morning. Many stories come along with being a postman. Some days as a postman are more eventful than others. One day, when Fran was delivering mail and he was on a route inspection (a route inspection is when a supervisor of the post office follows the current mailman’s route with him and inspects how the mailman is doing) Fran was walking his route and got to a certain house where a dog would jump at him every day; however, normally the dog was on a rope. On this particular day when he went to that house, the dog’s rope broke off and the dog ran right by the supervisor and bit Fran in the back of the leg. Fran was rushed to the hospital, but luckily, the dog had his rabies shot.



Some places he delivers to have slots in their doors, while others have mailboxes. Fran always has his postal bag on him along with dog spray, a scanner, which scans mail and packages so customers can track it, and an arrow key to fit all locks for mailboxes. Around 12:30, he takes his lunch break, which doesn’t last that long because he has to get right back to work if he has a lot of mail that day. The length of his work day depends on the volume of mail you have that day.

The busiest days for Fran are holidays and Christmas. Fran doesn’t have the easiest job but he still tries his hardest. Walking everyday isn’t the best either but he still continues to do it each day and supports his family.

Fran’s job is never finished; regardless of the weather or the state of our society, the mail will always be delivered, “Through rain, sleet, and snow, the mail will always be delivered.”

A Day in the Life of an Engineer

By Tyler Gendron

Engineering has so many different principles one can go into, there is a couple major principles and then a bunch of minor ones that branch off of the major principles, all very important in today’s day and age. What many people don’t know is that engineers make and design almost everything we use. They design and make everything from a door knob to a jet engine. Engineering is the most diverse job industry. Engineers not only design and make the innovations of today, they are constantly working on how to make things better and better for the future. If engineers weren’t around, we wouldn’t have many things that we love or even need every day to get by.

My dad, Nathan, is a mechanical engineer. He works at a company in Massachusetts called Lockheed Martin, and this company makes missiles for the government. He is a manager of a specific project, and yes, there is a team for each project.

My dad has told me “I love being an engineer because I’ve always wanted to make new things to make life easier.”

The easiest way to explain how a company filled with engineers works is to explain Apple. They have so many different projects that come out, and a certain amount of people to work on specific ones. There is a team manager who is in charge of making sure that the project itself is done right and as efficient as possible. So just think of it this way, everything you own pretty much is made by a group of people trying to make things easier or better.

To understand the life of an engineer further, you can go watch the movie, Jobs, which did a great job of showing engineers at work.



Warmer Days are Coming

By Colleen Shea

April showers bring May flowers! At least, that’s what they say.

This winter has wreaked havoc on New England we’re all just waiting for it to finally be gone. The weather is becoming a tease when it decides to be 50 degrees and sunny one day and 20 degrees and gloomy the next. Yes, I did just consider 50 degrees warm due to how cold this year has been. It’s sad to know that we’re thankful for days that are above the freezing mark and view them to be nice days. Hold tight, warmer days are coming!

Spring season can be as fun as you make it. Some people see it as what is holding them back from summer, and others see it as a breakthrough from winter. However you view the season, it is important to make the most of it! Some fun activities you can take part in in the spring aside from sports might include:

Beach trips: When the sun’s out, grab a couple friends and take a ride to the beach! You don’t have to stay long, but the view and fun time you’ll have will be worth the trip there!

Laying outside with friends: You can get a nice tan while spending time with your friends!

Taking a walk to enjoy the fresh air: If you have a dog, he or she can be a nice addition to your journey, but if you want to enjoy the air on your own, that is always an option as well.

Taking long rides with the windows down and music turned up: If you’re going for a road trip, it always makes the ride more enjoyable with your favorite tunes and the wind blowing through your hair.

BBQ: Get the family together and enjoy a tasty BBQ and time with friends! The nice weather is a great excuse to put this gathering into action.

Go for runs outside: Getting tired of being stuck in the humid gym? Now you have a chance to exercise while being outside! Take the opportunity when it is given. The spring is not too hot and not too cold, so it’s a perfect time for a run.

There are numerous activities you can do during this season, it’s just up to you to find the one that best fits you! Make sure you aren’t wasting sunlight! Remember to be thankful that we made it out of this treacherous winter and that long nights and sunny days are on their way!



Ideas for Late April Adventures

By Karissa Braga

Anyone have any plans for April vacation yet? If not, it’s my job to inspire you to go out and make the most of our last break until summertime. This break marks the home stretch of our school year and we all want to make the most of it.

Here are some ideas that will make this April vacation a memorable one:

1. Take a road trip to some of the neighboring towns. New England is known for its charming towns. Get a group of friends together, jump in the car and go explore! You can shop, eat, or even just enjoy the change of scenery. I recommend checking out Portsmouth NH, Exeter NH, North Conway NH, Newburyport MA, Rockport MA, Kittery ME, and York ME.
2. Get outside! The weather is finally starting to heat up around here and the snow will soon be gone. It’s time to get back outside and get active. This vacation, try to get out and spend some time outdoors. Take your dog for a longer walk, go for a hike, find a cool trail to ride your bike on, or even head up to the beach.
3. A nice spring cleaning. It may be a little late in spring, but April vacation marks the winding down of the school year and a much needed break to clear our minds. Take this time to clean out your room or even redecorate a little! Go back to school with a fresh start. After doing this you’ll feel brand new.
4. Travel. Now, this one may be a stretch. But many of us could be traveling to somewhere very cool this vacation. Take this time away to really enjoy the new scenery and climate. It’s not every day we get to hop on a plane and live in a different place for a week! I suggest making the most of the trip by trying new foods and activities.
5. Try something new! Do you have one activity that you’ve always wanted to experience? Maybe you’ve always wanted to go surfing, or go sky diving. Take this time off of school to go out and gain a new experience. You never know, you might just find a new hobby!



I hope these ideas sparked some excitement for this year’s April vacation, and inspired you to come up with some of your own! Whatever you plan to do, I hope you make our last school break a memorable one.

History of April Fool’s Day

By Olivia Doulames

April Fool’s Day is a time when everyone can relax and have a fun, carefree day. Most people celebrate the tradition by playing pranks on their friends and family such as saran wrapping a doorway, making up ridiculous stories or many random pranks people come up with.

The origins of this day aren’t certain, but there are a few theories behind what started this day. Some people believe this day is a celebration of the change of seasons, while others believe it comes from a new calendar.

References to April Fool’s Day exist from as far back as the 1500s. Although there is no definite explanation of its beginning, it’s possible that April Fool’s Day could just be from Spring Fever. Another explanation is that ancient cultures used to celebrate the new year on April 1st. It is also closely following the vernal equinox, which falls on March 20th or March 21st. The vernal equinox is the equinox in spring, on about March 20 in the northern hemisphere and September 22 in the southern hemisphere.

There isn’t any historical evidence that these events could have been the cause of April Fool’s Day, although many people from all around the world believe they caused the start of April Fool’s Day. Fool’s Day has been celebrated for centuries; historians have also linked it back to ancient festivals such as Hilaria, a festival celebrated at the end of March in ancient Rome.

Although the origins are to this day uncertain, even after centuries of celebration, April Fool’s Day is still a cheerful day. No matter what the origins are, April Fool’s Day is a lighthearted tradition. It’s a fun day where everyone can laugh and try to have a carefree day. Have a great April Fool’s Day!



Service Learning Day at Hampstead Central

Students in Mr. Jim Kelly and Mrs. Meaghan Guanci’s American Studies class participated in a service learning day at Hampstead Central School with Mr. Adam Hathaway’s third grade class. The day centered upon literacy with students focusing upon defining literacy, its role within society, and sharpening some of their own literacy skills. It was an amazing day filled with fun, learning and engagement!



Eyes of An Angel

By Makenzie Levesque

The MSPCA-Angell is a private, non-profit organization. It is a place where you can bring your pet if you can no longer take care of them, if they are hurt, or if the animal is just abandoned. The MSPCA is not sponsored by the government, nor is it funded by an organization.

As I recently visited the MSPCA in Methuen Massachusetts, I came upon a dog by the name of Girty. Girty was a two year old pit-bull who was a stray found in Amesbury, Massachusetts. When they received her, she was fully lactating and her puppies were nowhere to be found. After taking a few tests, it they found out that Girty tested positive for heartworms.

Abandoned and all, she never lost the sight of loving humans. Girty is getting all the treatment she needs and is now on her way to a speedy recovery.

There are many locations of the MSPCA. They have a variety of animals and they are all kept in top condition. The MSPCA’s main goal is to get the animals back on the right track and get as many adopted as possible. The MSPCA also offers volunteering, so if you love animals and want to be a part of an amazing organization take a trip down to your local MSPCA.



A Day in the Life of an Astronaut

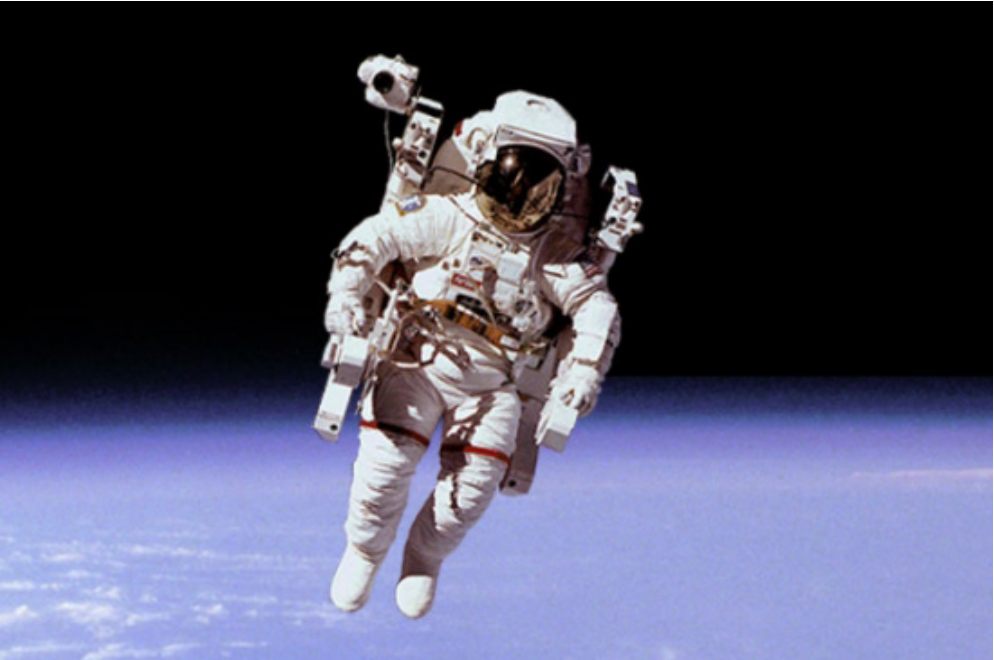
By Nick Moore

On calm summer nights, you could be laying on a field of grass looking up at the stars, stars that shine brighter than the dark night moon itself. But there’s one that stands out the most to you. You see this star as it slowly moves across the stratosphere. It’s so unique you wonder if it’s even a star. In fact, that star you see is really a spaceship, taking a loop around Earth’s axis. The life of an astronaut poses many questions in your head. “What do they eat?” “Where do they sleep?” “How do they live?” If this is what you are wondering, here’s some facts you should know about astronauts.

