



Spirit Week 2014



Toga, Toga, Toga!

By Olivia Doulames and Madison Cornell

Color Day is the most anticipated day of Spirit Week. It’s a day where seniors get to wear togas, and the other classes represent themselves by wearing a specific color. Freshmen wear blue, sophomores wear red, and juniors wear green.

During the pep rally this year, it started out with the seniors doing the toga walk. The toga walk is important to the seniors because this is their last year and their last time to participate in Spirit Week. Senior Colby Dudal said “Spirit week was so much fun. I loved seeing all my friends and classmates dressed in different costumes. I will miss spirit week very much.”

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Paint the Night Pink

By Liana Salvaneschi

Be a part of an amazing night. Project Hope is a philanthropic club where students organize many events to raise money for people fighting against cancer. We have a fashion show in the spring, and last year, The group reached our goal of raising \$50,000 **“I think it’s an excellent group and we are going to benefit a lot of people this year,”** said senior **Kyle DiBurro**. The group hosts Touch-a-Truck in the spring, which is a family event where kids can come and see many different vehicles.

This year, the group is incorporating a new event in October, with the help of the Timberlane football boosters. On Friday, October 17th the whole school has the opportunity to deck out in pink in support of breast cancer awareness. It will be a day we can all come together and do our part!

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Color Day/Pep Rally

Continued from front page

After the Toga Walk, the chorus sang Bohemian Rhapsody. Then, a slide show was shown with pictures of students during the past week. The slide show showed all of the days of Spirit Week, and what people were wearing.

Next came the senior Toss. This is when the senior football players throw the senior cheerleaders in a basket toss. After the senior Toss, the cheerleaders performed their routine. Fellow cheerleader Molly Wilmot said “As a Captain, I am really proud and so are all of the girls of our performance this year. We feel accomplished and a lot better than years in the past.” After the cheer routine, the talent acts were performed.

The first talent act was Natalie Livingston and Hannah Tingley who performed a song and played the guitar. Hannah and Natalie placed in third place over all. The second act was a freshman Billy Lavoive who sang a medley of songs like “Wonderwall”, “Jumper”, “Good Riddance”, and a few others. The third act was a senior percussion act, which came in first place out of all the talent acts. TRHS Junior Amanda Savina said “The percussion act was really cool and I enjoyed it. The pep rally was awesome this year!”

Next came teacher’s dance. They danced an arrangement of songs. After the teacher’s danced the dance team performed their routine. The dance team did a routine to two different songs. Spirit Week Lord and Lordess is awarded to students who participate above and beyond during spirit week. For the senior class the winners were Anthony Justin and Meghan McLaughlin. For the Junior class, Noah Arteaga and Megan Tarr won. For the Sophomores Kelly Lowes and Liam Desmond won. For the years Spirit week was a success. Everyone seemed to enjoy and had a great time. We hope everyone had an awesome Spirit Week!

Spirit Week Overview

By Olivia Doulames and Madison Cornell

To most students who attend TRHS, Spirit Week is a very exciting time of the school year. “I love spirit week, I liked dressing up as mermaid man.” said Jon Gogas. It’s a time where students can represent their class by dressing up accordingly to the days.

The days of Spirit Week 2014 started out with Mismatch Day on Monday. Mismatch day starts out the week every year. It’s a day where the students wear clothing that doesn’t match and is crazy. Tuesday was Sports day. Each class has a designated New England Sports team. Freshmen have the Patriots, Sophomores have the Red Sox, Juniors have the Celtics, and Seniors have the Bruins. The teams have been consistent for each grade for all the years Spirit Week is celebrated. Wednesday was Superhero day. On this day all students were able to dress up as the superhero of their choice. A lot of students dressed up as Superman, Wonderwoman, Spiderman, Batman, and many others.

Thursday was Decade Day. Each class had a specific decade to dress up as. Freshmen had the 20’s, Sophomores had the 70’s, Juniors had the 80’s, and Seniors had the 50’s. This was a day for everyone to bring old styles back. TRHS Junior Amanda Savina said “I loved dressing up for the 80’s, I loved the style and it was one of my favorite days.”

Friday was the most exciting day, Color day. Seniors wear togas, and the other classes have a specific color to represent. Freshmen are blue, Sophomores are red, and Juniors are green. On this day there is a pep rally, where the whole school gets together to celebrate our spirit as a school. At the pep rally, we all represent our classes with cheers, and congratulate the seniors on their final year. Overall, spirit week is one of the best times of the school year and brings our school together. We hope you enjoyed it this year!

