



Principal's Newsletter

From the Desk of Mr. Woodworth

The New England Association of Schools and Colleges (NEASC) is the association that the Timberlane school district relies upon to grant accreditation to its schools. NEASC provides schools a framework for a comprehensive assessment of its programs, facilities, administration, instruction, assessment, climate and culture, and community resources. Every ten years, schools prepare a self-study and submit it to NEASC. The self-study takes most of a school year to compile, and it involves every professional in the high school in the process of composing a report and a self-assessment. The high school worked on the self-study last year and NEASC performed its visit last week.

During the visit, the visiting team observed the instruction of most teachers in the high school. They checked our core values and the quality of our entire curriculum. They evaluated the quality of graded student work. They interviewed the superintendent of schools, school board members, high school administration and parents. The visiting team studied the effectiveness and condition of the high school facilities. The team studied our school culture and leadership. Students displayed the work of their clubs and activities. Committee members shadowed several students in their classes, and all school departments met with committee members.

After completing their study, the committee wrote its report and the chairman shared a summary of their findings with the administration, faculty, and staff. He commended the staff and the students and thanked everyone they connected with for their time and their thoughtful engagement in the process. In the upcoming months, once NEASC finalizes their report and submits it to the commissioners on public secondary schools, the commission will review it and make a final judgment on accreditation status. They will then send a letter to me detailing their findings.

The chair was enthusiastic about the mutual respect that the students, staff and administration have at the high school. He said, "You should be very proud of your students. They rock!" The eleven-page report mirrored the observations and conclusions of our self-study. It was a report that lent support to the work we are engaged in to meet the needs of all students and the high quality work we have done in recent years to provide a 21st Century education in an aging facility.

I want to thank the entire Timberlane faculty and staff for being such great hosts for the visitation and Jen Puchlopek for masterfully chairing the steering committee that steadfastly guided the self-study and planned the visitation. As we head into Thanksgiving weekend, I am particularly appreciative of all of the great things we have done so far this year and the exciting events we are planning for the upcoming winter season. As you read the newsletter, I am sure you will see that our students are involved in our communities in significant ways, enjoying success in academics, the arts, and athletics while demonstrating leadership and community service.

Sincerely, Donald Woodworth

It's a Great Day to be an OWL!

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Upcoming Events

Please note event updates can be found on the High School Website

- Milkmen Show, November 26, PAC, 7:00PM
- Thanksgiving Break November 28 & 29, No School
- TRSD Family STEAM Night, December 3, TRMS, 5:00-8:00PM
- TRSD School Board Meeting, December 5, SAU, 7:00PM
- TRHS Student Council Gingerbread House Workshop, Café, 6:00PM
- TRSD School Board Meeting, December 19, SAU, 7:30PM
- TRSD Holiday Break, December 23– January 2

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TRHS Holiday Craft and Vendor Fair

The Timberlane Regional High School Key Club hosted annual Holiday Craft and Vendor Fair Saturday, November 23rd from 10-2 in the TRHS Gymnasium. The fair will benefit Mealey's Meals, a Timberlane Regional School District organization that supports local families in need. In addition to the vendors, there was an appearance from Santa Clause himself! There were concessions, free gift wrapping, raffles, and other holiday festivities. It is not too late to make a donation to Mealey's Meals and help us get ready for the season of giving!

Best Buddies

Timberlane Best Buddies co-presidents Allison Ward ('20) and Eli Duff ('20), represented Timberlane at the 2019 Best Buddies Training Institute in Indiana this past July. During their training, they met with other chapter leaders from across the country and attended workshops on how to make our chapter the most successful possible. Best Buddies is a national organization that focuses on inclusion for all. The Timberlane chapter has more than 85 members, proving that Owls : **O**ffer their best, **W**ork cooperatively, **L**ive responsibly, and **S**peak and act respectfully. We are so proud of Eli and Allie. Thank you for representing Timberlane so well.



Timberlane Students Share an Afternoon with Veterans



Seniors Arianna Millar, Amanda Ward and Michael Guzman traveled to Tilton, NH to share the documentary "All Gave Some: An Oral History of the Vietnam War" with residents of the New Hampshire Veterans Home. Our students were accompanied by Silver Star Medal recipient and Vietnam veteran Tom McGall and his wife Elaine. Tom, a Fremont, NH resident, was featured in the film and remains an active participant in Veterans Services and frequently participates in TRHS programming. Our students were moved by the remarks shared by the residents who were appreciative of their visit and willingness to listen to their war stories. The group ended the afternoon by thanking each veteran for his or her service.