Astronauts orbit 240 miles above the earth with 15,000 cubic feet of space station to play with. Each day is planned out by mission control, and the time used is based off of mission control in Houston, Texas. The Astronauts begin their day with a wakeup call by a buzzer, a quick rub down with a soapy cloth, and then the crew has breakfast. For meals, the crew will eat things from freeze-dried foods to bite size cubes. For beverages, they are given tubes filled with semi liquid. They are given these for in order to maintain a healthy metabolism while being in space. <http://www.nasa.gov/>

After they’re filled with food, it is time to get to work. Usually, tasks will be performed as the spaceship is exploring earth. The purpose of the spaceship is to perform and research scientific analysis on the whereabouts of space. The crew will work on a series of experiments that require a lot of input, as well as physical health. The experiments will determine how well their bodies can adjust to a microgravity environment. <http://www.nasa.gov/audience/foreducators/teaching-fromspace/dayinthelife/working-adil-index.htm>

The day is finished when the crew goes to bed. Like on Earth, the crew will go to bed at certain time and wake up again to start a new day. Since they are sleeping in microgravity, astronauts have to stand up straight and hook their bed to the wall to avoid floating around or floating off into space. Astronauts will follow the same routine every day.



The next time you look up at the night sky, think about those astronauts; think about how they may feel if they were back on a gravity filled Earth. “One small step for man, one giant leap for mankind.” Neil Armstrong.

A journalist’s role in society

By Blake Hammond

The role of a journalist is an incredibly important one. They control the presentation and distribution of the information that governs people’s opinions and perceptions of events, as well as of other people. For these reasons, the role of a journalist comes with an incredible responsibility and duty to truth above all else. The personal opinion of the journalist should never compromise truth, what has really happened, or what has really been said. This makes citation of sources and confirmation of information crucial to maintaining the integrity of both the journalistic publication and those mentioned within it.

Information can come from many different places. When it comes from a source, it sometimes needs to be vetted to assure that the information given is indeed correct. When a source is quoted, the source should know how they are being quoted, because a mistake in this can lead to misrepresentation. While journalists sometimes attack public figures, they do so with truth. Without truth, without proper citation and double checking of information, the result can be libel.

Libel is the published defamation of an individual’s character. It can be the result of misquoting that individual or publishing false information about a person. Given the weight of responsibility that journalists have, this misrepresentation can end up discrediting a journalist’s integrity. The importance of a journalist’s role in society cannot be stressed enough, and neither can the necessity for good, trustworthy journalists, who understand that the truth is all they should ever report. And with that, it is the journalist’s responsibility to never stop searching further for that truth.



10 Ways to Make a Person’s Day

By Samantha Milone

A day in the hallway or a day in your town, it is important to value how the people around you are feeling. Caring for each other and just checking in to make someone’s day positive is something everyone should do, even if it is a small compliment on their cool, new shirt. The person in front of you in the grocery line may not have the world on their side today, so if you are willing to boost their mood, here are some ways to help.

1. Compliment their outfit: There’s no better way of making someone feel good than letting them know that they look good.
2. A casual hello: Letting someone know they are noticed is important. Just saying “Hi” lets people know they are seen.
3. Buy them their favorite treat: Who doesn’t like a surprise candy or coffee? (It is best to do this for a friend, not a stranger).
4. Open the door: It’s a good feeling when someone doesn’t let the door slam on your face. Take five seconds out of your day to make someone’s better.
5. Check in: A simple, “How are you?” can go a long way. Be genuine when asking this because people can feel better when someone just sits and listens to them.
6. Help with studying: If you see a classmate struggling with their math homework, and math is your easiest class, save them some stress and ask to help.
7. Just help: If a student or person on the street drops something, take a second out of your day and pick it up for them. Little acts of kindness can go a long way.
8. Tell them a story: Everyone likes a good story and can get their mind off of stressful tasks on their mind.
9. Share the wealth: A random act of paying for the person’s movie ticket behind you is a nice surprise.
10. Be kind: By sharing your kindness, others will be inspired by your example and think about doing something kind themselves.

Following these few acts of kindness can make anyone’s average day a great one and will keep the community smiling!



Summer Job Options

By Owen Sweet

With quarter three coming to a close, it is about that time where students can start to get a glimpse of summer. Summer is a time for fun, spending time with friends and family, and forgetting the stresses of school. Summer is also a time in which many decide to find a job and make some money, because nobody wants to be that kid that can’t hang because they don’t have gas or money to go out.

Most commonly amongst high schoolers is the supermarket job. This is easy to find; just go down to the supermarket, ask for an app, and you’ll be working in a week with minimal training.

Now, because anyone can work this job, expect low pay and mindless hours of “beep, beep, beep” and putting groceries into bags. If you’re willing to do the boring work, you will make money to get by, pay for gas and go out on the weekends, but don’t plan on putting too much money away, as you’ll most likely be making minimum wage with annual 25 cent raises.



Another common option would be to be a hostess, waitress or busboy. This can be a very hit-or-miss job option, depending on times and your place of work. Here, the majority of your money will be made in tips. This is excellent income if you work the busy hours at a popular restaurant or country club, but if you are posting up in a dead restaurant with little to no business, then you might be wasting your time.

If you really want to start making some money, look for a job in landscaping or construction. Every company is always looking for some heavy-lifting high school grunts to work eight hours a day, five days a week. It is time consuming work, but you’ll get used to it and the double digit hourly wage is well worth it. These jobs can make great money, but they are not for everyone; you need to be a hard worker and take pride in yourself because if you go to your boss saying you’re tired or over worked, then you’re out. To make the big bucks, you have to work and work and work, or you will end up fired, back in line for an application at the local supermarket.

Now go out there everybody, and make some money.

How to Choose the Right College for You

By Maggie Walsh

It’s that time of year, seniors. Most colleges have gotten back to prospective students and it’s time to lay everything out on the table and make a decision. This can be a very intimidating process, but with the right tools, there’s no doubt you’ll make the right choice. Consider the academics. Some schools are well known for certain programs and can give you an extra boost in that area. If you’re planning on majoring in engineering, you should be leaning towards schools that are known for engineering. It’ll help you in the long run with getting internships and eventually starting a career. Size can be a big factor for some people. If you’re the kind of person that blends in with the background, you might want to go to a school that has smaller class sizes, so you can have a better relationship with your professors. If you don’t mind sitting in a lecture hall with 200 people, then a university size school would work for you. A school’s distance from your home can have a significant effect on how comfortable you feel there. Going to a school close to home can help to ease the transition from high school to college just by knowing that the familiarity of home is close by. If you’re someone who embraces and thrives on change, then feel free to branch out and choose a college in a different part of the country.

The price of a school is often the deciding factor in many cases. While price is important, you should also consider what you’re paying for. Schools with high prestige are often expensive, but they have a reputation that you carry with you after graduation and can give you that cutting edge when entering the workforce. Other schools, however, with smaller price tags, can still give you a great education and adequately prepare you for the workforce. It all comes down to what you make of your education.

Lastly, statistics are very important when considering a school. You should look at the graduation rate, the percentage of students who return after freshman year, whether they accept AP credit and the percentage of graduates who get jobs after graduation or are accepted to graduate school. There are more statistics you should look at, but these are some of the most important. Try looking on collegeboard.org for more information on statistics. It all comes down to what you really want out of the college experience. Make sure that you pick a school based on what you want and not the desires of others like your parents or friends. Good luck with your decision and the beginning of your college experience!



The Fight To Stay Alive

By Courtney Barlow

There are so many current and important issues going on around the world that sometimes other details get forgotten about. For centuries, animals have come and gone. Who is truly to blame for animals going extinct? Humans for pollution and neglect, or Mother Nature for developing and making earth uninhabitable for some animals? Well, it's really hard to determine who is more to blame. What we do know is what causes extinction, and there are ways for us humans to help save these animals.

There are many animals on the way to extinction that are on the watch list, and others that have already lost the battle. One of the most beautiful water animals, the Orca Whale or more commonly known as the Killer Whale, is more than just a little endangered. It is almost impossible to count exactly how many Killer Whales are left, but it's known that there has been a 17% drop in population. It is a general estimate that there are no less than 50,000 Killer Whales left in the wild.

They are becoming so rare that there have been reported 483 "false killer whales." This is when the genetics are so close in comparison that they could easily be mistaken for an Orca Whale. While they are increasing in numbers, the fight to reproduce more Killer Whales is also rising. There are many forces joining together to try and repopulate the Orca whales.

Why have the numbers in Killer Whales been decreasing? There are a handful of causes. Some of the main causes are commercial hunting, pollution, climate change and capture for entertainment. Whales are constantly being captured, not just for hunting but to be used for entertainment. Some places will "rescue them," but in reality, they are being placed at places like SeaWorld or other aquatic parks. They are being used to get money, and they are never released back into the wild. Even if the whale is nursed back to health they would keep them in confinement.



We cannot help with every part of this, but we can help with part of the issue at hand. By raising awareness, we can make it more known what is really happening to these Killer Whales. Keep the oceans clean. Stop the hunting and keep false capturing from happening. Whales belong in the wild, let's try and keep it that way.

Sources:
www.seaworld.org
www.killer-whale.org
<http://www.defenders.org/orca/basic-facts>

Spring into Fashion

By Tessa Vrees and Jeanne Longobardi

Winter leaves the scene and spring comes into play; the clothing trends are ready for a transition. Dark clothes turn to light, and the colors become brighter. It's time to put away the heavy jackets and tall boots and break out those beautiful spring dresses and sandals. We guarantee that once you look better, you'll feel better and come out of the snowy slumps. There's so many new trends for this Spring and Summer, and even many returning from last year!



High-Waisted
A favorite fashion trend that made an appearance a few years ago is high-waisted shorts. They can be paired with a v-neck, crop top, flannel and many other options. Almost every apparel store for women in the mall carries high-waisted shorts.

