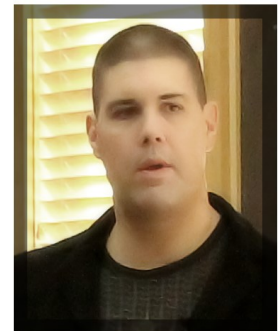


Timberlane Regional High School



*L*atsby
Gala



*L*ife
of an
Owl



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PRINCIPAL'S CORNER

One of the busiest times of the school year is ahead for our high school students, so this mid-winter break should be used for rest and relaxation. During the week that we return, Tuesday, March 2, all juniors will be taking the SAT. I want to reinforce the importance of this exam, not only to our school, but to each and every student. While the SAT serves as a measure of the school's success in literacy in and math, each individual student's score is used as a determining factor in the college application process. I encourage all students to arrive to the test well rested and with a desire to do their best.

This is also an important time for students in grades 9 through 11 to make sure they are enrolled in courses that fit in to their four-year plan. All underclassmen met with their guidance counselors this week to ensure they are aware of their options and have a good idea of their credit requirements. Parents, if you have any remaining questions about the course registration process, please call the Guidance Office to talk to your student's guidance counselor.

Timberlane's winter sports are coming to a close; already the ski and swim teams have successfully competed in state tournaments. Good luck to all other winter sport teams as they wrap up their season. Congratulations to all of our teams; it has been a season of fierce competition and growth.

After fairly tame weather in December and January, we finally experienced a snow day and a blizzard bag day. While most of our students were able to complete all of their assignments during the blizzard bag day, some students were surprised at the amount of work they were assigned. It is our expectation that students will indeed find the work challenging and that it will require about the same amount of time as a regular school day to complete. I want to remind students that it is important that they produce evidence of their effort on each assignment if they expect to get credit for the day. Remember, non-participation in a blizzard bag day is the same as missing classes on a regular school day. These online learning days count towards our yearly attendance totals!

I hope everyone enjoys the winter break. I look forward to seeing you all again in March!

Don Woodworth
Principal

TRHS Forecast

>> Junior SAT Testing

03/02 | TRHS | 7:20am

>> Milkmen Improv Comedy Show

03/04 | PAC | 7:00 - 10:00pm

>> Kids Night Out

03/05 | TRHS | 4:00 - 8:00pm

>> Voting Day (Town)

03/08

>> Parent/Teacher Conferences

03/10 | TRHS | 4:30 - 7:00pm

>> EHS Comedy Night

03/10 | PAC | 7:00 - 9:00pm

>> Sadie Hawkins Dance

03/11 | TRHS Café | 6:00 - 9:00pm

>> π (Pie) Day

03/14 | TRHS

>> TRSD Health Fair

03/16 | TRHS Café | 3:00 - 5:30pm

>> Junior Parents Info Night

03/22 | PAC | 6:30pm

>> Lynn Lyons Presentation

03/23 | PAC | 5:00 - 8:00pm

>> Understanding Financial Aid

03/30 | PAC | 6:30pm

>> Community College Acceptance Days

03/30 - 04/01 | TRHS

GUIDANCE DEPARTMENT NEWS

Just a reminder that the SAT test will be administered to all juniors on March 2nd. It is important for all students to get a good night's rest, eat a good breakfast and be on time to school. Students should be in their assigned classroom by 7:20 AM and should bring the following:

- Two Number 2 Pencils with erasers (No pens or mechanical pencils)
- Acceptable Calculator (not phones)
- Backpacks/snacks – to be put away under desk during testing. There will be scheduled times for snacks.

The following items will not be allowed:

- Electronic equipment of any kind including phones, laptops, iPod, iPad, tablets, cameras, audio players, etc.
- Highlighters, rulers, earplugs, books, scrap paper
- A student's test will become invalid if they attempt to use their phone (even during breaks) or if their phone makes any noise.

Junior Post-Secondary Seminars Begin in March, Junior Parent Night to be held March 22nd

Guidance counselors will be meeting with all Juniors in smaller groups to discuss their post-secondary planning options: attending a 4-year college, a 2-year college or a technical school, enlisting in the military, or seeking employment. Counselors will be introducing students to the college search and application process, college selection criteria, search resources and how to use the Naviance program to review career options and to search for matching colleges that match their goals. College visits and the financial aid process will also be reviewed. Counselors will cover similar information for parents at our **Junior Parent Information Night** to be held on **March 22, 2016 from 6:30-8:30 pm** at the high school. If you have any questions, please call the guidance department at 382-6541, ext. 3922.