Paint the Night Pink

Continued from front page

In school that Friday, everyone is encouraged to wear your favorite pink attire to show your support. This day will lead up to the fun Friday Night Lights where spectators and players are urged to deck out in pink. If you want to go above and beyond, bring signs to hold up in support! There will be pink packages for sale and that is a great way to get involved. Pink packages include shirts, headbands and socks. Every sports team will be rocking the color pink during warm-ups that day, whether home or away. This way Timberlane will spread awareness to other schools in New Hampshire. Meaghan Guanci, the brains behind the whole operation, is very excited for the event; she encourages everyone to participate.

Half-time is going to be the moment that takes everyone’s breath away. The brave survivors who have battled this horrible disease will be lining the football field. This is our chance to honor fighters and survivors who have and continue to battle this disease, and give them the applause they deserve. Each and every one of the survivors is from our community and this event is our way to show them we care. So I encourage every staff member and every student to come Friday, October 17th, to the home game against Pinkerton - it will be a night to remember.



Timberlane Introduces Best Buddies

By Colleen Shea and Maekalah MacLeod

In the spring of last year, Timberlane was proud to announce that it is now part of the Best Buddies organization.

Best Buddies is a non-profit organization focused on establishing a worldwide volunteer movement that creates opportunities for one-on-one friendships, associated employment and leadership development for people with intellectual and development disabilities. It’s a great way to learn more about students and life. You can make new friends and experience new things you never thought about experiencing. The Best Buddies has grown from one original chapter, to almost 1,700, middle school, high school, and college chapters worldwide.



Best Buddies runs events like movie and game nights as a group, one-on-one interactions like going to the movies or hanging out at the park. In the winter, Timberlane’s Best Buddies is going to be starting a basketball team. Just last week we had our first event, Best Buddies reveal party where everyone found out who their new buddies were and met everyone involved. We ate pizza, cookies, and chips. By the end of the night we shared a ton of laughs and good memories. Our goal by the end of this year is to not only keep Best Buddies going, but to be able to give kids the ability to make new friends have opportunities that they didn’t think they could have.

If you are interested in Best Buddies, talk to peer counselor Mrs. Anna Tantaro. You can find her in room 306, across from the café, or talk to the President of Best Buddies, Junior Tori Swillum or Vice President, Senior Maekalah MacLeod.



Fighting Childhood Cancer, One Cup at a Time

By Evan Lanctot

On August 9th, 2014, six Timberlane High School seniors decided to bring back a family and friends tradition and help raise money for a cause that seeks to assist their families and friends with a very emotional issue. This tradition, which took place in 2004-2011 at Sandown’s Old Home Days, reignited this past summer with the seniors whose families had run it for so many years. Timberlane’s Lemonade Stand is a branch of Alex’s Lemonade Stand, a foundation that raises money for childhood cancer.

Alex’s Lemonade Stand was founded by a four-year-old girl named Alexandra Scott in the efforts to raise money and find a cure for childhood cancer. Scott was diagnosed with neuroblastoma, a type of childhood cancer, when she was almost one year old. After, Scott received a stem cell transplant in the year 2000, she told her mother that she wanted to give money to doctors to help other kids like the doctors helped her. Then she held her first lemonade stand when she got out of the hospital and raised over \$2,000. Scott inspired people around the world to hold their own lemonade stands based on her story, and they donate the proceeds to Alex and her foundation. Unfortunately, in August 2004, Alex passed away, but she passed away knowing she raised over \$1 million from her lemonade stands to help find a cure for the awful disease.

When the mother of Tyler Schoppe, one of the seniors, found out about the foundation, she wanted to get involved as soon as possible because she was affected greatly by childhood cancer. So in 2006, the parents and kids of six families started Alex’s Lemonade Stand at Sandown Old Home Days. They did this lemonade stand for four years before having to stop because of commitment issues. They raised about \$500 each year for the foundation. The kids of the group, now seniors in high school, decided they would bring Alex’s Lemonade Stand back to Sandown Old Home Days and around the Timberlane community. The group of seniors has currently raised over \$1,000 and plans to raise much more between more stands and online donations. These students were truly inspired by the young girl’s story and wanted to help the cause as much as they could.

You can donate to the cause by going on Alexslemonadestand.org and searching for Timberlane’s Lemonade Stand.



Seniors(Left to Right): Sam Skinner, Tyler Donovan, Quinn Averill, Tyler Schoppe, Sam Kappler, (Front) Evan Lanctot.