Comebacks of the Seasons
Maxi dresses, skirts, and sun dresses are all making a comeback once again this season. Ladies can't continue to wear yogas and leggings in all the heat that is right around the corner, but the next best thing is a maxi dress or skirt. They're the most comfortable articles of clothing, and the material is usually stretchy and lightweight.

The Hottest Days
Considering the hottest days will be among us soon, it is obvious everyone needs a new bathing suit. Originating from Australia, the bathing suits are on the pricier side. Cheaper duplicates of the trend-setting bathing suits can be found on Amazon.com, Wanelo, and other search engines. Rock a pair of jean shorts with your bathing suit or dress them up with some accessories. It's casual and comfy, but also fashionable.

Perfect Spring Day
A cute pair of laced shorts with a button up is a good way to dress yourself up for a beautiful spring day. If you add a cute bag and some jewelry, you have the perfect outfit for whatever the day may bring. It is school appropriate and such a versatile outfit. Whether you're running errands or hanging out with friends, you'll look adorable and fashionable.

If you're looking for any of these spring and summer trends, the perfect places to find them are Forever21, PacSun, Urban Outfitters, TJMaxx, and many other local retailers.

Viruses that will BUG you!

By Logan Lourette

If you have a computer, you have probably heard of viruses. Not the runny nose, sore throat, viruses (though they do share the trait of being annoying and possibly very harmful), but the kind that your computer may get. They can corrupt or delete data, get into your email to infect more computers, and much more. And unlike real viruses, these don't just appear naturally, but are created by other people. But, what exactly is a virus, and how is it created? Well, good question, so let's find out.

A computer virus is a program made to spread from computer to computer and interfere with how it normally works. Yep, a program, the very thing which is oh-so helpful can end up being used against someone to cause major damage. Of course, this is just basic information, so let's move on.

There are quite a few types of viruses, or malware (malicious software, technology loves to shorten things like that), which work differently from each other. A macro virus is a virus made in a macro, or code that can be embedded in some data files, such as word documents. Macro viruses are also the most prevalent type of virus. A Trojan virus masquerades as a good program someone might want, like antivirus programs. However, they instead run malicious programs behind the scenes, allowing a user outside to copy files, see your browsing history, or just outright take your computer over. The next type, spyware, as the name implies, collects data on a user without their consent. It can collect things like internet browsing habits, and interferes with control of the computer on top of that. It can download more programs, change computer settings, and remove functionality of the Internet or certain programs. Presumably, this virus type might be as annoying as having to deal with a real spy. Next are adware, programs which when downloaded, proceed to start forcing advertisements upon you. Yep, even on your own computer, you can't escape advertising. Luckily, this is more of a distractor than anything, but no one should have to put up with forced advertising on their own computer without their consent. Last, is the worm. Worms are viruses which harm networks, by replicating and sending copies of itself over said network to infect other computers. Unlike other viruses, a worm is not attached to another program, instead being a separate entity. They typically cause damage to the network, at the very least using up bandwidth to send its copies.

Now that we have gone over the types of viruses, let's go over an example of a virus, to show the potential damage they can do. CryptoLocker encrypts data on your computer, and tries to extort money out of you for the key. Encryption normally is supposed to keep data safe, but this virus turns it on to you, locking you out of your own files. Plus, if the key is somehow lost, the data is essentially gone.

Overall, viruses can be pretty terrifying, and extremely harmful. Luckily, there are plenty of antivirus programs made to protect against them, and you can further prevent them from harming you by just using safe browsing techniques, and keeping your operating system, browser, and antivirus all up to date.

<http://oregonstate.edu/helpdocs/safety-and-security/computer-viruses-fraud/safe-browsing-habits>
<http://oregonstate.edu/helpdocs/safety-and-security/computer-viruses-fraud/computer-viruses-cryptolocker-dangerous-ransomware>
<http://oregonstate.edu/helpdocs/safety-and-security/computer-viruses-fraud/computer-viruses>



History of Funk

By Brian Lonergan and Chris Leondires

Bass slapping and hard grooving- undeniably the two most important pieces of the funk genre. Funk originated in the 1960’s when African-American musicians combined jazz, soul, and R&B to create a rhythmic and danceable form of music.

James Brown helped revolutionize the genre as he implemented the early use of the downbeat, the first beat of a measure which is significantly emphasized in funk. His hit singles, “Out of Sight” and “I Got You” helped shape the revolutionary music style. Following suit, bands such as Tower of Power, Parliament, Funkadelic (known collectively as Parliament-Funkadelic), and The Isley Brothers began to pick up on these newer styles in the late 60’s and early 70’s. The sound caught onto the soul-heavy 60’s and 70’s, quickly becoming one of the biggest genres of the era.

There are many moving parts to a great funk composition; these instruments include, but are not limited to, bass and electric guitar, keyboard, vocals, Hammond organ, horns, synth and drums. The main instrument, however, is the bass, which slaps and grooves with power and precision, supplemented by the rest of the band’s tasty contributions.

Many modern artists are directly and indirectly influenced by funk rock. Any rap mixtape you listen to will almost always include an older funk sample. For example, the Isley Brothers hit song, “Between the Sheets,” was sampled by Biggie Smalls in the song “Big Poppa.” Other historic funk productions include Stand! by Sly and The Family Stone, The Meters by Meters, East Bay Grease by Tower of Power, and of course James Brown hits such as “Papa’s got a Brand New Bag” and “Get Up.” Various genres have been



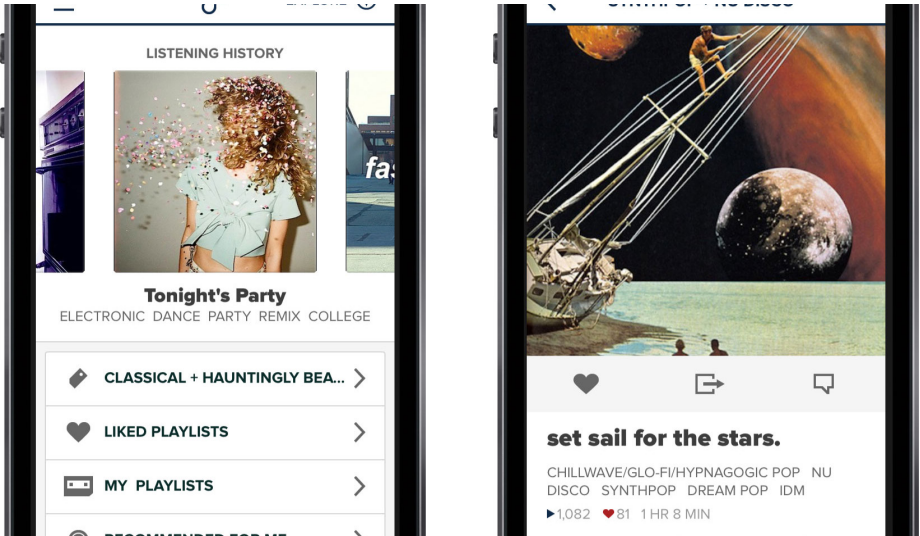
8 Tracks: The Music App for You

By Maggie Walsh

Listen up music connoisseurs, 8 Tracks is the app for you. It’s similar to Pandora but much more personalized. With 8 Tracks, you can search words that describe a particular kind of music or mood, and playlists that match your mood will pop up. Did you have a bad day? Are you feeling sad and angry? 8 Tracks has a playlist for you. Did you have a great day? Do you feel like jamming out? 8 Tracks has a playlist for you. Any kind of mood or genre you’re looking for is guaranteed to be on 8 Tracks.

Not only can you listen to playlists, you can also create them and share them with other 8 Tracks users. For those of you who have great taste in music, this is your chance to show off your talents. Putting together songs that match your mood or fall into a certain genre can be great fun. Making a playlist can be a great way to express yourself and connect with other people who have the same taste in music.

“I like 8 Tracks because it allows me to find new artists that I otherwise never would have found” says Karissa Braga, an avid 8 Tracks user since 2012. The app is quickly gaining popularity and for good reason too. From instrumental study music to upbeat workout music, 8 Tracks has it all and continues to grow with hundreds of new users every day. So what are you waiting for? Go download 8 Tracks!



Dream Exotics: The Ferrari 458

By Ben Schena

Ferrari has done it once more with the introduction of the Ferrari 458 Italia. The look of the Italia personifies what it means to be a true thoroughbred in the super car world. With its smooth swooping line and its naturally aspirated V8 engine, it’s aesthetically pleasing to the eyes almost as much as the pronounced symphony of music that erupts from the hand crafted Italia exhaust forged by artists Created in Maranello Italy by the in-house design group Pininfarina;

Driving into the world of super cars is not an easy task, especially when in the toughest categories to compete in. The competition is fierce with the Lamborghini Gallardo with the bigger V10 Engine and the brand new Lamborghini Huracan with a staggering 610 horse power, not to mention the Porsche with its 911 turbo S, Audi’s R8 and McLaren’s MP4-12C. With these kind of cars nipping at Ferrari’s heels, how would it compare? Ferrari hit the ground running and is now selling more 458s than was thought possible. People are recognizing the race heritage, prestige and refinement that comes from owning a Ferrari.

Boasting insane numbers, the 458 produces 562 horsepower from its 4.5 litter V8 engine. The newly designed dual clutch transmission changes gears in 0.125 milli-seconds. Combining this with the 562 horsepower found under the hood, the 458 is propelled through the air at a ludicrous 3.65 seconds. Another thrilling, “but not-so appealing number is its price at \$235,000. The price does not matter though. This car is not for showing off; it’s for the thrill and excitement that comes from driving a piece of art.

This car is the best Ferrari ever made. It’s cutting edge aerodynamics and its world class leather interior matched by no other sports car manufacturers on this planet, make the 458 the best-selling Ferrari in history. Passion, grace, swiftness and power; these are all adjectives that describe the legendry car brand, Ferrari. This car will go down in history not only for what is has already accomplished, but for what it will continue to accomplish and inspire in the innovation of new cars created by Ferrari.



Two Brothers, One Court

By Colleen Shea and Maekalah MacLeoud

If you’re looking to get hooked onto a new Netflix show, One Tree Hill will not fail to satisfy you.

One Tree Hill is a television drama series produced by Mark Shwahn. The show has been around for almost 12 years and is still accessible on certain sites. The first show was aired on September 23, 2003. Although the series is no longer being filmed and shown on regular television stations, many people have found it on Netflix and other on-demand streaming media stations. It has become one of the most watched series on Netflix and is often referred to as “addicting” by its viewers.

