

## Principal's Newsletter November 2021

### *Greetings From the Desk of Mr. Vaccarezza*

Hello Members of the Timberlane Regional High School Community.

We have now finished our first quarter and grades have been completed. Over the past quarter, activities such as plays, sports, music, and other organizations have hosted events for both our in school and out of school community. Each week our students make progress to getting back to "regular" education and their growth continues. In the coming weeks we want our students and families to know that we are here for support. Education does not take place alone. It is created, encouraged, and harnessed by all members working together. Thank you for trusting us with your children and Go Owls.

**John Vaccarezza,**

Principal, TRHS

**\*\*Be sure to follow us on Twitter: [TRHS on Twitter](#)**



### *Inside This Issue*

Health News	2
PTSA News	2
School Counseling News	2
GAPP Trip	2
News from Student Organizations	3
Milkmen Improv	3
Life of an Owl Team Building	4
Art Night	4
Snowriders Update	4
Literary Collaboration	5
Holiday Cards for our Military	5
Spirit Week Photos	6
Student Holiday Concert Schedule	7

### *Upcoming Events*

- 11/19/21 Poetry Night, PAC 7:00pm
- 11/23/21 TRSD Budget Committee Meeting, SAU Boardroom, 7:00pm
- 11/24/21-11/26/21 No School TRSD, Thanksgiving Break
- 12/2/21 TRSD School Board Meeting, PAC, 7:00pm
- 12/9/21 TRSD Budget Committee Meeting, SAU Boardroom, 7:00pm
- 12/10/21 TRHS Arts Night, PAC, 6:00pm Art Unveiling, 7:00pm Presentations

### *TRHS Calendar of Events*

Be sure to check out the TRHS Calendar of Events for Club Meetings, Special Events, and Fundraisers.

## *News from the Health Office*

What are the benefits of flu vaccination?

Prevent Flu This Fall and Winter.

It is likely that flu viruses and the virus that causes COVID-19 will both spread this fall and winter. Healthcare systems could be overwhelmed treating both patients with flu and patients with COVID-19. This means getting a flu vaccine during the 2021-2022 year is more important than ever.

While getting a flu vaccine will not protect against COVID-19, there are many important benefits, such as:

- Flu vaccines have been shown to reduce the risk of flu illness and hospitalization.
- Flu vaccination can keep you from getting sick with the flu.
- Flu vaccination can reduce the risk of flu-associated hospitalization for children, working-age adults, and older adults.
- Flu vaccination is an important preventive tool for people with chronic health conditions.
- Flu vaccination has been shown in several studies to reduce the severity of illness in people who are vaccinated but still get sick.
- Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.
- During seasons when the flu vaccine viruses are similar to circulating flu viruses, the flu vaccine has been shown to reduce the risk of having to go to the doctor with flu by 40 to 60 percent.
- Protect yourself from the flu; even healthy people need a flu vaccine.

## *GAPP Trip Cancelled*

Due to increased COVID activity in central Europe, we are cancelling the planned exchange to Germany this spring. We will try and make the trip happen again in June 2023. Students may begin to sign up for the trip in June of 2022.

## *News from School Counseling*

Sophomore and junior students who took the PSAT on October 16 will be notified via email in mid- December that their score report is available through the College Board. Students are encouraged to create a College Board account if they have not already done so. It is important that students *do not create more than one account*. Please click [HERE](#) for additional information on how to access your scores. If you need assistance, please see your school counselor.

Last month we held a "Financial Aid" webinar with the New Hampshire of Higher Education Assistance Foundation (NHHEAF) for our senior parents. This webinar focused on the Federal Financial Aid Form (FAFSA) and types of available aid. In addition, funding options, scholarship searches and the importance of deadlines were also discussed. If you were unable to make the webinar an email was sent to all senior parents with a link to the presentation. This link will only be available for 30 days.

November 15 and Dec. 1 are popular early college application deadlines. Seniors please be sure to complete your transcript request forms and submit them to the school counseling office.

In the spring of 2022, the SAT will be administered to all juniors as part of the NH state assessment program at the high school during a school day. Additional information will be provided as time nears. SAT prep is still available at: <https://www.khanacademy.org/sat>.

