

Volume 2

"All Hail Macbeth"

By Maria Heim and Maggie Mccormick

No witchcraft was applied to The Timberlane Players performance of William Shakespeare's "Macbeth" on October 27-29. Several performances took place throughout those dates, as well as different casts!

The impressive shows included Nick Valhouli, Justin Nimmo and Austin Townsend playing the lead of Macbeth, as well as Liz McGowan and Amber Malkin as Lady Macbeth. The play was enriched in passion, gore, and insanity.

For most actors, it was hard to comprehend the plot with the complicated language used. **"Interpreting Macbeth in a way that respected William Shakespeare's meaning, as well as putting my own touch into it was a challenge for myself,"** said Valhouli.

Many actors had to do some serious research to help them better understand their characters, as well as the entire show. MacBeth has been a long but great journey for the cast that resulted in an even better production.

The plot revolves around a man named Macbeth, who runs into three witches. These witches tell him that he will one day become King of Scotland. Shortly after this, he secretly murders the king and takes the crown for himself. This secret leads him more into madness. Eventually, he sets out to murder his ally, Banquo. These murders don't only affect Macbeth, but they also have a large effect on Lady Macbeth. She is driven insane as well as her husband. She eventually kills herself, not being able to bear the stress of keeping Macbeth's secrets. As king, Macbeth wrongs many people. One of those people is Macduff, whose entire family was killed by Macbeth. In the end, Macbeth ends up in his final resting when challenged by Macduff, who was seeking for revenge.



Photo courtesy of Timberlane Players Facebook submission by Ellen Lavoie

Macbeth is a serious play compared to a musical or a comedy, "Serious plays give a more challenging opportunity to act," commented Valhouli.

Senior Amber Malkin, who portrayed Lady Macbeth, says that serious plays like this one "take a lot more to move the audience." Scenes like the "Out Damn Spot" scene really made the audience think about what was happening and look into Lady Macbeth's character.

All of the actors would agree that this was one of the hardest plays they've ever done. Malkin said the hardest part of the show was "not only memorizing [her] own lines, but memorizing other people's parts and what they meant." Despite the difficult language, the portrayals of the characters and events enabled the audience to connect and follow along without understanding verbatim each of Shakespeare's words.

Throughout the dialogue, topics such as abuse of power and supernatural influences were represented in an impressive manner. Such as when The whole show revolved around three witches who influenced Macbeth to selfishly take the crown for himself.

Once again, the Timberlane Players have done an outstanding job performing Macbeth.

History Book Club Gives Back to Local Veterans By Mrs. JoAnn Blanchette





November 2017

What do two cans of shave cream, food coloring, glue guns, gold and silver stars, penmanship lessons, and an assembly line have in common? The talent and creativity of the TRHS History Book Club's Veterans Day card tribute to local veterans. The project was led by seniors Emily Dolan and Emily Shaw who initiated the card making process over the summer and quickly recruited fellow book club members Eric Grenier, Molly Antkowiak, Rachel Paradis, Alyssa Rollins, Joyce Saghbini, Marissa Arnold and Cam Magner to join in the process. The book club members also reached out to Mrs. Sue Inzenga from the middle school for an after school lesson in calligraphy. The students created over 100 cards and graciously distributed the cards at the TRHS Veterans Brunch and as well as during a visit to the Manchester VA Hospital on November 9th. The experience was emotional, uplifting and a true reflection of our students' commitment to service.



INSIDE THE ISSUE			
What's Happening	Pages 2-3	TRHS Sports	Pages 13-15
Owl's Nest	Pages 4-8	Sports	Pages 16-17
Local News	Page 9	Features	Pages 18-22
National News	Page 10	Advice	Pages 23-25
World News	Page 11	Reviews	Pages 26-29
What's Hot	Page 12	Editorials	Page 30



Best Buddies Dodgeball Tournament

By Dan Komenda

Best Buddies is an organization where a person with a disability is paired with a person without a disability to be able to build lasting, quality relationships. On October 28th, the Best Buddies program held a dodgeball tournament. This tournament was the first they've ever done and was held in order to raise money for Best Buddies, while also providing the participants with an exciting event. The organizers of this event were also very generous and provided free beverages and food.

The invigorating tournament started with nine teams. Those teams were Danville Police Department, The Big 7, The Harlem Globe Dodgers, Geeza, Dodgy Style, Squeen Bean, Spark Manufacturing, The Seven Dwarfs, and Faculty. There was also a game between two Best Buddies teams in which all players played outstanding. The Danville PD dominated their half of the bracket and secured a spot in the finals early on. On the other half of the bracket, a couple of no show teams led to a chance for another team to come back into the bracket. Geeza took the opportunity and worked their way back in, only to lose a very close game with Dodgy Style for a spot in the finals.

It was a very good finals matchup between The Danville PD and Dodgy Style as neither had lost a game during the tournament. However, the final game was much quicker than expected and Dodgy Style came out on top. For their accomplishments they were rewarded with one hundred and fifty dollars cash. Dodgy Style, with their kind hearts, did not accept the money and insisted that it goes toward the Best Buddies Program. The top three teams were also awarded with pottery made by the buddies themselves, and Danville PD as well as The Seven Dwarfs were awarded with trophies for the best costumes.

The tournament ended up being very successful, raising close to \$400. According to Alfred Barney IV, "The tournament was as successful as planned and we hope to do it every year."

The Best Buddies program also does many other things for its students. Every year, they have a bowling party so everybody can get to know their new friends. Also this December, they are going to see the Nutcracker and also get lessons in Taekwando from a self defense instructor.



Photos courtesy of Ms. Arielle Unger

Meet The Chorus

By Ryan Monahan

Every year the chorus recruits new members with different sounds to be a part of the chorus family. The Timberlane chorus is a group of roughly 100 talented singers who work together to sing a variety of songs composed by several famous composers. However, many students and faculty members don't know what it's really like to be a part of such a group.

Within the chorus, everyone is separated into different sections based on their voice range. There are four sections-Soprano, Alto, Tenor, and Bass/Baritone. Most of the time, the Soprano and Alto sections are made up of girls, while the Tenor and Bass/Baritone sections are made up of boys. Within the four groups, there are also several other smaller groups. The groups, although separate, come together sometimes to sing all as one.



In an interview with Senior Caitlynn Wilkins, who has been a part of chorus since 6th grade, Wilkins shared, "I'm not going to tell you that chorus is amazing all the time, and believe it or not, it's hard, but it has been a big part in who I am and what I love, which is to sing and just be myself."

Senior Emily Noonan, whose been a part of chorus since the fifth grade, said, "Chorus has been a major impact on my life these past 7 years. Over the years, we have all grown up together as a family who loves music and there's nothing else like it."

In an interview with the President of the choir, Bryan Lavoie, expressed the impact of chorus on his life, "Well to start, I wouldn't have any of the friends that I have today if it wasn't for choir. I wouldn't have the love of music that I do now without it. I wouldn't have go in to do musicals and things along those lines. I wouldn't be the president of the organization."

When talking with the Choral Director, Mr. Finch, he said, "Here at Timberlane our concert choir consists of students of all varying musical abilities who come together and work as a giant team with the common goal of putting on a public performance. Music performance in itself is a very unique opportunity. It is one of few things we see in today's' society where a mass of people come together not to make war or spread hate, but for the soul purpose making and leaving the world a more beautiful place than when we began."

Wilkins, Noonan, and Lavoie show how passionate they are for their love of chorus and how much it has impacted them throughout their singing careers. Anybody who

likes to sing with others should consider joining chorus. However, if you don't want to directly be in the chorus, you can always go to the three concerts in the PAC throughout the year. The first one is December 10th, come and watch an amazing performance.

Photo Courtesy of Ryan Monahan

What's Happening?

Junior Semi Formal 2017

By Abi DeNault

The Junior Semi Formal is one of Timberlane's favorite school dances. This event is something that juniors look forward to every year. Many students believe that semi is one of the school's best events of the year. Semi is basically the less formal version of prom, but for the junior class. everyone participating in this event is usually pretty excited. This dance requires students to wear something fancy, but not too fancy, hence the name "semi formal". Semi will be happening on the December 2nd, the first Saturday of December, which will be held in the school's gym from 6pm to 9pm.

Semi may be an exciting event for juniors on campus, but the price of this dance has been debated for years. The 2016 semi was selling tickets for the price of \$65. "I didn't mind it a ton, but I'm not sure where it went to," said current senior Emily Drislane when asked about the price. The price depends on how much money the executive committee raises for their class. Exec has to come up with a price that will pay for food, a DJ, and even police. In last year's case, \$65 made the class of 2018 money and paid for all of the expenses needed to make the semi formal run smoothly, while also acting as a fundraiser for the class. This expensive price can be difficult for some students to meet, especially at the young age of sixteen for teenagers holding low paying jobs. The cost is a major factor on whether a student will attend the dance.

Many people at Timberlane love the idea of semi. Dresses, tuxes and dancing is what many students get excited for each year. Senior, Liz McGowan said, "It was really fun."

Though last year's dance was not that big, many students that attended say it was a night to remember. Students this year are also excited to go. Current junior Steven Tumieno said, "I'm excited for semi, and I'm going because I want to." Many juniors are going for the sole purpose of the experience.

This year, the class of 2019 will get the chance to choose the theme of this year's dance. The junior executive committee sent out an email to the junior class with a Google poll, to give the students an option for the dance they will be attending. The options included Winter Wonderland, New Years, Fire and Ice and the winner, Snowflake Masquerade.

While some people choose to go all out for the semi formal, some choose to opt out. Current junior Julianne Cronin said "I'm not going to semi because it's expensive and I don't have anyone to go with." Dates are also a factor that is played when people choose to go to semi. The semi is a dance, so many students want to go with a date. Some students decide to go with their friends because they would rather not stress over corsages and date pictures. Semi can be enjoyed with anyone in the school.



Photo Courtesy of Mr. Steve Boucher

This year, the Class of 2019 had just under 200 attendees to the Snowflake Masquerade semi-formal. The 300 hall was transformed into a wintry, elegant entry complete with illuminated snow, tea light candles and snowflakes. The cafe windows were lined with tulle and icicle lights, while attendees entered through a balloon archway onto the dance floor. There was also a photo booth, refreshments provided by parents and a ballot for the King and Queen, who were Justin Nimmo and Ellie McCormack! It was a fun night and everyone had a great time!















Marching Band Senior Night

By Rory Ceplo and Travis Paradise

Even when we were underclassmen, Senior Night was always one of the most exciting points of the Marching Band season. This tradition-filled night gives all band members the opportunity to celebrate all of the memories that they have made with their peers in the senior class. Although we were upset that we would no longer see their faces among our ranks, we were grateful for the amazing times that we had with them. However, this year Senior Night was very different for us. It was finally our time to shine in the spotlight.

Senior Night always involves a lot of planning. Underclassmen prepare to celebrate the senior class by organizing a few traditions that occur while the seniors' names are called. Some of these include setting off confetti poppers, coating them with silly string, and playing short tunes. In addition, seniors have many traditions of their own. All seniors, except those in the percussion section, receive the prized "sequin baldrics" (sashes worn over the shoulder that are covered with shining sequins) and their parents attach a carnation to their jacket. On top of that, many seniors choose to light themselves up with glow sticks and lights. Seniors are also able to use their creativity and come up with other cool ideas like putting a picture of Mr. Clark on their back.

Sophomore Eli Duff reacted positively to the event, stating that, "It doesn't feel like any other football game. It kinda makes me feel like a senior too in a way. I've created a special bond with some of them. I've known them all through high school and I'm going to miss them. It's just really special. Everyone wants to impress the seniors." To him, the traditions make it "feel like a graduation, very, very emotional," also stating that, "it's nice to see the different ways of recognition for the seniors that they've always deserved. It's very necessary." Eli really put it best when he said "Senior Night feels like a birthday or going away party with all the confetti, balloons, and screaming going on. That makes it memorable, but also the fact that it only happens once a year is another reason why. It's just a really memorable night each year, it doesn't matter your age or grade. It's really fun."

In addition, we spoke with fellow senior Marika Bogdanovich. She stated that her favorite part of the event was the decorations the seniors used to make their instruments stand out. However, she didn't only add lights to her trombone, she also brought an umbrella in order to shield herself from the onslaught of confetti thrown at her by the underclassmen in her section. When asked about whether or not she would miss performing in the marching band, Marika had some conflicting opinions. She was saddened that she would be unable to perform with the band in any more football games, but also thought that it was a nice thing that she no longer had to attend practices, as prepping for the halftime show was often repetitive.

However, some of the festivities were not as extravagant as they have been in previous years. Due to some timing issues, we were unable to play our cadence (a drumline piece played while the band is marching). Also, the band was restricted to using a smaller amount of confetti as it would have been difficult to clean up after the celebration. However, even with these small issues, Senior Night was still an evening to remember!

Timberlane Students Joining the Military

By Justin Berube

Senior year can be very stressful deciding where to go to college, or what to do for work. Students at Timberlane are taking a very honorable route by, joining the U.S. Forces after High School.

Enlisting into The Marine Corps seemed to be a very popular amongst our students joining the U.S. Military. Seth MacLaughlin enlisted into the U.S. Marine Corps in May of last school year. His Grandfather was a marine, which influenced his decision to enlist into the marines. "I've had the dream of being a marine since I was a little kid, and college was never really an option for me." Eight days after graduation there will be leaving for boot camp in Parris Island, South Carolina for 13 weeks. "I'd rather leave now than later." Seth is excited to join the Marines to serve his country. One thing Seth is not to happy about is being home sick. "Being away from my family will be the hardest thing, but it's worth it in the end to get the title as a Marine. My family doesn't understand my decision to enlist, but I know they have my back every step of the way."

Students at Timberlane should take notice on what students will be serving in the military. Make sure to thank students that have made an honorable choice, and for their bravery and courage. Not many people are willing to put their self before their country, and that's why they are brave. Best of luck to all of the students who plan on serving their country after school.



Photo Courtesy of mrlandlord.com



Fall Project Hope and Planning for the Show

D (1 · D 1 ·

By: Shania Robinson

Project Hope is a beloved Timberlane tradition. The whole Timberlane community comes together to raise money and awareness for Cancer. Throughout the year students, hold several fundraisers for project Hope. Then in the spring, the students run the main fundraiser the (strut for a cure) fashion show. The students and teacher advisors spend all year planning the fashion show. All funds raised go to cancer organizations and local families affected by Cancer.

Project Hope was started by two students whose families had been affected by cancer. They wanted to do something to help everyone affected by Cancer. The students

went to Mrs., Guanci with their idea of putting on the fashion show (since they wanted her to be the teacher advisor) and now project hope is going on its ninth year.

I interviewed the new teacher advisors Miss Mill and Miss Treanor to see what they have planned, and how their first year with project hope was going. I found out that both think project hope is going good so far. In the fall, they plan to have a booth at the spirit week carnival, and they plan to run a water station at a local race. Project hope also plans to collaborate with the Jimmy Fund. To Miss Mill project hope means "Being a part of something bigger than yourself." To Miss Treanor it means "Seeing students be passionate about something". I found out that one hundred and seventy students are participating in project hope and Miss Mill added "and six fearless leaders, who are the ones who take the reins".

Overall, this is going to be an exciting, eventful year for project Hope. Students are always welcomed to join. If you do not have time, you can still contribute to project hope by donating when the fundraisers go around or by showing your support and coming to the show.



By Josh Downing and Seth Maclaughlin

To students, a teacher's life outside of school is a mystery, other than the occasional run in with teachers outside of the classroom, students don't really have a clue what teachers do on their free time; and why would they? Just like anybody else teachers pursue a personal life outside of school, like participating in activities or running businesses on the side. For example, Mr. Kelly the well-known law teacher has a company on the side called jimbo's surfwax, he also likes to wake up early in the morning and hit the ocean before school. Most teacher's responses to how they spend their free time out of class usually is answered with short explanation of bonding with their kids.

I have spoken with one of our local teachers here at TRHS by the name of Mr. Woodworth; he shared with us that he recently had a child that is now a year old but occupies most of his free time. It seems as though when teachers are not with their students at school their time is consumed with looking after their own kids.

Teachers have their share of homework too; our work has to be graded somehow with tests, quizzes, and homework assignments for the large quantity of students it makes you wonder if they have any free time at all.

As hard as teachers work, some have two jobs or do some other work related activities other than school. Over the summer, it's common for teachers to pick up a second job; when having two months off from school it gives them time to make some extra cash if they wanted too. Some might be part of a sports team that involves being a coach or assistant coach, or any sports related staff spots. Mr. Bauman coach of the boys varsity basketball team, Mr Fitz head coach of the Timberlane football team, all take the time to help our students at TRHS pursue their sports dream.

Teachers play one of the most important roles in society, preparing students for the future, while juggling a life at home. While their time is consumed by responsibilities, they have to maintain a life at home being able to provide a good amount of time for their children, or even a good adult life for themselves. Bottom line, teachers do more than give homework.

Courtesy of Sparknotes.com

Surfing in New Hampshire

By Ryleigh Lukas

Out of the many activities a person can do in New Hampshire, surfing typically isn't the first idea people get. Timberlane is one of the few privileged schools who gets the opportunity to be a part of something different and exciting. Mr. James Kelly, a big surfer enthusiast, is the leader of the surf gang here at Timberlane HS.

Since Timberlane isn't located on a beach with good waves, they improvise by going to an indoor wave pool and going to Hampton Beach. These are only some of the many things surf club does. Surf club has been a part of Timberlane for many years and it's a club that unifies the people who share the same interests.

Mr. Kelly explains, "My favorite part about surf club is connecting with the students outside of the classroom."

During school, not many people always get the chance to do their favorite activity. Surf club creates an environment where people can be as passionate and enthusiastic as they want. The club has big things coming in the future. Going on a big surfing adventure, getting new gear, and potentially getting TRHS surfboards are some examples.

Senior Dylan Dye shares his thoughts about surf club, "I think my favorite part about it is seeing Jimbo every Photo Courtesy of Kyle DiBurro day."

Not only is surf club a place for those who enjoy surfing, but it's a place that's open to everybody despite your knowledge or experience on the board. The meetings are typically on Wednesday's after school in room 209. It's a great environment with good people just looking to hit the waves!

Beard of the Month

By Drew Wilson

Beards have been celebrated for hundreds of years all around the globe... in some cultures, they show social status, others wealth, and in some they show age. But, as the person solely tasked with choosing beard of the month, I don't really care about all that jazz; all I know is that I know a damn good beard when I see one, so without further ado this month's winner of beard of the month is Ryan Makepeace!





Makepeace's beard is one to be remembered.

When asked what separates and makes his beard better than other beards he said "My boy Rocky hooks it up."

Makepeace has slowly been evolving his beard over the years, starting with the classic chinstrap, and slowly, but surely, transforming it into the full face of hair he has now. But this process was not as easy as it sounds, Makepeace went through many trials and tribulations; experimenting with many different styles until finding the perfect one.



Photo Courtesy of Drew Wilson

Thank you to the Timberlane Community for your generousity and support of the Mealey's Meals program! Through your efforts, we were able to help over 200 families during this holiday season!

Day Of The Dead Bake Sale

By Elizabeth McGowan

Day Of The Dead is a holiday that is celebrated throughout most of the country of Mexico. This is a holiday that takes place between October 31st and November 2nd. During this holiday the people of Mexico celebrate their family members and ancestors that have passed on. They do this via many different traditions, however the most prominent is the food that is made during this time.

In honor of this Mexican holiday, the Spanish Honor Society at TRHS hosted their first fundraiser of the school year on the days of November 1st and November 2nd.The many members of the society meet monthly where they discuss different fundraiser ideas and different activities to spread the Spanish culture around Timberlane. However, there are some fundraisers that remain year to year. One of these fundraisers is the Day Of The Dead bake sale. On the days of the fundrais-



er,the honor society set up a table in the front of the school and sold many baked goodies. All of the proceeds from the fundraiser are going to the honor society and the Spanish Honor Society scholarship fund.

Every year the members of the honor society are required to bake some form of dessert that the society will then sell for two days. The goods are sold for \$1 a piece, and by the end of the two days, most of the desserts are sold out. The desserts range from cupcakes, to rice krispie treats, to candy apples, so there is something for every kind of person. One of the favorite treats from this year was a

Photo Courtesy of Shutterstock

rice krispie treat which was decorated to look like a sugar skull, which is the token dessert for families in Mexico during this holiday. When asked about the success of her sugar skulls Briana stated, "People were more apt to by them because they were delicious and large."

In the end, the fundraiser was a definite success. Most of the goods sold out, and the society made a good amount of money for the scholarship. However, the money isn't the only benefit. Spreading of the Mexican culture is also a huge benefit. All in all, the fundraiser was a success. As Spanish Honor Society president Brian Desjardins stated, "It went so well because of the generous donations and hard work put in by the members of the society. I am wicked happy with how it went."

Señora Allen- Staff Spotlight

By Jess Amorelli and Aaron Augusta

For many students, they have a certain teacher they can go to whenever they're having a personal problem or a school related problem. There are just some teachers a student can form that special bond with. Senora Allen is one of the most well known teachers in Timberlane. Talking to her for just a few minutes can brighten anyone's mood and turn a bad day into a good day. She's very caring and understanding when it comes to talking to her on a personal level. She makes learning fun and everyone always looks forward to her class. When asked how she felt about being nominated for Staff Spotlight her response was, "I am so excited and honored!" Senora Allen is a Spanish 1 and 2 teacher who has been teaching at Timberlane for 20+ years.



Senora started high school in 1982 and graduated in 1986, "My school had Spanish classes all the way up to Spanish 5, so that's what I took. They didn't have a Spanish honor society like Timberlane does, but if they did, I would've been in it."

The One and Only: Mrs. Pajak B Lily Collins

It seems as though everyone knows Mrs. Pajak! Her dazzling smile and her incredible cello skills are travelling throughout our middle and high school. Whether you're involved in a music, or just a regular student, I'm sure you know who she is. Louise Bears Pajak is the orchestra teacher for grades 6-12. With her fabulous hair and god-like complexion, you would never believe that she's been teaching for 38 years. She started teaching here at Timberlane in 1979, and has been here ever since. "Well obviously I like Timberlane. I stayed here for 38 years, and raised by daughter here."

Mrs. Pajak doesn't stop at string instruments. She also teaches guitar and is in

concert choir with Mr. Greene and Mr. Finch. "Well I love music" says the woman of the hour. She plays a variety of instruments, some better than others. "I've been playing the cello for...oh God...52 years. I play the piano...poorly, the bass, the guitar and the violin."

There isn't a doubt that she loves music, but her love doesn't end there. She expresses her love for her students day by day, while spreading positivity and joy. Unlike many, she doesn't pick favorites. "I like all grades. I like the little kids because they are so excited to play their instruments. And I like the big kids because of their abstract



thinking." Her favorite part of teaching is watching orchestras grow from grade 6 to grade 12.

Mrs. Pajak isn't just a wonderful teacher, she's also a cello prodigy. She continuously amazes everyone with her incredible skills on the 4 string implement. She's quite humble about it, only showing off her skills in concert or during class. I guess practicing an instrument for 52 years helps to be that gifted fine.