The show focuses on two brothers fathered by the same man who were not allowed to be raised together. The two boys, Lucas and Nathan, have the same father, who decides to neglect Lucas at a young age . They all share a love for basketball and the game ends up bringing the two sons together. Despite their initial hatred for each other created by their parents, James Lafferty as Nathan Scott, and Chad Michael Murray as Lucas Scott, discover a brotherly bond. The first few seasons of the series are based on their high school experiences and the friends they make that end up remaining a large part of their lives throughout the show. The main characters involved include cheerleaders Brooke Davis and Peyton Sawyer. Lucas’ best friend, Haley James, who ends up becoming Nathan’s wife, plays a large part in this show also. Brooke and Peyton are best friends throughout the show, even when potential friendship-ending situations occur. After the girls get past the fact Haley is not in their group of friends, they become very close with her as well. All of the characters find a way to create a relationship with each other. The characters help each other overcome the problems they are faced with.

The episodes of *One Tree Hill* are not only interesting for adolescents and young adults to watch, but they also teach many lessons. The challenges that the friends help each other through represent the importance of friendship in a young person’s life. One of the main lessons that is expressed in many episodes of the series is that love conquers all. Even when things happen that could break people apart, the *One Tree Hill* cast manages to remain united.

A popular initial reaction to the show expressed by men is that it is a “chick flick” and “only girls should watch it,” but after viewing the show, they tend to change their minds.



The Boys are Back

By Benjamin Schena

It is a show that is not for the weak and the pitiful; this is a show for a winner . Like any HBO produced television show, it’s awesome. This network has become famous for producing successful Emmy winning television, whether it be a documentary about the terrorist attacks in Nairobi, Kenya or about hunting Nazis or series like The Sopranos, Game Of Thrones, Boardwalk Empire and many more.

This show follows the career of Vincent Chase an up and coming, A-list actor living in L.A with his entourage gallivanting around town decimating anything that they see fit. This show is about the ups and downs of careers, relationships and wealth, presenting it to the viewer in the most entertaining and pleasurable 30-minute episode possible. There is nothing not to love about this show it’s an instant hits . Every demographic and it hits it well

Vincent Chase and his entourage partly consists of his older brother Johnny a.k.a. “Drama” who used to be a semi successful actor who has lost his acting ability (If he ever had the ability is never really clear but everyone thinks he sucks) and will do anything to get it back. Eric is Vince’s best childhood friend and is now managing his career. Turtle is another best friend that drives the group and who is always down to party. Ari Gold, the sickest guy on the face of the earth he is Vince’s agent. He is the most powerful agent in Hollywood, as his wit and style make him dangerous in anything he puts his mind to . He speaks whatever pops into his head and never holds back with anything he believes should be said. With a passion for colorful language and the ability to make people wither and crush beneath him, he makes for one of the most entertaining characters in the show.



Entourage is 8 seasons full of cameos galore from the biggest directors in Hollywood like James Cameron, Martin Scorese and everyone in-between to Tom Brady and Mark Cuban there is a long list of celebrities and billionaires that play themselves very well. I highly recommend watching this show, it has so much to offer the only thing you will say at the end of Entourage is that I want more. Not in the sense that it leaves you hanging in that it was so good that you empathized with the characters and will miss not anticipating the future of entourage .

Good news for Entourage fans the Entourage movie has been made and is awaiting premiere later this year. The movie will start off where season eight ended. This will be the final bang to the award-winning series.

LL Cool Review

By Brian Lonergan and Chris Leondires

For everyone looking to broaden their musical horizon, this article will provide the jams, and the title of “Aux Chord King,” , that they’ve been desiring. Every month, we have been choosing up to three albums to listen to and review. The albums will vary in genre and release date. As with every new issue, we have a new list of albums looking for some love from the Timberlane community. Spring is just around the corner, so in order to rid ourselves of the winter burden and depression, we picked three more solid albums for the ears of Timberlane.

The Bright Side by Aer (Hip-Hop/Indie)

Reviewed by Larry

With spring and warm weather on the way, The Bright Side is an album definitely worth adding to your “Sunny Daze” playlist. The hip hop duo, originating locally from the suburbs of Boston, found success after the release of their first full-length album. Their brand of music is labeled as rap, reggae, pop, and indie rock. However you classify them, the collective uses unique and groovy guitar riffs to complimentcomplement their primarily hip hop styled lyrics and tempo. Fusing hip hop and rock, their smooth voices are utilized with catchy hooks and choruses, as seen in the songs “Floats my Boat” and “Songbird.”

After dropping out of school in 2011, David von Mering and Carter Schultz dedicated their time to create and produce The Bright Side which was released in 2012. Although the album is mainly melodic rock with typical hip hop beats, songs such as “Like the Way” and “If You Want” provide a reggae tinge. The ten song album has lots of variety as the duo express their musical capabilities with upbeat party songs, while also remastering “Medina,” an acoustic song first seen on their earliest mixtape “Water on the Moon”. One of my favorite

albums, The Bright Side is the perfect album to chill out and listen to or to plug into the aux when you’re cruising to the beach with your friends. As the lyrics imply, the best way to compliment this album is with some warm weather and women wonderful people.

5/5 Stars

Toxicity by System of a Down (Alternative Metal)

Reviewed by Lony

WOW., Tthat’s all I have to say about System of a Down, a Southern California based band made up of four wildly talented Armenian-American musicians. I have been listening to System since I was eight years old and a decade later, I am still far from sick of their music. My first exposure to the band occurred when my brother picked up a copy of their triple platinum record, Toxicity. The album became a familiar companion of to our CD player and we quickly fell in love with the work. From the first track, that also happens to be my favorite, “Prison Song” it was clear that system was doing something that no one else in the industry was . They were combining various elements of metal, alternative, prog and even music of eastern origins incorporating unconventional instruments like sSitar and oOdus . They use grooving drums, thrashing guitars and brutal bass riffs that dominate the musical style. Serj Tankian’s technically sound, unique and wide-ranged vocals, supplemented by guitarist Daron Malakian’s wild co-vocals delivers this unique blend of music. System creates and provides a musical style that is extremely appealing to anyone looking to experience an alternative sound. The lyrical themes on this album tend be extremely political with topics like war, the environment and the American prison system. To me, Tthere is not a skippable song on this record.

Some of my favorites include “Science,” , “Forest,” , “Shimmy,” , “Psycho,” , and “Deer Dance,” as well as highly-acclaimed title track, “Toxicity,” which appeared on VH1’s 100 greatest metal songs of all time. This album is a must have if you are a fan of metal or alternative music.

5/5 stars

Crash by Dave Matthews

Band (Funk-Rock)

Reviewed by Lony

If you were alive during the 1990’s, odds are you are familiar with the Dave Matthews Band and their plethora of hit songs. I was alive in the 90s and While I had a decent knowledge of Dave Matthews, but it wasn’t until my brother opened my eyes to the brilliance of their music did I decide to pick up a full piece of their work. I played it safe and copped one of their most successful albums Crash, which is the album that gave the band mainstream success in the 1990s. Listening to the album, I was extremely impressed with how well the five musicians mesh, piecing together different parts of songs nearly flawlessly. They also do an incredible job piecing together genres like funk, soft rock, and jazz, and placing them in an extremely listenable format. The funk grooves in songs like “So Much to Say” and “Tripping Billies” provide pockets that are so tight, I could not resist dancing in my car. The album also contains some very easy listening soft tracks, such as “Crash into Mme,” , “#41” and “Proudest Monkey.”. The combination provides an easy listening record that is extremely appealing to anyone that enjoys any of the sub genres that DMB encompassesencompasses. While I am wildly in love with the band and this album in particular, I really wish they had more funky songs and that is the main reason I give this album 3 stars.



3/5 stars

Anybody open to new musical experiences should feel free to contact us for a zesty recommendation from our abundant and obscure collection of music. Be sure to look out for our next review, it will be more obscure than ever before.

Unlocking Lucy

By Courtney Barlow

Within 2014, hundreds of movies were released. Some hit the theaters and some just went straight to the shelves.

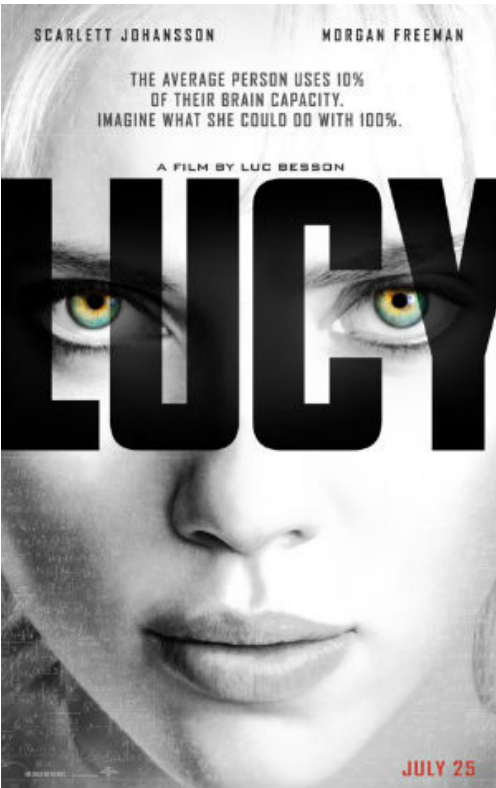
In 2014, one of the best movies to hit the theaters was LUCY. This was an action-packed movie that blew my mind. I can’t classify this movie in just one word. The combination of thrills, and drama they made this film completely outstanding. For the entire movie, I was on the edge of my seat.

The movie was unpredictable. From beginning to end, it constantly had me surprised by what was coming. It starts off as a calm movie, then within the first five minutes action was bursting through the screen. Through the entire movie there are bullets flying, constant fighting and unexpected twists.

Not only was that thrilling, but the actual theory and thought behind the movie was intense. One of the main characters, played by Morgan Freeman, is a professor; he lectures in college about the human brain. He has spent years of his life looking into the human brain, researching about how much of the brain we actually access and what we can’t. The realization that this could be true is absolutely crazy. This movie was such a hit that the opening weekend it was released, the box office made \$44 million within two days. This number kept raising as each day passed. Once the word got out about this incredible movie, everyone was interested.

Overall, this was one of the BEST films I have seen so far in my life. I recommend everyone see this movie. It will interest any-one and everyone!