Lastly, School Counseling has been busy scheduling college visits and will continue to schedule colleges throughout the year to meet with interested students. All juniors and seniors should continue to check Naviance for updates.

## *PTSA News*

The PTSA is planning events and budgets for the new school year! If you have interest in joining us, please email us at [timberlaneptsa@gmail.com](mailto:timberlaneptsa@gmail.com) or join our Facebook group TRHS PTSA. We do school apparel fundraisers, teacher appreciation week, scholarships for graduating seniors and more! If you cannot join us but would like to help, you can donate anytime via [venmo@TimberlaneHigh-Ptsa](mailto:venmo@TimberlaneHigh-Ptsa). Thank you for your support!!

## *Class of 2022 Senior Dues*

### The Senior Class

Executive Committee members (Student Council) are asking for parents/guardians and senior class members for each member of the Class of 2022 to pay Senior Dues. Senior Dues are used to offset class expenses like the senior picnic, Prom, senior breakfast and other events. After November 4<sup>th</sup>, the cost of Senior Dues went up to \$85. Please click on the link below to pay your senior dues online.

[Senior Dues Link.](#)

### *Class of 2025 - Texas Roadhouse Rolls PICK-UP Information*

Thank you to all who participated in the Class of 2025 - Texas Roadhouse Rolls Fundraiser. We appreciate your support. All orders can be picked up at the TRHS cafeteria entrance on Thursday Nov. 18 from 2:30-5:30 p.m. or Friday, Nov.19 from 2:30 - 4 p.m. If you need to make other arrangements, please email: [Laura.Sweet@timberlane.net](mailto:Laura.Sweet@timberlane.net). Thank you- the Class of 2025



### *Links for Information*

- ⇒ [TRSD Return to School Plan](#)
- ⇒ [TRSD Health Service](#)
- ⇒ [TRSD Student Assistance Program](#)
- ⇒ [TRSD Technology](#)

## *PTSA and Senior Class Fundraiser*

The Senior Class would like to thank the PTSA with their help sponsoring a Timberlane Gear fundraiser.

## *Student Council Upcoming Events*

### **Mealey's Meals Raffle Basket** tickets

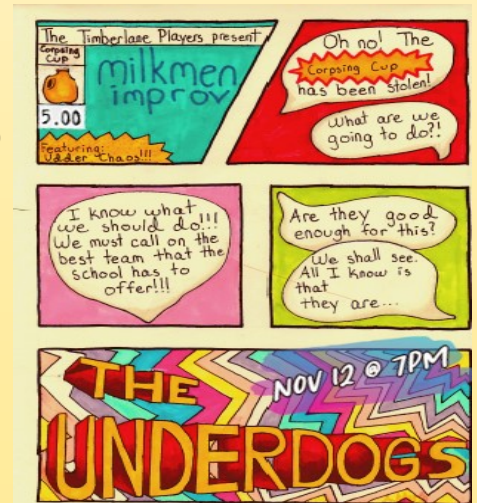
will be on sale November 29th through December 10th. Tickets will be sold online. Watch the TRHS website for information.



**Festival of Lights** will be held on December 11th at TRHS watch for details on how to purchase tickets for this Drive through event!

## *Milkmen Improv Returned on November 12th*

On November 12th the fourth annual Corpising Cup happened on November 12th at 7pm in the PAC Recital Hall. The performance helped raise money for the Math Honor Society!





## *Life of an Owl Leaders Team -Building Activity*

Several of our Life of an Owl leaders attended a team building/ leadership training day at Timberlane's ropes course this summer with Mr. Donovan and Mr. Lena. Skills of trust, communication, cooperation, problem solving and teamwork were highlighted



throughout the day's activities. Students successfully completed the "Mohawk Walk" low element and the "Catwalk" high element (some even blindfolded). Special Life of an Owl water bottles were provided by Sorocknh.org as a memento for the day. The students amazing teamwork was also celebrated by a visit from Mr. Fantasia and our new principal Mr. Vaccarezza



## *Art Night to be held December 10*

The Art Honor Society is working on large-scale paintings for the PAC lobby. The theme of the paintings will be "the arts." Nine members of the Art Honor Society have chosen themes such as signing, literature, theatre and digital art. On Friday, Dec.10, at 7 p.m. the paintings will be unveiled at Art Night and will include theatre, dance, music and art making.



