



Timberlane Regional High School

36 Greenough Road, Plaistow, NH 03865 | 603.382.6541 | timberlanehs.com

PRINCIPAL'S CORNER

On October 19, 1965, the Timberlane School District broke ground for the new high school, which opened its doors in September of 1966. To celebrate our school's fiftieth milestone in education, a newly formed **Timberlane 50th Birthday Celebration Committee**, made up of current staff, students, and alumni, will be planning events for the 2016 - 2017 school year. If you have any interest in being a part of the planning, please contact Patti Mangini either via email at Patricia.Mangini@timberlane.net, or call extension 3900.

In earnest, I would like to take this opportunity to applaud the faculty and staff of the high school who have collectively surrounded our students with support and high quality instruction. To assist our upperclassmen prepare for the years that lay ahead of them, we hosted our third annual College Fair. Our incoming freshmen are adjusting well in their new high school careers, and enjoyed their time during freshman orientation at Adventurelore. Freshman Academy teachers are highly impressed with the students' positive attitudes, behavior, and work ethic.

Both events were positive jump starts to the 2015 - 2016 school year. Apart from some additional excitement in the hallways during Spirit Week, the atmosphere in the building has been constructive. Amidst Spirit Week, students and staff were invited to partake in a variety of after school activities, and at the close of the week during the Timberlane/Salem football game, alumni of the Class of 1970, celebrating their 45th anniversary, were honored during the halftime show.

More recently, students have enjoyed events such as watching the lunar eclipse during a viewing party at the high school observatory, the National Honor Society Induction Ceremony, the Hispanic Heritage Month celebration, the arrival of our exchange guests from Germany, and a full slate of athletic events. The student improvisational comedy group, who call themselves the Milkmen, put on their first show of the year at the Performing Arts Center, and will continue to host regular comedy nights throughout the year.

The PTSA sponsored a presentation with the Plaistow Police Department concerning the Opiate Crisis. The event was well-attended and provided educational information to members of the community on an epidemic that plagues our society. Of course there have been other countless educational and enjoyable activities throughout the month of September, and our calendars for October are filling up quickly.

Thank you all for helping us get off to a great start to the school year. If there is anything I, or our administrative team can do to assist you in answering questions, or addressing concerns, please call or write.

Don Woodworth
Principal



TRHS Forecast

Click on 'TRHS Forecast' to go to our school calendar.

>> Progress Reports Emailed Home

10/08 | See note on page three.

>> AP Art Unveiling

10/08 | Library | 3:30 - 4:30pm

>> Parent/Teacher Conferences

10/08 | TRHS | 4:30 - 7:00pm

>> Milkmen Improv Comedy Show

10/08 | PAC | 7:00 - 8:00pm

>> No School

10/12 - Columbus Day

10/13 - Professional Development Day

>> Craft Fair and Bone Marrow Drive

10/17 | Gym & Cafe | 7:00am - 2:30pm

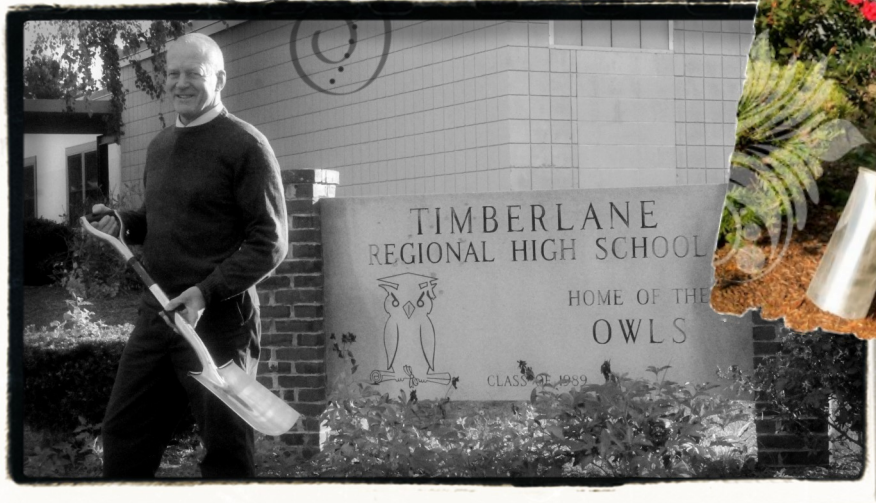
>> Picture Re-take Day

10/20 | Library | 10:00am - 2:00pm

Continued on following page.

50th

Birthday Celebration



TRHS Forecast

Click on 'TRHS Forecast' to go to our school calendar.