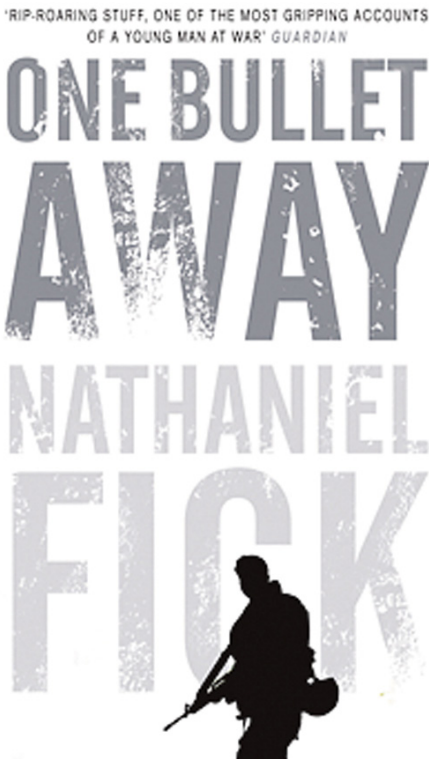
“Time is the only true unit of measure. It gives proof to the existence of matter. Without time, we don’t exist.” - Lucy



One Bullet Away

By Zachary Amico

With all the noise about American Sniper, I thought that reviewing another book by a service member would be a good idea. This month, I am reviewing One Bullet Away by Nathaniel Fick.



Fick was an officer in the United States Marine Corps, specifically a Captain in a Force Reconnaissance Battalion. Force Recon groups train and are selected as harshly as members of SEAL teams and Green Berets (Army Special Forces). They are a Special Forces group in every way but one. There are no “special” marines, and so the decision was made to make Force Recon battalions answerable to the Corps instead of Washington (as with other special forces groups). This book highlights the process of becoming an officer and is a collection of his time in and out of combat.

Fick describes his decision to join the Corps well, starting with his feelings before he made it. He was a restless college student at Dartmouth who felt pent up with normal life. He describes his feelings as such:

“I wanted to go on a great adventure, to prove myself, to serve my country. I wanted to do something so hard that no one could ever talk [expletive] to me. In Athens or Sparta, my decision would have been easy. I felt as if I had been born too late. There was no longer a place in the world for a young man who wanted to wear armor and slay dragons.”

This is just the very beginning of his amazing story. He goes to Officer Candidate School during one of his summers off from college, and from there gets hooked into joining after he earns his degree. He goes through more training to become an infantry officer, and then the adventure truly begins. He travels the world, moves to Force Recon, and eventually leads the American lines during a war in the Middle East.

This book is an amazing read. It is full of life, and Fick describes all of the technical details perfectly. What he and his men feel and think during the war is very interesting to read (So interesting in fact, that another whole book was written about Fick and his men by an embedded journalist.). This is as good an autobiography of an American serving abroad as I’ve read (and I’ve read a few). If you liked American Sniper, then One Bullet Away is definitely worth checking out.

In Your Eyes review

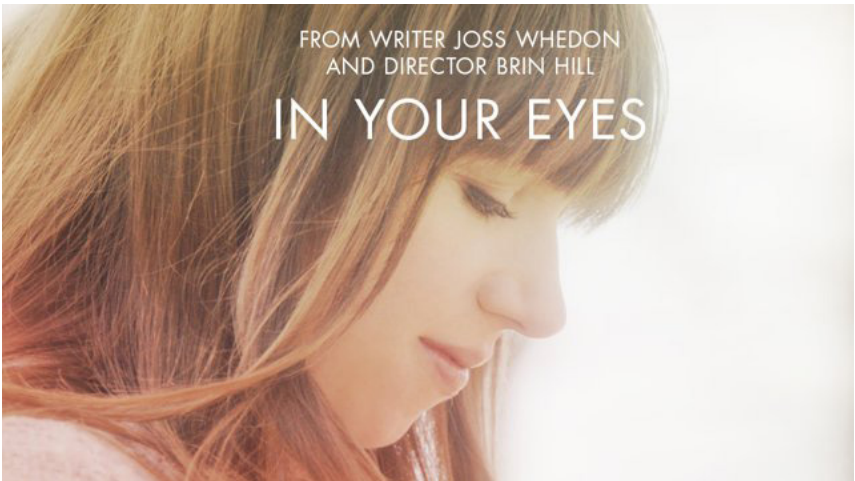
By Tyler Gendron

In Your Eyes was an interesting and cute movie. Yes, it was one of those sappy love stories, but it ended very well. The two main characters are Rebecca Porter and Dylan Kershaw; they have a telepathic connection. It starts off with a slight view of the telepathic connection between these two people, with Rebecca as a kid, sledding down a hill towards a tree, and Dylan gets a view in his head of what’s going on. When she hits the tree, they both go out cold. During this, he is in the middle of class in elementary school; they are the same age. Then it cuts to Dylan as an older man and shows what he does in his everyday life, the people he talks to and where he works.

A short overview of the storyline is as follows: in the cold East Coast winter, Rebecca is struggling with a life full of cocktail parties and lonely nights, due to her husband keeping her sheltered. She is a very shy, quiet wife of a successful doctor. Across the country, in warm and dry New Mexico, a very hopeful ex-con Dylan is struggling to find his place and a fresh start. When these two opposites realize they have an interesting connection, an unexplainable telepathic romance begins.

After the storyline start, Dylan is starting to have weird flashes of what Rebecca is seeing and saying. Rebecca is having the same thing too; when Dylan is at a bar and gets into a fight, he’s hit in the stomach really hard; Rebecca is at a party and “embarrassed” her husband, making a scene, falling over and all. So as the story starts to build, you see that Dylan has a horrible love life and Rebecca has a horrible relationship. She’s been in and out of mental hospitals and her boyfriend was her doctor. Both their lives seem miserable, and they are just trying to go on with it. Neither of them really realize the connection for a bit, but when they do, she’s walking down a street somewhere in NH and he’s driving to work in New Mexico. They hear each other and feel each other’s weather. After that first connection, they are unable to get enough and talk all the time. They both start to realize how much they have in common and how little they want to be where they are now. I would definitely recommend this movie for a sappy movie night with your significant other or if you’re alone.

This movie is well made and has a very thought out storyline that comes together and keeps you extremely anxious. The way it was all leading up to the major scenes was done well and I can’t stress how much it keeps you guessing and wondering what happens next. The ending was even done well and didn’t leave you hating it. So overall it was a very well thought out movie very well planned and set up. Also the movie is based in NH and New Mexico, which made it a bit interesting seeing sights you may have even seen normally. Overall I have little to nothing bad to say about this movie and how it was made, it was done very well and I enjoyed it a lot.



Jay Gee’s is the Place to Be

By Liana Salvaneschi

If anyone is looking for awesome ice cream, try Jay Gee’s!

Jay Gee’s ice cream stand is located in Salem, New Hampshire on Route 28. Jays Gee’s is special because all of their ice cream is homemade at their Methuen location. Along with ice cream, the Methuen location offers mini golf, batting cages, an arcade, and go karts. Jay Gee’s has been around since 1983 and is a family run business.

Jay Gee’s in Salem has over 50 flavors in the summer. Two of my favorites are Peanut Butter Fix and Chocolate Overload. Peanut Butter Fix is a peanut butter based ice cream with Reese’s pieces and peanut butter cups. Chocolate Overload is dark chocolate ice cream with brownie bites, chocolate chips and a fudge swirl.

Students like Makenzie Levesque are willingly to drive the extra distance for the ice cream. When asked about it she said “My taste buds go on a sensational field trip when I eat their ice cream. I love it because I think it’s more flavorful than any other ice cream in the area.”

Jay Gee’s was also very willing to donate to Project Hope this year. They decided to donate 4 fun passes which are worth \$74.00. Fun passes include an ice cream or slush, a round of mini golf, batting cages tokens, tickets to the go carts, and a round of bumper cards.

Take a Ride to the Southside

By Nick Krol and Sam Gilman

Sick of eating at the same local diners?

Change it up. The South Side Diner is a local diner that serves breakfast and lunch 6 days a week and only breakfast on Sundays. The South Side Diner is located in Derry, New Hampshire right off Rockingham Road. It is a wonderful little diner that is very updated, modern and clean. It is on the smaller side, so it’s never very loud in there. It’s the perfect spot to take a date to breakfast or lunch!

The wait staff is very friendly. They have daily specials, so nothing gets old. The buffalo chicken tenders are some of the best you will ever have. Timberlane senior Matt Fawcett loves to indulge in the famous apple flavored French toast. All the food is cooked to perfection; the cooking staff at the South Side Diner doesn’t mess around.

We went on a little date to the South Side Diner, and after being nicely seated, we had a wonderful waitress come over to us with a smile on her face and great service. In no time, she was back with our drinks and food. Our first order was the hungry man’s breakfast, which is comprised of 3 eggs, 3 pancakes, toast, sausage, bacon, and home fries. Our second order was a plate of buffalo chicken strips and fries. We were both very pleased with the great quality taste of the food. We both highly recommend going on down and trying out the rest of the menu; take your mom, take your dad, take your girlfriend, your wife, your grandmother- the South Side diner is the perfect place for everyone.

N’ampshire

By Molly Wilmot and Colby Dudal

The Live Free or Diner is a little establishment located on Route 125 in Plaistow, NH. This fun and friendly place is not only delicious but also extremely affordable- just what we are all looking for at this time in our teenage lives. Live Free or Diner has some variety in their menu, something both of us liked about it.

We tried to change things up while ordering at this new breakfast spot of the month. This diner made that very easy for us. We both agree that they put a spin on just about everything on their menu, making each dish their own. We ordered a Greek omelet and an Irish benedict. The items on the menu are not things that you would find at just any breakfast cafe. Live Free or Diner has a wide variety of omelets that relate to a specific location in the world. Molly ordered a Greek Omelet but there were also omelets called the California and Western omelet. It is always good when a restaurant offers several options. The menu also includes a spinach and feta egg and eggs benedicts that are either Irish or California based. Not only does this menu have dishes that you won’t find anywhere else, but it also has classics that you will love including pancakes, eggs and French toast.

The atmosphere of Live Free or Diner was positive, yet somewhat stressed. Having a little restaurant that is always booming can come with its positive and negative side effects for the customer. When we arrived at the restaurant, we were seated immediately. When waiting for a waiter/waitress to come over and greet us it took around ten minutes. The woman was extremely friendly but seemed a bit frantic when getting our orders. Drinks came out a few minutes later. We sat for about another 10 to 15 minutes and then ordered our meals which took around 20 minutes to receive. Add in one sentence-> Despite the wait, describe the food’s taste (which sounds like it was good?)

The price of the food was something that could put a smile on anyone’s face. Most of the meals have a low price, especially for food that is so good. The Live Free or Diner is sure to be a place to return to in the future!

Stay tuned for our article in next month’s issue for another local breakfast restaurant!

EGG-cellent Easter?