In a Hero’s Eyes

By Jeanne Longobardi

Every year, America remembers the day when tragedy struck our country. September 11, 2001 is a day that will never be forgotten by the people of the United States. On that day forces from all over were called to duty; police, firefighters and especially the Coast Guard. Leonardo Escamilla serves our country through the Portsmouth Fire Department and the US Coast Guard. In remembrance of this tragic day, that affected him personally, our own Carolyn Morse, Language Department Coordinator, asked him to visit the Spanish 5 ACC class.

Escamilla is not only a hero figure but, he is also bilingual. When he visited the class, he spoke of how he was called to duty on 9/11 by the Coast Guard. Escamilla explained to the students about the experiences of the terrorist attack, and the long term effects, both positive and negative.

The unit that the Spanish 5 Accelerated class is currently studying is based on the identity of heroes, “The students seem to like to listen to his stories,” said Morse.

Senior, Lucas Appleton said, “It was a valuable experience hearing from somebody who has helped his community in so many different ways.”

This day will always follow our country; we will continue to mourn the loss of those who passed that day and from the effects of it. America continues to thank those who served that day and those who continue to protect our country. Escamilla’s story and perspective isn’t an easy one to tell - he is a true hero.

Ice Bucket Challenge

By Madison Cornell and Olivia Doulames

Have you ever wondered why people are willingly pouring ice water on their heads? The ALS Ice Bucket Challenge as a means to bring awareness and raise money for ALS. Amyotrophic Lateral Sclerosis, otherwise known as ALS, is a neurodegenerative disease in which effects nerve cells in the brain and the spinal cord. ALS is a devastating diagnosis for anyone to receive. It’s affects people’s day to day life and is an awful disease.

Pete Frates created the ice bucket challenge, with his friend, and ALS patient Pat Quinn. The Ice Bucket Challenge is when someone “calls you out” and you are nominated to fill up a bucket with ice water and dump it over your head. After you’ve completed the challenge, you then “call out” people of your choice to keep the challenge going.

So far the Ice Bucket Challenge has raised \$110.5 million towards ALS research in the past month. Many celebrities have shown their support by accepting the Ice Bucket Challenge. Leonardo Dicaprio, Tom Brady, Kim Kardashian, and Brad Marchand are just a few people who have participated in the Ice Bucket challenge, along with millions of people around the world who have also accepted and have donated money to research. Mr. Woodworth, the THSVC, Varsity football team, and the World Studies and American Studies classes have made TRHS apart of ALS awareness as well. Fellow classmate Molly Wilmot said “Happy to be part of a good cause, being cold and wet was worth it. “

Before the Ice Bucket Challenge began, ALS was not well known, and many people were unaware of what it was and the effect on those who were diagnosed. Now because of the Ice Bucket Challenge millions of dollars have been donated to research and in hopes of finding a cure. The Ice Bucket challenge has made a great difference for ALS research and has given patients hope for a cure or treatment in the near future. If you are interested in donating to ALS research you can donate to the ALS Association at <http://www.alsa.org/>

To learn more about ALS, use these additional resources for more information:

<http://www.alsa.org/about-als/what-is-als.html>
<http://www.alsa.org/fight-als/ice-bucket-challenge.html>



ANew STAR in Testing

By Blake Hammond

The freshmen and sophomores have recently been herded to the computer labs to take new standardized testing, called STAR (Standardized Testing and Reporting) assessments. These new tests don’t affect grades, nor are they for colleges. They are part of a new program using RTI, or “response to intervention.”

These tests are used at other schools in the area, such as Oyster River, where Assistant Principal Mr. Brian O’Connell previously worked. This particular test was voted upon by a team of administrators at the SAU, chosen from numerous other programs using similar educational principles. “They test baselines in Math and English,” says Assistant Principal Ms. Mary Widman. “It helps personalize teaching, so teachers can work more one-on-one with students, based on the areas they are strong in, and the areas where they need more help.”

New curriculum is written yearly, and these new tests give administration and teachers a better idea of where more focus is needed in class. Questions range from a variety of math problems to questions that test reading comprehension. It won’t affect the classes students take; you won’t need a certain STAR score to take AP English, for example. All it does is help teachers understand where their students are at, so they can target certain areas of strength and weakness among the student body, to better challenge students at their ability level.

Despite this, some teachers feel the tests are a waste of time; and many students share this sentiment. Some sections consist of only ten short questions that some teachers (who prefer not to be named) feel make this test ineffective. However, administration remains confident they will be helpful, since they chose it from a number of other such programs. So, even though they’re probably a pain to take, and have met some slight resistance, it’ll hopefully be helpful in the long run.