Lucky for us, Mrs. P doesn't plan on leaving any time soon. "No." She said without a thought when asked about if she was thinking about departing from Timberlane. We're lucky to have her strutting in our hallways, while she disperses her alacrity throughout the school.

The New Beginning Of The Environmental Club By Elizabeth McGowan

For anybody who is concerned with the health of the environment and wants to make a difference in protecting it, there is an opportunity for you to make the impact you desire. This opportunity is to join the environmental club.

The environmental club meets every single Friday after school, and every other Monday after school. However, if you cannot dedicate yourself to the club completely, that is okay, you are more than welcome to just come to meetings here and there.

During the meetings the students plan, organize, and brainstorm different ideas of how to help the environment both locally and on a global scale. Some of these ideas include electronics drives and teaching people about recycling properly. Also, there are many programs to help people and the environment in different countries that the club might take part in. These include buying a piece of land to preserve, adopting an animal, or buying a well for a small village in another country. The big event that the club is planning will be on Earth Day in April, and it will raise money for a project that the



Senora has always loved Spanish and being able to teach it to high schoolers is a dream for her. Her way of teaching makes learning enjoyable, which says a lot about her personality. She is always cheerful and full of energy. Many students had her freshman and sophomore year for Spanish 1+2. One of her former students Alana Miller says, " Senora has been my favorite teacher

since I started at the high school 4 years ago. She's very understanding and helpful. She loves country music and I could always talk to her about the upcoming concerts. She hates swearing and made that pretty obvious in class by getting upset whenever someone swore and she always has perfect hair." Senora is the type of teacher that likes to see a student's success and keeps in touch over the years, whether that's on facebook or having the student come back to the school. When asked about her, Ms.Runnells says " She really goes the extra mile for kids, she goes above and beyond and it's almost like she adopts the kids and pushes them in all subjects."



Photo Courtesy of Clipart Panda

club will choose at a later date. After the events are chosen the group then works together to put together said events and advertise them.

The club wouldn't be complete without its members who are quite ecstatic about the club and what it has to offer. When asked about her favorite part of the club, member Olivia Marshall said, "It is an open forum and everyone has a say. Everyone is enthusiastic! Plus, Ms.Weiss is an angel." This goes to show that the club welcomes everyone with open arms, and loves to hear new ideas. Plus, it is run by Ms. Weiss who is equally as enthusiastic about the subject as the students are. Another member, Ryan Monahan, stated that, "[His] favorite thing about environmental club is that [they] know what [they're] doing is going to help, even if just a little. Plus, we get to educate others on the issues in the world." Being in environmental club will allow you to make a difference in the world and even if it is a small difference, it can still create a big butterfly effect.

The environmental club is a new student group where you can become involved with helping the environment first hand. Being a part of the environmental club will not only allow you to help the local environment, but it could help you to make a global change as well. If you would like to join the Environmental Club come to Miss Weiss's classroom on Fridays after school.

Life of a Guidance Counselor

By Christian Allaire

There are many great guidance counselors here at Timberlane. They are always giving their time up to be as helpful and constructive as possible to each student. They are easily reachable and always look to get the very best out of each of their students throughout the year.

Mr. Dan Woodworth and Mrs. Maura Maher were interviewed to see different aspects of the guidance counseling profession, as well as personal opinions they have about what they do. Mr. Woodworth has been in the counseling world for about 7 years now. He had previously been a counselor at Pinkerton Academy for four years but then decided to continue his duties here at the same high school he was walking through years ago. This marks his third year here at Timberlane. Mrs. Maher is in her 15th year of counseling all of which have been at Timberlane after she graduated from college.

Mr. Woodworth likes to see the positive impact he has on students, "I enjoy the idea of helping kids help themselves. I become very happy when students achieve their goals."

Many people are often confused on what guidance counselors actually do, "Sometimes there is a misconception that our focus is mostly on college applications and scheduling classes, when in reality, our job entails so much more. We meet with students and families who are struggling and need assistance," said Maher.

Guidance counselors are very selfless people who make the student the top priority. They enjoy the feeling of seeing their students go through challenges and then overcoming them to accomplish their goals. "I love that every day is different. I never know what students will need me on a specific day or what they will need me for." Added Woodworth.

The hard work students put into their schoolwork is rewarded at the end of the school year where they find themselves out on the football field for graduation. "My favorite part of the job is going to graduation and watching all the students walk across the stage moving on to the next chapter in their lives," said Maher.

The staff here wants everyone to reach their full potential. The help these guidance counselors give is tremendous and we should be appreciative for all of the sacrifices they make for us over our four years.

Interview with Dr. Richman

By Josh Banks

Timberlane Regional High School students are provided with many different curriculums, hands- on tools, and a variety of faculty members that are useful resources for them to achieve their goals. The faculty members can greatly impact a student's experience at Timberlane. Therefore, students should be granted information about resources that can be referred to them throughout their time at Timberlane.

One of the resources that students should be aware of and utilize is the school's psychologist. The school's psychologist is Dr. Sam Richman, located in room 616A. Dr. Richman is a licensed psychologist with a doctorate's degree in clinical and school psychology. Dr. Richman has had a very successful career in psychology. During his twenties, he worked in a psychiatric facility, transferred to performing private practice, and currently has been a school psychologist for Timberlane for approximately 15 years.

During the midst of our conversation, Dr. Richman explained exactly how he operates within the school and how he collaborates with the school counselors and other faculty members. Dr. Richman stated that he can offer numerous services to students such as help ranging from simple learning strategies, alcohol or drug problems at home, therapy/support group referrals, or students with suicidal thoughts.

Dr. Richman began commenting on how he felt about students being able to find someone that they can rely on and talk with. After pausing a moment to reflect on his thoughts he explained, "If you're having difficulty, it's helpful to talk to a family member, a good friend or a trusted adult. At our school, we have amazing school counselors. I recommend that students talk to their school counselor first."

Next, he was asked if he had any suggestions for people who don't have the greatest self-image and how they could possibly begin to feel better about themselves. To this question he replied, "Find whatever works best for you. Do more of what makes you truly happy. Avoid negativity, eat healthy and exercise both the mind and body."

Dr. Richman was then asked if he had anything to say to students that were considering an education in psychology. Dr. Richman answered, with a hint of passion, "If psychology is something that you find interesting, go for it! There are a lot of different things you can do with a psychology degree."

Courtyard Usage By Cole Harnois

During the school year, work can become stressful and annoying for students, especially those in their senior year. If you are a senior, the senior courtyard is available to go outside to enjoy the nice weather with your friends, whether it be during a free period or lunch. For most people, this is the preferred place to go as opposed to the cafeteria or library. In the courtyard, student's have a variety of options on how they want to spend their time including playing card/lawn games, throwing a football, talking with friends or just doing school work.

If you have a free period, sometimes finding something to do for ninety minutes can be difficult. Playing games with your friends is a great way to pass the time. So far this year, card games like BS, kimps, 45s and others have been a lot of fun to play. Also, with permission, you can bring in games to play. Spikeball has been a really competitive and fun game in the courtyard so far, and although we have had trouble with balls going onto the roof, it has made for a great time.

"It's a game of the future," said Taylor Donovan, talking about one of his favorite games, spikeball. Donovan also added that he and Connor Schott have never lost as a team, although they have come close.

The courtyard can also be great for doing school work. Although at times there can be distractions, it provides a good work space and a good working environment for homework. If you have any missing assignments or just want to get a head start on tonight's homework, the courtyard is a great place to do so.

Unfortunately, the courtyard has been having it's downsides recently. The big issue has been a bee infestation that has come out of nowhere. Bees have been flying around everyone at the picnic tables, landing on people and their food. Nobody has been stung, but the bees are extremely annoying and have been causing students to move inside.

Senior Drew Wilson has recently taken on the role of Bee Keeper, doing his best to keep the students of Timberlane safe.

Wilson tried his best to explain the situation saying, "The bees... they came, they conquered. I did my best to exterminate them. I failed. Approximately one week ago, I braved the bee infested wasteland that is the courtyard. Armed with only a fly swatter and baseball bat, I attempted to help bring the bees reign over the courtyard to an end. I did not succeed and the courtyard was promptly closed."

Around the end of the interview I asked Dr. Richman to deliver a message that he wanted to leave off on. This message is something he had to feel strongly about, something he felt needed to be shared on a larger scale.

"I think the message is that everyone, adults, students, have things happening in their lives where they need help. Some people get help from friends, from family members, if you need it, get help from someone at school. If it's me, great; if it's the school counselor, that's also fine; if it's the teacher, that's also fine; but everyone needs help every once in a while. And it's not a bad thing, things happen to people. And that if you get the help, hopefully the problems won't become worse." When Photo courtesy of Pinterest asked if the meaning behind what he said was "You don't

care who you get the help from-get it." He remarked, "Right, to get it. And you'll be better off for it. Talking to someone is also helpful."

Timberlane students should feel encouraged to utilize their resources. Dr. Richman is a single referral away from being able to assist during their high school career. To Dr. Richman, the important thing for students to do is find assistance if you need it. Students should consider to follow up on this advice because a little help can't hurt. Overall, the courtyard has been a great option for students, giving them a place to get away from the rest of the school and enjoy themselves.

UPDATE: The courtyard has been re-opened after the school handled the matter.



Meet the Milkmen

By Ryan Monahan & Caitlynn Wilkins

You have seen them in the hall! You sit next to them in class! Now see them as the Milkmen!

Here at Timberlane, there are several clubs and activities to join or even attend their events. One of these groups that entertains the students of Timberlane is The Milkmen. What exactly is The Timberlane Milkmen? It is a group of talented performers that engage in a difficult art form called improvisational acting. This group performs in the Timberlane PAC recital hall once a month. You can see them for for \$5, and all profit goes to a worthy cause or charity. During their performances, they act on the spot in skits and games that are geared to entertain the audience.

In an interview with Mr. Castano, coach of the Milkmen, to learn more about the history of how it started he said, "The Milkmen started in September 2008. It was the brainchild of former Timberlane alumni, Michael Short. Michael Short was on a mission to bring laughter to the hearts of all... In the first year of the group's existence, we only produced three shows in a school year; now we produce eight to ten. Additionally, our skill set was limited to only about twenty games. Now we have amassed over one hundred games, as well as, techniques to master a long form style."

The Timberlane Milkmen are made up of 13 students ranging from juniors to seniors. Among the 13 milkmen is Elizabeth McGowan (Senior), Jessica (Kate) Proctor (Senior), Mike Bailey (Senior), Will Tapley (Senior), Austin Townsend (Senior), Emily Drislane (Senior), Sean McClure (Senior) and Ryan Schadhauser (Senior), Dain Berardiangelo (Junior), Steve Allen (Junior), Luke Sanchez (Junior), Adriana (Ace) Quirk (Junior), and Ellie McCormick (Junior).



Photo Courtesy of Timberlane Performing Arts The Milkmen are not just made out of these wonderful students, but also the wonderful Timberlane staff members that organize the practices and put together these performances. Mr. Constantineau, the Improv teacher at Timberlane HS, and Mr. Castano, an English teacher at Timberlane HS organize a chunk of what gets done in the Milkmen, but they are just as surprised as to what the students are about to say as much as we are.

Improv actors are constantly pushing themselves to go on stage unscripted. In an interview with fellow improver Elizabeth Mc-Gowan, she says, "It is very fun because it pushes you outside of your comfort zone because you are so vulnerable when you're up there".

It appears as though this Timberlane student enjoys a challenge and does not mind being pushed farther away from her comfort zone.

It takes several strong individuals to stand in front of a crowd and put yourself out there without knowing the outcomes. In another interview with another member of the milkmen, Emily Drislane, says, "It is challenging because you have to think quickly and I like making people laugh."

The Milkmen is so much more than the students performing, but the teachers that push them. In an interview with Mr.Constantineau, he was asked what his involvement was in the milkmen. He said that, "I am the producer of the milkmen but Mr. Castano is the coach. The Milkmen has been running for 11 years and had started from an Improv class that was challenged to go outside of their comfort zone and form a group."

In a concluding interview with Mr. Castano, he said, "And finally, as the great Vanessa Carlton said, "Whenever you smile, you cannot help but laugh." We hope the Milkmen continue to put a smile on people's faces for many "moo" generations to come!"

The students in the Milkmen enjoy a challenge and giving to charity. So come watch or even audition, whichever you prefer.

A Day in the Life of Mr. Joyce	Are You Winning the Day?	
By Kirsty Perry & Delaney Ripley	By Jessie Hughes	
Mr. Daniel Joyce is a teacher that many describe as empathetic, inventive, and ener- gized. He lives a life that some may see as more interesting than most. He is a genu- ine, charismatic and down to earth individual. He lives in Auburn, New Hampshire where he lives with his dog. Before living in Auburn, he lived in Turks and Caicos, British West Indies for six months followed by six months in Eluthera, Bahamas. He teaches both Psychology and World History here at Timberlane. His favorite class is Psychology, since that is what he has his degree in. He teaches two sections of	For the 2017-2018 school year, Timberlane has decided to create a theme for the school year. Our student body was given a poll early this school year where students submitted ideas and voted on which one they thought was best for our school. The school as a whole decided for upon the motto, "Win The Day." The mot- to and theme simply is trying to make our students make the most of everyday and find something you can do successful each day.	
Psychology, one Behavioral Psychology, and one CCP World History class.	Having a theme at Timberlane was something many teachers and administration wanted in hopes that it would help improve the atmosphere of our school this year.	
We asked Mr. Joyce about his daily routine, including what time he wakes up, what he does during the day, what his classes are like, and how he describes his days.	School community is something that is extremely important and with this theme, our administration and teachers encouraged our students to come together and make the best out of everyday.	
"My day starts around 2:30 AM when I wake up every day. When I get to school, my first action is to sign into Time Clock. I then grab my paper and read the local news, and then check my emails and respond to them. Lastly, I ensured that all my classes are properly planned for. On an "A" day, I teach periods 2,3, and 4 with period 1 as a planning period. On a "B" day I teach period	Mr. Kenneth Blaszka described, "There is a tremendous amount of things happening around our school and there is so much that	
1, study hall period 2, teach period 3, and plan period 4." stated Mr. Joyce.While at home, Joyce enjoys watching the Dis- covery Channel, Vice News, and sporting events.	goes unrecognized. Since having the moto "Win The Day", I have learned about the amazing things our student body is doing and I feel the involvement of our	

are has greatly improved "



We asked Mr. Joyce about his lunch and his response was unexpected, stating that he did not enjoy how block scheduling affected the lunch times.

"There is no such lunchtime because we are assigned a lunch time and they are 25 minutes short. Ideally, the one in the middle is most practical."

Photo Courtesy of Delaney Ripley

Mr. Joyce says that his classes vary depending on whether it is his psychology class or world history.

"If I could describe my day in three words, they would be unpredictable, controlled chaos, or enjoyable adolescent interaction."

If you have not had a class with Mr. Joyce, we would suggest that you take a class with him because the way he teaches is unforgettable. He does not only teach content, but he teaches life lessons and aspects that you can carry with you forever. In his psychology classes, he teaches you ways to improve the happiness and joy in your life, while also explaining the psychology behind it. Mr. Joyce cares about his students like no other and we can assure you that he will make you view life differently. students and teachers has greatly improved.

Having this motto posted around the school was a great start but many teachers including Meaghan Guanci and Kenneth Blaszka wanted more to happen with winning the day. These teachers along with other teachers and students felt passionate about not only promoting our school's motto, but also making Win the Day something that impacts everyone.

One way these students and teachers have positively impacted the school community was the Win the Day bulletin board located at the front of the school near the main office. One the board these special students came up with the idea to post names of people the have recognized are winning the day. They also have encouraged students for all over the school to help add to the board of students they have noticed are doing the same. Doing this allows people to be recognised for great things they do daily whether they are into sports, academics, music, arts and the list goes on.

Another great thing that these students and teachers wanted and have started was a "Win the Day" day. This day is a school pride day where students wear maroon and white or any Timberlane gear. This day is not only to promote win the day and the students who are winning the day. "Win the Day" day is a day where the school community comes together to celebrate our school and show what pride we have for school. Timberlane hosted the first "Win the Day" day in october and they are hoping to hold another one in the near future.

Flow of the Month

By Niko Kakouris and Dylan Monteiro

It's what some children dream of and what some aspire to be. It's the everlasting thought that goes through an individual's mind when they see someone who possesses such flow that some may consider "sauce." A young Jacob Huberdeau once had a dream to develop his hair into a long, luscious, flowing style but was never sure he could pull it off.

It was July of 2016 when the cross country and track star got his last recorded hair cut. Huberdeau saw an opportunity to conquer a dream he once had to have flow as the entire cross country team began growing their hair out. As time moved forward, the length of his hair moved with it. Today, in some places, his hair almost reaches an incredible 12 inches long, which is an impressive number by anybody's standards.

Over the years Huberdeau has dominated the cross country lifestyle, always a top finisher in his meets. When asked if anyone besides the cross country team inspired the flow, his response was "Nobody inspired the flow, but I didn't want to be like everyone else. I would rather be different and develop a unique style."

At first glance, one would come to the brief assumption that Huberdeau uses multiple products to help maintain his head of hair. Many people may be surprised to find out that he only uses shampoo and occasionally, a little conditioner. He prefers a more natural approach to the whole flow process. He claims that, "all natty is the way to go" and by the looks of things, this seems like a valuable strategy for people who also dream of joining flow nation.

At the current moment, Huberdeau's hair could easily be compared to the elegance of an African Lion's mane as it flows in the wind. But the future for his "flow style" may change as he has thoughts of getting some form of dreads in the near future. Getting dreads will truly top off the originality and uniqueness of his hair.

Whatever this man chooses to do with his luscious locks, you could claim he possesses one of the sauciest heads of hair that Timberlane has ever seen. Huberdeau is an inspiration to any youngin' looking to one day have the hair that he has, and not care what anyone else thinks about it. Be yourself and live life, kids.

The Cooking Corner

By: Matthew Schaejbe

How many times have you walked through the 400 hallway and thought to yourself, what smells so good? Little did you know, that the master behind those seducing smells is none other than Timberlane's Mrs. Michele Monti.

Mrs. Monti is the cooking/baking teacher at Timberlane Regional High School. The classes that she teaches include Contemporary Culinary Arts, Baking and Pastries, and Gourmet foods. Contemporary Culinary Arts is the class you have to take before the other two. It highlights the basics in both cooking and baking methods.

There is no doubt that each and every class in room 402 is a riot. Students have the opportunity to be both creative and expressive in each and every dish they create. At the same time, students develop a useful knowledge about food that will end up being very beneficial in years to come.

When presented with the question of what students can take away from her classes, Monti states, "Students can gain the ability to be independent while being able to learn how to cook for themselves."

So, how did Mrs. Monti get to where she is? When asked about her rise to success and how she ended up becoming a cooking instructor, she explained, "Well, at first, I went to cooking school at Johnson and Wales University. From there, I got a job at the Boston Harbor Hotel which is a five star hotel. After working there for a while, I realized that I didn't want to work in a kitchen. That is when I went back to school at Framingham State University and got my bachelor's degree in Family and Consumer Sciences."

In one day, she teaches three blocks of cooking classes. In each class all year, a new dish is made. What is the preferred dish of Chef Mrs. Monti? "My favorite thing to make would be the cheddar broccoli soup because of all the steps it takes to complete the dish." the cheddar broccoli soup is made by her Gourmet Foods class.

Have no fear, Mrs. Monti's career is far from over. She plans to teach for at the very least ten more years. So fear not, Timberlane, Michelle Monti is here to stay!

Weather or Not

By Maria Heim

Don't be too afraid of this year's winter! With the cold and icy weather just around the corner, Sean Peters, a meteorology expert, and teacher, predicts a mild season this year. Mr. Peters has a meteorology degree from UMass, and has had great interest in the weather. Just to show how impressive his knowledge is, the superintendent refers to him when to call off school. So, if you ever see him walking in the halls, just thank him for the day off. Anyways, let's continue and discover what the winter forecast will









Photo courtesy of Matthew Schaejbe

bring.

Winter of 2017 is predicted to be on the lighter side, for snow at least. On the other hand, icy conditions may be more apparent. A phenomenon in the Pacific Ocean occurring called. "La Niña." has an effect in our area, expecting more of a mild winter.

"Where we live it tends to be a little bit mild. That doesn't mean we won't have any cold and snow, we will, but on average, it will be a bit more of a milder winter," predicts Mr. Peters.

I hope that makes everyone's stress levels go down. Dealing with a difficult winter is never easy, especially on our student drivers. Well, good news, you're off the hook this year, but still remain cautious when driving in certain conditions.

Mr. Peters states that, "We'll probably have a chilly and relatively snowy December." Which means everyone will be "Dreaming of a White Christmas."

"It will start to get mild during January, and then we may get some more snow back in February."

If any of you are wondering how to survive the upcoming season, here are some tips. First of all, bundle up! Make sure you dress warmly, and since the forecast is changing, check the weather before you head out the door. Mr. Peters had also mentioned the short days, referring to the sunlight. Your mood tends to change based on what's going on in the sky. Your well-being is affected by the environment, so you may want to try to get in the sunlight as much as possible. "Of course because we change the clocks, that tends to throw people's schedules off, so you know you have to get a little extra rest at night," recommends Mr. Peters.

As you can tell, this winter doesn't seem so bad! Look on the bright side, you won't have as cold as a winter, you may receive a white Christmas, and you get to pull out all your winter clothes! Be aware of icy conditions and snow, and you'll be all set for the season.

New Hampshire Forest Fire

By Jacob Huberdeau

On the morning of October 3rd 2017, a local in the Town of Woodstock, NH noticed smoke coming from the forest near Kinsman Ridge, NH. This was not a common house fire, but a three alarm forest fire at the heart of the White Mountain National Forest. Volunteer Firefighters from five surrounding towns, as well as state and federal units were sent directly into the blaze.

Late Monday night (October 2nd), an anonymous local witness claimed that a fireball from space hit into the mountains. He reported the incident on Tuesday when day broke with smoke pouring out of the trees. This claim is under speculation as it is much more likely that a campfire or cigarette started the fire. Regardless of the cause of the fire, it has been extremely difficult to combat and was finally extinguished as of October 17th.



The location of the fire is on steep slopes with rocky outcroppings, making much of it inaccessible. The largest advantage that firefighters have in combating this wildfire is its close proximity to the Kancama-

Photo courtesy of WMUR

gus Highway. This allows many firemen, including engine crews, to get near the fire to contain it. According to Woodstock fire Chief John MacKay, on October 14th the current status of the fire is that it has been contained by fire crews and was under control. Although it came within three hundred feet of the road, the scenic Kancamagus highway remained open.

The fire was given the name of the "Dilly Fire", for the hill where it is located. The type of fire is a crown fire that burns on the forest floor as well as into the surrounding trees. This is one of the reasons that the fire was difficult to contain. Many of the other forest fires that burn each year in New Hampshire's forests are smaller surface fires that just burn debris on the ground. The particular area in Woodstock where the Dilly Fire took place had a large amount of storm debris that when ignited, burned high temperatures and put larger trees at risk. The good news is that no humans or structures were damaged in this fire. The tourist attracting Kancamagus Highway and surrounding forest are no longer in danger of being shut down or burned during the busy fall season.