Sophomore Class Donations

The Sophomore class is looking for donations of drinks and snacks for the upcoming Junior Semi on December 7th, 2019. Please go to the link <https://www.signupgenius.com/go/5080549afag22a46-semi> and sign up for an item to donate. Drop off will be at the high school on December 6th and December 7th. You will be contacted with more specific information once you have signed up.

October School Counseling News

Sophomore and junior students who took the PSAT on October 19th are encouraged to create a College Board account, if they have not already (*students should not create more than one account*). PSAT test results should be available starting December 9th. For students without accounts, score reports will be mailed by the College Board. We highly encourage students to make College Board accounts. This will allow students to link the results of their PSAT to Kahn Academy for targeted SAT preparation. To create an account click here www.collegeboard.org

The **SAT** test will be administered to all **juniors** as part of the NH State Assessment program in April at the high school during the school day. SAT prep is available at <https://www.khanacademy.org/sat>.

Quarter 1 grades closed on November 4th. School counselors held meetings with all **freshmen** to see how the first quarter went and how the transition to high school is going. Counselors will be helping students access the academic and extra-curricular resources available to them.

Throughout the month of November, counselors continue to meet and assist **seniors** with their college applications and post-secondary plans. November 1st and 15th were popular early application deadlines for many colleges. However, many application deadlines are still active and we will continue to keep encouraging our seniors to meet with their counselors and stay focused on appropriate deadlines.

HOBY Leadership Representatives Announced

Sophomore students Kendall Morrill of Plaistow and Lauren Violette of Sandown have been selected as the 2020 Hugh O'Brian Youth Leadership (HOBY) representatives for Timberlane Regional High School. Award winners were nominated by a faculty member, completed an application, and participated in an interview with the selection committee.

Kendall and Lauren will have the opportunity to attend HOBY's flagship program, the State Leadership Seminar, in the spring. The seminar is designed to empower high school sophomores to recognize and apply their leadership talents to become effective, ethical leaders in their home, school, and community. The 2020 NH Leadership Seminar will include hands-on leadership activities, networking with other top performing leaders in the state, and exploration of leadership skills all while students learn how to lead others and make a positive impact in the community.



Pictured Left to Right: Principal, Donald Woodworth; Kendal Morrill; Lauren Violette; Guidance Counselor, Sarah Rochefort

Socktober

What a great Socktober! Over the course of October, TRHS Key Club members collected over 1600 pairs of socks to donate to Lazarus House. Key Club would like to thank everyone for making their first big event such a great success!



Congratulations Justin Livingston 2019 All-National Honor Ensemble

With four deep kicks to the bass drum and a crack of the snare, the 2019 All-National Honor Ensemble festival got its first introduction to Justin Livingston.

Livingston, a senior at Timberlane Regional High School, in Plaistow, was one of just four New Hampshire students chosen to be a part of the select All-National Honor Ensemble (ANHE) performances in Orlando, Florida, recently.

He was selected to be a part of ANHE last summer after an audition process that started in May.

"I submitted a video audition where I recorded myself playing a few tunes and a vocal part," Livingston said.

The 17-year-old submitted video of himself playing Stevie Wonder's "Higher Ground," and a jazz piece called "Armando's Rhumba." He also sang "Beautiful City" from the musical, "Godspell." His parents, Tim and Michelle Livingston, have become accustomed to his many auditions and tryouts, but weren't sure if it would lead anywhere.

"We were so proud of him for auditioning and we were excited when he did his application, but we thought, 'chances are, nothing will happen here,'" Michelle Livingston said. "But then we got the news and thought, 'Oh my god something happened here.'"

The Livingstons got the news Justin had been selected in June. "It was funny when we heard," Justin said. "I was with three friends who had come over and we had just come inside when we got the message. We were all going crazy."

Justin traveled to Orlando in early November to perform in the annual ANHE festival at the Gaylord Palms Resort and Convention Center. So when the Modern Band Ensemble kicked into a cover of the Kansas classic rock song, "Carry On Wayward Son," it was the Sandown resident who drove it from behind the drums.