What’s New?

By Rachel Allen and Liam Arteaga

With another summer gone, there’s another year of school. This year Timberlane has some exciting new happenings. So, what is new for this school year at Timberlane Regional High School? Well, let’s take a look!

In order to ensure that students of all grades are given an opportunity to teach and learn life skills, the school has scheduled a whole school advisory period that meets twice a month. This time period helps students with due dates, reminders, and anything else going on that they would need to know. Every other Wednesday of the month, students will report to our advisories and participate in different activities and informational meetings. These activities will include tips on writing college essays, going on interviews and finding jobs after high school. Topics will change with different grade levels, but mainly will be focusing on specific topics throughout each month, with activities changing throughout the year.

Mrs. Widman says, “It’s a great first step to give all students the opportunity to make connections with teachers and students and give time for academic, social, and guidance based work”.

Exciting news for anyone in a classroom that used to have dividers as walls; we now have walls! Over the summer, maintenance built walls in the 600 and 400 classrooms that were once divided by folding walls. What used to be large rooms divided by folding walls are now separated by sturdy walls, just like the rest of the rooms in the school. With the new additions to the rooms, students and teachers are no longer able to hear what is happening in the class next door and vice versa. This helps with the focus of the class because the noise levels going into other classes will be decreased. So, this means that there will no longer be any excessive distractions and students will be able to do their work in peace.

That’s what’s new this month, check next month’s issue for more new things in school.



Students from Period 3/4 Czyzilini posting up on the new wall!

Mr.Woodworth’s Thoughts

By Jeanne Longobardi

He is at every event, some days you see him and some days you don’t, whether you notice him or not he is always there. Principal of Timberlane Regional High School, Mr.Woodworth, had a lot to say about this school year. Specifically, Woodworth enthusiastically shared some thoughts about the senior class graduating in 2015, “We see a class that gets along well, is accepting of each other, and has so many great personalities.”

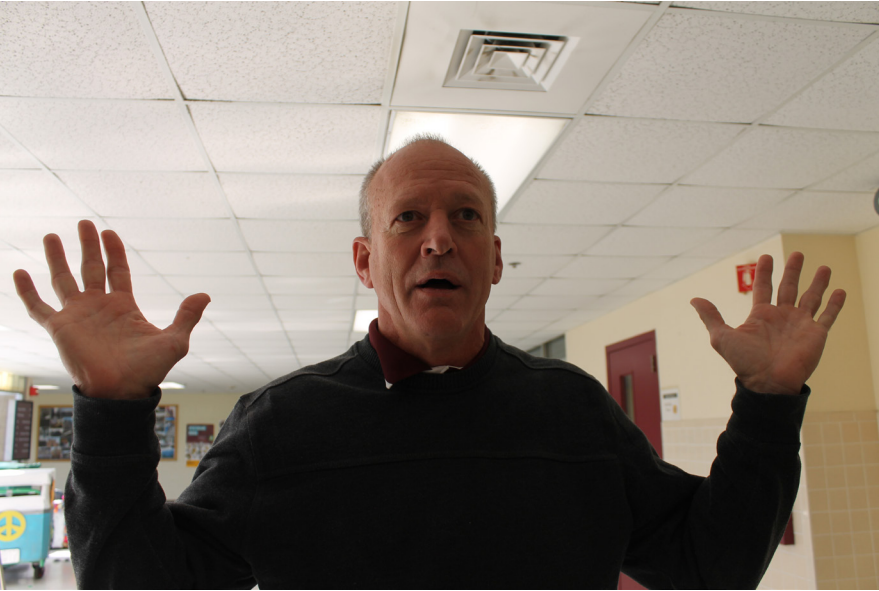
There are high hopes for this year’s graduating class to help uphold the honor of New Hampshire School of Excellence. The tradition of Spirit Week is quickly coming upon us and Woodworth expressed, “It is an important time, it is a fun and exciting week - an opportunity for team building and leadership to flourish.”

We asked about the Ice Bucket Challenge, a popular trend this summer to raise awareness for ALS. Woodworth was challenged to do this by TRHSVC (TRHS Varsity Cheer), “I can’t say it was all fun, I already have one dent in my head; I don’t need another.” He also mentioned, “It’s a creative way to help a good cause.”

Lastly, we asked what Woodworth thinks of high school and these words stood out: “It is a time when people define who they want to be.”

For many people, high school is a time to figure out your future and has many different paths of where your life may lead. Timberlane is fortunate enough to have wise figures like Mr. Woodworth.