THE GREAT GATSBY GALA

As a way to bring literature and history to life, on Wednesday, February 3rd, students in the American Studies classes took a step back in time to experience first-hand the Roaring 20s at the 6th Annual Gatsby Gala. Decked out in their most stylish 1920s attire, students learned popular dances from the 1920s including the Charleston and Swing Dancing. In addition, the Night Owl Combo, a TRHS student band performed several jazz songs for the group. The day ended with some stellar performances by the American Studies students focusing in on various art forms of drama, poetry, and music to showcase their knowledge of the 20s and Gatsby. The day was the Bees Knees!

TRHS Scholarship Application

We would like to remind all senior students to complete the TRHS Scholarship application in order to be eligible for **over 50 scholarships** that have been donated by individuals and local organizations. Each scholarship has specific requirements and recipients are chosen by the TRHS Scholarship Committee.

The majority of the scholarships are awarded on Scholarship Night in June. The TRHS Scholarship application must be completed and handed in to the Guidance Office no later than **March, 10 2016 at 3:00 PM**. Late applications will not be accepted. For the most up to date scholarship information, please refer to Naviance.

CELEBRATING 50 YEARS

Timberlane Regional High School will reach major milestones in 2016 and 2017. The Timberlane Regional Junior - Senior High School opened its doors to students in September of 1966. Students in grades 7-12 were from the Timberlane Regional District towns of Atkinson, Danville, Plaistow, and Sandown. The first senior class graduated in June 1967. The school has changed and grown over these last 50 years, including building projects such as the middle school, high school expansion, Performing Arts Center and expanded sports facilities. It is time to acknowledge and celebrate Timberlane's first 50 years!

TRHS, the local community, and the newly formed TRHS Alumni Association is planning a series of events throughout 2016 and 2017, both as a 50th Birthday celebration and as a foundation for funding an Annual TRHS Alumni Scholarship. The festivities begin with the Timberlane 50th Birthday-themed Plaistow Old Home Days on June 18th, 2016. A fun-filled Alumni Weekend, September 9 and 10, 2016 (open to alumni, students, staff, and the public), is scheduled to coincide with the first home Varsity Football game of 2016. A TRHS Alumni Association sponsored dinner-dance at the Atkinson Country Club is scheduled for April 1, 2017. More details on events and fundraising will be forthcoming. Volunteers for planning and help at the events are still needed. Please feel free to contact the TRHS Alumni Association at TRHSAlumniAssociation@gmail.com. The Committee's next meeting is Saturday, March 5, 2016 at 10:00 am, in room 400 at the high school.



RECOVERY ROAD

Former New York Giants offensive tackle, Jeff Hatch, spent an afternoon at Timberlane, speaking to Life of an Owl recruits from grades eight through eleven about how his opioid addiction lost him all of his life successes by the year 2006. Hatch said initially his drug use was used as a tool to "fit in" throughout high school. Years of drug

"Don't be like me."

- Jeff Hatch

abuse eventually led Hatch to a NFL career-ending injury and recovering from a drug overdose in a Florida hospital. Hatch told his captive audience how he turned his life around through rehab and eventually became a Hollywood stuntman and actor. The student leaders in attendance discussed problems they face, how to be proactive problem-solvers to help peers find their way, the importance of nutrition and sleep, and the devastating consequences of alcohol or other drug abuse. [Click here](#) to watch the powerful conversation in it's entirety.

Lynn Lyons to Present

*Anxious Kids, Anxious Parents,
Ways to Stop the Worry Cycle*

Wednesday, March 23, 2016
5:00 - 8:00 pm at the Performing Arts Center

Licensed clinical social worker and psychotherapist, Lynn Lyons, through the sponsorship of the TRSD, will be speaking to parents, community members, and school district staff to provide strategies and information regarding the prevention and management of anxiety.

TIMBERLANE HEALTH FAIR

MARCH 16, 2016

3:00 - 5:30PM

HIGH SCHOOL CAFETERIA

Over 50 vendors will display health and fitness booths, with demonstrations in the gym. There will be giveaways and door prizes. This event is open to staff, students, parents, and the community at large.

Sponsored by the TRSD Wellness Committee



FROM THE DESK OF THE 2015-16 PTSA

Firstly, we wish to congratulate all of the Reflections participants and winners. We hope to see familiar faces supporting Timberlane at the **New Hampshire PTA Reflections Exhibit on Wednesday, March 9, at Gilbert Middle School** (5 Hood Road, Derry, NH). The snow date for this event is the following day, Thursday, March 10. A big thank you to Mrs. Kristin Amero for coordinating our participation in the Reflections program for the Timberlane PTSA.