## **TRHS Snowriders - Registration Remains Open**

The Timberlane High School Snowriders ( Ski and Snowboard Club) is open for registration. Like the Middle School Ski Club and Sandown Ski Club, the Snowriders go to Pat's Peak for six weeks of skiing and riding in January and February. While the Snowriders do not offer lessons, the advantage of the club is that it skis longer. The Snowriders arrive around 4 p.m. and ski until the lifts close at 10 p.m.

For more information or to register, please visit our website: [TRHS-Snowriders.com](http://TRHS-Snowriders.com)

\* Please note: The Snowriders will not have a signup night. All registration is online.

## The Wind May Blow - A Literary Collaboration with Sandown North

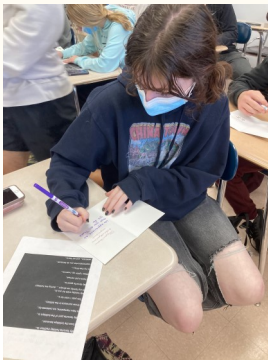
This month, English Honor Society collaborated with Sandown North to create an outdoor storyboard walk as part of their literary outreach community service. The book chosen was *The Wind May Blow* by Sasha Quinton and Thomas Hegbrook which resonates with the elementary school's motto, "Follow Your North Star! Together We Can Do Hard Things".

EHS seniors Lauren Violette, a former Sandown North student, and Ellie Kennedy created beautiful storyboard panels which included activities for the students to engage in while reading the panel as well as a classroom activity sheet.

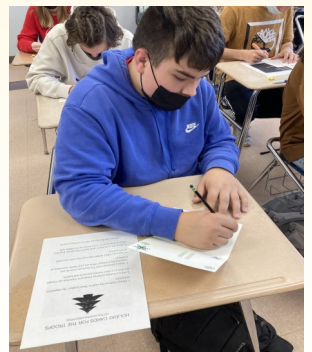


## TRHS Sends Holiday Cards To Our Military

Timberlane students and staff participated in the *Holiday Cards 4 our Military - NH Challenge*, a non-profit corporation whose goal is to reach every active member of the military abroad during the holidays. Our students and staff wrote over 150 cards of well wishes, holiday sentiments, and gratitude to our nation's five branches of the military.



Participants in the card challenge effort were students from Mr. Castano's Modern World Literature class, Mr. Deveney's, Mr. Vigars' and Mr. Silveira's three American Studies classes, as well as members from the English Honor Society.





## *TRHS Spirit Week 2021*





*Sounds  
of The  
Season*



## *TRSD Student Holiday Concerts*

**HS) Jazz & Rock Ensemble Concert—Wednesday, December 1st**

**(MS) Grades 7 & 8 Chorus Concert—Wednesday, December 8th**

**(HS) Grades 8-12 Holiday Concerts—Sunday, December 12th**

*Guitar Orchestra @12 noon, Chorus @ 1:00 pm,*

*Band @2:15 pm, Orchestra @ 3:15 pm*

**(MS) Grades 7 & 8 Orchestra Concert—Tuesday, December 14th**

**(MS) Grades 7 & 8 Band Concert—Wednesday, December 15th**

**(MS) Grade 6 Band, Orchestra, Chorus Concerts—Monday, December 20th**

**(ELEM) Sandown Winter Concert—Tuesday, January 4th**

**(ELEM) Atkinson Winter Concert—Wednesday, January 5th**

**(ELEM) Pollard Winter Concert—Tuesday, January 11th**

**(ELEM) Danville Winter Concert—Wednesday, January 12th**

*All concerts are held in the PAC Auditorium, beginning at 7:00pm,  
unless otherwise indicated. Due to current COVID guidelines, all audience  
members are required to wear a mask during the performances.*