So, Timberlane, how do we want to define ourselves and our school?



Miss and Mr. Personality

By Jackie Ruane

Out of all the students of Timberlane Regional High School, two of the craziest in the 12th grade always leave smiles on their friends’ faces throughout the hallways.

I’m sure most people have heard this month’s Miss Personality’s voice screaming down the halls before, Gina Pigott. Wherever the spunky girl goes she makes people laugh and brightens people’s days. Luckily I got the chance to interview the famous Pigott. When asked what component of her personality she likes the best she replied, “I don’t, like, care about a lot of stuff ‘cause I just don’t.”

Many of you are probably wondering what it’s like to be someone who always seems to be having the time of her life. Pigott shared with me step-by-step instructions on how to live a life worth living: “You wake up, you don’t care, you do the things you have to do and rock at it, and go home but that’s just me.”

The shy, mysterious, and handsome Jordan Nason wins Mr. Personality by a long shot. Luckily for me, Jordan is a good friend of mine and I know that he’s worthy of being Mr. Personality. Although, when I asked him if he thought his personality was good enough, he replied, “Yanno I think anyone is worthy to be Mr. Personality as long as they have a good personality.”



One of Jordan’s strongest characteristics is his intellectualness and his unparalleled command of the English language, as you can see. After asking Jordan multiple questions, he shared with me his passion for making people laugh and when he makes other people laugh he feels pleasurable.

If you don’t know these two students, that needs to change. Go up to Miss or Mr. Personality and get to know why they’re so awesome, it’ll be worth it.



Where Are They Now?

By Tommy Johnston

Every year, hundreds of kids graduate from Timberlane, then head off into the next stage of their lives. Many graduates either go to college, the military, or straight into the workforce. Every month, a different Timberlane graduate will be spotlighted, in order to gain a better understanding of what ex-students are up too.

This month’s issue of “Where Are They Now” spotlights Travis Dudal.

Dudal, a graduate of the class of 2013, is now in his sophomore year at Plymouth State University. At Plymouth, he is pursuing a degree in marketing. Dudal says he has not accomplished much since entering college and spends most of his time catching up on the different seasons of Lost on Netflix. His favorite part of college is taking fun classes, as well as enjoying the college experience.

Dudal spends his summers working at Grand Rental Station, where he says he is a “tent and bounce ride expert.” The experience he has gained at Grand Rental will not help him with his major at all, but he enjoys his time at the Rental. Dudal says he misses Timberlane, especially his journalism class. He has gone on to get four tattoos, which he says Ms. Guanci would not approve of. Dudal aspires to get a marketing job at a major company, where he can make a lot of money.

Stay tuned next month for who will be selected for “Where Are They Now?”



Kicks of the Month

By Tim McLaughlin

Austin Lewis, a 5’11” stud from Atkinson, New Hampshire was reported roaming the halls in some “fresh new kicks” last week during 4th period, so we got a closer look at this new nominee.



This hot new kick, known as GMP 6s by Air Jordan, is priced at a whopping \$250.00 dollars at the register. “GMP” stands for Golden Moments Package. Each pair is specifically designed to enhance jumping performance and redefine stability. “I tend to pick shoes that catch my eye” Lewis says, “They just have to look good”. Now Frosty isn’t just any average, every day student. He cares about an individual’s shoe shopping experience so much he gave some generous advice when picking the right kick. “Nike all the way” Lewis said.

When wearing these shoes, Frosty says he has no worries and feels somewhat invincible against the surrounding freshman who think they are one upping him with their light up sketchers. Lewis maintains a steady GPA along with balancing extra-curricular activities and work. When asked for any additional comments about him or his shoes he replied with one shout out to Brandon Madru for being a “savage.”

Make sure you look for next months, KICKS OF THE MONTH!

Timbertoes

By Maggie Walsh

This year marks the sixth season of the Timberlane Dance Team. The team was created in 2009 by Annie Walsh and Sarah Tubbs. They were succeeded by Hayley Siemering and Katie Ouellette in 2012 and this year the team has been split in two; Varsity and Junior Varsity. The captains of varsity are Amanda Stevens and Maggie Walsh and the captains of junior varsity are Becca Sands and Natalie Livingston. The dance team will be performing at basketball games, pep rallies, Project Hope and a Celtics game, and will be competing in the New England Dance Festival in the spring.

The new captains are very optimistic about the coming year. “I think its going to be a really great year,” Amanda Stevens commented. “ We’ve got a really good team full of talented people.” All four captains are excited to work together to maintain a great reputation and create a united team.