A&C Tire Closes

By Andrew Trasatti & Jacob Huberdeau

On August 30th, the small town of Atkinson lost one of their oldest and most beloved businesses. A&C Tire is a locally owned and operated auto-repair shop in the center of Atkinson, New Hampshire. This bustling business has been run by Al and Cheryl since 1984. Recently townspeople were shocked on the late summer morning when they drove the shop to find that Al had officially retired and the dark red garage doors have been closed for the last time. This came without warning and left many of his customers upset and confused about where they could find such high quality work for a decent price. Both Al and Cheryl knew their regular customers by name, and the specifics of their vehicle. This gave a hospitable feel to the shop and continuously drew in more customers and made the shop very popular over the years.

Town residents and former customers at A&C Tire have always been content with the work that is done there and rarely have any complaints. One sad Jeep enthusiast and second generation A&C tire customer is specifically upset about the retirement of Al. Andrew Trasatti states that he "is very disturbed by the the sudden closure and is worried that he will never get the same reliable service anywhere else." At the same time though, he "is very happy for both Al and Cheryl for their retirement, and it is well deserved because of their years of hard work and dedication."



Photo Courtesy of Google Earth

Although A&C Tire closed three months ago, their spirit will live forever throughout the valued customers and the many tools that are being sold at the upcoming mechanical equipment garage sale. The quick and dependable work done with Al's tried-true mechanical skills will be dearly missed. This traumatic event has left an unfillable void in the hearts of many Atkinson residents and customers.

Remodeling Walmart

By Ashley Shea

Hundreds, thousands, and even millions of people go to Walmart to "Save money, Live better." Cheap prices, saving money, and even buying new items is enjoyable for many people. Walmarts are found almost everywhere in the world because of how popular they are. Before Walmart was even around, KMart was incredibly popular. As soon as Walmart came out, the company took over and flew high.

But why did the Walmart in Plaistow, New Hampshire remodel the entire store? Remodels for Walmart happens every 7 years, because items need to be updated. Customers enjoy a new updated store, with new accessible items to buy. Doing this, keeps customers, adds new customers, and even interests customers.

Manager James Russo informs us why the remodel was done, "We wanted to create a more comfortable buying experience for the customers." Updating items in the store creates peo-



ple to want to come back and buy more. Even buying items online are much easier, since all you have to do is click on what you want, go there, receive the item at the Pickup and you're all set. This creates an easier shopping experience for handicapped people, around the holiday times, etc.

Doing this remodel updates departments all around the store such as a new electronics department with interactive displays, more accessible infant department, new lighting in the cosmetic departments, a remodeled pharmacy, new self-checkouts, and a new tool department.

Photo courtesy of Walmart

The remodeling done in Walmart was mainly centered around the latest and greatest technology. But was this remodel necessary for everybody who goes to Walmart?

Some customers complain about where items are, since items have been moved or replaced with a newer item. Learning where items are for a quick shop may irritate the customers. Self-checkouts were a big problem due to theft the last time Walmart had them, hence why they weren't there for a couple years. Management decided to add them in for customers with a few items, not having to wait in a long line when it's busy. At least several or more times thefts have happened at these new self-checkouts, but employees are monitoring and doing everything they can to avoid theft. Many customers have asked where items are now located. This remodel took three months, the store still stayed open and functioning while being redone.

Brittany Day, a customer at Walmart says, "Not a supercenter, but I can find mostly everything I'm looking for there. They just recently remodeled and made some nice improvements to the store, including self-checkout areas and an improved electronics department. Keep up the good work, Wal-Mart!"

California Wildfires

By Emily Drislane

Firefighters across California are working to put out the blaze of wildfires destroying buildings and forests across the state. There are several different fires burning in different areas of California. Not only is this disaster causing economic damage, in particular to California's prosperous wine industry, but it is causing a loss of human life. 40 people have died and dozens are missing as a result of these deadly fires.

The biggest fire is named Atlas at 51,064 acres, followed by Nuns (48,627 acres), Tubbs (36,390 acres), Redwood (35,800 acres), Pocket (11,889 acres), and Sulphur (2,207 acres). There are some positive effects of wildfires, such as maintaining ecosystem balance, but when it comes to fires as large and wide spread as these, there are far more negative effects. These fires destroy habitats, affect the population of species, cause deforestation, release an unhealthy excess of carbon dioxide, and



create a heavy smog that harms all living things.

These fires have already burned more than 200,000 acres combined and destroyed more than a billion dollars worth of property. Thousands of people have been displaced and are taking refuge in shelters. Crews are pushing to contain the wildfires and search for victims.

Courtesy of NBS news

The recent rain has been an advantage and fire officials now believe they have the upper hand. California is prone to wildfires due to coastal winds, drought, and heavy urbanization. However, there is no definite explanation for why these wildfires were so massive.

There is no evidence of any people starting the fire on purpose and the cause of the fire is still undetermined. If you would like to donate to the relief effort please visit the Napa Valley Community Foundation website at http://www.napavalleycf.org/ fire-donation-page/.

Winter is Coming

By Meagan White

Break out your hats and mittens; winter is coming. Whether you love the winter or not, we can all agree that New England winters can get very cold. Over the past couple of years, the winters seem to be getting warmer and warmer, but will this winter be any different? Some New Englanders hear snow and immediately get excited, but for others they dread the dreariness of the cold. The past couple of winters have been warmer than average. This year does not seem to be any different. According to the NOAA Winter Forecast, this winter is predicted to be warmer than usual. This winter is not going to be in the top ten warmest winters in New England but it will still be warmer than average.

Meteorologists are watching for a La Niña winter. The direct translation of La Niña winter is the girl, but that is not what the translation truly is for this type of winter. La Niña is sometimes called El Viejo which is loosely translated to "a cold event". This would mean that the North-east would have a very cold late fall to winter season. It also means that the Northwest would be wetter than normal.



La Niña winter conditions add nore force on the Northerr Jet Stream which weakens the Southern Jet Stream. This means that this type of winter occurs the northern states and Canada would experience a very stormy winter. Meteorologists are able to predict this type of winter by the surface temperature of the ocean. As of right now a La Niña winter is not likely but meteorologists are still watching it closely.

Oil Rig Devistation By Frankie Ramsdell

An explosion at an oil rig Sunday, October 15h, in Kenner, Louisiana, left seven people injured and one dead. The body was not found until the following Friday. Two of the rig workers sustained critical burns and others sustained trauma from the blast, which happened in Lake Pontchartrain about 20 miles north of New Orleans.

A search and rescue mission was started but, since then, has been called off by the US Coast Guard. The rig was undergoing cleaning, Jefferson Parish Sheriff Joe Lopinto said, but he said an investigation would have to determine whether chemicals used in that process ignited before or after the explosion.

The platform is in production and owned by Clovelly Oil Co. and the explosion presents minimal harm to the environment as most of the debris has been cleaned.

The explosion happened two miles away from a home, where people reported hearing a loud "boom" and feeling the ground shake.

The residents in the area were reportedly unharmed. There have been no reports of damage beyond the rig, except for some small debris hitting the side of a building.



Courtesy of The Seattle Times

Jefferson Parish Sheriff Joe Lopinto said a helicopter spotted the body of 44-yearold Timothy Morrison on the following Friday afternoon. He said the body was on the lake's shoreline, about 3 miles from the rig explosion.

Puerto Rico Disaster Relief

Bv Kim McCabe

On Wednesday, September 20th 2017, Puerto Rico was hit with Category 4 Hurricane Maria leaving 51 people dead, according to ABC News. Besides the death toll alone, Hurricane Maria left a wake of devastation in its path. A month later, people are still having to survive without modern amenities such as electricity and clean water. Many residents have not had a hot meal in over a month.

According to local non profit director Lorel Cubano, aid has been coming from ordinary citizens and celebrities, as opposed to the government. Crime has gotten even worse, since the majority of places are still in the dark. While the wealthier parts of Puerto Rico may be more well off than most of the island, they are still mostly without electricity, with most of the wealthier people only relying on a small generator to support a couple appliances at one time, according to the New York Times.

Both sides have different views when it comes to how well the current administration is handling the crisis.

The mayor of San Juan, Carmen Cruz, criticized Trump on what she considers to be a lack of action, which sparked a response from the president on twitter. According to the New York Times, he was quoted as tweeting "...Such poor leadership ability by the Mayor of San Juan, and others in Puerto Rico, who are not able to get their workers to help." Another tweet states "They want everything to be done for them when it should be a community effort. 10,000 Federal workers now on Island doing a fantastic job. The military and first responders, despite no electric, roads, phones etc., have done an amazing job. Puerto Rico was totally destroyed."

While it may seem hopeless, there are also reports of President Trump doing positive things for Puerto Rico. According to Reuters, he has recently agreed to expand the use of disaster aid to rebuild infrastructure and their power grid. A senior white house official told Reuters that aid from FEMA will be given in a faster way than usual due to the nature of the situation. Fema will be covering 90% of disaster relief, due to the financial struggles that the island faces. Hopefully, there will soon be light at the end of this tunnel.

Courtesy of Flickr

Although the majority of the country is expecting warmer than average winters, New Englanders should still be prepared for a cold snowy winter. Even if the winter in New England is predicted to be warm, the definition of warm in this case is not really that warm, the temperatures will still be cold. A warm New England winter means that the temperature most likely will not be in the negatives. Either way, everyone in different parts of the country should prepare for whatever their winter will bring. Here in New England, be ready for anything, you may never know the extremities of winter until it arrives.



Verbal Warfare

By Ryan Perrault

The tension between North Korea and the U.S are at an all time high; many are waiting for something big to happen. With President Trump constantly calling out Kim Jong Un, there is an abundance of pressure on him to react. Trump has been basically making fun of Un, calling him the "Rocket Man" on Twitter.

Kim Jong Un recently stated that Trump is a "lunatic." He also stated that the U.S is "over."

Trump responded by saying, "If we take that option, it will be devastating. I can tell you that -- devastating for North Korea. That's called the military option."

Basically, he is giving North Korea a chance to back down before Trump brings the military into it. According to North Korea, Trump has what is called "war fever," They believe he will do anything to go to war. Others say this is the only way to get North Korea horrified enough to not mess with the U.S.

North Korea has declared themselves a full fledged nuclear power. This is different from the past; North Korea couldn't launch a nuke to hit California. Kim Jong Un claims that he could destroy the United States. He referred to U.S citizens as "poor puppet forces." According to North Korea, Trump is going to lead America into destruction. If Trump continues to provoke Kim, the risk for war is very high.

The scary part is North Korea warned the United States about biological warfare that could kill tens of thousands of people. Trump ensures that America is far ahead of North Korea and have nothing to worry about.

Veterans Day

By Meagan White and Jess Mezquita

Veterans Day honors those who have fought for our country in any war. Originally, Veterans Day was called Armistice Day, because it was the anniversary of the signing of the Armistice. The Armistice was signed to end World War I. The Armistice was a formal agreement to stop fighting, it was meant to celebrate the veterans who fought in World War I. Years later World War II required the largest mobilization of soldiers in our countries history. With the government supporting veteran affairs, they pushed for the change of Armistice Day to Veterans Day. After World War II and the Korean War, President Eisenhower officially changed Armistice Day to Veterans day.

There are currently 24 million veterans living in our country today. Since these war veterans have sacrificed so much to protect our country, giving them financial benefits is the least we can do. The government gives the veterans many benefits including life insurance and health care. Although these benefits help, it is not enough for some. According to the National Alliance to end Homelessness, "in January 2016, communities across America identified 39,471 homeless veterans". Fortunately, the number of homeless veterans have decreased, but veterans are still the majority of America's homeless population.

This year is the 99th anniversary of Veterans Day. There were many Veterans

Day celebrations throughout the community. At Timberlane, the Rho Kappa Honor Society held its annual Veterans Day Brunch. The Veterans Day Brunch welcomes all veterans; the students in Rho Kappa sit with them and, listen to their stories from the war. The event is held to thank the veterans that fought for our country.



Photo Courtesy of beauty-battalion.org

The Benefits of Studying a Foreign Language

By Emily Drislane

Many students at Timberlane are taking a world language class. Whether it is Spanish, French, or German, often students find their language class challenging. Even though it is hard, there are many unknown benefits to studying a world language that can help you both now and later in life. Firstly, world language improves your brain function. It improves your attention span and your ability to concentrate.

Research has found that adults who speak two or more languages have, on average, higher general intelligence, better memorization skills, better listening skills, are better at decision making, and are more creative. In addition, people that speak more than one language are less likely to develop Alzheimer's or dementia. Second, being bilingual allows you to communicate with more people. World language gives you a great opportunity to meet new friends. Understanding more speakers opens the door to new conversations and perspectives.

You can see new outlooks on the world. Lastly, speaking a different language gives you an edge in the job market. Your resume will stand out more if you speak a second language. You would be more likely to be offered jobs in international companies, health care, or customer service, just to name a few.

The demand for bilingual workers has more than doubled in the last 5 years. If you are looking for an advantage in the photo of job market, learning Chinese, Spanish, or Arabic, the most popular languages employers are looking for, might be a good option for you.



Photo courtesy of the Odyssey Online

History of California Wildfires

By Brendan Frezza

California is one of the most beautiful and prosperous states in the U.S. The state attracts people from all over the world as well as the rest of the county. Although many look at California as a beautiful place to live and enjoy life, they are left with the fact that the area is being ravaged by extreme wildfires. California experiences fire devastation so often that it has become a well known part of the way of life for those living there. Wildfires are a part of California



Courtesty of NBC News

and its climate.

California is one of the driest states in the entire country. With dead vegetation and an extended dry season from scorching temperatures, the state is asking for raging infernos. The state is littered with dried farm fields, shrinking bodies of water and high sun exposure. California experiences a dry season peaking in the summer months adding into the present dry conditions. According to Current Results weather and science, with 22.2 inches of rain on average per year, California is one of the driest states in America. This leaves the entire state more prone to returning fires. According to New York Times the dry conditions leave cigarettes as a main cause to the problem. With lightning from storms in the area this is also a main cause for California fires. With most fires taking place in central and southern California, the hottest and driest part of the state is heavily exposed.

The geography of the state of California also contributes to the rapid spread of these fires. There is a range of terrain from rough mountainous regions to heavily forested places. These areas make it extremely difficult to combat the fires that rapidly spread across large areas. With high powered winds often traveling through California the infernos spread quickly through the hills and forested areas.

According to California Fire about 8,000 firefighters work on the job to combat these outbreaks. With the spreading of fires and their separation from each other it can be difficult for firefighters to combat fires in multiple areas. Controlling these blazes of destruction is extremely difficult as the most recent outbreak in California's wine country left 42 dead. People's lives are lost and their properties destroyed. The outbreaks have altered the lives of many and continue to affect the people of California.

Overall, California wild fires are extremely deadly and destructive. The outbreaks are common in the state because of the physical components of the state and the difficulty of combating these flames. Wildfires are truly a part of the California citizen's life.

Throwback Movie Review: The Sandlot

By Jared DeLucia

The Sandlot is a classic movie released in 1993. The Sandlot, based in the summer of 1962 in the San Fernando Valley, is about a new kid in town named Scotty Smalls who is taken into a group of young kids who have a love for baseball. They all go play baseball at the local field in town called "The Sandlot" and go on many adventures throughout the summer. The movie is considered a true classic to many, due to it being a reminder of what the childhood of a young boy hanging out with his friends and going on adventures was like.

The movie consists of a group of boys in the summer of 1962 in a small town. Each of them had a nickname, Smalls, Squints, Ham, Benny "The Jet" Rodriguez, Yeah-Yeah, Kenny are all of the boys that summer that all loved playing baseball at the local sandlot. Smalls is the new kid in town and wants to fit in desperately, but fails to do so in the beginning due to the fact that he does not know how to play baseball. All the boys laugh at him except for Benny who is the team leader. Smalls asks his step father and Benny to teach him to play, and they succeed in doing so.

Another icon from the film is the big English Mastiff named "The Beast" that lives behind the Sandlot, and claims all the lost baseballs that fly over the fence. One day the boys hit a ball over the fence and Smalls (the new kid) runs to retrieve it not knowing anything about The Beast. All the boys yell at him to stop before he gets hurt because they are all afraid of The Beast.

When Benny proceeds to bust open their last ball, Smalls runs home to grab his step father's baseball, which he then later realizes is signed by the one and only Babe Ruth. This becomes a big problem when the ball is hit into the backyard of The Beast. The boys run all across town running from the Beast once he escapes after the boys try and retrieve it once. This leads to some big lessons to be learned by all the boys at the end of the film.

The Sandlot is considered a classic to many due to it being how every young boy would want to spend his summer back in their childhood. For this reason the



Courtesy of Screen Rant

film is still remembered by many from being watched since the day it was released. The movie is still available on amazon, Xfinity On Demand and to purchase in stores. Many who love baseball and want a "throwback" feeling to their childhood are the ones who love to watch this film.

Best Bingeworthy Netflix shows By Robbie Horgan

With the winter and "cuffing season", as the kids would say, approaching, many of us will find ourselves either inside on our couches or in our bedrooms. We will look for something to do and not really have an answer, because while inside your options are limited. For a cheap price of \$10.99 per month, you can



Courtesy of Softonic

purchase the very popular app Netflix. Netflix can be watched on almost any platform and will provide shows that are very intriguing and interesting. Here are three Netflix shows well worth binge watching:

My first bingeworthy Netflix show is The Office. The Office is a comedy show about a struggling paper supply company in Pennsylvania called Dunder Mifflin. The main characters are the boss, Michael Scott, the Assistant to the regional Manager Dwight K. Schrute, and fellow salesman, Jim Halpert. The show will provide you with endless laughs and leave you trying to reenact scenes and use their unique quotes in your everyday life. Though no plot line is really evident in the show, various things carry along through the seasons. I recommend this show to anyone of any age.

Another show great for binge watching, is the Blacklist. The Blacklist is an action-thriller type show that is always providing the watcher with unexpected twist and turns. Raymond Reddington is the main character in the show, and he is a criminal mastermind who has evaded the FBI for over 20 years. He takes up an obsession with a new young agent named Elizabeth Keen and Reddington then thrusts himself back into the FBI's spotlight and puts himself back into grave danger. The show is rather gruesome and involves a lot of criminal activity. In my mind, this is one of the best shows out there right now.

A third bingeworthy Netflix show is Shameless. Shameless is a show that may be better for the more mature crowd, but if you like graphic shows, this may be for you. The show follows a family called the Gallaghers. In the family, there are five kids, Liam, Ian, Lip, Debbie, and Carl. The 21 year old's name is Fiona and she is the main character. Throughout the show, their father Frank comes up in their life but only seems to make things worse. Fiona works numerous jobs to keep the family afloat. The show is very interesting and is very action packed.

After searching for more shows, it was difficult for me to find a fourth that stuck out as bingeworthy. Senior Dylan Tremblay helped me find one though when he simply said, "Texas Forever". This is obviously the line used in the TV Drama Friday Night Lights which follows around a Texas high school football team. It shows the ups and downs of a program and shows the reality of life for a high school football player. It is a tremendous watch for anybody who loves football and loves shows filled with drama.

Cuphead

By Travis Paradise

Have you heard of the new indie game that's taking the market by storm? Cuphead is a run n' gun and boss rush game on the Xbox One and PC that's unlike any game we've ever seen. Why is it unique you may ask? It's unique because the whole game's art style is based off of 1930's cartoons, and it's completely hand-drawn! The game opens up with backstory on the characters; Cuphead and his brother Mugman, who live under the Elder Kettle, go to the Devil's Casino even against the Kettle's warnings. When the boys get on a win streak, the devil shows up and raises the stakes. If the brothers win, they win the entire casino. If they lose, they lose their souls. The brothers lose and beg for their lives. They make a deal with the devil: collect the souls from the other inhabitants on Inkwell Island that owe their souls to the devil by midnight, and he might give them their souls back. This is as far as the story goes; that's okay. This game doesn't require a long complicated story. It just needs enough of a story to give the player a purpose, and it does.

Cuphead gameplay has a unique twist on an old style. It's classified as a run and gun/boss rush game. A run and gun is a type of shoot 'em up (like Space Invaders) in which the main protagonist fights on foot with the ability to jump. In this case, Cuphead shoots magic when he snaps his fingers. You can buy different types of magic for coins which you get by completing run and gun levels. You can also get power ups to help increase your chance of survival. The game features tons of bosses and enemies that all do unique things. There is an angry psychic carrot, frogs that turn into a slot machine, fire breathing dragons, and even a pirate ship that shoots laser beams from its mouth. The game is off the charts on a creativity score. However, there are a few glitches such as save files not saving and the game crashing if you take damage while reviving your partner. MDHR (the studio that created Cuphead) has stated they are working hard to fix these problems and a patch should be coming soon.

Cuphead has been in development for years. It began development way back in 2010, by two brothers Chad and Jared Moldenhauer and their friend Jake Clark. Because of the unique hand-drawn art style, everything had to be redrawn for every frame. This means that they had to redraw each boss roughly twenty-four times for a second of gameplay, which is one reason why it came out seven years after the development started. It was originally going to be a short series of boss battles with the 1930's style animation, but the demo that was released at the 2015 E3 (Electronic Entertainment Expo) changed that. The game had such a positive reaction that the fans wanted more. It would be hard to give them more with their three person team that only worked on weekends. "We realized that there were a lot of people out there that wanted what we were doing," Moldenhauer said. "My brother and I quit our jobs, remortgaged our houses and began expanding the team. This was our chance to actually deliver the game we wanted to make all along, rather than the cut-scope game we originally planned with a three person team." Thankfully, their risk paid off with Cuphead selling one million copies within two weeks of its release date. This means the game has generated 20 million dollars in the first two weeks!

The game is building a reputation for being difficult. While I myself find the game to be challenging at points, some people disagree. Long time video game player Garrett Price states, "The game feels much easier in retrospect. Whilst playing, it feels challenging, but then you figure out the patterns and you just keep persisting until you win. To sum up, I'd say once you catch on, the game is only somewhat more difficult than other modern games." That being said, if you're a casual or new gamer I would not recommend this game. Price also says "I would recommend this to my friends who I know would enjoy platformers, but not to anybody who can get too angry or frustrated, as this game takes persistence and some skill." What I like about this game is the difficulty. Too many games that come out today don't offer a challenge to the player and give no sense of accomplishment once you beat the game after hours and hours. Cuphead gives you that feeling of success after the first five minutes. When I asked Price about his experience playing this game he responded quite positively. "My experience was refreshing if anything. I've always been a casual fan of these types of games, but when I played Cuphead it's design and difficulty made it feel somewhat new in a rather oversaturated market."

Cuphead is a breath of fresh air and is completely unique to other games that have come out in recent years. The art style is truly stunning and a treat for the eyes. While the gameplay can be infuriating, it's mostly an exciting experience that gives you a sense of accomplishment once you've beat a level you've been stuck on for an hour. Cuphead is one of, if not, the best indie game that has come out this year. I give Cuphead a 4.8 out of 5. You can pick up this game via digital download for only \$20 on Steam or the Microsoft store.