>> PTSA Meeting

10/21 | Library | 7:00 - 8:30pm

>> National Honor Society hosts

Trick-or-Trot Walk/Run

10/24 | TRHS | 8:00am - 4:00pm

>> Kid's Night Out

10/24 | Gym & Café | 3:00 - 8:00pm

>> Community Event, "High and Seek"

10/28 | Plaistow YMCA | 6:00 - 8:00pm

>> "You Can't Take It With You"

Production

10/29 - 10/31 | PAC | 7:00 - 10:00pm

>> Quarter One Ends

10/30

>> Halloween

10/31



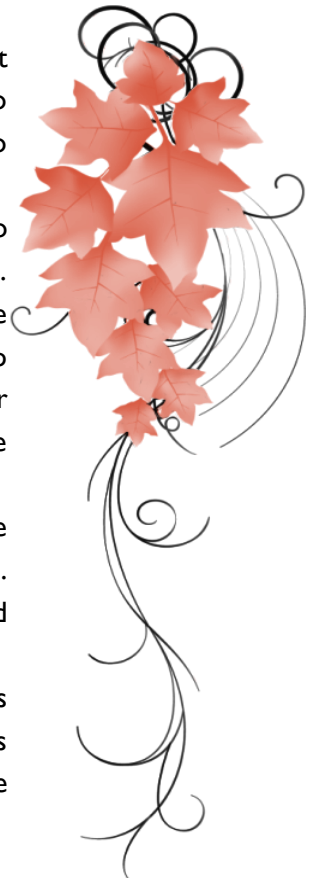
GUIDANCE DEPARTMENT NEWS

Guidance counselors have just completed **Freshmen Transition Meetings**. Counselors met with all of their freshmen in small groups during one of their lunch study periods in order to reintroduce students to their guidance counselor, check in on their transition to high school, and to ensure that students were aware of and were accessing resources that are available to them.

Counselors have also been meeting in small groups with seniors to conduct **Senior Seminars** to discuss post-secondary planning with seniors and review the college application process. Counselors have also begun meeting one on one with seniors and will continue to schedule these meetings with all seniors. Seniors will also have the opportunity to work on their common app during a **Common App Drop-In Work Session**. A counselor will be on hand to answer questions while students work to complete their application. A schedule is posted on the website and more sessions will be added. Students are welcome to attend as many sessions as needed.

A **Financial Aid Night** will be held on December 7, at 6:30 pm to help families navigate the federal financial aid process and to explore what other type of additional aid is available. **Scholarship opportunities** are posted on Naviance as they are received in the Guidance office and are updated regularly.

PSAT Testing will be held at Timberlane High School on Wednesday, October 14. The cost is \$17.00. Registration and testing information is available on the website. The Plaistow Public Library is offering a free mock SAT practice test on October 24. Pre-registration is required. Please call the Plaistow Public Library at 382.6011 or register on-line at www.plaistowlibrary.com



FROM THE DESK OF THE 2015-16 PTSA

Our year is off to a great start and we greatly appreciate the community support we have received thus far; we have added eighty-nine members to our association and we cannot thank all of you enough. Registration is still open, and we are always welcoming new faces into our fold. We are interested in doing all that we can for our school, but joining does not commit you to any responsibilities.

Our first meeting in September was a lively one and everyone enjoyed listening to our two guest speakers, Chief Kathleen Jones of the Plaistow Police Department, and Paul Sullivan of Timberlane Regional High School. Chief Jones spoke on behalf of her department and expressed their wish to be partners with the school, parents, and students. We extend her invitation as she encouraged everyone in attendance to reach out to her with any concerns. We were happy to thank her and her department for continuing to be a strong presence at Friday night football games to ensure everyone's safety. Paul Sullivan spoke to us about transition resources and programs that are offered to students who might choose to enter the work force alternatively to attending college as a next step out of high school and into adulthood. There are internships and job-skills building resources that our young adults can take advantage of in preparation for graduation.

The PTSA is proud to have co-sponsored the Drug Awareness Night held on September 29, at the PAC. The Plaistow Police Department piloted the presentation in front of a very concerned community. The goal of the program is to bring attention to the heroin and opioid epidemic striking not only New Hampshire, but across greater New England as well. The presentation was well-received and highly informative.

We would like to invite everyone to our next meeting on Wednesday, October 21, at 7:00 pm held in the high school Library. Our highlighted topic will include how to talk to your student about the resources available to them at the school, and of course, as always, actively listening to your ideas and solutions. Our meetings are always interactive and open, so please feel free to voice your concerns and questions.

Digital Progress Reports

This Thursday, we will be e-mailing progress reports via the e-mail accounts that parents have provided to the school. This paperless approach is an attempt to be more efficient and timely. Parents are encouraged to go to PowerSchool if they are interested in more detailed information about grades or contact teachers directly. If for any reason you do not receive the progress report, please notify the guidance office (603.382.6541 x3922). We will be happy to provide you with a paper copy or to resend the report.

We intend to distribute Report Cards at the end of the quarter in the same fashion. Any feedback you may be able to provide is welcomed. We are trying to provide this information in the most effective manner.

WATCHING THE BLOOD MOON



The Lunar Eclipse party was a huge success thanks to the great weather, teachers and students that volunteered their time. We had over 30 community members come out to observe the lunar eclipse through a number of different telescopes that were set up. The School Board's Peter Bealo and TRHS's Steve Rugoletti and Lou Broad helped the public identify celestial objects as well as explain the science behind the eclipse to those of all ages from the community. Most everyone

there was in awe of the transition from white to red as the Earth cast its shadow upon the moon. For most of the night, Rugoletti manned the school's large telescope helping people pick-out the stars and use their cell phone cameras to capture images of the moon through the telescope's lens. Although few stayed past midnight to watch the full cycle of the moon returning to white, it was a great event to engage the public in learning more about science. We hope to see everyone again in 2033 when we will have the next super blood moon eclipse party. Until then, it is my hope to continue to use the observatory as an outreach tool to engage the public in learning more about the universe around them.