By Megan Castricone and Teagan Jenkins

Easter, a holiday once used to celebrate religious affairs, is now a capitalistic, commercial market based solely on making a dollar. Colored eggs, white bunnies, and sugary sweets is what Easter has turned into, but it used to have more substance as a holiday.

Easter was used to celebrate Jesus Christ’s resurrection. It is the most important holiday in Christianity. However, Easter isn’t as much of a holiday, as it is a season. Lent, the 40-day period leading up to Easter Sunday, is a time of reflection and penance and represents the 40 days that Jesus spent alone before starting his ministry.

When it comes to the Easter holiday, the exact origin is unknown. Many believe it to have derived from Eostre, pronounced Ishtar, the Teutonic goddess of fertility and spring. The eggs of Easter are symbolic of fertility. The pagan holiday celebrates the renewal of life and spring. Eggs, fake grass, and chocolate clearly have nothing to do with Jesus and everything to do with the idea of fertility and renewal. Others trace Easter to the Latin term hebdomada Alba, or white week.

With all of Easter’s religious significance, it also has a commercial side. The sales of marshmallow chicks, jelly beans, Easter eggs, bunnies and baskets have all become a custom of this holiday. Rather than a day of celebration with family and friends and going to church, it is a corporation based money pit, leading companies to take advantage and ruin the spirit and traditions of a national holiday.



What’s in Your Burrito: Tacos Lupita

By Timmy McLaughlin

Everyone knows about the famous food chain Chipotle, but some are so blind to the wonders that lie in Tacos Lupita. People always say that Chipotle is an iconic restaurant, meaning it never gets old, yet that’s only because their taste buds have never experienced the deliciousness of Lupita.

A typical burrito

At Lupita, you get to first choose exactly how you want your burrito made. As you approach the counter, don’t be shy. It may not sound like they are speaking English, but that’s what it’s all about.

What to get in your Burrito:

Start off with a meat choice such as

- Beef
- Pork
- Chicken

After this, they will ask you if you’d like to add, “Rice or beans?”

After you decide, take a step back and just think about how delicious this burrito is going to be.

Next get your choice of toppings:

- Hot, Medium, or Mild Hot sauce
- Salsa
- Sour Cream
- Cheese
- Guacamole
- Lettuce
- Onions
- (and if you’re feeling lucky) a squeeze of lime



Once you have completed this order, you are now ready to indulge in the greatest burrito you will ever have in your lifetime. You will be able to leave knowing your money was well spent. Lupita also offers a variety of dishes like tacos and bowls, however, they are most known for their burritos. The atmosphere consists of local people and a friendly environment along with genuine employees who are there to help. When you are done your meal, just put your plate in the dirty plate bin and be on your way!

Nothing compares to a great meal at Lupita. So make sure you stop into Tacos Lupita on Main Street in Haverhill for a delicious burrito and embark on a journey into the world of deliciousness.

The Best Flatbread Pizza Around

By Timmy McLaughlin

Every day, people search for something to fill their stomachs that tastes delicious. That’s why this local joint has everything needed for an enjoyable night. Krueger’s Flatbread, a family-owned brick oven pizza restaurant, is known for its amazing pizza and salads, along with other five- star entrees. From the famous “Bradford Square” to the owner’s personal salad dressing, Krueger’s has some of the best cuisine around.

When Krueger’s opened back in the late 90s, it didn’t get much business due to its location in downtown Haverhill. After many attempts to get this business booming, owners Mike and Toulia Petro created the idea of fresh, handmade brick oven pizza that would satisfy almost any taste buds in the world. The idea was to create a friendly and cozy environment to attract more customers to go to their restaurant. When people started to learn more about this amazing place, their business instantly boomed. Krueger’s has since become one the highest profiting pizza companies in Massachusetts because of their deliciously made pizzas.

Some of their best pizzas are:

1. “Bradford Square”- A delicious flatbread made with steak tips, onions, blue cheese, and their signature house sauce
2. “Pentucket”- Flatbread made with chicken, goat cheese, barbeque sauce, and parmesan
3. “Chicken Caesar Salad”- Authentic Caesar salad with parmesan
4. “The Shoe City” - Chicken Pesto, oven roasted chicken, sun dried tomatoes, feta cheese, and homemade pesto sauce

Krueger’s is located at 142 Essex Street in Haverhill, MA, along with its sister restaurant, Olivia’s, which specializes in gourmet entrees,So if you’re ever looking to go somewhere nice with your date or maybe just your friends, definitely try this local joint, it’s worth it! Call (978) 372-3434 to reserve a table today!



Fire It Up!

By Kiara Shaeffer

Looking for a new sushi spot? Wasabi Steakhouse is located in Salem, NH off of Route 28. It’s a pleasurable place to go to with family or friends. If you’re in the mood to dress up and go there you would fit right in, or if you wanted to go with a casual look, that’s okay too.

They have spectacular food, service and entertainment, and they never let you down. If you’re planning on going on the weekend, I recommend calling and making a reservation, as it gets hectic there. When you go, you have three options on where you want to eat. You can eat at the bar area, sit down at a table, or you can experience the hibachi. The majority of people who go to Wasabi like the experience of the hibachi. Hibachi is when you sit at a big table with a group of people, and in the middle there are two grills. A chef then will come over to your group and cook in front of you. They will entertain you by having a flame of fire go up at the beginning, the zucchini toss, rings of onion fire and the guy that squirts water. If you’re going there for your birthday and doing hibachi, it is a fantastic time! When it’s time to sing happy birthday, they will turn the disco ball on and hit the cong. They also will take a photo of everyone you’re with and put it into their photo album.

They have a huge menu with a wide variety of food to choose from. You may choose from the hibachi, sushi bar and seafood entrees. For hibachi, you can order chicken, steak, vegetables, shrimp, lobster, filet mignon or salmon. All of these come with your choice of fried rice or noodles, with a small house salad, miso soup and shrimp appetizer. The sushi bar has a variety of choices from getting a regular order of sushi or getting the sushi entree which comes with a house salad and miso soup. The sushi entrees can be made for big parties; for example, the love boat is for four people. The love boat has two sweet shrimp, sashimi, two piece scallop sushi, 20 pcs Sashimi, 10 pcs Sushi, eel, jumbo roll and shrimp tempura roll, spicy tuna roll and incredible roll. They also serve tempura, Thai food, teriyaki grill, katsu, yaki udon or soba and seafood entrees. Katsu is your choice of chicken, pork or salmon deep fried in bread crumb batter. Yaki udon and soba is Japanese stir-fried noodles.

Overall, Wasabi is a great place to share an entertaining meal with company. Your food is your show.



Complimenting Without Being Creepy

By Jordan Nason

“Hey you looked really nice today ;)”

We’ve all been here before. Whether you’re paying a compliment or on the receiving end, there is a fine line between being sweet and crossing a line. You find interest in someone and want to say something but don’t want to come off creepy. Luckily for you, I will be giving you the rundown on how to avoid being creepy, whether it’s in person or over social media.

First off, something to keep in mind is to never use the winky face. This is textbook. The winky face is a red flag. No matter what you say, putting this “;)” at the end of it makes it creepy. I don’t care if you’re texting your mom saying, “how was your day today ;)” you’re still coming off creepy, and now your mom thinks you’re weird.

Now that you know to never use the winky face, you probably think you’re an expert. Well you’re not, so slow your roll. The second most important thing to know when complimenting someone over social media is the excessive use of letters. Nothing looks more awkward than texting your crush “Heyyyyy.” That’s just too many “y’s,” and now you definitely look creepy.



When giving someone a compliment in person, one thing to keep in mind is tone of voice. You also need to understand the person you are complimenting. You don’t want them to take it the wrong way, so be clear on what you’re getting at. Don’t be too sarcastic or make weird faces (like the winky face).

The second thing to pay attention to in person, is somebody’s body language. Kid Ink says it best here, “You ain’t gotta say too much. Ain’t gotta say too much. I can read your body language.” The well-known rapper has made it pretty clear in the song titled “Body Language.” A weird compliment will lead to a weird reaction, and this will be obvious. So don’t give weird compliments.

What it all comes down to in the long run is just speaking your mind and saying what you truly feel. Don’t hold back. There’s nothing to lose, but always remember to never use the winky face ;).

How to feel Be-YOU-tiful

By Nicole DiGregorio

Most girls will say that they don’t like their body. They see many flaws in themselves, where as others think they are beautiful. Yet, despite how often they hear these words, they don’t believe them.

No one may ever be satisfied with their bodies or their flaws, but it is good to overcome obsessing over them. If you hate the way you feel or look, then make an improvement. Don’t sit there in the mirror and pick out your flaws; start telling yourself that these flaws are the things that make you different from others and be proud of it. Any time you catch yourself thinking negatively, fight your negative thoughts with at least two or three positive ones. Make an effort to rationalize your negative thoughts away and to expect good things to happen to you; the more you expect good things to happen, the more they will.

I’m not saying being confident is easy and I’m not forcing you to think highly of yourself, but you need to try if you are not happy. If your negative thoughts take control every day and stop you from doing daily things that you love, then you need help and should speak to your guidance counselor or an adult you trust. Being confident is the biggest key to feeling comfortable in your own skin, and it’s obviously easier said than done. If you can’t stand what you see in the mirror and feel like you have nothing to contribute to a conversation, then you can’t move forward. Work on finding at least a few things that you love about yourself. Focus upon being happy with how you look instead of getting lost in self-consciousness. Developing confidence takes a lifetime. But you can’t start until you make a commitment to start changing the way you feel about yourself.

Yes, it’s great if your boyfriend, best friends, and everyone around you think you’re beautiful, but that doesn’t matter one bit if you’re convinced that you’re ugly. Even a super-model can feel completely insecure, and what you think on the inside is much more important than how people view you on the outside.

Know that the first step to feeling beautiful is really thinking that you are beautiful, flaws and all. If other people agree, then great. Stop staring at yourself in the mirror, thinking of all of your imperfections. Instead, look in the mirror and think, “Wow, my hair looks great today!” But best of all, stop wasting so much time looking in the mirror.

Quotes to live by:
“To be beautiful means to be yourself. You don’t need to be accepted by others. You need to accept yourself.” ~ Thich Nhat Hanh

“You’re a human being; you live once and life is wonderful, so eat the damn Red Velvet cupcake.” anonymous

I feel about myself is more important than how I look. Feeling confident, being comfortable in your skin — that’s what really makes you beautiful.” Bobbi Brown

BELIEVE IN
YOURSELF.

