

TIMBERLANE REGIONAL



Celebrating 50 Years of Educational Excellence

HIGH SCHOOL

February 2017 | **Principal's Newsletter** | Established 1966

TRHS forecast

- >> **Deliberative Session**
02/10 | PAC | 7:00 - 9:00pm
- >> **Great American Songbook Concert**
02/14 | PAC | 7:00 - 9:30pm
- >> **Timberlane Parent Advisory Forum | Diversity Awareness**
02/20 | SAU | 6:00 - 8:00pm
- >> **Milkmen Improv Comedy Show**
02/23 | PAC | 7:00 - 10:00pm
- >> **No School - Winter Break**
02/27 - 03/03
- >> **StuCo Kids Night Out**
03/11 | TRHS | 4:00 - 8:00pm
- >> **No School - Professional Development / Voting Day**
03/14
- >> **Math Honor Society Pi Day**
03/15 | TRHS | 7:00am - 2:30pm
- >> **TRSD Health and Wellness Fair**
03/15 | TRHS Café | 3:00 - 5:30pm
03/16 | Snow Date
- >> **American Red Cross Blood Drive**
03/15 | TRHS | 2:30 - 7:00pm
- >> **Parent-Teacher Conferences**
03/16 | TRHS | 4:30 - 7:00pm
- >> **Project Hope Fashion Show**
03/18 | TRHS | 6:30 - 10:30pm

W

e have closed the first chapter of the school year on a high note, and Timberlane staff and students are zealously writing the second and final chapter. Despite our wintery New England weather that has harried our school schedule as of late, we are looking forward to the many exciting events being hosted here at the high school and Performing Arts Center. Our musicians are gearing up for the *Great American Songbook* concert on February 14, and the jazz concert on March 7, while the Timberlane Players are starting to set the stage, so to speak, for this spring's musical, "West Side Story". Of course Project Hope is hosting their annual crowd-pleasing fundraiser, "Strut-for-a-Cure", on March 18. I am also excited to announce our upcoming Special Education Open House on March 29, from 5:30 - 7:30pm in the high school library. This event is intended for families interested in learning about the goal and purpose of the Special Education Program at the high school.

During the latter half of the school year our senior student body is eagerly looking toward all of the special events that lead up to graduation and what awaits them beyond the walls of Timberlane, while our underclassmen in the meantime have been making preparations for next school year and the impending change to block scheduling. Students have requested their courses for next year and will be meeting with their school counselor individually to discuss their selections before February break. If you would like to learn more about course offerings, graduation requirements, or diploma options, view our [TRHS Program of Studies 2017-2018](#), or reach out to your student's counselor.

Timberlane is a district teeming with talent in all arenas and we are blessed with parents and community members who support all of our children. As we begin the second semester, I want to thank our students, faculty, and staff for making every day here a great day!

Highlights

We have planned two block scheduling practice days, **February 16 and 17**. On the first day students will rotate through odd period classes (1, 3, 5, and 7), and through even period classes (2, 4, 6, and 8) the following day.



Special Education Open House

Wed., March 29, 2017 | 5:30-7:30pm

A Special Education Family Information Night hosted by the TRHS community. Learn about high school programs and the supports that will transition students from their public school experience into the future of their design. Meet some of the community members, school professionals, students and parents involved in supporting each student's individualized experience.

This event is open to all Timberlane School District families interested in learning about the goal and purpose of Special Education services at the high school. A light dinner will be provided as well as childcare services.



Mandatory Junior SAT Testing date is **April 5**.



History Book Club is reading "My Mother The Cheerleader" by Robert Sharenow, and "Black Like Me" by John Howard Griffin. History Book Club meets on Wednesdays afterschool in the Library.

School Counseling News

The **Timberlane Scholarship Application** is now available for all seniors and is due no later than **March 9, at 2:30pm** to the guidance office. The Timberlane Scholarship application is ONE form which makes students eligible to be selected for over 40 scholarships. The majority of these scholarships are awarded on Scholarship Award Night. All senior students are advised to complete this scholarship form which can be found on the guidance website and on Naviance.

The SAT test will be administered to all juniors on April 5, at the high school as part of state testing for New Hampshire students. All juniors have already been registered for this mandatory test through the school district. Testing will take place during the school day on April 5, 2017.