One member of the team, Karissa Braga (senior), has been on the dance team since her freshman year. “Dance team for me has been a way to get involved with the school and a way for me to dance with some of my best friends from different studios.” Dance team has been a great tool for bringing students together who would, otherwise, never have gotten the chance to become friends.

Amber Malkin is a freshman on the team this year. She is one of the few girls who tried out as a freshman and made it on varsity. “Honestly going in to dance on the first day I expected a bunch of snobby girls with perfect technique to be there...but the reality of it was that I met a ton of really talented girls with great personalities. I personally love dance team.” Practices are a great bonding experience for everyone on the team. They are held at the Dance Works studio on Saturdays at 12:30 and 2:30.

The Timberlane Dance Team is collectively excited to participate in raising school spirit and performing at school events this year. Everyone’s support and excitement is very appreciated.

Student Swagger of the Month

By Chris Leondires

Swagger does not have to be some sort an intricate style that separates one person completely from the fashion game. Some people choose to do this and absolutely crush the look that they are trying to rock. However, whether a person’s look is based on uniqueness or individuality, swagger is a consistency of dress-ing within your own style, owning your look with confidence.

This month, senior Blake Rooney was selected for the respected title of being the student with the “Swag-ger of the month”. The charismatic student with his compelling sense of style prefers to do his shopping at stores such as Pac Sun and TJ Maxx. Rooney says his outfit of choice is simple; he wears jeans and a regular long sleeve t-shirt, with white on white Vans. Rooney also voiced his opinion against a variety of popular styles and articles of clothing. What topped his list were drawstring backpacks, gray on gray sweat suits, and Birkenstocks.



Rooney’s typical morning routine is nothing special, “I start with a shower and then I get dressed.” He made it clear that there is no preparation in choosing an outfit and he faces the challenge of piecing together his clothes every morning. He continued, “Then I blow dry my hair, then I gel my hair and then I eat breakfast.” Rooney makes himself breakfast every morning because eating well ensures that he will stride down the hallways with confidence and swagger. He caps off his morning by brushing his teeth and walking out the door.

Although Rooney had no closing remarks, he followed up the interview with some insight on his style and swag. He likes to have a street feel by wearing Vans and slim fit pants, while also combining this look with more preppy styles. Blake doesn’t like to be flashy or go overboard and likes to keep his look fairly simple. He has a relatively original style and does not base it off of any celebrity or what is popular. These components of his appearance are what made him a fitting choice for this spot. The fact that he dresses differently, yet put-together, allowed him to earn the position of “Student Swagger of the Month.”

Who is Timberlane’s Forte This Month?

By Adam Caezza



Timberlane High School is home to some of the greatest musicians and music programs in the state of New Hampshire. From the PAC to the many opportunities given by the instructors in our wonderful music program, we are known in many schools across the state of New Hampshire as one of the greatest as far as our music department.

Although there are many great musicians in Timberlane, some of these people deserve more recognition than others, due to their dedication, skill, and overall extra efforts during school and afterwards. Even so, knowing that there are so many great musicians that deserve the title of “Musician of the Month,” it will be a very difficult decision to choose just one per-son per month. To make up for the multitude of musicians, we went to some of the students who spend their time around the PAC to find out who they think deserves “Musician of the Month.”

We went to the musical rooms of the PAC to find out who some of our students think deserves this special nomination. Stu-dent and member of Timberlane’s select choir Jaryd Nimmo gave us his opinion on the matter. He says, “I think it has to be someone with dedication, a good work ethic, and someone that keeps a good spirit through everything, even in the darkest times in the choir.” In the end, Nimmo thinks that choir member Paige Andrews is a good candidate for the title. Nimmo and others greatly impacted the final decision.

Andrews has been a member of the choir for 5 years and throughout her experience, she has shown constant dedication and commitment to the bettering of the choir. And even in times of doubt, where the students of the concert choir seem distant and stressed, Paige was there in bright spirits to bring everyone a bit of a smile. Finally, to put a name to the title, Paige Andrews has earned and deserves the name of “Musician of the Month.”

Beard of the Month

By Brandon Madru

After two and a half weeks of wonderful beard growth, Danny Efraimson’s face carpet is this month’s winner of “Beard of the Month.”

Efraimson follows a three-step process to maintain the magic within the animal. First, he gives it a quick rinse with lukewarm water, followed by a thorough shampoo wash, finished by combing his beard for ten minutes while conditioner is still in it.