How to Make a Grad Cap

By Samantha Milone

It’s the month of March and graduation is right around the corner for seniors. Thinking about all of the senior events coming up soon can cause a little stress. Seniors have to pay senior dues, prepare for prom, and what is more important than designing your own personal graduation cap? To save time and stress, below are some good ideas and good materials to make your graduation cap in no time!

In recent years, most students have created their caps based on their personality, twinning with a friend, or representing sports they played for the last four years. If you can’t think of anything to design, find materials and colors to take up the space. If you are a girl and like glitter and sparkles, try decorating it with jewels of your favorite color.

Another idea could be writing your favorite quote throughout the years in big letters. It can represent you and who you are as a person. The artistic students of the school get really creative with spray painting graffiti letters or even painting a scene they did in art class.



Boys have the tendency of not going as big for graduation cap decoration, but just take thirty minutes of your day to grab your closest friends and all put something that represents the group during the high school years. An inside joke between the guys is an easy and an original way to go! Using spray paint is a really easy way to decorate guy’s caps because it is easy, quick, and keeps it manly.

Materials are easy to find in any of your local craft stores and for cheap money. Creating your graduation cap is a fun way to represent yourself for one last time and to give remembrance for future years of what you stood for in high school. Be creative!

Tuscan Tanning

By Makenzie Levesque

A popular place to tan during prom season is Tuscan Sun Tanning. It’s located on 401 Main St, Salem, NH. It’s a small place but that’s what makes it such a great tanning salon because the ladies that work there actually get to take the time to get to know you, and care about you and your skin they know what they are doing and take the time to explain everything to you. Even though the place isn’t that big, they still offer so much. They offer great deals, which can be convenient for us girls during prom with all the expenses we have to go along with prom. They have four different levels of tanning to choose from. The highest beds are the ones that are the stand up. For a base bed, it is \$21.95 a month, which would be your standard bed. The piece increases the higher you go up. Also they have spray tans which can be great if you’re looking to get a tan quickly! To go along with your tanning they sell tanning lotion also which can help with your coloring and dryness. It gets very busy so you want to make sure you book an appointment so you can get the bed you’d like.

Not only do they have amazing tanning, they also offer waxing, threading and personal massages. Which can be convention to a lot of people! Some of my personal favorites about Tuscan Sun would be that the ladies there actually listen to you, and always have a smile on their faces and greet you as soon as you walk into the door. They are very friendly and make you feel comfortable! There’s always music playing as you’re tanning which is nice and relaxing. So if you’re looking for a place to get a golden bronze then Tuscan Sun is the place for you!



The Truth of Tanning

By Jackie Ruane

It’s a known fact that tanning can create an excessive amount of damage and sometimes even have life-threatening consequences. It seems as though nothing good can come from tanning other than appearance, however, this is not the case. The majority of people who are strong anti-tanning advocates have never gone tanning or researched the benefits. A great amount of people don’t even realize that tanning can have extremely helpful benefits.



In the winter, staying out of the sun really takes a toll on someone’s Vitamin D level. Doctors even recommend tanning to a lot of patients. The magazine, Cosmopolitan, took a survey that was taken given on a group of 7,000 people who use tanning beds, and 11% of them claim that this usage was recommended by a doctor. Doctors usually tend to recommend tanning only temporarily for vitamin level reasons or skin care issues (eczema, psoriasis, etc..) Most of the benefits that come from tanning are appearance related, it can also save a lot of money. Tanning completely clears acne rapidly and efficiently according to tanning consultants. People spend up to thousands of dollars on skin care treatment to relieve acne. Spending 40 dollars on a month-long tanning membership with more skin-clearing results is a bargain. Tanning completely clears acne rapidly and efficiently.

Tanning is not healthy- but the point is that-it’s not just destructive. It’s important to remember that tanning becomes highly unhealthy when it’s overdone, keep it in moderation. If you’ve come to the point that you want to start tanning for a certain occasion, such as prom, these tips are critical to reaching the best tan, the fastest, and with the least amount of damage to your skin.

Skin tone: Pale/Beige

People who have pale skin may go all their lives-thinking it’s impossible to ever reach that golden skin tone. This is false! All of your dreams can come true inside of a tanning bed. White to red is not the only transition your skin has the ability to do! Getting an expensive tanning lotion that contains a bronzer, and gradually using a more luxurious tanning bed is how to get your skin to bronze. The purpose of tanning lotion is to accelerate the bronzing process in your skin, and lotions that contain a bronzer add a tint onto your skin to create a glowing skin tone. A common misconception is that the stronger the tanning bed the more easily you will burn; in most cases, when using a high level tanning bed, you’re at a lower risk to burn. The lamps inside of a more luxurious, higher level tanning bed give your skin a darker tone without any burning. If a sunburn does occur, depending on the size of it, you can put a towel over it while tanning so the rest of your body can continue the bronzing process. It’s important to remember not to push it- going inside the tanning bed for 4-5 minutes the first time-- depending on your skin type-- until you reach a solid dark base on your skin is the smartest thing to do. Gradually increase the time, and you will eventually reach a darker skin tone. With pale skin it takes time to reach a bronze color, be patient!

Skin tone: Medium/Dark

If you feel as though you don’t burn that easily, going inside of the tanning bed for 7-8 minutes is a good idea for your first time. Even if you tan pretty fast, using a lotion is still important. Not only does it accelerate your tan, it also gives your skin a deeper, browner tan. Tanning lotion also moisturizes your skin, which is beneficial because of how much tanning dries out your skin. In addition,, to accelerate your tan, going outside, as well as tanning inside of a bed, makes you tan much more rapidly. Going to the beach is the easiest way to darken your skin fast.

If your motive is to look good for an event, the UV lights in a tanning bed have other uses. Tanning consultants often say if you smile while tanning your teeth actually become whiter. Also, your hair may begin to lighten which complements a dark skin tone very well. As stated before, acne vanishes while tanning.

Overall, tanning has many benefits, as well as consequences- tan safely!

Dangers of Tanning

By Olivia Doulames

Most people love to have a tan in the summertime but are unaware of the dangers it comes with. Sure, it is nice to have some color in the summer and most feel better with a tan, but tanning has many risks and can be very dangerous when done often. Whether it’s from the sun or from a tanning bed, tanning can be very harmful.

Tans are caused by ultraviolet radiation from the sun or tanning lamps in beds, which can lead to premature skin wrinkling. Premature skin wrinkling is the aging of skin. This is the result of unprotected UV exposure. Premature wrinkling will make skin look and feel leathery and cause many dark spots.

People who use tanning beds in salons are 74 percent more likely to get melanoma than those who do not use tanning beds. Melanoma is the most dangerous and deadly type of skin cancer. Some symptoms of skin cancer are any abnormal freckles, birthmarks, moles, or spots. Always be aware and look out for any new spots, and have them checked by a dermatologist. Tanning beds also emit 15 times more ultraviolet radiation than the sun does. Some people think that being in the sun constantly or using tanning beds will get them the recommended amount of Vitamin D, but studies show that for most people, five to ten minutes in the sun two to three times a week will be enough.



It’s still possible to get a tan without the dangers of the sun or tanning beds. A safer alternative is fake tan. When fake tan is applied, it will give some color without the dangers of the sun and tanning beds. Being in the sun isn’t as dangerous as using a tanning bed, especially if sunscreen with a high SPF is used. Whether it’s in a tanning bed or in the sun, too much exposure can be extremely dangerous.

In the summertime especially it can be easy to forget about sunblock and the dangers of tanning. The long term effects of sun tanning or using tanning aren’t worth it, so do your best to keep your skin protected!

Sources:
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An American Right

By Owen Sweet

Attention all seniors. If you have not already then in the next few months, you will be turning 18.

For many, turning 18 is life changing. You can now sign legal documents, buy scratch tickets or tobacco products, and your criminal records will be permanent. Now all this is really great, but you might be forgetting something.

You see, when you turn 18, you gain access to a very important right. A right that you get to use maybe once or twice a year, but this right goes way back to the birth of our great country. Many of you students may have forgotten but by surviving 18 years of childhood, you are granted the right to vote. Many people take voting for granted. People commonly don’t bother voting because registering is, “too hard.” The truth is registering to vote is very simple. I’ll prove this by giving the story of how I registered.

Back in October, I turned 18. A month after that, I got the opportunity to vote in the November election. Well-informed by my AP GOV teacher, Mr. James Kelly, I went to the Danville Recreation Hall and walked in the front door, curious as to how I would register. I was greeted by a man in a suit who asked me if I was registered. I replied no and was sent to a table where two ladies asked for my driver’s license. The ladies filled out a form, asked for my signature, and told me congratulations; I was officially a voter.

You see, registering to vote is simple. It takes little to no time. I didn’t even have to wait in a line. All I needed was photo identification and the ability to sign my name. As an American citizen, you have the right to vote. My advice: take advantage of it. But if you choose not to, don’t say that you didn’t because registering was, “too hard”--because it’s not.



Why I did it

By Tyler Gendron

I couldn’t tell you how many times I hear the question, “Why?” or “What made you do it?”

Honestly, it wasn’t an easy choice. I had been thinking about it since the 6th grade. My decision to enlist in the Marines has been a very well thought out decision and everything has been looked into. I am proud and thankful for my decision to serve and nothing could make me think otherwise.

I’ve always wanted to join the Marines. I wanted to do it for so many of my own reasons. Some just do it for the Marines to pay for college; that seems to be the last thing on my mind. I wanted to go into the Marines to make something of myself, to better myself, and even to hopefully find something I want to do with my life for a career. I have started off with a four year contract, and then maybe will do twenty years after that and retire around 38 with full benefits and a pension for me and my family. But that’s not my main thought either.

My main thought on the whole situation is to start my life off in the right direction. What would I do after high school if not the Marines? Well not much-- probably work and take a year off and never go to college. That’s not how I want to start my life. I want to be successful and make something of myself. Obviously, I’m joining for everything that comes with the title as well: the discipline, the honor and the brotherhood. I’ve also had a lot of family go into the Marines, and I look up to them so much. That’s what I want. I want my family to look at me and have something to be proud of.

Honestly, all I can think about after signing those papers and taking the oath into the Marines is leaving for basic training and starting my life. I’m probably as excited as everyone going to college. I really hope I enjoy my time in the Marines too. I’d honestly rather turn it into a career and do twenty years. When you think of that, twenty years of your life seems like a lot, but to be able to retire for the most part and just enjoy life at such a young age is remarkable. I think that as long as I enjoy my time and come out with some amazing qualifications and job opportunities, I can’t think of one reason why that’s a bad idea.



Shades of Grey

By Jeanne Longobardi

Many people were blown away by the Fifty Shades of Grey books as they swept the nation, but the film that has recently came out in theaters has sparked up problems. The top selling novel by E. L. James has been constructed into a highly controversial film.