To help prepare for the SATs, students can go to the College Board website to access SAT test prep materials. For students who took the PSATs [click here](#) for instructions on how to link your PSAT results to Kahn Academy for targeted SAT practice. Students that did not take the PSATs, [click here](#) for SAT test prep. We are also offering a free SAT prep course for the Reading portion of the test through our evening division program. This class runs on Monday night, now through April 3, from 4-5:30pm. It is not too late to sign up in the Guidance Office.

If you have any questions about the SAT, please see your guidance counselor.



PTSA Bulletin

We were happy to see many parents come out Tuesday evening, January 31, for the Course Selection and Block Scheduling informational night, despite the weather. A lot of parents were able to have their questions answered by the high school administration.

On Thursday, February 9, please stop by our booth during Deliberative Session to say "Hello", join the PTSA, or to just grab a snack and drink. To support our school, we will be selling water, coffee, tea, and baked goods.

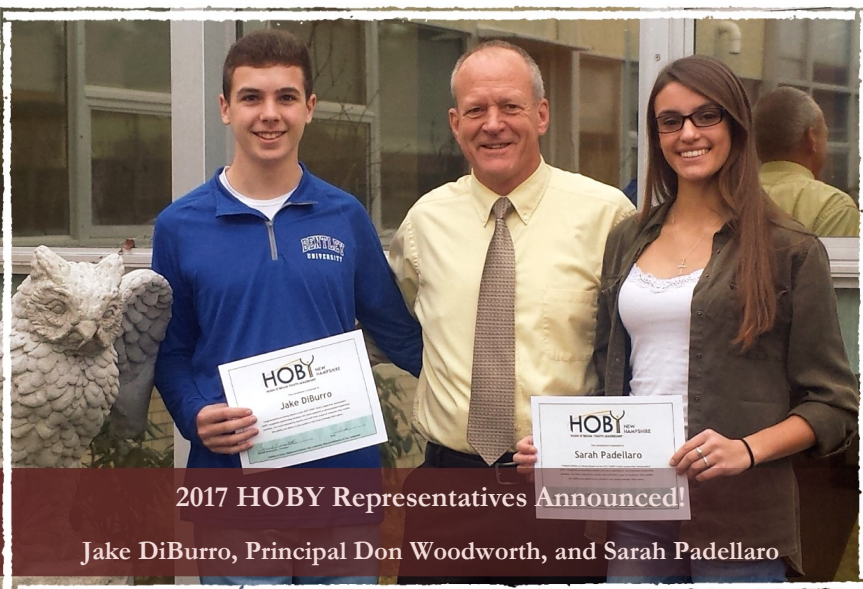
Looking ahead, planning is underway for the annual staff appreciation week, May 8 - May 12, 2017. We are seeking gift card donations of small amounts. Last year, these gift cards were a big hit amongst the staff, and were well appreciated. You can mail donations to the high school, attention PTSA. More details about this week long event will be coming in future newsletters and on our Facebook page: TRHS-PTSA 2016-2017.

2017 Hugh O'Brian Leadership Representatives

Sophomore students Sarah Padellaro and Jake DiBurro, both residents of Plaistow, have been selected as the 2017 Hugh O'Brian Leadership Representatives (HOBY) for Timberlane. Award winners were nominated by a faculty member, completed an application, and participated in an interview with the selection committee comprised of school counselors and an assistant principal.

As the chosen representatives, both Sarah and Jake will have the opportunity to attend HOBY's flagship program, the State

Leadership Seminar in the spring. The seminar is designed to empower high school sophomores to recognize their leadership talents and apply them to become effective, ethical leaders in their home, school, and community. The 2017 NH Leadership Seminar will include hands-on leadership activities, networking with other top performing leaders in the state, and exploration of leadership skills all while learning how to lead others and make a positive impact in the community.



2017 HOBY Representatives Announced!

Jake DiBurro, Principal Don Woodworth, and Sarah Padellaro

A Semester Away in D.C.



TRHS Junior Cameron Magner shaking hands with former President Obama

“You never realize how strong you are until you have completed something that pushed you beyond your limits.”