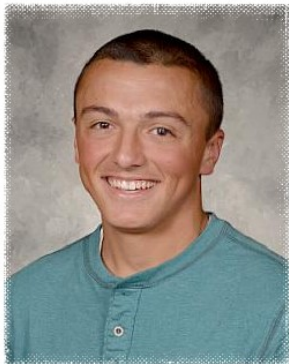


THIRD ANNUAL TIMBERLANE REGIONAL COLLEGE FAIR

Our Third Annual College Fair, sponsored by Southern New Hampshire University, was a huge success! Over two days, one hundred and twenty-two colleges and universities catered to our upperclassmen's inquiries and interests. Many students went away with information and a sense of preparedness for the coming years.

WATCHOUT FOR THESE OWLS

The NHIAA and Life of an Athlete are pleased to recognize Timberlane High School's Jason Hughes as the Male Student-Athlete of the Month for September. Jason is a three sport athlete who competes in football, basketball, and baseball. He is a member of the NHIAA Student Leadership Committee, as well as a leader in the Life of an Owl Program here at Timberlane. Aside from athletic accomplishments, Jason excels in the classroom with a 4.10 GPA and he is ranked in the top 25 of his class! He is a member of the National Honor Society, Math Honor Society, National Business Society, Senior Executive Committee, and Project Hope. Jason exemplifies the ideals and values that are the cornerstone of athletic-based academics. He continues to serve as positive role model in his school and community.



in the region that has received this \$1000.00 scholarship. The Granite State Games Scholarship recognizes students who will be our leaders of tomorrow. These students demonstrate leadership through community service, academic excellence and athletic achievement.

Dr. Metzler is pleased to announce that Timberlane's Athletic Director, Mr. Angelo Fantasia, was awarded the "Division I Athletic Director of the Year" by the New Hampshire Interscholastic Athletic Association.

Congratulations to all of our Owls for their notable accomplishments!



Julie Lancot, a junior at Timberlane Regional High School was recently awarded with the Granite State Games Scholarship. Julia is one of four female athletes



"Timberlane is fortunate to have such a dedicated professional leading our student athletes!" - Dr. Metzler

Staff Spotlight

Lynn Mastorakos



Senior Administrative Assistant
Event Coordinator at the PAC

How long have you worked for Timberlane? 8 years.

What is your favorite part of your job? Creating the brochures, posters and ads for different events.

What is your favorite book? *Gone with the Wind*

What is your favorite hobby? Reading, going to the beach - reading on the beach.

What is something about yourself that no one would know? I used to be a pretty good skier until I hurt my knee.

Mark Pedersen

Academic Dean of STEM

How long have you worked for Timberlane? This is my 16th year.

What is your favorite part of your job? Getting to work with students and teachers to make Timberlane a great place

Do you host an extracurricular activities? If so, what are they? Currently none but in the past I coached Lacrosse (I actually started Lacrosse here), and I initiated the Environmental Club and Science Honor Society here.

What is your favorite book? *The Giving Tree* by Shel Silverstein

What is your favorite hobby? Outdoor stuff, biking, hiking.

What is something about yourself that no one would know? Outside of work I am a volunteer fire-fighter and EMT.



Tracee Van Brunt

World Language Department
Coordinator
Spanish Teacher

How long have you worked for Timberlane? Two fantastic years. I worked previously on Long Island, New York at a school in a small town called East Hampton.

What is your favorite part of your job? The students, hands down. I have had great students here who are a lot of fun and full of enthusiasm for Spanish class. They don't make coming to work feel like "a job".

Do you host an extracurricular activities? If so, what are they? This is my first year coaching the Timberlane Dance Team and we are really excited for our competition season. Big things planned - keep your eyes peeled for the dancers! I am also taking a group of students to Spain in the spring. I am really excited for them to have the opportunity to use their language skills from class and see the world!

What is your favorite book? *Queen of Tearing* series is my new favorite series but it used to be *The Girl with the Dragon Tattoo* series.

What is your favorite hobby? Surfing, running, kayaking, yoga, walking with my dog - anything outside.

What is something about yourself that no one would know? I had a ten minute conversation with Paul McCartney in an Indian food take-out restaurant and didn't realize it was him.



Corin says...

One important lesson I learned was during the game using balls, a flashlight, and helmet. The ball represented stress and the other objects are people you confide in and education. The game shows stress can be hard but people who care about you and education is more important.



Jillian says...

I had to face some of my fears, such as falling in the water, but other challenges were not my own, but team challenges such as cooperation. To overcome these challenges we all listened to each other and didn't say anything negative about others ideas.



Tara says...

Not being in a group with my friends was a challenge, but I overcame that by talking with new people. I learned that it is important to not give up, even if something is hard.



Adventure

SPIRIT WEEK

Celebrations