When asked if he was planning on chopping the scruff, he replied, “When Allah shows me the way, I will go the way.”

On the other end of the spectrum, Dan says there are many positives of having facial hair. For example, females tend to migrate towards him in cold weather for warmth. Efraimson also states that women above the age of thirty-five are especially “into” the beard.

Dan told us that he enjoys expressing two completely different personalities throughout his life, one with the beard and one without. With the beard he is “fierce” and without the beard, he is a small boy who is afraid of the world.

Stay posted and look forward to the next winner of “Beard of the Month!”



Do You See What I See?

By Courtney Barlow



Within Timberlane there are many talented and wonderful students; some of them go unrecognized, so in this issue you will be brought to the attention of a very artistic senior. Her name is Giselle Pimentel. Pimentel found her talent for drawing. She has al-ways had a love for art and as she grew as an artist she began to love it more. She mostly loves painting; it’s one of her strongest points. Pimentel also told me that she was very interested in pursuing art for her long-term career.

She loves to help people, so her thought is that she will dedicate herself to art therapy. That way she can enjoy what she loves to do, she will constantly get better and improve, as well as make people happy. It’s the simple things that can cheer people up, make them feel better, let them forget about their problems or issues in their lives, and enjoy the beauty of her art.

Pimentel is a very talented student, with a large heart. She plans on using her talent for the good and it will also make her happy. Her future will be very bright. There are so many artistic students inside our school, see who we find for next month’s issue!

Freshmen of the Month

By Kyle DiBurro and Molly Wilmot

Being a freshman is never easy. Between meeting new teachers, finding your way around, and the occasional awkward encounter with an upperclassman, freshman life is all but stress-free. Even so, there are some freshmen that simply boast superior confidence compared to their fellow classmates. Isaac Haseltine, or “Sac,” as friends call him, is one of those freshmen. Haseltine is a resident of Plaistow, NH, living with his three step-brothers, mom, and stepfather. He participates in golf, basketball, and baseball at the school.

An avid basket weaver, Haseltine has taken part in and won many competitions over the past decade and keeps his baskets on display in his home. When asked, he stated his favorite class this year has been The Foundations of Art because “it’s really easy.” Except for a single class he switched out of due to a teacher, Haseltine finds his classes enjoyable and is excited about “lots of up-perclassman biddies.”

Even with all this confidence, Haseltine still has some nerves about high school. He is most nervous for “running out of cookies at lunch” because “they’re bomb.” I had time to catch up with Haseltine for him to answer a few questions.

If you could be any amphibious animal, what would you be and why?
“A mud skipper because they’re pretty rad skippin’ across the mud.”
Do you have a senior you look up to?
“Michael Murphy, he’s taught me everything I know and I want to grow up to be just like him.”
Do you have any final thoughts?
“FTB” (For the boys).



Ukraine Under Siege

By Jake Haseltine

Ukraine has always been a close partner with Russia. However, in February of 2014, Russia invaded the incredibly valuable and strategic Crimean peninsula of Ukraine. Ukraine, having just gone under a massive revolution, was without an acting government, the revolution had left Ukraine defenseless. Two large votes loomed on the horizon: the first was the referendum to annex Crimea into Russia, and secondly, the coming vote for the new president of the new Ukrainian government. Finally, the Ukrainian military sprang into action, retaking several smaller villages and the checkpoint on the bridge into Crimea. Then, much of eastern Ukraine sprang up in arms against the newly established Kiev government, headed by the newly elected president, Petro Poroshenko. Demanding annexation into Russia, they swept across the entire eastern Ukraine-Russia border.

In the days and weeks following the election of the president two major things happened. First of all, the Ukrainian military finally started to move in on the separatists. Second, the newly created “Donetsk People’s Republic,” a large group of pro-Russian separatists, arose. Backed by incognito Russian paratroopers and advanced artillery support, the DPR urged for greater Russian intervention and annexation of much of eastern Ukraine. Recently, the Ukrainian military has been winning back the east, one city at a time. The two largest occupied cities, Donetsk and Slovensk, have been under siege and without utilities for months. As the military advanced into separatist occupied cities and villages, they slowly uncovered more and more separatist atrocities, such as mass graves, rape and looting. In fact, in July, the pro-Russian rebels went so far as to shoot down the commercial airliner flight MH17, killing all 270 passengers and crew.



