

# Principal's Newsletter

TIMBERL EGIONAL HIGH

## From the Desk of Mr. Woodworth

From "Fiddler on the Roof" soundtrack:

(Tevye) Is this the little girl I carried? Is this the little boy at play? (Golde) I don't remember growing older When did they? (Tevye) When did she get to be a beauty? When did he grow to be so tall? (Golde) Wasn't it yesterday When they were small? (Men) Sunrise, sunset Sunrise, sunset Swiftly flow the days

As we prepare for Parent /Teacher conferences, having reached first quarter progress reports, I am struck by the swiftness of the days and the importance of appreciating each one. It seems like yesterday I was greeting freshmen parents ahead of their first day of high school. Already we have completed about five weeks of school, enjoyed Spirit Week, completed about half of the fall athletic schedule, run student written one-act plays, and held our annual college fair for juniors and seniors. In the blink of an eye, today's freshmen will emerge as tomorrow's seniors - physically, emotionally and intellectually ready to make important choices about their post high school opportunities.

This year we are focusing our advisories and daily morning messages on the themes of our OWLS acronym – Offer your best, Work cooperatively, Lend a helping hand, and Speak and act respectfully. We hope that by keeping those concepts in focus, we can develop positive, productive graduates who can make the world a better place for everyone. I am confident that if all students do those things, they will achieve at high levels and make themselves, their families and our school district quite proud.

Sincerely, Don Woodworth

It's a Great Day to be an OWL!

#### Upcoming Events

- Parent-Teacher Conferences, October 10, TRHS, 4:30PM
- Columbus Day, October 14, No School
- Senior Class Photo, October 15, TRHS Football Field, 9:30AM
- Financial Aid Information Night, October 15, PAC, 6:30PM
- TRSD School Board Meeting, October 17, SAU, 7:00PM
- PSAT Testing, October 19, TRHS, 7:50AM
- TRSD Early Release Day, October 24, 11:00AM
- Best Buddies Trunk or Treat, October 26, TRHS Parking Lot, 3:00-6:00PM
- Student Council Kids Night Out, October 26, TRHS Café & Gym, 4:00-6:00PM
- Milkmen, October 30, PAC, 7:00PM
- Veterans Day, November 11, No School

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#### Stand Up Against Cancer Football Game 2019

During the week of October 14th-18th, student athletes will be sporting their Project Hope Play for a Cure t-shirts during their home game warm-ups to show support for our cause. The 'Stand Up Against Cancer' Football Game, with a ceremony honoring the memory of lost loved ones, fighters and survivors of cancer during the half-time show, will be held on Friday, October 18th at 6:30pm on the TRHS Football Field.

#### Socktober

During the month of October, Key Club will be running a sock collection drive, "Socktober," to collect socks for the homeless. The reason we are collecting socks is because most people donate jackets, pants, shirts, and food, but many forget how important socks are. Socks keep your feet clean, dry, and protect you from the cold. Many of those suffering from homelessness do not have pairs of socks to change into. Socks fly off the shelves at most shelters and they never have enough. This year, we have decided to make it a competition among advisories! The advisory that brings in the most NEW socks will win a prize! We think this is a great way to continue building bonds in advisory with a little healthy competition! Key Club will be putting decorated Socktober boxes in advisory rooms within the next week to prepare for the drive. Happy Socktober!



## Timberlane Honors Highest Athletic Achievers and Contributions

The Timberlane Athletic Department celebrated its 2019 Hall of Fame Induction Ceremony on Thursday, September 26<sup>th</sup> at the Atkinson Resort & Country Club. Family, friends and coaches came out to recognize and acknowledge the amazing accomplishments of this incredibly talented class of athletes and coaches.

The 2019 Hall of Fame Inductees include: Jessica Cegarra Tuttle, Class of 2003 Kristin Cobb Sainani, Class of 1991 Derek W. Sickel, Class of 2007 Lauren Sickel, Class of 2003 Christopher Tardif, Class of 2001 Donald H. Woodworth, Coach 2005 New England Championship Wrestling Team

Congratulations Class of 2019! Angelo Fantasia, Athletic Director





#### October School Counseling News

School counselors have just completed **Freshmen Transition Meetings**. Counselors met with all of their freshmen in small groups to talk about their transition to the high school, reintroduce themselves to their students, and to ensure that students are accessing resources that are available to them.

Counselors have also begun meeting with seniors in small groups to conduct **Senior Seminars** to review the college application process and discuss post-secondary planning. Seniors will also have additional opportunities to work on their common app during **Common App Drop-In Work Sessions** which will be held in the School Library Computer Lab on Friday, October 4th , block 2A and Wednesday, October 9th, block 3B. A counselor will be on hand toe you have a credit with Mc answer questions while students work to complete their common application.