In further news, we will be rewarding a single scholarship to a member of the class of 2016. In order for a student to be eligible, they must be a member of the PTSA.

During **Parent-Teacher Conferences on March 10**, please stop by our PTSA table for a quick snack to help support our program and for information about becoming a member. In an effort to support the Lynn Lyons presentation on Wednesday, March 23, we are cancelling our regular PTSA meeting. We hope to see many of you at this very informational seminar. And while it may seem far away, the first week of May is dedicated to Teacher Appreciation and our own, Michelle O'Neil is coordinating festivities to show our gratitude to Timberlane's finest. If you are interested in donating money or gift cards for Teacher Appreciation week, please mail checks and/or gift cards to the high school and address them to TRHS PTSA. For more information, email trhsptsal516@gmail.com.

Also, don't forget to vote in your town election on Tuesday, March 8, 2016!

Staff Spotlights

Ken Blaszk

Art Teacher (Pottery)

How long have you worked for Timberlane?

I'm in my 2nd year.

What is your favorite part of your job?

I love interacting with the students on their work and things they do in their lives outside of school.

Do you host any extracurricular activities? If so, what are they? Head Coach Timberlane Boys Lacrosse.

What is your favorite book? *Skeleton Crew*, Stephen King.

What is your favorite hobby? Scuba Diving; I dive off of Salisbury Beach usually once a week in the summer.

What is something about yourself that no one would know? I love watching "Diners, Drive-ins, and Dives," and usually become jealous watching, because I can't eat what they are showing.



Staff Spotlights



Jennifer Puchlopek

English Dept. Coordinator
English Teacher

How long have you worked for Timberlane?
12 1/2 years.

What is your favorite part of your job? I feel blessed that I truly love my job! It is so rewarding to witness students grow as writers,

readers, and thinkers. Knowing that I have the power to make a difference in individuals' lives keeps my passion for teaching and leading strong. Lastly, there is no script to follow! Each day, class, lesson, and conversation is unique and challenges me to keep growing professionally and personally.

What is your favorite book?

Favorite memoir: *The Wave*

Favorite book to teach: *Hotel on the Corner of Bitter & Sweet*

Favorite historical fiction: *Mary Coin*

Favorite suspense/eerie story: *Winter People*

Favorite life lessons: *Tuesdays with Morrie*

Favorite journalistic: *There are No Children Here*

Favorite "make a difference in the world": *Three Cups of Tea*

Favorite young adult literature: *Looking for Alaska*

Favorite "things that make you go 'hmmm'": *Tipping Point*

What is your favorite hobby? Reading, cooking, and sharing time with family and friends.

What is something about yourself that no one would know? If flip flops count, I have over 100 pairs of shoes. I've been on national TV 3 times. Although it was only once and I'll never do it again, I cliff jumped from 45 feet into Lake George.



Marilyn Goscinski

Spanish Teacher

How long have you worked for Timberlane?
3 years

What is your favorite part of your job? Seeing how much my students' Spanish improves. I tell the same jokes in Spanish all year,

but students only begin to start laughing at them around the start of third quarter. This is when I know that they have started to develop skills that go beyond the basics. The students are more comfortable with uncharted territory, which can be the hardest part.

Do you host any extracurricular activities? If so, what are they? I had the amazing opportunity to be able to travel with Doug Madsen, the German teacher at Timberlane, and the German students. During this exchange program, the students are able to stay with the families of their German exchange student that they hosted prior to the trip. We visited famous monuments, learned about the history of the Berlin Wall and Auschwitz, and familiarized ourselves with a new and beautiful culture. I will be travelling with one of Timberlane's French teachers, Beth Runnells, and some of her French students to France this April break. This is another exchange program that I am excited to be a part of. Traveling is one of my passions and is an experience that I love sharing with others.

What is your favorite book? This is where I am supposed to sound super sophisticated and say something such as *Pride and Prejudice* or *Wuthering Heights*. However, the truth is that my all-time favorite book series growing up was, and always will be, *Harry Potter*. These books captivated my imagination and kept me busy most of my summer days.

What is your favorite hobby? I enjoy practicing yoga and barre, which is a mix of yoga, ballet, and Pilates.

What is something about yourself that no one would know? I tried out for *American Idol* when I was in high school. I gave up my fame to teach the youth.