In the book and film, that the story follows characters Christian Grey and Anastasia Steele through their journey together. In the movie, Mr. Grey is said to be “intense and really intimidating” when Anastasia meets him for work-related business. Through the movie, the character reveals how controlling he really is in every aspect of his life. His rough family background obviously has some impact on this. He soon starts to show dominance over Ana, and this begins to become emotional, after he gains her trust. Christian provides Ana with nice clothing, fancy hotels, and extravagant high end transportation.

Once this happens, there is more than just an emotional connection between the two.



He physically abuses and psychologically tortures her. And this is where the audience has different points of view. Feminists and Anti-Abuse supporters have characterized Christian Grey as a domestic abuser. Multiple articles have been published, expressing views on this type of film in our modern media. Domestic violence isn’t acceptable no matter the circumstances; people need to take a stand against it through media, in businesses and households, to be able to stop it.

Many people see this film as a perfect portrayal of domestic violence, abuse

and torture in every aspect. They also may see it as a way of promoting this type of behavior. So we need to ask ourselves as the public, is this film representative of what we want our media to be portraying? Abuse is a real problem in our society. Should we hide from it and let it go under the radar? Or, should we show that it is an event that occurs every day and we can’t run away from it?

Young Marriages

By Kayla Stundze

When people find the right person, they occasionally rush into marriage. When people are at a very young age, they don’t have time to think the decision through.

Teenagers are young and are still learning. They get an idea and react upon it without thinking. Teen marriages have raised nearly 50% since the 1990’s according to Sue Chan from CBS News. Teenagers start to experience love and jump into marriage. Most do not even know what love is until they have already gotten married and find out it’s not love, and by this time it might be too late.

Though they are at a young age, there are marriages that work out. However, there are a lot more struggles they have to face. Studies show that the divorce rate for teen marriages are very high. Levin Epstein from CBS News says, “While for some young couples a marriage may work well, the earlier the marriage, the likelier the divorce.”

Teens are most likely still trying to figure out their careers. “Teenage marriage is also associated with much lower education levels; women who marry before the age of 19 are 50% more likely to drop out of high school and four times less likely to graduate from college,” says Klepinger D.



Teens are not worried about education when they are more worried about money. Though money will never buy true happiness between spouses. Although money should never be an issue, when people are stressed out about money, it adds stress to the relationship. Teens are almost never financially stable at this age. No matter what the issue is, at the end of the month, there are always bills to be paid. Teens who are married at this age are not always ready to take on all of these responsibilities. It can stress out a perfectly happy relationship. For newlyweds, it’s always beneficial if the parents are there to financially help them.

On top of those challenges. There are other reasons why it is hard for young teens to get married. By law, both teens need to be 18 in order to get married without parental permission. If one of the teens or both of the teens are under 18, then they need parental permission and also a judicial waiver according to the US marriage laws. A judicial waiver gives the court authority to waive the juvenile court for teens. For the parents to get this judicial waiver, the bride must be at least 13 years old. The groom must be at least 14 years old to be able to get married before 18. If teens are getting married at a young age, they should not make the decision if they are feeling pressured. You should not need the court to help you get married to the person you love. Marriage is an important choice, a commitment you hold for the rest of your life.

Teens should never be pressured into marriage. It is a choice you need to be certain of and make with their own accord.

Source:
<http://www.cbsnews.com/news/teenage-marriage-on-the-rise/>

Summer Fashion

By Owen Sweet and Lucas Appleton

DISCLAIMER: Everyone has their own sense of fashion, so none of the below are serious opinions. Do not take offense.

To start off, congratulations Timberlane on surviving one of the all-time snowiest winters in New England. With temperatures rising, it’s almost that time of year when the gloves and jackets go into the attic, and out comes the warm weather clothing. So here are some fashion tips from your not-so-fashionable journalists.

The weather’s warm, too warm indeed for full length pants. Some people have the solution of simply chopping this excess pantage clean off. You see, no matter how hard you try, your cutoff shorts will never be even. Avoid making one of your legs look longer than the other and leave the cutoff concept for sleeves. Save your pants for next winter!

Now for another common short style that seemed to make it out of middle school: cargo shorts. Cargo shorts are very functional; you have a million pockets to hold a million things! The thing is, these pockets aren’t very stylish. I know when I see cargo shorts I think, “Wow look at all those pockets. Man, this guy probably has a ton of stuff.” So unless you want to be that guy who has a lot of stuff, empty your thousands of pockets and put the cargo shorts away.

Now that it’s summer, the flowers have sprouted and so has floral pattern clothing. Sure, these bright colored flower patterns can stand out and grab the eye, but really the only eyes that you’ll be catching are those of flower lovers, A.K.A. grandmothers and bees. Just be careful not to wear too much floral, unless you want to be a walking, talking, loved-by-grandmothers honeycomb.

One spring fashion trend that many guys seem to love is wearing multiple conflicting pastel colors. This is a good idea if you are trying to repel any females by blinding them with obnoxious color combinations. People who wear these colors can most often be heard talking about how their dad owns a dealership or their acceptance into an exclusive yacht club, when in actuality they work at the local Laundromat and drive a Honda Civic.

Please everybody, take this advice, and have a fun, fashionable summer.



Raff’s Cafe- A Hidden Gem Of Haverhill

By Eric Moulton

Nestled away on a back road of Haverhill is a small plaza with only a few shops, but on the corner of this plaza sits a small restaurant called Raff’s Cafe. I had the pleasure of dining at this establishment during a cold February weekend and was very pleased with the overall experience.

Let’s dive into one of the hidden gems in the city of Haverhill. When I arrived at the small restaurant, I was greeted with friendly faces and the delightful smell of fresh coffee. The atmosphere was very bright and inviting, and the tables, as well as the counter, seemed very open despite the fact that the restaurant is rather small. I had my choice of seating which was a nice change from other dining experiences where the host can seat you wherever they please. After choosing a seat at the counter, I was greeted by my server who promptly took my drink order. She was only gone a minute and came back with a cup of coffee that was just hot enough to drink.

The menu at Raff’s has a good variety of breakfast and lunch fare that all seemed to be reasonably priced, but some items are on the more expensive side. There are regular specials, as well as a large variety of daily specials that featured some seasonal fruits and vegetables.

I ordered a smoked shoulder omelette and my friend who was dining with me got the Raff, which was a breakfast special that sampled some of the restaurant’s best dishes.

My order came out within a reasonable amount of time and was served fresh and hot. The omelette I received was a good size and came with two sides; for the price, I believe it was a good deal. My first bite of the omelette was heavenly; cheddar cheese melted out of the the omelette with piping hot smoked shoulder to follow. The home fries were nicely seasoned but a little on the spicy side. The toast was a nice golden brown and crunchy, but still soft enough that every bite filled your mouth with flavor. The Raff came in two servings- the first consisted of three eggs, sausage, bacon and toast. The second serving was a light and fluffy pancake. My fellow diner said that the pancakes were the best he ever had and the eggs were cooked perfectly.



Image courtesy of theheartbeatofhaverhill.wordpress.com

We were given the bill at the end of our meal, but we didn’t leave after it was paid and that’s the beauty of Raffs. It keeps you there in its warm environment and is a nice place just to sit and have coffee all day. Owners Chuck and B.J. Cook have done an excellent job keeping the restaurant and making it a place where people can meet and have a great meal.

Nestled back off the main road, Raff’s is a true gem of Haverhill.

How to Score Something on Ebay

by Liam Arteaga

Ebay is a great source to buy anything. While there are always good deals, here is some good advice on how to turn a good deal, into a great deal. Research is a key component in scoring a great deal on an item. Make sure you are looking for the lowest price possible, you will then be able to get your item, and resell it. A bizarre trick is to put misspellings while typing the item you want. Chances are people won’t be finding these because it is misspelled, and you will be able to easily get the item you want.

Most companies will charge sales tax on people within the state, but if you are an out of state buyer, chances are they won’t charge you for it. If the item is expensive enough, that sales tax can become a pretty hefty price.

Shipping always add up to a big chunk of the total cost of the item. Try to search for what you need locally, if it’s possible, you could pick up the item on a set date, and save a lot of money. After getting these items quickly, you are now able to sell it for a better price if you would like, and make a good amount of money. Now that you have these great tips on how to score big on Ebay, you will be getting items you want in no time.



Timberlane Times takes on the radio and video broadcasting world!

On Monday, April 13th, students from the Timberlane Times staff had the opportunity to see real life application of what they have been learning in school. The students first stop was at The Mill radio station in Manchester, where Timberlane alumn, Jay Coffey, serves as both production manager and radio DJ. While touring the station, students learned about the music selection process, technical aspects of the radio and even were present for a live contest call! Following their stop at The Mill, students proceeded to the WMUR news station. At WMUR, students saw all of the components needed to make up the daily news broadcasts. In addition, students posed behind the anchor’s desk and even took turns on the greenscreen shooting the traffic report!



O.W.L.S. OF THE MONTH

Offer your best
Work cooperatively
Lend a helping hand
Speak and act respectfully

Kyle DiBurro, Colin McCarthy, Liana Salvaneschi and Rebecca Sands for their tireless efforts and leadership over the course of this school year. You are tremendous role-models for your peers!

Steven Powers for demonstrating what it means to be a true team player, whose positivity is infectious.

Ruth Glazier for being there for all of our students and for keeping them on track with the curriculum while I was out on medical leave!

Mr. Richman for taking on extra work in order to help out a colleague and his students!

Kerri Fitzpatrick for being so generous to our students, and for always being fun, friendly, kind and helpful to all that come into Guidance.

TRHS Math Department for being supportive and helping Mrs. Glazier and my students during my medical leave.

Rebecca Simmons for helping out her teacher and always erasing the board before I get into the classroom.

To the cast, pit orchestra, crew and production staff of Sweeney Todd who give up most, and in some cases all, of their April vacation to prepare for the annual musical.

Gina Pigott & Shelby Gould for always making me smile every day of the school year!

Elizabeth Aoun for lending a helping hand and her willingness to help students in class.

Catherine Morse and Claire Woodard-Haggerty for the many hours they spend organizing our Food Pantry.

The Project Hope group for all of their amazing work with all of this year’s fundraising and awareness events.



RETRACTION: In the previous issue, one of the members of Timberlane’s faculty was misquoted and misrepresented. Mrs. Jo-Ann Blanchette is a beloved part of Timberlane, whose kindness and professionalism has aided many students. We regret this misrepresentation in last issue’s article, “A Senior Library,” and would like to retract what was written.