- Senator Cory Booker, NJ

Thirty students from around the country are selected to serve a semester long term with the Senate Page Program in Washington D.C. while attending the fully accredited, and rigorously academic United States Senate Page School. The history of Senate pages dates back to 1829. Pages have

customarily served as messengers and general helpers to the Senate. Timberlane Regional High School junior, Cameron Magner, sponsored by Senator Harry Reid NV, spent this past semester in Washington, D.C. attending the Page School and gaining invaluable experience working from the rostrum on the Senate Floor and in the halls of the United States Capital. Cameron witnessed the passage of bills, swearing in of new Senators, the counting of Electoral Ballots, an inauguration, and had the opportunity to meet two U.S. Presidents and Vice Presidents along the way!

Cameron describes his experience of the program on the following page.

The United States Senate Page Program

by Cameron Magner

The Page Program is composed of three parts: the Resident Hall, the Page School, and work in the Senate. The Residence Hall is where I stayed for the duration of the program, and it was where many new friendships were formed. Between working and studying, the other pages and I watched countless movies together and went on a number of adventures around the Capital each weekend; whether it be heading to Georgetown for dinner, trips to the Eastern Market, attending the Army-Navy Game or other school sponsored events, we always managed to fill our free time with memorable activities. Of course, taking up residence in the Hall was more than fun and games. Sharing a space with three other roommates, we were required to complete chores each night. This residency taught me personal responsibility and how to cohabitate with others.

Without a doubt, the hardest portion of the program was the Page School; trying to manage study time, complete an average of eight hours of homework a day, all while maintaining a full time job created a period of adjustment for me, and my grades at the beginning of the semester reflected as much. The instructors there have high expectations for their students and give little to no breaks. Students are expected to be in full uniform with all homework completed and ready for any tests by 6:15am. As the semester wore on though, I was able to meet the requirements laid out by the Page School. If a student's grades dropped below an eighty-five percent, two hours of silent study were mandated. There was tremendous one-on-one interaction between the administration and students; often Principal Kathryn Weeden would check in on our progress to assure we were succeeding.



Junior Cameron Magner and Senator Cory Booker

Working in the Senate was my favorite part of the program; I was a part of history, meeting so many influential people in our nation's government, it quickly became the part of my day that I looked forward to the most. After my first late night, I realized how amazing my job was. During the close of the 114th Congress, Democrats did not want the continuing resolution required to keep the government working to pass because they believed there was more work to be done. I was at the Capital from 8:00am to 6:00am the following day, running all over the Capital attempting to deliver messages and bring vote tallies to the press and Speakers office. During the night, on our off shift, a group of other pages and I went down into the Capitol Rotunda to lay down on the floor and stare up at the painting by Constantino Brumidi, something I will never have the chance to do again. During the five months I was there, I was able to run all over the Capital and explore, given unlimited access to the Senate Floor, and was able to observe Senators speaking on a variety of issues of importance to our country.

Our last day on the floor, the other pages and I went to our sponsoring Senator's desk and acted as if we were in session ourselves, debating the things we found important. It was our special way of saying goodbye and closing out our five months in Congress. The Page School was not easy, but I often reflected on Senator Booker's words from our interaction together, and realized how much this experience was teaching me about time management, how to achieve a healthy work-school balance, and most importantly, how much it taught me about myself.

STEMspiration Event

Back in November, Timberlane hosted their first NH High Tech Council STEMspiration event for approximately seventy eighth and ninth grade students. STEM is an acronym for Science, Technology, Engineering, and Mathematics, and events such as these bring female STEM professionals into the school to promote STEM education and inspire young girls to consider career avenues in the STEM fields. Michelle Grimm, high school engineering teacher, organized the event along with help from Loraine Mascioli, high school math teacher, Deb Leondires, Academic Support coordinator, Jennie Froment, middle school STEM teacher, and Carol Liss, middle school computer teacher.

The event was inspirational from the beginning through the end. The girls were first introduced to Timberlane grad and YouTube star, Lilly Hevesh, and her STEM inspired dominoes, and ended the day meeting another TRHS grad and current MIT student, Theresa Machemer. Both girls encouraged those in attendance to follow their passions. While the girls were exposed to a number of career opportunities in STEM related fields, there was one consistent theme that permeated throughout the day, and that was that “girls *can* be successful in STEM”. This positive message defined the day and inspired the girls and ensured the continuance of this program.