UBUNTU

By Delaney Ripley

Fall sports have ended and winter season is in full swing, and many fall teams have evaluated their seasons. Boys varsity soccer played their last game on Wednesday, October 25 where they played Concord in the first round of playoffs, and faced a tough loss of 2-1.

The Owls, with a record of 8-7-1 in their regular season, started the year off strong, winning their first 7 games. After a few weeks, the team lost their streak and tied against Bishop Guertin and then lost against Salem in overtime, and the next few games following did not come easy. They ended their regular reason as the tenth seed, which was good enough to send them into the first round of playoffs where they played Concord. Last year, the team made it to semifinals where they lost to Exeter after a tough game, so the team felt as if they had some shoes to fill and some goals to accomplish to make both alumni and coaches proud.

Senior Matt Perry gave his input on how he felt this season went overall.

"I thought our season was pretty successful, considering how many seniors we lost the year before. I enjoyed how much the entire roster came together to play as one cohesive group. If I could have changed anything, it would just be to have kept the season going a little longer."



Photo Courtesy of Concord Monitor

When Perry was asked about a player that stuck out to him as the "unsung hero," his answer came quickly and without a second thought.

"Easy, Tyler "T Mac" Mackie. His work ethic and positive attitude always seemed to rub off on our entire team."

Senior Captain Connor Ross had a few words to say regarding the team's bond.

"We have a bond that won't go away now that the season is over. We formed a sort of camaraderie from all the times we had together and that is something none of us will forget."

"It is always tough to fight through setbacks, but we made it through them because we wanted to fight for the goal of the team rather than for a personal goal."

Ross added that UBUNTU, the South African term meaning humanity and "I am because we are" was the team's motto this season.

"It got us through our tough times because we knew that we'd have each other during games and after them. It kept us as one team rather than feeling divided."

This team possessed a close bond, worked hard, and set goals for themselves. Even though their outcome was not as they may have hoped, they came a long way and showed teams the meaning of playing as a whole, not as individuals.

Fall Athletes Transitioning to Basketball Season

By Christian Allaire

During the early weeks of November, many Timberlane athletes are putting the fall season behind them and are looking forward to the new challenge that is in front of them. These athletes have to transition and get themselves ready to compete in a different environment from the fall sports they previously were playing. It is interesting to see how each player is getting ready and preparing themselves for the basketball season that lies ahead.

Senior Matt Perry, who is coming off of a great fall soccer season, will now be shifting gears to basketball. Perry is looking forward to help lead this Owls team and get everyone prepared to work hard this winter.

"Luck is when preparation meets opportunity. This year, we will take full advantage of all the opportunities we get as a program."

The 5 foot 9, 160 pounder from Plaistow is very familiar with the work that it takes to be on the varsity squad, "A quote that I live by during the season is, 'Success is not owned, it's leased, and the rent is due every day."

Perry was a key part of the Owls' backcourt last season and will definitely be looking to have a huge senior season on the floor.



Photo Courtsey of Google

Another senior athlete coming off a good soccer season is Al Barney. Barney will now focus on his basketball ability and get his body ready for the winter season. Barney was a great lift for the Owls off the bench last year and is now hoping to help the Owls in a starting role. His length and size will definitely help the Owls on the glass this winter, "People forget about the fundamentals of basketball. I just try to get my butt into the player and win the ball for the team."

This group of guys have been playing for a few years now and will look to bring all the chemistry that has built up over the years and make a run in the playoffs.

Connor Schott who captained the Golf team in the fall will be another member getting himself ready for basketball. This young man is a key part to the offense and will try to bring his best every game to help the Owls in the scoring category, "I'm excited for this season and will work hard everyday. I'm going to leave it all on the court, and have no regrets," said Schott.

The Owls have lost some great talent from last year's squad including Drew Siemering and Yanni Kakouris, "We have a lot of talent and experience on this team and are looking forward to see which young guys step up and help out this year." Perry added.

It is interesting to see different fall athletes transitioning and changing their routines to be prepared for the upcoming basketball season. Be ready to watch these athletes on the court this winter!



Socktober

During the month of October, our school collected a total of 2,000 pairs of socks for the homeless. This endeavor was in conjunction with schools across the state of New Hampshire, with a goal of reaching 20,000 pairs. Timberlane's Students of Service (pictured to the left) donated the socks to the Lazurus House of Lawrence, MA.

Girls Varsity Soccer Overview

By Sarah Casey And Hannah Magliocchetti

After 3 months, the Girls Varsity Soccer season has sadly ended. This season was a surprisingly successful one for Coach Bauman and the Lady Owls. This year was going to be a wildcard, losing the majority of the team with last year's seniors and gaining many new freshmen. Looking back on last year, it was devastating losing in the quarterfinals in such a tight game with such a strong team. There was doubt if the Lady Owls would ever make it that far again.

As the preseason revealed, the incoming freshmen consisted of strong players that would help build the team back up again after losing nine seniors last year. At first, this new team seemed a little rocky, but by continuing to play and practice together, the girls as a team progressed throughout the season. Junior Kristie Springer described how the season went, "Everyone played their best and worked together, even though it was a pretty new team. Looking back on specific games, we definitely had our ups and downs but we made it to playoffs which was one of our main goals this season."

The team fought hard to finish the season with a record of 5-2-9. Due to the team being the underdogs, they did prove that they could compete by making it to playoffs. One of the team's strengths, according to junior Corin Forkus, was "our ability to play in tight spaces. We were very successful at keeping possession in crowded areas of



Photo courtesy of Shawn St. Hilaire of Fosters.

the field."

Senior Blake Watkins revealed her mindset this season, "I wanted to make final four, but realistically, I didn't think we would since we lost so many seniors last year and we were starting a new team. I just wanted to make it to playoffs." Like Watkins, many returners said that they were expecting this year to be a learning experience. The girls were pleasantly surprised when they did well enough to make it to playoffs.

The team had a hard time communicating on the field at times, which hurt them in some games more than others. Like any new team working together, communicating is difficult. This improved throughout the season but some losses could have been prevented by just talking on the field more.

As the season came to an end, it finally hit the seniors that this would be their last time playing for the Timberlane Owls soccer program. Senior Meghan Oliver stated, "I will miss playing with all of my friends, especially the ones I started playing with when I first moved to New Hampshire." It especially was an emotional ending for the seniors. Coach Baumann added "Our success was evident based on the amount of growth and improvement we showed throughout the year. Earning a playoff berth was a great accomplishment for such a young and inexperienced team as a whole." The lady owls showed amazing progress for starting fresh after losing many players. It was a successful season overall.

The soccer program continues to grow and build each year. The varsity team was very pleased with their outcome this past fall season.

Cross Country Wrap Up

By Jake Heckman

Even though the Owls placed sixteenth at the New Hampshire Cross Country Divisional Championships, it doesn't mean they weren't full of great runners.

The owls are full of great runners including Jacob Huberdeau, Tracy O'Donnell, Julia Huberdeau, and Olivia Marshall. All four of these runners ran at the State Championship meet. The goals is to get the lowest possible score. The girls tallied up 450 points at the state meet while the boys got it down to 396. Both of these teams finished sixteenth place in their divisions.

Although all of these student athletes ran great at states, only one student qualified for the Meet of Champions, Jake Huberdeau. On his fourth year being on the cross country team, this was his last chance to do well enough to qualify for the New England Championship meet taking place in Maine. Huberdeau placed 17th out of 142 at the Meet of Champions, qualifying him for the New England Cross Country Championship which took place Saturday, November 11th.

After asking Huberdeau how he felt about qualifying for New England's, he said "I'm really stoked and I am just lucky to be here after having such a bad day at divisionals on October 28th."

After asking Huberdeau how New Englands went, he responded "Conditions weren't great on the course so I didn't do my personal best but I'm proud of the way I competed and I wouldn't have wanted to end my high school cross country career any other way."



Photo Courtesy of Granite State Race Services

Although Huberdeau's accomplishments are astonishing, his sister, Julia Huberdeau, is also making a name for herself. Julia led the girls team in most races including the state championship meet. After asking her what her future goals are she replied, "I hope to make it to Meet of Champions one day and to New England's."

2017/2018 Season Puck Drop By Seth MacLaughlin

In the past few years, the TRHS hockey team has had their fair share of losses. However, speaking with returning captains Andrew Bedard, Jake Heckman, and Matt Lanceleve, this year feels different for them. With upcoming freshman and last years roster TRHS hockey could be onto something big.

Last year the team lost starting forward Kyle Wood, along with Billy Gannon, Jake Chaput, and Joe Ferulo. This year's defense is looking good. With a powerhouse like Andrew Bedard on defense, it's hard to put the puck in the mesh. Bedard's slapshot, being one of the most powerful on the team, brought him 5 goals last year. Other defensive players that can make a difference on the ice are juniors Chris Longchamp, Angelo Nazaro, and Billy Downes.

Coming from the offensive side the Owls have loads of talent. Last year's leading scorer last year with 10 goals, captain Matt Lanceleve who suffered a severe concussion this past season that took him out for multiple games, Captain Jake Heckman who is one of the few key men to this offense. Returning playmakers like sophomore Jake Murphy surprised many last year with his speed and talent. Junior Jared Knight who could be a key player this year.

In net is Tim Bedard and Josh Petrin. Last year both goalies put in a ton of work to keep the team in the game, often saving us from embarrassment. Tim Bedard had an incredible year, with 52 saves in a game against Bow high school. He has only gotten better, at the same time he is looking into playing in the junior league next year to take his career to the next level. Josh Petrin looks guite small in net, but don't let looks deceive you. Josh had many incredible games this past season and

Even though both of these meets are very hard to qualify for, Huberdeau believes that if she tries her hardest in every practice, she can get there.

All in all, the boys and girls cross country team look to build off the mistakes they learned from this year. Next year, the Owls will have strong runners including Tracy O'Donnell and Julia Huberdeau who look to qualify for the Meet of Champions.

The Owls plan on becoming stronger and working hard during the offseason to become

a better overall team made up of talented athletes with big hearts and big goals.

the team is certainly looking forward to having him back between the pipes once again.

Overall last year the TRHS hockey team finished their season with a record of 3-12, missing the playoffs by one win. With the past behind them, and a bright future ahead the Owls making an appearance in the playoffs isn't out of the question.



Wrestling Preview

By Jake Post and Justin Berube

It's that time again. Timberlane Wrestling is set for another year of dominance. Timberlane wrestling has won 144 NH dual meets in a row, and they have been working hard to stay in shape to continue their success. Timberlane Wrestling is returning 11 starters in the Varsity lineup and adding an impressive freshman class. Head Coach Barry Chooljian and Asst. Coach Dan Donovan have a goal to bring home another New England Championship. After coming in fourth at the New England Championship last year, the team is eager to finish first this year. Individual honors from last year consist of six Division 1 champs, four All-State champs, and one New England Champion.

The returning senior class is ready to make their last year a good one. Returning starters are Barret Kappler, Taylor Donovan, Dylan Musgrave, Rob Pinault, Justin Berube, Brandon Berube, Dylan Hughes, and Dylan Tremblay. Seniors expected to miss part or all of the season are Noah Beaulieu with a shoulder injury and Jacob Post with a knee injury.

Head Coach Barry Chooljian has high hopes for the season. "We have a great senior class with lots of talent. Most of them have been together since 6th grade. This group is one of the best groups since Coach Brown has started coaching the middle school." The importance of practice is the way the team will achieve their goals. "Team goals for us is to have great practices and get better everyday. Prep everyday and not stressing about the future and working on what we can to be successful." Coaching has many ups and downs. Coaching also provides rewards to coaches. "I love seeing athletes develop personally and athletically. Seeing the athletes after high school and their success is always great to see. That's what's most rewarding."

"The tradition of excellence for the wrestling team all starts with hard work". Coach Donovan believes that the team can pick up from where they left off last season if the team can continue to put in the work. "We are going to work hard, and hopefully that will translate to a successful end of the season".

The underclassman group coming up is a promising group. "This group of kids are very hard workers" says Coach Brown. The middle school group has been a part of 3 state championships. "Even though this group is talented, coming in as a freshman is tough considering we have a veteran team." The veterans will help the youngers develop in the program and help make the team great as a whole" says Coach Brown.

With the new season around the corner the wrestlers are excited for another year of competing. As far as competition goes, the Owls have tons of great duals and tournaments on the schedule. The veteran team looks to compete as one of the top teams for another year.



Timberlane Boys Basketball Preview

By Connor Schott and Connor Ross

After a heartbreaking loss in last years playoffs, the boys basketball team looks to bounce back. They will have to overcome the departure of key players from last years team. They lost a great deal of leadership and talent with Drew Siemering, Ryan Doherty, and Yanni Kakouris. "Obviously a three year starter in Drew is a huge loss, but I

feel that we have the pieces to fill the void with the chemistry that we have," said guard, Matt Perry. The Owls will also look to fill the void of two sharpshooters Ryan Allen and Niko Nifakos. A lot of talent was lost, but it shouldn't be a huge problem for the Boy's team to recover this year. The hopes are very high for this years team. The Owls are in division 2 again this year and have many reasons to be optimistic.

One reason is the return of three starters and their offensive abilities. Bob Horgan has been on the team since his sophomore year and is a dominant force at the center position. He will be hard for opposing teams to contain with his ability to shoot, dribble, attack the rim, pass, and rebound. He truly is a five tool player. Matt Perry is coming off an injury riddled season. Last year he was still able to thrive and peaked when he scored 23 points against Pembroke. His speed attacking the rim should be a huge problem for opposing teams. Matt aspires "to continue to make progress in hopes to get a home playoff game and then turn that into a deep playoff run." Connor Schott has been a starter on varsity since sophomore year and with his capability to run the offense and score, the Owls look dangerous coming into this season. Bob thinks the Owls success can come from a lot of talent on the team and not just one superstar. "We are the type of team that has 4-8 guys that could score 10+ on any given night."

Not only do the owls returners have offensive ability, but their defense could turn out to be very frustrating for the opposing teams. Matt Perry is very quick and strong which plays into his advantage on the defensive end of the floor. Connor Schott has the ability and length to lock up opposing players and scorers. Horgan also believes the Owls can make a deep playoff run and says "we have a lot of guys who understand the goal and have the confidence to achieve that goal."



Another reason to be optimistic is one person, Sam Hovan. Sam "Sammy Smooth" Hovan has the potential to be a game changing player and one of the best in the state. With his 6'4" stature and his immaculate jumping

ability, Sam is going to be a serious menace for opposing teams trying to defend him. Sam averaged 6.2 points per game in his first varsity season last year, but had many breakout games without at least 13 points. The only thing that could hold Sam back this year is the leg he broke in the offseason. Sam broke his fibula in a summer league game when Matt Perry threw him a half court lob and he came down wrong. Sam said he is almost back to full health "The leg's feeling good, I just got cleared to play and it's getting stronger by the day." Sam will look to come back stronger than ever and be a huge part of the Owls success this season.

The third reason is the play of the younger guys. Two key, younger forwards that can have a large impact are sophomore Ryan Bourque and freshman Robbie Olsen. Bourque can be the best shooter on the floor at any time, because when he gets hot he does not miss. Olsen is great at creating second opportunities with his offensive rebounding abilities. He is also a great finisher that can be a big threat.

The Owls have high hopes of making it to the Final Four at UNH this year and have a very good reason to reason to believe so. In order to do so, they must find a way to take down tough competition like Kearsarge due to their phenomenal 6'8" big man. Bob Horgan says some key factors to the Owls winning are "how we share the ball and how we play late in games." They will also have to go through the team that gave them a heartbreaking loss in the first round of the playoffs last year, Goffstown. Goffstown is returning a lot of talent, but the Owls will be looking for revenge. The basketball boys have a long, tough road ahead of them but with the leadership, talent, and heart in each and every one of them, anything is possible.

Football is Evolving

By Rob Pinault

Over the years, the NFL has been modifying the rules to keep the players safer and prevent any fights between opposing players. The league is also evolving in many more ways. The new jerseys, cleats and looks of the players are evolving faster than ever.

The NFL, after the 2016-2017 season, decided to make a few changes to the rule book. After Jamie Collins blocked the extra point attempt against the Dallas Cowboys by jumping over the offensive line, the NFL decided that they should make



it illegal. Now the rules state that no player can attempt to leap over the line on an extra point attempt or a field goal. Also, the NFL is attempting to add a new rule against taunting celebrations in the endzone. The NFL wants to add more penalties to over-excessive celebrations.

The replay reviews are now all controlled by the Vice President of Officiating Dean Blandino and his crew, now in the league's New York command center. During the 2016-2017 season the head

Photo Courtesy of the NFL

official had the replay responsibilities but now everything will be sent to the New York command center.

New tackling rules have been put into place over the past few years as well. Now after the receiver catches the ball they have to be able to defend themselves before you can hit them with extreme force. Also the pass rushers are not allowed to sack the quarterback below the knees due to safety reasons.

Football is trying to keep their players safe. Every year the committee adds new rules to prevent the injury of players. The injury risk is going down but injury prevalence is still rising in the NFL today. Players are stronger and faster than they were back then and the NFL is trying to keep up with the aggressiveness of the game.

Patriots Season

By Bob Horgan and Dylan Monterio

A year after winning the Super Bowl the expectations for the 2017-2018 New England Patriots were through the roof. An eighth trip to the Super Bowl for Tom Brady and Bill Belichick is wanted, and the way the season is going it seems for us Patriot fans that we may be given this eighth trip. So far, the Patriots are 10-3 but seem to be struggling defensively. As Bill Parcells famously said, "You are what your record says you are." And right now, the Patriots are a 10-3 football team that has handled some major adversity rather well.

Some people wondered if the Patriots would be the star team and repeat like last year. Some asked if Tom Brady at 40 years old could still hold the title as the best quarterback in the league. After losing their opener and not playing like their normal selves, many people doubted Tom Brady and the Patriots as a whole. However, coming up on week 15 the Patriots sit at 10-3 and currently leading the AFC east division. That being said people still doubt the Patriots, however Tom Brady who



sits comfortable with 3,865 passing yards, 27 touchdowns and 6 interceptions is surely hushing the doubters. Skip Bayless, a famous TV personality tweeted, "The New England Patriots are STILL the best team in the NFL, in large part because they STILL have the best quarterback."

Celtics

By Farai Zhou

The Boston Celtics pulled of one of the greatest off seasons in recent memory and have the caliber to be a great playoff contender. The Celtics have all aspects needed to become one of the top teams in the NBA this season.

The Celtics added a few pieces to their team that will help them during the 2017-2018 season. They acquired small forward Gordon Hayward, point guard Kyrie Irving, small forward Jayson Tatum, and power forward Marcus Morris, who will all be a big help for Boston. The Celtics are expected to do very well this season.



Photo Courtesy of NBA.com

While these additions to the team are very exciting, some key pieces left Boston. The Celtics lost Avery Bradley, Jae Crowder, Amir Johnson, Kelly Oliynyk, and their star player, Isaiah Thomas. Many fans were not happy that Boston traded away Isaiah Thomas because of all he has done for the team, but this trade will be better for the Celtics in the long run. This new Celtics team is a lot younger and has a lot more potential.

During the preseason, the Celtics went undefeated winning all four games and were doing very well despite losing Gordon Hayward to a gruesome leg injury.

They are 24-6 and just recently lost their 16 game winning streak to kick start their regular season. All of their players, including their bench have been playing great defense and they have many weapons on offense as well.

Kyrie Irving has been having a great season so far, leading the Celtics in scoring while averaging 22.8 points per game. Their young players have also been having a great season. Jaylen Brown and Jayson Tatum are second and third on their team for scoring.

Despite being a young team, the Celtics are having a record season and are a great playoff contender.

Bruins Season Preview

By Jake Post

As the winter is coming closer, that means Bruins hockey is back. The Boston Bruins are looking to rebuild this year with a lot of new and young players. The Bruins are 6-4 at the start of the new season. New head coach Bruce Cassidy looks to take the Bruins to another Stanley Cup playoff run. Last year, the Bruins finished 4th in the Atlantic division with a 44-31 record, but their playoff run in 2016 was cut short after a battle with the Ottawa Senators. The Senators won 4-2 in the series. This season looks like an exciting one and fans should be excited on what's to come.

A big deal was done in the offseason with one of the Bruins key players. 21-yearold David Pastrnak recently signed a \$40 million contract for 5 years. Pastrnak was second in scoring on the team with 34 goals in 2016. The Bruins also have some veterans and leadership players to add to the mix. Patrice Bergeron was drafted in 2003 to the Bruins and has been with them ever since. Bergeron helped the Bruins to a Stanley Cup win in 2011. David Krejci was also a part of the 2011 Stanley Cup team, and looks to bring leadership to the team as well. One of the most important players on the team is Brad Marchand. Coming off a team high and career best 39 goals in 2016, he looks to help lead the team to another Stanley Cup. Talking about leadership, the oldest player on the team Zdeno Chara is now entering his 21st season. Chara plans to lead the team while being one of the top defenseman in the league being 6'9" and weighing 250 pounds.

Photo Courtesy of CBS Boston

The acquisition of star receiver Brandin Cooks

has paid dividends for the team as he has become one of Tom Brady's key targets and has helped heal the blow of losing other star receiver Julian Edelman. Cooks was acquired through a trade in the off-season in which the Patriots sent a first and fourth round pick to the New Orleans Saints. Another key acquisition made in the off-season was cornerback Stephon Gilmore from the Buffalo Bills. Gilmore, who got a 5-year deal for over 60 million dollars has been rather underwhelming so far. After starting out the season strong, he has battled injuries all throughout the season and has not appeared in the lineup during recent games. Other cornerbacks have stepped up to fill the void of Gilmore though. One in particular is Jonathan Jones. Jones has went from virtually unknown to being one of the most reliable members in the secondary that the Pats have.

One player who has shocked the fans as a major contributor this season has been rookie DE Deatrich Wise Jr. Wise Jr who is from the University of Arkansas was seen as an underachiever in college and fell all the way to the fourth round where the Patriots selected him with the 131st overall pick. Since training camp Wise Jr has improved almost daily, and it has resulted in him becoming the starting DE for the pats. On the season, he has 13 tackles (9 solo) and 3 sacks. For a player who was fighting for a roster spot at the beginning of the season it is great to see a guy like Wise Jr take his opportunity and become a major factor for the 7-2 Patriots.

What is hockey without a goalie? Tuukka Rask has been the Bruins go to goalie for the past couple of years. Rask won the Vezina trophy in 2013. The trophy symbolizes being the best at the goaltending position. Tuukka, coming off last season with 37 wins and 1,610 saves. Tuukka feels good about the team. "We're flying under the radar, I guess. But the league is so even nowadays, as we saw last year in the playoffs, that it doesn't matter where you end up. As long as you get into the playoffs, you get a shot. We're same as any other team: we're just trying to be good enough to make the playoffs. I have a good feeling about our group after that." Tuukka Rask looks to perform even better than he did last year.