**Senior Parent Night** was held Monday, September 30<sup>th</sup> to review the college application process with parents. The power point presentation is available on the School Counseling website. If you have questions, please call your student's counselor. The next presentation for senior parents will be our **Financial Aid Information Night** on October 15th at 6:30 pm in the PAC Recital Hall. This meeting will be presented by Val Castonquay from the New Hampshire Higher Education Assistance Foundation (NHHEAF) and will help families navigate the federal financial aid process and explore other types of additional aid available.

Juniors and Sophomores interested in attending a four year college should consider taking the **PSAT** test. **PSAT Testing** will be held at Timberlane Regional High School on Saturday, October 19th. Registration, FAQs, and testing information is available on the website. The cost is \$23.

http://www.timberlane.net/hs/counseling/

#### PSAT Testing October, 19th

The PSAT/NMSQT (Preliminary SAT and National Merit Scholarship Qualifying Test) will be given at Timberlane Regional High School on Saturday, October 19, 2019. Juniors and Sophomores should consider taking this test if they plan to attend a four-year or two-year college. The PSAT/NMSQT is a preview of the SAT which is required for admission to many colleges and universities. It is also the qualifying test for junior year students for entry to the 2019 National Merit Scholarship Program.

Test Registration began on September 24th . Students can register in the School Counseling Office with payment on or before October 10, 2019 (on-line registration is not available for the PSAT test). The cost to take the test is \$23.00, and payment will be accepted as cash or check. Please make checks payable to TRHS. Registrations after October 10th will be accepted as standby only on a space available basis. If the fee for the test imposes financial difficulties, please request a fee waiver from your student's school counselor. Students will be given a PSAT handout and practice test upon registration. <u>http://www.timberlane.net/hs/counseling/</u>

**Important test day information**: Students must report to their assigned rooms at 7:50 a.m. and will test until approximately 11:00 a.m. The testing starts promptly at 8:00 a.m. Students will not be allowed to take or finish the test if they report late at check-in or following a break. Please have your son/daughter bring two sharpened #2 lead pencils and a scientific or graphing calculator. No food or drink will be allowed in testing rooms. If you have any questions, please call the School Counseling Office between 8:00 a.m. and 2:30 p.m. at 382-6541, ext. 3922.

## TRHS Sends Holiday Cards to Our Military

Timberlane students are actively creating cards and writing notes of well wishes, holiday sentiments and gratitude to our nation's five branches of military in response to *Holiday Cards 4 our Military - NH Challenge*, a non-profit corporation whose goal is to reach every active member of the military abroad during the holidays. A link to the NH Dept. of Education YouTube video endorses the program and challenges every NH student to sign a card on behalf of their state <u>https://www.youtube.com/watch?v=fZz1xkCod5Y</u>.

This year our German Exchange students participated in sending their best wishes to our military abroad. Also active in the card challenge effort is Mrs. Cerne and Mr. Silveira's advisory. The American Studies classes have also volunteered their time to meet the October 31<sup>st</sup> deadline to recognize the service and sacrifice of our military abroad.





#### Milkmen Improv

A huge thank you to everyone who attended our sold out Season 13 premiere last month; you helped the National Honor Society raise \$1,200 for multiple "Days of Kindness" throughout the calendar year! The Milkmen return with "improv that delivers" on October 30th, at 7 pm in the PAC Recital Hall. All proceeds from this show will support the high school's Government Club! Additionally, any elementary school or middle school student may attend the show for free if she/he arrives to the show with a completed coloring contest picture! High school students and adults are also asked to participate in the coloring contest. Please print page 5 to color and participate. There will be prize packages awarded!

# **Milkmen Coloring Contest 2019**



Circle category: Elementary/Middle School Student\* \*May attend show for free with a Coloring Contest Submission!

# October 30, 2019

**High School Student** 

Adult



## Fresh for Adventure

This fall, the entire Freshmen class journeyed to Adventurelore in Danville, NH where they took part in several team building activities, an exciting relay race, and enjoyed the afternoon on the ropes course or the waters of Long Pond. 2019 marked the 8th year the Freshmen have been going on the trip. A big thank you to Ryan Holder and the Adventurelore team.



Students paddle a canoe barehanded as others look on.

### PTSA Corner

The PTSA is hosting their annual Fall Apparel Sale. Now through October 20th, jump into fall with some warm Timberlane branded clothing. Show your spirit by wearing your favorite Owl Gear. The link below will take you to the order form. Thank you for your continued support.

https://timberlanehighschool.itemorder.com/sale

See page 7 for some of the items available.



#### Below are some of the styles and colors available to order!