"At first I was a little nervous," he said. "I didn't know what to expect. But the Modern Band clicked instantly. It was great to be around people who shared similar interests. Everyone got along so well it was really nice."

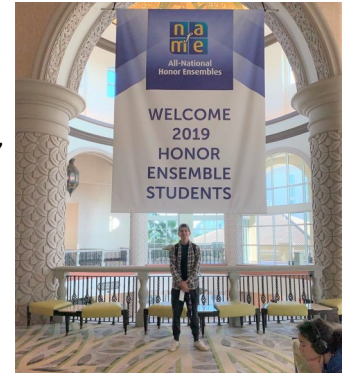


There are six 2019 All-National Honor Ensembles: Jazz Ensemble, Mixed Choir, Guitar Ensemble, Modern Band, Symphony Orchestra, and Concert Band. Justin played drums in Modern Band, whose set included "Carry On Wayward Son" and Lizzo's "Juice." "I was honored and humbled to have the opportunity to play in the inaugural Modern Band performance with such talented musicians from all over the country," Justin said.

A longtime member of the Timberlane music program, Livingston is the vice president of the Tri-M Music Honor Society, a member of the Timberlane marching band, concert band, jazz band, jazz combo, orchestra and rock ensemble. He performs in the pit band and in the cast for a number of musicals – with Timberlane and independent of the school – and was recently named the top high school drummer in the state during the All-State jazz auditions by the New Hampshire Music Educators Association. "I think having the experience of jazz band at Timberlane helped so much," Justin said. "One of the big things they were looking for was musical diversity –the ability to play a lot of different styles. Without that jazz band experience, I wouldn't have been nearly as ready as I was. Having Mr. Clark -one of the best drummers anywhere - as an instructor, was huge. He's an awesome role model to look up to."

After graduation, Justin plans to pursue a degree in Audio Engineering/Sound Design and Drum Set Performance and make music his profession.

Article Submitted by: Bill Burke , Managing Editor, McLean Communications



Letters to the Senate Committee on Indian Affairs

Mr. Kelly's U.S History class recently wrote letters to members of the Senate Committee on Indian Affairs in Washington D.C, detailing their concerns on Native American issues in the United States. This letter writing campaign was student driven and came to fruition because these TRHS students exercised their civic duty to take informed action by writing letters to representatives after completing a unit on Native American culture in class.

"To me these letters were a great example of students living up to the OWLS standards we expect from our student body" said Mr. Kelly "and I am very proud of them for taking action and making their voices heard,. We are really looking forward to hearing back from the Senators."

AP Art Unveiling

On Thursday, October 10, AP Art held its 9th Annual Unveiling Ceremony. This year the contemporary artist Joel Penkman was featured. Seven juniors and seniors unveiled large mural-sized reproductions of her work as parents, administrators, faculty and friends looked on. After the paintings were unveiled students chatted with the guests and answered questions about their process and experience of creating such large scale paintings. Students in the gourmet foods classes provided cupcakes while Grace Duff (grade 12) and Ian Machemer (grade 11) played their violin and cello for the event.



Max Beckerman
Grade 11

Gianna Gray
Grade 12



Liz Amorelli
Grade 11

Grace O'Connor
Grade 12



Nicole Powers
Grade 12

Regan Blomquist
Grade 11



Chloe Landry
Grade 11





A Tribute to Veterans



On Tuesday, November 12 the Timberlane Regional High School Rho Kappa National Social Studies Honor Society hosted local veterans at their annual Veterans Day Brunch at the TRHS Library. Students and veterans broke bread together and students had the opportunity to learn more about our veterans as they shared their stories and memorabilia. The event, which is in its 9th year, and one of the only of its kind, celebrated the service of 17 local veterans.

The Timberlane Community remembered the ultimate sacrifice made by Lieutenant Mark R. Caldwell as he was added to the Timberlane Heroes Wall. Lt. Caldwell a graduate of the Class of 1977 served in the Mediterranean, when the cargo plane that was carrying him went down in 1983. The ceremony featured performances of the National Anthem and Navy Hymn by the TRHS Chamber Singers and remarks by Associate Principal Scott Straine and Principal Donald Woodworth. Lt. Caldwell's family attended, including his two brothers and their families; brother John, sister in law Laurie Poshpeck Caldwell and niece Charlotte and brother James and sister in law Christina and nephew James and niece Katlin.