Some young players to keep an eye on this season is Torey Krug, Charlie McAvoy, Anders Bjork, and Jake Debrusk. The Bruins are excited about their new coach Bruce Cassidy after the firing of Claude Julian."I like to push the tempo more in practice because that's one thing as a coach you can control is, generally, the condition of the players and their minutes on the ice," said Cassidy to the assembled media. (according to the Boston Bruins website) "The reason our practices are going to be a little more intense with pace is because we want to play that way, too. That's the way the league is going, and we've got to be able to sustain that for 60 minutes every night." The new look Bruins are ready for a successful year and hopefully a solid playoff run.

NHL Outlooks

By Julia Ramsdell

24 teams in the USA and seven in Canada all come together and compete as the National Hockey League. The National Hockey League is a favorite of many. When fall comes around that is when you know preseason is right with it. Preseason is a good time to keep an eye out for the good teams for the year because, watching preseason games is when you figure out which teams work the best together, which players stand out the most and what teams have the best overall lineup.

In hockey, just like most sports, there is a yearly draft. The draft is where teams get to pick players from different teams to put on their teams. They can range from players from different teams to top college players who meet the draft requirements. In sports teams they are also allowed to trade. When a team trades a player to another team, they pick a player in return.

So far, this season is looking very different from last year. Many of the teams who either did not make it to playoffs or teams that were standing low in the league overall have moved up significantly. On the other hand, some teams remain in around the same spot as they did last year as well.

For example, the fourth team in the league right now is the Toronto Maple Leafs. They moved up a significant amount from being dead last, last season. The Maple Leafs ended up with seven draft picks all being rookie college players.

"It's important that we play hard and play right," said head coach Mike Babcock.

Photo Courtesy of CBS

The Washington Capitals, who remained first in the league all season last year, happened to move down to about seventeenth this season so far, drafting only four college rookies, "I actually feel like we're deeper because we're more experienced," said head coach Barry Trotz.

As for the first team in the league presently, the Tampa Bay Lightning has really brought their game. Drafting six new players, they are clearly headed in the right direction.

Another team looking very hopeful this season is the Las Vegas Golden Knights. The Golden Knights are a brand new team to the NHL. With twelve overall draft picks to the team, Las Vegas is currently standing fourth in the league. Being a new team in the league, there were of course doubts, but with an experienced coach and strong team, they are looking very hopeful.

"As coach, you can't look long-term; you just have to look at the next day and get better every day. We are going to work hard, we are going to build a strong organization, a strong hockey team here in Las Vegas," said Coach Gerard Gallant.

Each team of course has their veteran players who help the team out as well. It is not all about being fresh and new, especially with the Capitals having their top player Alex Ovechkin, who has been playing for the Caps for thirteen years now. Ovi scored 33 goals overall last season and has won an array of trophies including the Art Ross trophy, the Maurice Richard trophy, Ted Lindsay award, the Hart Memorial trophy and the Calder Memorial trophy—some more than once.

"I'm a goal-scorer, and my job is to score goals," said Ovechkin before this 2017 season to follow up with his quote ovi had scored two hat tricks in just thirteen minutes of the Caps, Canadians game.

Veteran Auston Matthews, originally drafted to Toronto in 2016, is a key part of the Toronto Maples Leafs, scoring forty goals last season in his first year in the NHL. Matthews has already been awarded with the Calder Memorial trophy.

As for the Golden Knights, a successful player is Marc-Andre Fleury. Previously on the Pittsburgh Penguins for thirteen years, Fleury stuck out as one of the best goaltenders.

As for players coming from the Nashville Predators, James Neal has been in the league for about ten years now and is looking very hopeful, scoring twenty-three goals last season. He was named to play in the NHL all-star game in the 2011-12 season. Lastly, as for Tampa Bay, their star player is Steven Stamkos, who has been on the team for about nine years now winning the Maurice Richards trophy two years in a row.

When it comes to playoff time, if you are a first year rookie or a thirteen-year veteran it all comes to the playoffs and who is the best as well as how they come together as a team.

Boston Red Sox Fire "Manager John" after Five Seasons and Hire Alex Cora

By Riordan West Geary, Cole Harnois, and Connor Schott

After five seasons as manager of the Boston Red Sox, John Farrell has been fired. During his tenure, Farrell led the Red Sox to three division titles. He even won a World Series title during his first year in 2013. In his other two seasons as the manager, the Red Sox finished in last place in the division.

Although Farrell enjoyed a lot of success as manager, it was mainly due to the talented roster of the team, and many believed with better management, the Red Sox could've been a title contender in recent years

Red Sox owner, John Henry, weighed in on the firing by

and another time when his team was illegally using electronic watches to steal signs and he didn't know about it. Although the team was coming off of a 93 win season and a Division title, the time to release Farrell seemed right.

Farrell's in game decisions were not the greatest either. There were seemingly a few moments each week in which Farrell's decisions would be scrutinized. However, according to Pete Abraham of The Boston Globe, no level of team success would've prevented Farrell's firing.

manager with former Red Sox infielder Alex Cora. Alex Cora seems to be a perfect fit to manage the star studded Red Sox. He is a former Red Sox infielder, he knows the organization, and he is coming of a World Series win as the Houston Astros bench coach. Astros designated hitter, Carlos Beltran, stated that "He's intense. Players like to see it," but he also "takes a lot of pride into relationship with the players." Cora stated that he wants to make a change and instill a new system at the plate. He wants batters to be more aggressive at the plate. Cora's familiarity with the organization, his relationships with players, and his new approach seem to be all contributing factors in



stating, "Sometimes you want change not just because of your results, but there's a time and a place for it. We thought this was really the right time."

Firing Farrell wasn't about the success of the team, it was about leadership, and having control of the clubhouse by connecting with the players.

Farrell had an up and down tenure with the Boston Red Sox. There were the highs of winning titles, but also the lows including two last place finishes, being diagnosed with cancer, and the controversy with him having an affair with a Red Sox reporter. There were also bad moments from his players, including when star pitcher David Price called out Hall of Famer Dennis Eckersley on the team plane. David Price also showed a slight lack of respect when he referred to Farrell as "manager John" in interviews. The David Price incident showed a lack of leadership from the manager and was a poor reflection on Farrell.

There were times where Farrell seemed lost during his last season as manager, including multiple occasions when he did not know the rules of the game,

The timing of the firing seemed a bit overdue, especially considering it has been two full seasons since

The Boston Red Sox have since replaced Farrell as

Farrell finished in last place. During the 2015 season, when Farrell left midseason to treat his cancer, bench coach Torey Lovullo took over for the last place team and led the Red Sox to a 28-20 record over the final two months of the season. With Lovullo's success in his short time as manager, it seemed right for the Red Sox to fire Farrell right after that season and replace him with Lovullo. However, the Red Sox brought back Farrell, lost Torey Lovullo to the Diamondbacks, and then fired Farrell after a winning season.



Photo Coutesy of NESN

the choosing of the Red Sox' new manager.

The Red Sox seemed to fall below expectations in back to back years, so many people felt as if a change was needed. The first person everyone looked at was John Farrell. When Farrell got fired it didn't come as much of a surprise. Alex Cora was one of the first people the Red Sox interviewed and they clearly liked him a lot. The Red Sox have the offensive, defensive, and pitching talent to be a great team, and we'll see how impactful Cora can be next season.

What We Enjoy about the Holiday Season

By Sarah Cronin

The holiday season can be a very stressful time of the year. This is the time you are thinking about Christmas shopping, holiday parties, and family visits. However stressed you may be about the holiday season, remember all these fun activities you have to look forward to:

Listening to Christmas music- The joy of listening to Christmas songs, with a cup of hot chocolate and a comfy blanket by the fireplace, is a joy that is matched with very few things in life.

Lights and pretty decorations- New lights and fresh decorations mixed with old ones gives the feeling of warmth and happiness. Stringing up Christmas lights can put anyone in the Christmas mood. Decorating a Christmas tree is also a pleasure worth experiencing in life.

Family get togethers- This is the time when all your favorite and maybe not so



favorite aunts, uncles, cousins, and grandparents come to visit. With all the good food and pies, everyone feels like one big happy family. Of course there is the occasional family drama here and there, but that is what Christmas is all about.

photo courtesv of webaware.com

photo courtesey of Ugly Christmas sweaters- Who doesn't want an excuse to wear something absolutely ugly and comfy, but it's acceptable because it's Christmas time?

Snow- There's nothing like being wrapped up in a blanket with your favorite book by the fire watching snow lightly fall.

Candles- There's nothing quite like a warm, scented candle to brighten your spirits and warm you up.

Gingerbread cookies- Who does not love the smell of freshly baked cookies wafting through the house?

Seniors Juergen Pfau and Marissa Arnold both agree that their favorite part of the holidays is eggnog because it only comes around Christmas time and when you see it on the shelves, you know Santa is coming.

Just as sleep is necessary for our body, similarly holidays are important for relaxation and change. They provide relief from the same old same old of our daily routine. They are important for our mental and emotional well-being. Holidays give us a break from our routine and help us to refresh ourselves and go back to work or school with renewed energy.

Skiing in New Hampshire

By Dominick DelGavio

New Hampshire has some of the best, most versatile, and most scenic ski areas in the East. Many of the major ski resorts are close to one another in New Hampshire, so you can visit and experience a number of different mountains during one trip. TRHS skiers mainly prefer to ski at Pats Peak for its convenient location and cheap season pass prices. To obtain the best experience, avoid skiing on crowded holidays and plan trips accordingly with the deals each mountain has to offer.

Loon Mountain is one of the biggest and most popular resorts of them all. It is located in Lincoln, within the scenic White Mountain National Forest. Its 61 trails spread across three peaks, with 2,100 feet of vertical drop and terrain for all levels. On mountain lodging is right at the foot of the lifts for great ski convenience. The



Mountain Club on Loon is a hotel/base lodge with rooms and suites, restaurants, parking, a swimming pool, and spa. The Loon Mountain Adventure Center, also at the base area, offers snow tubing, snowshoeing, cross country skiing, ice skating, and a zip line ride over the frozen river that runs past the base.

Rappers In and Out of Prison

By Joe Catino

I'm sure you have heard of a famous rapper being arrested, and the numerous people pleading out for their freedom with t-shirts and protest. But the real question is, after these rappers do their time and get out of prison, are they still worth listening too? A rapper seeking redemption, should start by staying out of jail. According to a study conducted by the federal government Bureau of Justice Statistics, More than half of prisoners that are released from prison end up right back in jail as repeat offenders.

Rappers like Kodak Black, Kevin



photo courtesy of santarose.com

Gates, the Migos and many others go back because they are repeat offenders. That means it is easier for them to be put away for smaller crimes. But because the crimes are mostly misdemeanors they are out making more music within months. But when a rapper doesn't "beat a case" and does not "do the race" they can be sent away for a long time. If a rapper wants to stay relevant while in jail, they need to have a large following before the trial. It's difficult for a rapper to gain a following in jail because of the lack of publicity. According to the XXL, when a big rapper goes to jail, the anticipation of their next album goes up due to publicity from news stories and social media.

From there, the buildup keeps going until they get released. While rappers are in prison they have an abundant amount of time to perfect their style. Gucci Mane is a good example of this. He went to jail a large man that sipped codeine and smoked reefer, and came out a man of god. During his time in jail he got himself into good shape and got his life straightened out. He now spends his day doing shows and making money for his family. The decision of whether these rappers are still worth following comes down to if they ever are freed. A rapper can still write music from the inside but without the proper studio and equipment, the music will only be on paper.

Eminem Political Rap "The Storm"

By Dan Grzyboski

On Thursday October 12th, 2017 Eminem preformed an extremely controversial freestyle rap named "The Storm" about the current President of the United States, Donald Trump. This rap criticized the Trump administration, calling for both the impeachment and for physical harm to our president. Although Marshall has the right to freedom of speech, there has still been a massive amount of backlash from fans of Eminem and Trump supporters believing that Marshall has stepped too far.

Currently there seems to be a divide as far as the view of Eminem's rap. More left wing artists, musicians and politicians are siding with Marshall saying he is a hero of the people and that he is speaking for the American population. More right wing officials and celebrities are criticizing Eminem stating how Rap does not belong in the world of politics and that this was just a stunt to try to revive his music career by attempting to relate with some of his fans.



Courtesy of Omni Mountain Resorts

Another very popular resort is Cranmore Mountain in North Conway. Cranmore has been in operation for six decades. It overlooks the town, with 57 trails and ten lifts accessing more

than 200 skiable acres. Cranmore is well known for its ski instruction program and for its family friendly activities, which include the Mountain Coaster, the Giant Swing, the Soaring Eagle Zip Line, and multi-lane tubing park in the Cranmore Mountain Adventure Center.

Skiing enthusiast, filmer, and YouTube hobbyist Peter Springer said, "If I had to choose my favorite Ski Mountain in New Hampshire, it would be Mount Sunapee. Don't sleep on Sunapee, it's honestly wicked underrated." Peter has been skiing since 2007 and has developed into more of a freestyle skier. Sunapee happens to be his favorite because of its 603 Terrain Park, with 50 terrain features, a sound system, and a fast triple chair lift to maximize runs in the park. Sunapee has been family operated since 1998 by Tim and Diane Mueller, offering 66 trails spread out over 233 acres of skiable terrain and a 2,743 summit elevation.

A journalist from The Billboard reported on Eminem as he took

a shot at pro-Trump supporters within the lyrics of The Storm, "his incendiary lyrics are getting backlash from Trump supporters, whose platform he mocked by putting on a fake Southern accent during lines like, "[Trump's] gonna get rid of all the immigrants." The rapper makes it clear that he won't tolerate pro-Trump views from anyone, even if they come from his fans. "Any fan of mine who's a supporter of his," he rapped. "I'm drawing in the sand a line." Then he comes close to the camera and appears to say (Censored), behind a censor while flipping them off." although there has been many statements made by Marshall about this stab at the United States government, there has not been any comments from the Trump administration at this time.

The Most Advanced Mobile Camera in the World

By Kyle Gleason

When you think of a camera, you think of a single lense to take a picture, but what if I told you that there was an exception?

This exception is the L16, invented by Light.

Light is a company founded in 2013 by two men by the names of Dave Grannan and Dr. Rajiv Laroia. Both of these men hold very impressive backgrounds in electrical engineering and communications, which played a vital role in the company's ground-breaking technology. Think about the trends of society, everything must be portable, small, and good quality. These societal trends are what led to this very advanced mobile camera called the L16.

The L16 is a high quality camera that now fits in your pocket for convenience. Like many others this camera has a screen, but uniquely the back has multiple small cameras. Light's website describes the process of taking a picture by saying, "When the L16 takes a picture, 10 or more cameras fire simultaneously, capturing slightly different perspectives of the same scene. The L16 intelligently chooses a combination of its 28mm, 70mm, and 150mm modules to use in each shot, depending on the level of zoom. These individual shots are then computationally fused together to create an incredibly high-resolution 52MP photograph."

So what does this mean? In less technical terms, it combines pictures of the same focal point to make a very detailed image. That isn't all this advanced camera can do, as it can also generates a 3D depth map of the focal scene. All of this extra information enables a one of a kind of photo editing ability: the ability to adjust depth of field, focal plane after the shot, and noise reduction. Although this camera is marketed more towards the professional photographer at the preorder price of \$1,950, the technology can be for the amatuer photographer.

The Wall Street Journal says, "The L16 proves that Light's crazy idea actually works and is poised to shape the future of photography."

PetaPixel also stated the L16 was, "a revolutionary new point-and-shoot camera that aims to transform the way we think about cameras."

With reviews like this, the excitement for this product to hit the shelves is through the roof as people look to get their hands on this brand new technology.

The Experience of a Lifetime

By Mandi Hailson

The cool air, the crisp sound of the ice as you skate, and the aches in your feet make the experience at the Rockefeller Center worth it. The rink at Rockefeller Center is a New York City tradition that everyone can enjoy. Everyone that attends this rink is assured magical memories that will last a lifetime. Each winter, visitors lace up their skates and twirl away at the sight of the sparkling Christmas lights.

Rockefeller Center was named after John D. Rockefeller who leased the space in 1928. The center is a large complex consisting of nineteen high-rise commercial buildings cover over twenty two acres. 125 million people visit this attraction each year and November 30th is the 84th Rockefeller tree lighting. During the winter season, ice-skating in New York City is truly indescribable. A twenty-foot handmade balsam fir is decorated each year. The crystal blue angles are displayed during the holiday season to display the meaning of Christmas.

Reviews on this destination demonstrate how much visitors enjoy the stop, "Absolutely brilliant, do not go to New York without ice skating, It was a lovely crisp morning in November and not too busy," said Deborah H. on TripAdvisor.

Many people are dedicated to ice skate at Rockefeller Center each year just to experience the magical sight it has to offer. New York City during Christmas is an experience of a lifetime. It costs children between the ages of six and twelve \$28 and for seniors it is \$32. Rockefeller center has flexible hours and is open 7am-Midnight. The perfect





time to attend this ice rink would be in the beginning of December to make it the perfect holiday season. Between the perfect amount of lights and decorations to everything Rockefeller center has to offer will please anyone that walks onto that rank.

Sledding Hills

By Josh Downing and Barret Kappler

Thanksgiving is coming close, which means the snow season is on its way. So grab your winter coats, hats, and gloves to tackle the mountains. When snow begins to fall, sledding is a necessity and having the right equipment is key to guarantee maximum speed and performance you need to know what brands to use. The typical trash can lid does the job but isn't ideal for catching that high speed buzz. To experience sledding to the fullest, you should head over to madRiverRocket.com to get yourself a sled _______ worthy of conquering the slopes. Don't be cheap when you're looking for your sled of choice. spare no expense because the







Courtesy of Steamboat Today

better the sled the better the ride.

Everyone has experienced a nice glide across fresh snow, but if you want a thrilling ride we have some spots in mind. Winnikenni Park has a nice sized hill, with steep face that would satisfy anyone. Be mindful of the active roads in the area because the hill does lead into oncoming traffic. The hill is located right off of forest street, and has plenty of parking for all your friends to come. As much of a trek it is to climb the hill it's all worth your while, because once you reach the top it's all downhill from there.

Another good spot is the Haverhill Country Club. This spot offers long hills and a beautiful landscape for a nice sledding day. Plus, it features the occasional frozen over pond that boosts your ride and practice your drifting skills. It offers a smooth grassy surface underneath the powdery snow that packs on top, so it won't ruin your day if you take a spill.

In our opinion the best slope is the hill behind Hampstead Elementary School. This hill provides a nice flat area on top to hang out and prepare for the radical ride ahead. Along with a nice flat peak, this hill has a very nice long slope great for shredding the fresh powder. This sled spot in nice to go to because it's safe and not many people go there. The hill leads to a flat area before a fence so it's generally a safe place to sled.

For our final location is we chose Nuns hill, the biggest hill out of them all it. It towers about 50 yards up on a steep incline. For experienced users of the mountain they know of a secret path up the side, where you can scale it in half the time it would take you going straight up. Locals call it nuns hill for its historical background of it being an old religious school that lies at the top.

With all this in mind you have to be sure to have fun while pursuing rad speeds on the slope. so don't take it too seriously. Sledding is meant to be a fun way to spend a snow day, Get geared up and get out there.

Rick and Riot

By Noah Clark

In the recent series premiere of the hit TV show, Rick and Morty there is a gag about the main character Rick's only motivation in life being to get Schezuan Sauce from McDonald's. Schezuan Sauce was a limited time teriyaki dipping sauce made specifically as a partnership with Disney to market Mulan in 1998. This led to a considerable spike in interest about the sauce that McDonald's tried to capitalize on. On October 7th, McDonalds did a soft launch of the sauce in select locations around the US in very limited quantities. Pair this with lines of people hundreds long and you have a recipe not for sauce, but for a disaster.

After people realized that after hours of waiting they wouldn't get any (due to stores only receiving a couple dozen packets or so), chaos ensued. Thousands of angry fans protested in droves in various different means. Some took to Twitter and other social media in order to complain to McDonald's, while others took a much more physical approach. This led to the police arriving and taking control of the situation in order to prevent violence and unrest. Not every day do you see police helicopters deployed over a sauce at McDonald's.

Packets of the sauce are now going for excessive prices online. Just the regular sized packets of the sauce were going for hundreds of dollars on eBay. And a 64 oz. bottle of the sauce had a final bid on eBay of \$15,000. However, McDonald's offered some relief in a recent statement. "So we're gonna make this right...Szechuan Sauce

is coming back once again this winter. And instead of being one-day-only and limited to select restaurants, we're bringing more—a lot more—so that any fan who's willing to do whatever it takes for Szechuan Sauce will only have to ask for it at a nearby McDonald's." McDonald's has learned their lesson this time and this launch is likely to be much more successful.



Thanksgiving Traditions

By Aaron Cullen and Barret Kappler

The Pilgrims landed on the new world in 1620 and ate the famous meal between the date of September 21st to November 9th 1621. The purpose of this congregation was to bring the two different people together. Since then we created a holiday out of the event. We call this holiday Thanksgiving and it is supposed to be a thankful time where people come together as a family and enjoy a nice meal. Many traditions have sparked from this holiday.

There are many traditions and different ways to celebrate Thanksgiving. Everyone can celebrate this holiday as it is not a religious event. Some people are religious about the holiday and see it as a good time to pray and visit church. Others enjoy having a great feast with the family and have a good time. It is tradition to eat turkey during Thanksgiving. Some people prefer ham instead.

One set of traditions could be if your whole family with extended members sits for a feast. You might travel to a relative's house to meet up with a big group of family. Some people rather just your immediate family or who you live with. Others enjoy sitting on the couch and watch the the Macy's Day parade and the dog show. Some people enjoy a pick up football turkey bowl game with some old friends to reunite and celebrate the holiday.

In conclusion, Thanksgiving is probably in the top 5 best holidays of all time. It's a time to get together with your friends and family and spend time. Also a time to reflect on all the good reasons to be thankful. Thanksgiving only comes once a year and it is a holiday to remember.

Photo courtesy of The Balance

Tom Petty

By Emma Lannon and Tori Rothwell

Tom Petty was an American singer-songwriter, multi-instrumentalist, record producer, a musicians' advocate, and an actor. He was the lead singer of Tom Petty and the Heartbreakers. Unfortunately, he passed away October 2, 2017, at the age of 66. His cause of death was from cardiac arrest, which

is an electrical disturbance in the heart. For people his age, this is a very common cause of death in the US. He is known for making many great hits such as "Free Fallin", "I Won't Back Down", and "You Don't Know How It Feels". His songs and albums have gotten him into the Rock and Roll Hall of Fame and made his net worth \$95 million dollars.



Supreme

By Nick Braga

Supreme's logo is white Futura Heavy Oblique font enclosed in a red rectangle. When people see this font they immediately think of Supreme. The symbolism of the logo has far surpassed what it initially was meant to be. Supreme will always be a brand that people will recognize. The iconic logo helped grow the company from a neighborhood skate shop to a globally recognized brand. However, Supreme as a brand is surrounded by controversy.

Nowadays their red and white box logo is a status symbol. James Jebbia, Supreme creator and New York legend, has always been into art. However, it became very apparent when he clearly ripped off Barbara Kruger's propaganda art. Barbara Kruger is an extremely well known artist whose claim to fame is using simple photos with powerful connotations. She was the one who popularized the "Supreme" font. The red and white Supreme box logo is almost identical to Kruger's art. When asked about the plagiarism Barbara stated, "What a ridiculous cluster**** of



Photos Courtesy of Supreme

totally uncool jokers. I make my work about this kind of sadly foolish farce."