National Business Honor Society Induction



An induction ceremony was held December 8, 2016 to initiate members into Timberlane Regional High School's Chapter of the National Business Honor Society. This society, which is open to juniors and seniors, provides national recognition to outstanding students in business education. It also fosters and recognizes leadership skills and character development. Timberlane Regional High School, the Business Department, and Dr. Wendy Bibeau (advisor) congratulate all of the members to the chapter.

Students in order from left to right:

Jessica Ward, Drew Siemering, Nicholas Nifakos, Niko Kakouris, Jace Jones, Robbie Horgan, Erin Grady, William Gannon, Thomas Doyle, Sarah Casey, Rachel Komenda (Treasurer), Colleen Donnelly (Secretary), Ryan Allen (Vice President), and Juliana Mancinelli (President). Not shown Shan Shan Zheng.

Timberlane's School of Rock

We are so proud to announce that Timberlane has made it to the front page of New Hampshire's Parenting magazine, February edition. The article, written by journalist Bill Burke, begins, "It's the end of the school day at Timberlane Regional High School and the halls are filled with students rushing from classrooms, making afternoon plans and piling onto buses for the ride home.

"When things begin to clear, however, the sound of a single guitar begins to echo through the recently deserted hallways. Notes bend and skip up and down the fret board as Alexander Gray, a senior at the Plaistow school, tears through a note-for-note version of Sublime's "Santeria" on his Fender Telecaster as his fellow bandmates begin to arrive..."

If you would like to read the entire article, it can be found on [Parenting NH's website](#).



Cena Romana

The recently founded "Timberlane Classical Society" hosted its first annual *Cena Romana*, or Roman Feast. Using guidance from a collection of ancient Roman recipes called *Apicius*, Latin students prepared five Roman dishes from scratch. To create the most authentic entrées, they used ingredients that would have been available to ancient cooks whenever possible. What resulted was an impressive and pretty delicious display of culinary execution.

Their menu included Columella Salad, a herb salad of cilantro, mint, and parsley with farmer's cheese; Lentils with Coriander, boiled lentils with coriander, fish sauce, and leek; Chicken and Leek, served with dill, fish sauce, and fig jam; green beans seasoned with honey, coriander, and you guessed it...fish sauce. Only a few of the members had a taste for the fish sauce which was a favorite condiment of the Romans called *garum*.

The Classical Society finished their meal preparations with a Honey and Nut dessert made with dried dates, stuffed almonds, and stewed honey. While all dishes were well prepared, the overwhelming favorite of the night was Sierra Brown's chicken and leeks. Even if they didn't leave wanting to change their diet to full time Romanitas, the students left with an appreciation of new culinary expressions.



How We're Making a Difference

What's Your Impact?



According to Senior Julie Lanctot, they were just a group of kids in a Creative Writing II class who wanted to do more than just classroom work; they wanted to have an impact and wanted to show other students that they have an impact as well. One day, English teacher Mr. Constantineau assigned his Creative Writing II students the assignment to design a creative project that would have an impact on the school body. Julie reports that she and her fellow class-

mates came back the following day with heads full of project ideas. After a thoughtful discussion, the students decided to combine two of the pitched ideas, which resulted in their final project.

During class, they created the bones of the project which would be a long singular piece of paper that would be taped to the floor with shoe print cut outs leading to a section of wall where students and staff could write the impact they hope to leave on Timberlane, or an impact that someone or something has left on them. The class set up a table during lunch periods with more shoe cutouts which students could write their impacts on, and then promptly posted on the wall near the paper on the floor. Julie notes that students seemed to be very vested in what they were writing and were really excited about the project and happy to see it posted with many others. The end result was an amazing art installment that brightened our school just a little bit more and showed that no matter how big or small, we all have an impact.

Pink Night

On Friday, January 27, the TRHS Basketball Boosters teamed up with Project Hope to host a Project Hope night at the Owl's Basketball game. Instead of charging for tickets, the boosters generously allowed fans to make donations to Project Hope. Through this endeavor and sale of Project Hope gear, the night yielded over \$550 for Project Hope. Fans were able to honor those



they love affected by cancer by participating in the Cancer Awareness Ribbon Tribute Wall where they could fill out a ribbon for a fighter, survivor, or hero (someone they have lost to cancer).

Project Hope will host their annual Strut for a Cure fundraiser on Saturday, March 18, 2017. The group is looking for raffle/silent auction items that will be given away that night.