News from the Athletic Department

Congratulations to our Fall sports teams for an active and exciting season! Thank you to our coaches, boosters, athletes and families for all of our support!

Notes from Fall Coaches:

Freshman Volleyball:

We had a great season of learning and growth. Out of 15 players, 11 had little or no experience. However, the players supported each other and Coach Rochefort is proud of how far they came in just a few months. The focus of this season was to provide everyone with playing time, and opportunities to learn the sport, improve individually and as a team and have fun doing it. I think we accomplished our goals!

Golf:

This past season the golf team participated in the state tournament and achieved 4th place in the overall standings. We had one player who reached individuals and was the clubhouse leader after day 1 shooting a score of -2 (70). Jack Pepin finished 4th overall in the state. We are so proud of the tenacity and effort from our players and look forward to returning again next year!

Cross Country:

The cross-country team finished its season on a high note at the Division 1 State Championship at Derryfield Park in Manchester. Sophomore Sealaan Gitterman (77th place) and Junior Kerry Gannon (89th) led the girls team, while sophomore Matt Fairhurst (50th place) and senior co-captain Kyle Duffy (63rd) paced the boys. Duffy's time of 18:26 was a personal best in his final meet for the Owls.

Varsity Field Hockey:

Varsity field hockey had a comeback season to finish 6-8, securing the 10 seed in the NHIAA Division 1 playoffs. After falling 0-4 in the first four contests, the team went 6-1 in the next 7 games to secure a playoff berth. 6 of the 8 losses came by a one goal deficit, and the playoff preliminary loss to Dover was an overtime defeat 2-1. Two athletes earned Division 1 All State First Team honors, and one earned Division 1 All State Second Team honors. Another athlete was selected to represent Timberlane in the 2019 Twin State Senior Tryout.

JV Field Hockey:

The JV Field Hockey team had a challenging 2019 season with 50/50 returning and new players. The team finished the season with a record of 2-6-4. The top scorers each scored three goals with the help of three other forwards to total 9 goals. Two sophomore players stepped into the net and one stayed, having two shutout games. The goalie earned the coaches award for her efforts. A returning sophomore won MIP and made the all-star team for the Pinkerton tournament, where the team finished with a record of 1-2. A strong freshman defender who stepped up as a wing when needed, thus earning the "Heart of an Owl" award. The girls worked hard this season and are continuing to train in the off-season with the indoor league team.

JV Girls Soccer:

The JV girls soccer team finished the season with a number of wins and significant individual and team growth.

Freshman Football:

The freshman football team defeated Exeter in the championship game. The Owls won their end-of-season jamboree with a 5-0-1 record in round robin pool play and defeated Exeter in the championship game. Congratulations to the freshman football team.



Fall Spirit:

The Cheer team worked hard and competed well to grow the program. this season Coach Barr would like to thank the team for its dedication and great work.

The swimming and wrestling season began November 18th. Girls' basketball, the new gymnastics team and skiing started the week of Thanksgiving. Spirit, hockey and indoor track launch on December 2nd while boys' basketball kicks starts on December 9th. Check out the Timberlane Athletics website for practice and tryout schedules as well as dates for registration and IMPACT testing requirements. <http://www.timberlane.net/athletics/>

Cheer for the Owls on Twitter and Live Tweet game action and updates! <https://twitter.com/trhsowls>

NHIAA Hall of Fame Induction

Congratulations to Dennis "Bucky" Tardif, former Timberlane Athletic Director on being inducted into the NHIAA Hall of Fame. Tardif served as Athletic Director from 1985-2010, spear heading many improvement including the installation of the track and lights on the football field. In addition, he coached basketball, winning two State Championships.



National Business Honor Society Inductions



Students in order from left to right: Shawn Perry, Michael Giangregorio (President), Julia Tully, Alexis Howard, Katelyn Giangregorio, Sierra Goodwin, Dimitri Kakouris, Patrick Proctor, and William Savage

On November 21, 2019 Timberlane Regional High School's Chapter of the National Business Honor Society held its annual induction ceremony for its new members. The society, open to juniors and seniors, provides national recognition to outstanding students in business education. The organization recognizes and fosters leadership skills while promoting an interest in business. Timberlane Regional High School, Dr. Wendy Bibeau (advisor), and Ms. Susan Takesian of the Business Department would like to congratulate all of the members.