There is nothing that can be done about it legally. It is a font and two colors. Even though it is a clear cut example of plagiarism, it will still be "cool" in the eyes of die-hard Supreme fans. Sales are at an all-time high for Supreme. Supreme has become a symbol of power. In a time where clothes make you cool it is easy to forget the true meaning behind something.

Petty grew up in Gainesville, Florida. He spent four whole decades creating music. He has been through a lot as songwriter and person. He definitely did not have an easy life, but his music helped him persevere. He opened up about suffering abuse by his father as a child. He did not let the struggles of his childhood prevent him from any success he was able to give to the music world. In the 80's he was a co-founder and a member of the "Traveling Wilburys". In 2002, Petty was inducted into the Rock and Roll Hall of Fame.

His music tells different stories about people or things that have happened in Petty's life. One of his biggest hits "Free Fallin", from his album Full Moon Fever, was written just to make one of his friends laugh. This song has a lot of meaning behind it and was one of his biggest hits. He writes his songs about how he is feeling in the moment. His songs are so meaningful because it is from the heart.

Even with all his success, he still faced many struggles. In 1979 Petty declared bankruptcy because he refused to release his album, Damn the Torpedoes. During that time he was with the record label MCA. When Petty's label was sold to MCA he claimed he didn't want to be "bought like a piece of meat." When MCA would not give up the contract, Petty took action. He refused to release his album because of the abusive contract. He declared bankruptcy to force the label to void his contract, but later signed back with them under his own terms. In the 90's Petty was addicted to heroin. This was a very hard time in Petty's life. Thankfully, he was able to recover from both his addiction and abusive record label deal.

Despite everything that Petty had been through in his life. He was still able to become one of the best singer - songwriters of his time. There were many reactions to Petty's passing from his friends on social media. Sir Elton John sent his condolence, "Tom Petty's music and songs are timeless. He was a wonderful writer, musician, and singer. Irreplaceable and unique." Followed by many others like Jagger and Bruce Springsteen. Springsteen wrote, "Down here on E Street, we're devastated and heartbroken over the death of Tom Petty. Our hearts go out to his family and band mates. I've always felt a deep kinship with his music. a great songwriter and performed, whenever we saw each other it was like running into a long-lost brother. Our world will be a sadder place without him." Tom Petty will always be remembered by his good heart and great music.



Photo Courtesy of itunes.apple.com

Digging Deeper into Water

by Niko Kakouris

Since the dawn of time, water has truly evolved. A basic necessity to human life that enables us to continue our existence as people.

Over the course of life in this world, water has been branded into over 120 different brands. Each individual brand posses its own unique touch, whether it's the name of it's company, the color or even the shape of the bottle. At the end of the day, do these features actually affect how your taste buds perceive the taste of the water? Most likely not, but how come some people like and dislike different brands of water? Are they being over dramatic, or are there actual differences in the taste of different brands of water? All these heart racing questions really make me think, what is the best water?

On a warm summer day after taking part in some sort of strenuous activity, your lips crave the cooling sensation of water entering your mouth. In these situations, a water enthusiast usually looks for their go-to water. But what happens when their go to water isn't available to them? Most people are too desperate in these tough situations to really tell the difference between alternative branded water. So why when people go to the supermarket do they choose certain brands over others if at the end of the day the water fulfils the same task?

People tend to prefer some brands over others solely due to what their parent or guardian brought them up on. If all your life your fridge was filled with one certain brand of water, then most likely that will end up being your go to water just based off of your history.

In school, take a look around. What water do you mainly see? Poland springs. Poland springs is the true Boston Celtics of the water world. It was founded in 1845 and was at the top of the game for quite some time, similar to the Boston Celtics in 1958 through 1968. Poland springs was a top dog company until times changed and the world began introducing brand new foreign companies that became a huge deal in America.



Photo Courtesy of ScienceDaily.com

What are the factors that separate one water from another? Looking at poland springs, the spring was founded in 1845 by Hiram Ricker in the town of Alfred, Maine. The PH of the water is 5.8. Now looking at A more expensive, high end company called Fiji. Fiji water . Is sourced from Yaqara, Viti Levu, the largest island of Fiji. The bottles are then shipped overseas and distributed from there. While Poland springs has a PH of 5.8, Fiji water has a PH of 7.2. Fiji water is available in stores in sizes 330ml, 500ml, 700ml, 1 liter, and 1.5 liter bottles. At the same time, Poland springs offers the public their bottles in 80z, 120z, 500ml, 200z, 700ml, 1L, 1.5L, 3L, 1G, 2.5G, and 5 Gallon bottles.

Now these days, walking into any store that sells water, a few brands that may catch your eye include Voss, Fiji, Evian, and even Smart water. All these brands give off a fancy, high class vibe that people tend to enjoy even though at the end of the day the price for these waters is evidently more expensive.

Water is everywhere, in all shapes and sizes. How our mouths perceive the taste of water is truly up to our taste buds and brains. At the end of the day we are blessed to have water available to most of us so easily. Always think to yourself, what really is the best water?

Subway, Eat Fresh

By Gavin Gallagher and Abi DeNault

As two past employees of a chain, sort of fast food restaurant, both of us know what it's like to slave over sandwiches for hours a week. Subway is the kind of place where you will find many interesting people; customers and employees. Abi and Gavin worked there for six months, and were "consistent hard workers", as in Abi quit and Gavin was fired. The both of us working together ended in constant distractions from work and our boss hating us. This sandwich joint was run by the notorious Tasha Booth. This manager took her job very seriously, and was very firm in her work ethic. Though she was a 34 year old managing a Subway, she worked as hard as she possibly could. We still respect her to this day.

Subway pay starts at \$7.50 an hour which wouldn't be a bad pay if the customers were guaranteed to be kind. There are many types of customers at the Subway we used to work at. For example, a woman we call "purple jogging suit", every time she came into Subway, she would always come after a workout, with a Bluetooth in her ear, talking to people she worked with. This woman was clearly the boss of a business and always wanted her Subway after a long day. Every time she would come in, she would order a BMT, which is a sandwich with ham, pepperoni and salami. The first time Gavin had this employee, the customer counted how many slices of each meat she was putting on the sandwich.

Another ex Subway employee Kim McCabe had some input on the position of a "Sandwich Artist". McCabe says that she "liked most of the employees, some of the regulars" and enjoyed the fact she was able to make tips. Kim also shares her dislikes saying she "didn't like that there were no breaks, the rude customers, and the manager's attitude".

Abi and Gavin both worked at subway for 6 months, quitting and being fired around the same time. Quitting for Abi was a relief and being fired was a breath of fresh air for Gavin. Subway has a lot of flaws in its system. Gavin experienced having to work late night shifts alone night after night and staying as late as 11:30pm sometimes just to make sure every chore was done. Gavin was told to clock out at 10 so she was not paid overtime even though she stayed an extra hour and a half. The tasks are difficult to accomplish during the shift because of constantly taking care of customer's need and stocking things that have run out.

Subway could have possibly been the easiest job to do. Both of us believe that even a child could do this type of work. When you first begin working there, you start on the cash register. This just consists of putting orders into the computers and taking customers money. Once one starts to get good at counting change and knowing the com-

puter system better, a manager puts you on "the line". The line is where all of the meat, cheese, vegetables and sauces go where the customers can see them and choose what kind of sandwich they want. The subway we worked at had a line that went from right to left, in order of meats, cheeses, veggies and sauces. The bread was located directly behind the line. Grabbing bread and slicing it, ready for meat and veggies, was like the Olympics. When you just start out, you see these trained and experienced employees doing their jobs really fast and almost get jealous of their skills.

Once you get experienced as a "sandwich artist", which in fact was the name of each of our job titles, a manager will begin to train you for night shifts and stocking. Night shifts last as what it feels like forever as we mentioned before, but as you know what you're doing, it just gets really boring because the job is so repetitive. When you stock and fill everything in the store, it takes a good few hours because of the dinner rushes and steady pace of customers and their sandwich needs. Something you also learn to do it how to count everything in the store. We would call them cash ins because we'd have to count the money in the register as well. While doing cash ins, we would have to count all of the bread, flatbread and wraps. This process is quite tedious. Sometimes, if the amount in the register wasn't right, the employees would spend a ton of time on recounting the cash. You'd also have to take inventory of even things like salad bowls and soup cups. Our manager was very strict about everything being correct because all of the information was to go to corporate. Tasha's boss hated her for being lazy and not keeping the store clean, so she would always try to win back her reputation.

Subways menu is basic, but you have the ability to put whatever you'd like on a sandwich. Though the menu doesn't go much further than sandwiches and cookies, in the fall and winter they carry soups which are most of the time, tasty, but not very large portions are served. The sandwich aspect is your choice of meats and vegetables along with sauces, or you can get the sandwich how the company designs it. You have the option to toast the bread, which is a popular choice. There is also a variety of breads. You can have Italian white bread, Italian herbs and cheese bread, wheat, honey oat, wraps, and flatbreads. The Italian herb and cheese along with the Italian is probably the most popular, those breads ran out the fastest. Along with your meal you can also get a tasty cookie. Your choices in cookies are chocolate chip, oatmeal raisin, double chocolate

Though Subway wasn't the best job, many memories were made there. Both of us enjoyed our coworkers and the time spent with them. The tedious work was not something to enjoy, but at least relationships were made with people we would have never thought to have relationships with. Subway was not the best job, but neither of us regret working there.

Coffee Spending

By Jurgen Pfau

Picture the average student driving into the Timberlane parking lot. When they come out of their cars, most of them carry three things with them. Students will carry their keys, their backpacks and their Dunkin Donuts coffees. Most students make it a daily ritual to stop at a Dunkin Donuts before school to get the caffeine they need to survive the day. If a student Spends \$2.00 daily on coffee, how much are they spending annually?

To get to the bottom of this answer, I first found out what size of coffee each person purchases when they make their stop at Dunkin Donuts. After asking 25 people at random what size coffee they purchase, 22 of them said that they order a medium, which prices at \$2.71. While 1 reported to get a small when they go, and two others



get a large or bigger. But, to represent the average we will go by the price of a medium, which is \$2.71. And although \$2.71 is not a lot of money spent at once, when spent every morning, it adds up quickly.

Considering that there are 180 days per school year. We can formulate the equation C(x)=2.71(x). X can be substituted with amount of visits you make to Dunkin Donuts,which in our case would be C(180) = 487.8. Meaning annually, a student spends up to \$487.8 at Dunkin Donuts!

Doing this each year of high school add up to nearly \$2000. Instead of a coffee per day, \$2000 could also have paid for, a used car, a semester of community college, two of the new

Courtesty of Refinery 29

iPhone X, a month in a sizeable home, 4 Xbox Ones, and so many other things. So before you buy that coffee tomorrow, ask yourself. Is this really worth \$2000?

Timberlane Trends

By Nick Braga and Dominick DelGavio

Timberlane is caught up on a lot of the latest trends. The trends here tend to range from clothing, music, slang, and even after school hangout spots. Clothing is a huge topic so we'll save that for later, but one major music trend sweeping the school is listening to Lil Pump. Lil Pump is a South Florida teen rapper who is known for his signature term "Esketit". Which is slang for "Let's get it". A variety of slang terms can be heard down the hallway from fans and followers. Jeremy Wyckoff let us in on a few good ones: "Some of my favorites include moist, dank memes, and yate".

Also, Music has influenced many students at Timberlane, especially rap music. Some students have decided to pursue their interests and even try to become rappers/ producers. Aaron Cullen is a notable fan of music turned producer.

Amongst all of the running and yelling in the hallway, there is talk of the upcoming wrestling season. Anticipation can be felt throughout the air as we look forward to seeing our friends



take the mat on Wednesday nights. They even started an odd but fashionable sweatpants tucked in socks look, inspiring many others to do the same. Clothing trends have become very apparent at Timberlane. Many people have developed the same taste in clothing and have begun to dress very similar to one another. Some of the most popular shoes around are Vans. Almost everyone owns a pair, because they're fairly cheap and go with every outfit. However, during this time of year, flannels and work boots are a must, because their just too cozy and anyone can pull it off.

Getting Ready for Winter

By Nathan Spzack

In New England we get enough snow to get trapped at home and not be able to leave the house for a couple of days. Many people don't mind getting snowed in and kids love it. Trying to get ready for the winter might be a pain. The most important things you'll need is to have some heavy clothes, a nice metal shovel, some canned food and bottled water.

Some tips to get ready for the winter:

Always have more than one shovel in your garage, just in case the first one breaks.
Have a roof rake so you're not climbing on the roof during the winter.
Get some hand warmers and thick clothing so you can withstand the cold.

•Bring some wood in before the snow hits for those who have a

wood stove.
Have food stocked up like canned food or foods that doesn't expire so quickly.
Get a sled to have fun when you lose power

Once snow has fallen, some winters can be good where it's just a little bit of snow. Some days it could be bad, where the snow doesn't stop one bit and you get stuck inside. If the winters are bad, Red Cross says "Check emergency kit and replenish any items missing or in short supply, especially medications and medical supplies. Keep it nearby."



Courtesy of Country Living Magazine

Some people have trouble shoveling and make it hard on themselves, but the easiest way is to let the snow fall and build up a few inches or when you think there's too much in the driveway and start by shoveling the edges of your driveway then what's left in the center. When you're shoveling to make it fun use the snow you were shoveling and make it into a fort and have a snowball fight with your friends or use it to make a big mountain of snow to go sledding down.

Ask Kyle By Kyle (MP)

Hello everyone, welcome back to this month's edition of Ask Kyle. Just like last month, I will be answering any question that your heart desires. By now you guys

"How much longer can Tom Brady continue to play for?"

This is probably the easiest question that I have ever had to answer. Thomas Edward Patrick Brady Jr. is a five time Super Bowl champion, two time NFL MVP, twelve time Pro Bowler, and most importantly a very handsome man. Statistically

should know how this works, so without further ado, let's get into these questions.

speaking, Tom-Terrific is having one of the best season in his eighteen year professional career, people still want to talk about the fact that he is forty years old and is on the "back 9" of his career. To those haters out there, I would like to remind everyone that at the end of the day, Tom Brady is still Tom Brady. This means that he is still the greatest human who has ever walked on the face of the earth and will continue to be that for the foreseeable future. Therefore, my answer to this question would be, Tom Brady will without a doubt continue to play professional football for AT LEAST 15 more season.



But, the biggest trends of them all happens to be streetwear, shoes, and camo. Recently, many people have taken an interest in the streetwear style; brands and clothes like Supreme, camo, Adidas, denim, and more have become very popular. In fact, both the sophomore and junior classes have carried out this trend in their class shirts. For example, the Sophomores made a Supreme inspired box logo tee and the junior class designed an original camo tee. Everyone seems to have taken an interest in clothes and their style at Timberlane, making this a very prominent trend. In conclusion, Timberlane has hopped on a lot of the latest trends and has even started some of its own. Trends will always come and go. Chances are every trend will reach us one way or another. Courtesy of WB Mason

"What is at the bottom of the deep ocean?"

Finally, a question to really test my keen intellect. Now, to the average person, this would seem like an unanswerable question, but luckily for you guys, I am not average. Most scientists cannot even imagine what is at the bottom of the ocean due to the fact that us humans do not have the technology to reach 40,000 feet below sea level. But fortunately for you guys, I have stumbled upon a brand new theory to what exactly is at the bottom of the ocean. Haven't you ever wondered what happened to all the dinosaurs millions of years ago? It just seems like a uncanny coincidence that all the dinosaurs went "extinct" right as humans began to populate the Earth. Maybe, just maybe, the dinosaurs got word that humans were coming so they decided to adapt and go where no humans have EVER been able to. The bottom of the deep ocean. To me, this theory just makes too much sense to be true.

This will be it for this month's edition to Ask Kyle. Please stay tuned for our next edition in The Hoot.

How to Keep The Relationship Hot Through The Cold Season

By Alana Miller

Sometimes a chill night with Netflix just isn't enough and you find yourself and your date bored with nothing to do. Then, you take a look outside and see it's snowing with temperatures well below zero. Your date is bored, you're bored and neither of you have any idea of what to do.

If you'd like to avoid this uncomfortable situation and keep your date around longer, here are some fun date ideas.

A simple idea is to go ice skating at your local indoor or outdoor rink. Locally, you can go to Haverhill Valley Forum in Haverhill Massachusetts, Valley Associates in Haverhill, and Ice Rink in Methuen, Massachusetts. With prices ranging from eight dollars to fifteen dollars, you can ensure a fun time for a fair price.

Be spontaneous and adventure to a paint shop for a couples painting night. Whether or not you consider yourself an artist or if you've never held a paintbrush before, this is the perfect date. Many people don't think of paint shops in general, never mind for a date night. However, they're a business that is starting to make a big boom locally. Paint Nite is a business located in Somerville, Mass is a large organization where ordinary couples can become artists. There is also local ones around Haverhill, Massachusetts. Keep an eye out for local restaurants that are hosting Paint Nites and save money through coupons on Groupon.



Courtesy of Google

When you're with someone that truly enjoys your company, a date doesn't always have to involve spending money or even going out. Get competitive and have some fun from the comfort of your own home! Break out the games such as Monopoly, Apples to Apples, Scrabble, Checkers or Yahtzee. Introduce prizes and different rules, have your favorite snacks and drinks handy.

If you get tired of hanging inside the house and you're itching to get outdoors, there are endless options for the winter. Throw on some snow pants, grab your neglected sled from the shed and tear up some hills. You may have the obstacle of finding the perfect sledding hill, but lucky for you, we have a local tubing hill. The New England Sports Park located in Amesbury, MA is a tubing park for all ages. While this may be more on the expensive side, you will ensure your date will have a good time. Not to mention the cafe, that is feet away from the gigantic slopes, sells warm food that will quench your hunger.

As you can see, there is no reason to fear drifting from your loved ones in the cold season. There are endless activities to do even when the temperatures try to force you inside. Be creative and remember there is always fun to be had, no matter what season it is.

Comfort or Style

By Saige Wolff

Do you ever have a battle with yourself about whether you want to dress stylish or comfortable? There is a time for comfort and there is a time for style.

Comfort should be all the time but is not always there. Places that comfort should be put over style is a friend's house or when you are most likely not going to go anywhere. Why dress up for a lazy day at a pal's house, when you can sit back in a nice pair of sweats and watch movies? Another place to put comfort over style is lounging at home. Sitting back in a comfy pair of jeans and a large shirt while watching Netflix is a perfect way to spend the day in lazy fashion.

An example of sacrificing comfort over style is a nice outing with the girls. It has been decided that the plan is to eat at a restaurant and then walk around Boston. Wearing the wrong shoes like a pair of uncomfortable heels could ruin your night out. Trying to look good also includes the way one feels in the outfit of choice and if the outfit is not comfortable, then one does not look good.

Everyone can say that there has been a time when they liked the way something looked but hated the way it felt. Style is wanted all the time but can be hard to make happen. Style should take place on a nice date to dinner where you want to look nice for the date. Also having a vibe for taking a nice picture is where style should take place.

There is a time and place for both comfort and style. Sometimes style is chosen over comfort at the wrong time and that person regrets it. Whatever a person wears, they should take into account the disadvantages that may take place later in the day.



Courtesy of Hairstylism

Showing Thanks

By Riordan West Geary

Thanksgiving is a time to show thanks, but it may be difficult to find good ways to show your gratitude. Showing thanks towards someone is about making the other person feel good, it is not just for you to feel as though you did something good.



Most people would love to make other people feel good, but sometimes they just don't know how. Helping people and impacting their day doesn't have to be a huge gesture, even the small things can go a long way.

Showing your gratitude and spreading your kindness are some of the best sentiments you can do to make the world a better place. From simply thanking someone to saving a life, ways of showing thanks come in all shapes and sizes.

A couple small acts of appreciation would include opening the door for someone or making a small donation. Both of these kind deeds show someone you care and that you are thankful for them. These charitable sentiments are also extremely simple and almost anyone can do them. Another one would be telling someone how much they mean to you. You could make someone's day by telling them how much they mean to vou.

Some ways of showing thanks are of greater magnitude and are more time consuming than others. For example, a great way to exhibit thankfulness would be to buy sandwiches for homeless veterans who are in the streets. There are many homeless veterans in cities and handing a sandwich to each homeless veteran you see on the street would impact them in a positive way. Veterans have sacrificed so much for this country and the least we could do for them is thank them for all they have done by presenting them with some food. Another way to show thanks would be to stop at a local shelter or food kitchen and help people who are dire need of your help.

Whether big or small, any act of kindness could change someone's day and it's always a good time to show your thanks, not just near Thanksgiving time.

Courtesy of April Eilers

Thanksgiving Do's and Don'ts

By Connor Ross

Many people enjoy the wholesome holiday on the third Thursday of November. There is so much to enjoy and be thankful for on Thanksgiving. Most people would say that they're grateful for the time spent with family, the smell of the air after while the food is being cooked, the feeling after waking up after a good nap, puppies, and, of course, the wonder of food comas. What many people don't know is that there are a lot of misconceptions on Thanksgiving. There are some very important do's and don'ts that should be followed in order to allow this holiday to live up to its hype.

A definite do: falling into a food coma shortly after a hefty dinner. The natural phenomenon of food comas have been backed up by researchers all over the country within the past year. A study was done by many scientists including the likes of Professor William Ja from the Department of Metabolism and Aging at Scripps Florida. It was determined that eating meals rich with protein or salt makes the



body more likely to sleep longer. It only makes sense to take a long nap after eating a huge meal.

Do not be too picky on Thanksgiving. This is a common characteristic for many people in today's society. If there is one day out of the entire year when no one should be meticulous, it is on Thanksgiving. The chefs

in the family are usually asked to prepare the dishes that will be served and they put their precious time and love into the food they make. It is only respectful to put some on your plate and give it a taste since they took the time to make it for everyone. Thanksgiving is a day to be thankful, so be thankful that there are people cooking for you even if it's not your favorite dish.

Do spend time with your family. This is something that must be done. As a child, you don't realize how much you love your family, but as you get older it becomes more apparent how important they are. Because of that, you become more grateful for them. So definitely spend some quality time with the ones who love you more than anyone else.

Don't forget about Black Friday on the following day. Black Friday is a big day for all the bargain shoppers in this world, but it's tough waking up early right after Thanksgiving due to the inevitable food comas. This day is a fun opportunity to go out shopping with your friends or family while also saving money on some great deals varying from buy one get one on some new silverware to fifty percent off of your favorite socks.

Overall, there are many do's and don'ts that are associated with Thanksgiving. Abide by the majority of them and this upcoming holiday will be a great one.

How To Stay Warm

By Steven Portillo and Anthony Gianelly

Staying warm is very important, especially when the weather is so unpredictable. Winter is right around the corner. Waking up in the morning to fresh snow on the ground may be fun to play in, but if you are not properly dressed you will freeze your toes off. Do not fear because there are many ways to stay and keep warm throughout the ridiculous weather here in NH.

A great way to keep yourself warm while going out of your house is to wear a coat with multiple layers of clothing underneath. Wearing a long sleeve shirt with a hoodie over it and then wearing a winter coat will keep your upper body really warm. Wearing jeans with thermal pants and multiple pairs of winter socks will result in a warm lower body. Make sure you do not forget to cover up your head and hands by wearing one or more winter hats, earmuffs, and mittens! Gloves are also an option to protect your hands and fingers, but mittens will keep your fingers



warmer than gloves because mittens allow your fingers to stay close to one another.

Drinking hot beverages is another great way to keep warm if they are readily available. Drinking hot coffee, hot apple cider, or hot milk, will work to keep the inside of you body warm. Before heading to work or school is the best time to drink a hot beverage because when you walk outside in the freezing cold the inside of your body will not be shocked by the cold.

Thanksgiving Recipies

By Sarah Cronin and Marissa Arnold

Thanksgiving is a time to give thanks for family, friends, and best of all, food! Everyone has their favorite family recipes, and without them Thanksgiving just wouldn't be the same. Here are just a few of our favorites that you could try with your family this Thanksgiving.

Thanksgiving Coleslaw: One of Sarah's favorite things at Thanksgiving is coleslaw. It is a simple, delicious, and visually appealing dish. What you will need:

- 1 bag of shredded cabbage
- 1 bag of shredded carrots
- 1 cup mayonnaise
- 1 cup of white or apple cider vinegar 1/4 cup sugar

Add dried cranberries for flavor



Combine shredded cabbage, carrots, and cranberries into a large mixing bowl. In a separate, smaller bowl, combine mayonnaise, vinegar, and sugar and mix till soupy. Pour the wet ingredients over the shredded mix and stir till all of the shredded ingredients are covered with the sauce. Cover mixing bowl with saran wrap and pop it in the fridge overnight so that the shredded ingredients are totally absorbed. On Thanksgiving morning, open up the bowl, serve chilled, and enjoy! Keep in mind that ingredients tend to shrink overnight, as they are getting absorbed, so play it safe and double the recipe. This dish serves 5-10 people.

Stuffing: A great family tradition at the Arnold household is the homemade stuffing that my aunt makes every year. She's in the kitchen all day long preparing the food and her stuffing is a family favorite. Here's what you'll need to make this holiday stuffing:

1 pound loaf sliced white bread ³/₄ cup butter or margarine 4 stalks celery, chopped 2 teaspoons poultry seasoning Salt and pepper to taste 1 cup chicken broth

First, you need to let the bread sit out for an hour or two so it can dry out. Once the bread is dry, you will cut it into cubes. Then, you'll want to melt your butter or your margarine on medium heat. Next, you'll cook your onion and celery until they're soft and then you can season with poultry seasoning, salt and pepper. Finally, you will add in the bread cubes until they are all even coated in the butter/margarine and then you will moisten it all with chicken broth and mix everything together. The only other thing you have to do at this point is throw it into the oven at 350 degrees for about 30 minutes, add more time if needed. Then you'll have yourself some delicious holiday stuffing to share with the family.

Easy Ways to make your Car Cooler By Andrew Trasatti

One of the most exciting parts of high school is getting your license and getting your first car. While almost all of the unique cars that are desirable are extremely expensive, numerous students settle on cheaper, more basic first cars. Many students strive to make their vehicle unique and standout but do not think they have the funds to do so. Luckily, there are many ways to do this without making your wallet cry:

1. Stickers - Stickers are one of the cheapest and easiest ways to make your car unique. Stickers can represent yourself and your interests, as well as adding new colors and designs to your cars. Almost every brand or team makes stickers and either gives them out or sells them. Many companies give out window stickers for

free, but if they don't they are very cheap, ranging from \$1-\$5.

2.Plasti Dip - Plasti Dip, is a rubber spray paint that is available in a variety of colors and easily peels off any surface. Plasti Dip can be used to add color accents to any part of your car. Black is one of the most popular colors, where plastidipping rims black is one of the easiest ways to make your car look cooler. Plasti Dip can be bought at Walmart for about \$5 a can. 3.Lights - New lights can really improve the look of your car. Lights can make your car look newer and more exciting. Brighter lights are also safer as they will brighten the road during nighttime driving. New lights are on the more expensive side, but you can still find nice lights for relatively cheap. To find the best deals shop on Amazon. Lights can range from \$30 to \$200 on Amazon, but always read the description and reviews to ensure they are durable and will work. 4.Keep it Clean - The easiest and cheapest way to make your car cool is to keep is clean on the inside and out. A clean car is always cool. Washing your car keeps the paint shiny and looking new. Keeping your car clean on the inside provides a more enjoyable and comfortable ride for your passengers, as well as making the car seem nicer and newer. Air fresheners will also freshen your car and remove any undesirable scents to make your ride and your passenger's rides more enjoyable. Keeping a car clean can be absolutely free, if you have a vacuum or hose at home, use it once or twice a month to keep your car nice and clean.



Staying warm while sleeping is very

important and they're many ways to do it. One way is by turning on the heater and keeping the house warm throughout the day and night. Also sleeping with really warm clothing like sweaters, sweatpants and slippers will help keep your body toasty warm. There are also electric blankets that heat up to a comfortable temperature which will quickly warm you up.

We all like baking cookies, cakes and other pastries. As soon as you open the oven door a burst of heat comes out and warms the room. After you are done baking for the day make sure you keep the oven door open to let out all of the excess heat that is brewing in the oven.

No matter what kind of vehicle you drive, these four options can be applied to improve the appearance. If you are unsure if you would like to add a customization to your car, ask a friend. There are many car enthusiasts across the school and they are always happy to help provide advice or instruction when working on your car.

How to Drive in the Snow By Taylor Donovan

Snow is on its way and will stir up many dangerous drivers on the road. Thursday, December 21st will mark the official first day of Winter, but that doesn't mean snow won't be on the ground before then.

We are all aware of our harsh winters here in New England, which can cause large amounts of snowfall. Unoffilicalnetworks.com states that the "NOAA is predicting a colder than average winter for New England in 2017 -2018. This could also result in above average snowfalls for the New England states." This could be a big problem for new drivers who have little to no experience driving in the snow.

Driving in the snow can be a very difficult task when you are given no tips on what to do in sketchy situations.

A close call

Barret Kappler is a senior and was involved in an unfortunate car crash during last year's winter. Kappler was on his way to school when the accident occurred. He was



driving down a small hill when his car started to slide while there was a truck in front of him. He then steered to the right trying to get off the road while slamming on his breaks. His car then fishtailed into the other lane, colliding into an oncoming vehicle. Most importantly, no one was hurt in the accident, but Kapler's car was totaled. "When I realized I couldn't control my car I thought my little brother in the passenger seat was going to die, but he was fine and nobody was seriously injured," said Kapler.

When we drive in the snow, we are taking a big risk in potentially getting into a car accident. Luckily for you, I can provide a few key tips on what and what not to do while driving in the snow.

Always accelerate and decelerate slowly at all times

Accelerating and decelerating slowly is the best method for regaining traction so that your tires do not slide while driving which could cause potential fishtailing. Fishtailing is when the back end of your car skids out to one side, which must be offset by your steering. Another key tip is to increase your following distance. The normal dry-pavement following time is about three to four seconds, while in the snow, following distance should be at least 8 seconds.

Increase your following distance

Increasing your following distance will give you space and more time to react accordingly to the situation, therefore if you are losing traction you will have time to slow yourself down before coming in contact with the car in front of you.

Avoid coming to a complete stop

"There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling," according to AAA driving tips. If you are able to keep moving slowly instead of coming to a full stop, then you will avoid the dangers once again of losing traction from your tires.

Driving in the snow takes some skill and a lot of awareness in order to have a safe ride. That is why it is very important to always limit your distractions in the car so you are able to focus on the task in hand. Winter is approaching faster than we think, meaning snow will be covering the grounds within a couple months. Make sure you are ready to drive in the snow and remember to refer back to these few key tips that will help you to stay as safe as you can when out on the snowy road.

Fall Clothing Advice

By Noah Beaulieu

Fall provides many opportunities to wear clothes that you can't wear during the summer. But, you still can walk outside wearing what you want because it is usually a cool temperature out, unlike in winter. The fall offers many opportunities to create new outfits.

One of the staple outfits of fall is the classic flannel, jeans, and boots. You can mix and match any different patterns or colors and it will look good. Personally, I believe the Carhart flannels offer the most style, and still are heavy enough to keep you warm, but not weigh you down. Pants are really up to your own personal preference. Boots can be any brand, but Timberlands are a popular choice.

Some other things you can wear are hoodies and jackets. All summer you waited for a chance to wear your fresh threads that are too warm to wear during the hotter months. Recently, Vans and North Face came out with a collaboration, releasing two pairs of high top vans and two jackets to match.

While fall can be a good time to try out new trends and styles, Fall is a time I feel you can really bring it back with classic looks. The Flannel and Jean combo is a timeless classic. But, if you wanted to add a modern flair to it, try switching up the brands. For example, instead of Levi Jeans, try some True Religion jeans. And instead of a normal H&M flannel, you can really make a statement with a Ralph Lauren or, if you have money to spend, there are great clothes on the website Grailed. They feature huge amounts brands, such as Supreme, Burberry, and Off-

Pursuing Prom Perfection (For Lads) By Austin Townsend

Have you been thrown into a state of earnest disarray at the ever so looming fear of your prom outfit having a lack of glow and flicker (and therefore hindering the glow and flicker of your personal image)? Well, my friends, have no fear in such plights, for I will provide you with the necessary information to combat any superficial problems facing your prom success! The following is a list of fairly local locations that provide the most dapper prom suits of all.

125 BRIDAL BOUTIQUE, PLAISTOW, NH

Don't be fooled by this location's seemingly feminine title, for they do in fact offer tuxedos and all of the necessary accessories to go with it. However, being a bridal boutique, it does seem to be among the pricier of options, but if you are to achieve true prom greatness and champion the feat of peaking your life's peak at high school, well, my friend, you are going to have to be willing to dish out some serious buckaroonies.

GEORGE'S APPAREL, MANCHESTER, NH

I don't know who George is, but thank goodness that he's around to save our prom day! At George's Apparel, there is a diverse variety of vividly un-vampish and outwardly venerable suits that will all but vex any outstanding outfit competition you find at prom. Bill Blass, Michael Kors, and Ralph Lauren are just some of the companies that accompany George at his apparel company, and they will surely fulfil any prom-related void in your temperament. But don't be mistaken, folks: reflexive to the void it will fill, it will also create a void in your wallet.

White.

For those looking for more of a budget friendly option, Savers is always a good option to find solid clothes and, if you're lucky, something high end for not more than 15 dollars. Similar to Savers, Goodwill, Salvation Army, and even local thrift stores are always a great option.

Fall is a great opportunity to be able to go out wearing all the clothes that you can't wear during the hotter months of summer.



Photo Courtesy of Grailed.com

MEN'S WEARHOUSE, MANCHESTER, NH

We've all been here to be a suit for an aunt's wedding, an obligatory banquet, or something else of that nature. Yet, we must not sell this store short of its actual capacity; at Men's Wearhouse there are perfectly adequate prom type suits you can buy or rent. This store is among one of the only franchise based clothes businesses that actually take the time to fit you, so this is a more feasible option for equally good suits that are of slightly lower pricing.

SAVERS, PLAISTOW, NH

Let's be real here: everything you need for prom is truly exceeding in its presence at this store. There are sport jackets, shirts, ties, shoes, and much more here for all needs and purposes that will do just fine at prom, especially seeing as most of us are going to wear our suits once. And just to note, for those who aren't renting them, you will probably put the suit in your closets for the next 20 years, just so that someday you can look at it again and realize "This is like 5 sizes too small for me now... man, I paid way too much for this."

I know that deciding where to buy your suit can be stressful and costly, but just try to be realistic with your wants and needs when going into it. It is only one night, and although it is an important one, it is only ONE night, so really, don't put too much thought into it.

Concrete and Gold Review

By Rory Ceplo

I have always been a big fan of the Foo Fighters. Throughout most of its almost two and a half decade run, the popular rock group has consistently released quality tracks that call back to Dave Grohl's (the front-man of the band) past work in bands like Nirvana. However, these last five years have been disappointing to say the least. While 2011's Wasting Light is arguably one of the greatest albums that they have produced, I found both 2014's release of Sonic Highways and the EP Saint Cecilia which released in 2015 to be underwhelming. Both collections contained interesting ideas and some above-average songs, but their experimental nature seemed to prevent the band from creating any true hits. With the release of Concrete and Gold I believe that the Foo's have made a true comeback, and I'm excited to see where they go next.

The set list of Concrete and Gold is much more varied than anything that the Foo's have created in the past. While most of their prior work has consisted of grunge-infused hard rock in addition to some slower songs, this new album adds some songs that are more "pop-like". Tracks like The Sky is a Neighborhood and Arrows take

these songs are some of the best on the album.

than what the Foo Fighters usually create.

clear inspiration from the style of some current Top-40s hits. This blend of Grohl and company's usual work (which takes a lot of inspiration from music produced in the late 80's and early 90's) and modern ideas creates a few tracks with a very unique feel. While some may not like this new direction, I personally think that

Many of the more "classically-styled" tracks on the album are excellent as well. While I am personally not a huge fan of The Line due to its repetitiveness, I do truly enjoy the slow, rhythmic feel of Sunday Rain. The high-light of the "classic Foo" songs on this album is definitely Run. The song starts out with an excellent slow and melodic section, but it eventually descends into the grungy tone that has always been present in Grohl's work.

Critical opinions on the album have been overall positive. Concrete and Gold currently maintains a 72 on Metacritic, putting it in the "generally favorable" category. Many critics praise the album for being different

Concrete and Gold truly is a return to form for the Foo Fighters. While some of the songs on the album are better than others, there are no outright terrible tracks. If you are a fan of any of the work that Dave Grohl has created in the past both with the Foo Fighters and in other bands such as Nirvana, I would recommend this album to you. In addition, if you are a fan of Alternative-Rock bands such as Weezer or Royal Blood, I would

suggest that you at least give tracks like Arrows and The Sky is a Neighborhood a listen, as those songs feel

Overall, I believe that the majority of the tracks on Concrete and Gold are a treat to listen to.

much more like Alt-Rock rather than the Grunge-Rock that the Foo's are usually known for.



Courtesy of Amazon

Logic - Bobby Tarantino 2

By Steven Portillo

Rising rapper Logic keeps teasing fans with a new mixtape called Bobby Tarantino 2. The follow up from his last mixtape, Bobby Tarantino was released last year on July 1. Logic tweeted on October 11, "Bobby Tarantino 2, this Thanksgiving."

This Implies that the release date will be thanksgiving (November 23). Later, he deleted the tweet teasing his fans. There has also been other ways he has teased Bobby Tarantino 2. On reddit there is a video that has gone around the internet driving his fans insane.

At his concert in Boston, he accidently said, "I was working on this little mixtape called Bobby Tarantino 2." He tried to play it off as if he meant to say Bobby Tarantino referring to the first mixtape. His first mixtape (Bobby Tarantino) was a big hit. It was the eighth best-selling album and second best-selling digital Album In August 2016 as billboard stated. Selling 16,000 copies in the first weeks. His fans are very excited and cannot wait for his new mixtape.

BOBBY IARANTINO

Courtesy of

Horror Films

By Juergan Pfau

Throughout the month of October, scary movies seem to be flooding the theaters, with new releases coming out through the entirety of the season. It would be nice to be able to see each and every one of these new releases, but that would just be too expensive. So instead, here are some horror movies you can enjoy on Netflix, while saving the bank.

Starting with the movie Hush, which is a movie about a deaf woman being stalked by a killer in her own home. In the movie, Maddie (the protagonist) lives isolated from

civilization, in a house in the woods. One of Maddie's friends comes over to return a book and on her way out, is killed by a masked murderer. As soon as the murderer takes note that Maddie is deaf, he decides to make her his next victim.



This is very intense, especially since the movie takes place in an area that appears to look much like it does here in the quietness of New Hampshire. The benefit of watching this movie from home is because of the location they chose to film the movie in. It gives the eery feeling that this could be happen to you. Especially alone, this movie will be sure to leave you freaked you out, but watching with a friend, it still won't disappoint.

Another Netflix horror movie alternative would be The Babadook. The Babadook is a different kind of horror movie, but it's still noteworthy. The Babadook is a movie about a widowed mother, Amelia, who struggles to raise her 6 year old son, Samuel. Samuel believes there is a demon named the Babadook lurking around the house that is trying to kill them. Amelia believes it is just his imagination acting up, but with the strange things that begin to happen around the house and the severity of which they happen, she quickly changes her mind, and the two are left to fend off a demon.

The greatest part of this movie is the Babadook itself. The special effects used to conjure up this demonic creature is terrifying, and done incredibly well. Although this movie doesn't have the same after effect as Hush does, it does still leave a great impression. This film is definitely worth a watch.



Lastly, It Follows, a movie that literally about being followed by a demon, every moment of your life, will be sure to

make you feel like you are being watched. It follows is about a demon which attaches itself to the souls of people through sexual contact by people already cursed by the demon itself. This curse makes it so that the demon will take the form of people that are familiar to the host of the curse, and follow them until the demon is close enough to kill. The unsettling part about this whole thing is that you don't know who is and who isn't the demon following. There are few ways to rid the demon from you, but even those are not permanent. It follows is a terrifying movie, and is the most recommended on this list.

These three movies are a great combination to watch all together or individually. Whatever movies you do decide to watch, Enjoy it! And Happy Netflixing!.

What's Popular on Netflix

By Kayla Bowen

There is nothing better than curling up on your couch on a cold, rainy day with a bowl of popcorn, your favorite movie playing on the screen in front of you, and feeling as though you are right there in the movie theater.

Netflix is the most popular site to watch television on today. With thousands of shows and movies to choose from, there are endless possibilities, as well as common phrases such as "binge watching". Allowing people to watch both old and modern television at an affordable price, it is easy to see why Netflix is so popular.

While Netflix doesn't reveal show's ratings, the "Trending Now" section allows



viewers to get a glimpse of what's popular. As of mid-October, some of the most popular shows include Grey's Anatomy, The Vampire Diaries, Friends, The Walking Dead, That 70's Show, and The Office. This comes as no surprise, as many of these binge-worthy shows have been popular for years. The older shows are timeless, with people of all ages watching them. Others are popular because the viewer can relate to them, or they bring humor to the table.

Photo courtesy of VPNRatings

Netflix also has some new shows and movies as of this month. Charlie and the Chocolate Factory, a family favorite since 1971, has finally come to the site. Others include the most recent seasons of popular shows such as The Fosters and The Walking Dead being uploaded.

However, some shows are unfortunately no longer available for streaming. Two of the most upsetting departures according to fans include One Tree Hill and Prison Break. As of October 1st, these two popular shows are no longer available.

"I'm very angry because the show (One Tree Hill) is one of the best on television, and now I have no way to watch it," says Hailey McRea, a fan of both these shows. "I just want to have a chat with the CEO of Netflix."

Through the good and the bad, whether viewers are happy with new arrivals or angry about departures, Netflix is taking the world of television by storm. This fact represents a large part of our culture, and how much it has changed in recent years. The company was founded two decades ago, but the most growth of it can be seen in recent years. Millions of American's have a subscription to Netflix, and everyone knows what it is.

From shows to movies, old and new, thrillers and rom-coms, the wide range of choices offered by Netflix is what has made it a weekly, possible even daily occurrence in many households.

Throwback Movie Review: The Sandlot By Jared DeLucia

The Sandlot is a classic movie released in 1993, The Sandlot, based in the summer of 1962 in the San Fernando Valley, a new kid in town Scotty Smalls, (Smalls) is taken into a group of young kids who have a love for baseball. They all go play baseball at the local field in town called "The Sandlot" and go on many adventures throughout the summer. The movie is considered a true classic to many, due to it being a reminder of what the childhood of a young boy hanging out with his friends and going on adventures was like.

The movie consists of a group of boys in the summer of 1962 in a small town. Each of them had a nickname. Each having their own unique name, Smalls, Squints, Ham, Benny "The Jet" Rodriguez, Yeah-Yeah, and Kenny. Smalls is the new kid in town



and wants to fit in desperately, but fails to do so in the beginning due to the fact that he does not know how to play baseball. All the boys laugh at him except for Benny who is the team leader. Smalls asks his step father and Benny to teach him to play, and they succeed in doing so

Too Early for Eggnog?

By Saige Wolff and Lily Collins

The creamy texture mixed with a sweet scent and satisfying taste, it is never too early for eggnog. Eggnog is said to be a beverage for the holidays, but who says it can't be for anytime? Why seclude this delicious drink to only one season, when you can enjoy it year-round?

There are two types of people: The ones that like eggnog, and the ones that don't. Clearly, the ones that don't take a liking to eggnog think that October is a bit too soon, or maybe anytime is too soon. But the population that does take delight in this delectable drink disagree that it arrived in the supermarkets too early.

"Eggnog should be a year-round drink. It's so good, I can't get enough of it," says

senior Jackie Gaudet. And friends couldn't agree more. "Nothing compares to it."

On the opposite side of the spectrum, we have Briana Hammond who decided it's too soon for eggnog. "It's too early, October is for Halloween and candy, not eggnog. Don't get me wrong, I love it, but October is not the time."



Photo Courtesy of Nutrition Watch Dog

For the people who are completely against eggnog, you're

not alone. Farai Zhou says "I hate eggnog because it's disgusting and too thick". Then again, he has never drank eggnog before.

Seniors Dylan Montero and Niko Kakouris says the eggnog brand, "Hood",is their favorite. Niko says "I like the way it feels when it touches my tongue". Alana Miller's favorite brand eggnog is lactaid eggnog. "Tastes good and keeps me from getting sick".

Everyone has their own opinions on when eggnog should be placed out on the shelves. With the holiday feels eggnog brings, some want that holiday feel year-round. Whether it's too early or can be consumed year round, it's still tasty!

Must Watch Holiday Movies By Marissa Arnold

It's the holiday season and you find yourself on the couch with a warm cup of hot chocolate and a fuzzy blanket. What holiday movie will you watch? Here are some that are sure to get you in the holiday spirit.

"The Nightmare Before Christmas" can get you in the trick or treating mood or jump start that Christmas spirit. Jack Skellington is the Pumpkin King and his whole life has been about Halloween and making each Halloween better than the last. However, he one day discovers the door to Christmas Town and instantly falls in love with the idea of Christmas. He returns to Halloween Town with the hopes of spreading Christmas joy and getting everyone to participate in the joyful holiday.

There aren't too many Thanksgiving films, but a classic is "A Charlie Brown Thanksgiving". Charlie Brown and his sister are about to go to their grandma's house for Thanksgiving when Peppermint Patty invites herself over to Charlie's house for the Holiday. Due to the fact that Charlie is just a kid, he doesn't know how to cook a Thanksgiving feast and therefore he begins to panic. This holiday classic is sure to get you ready for that big Thanksgiving meal.

Anotheteicowrtesmothed was the big English Mastiff named "The Beast" that lives behind the Sandlot, and claims all the lost baseballs that fly over the fence. One day the boys hit a ball over the fence and Smalls (the new kid) runs to retrieve it not knowing anything about The Beast. All the boys yell at him to stop before he gets hurt because they are all afraid of The Beast.

When Benny proceeds to bust open their last ball, Smalls runs home to grab his step father's baseball, which he then later realizes is signed by the one and only Babe Ruth. This becomes a big problem when the ball is hit into the backyard of The Beast. The boys run all across town running from the Beast once he escapes after the boys try and retrieve it once. This leads to some big lessons to be learned by all the boys at the end of the film.

The Sandlot is considered a classic to many due to it being how every young boy would want to spend his summer back in their childhood. For this reason the film is still remembered by many from being watched since the day it was released. The movie is still available on amazon, Xfinity On Demand and to purchase in stores. Many who love baseball and want a "throwback" feeling to their childhood are the ones who love to watch this film. There are so many Christmas movies, so I'll just name a few that are sure to put you in the holiday spirit. One Christmas movie that I watch every year around Christmas time is "The Polar Express". It's about a group of children that take the train known as the polar express to the North Pole to see Santa and when you see him sitting in his giant chair you can't help but get excited to wake up on Christmas morning and open your own presents. This Christmas classic makes you believe that everything about the holiday season is absolutely wonderful.

Another great Christmas movie is "Elf", starring Will Ferrell. It is about a man named Buddy that was accidentally transported to the North Pole as a toddler and was raised by Santa's elves. Due to the fact that he looks nothing like any of the other elves Buddy decides to travel to NYC in the hopes of finding his real father and along the way he falls in love. Senior Sarah Cronin says "I love to watch Elf and I'll watch it anytime of year. When it comes on TV, I know it's Christmas." Buddy's journey is funny, romantic and absolutely heartwarming. This is a holiday film that you won't want to miss.

These movies can be found in a few different locations. "The Nightmare Before Christmas" is currently streaming on Netflix and the other movies that I have listed can be seen on ABC Family during the holiday season. They even have ABC Family's 25 Days of Christmas where you can enjoy these movies and many others because the holiday season is full of different movies. So, this holiday season kick back and watch a holiday movie with your family and a warm cup of hot chocolate.

Review of "A Bad Mom's Christmas"

By Shania Robinson and Emily Noonan

As the holiday season rapidly approaches, many movie franchises take advantage and create new Christmas themed movies. This year, one of the most anxiously awaited holiday films has been "A Bad Mom's Christmas", starring Mila Kunis, Kristen Bell, and Kathryn Hahn. All of these actresses also starred in the original movie "Bad Moms".

Many love this movie franchise because the characters are very relatable. The main characters are three moms, Amy, Kiki, and Carla, who are sick of doing whatever the PTA president wants and trying to impress everyone. So they decide to be "bad moms". They start doing things like sleeping in and letting their children make



their own breakfast, or going out instead of working on days they were supposed to have off in the first place. Once the moms gain independence, everything else falls into place.

In this Christmas edition of the movie series, the Bad Moms crew is back together and ready to handle Christmas with one another. For many moms, Christmas is a stressful time of trying to impress their children and family members with the perfect gifts and decorations. The Bad Moms gang even goes so far as to steal a Christmas tree from the mall in order to have the perfect set-up for their families.

Amy, portrayed by Mila Kunis, just wants a laid back Christmas with her boyfriend and their kids. However, when her mom shows up early to spend Christmas with them. Things

Courtesy of cineworld

take a turn for the worse. Amy's children admit that they just want a calm Christmas spent with their loved ones. She is grateful for this until her mother decides that they must have a large Christmas party and go caroling in order to be the best in the neighborhood. These contrasting ideas about the way Christmas should be celebrated lead to many disputes throughout the movie that also become cause for eruptive laughter throughout the theater.

"A Bad Moms Christmas" is definitely a Christmas must see for anyone looking for a funny, relatable movie. The "Bad Moms" movies aren't only relatable for moms. These movies are relatable for anyone overwhelmed with life and tired of impressing people.

RAV4s with DanK and BfrezZz

By Dan Komenda and Brendan Frezza

People generally underestimate the appeal of the Toyota RAV4. The RAV4 is an above average, year round, comfortable, car with stylish components for the everyday person. What people generally don't take into account is the reliability of this underappreciated vehicle. With the top of the line reliable brand name of Toyota, there is no doubt the car will impress. The 2018 RAV4 embodies the detail and comfort that the makers of Toyota look for in their work.

With exterior and interior changes, the 2018 RAV4 Adventure has blown the minds of consumers. According to J.D Power, the new RAV4 has gone with a sport style this year expressed with the noticeable black hood stripe. The other exterior changes to display the new sport style include a raised suspension, aluminum wheels, black mirrors, and a mesh grille. The interior is all about utility while maintaining comfort for the occupants of the car. The new interior features are the spacious cargo space for the relatively smaller SUV. In addition there is more storage space with the storage bins, trays, nooks, and crannies for the rider's convenience. Not only does the RAV4 come with these amazing components, there are also luxurious

options. These options are a power sunroof, power tailgate, and the push to start ignition.

The Japanese powerhouse manufacturer Toyota never seems to let it's buyer's down. The Toyota RAV4 has been a consumer favorite for many years. The vehicle is a great family car or first car for a new driver. Some of the most popular RAV4's are the



2009 and the 2013 models. As the drivers of these Courtesy of carsdirect.com models, we have never been let down by this vehicle. The comfort of the interior along with the multiple uses for the car, allow us to do almost anything with this well rounded motor vehicle. This vehicle offers a sense of security since it is a medium sized vehicle. Along with the benefits of safety and comfort, the RAV4 also gets great gas mileage for an SUV. The 2009 RAV4 gets 22mpg city/ 28mpg highway, the 2013 gets 24mpg city/ 31mpg highway.

Apart from all of the things that may attract your eye to the RAV4, there is also the sense of wellbeing that goes along with driving a RAV4. The RAV4 has received many awards. According to Toyota the RAV4 2017 model received the IIHS Top Safety Pick, a 5-Star Safety Rating from NHTSA, and an Industry Accolade for having 90% of RAV4's sold in the last 10 years are still on the road. The Toyota RAV4 is a car for every type of person and is assured to satisfy the individual's needs. The RAV4 is a good purchase for parents or if you may be lucky enough to afford this vehicle as a student.

Turtlenecks

By Olivia Marshall

The turtleneck, known in the UK as a "polo neck" and as a "skivvy" in Australia, is a garment that has a fold at the top of the collar to cover the wearer's neck. The trend emigrated to the United States during the 1920's and has become a fashion staple ever since. They have been styled many ways throughout history and continue to be changed today.



Courtesy of Vanity Fair

The turtleneck has long had a preppy connotation. Starting in the 1950's, the turtleneck was a neat and timeless look for the upper-middle class, particularly on American universities' campuses. This was also reflected in the starlets of the day. Both Marilyn Monroe and Audrey Hepburn were often photographed wearing simple black turtlenecks. Audrey in particular sported the look quite often, pairing it with matching black cigarette pants and penny loafers in numerous magazine covers.

Steve Jobs, founder of Apple and an overall technological icon, is famous for wear-

The Snowman

By Al Barney

Most people when thinking about snowmen think about fun childhood times, filled with joy and laughter, but not in this major motion picture.

In the movie, The Snowman, a crazed killer terrorizes a community. The allusive sociopath is almost impossible to track. The only clue Detective Harry Hole has to follow is the snowman the murderer leaves after every murder. This movie is perfect to add some fear to a winter night. With snow just around the corner, The Snowman will entertain you and change the way you look at snowmen forever.

The Snowman was released on October 20, 2017. With a \$35,000,000 dollar budget, this movie had all the resources needed to create a fantastic film. Despite

MISTER POLICE. YOU COULD HAVE SAVED HER I GAVE YOU ALL the huge budget, the movie only grossed \$3 million on opening weekend in North America. The star, Michael Fassbender, is best known for his roles in X-Men and Inglorious Bastards. In both films, Fassbender received rave reviews. Known for his strong emotional performances, Fassbender is the perfect actor to play the part of Detective Harry Hole. Even with a star-studded cast, The Snowman flopped in sales. Nowhere near have its expected earnings, had the critics believed they have the answer.

ing the same matching uniform every day: blue jeans, sneakers, and yes, a black turtleneck. This was due to his belief in the philosophy of "decision fatigue," a term described in depth by American economist George Loewenstein. It is the idea that the more menial decisions you have to make during the day, the more tired you will be to make the big ones that actually matter. For a tech mogul, the idea of cutting out small choices to free up energy to focus on the big ones is very appealing. And although Mr. Jobs is no fashion icon, his devotion to the turtleneck is an example of how it truly is a basic that can worn by everyone in any circumstance.

For men, the turtleneck has evolved as a change from the basic look for more formal occasions. Wearing a quality turtleneck underneath your suit coat has become a popular alternative to the typical button up and tie ensemble. However, the piece is very controversial as shown by the internet backlash faced by Drake after he wore an oversized knit turtleneck in his "Hotline Bling" music video. Drake became an internet joke, or "meme", on twitter as fans criticized the turtleneck as too frumpy and paternal.

As for Timberlane's opinion on turtlenecks, fashionable senior Catherine Slayton has said: "I think that turtlenecks are totally coming back, but I think that they have to be loose and stylish, not like a dad-tight turtleneck." A great pick would be an oversized knit turtleneck which could be paired with leggings or jeans for an easy ensemble. Try to gravitate towards jewel tones and fall colors like burnt orange or forest green for your turtleneck, as those are most lovely for this season.



Photo Courtesy of Rotten Tomatoes

With only an 8% on rotten tomatoes, critics do not appear to enjoy the film. "A mystery that feels as mashed together and perishable as its title, The Snowman squanders its best-

selling source material as well as a top-notch ensemble cast," said one critic.

Critics at IMDb and Rotten believe that the movie is a flop.

With such a great book to base the movie on, many do not understand how the movie can be "so bad". This film, however, has received mixed reviews. To the average viewer, the movie is terrific. It is suspenseful, heart wrenching, and has a plot perfect this time of the year. To those more knowledgeable in the art of movies, this movie is a huge disappointment. It appears unfinished. The picture is blurry, sound dissatisfying, and script poorly written. Movie buffs will dislike this movie, but if you are just looking for a little fright in your night, you cannot go wrong with The Snowman.

Technology Takeover

By Sarah Casey

Today, nearly every smartphone or computer has a voice assistant fixed into the device. Siri in Apple devices, Cortana with Microsoft, Alexa in Amazon products and Google Assistant all seem like they each do the same tasks.

With iPhones being one of the more popular smartphones, many of us are familiar with the tool of Siri. Apple was the first to come out with a voice assistant and Siri hasn't seemed to fail us yet. We use Siri for easy, on the go tasks that would take up time to manually type into our phones. Sending a quick message, calling someone, finding the closest breakfast place, setting reminders, calculations, checking your calendar and much more can be done by just speaking into your iPhone. Using Siri would benefit you for doing tasks within your phone. If your phone contains that information, Siri can answer any question quickly. Spencer Rooney stated, "Siri helped me used my phone when I couldn't use the touchscreen because I broke my phone. I would ask Siri to call and text people even though I couldn't get into my phone." Siri is one of the more common voice assistants, but there are a few others catching up to it.

Cortana, being the next assistant closest to Siri is found to do the same tasks as Siri but on a computer. With Timberlane getting a new school computer system, the computers now have Cortana. Although we are still getting adjusted to the new system, this voice assistant could be useful in the future.



Photo courtesy from Google

The Google Assistant is used on computers and some Android smartphones. This device has less personally than Siri but is more useful functionally. Once asked a question, it searches the google browser for all the best possible answers. This tool is used more for searching the web quickly, finding directions, checking weather etc.

Lastly, Alexa produced by Amazon is a more high tech device that is considered to be apart a different category. Alexa isn't on a computer or smartphone, but is used through a wireless Amazon Echo product. Alexa focuses on a whole-house approach and services rather than computer focused tasks. For example, Alexa is used for playing music, making grocery lists, listening to news reports and more open-ended tasks, rather than anything related to computer or smartphone.

Are these voice assistant taking over the future of technology? At this rate, it seems the answer is yes. There is no way of getting around these new technology devices. With high schoolers always looking to get the newest phone, they are signing up for technology to take over their future.

Elf The Musical

By Aaron Augusta

Elf the musical is an all-time classic and a favorite Christmas movie for many. What is one thing that would make this movie any better? A musical. Who doesn't love a good musical especially about their favorite movie? Elf the Musical is just like the movie. Buddy the elf is a human who was brought to the North Pole when he was a little baby. He then grew up at the North Pole thinking he was an elf. He then soon finds out that he is a human and not an elf. He wants to go out to find his dad but has not idea where he could be. He asks Santa and Santa says he is in New York City and is on the naughty list. He backs the big adventure to go out and find his true dad. The stuff he goes through on the way is very funny and creative. The musical has a great cast that are talented to make Elf the Musical such a success. Elf the movie has been inspiring Christmas lovers to be kind and joyful during the holidays and Elf the Musical is both hilarious and heartfelt. It is played at numerous theater including Broadway

This amazing musical was written by Matthew Skler and the lyrics were written by Chad Beguiling. Elf the Musical runs through November 5 through January 1. If the kids want to go see Santa and ask him what they want for Christmas take the kids to elf the musical instead! Its great for the whole family! This musical is great for people of all ages. It is not just a kid's friendly show, adults and teens will also love this spectacular performance. In conclusion, elf the musical is great play to see during the holidays and would put a bright happy smile on all



of you faces when you go see it.

Photo courtesy from Google

Coming Soon: STUDENT VS FACULTY **BASKETBALL GAME!**

The annual game takes place on December 22nd, the last day of school before Winter break. It will be held in the gym and the tickets are \$2 each. All of the proceeds benefit Mealey's Meals. Mealey's Meals supports local families in need, and the holiday season is the perfect time to lend your support. Come watch the game to support your fellow students as well as a good cause!



What Drives Tim Brown?

By Dylan Tremblay

The joking question always goes around by people saying "do you lift" or more common "you lift bro", however joking aside, you really should lift, bro. If anyone's an athlete at Timberlane or has remotely been close to the athletic wing you know that Timberlane's Tim Brown does in fact lift. Mr. Brown (Coach Brown to some) was kind enough to sit down and go through in detail what exactly his workouts consist of. Brown works out 5-6 days a week, he aims to make 3-4 of those days in the weight room while the other 2-3 will be geared more towards a cardiovascular workout. Contrary to some beliefs Brown chooses to do a full body workout each day rather than isolate one specific muscle group and/or one type of movement. On his cardiovascular day's, Brown openly admitted that running is not his favorite thing, but he does get it in one way or another. Instead of running he chooses to do other types of conditioning work such as; Jump roping, short sprints, interval training and various other types of cardio.

However, Brown stated that doing the same workout routine bores him, he likes to switch up his routine. He will stay with the same routine for usually around 5-6 weeks or until he feels it's time to change it up. Changing up his workout doesn't just mean it's because he wants to, as a teacher, a coach, a husband, a dad sometimes he has to sacrifice his workouts to attend those duties whether it's waking up earlier to get in the gym or staying later after school, or even having to miss a day. However he juggles his busy schedule by planning his workouts out the night before so he can make sure he doesn't have to miss a day. Preferably Brown likes to get his workouts in, in the morning before school starts, his fellow workers and/or friends will often meet him there.

Now doing the actual workout isn't the only thing that needs to happen if you want to see any results, it's a life changing commitment. A healthy meal plan and a good diet is key. Brown has a high protein diet with very little to no carbs. He explained: "I like to have a protein shake for breakfast, and a snack in between lunch which will consist of a Greek yogurt or sometimes a banana with peanut butter. For lunch I usually have a salad with a piece of chicken and another snack similar to the earlier one before, for dinner I have a piece of chicken or a piece of fish"



There are many tempting supplements to take out there that all promise the results everyone wants, but all of those might not be the best thing. Brown is very picky on what he puts in his body. He believes in the concept that your body produces everything that it needs, that's why he only puts natural things in his body. All he takes is the basic GNC protein powder and 1 multivitamin a day which he says his wife directs him to do. (Laughs)

A workout can also be very personal to the athlete. In example Brown enjoys listening to music while he works out. In the weight room he prefers country music even though kids give him a hard time for it, however when he his doing a cardiovascular workout such as running, Jump roping, sprinting, he prefers an up tempo type of music rather than calming country music. He also prefers to workout with someone, he believes if he works out with someone it pushes him and the other person to work harder and benefits them both. He mostly works out with his close colleagues when both their schedules line up. Every lift or workout is just as important as the other. But if you pay close attention on Fridays you just might see Brown walking with a little extra pep in his step, while he humbly admitted when he was asked what his favorite lift was "I do like to bench press more then I like to do anything else" said a smiling Brown.

If you've ever talked to Brown on this particular subject you know just how passionate he is about this. If you happen to find yourself on the football practice field in any given afternoon you are more than likely to hear a howling Brown yelling "THAT'S WHY WE LIFT". When Brown was asked "Why should everyone lift" he said it's more than just being strong in the weight room and putting up numbers. At some point everyone will need to use some time of strength whether it's moving a couch, playing with yours kids, or even carrying in groceries. It's not just about seeing how much you can bench or squat it's about bettering yourself as a person whether you're an athlete, a teacher, a dad, or even just a kid it will help you in every which way and will not hurt you at all. " and you'll also look good at the beach" said a laughing Brown.

Now, if you want to change your life for the better and better yourself by working out. You don't need to go out and buy an expensive gym membership, the weight room is open Monday-Wednesday-Friday and there are coaches in there who will help you and lead you in the correct direction. Also during the summer there are workout programs in the morning that will provide you with everything you need.

How Much Sauce is Too Much Sauce?

By Taylor Donovan & Sam Hovan

How much sauce is too much sauce? When it comes to sauce and dipping various food items into it, the possibilities are endless.

Chicken nuggets are a thing of beauty, there are countless varieties of sauces, techniques, and approaches that the dipping process entails. The average person may not overthink dipping chicken nuggets into different sauces, but we are here to clear the air about the controversy. We will cover the difference between the scoop and the dip, different sauces and how they affect your dipping, and of course, how much sauce is too much sauce.

There are many foods that pair well with sauce; almost anything can go with sauce, you just have to use it the right way. Here we are focusing on the chicken nugget side of the dipping spectrum. Nuggets can be dipped in lots of different sauces; barbeque, buffalo, honey mustard, ketchup and much more- but what makes a good and efficient dip?

When dipping a chicken nugget in the sauce of your choice, you have to balance the flavor of the chicken to the flavor of the sauce; too much sauce will over take the flavor of the chicken, thus making it as if you're just drinking sauce from the bottle. However, on the contrary, not enough sauce will leave the nugget bland and dry. There is no exact measurement for how much sauce should be on a nugget, but one standard I use is that 40% of the surface area of the nugget should be covered; 40% measures to about covering one face of the nugget with sauce not including the sides. Although, if you were to scoop the nugget, then you should not use the 40% measurement, but rather dip the nugget a half inch deep into the sauce, and with a quick flick of the wrist, bring the nugget towards your mouth. If any sauce falls off, it just wasn't meant to be.



Along with the process of dipping or scooping your chicken nuggets into sauce, how you place the dipped nugget into your mouth plays a huge role. Once 40% of your chicken nugget is gently covered in the sauce of your choice, you then have another dilemma in your mouth.

Do you let the naked part of the nugget caress your taste buds, or do you let the sauce dive onto your Photo Courtesy of Google taste buds?

Both ways greatly impact your chicken nugget experience. If you decide you want the naked nugget to touch your tongue first, then you will gain a greater taste of the overall nugget at first. However, this will leave the aftertaste of the sauce lingering in your mouth. Of course, the process is reversed if you were to have the sauce come in contact with your tongue first. Make sure you chose the most beneficial way for you to fully experience the sauce with the chicken nugget.

One of the best ways we could put the duty into perspective is to not just eat the nugget with the sauce, but fully experience the remarkable combination of the nugget with the sauce. The worst thing you can do is violate the nugget with too much sauce or eat a nugget that is not fully clothed in sauce. If you do not care enough about what we are saying, then that is okay. We just ask you not only to respect the process, but trust the process. Once you are experienced enough to trust the process, then you will fully understand what you have been missing out on all of these years.



Timberlane students spread holiday cheer and goodwill to veterans



Timberlane seniors Juergen Pfau, Anthony Mazzolla, Joyce Saghbini, Emma Cross, Molly Antkowiak, Marissa Arnold, Corinn Forkus, and Georgia Groudas decided that they wanted to give back to local veterans which led to the group handcrafting special Christmas cards. After the cards were complete, Groudas, who wished to make the experience even more personal, decided to hand deliver the cards to the veterans along with Mrs. JoAnn Blanchette. It was a wonderful experience and much appreciated by all who attended and another example of how Timberlane staff and students are Winning the Day!

Pictured above: Georgia Groudas handing out the Christmas cards Photo credit: Mrs. JoAnn Blanchette

Technology Take Over

By Sarah Casey

Today, nearly every smartphone or computer has a voice assistant fixed into the device. Siri in Apple devices, Cortana with Microsoft, Alexa in Amazon products and Google Assistant all seem like they each do the same tasks.

With iPhones being one of the more popular smartphones, many of us are familiar with the tool of Siri. Apple was the first to come out with a voice assistant and Siri hasn't seemed to fail us yet. We use Siri for easy, on the go tasks that would take up time to manually type into our phones. Sending a quick message, calling someone, finding the closest breakfast place, setting reminders, calculations, checking your calendar and much more can be done by just speaking into your iPhone. Using Siri would benefit you for doing tasks within your phone. If your phone contains that information, Siri can answer any question quickly. Spencer Rooney stated, "Siri helped me used my phone when I couldn't use the touchscreen because I broke my phone. I would ask Siri to call and

text people even though I couldn't get into my phone." Siri is one of the more common voice assistants, but there are a few others catching up to it.

Cortana, being the next assistant closest to Siri is found to do the same tasks as Siri but on a computer. With Timberlane getting a new school computer system, the computers now have Cortana. Although we are still getting adjusted to the new system, this voice assistant could be useful in the future.

The Google Assistant is used on computers and some Android smartphones. This device has less personally than Siri but is more useful functionally. Once asked a question, it searches the google browser for all the best possible answers. This tool is used more for searching the web quickly, finding directions, checking weather etc.



Lastly, Alexa produced by Amazon is a more high tech device that is considered to be apart a different category. Alexa isn't on a computer or smartphone, but is used through a wireless Amazon Echo product. Alexa

Photo courtesy of CNN Money

focuses on a whole-house approach and services rather than computer focused tasks. For example, Alexa is used for playing music, making grocery lists, listening to news reports and more open-ended tasks, rather than anything related to computer or smartphone.

Are these voice assistant taking over the future of technology? At this rate, it seems the answer is yes. There is no way of getting around these new technology devices. With high schoolers always looking to get the newest phone, they are signing up for technology to take over their future.

Happy Holidays to all of the students and staff at TRHS! Wishing you all a safe, happy, healthy New Year!

December Vacation: December 23rd - January 1st Midterms Begin: Tuesday, January 16th