As Russia continues to shell and bomb Ukrainians, and the Ukrainians continue to shell and bomb the rebels, there seems to be little hope for the civilians caught between. There have been over 2,500 civilian casualties in Donetsk alone, not to mention over 1,200 Ukrainian military deaths and indeterminable amount of separatist’s deaths. As the fighting intensifies and the costs to rebuild rise, there are a few obvious questions. What is Russia’s role in all of this? Should they be held responsible? Also, where is the UN or NATO? Germany, in recent weeks, has provided political support and loaned Ukraine a large sum of money to pay for arms. However, Russia has threatened to shut off the natural gas and oil pipelines that heat and power most of eastern Europe, and with winter rapidly approaching that’s a very serious threat.

Meanwhile, the US sits by and does nothing. Obama has threatened economic sanctions and has moved a single de-royer in the Mediterranean closer to the Russian coast. But to a country as large and self sufficient as Russia, economic sanctions are no real threat, and that destroyer poses no real threat. Other than that, little has been done to prevent the conflict from escalating. John Dube of Timberlane High commented on the situation in Ukraine with distaste. Dube went on to relate the current situation in Russia and Ukraine to Germany’s neutral invasions of countries prior to starting WW2. Possibly a very disheartening sign of the tragedy to come.



Remembering 9/11

By Liana Salvaneschi

September 11, 2001- a date no American will ever forget. That day was filled with tragedy and heartbreak for the whole country, and we are doing our best to honor the innocent citizens who lost their lives. On that day, 13 years ago, our country was under a terrorist attack. The day started off like any other, a beautiful September day with clear skies and not a cloud in sight. However, the beauty of the day was soon masked by the horrific attack and September 11th became everyone’s nightmare. Mostly everyone who was old enough to remember has a story about 9/11; almost every adult you talk to can remember exactly where they were when they found out. This shows the monumental impact this event had on our nation and the shock it put the world through.



New York City took the brunt of the attack and the Twin Towers were hit by hijacked Flight 175 and Flight 11. They flew into the Twin Towers early in the morning, which later caused them to collapse. The attack resulted in 2,609 deaths in the towers, 249 people passed away in the planes striking the towers, and 125 people were killed during the Pentagon attack. That is 2,983 innocent Americans’ lives taken in one day because of the attack.

The moment of silence we have every September 11th is to honor the memory of each of the Americans’ lives. They were unfairly taken away from us, and it’s our job to do our part and remember. Each September 11th, there is a ceremony at Ground Zero. Every name is read by loved ones on national television. The country also did an amazing job making the 9/11 Memorial at Ground Zero. They made fountains in the place of each tower, and engraved in each are the names of the Americans who passed away. There is now also the Freedom Tower, which is, 1,776 feet tall, to represent the year America gained our independence.

The Al Qaeda terrorists tried to break America that day, and they were not successful. No attack can break the American spirit. Our hearts go out to everyone who passed away tragically and everyone who was impacted not only physically but mentally. Despite the terrorist efforts, we came back a stronger more secure nation.



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The Return of Market Basket

By Karissa Braga



If you live in New England, you have heard about the chaos involving Market Basket this summer. The infamous supermarket chain underwent a major shift in power which led to a revolt from within the company itself.

CEO Arthur T. Demoulas, also known as Artie T, was fired from his position along with other top executives in early June. The family feud that caused this whole mess has been going on since the company’s birth in the 1950’s. According to those in support of Artie T, Arthur S. Demoulas, (Artie’s cousin) is only in the business for the money, and cares little about the employees. He wanted to sell the company and end profit sharing among the employees.

The workers of Market Basket decided the only way to get Artie T back was to boycott the company, and get customers to support the boycott as well. Senior Sam Gilman has been with the company for almost three years now. He along with 20,000 part-time employees were laid off in the midst of the protests, “I never thought we were going to be laid off. Market Basket is like one big family, so it was hard knowing this might be the end for the company.” he said.

On August 28, Market Basket employees and customers got the news they had been waiting for. The family feud within the company was over, and Artie T was back as CEO. Artie T bought out the company from Arthur S. for roughly 1.2 billion dollars, riding Arthur S. from the company for good. The protesting and determination of the employees and customers brought back the “good guys”. Once the store re-opened, the customers flooded the main entrance and congratulations were exchanged.

Gilman can speak for most employees when he says, “I’m grateful for all the shoppers who boycotted with us. Because of them, I got my job back.”

Ferguson Under Fire

By Karissa Braga and Maggie Walsh

On August 9th, 2014 Michael Brown was shot to death by police officer Darren Wilson. There is much dispute on how the incident occurred. Wilson stated that Brown was aggressive and threatening towards him while witnesses say that Brown was unarmed and had his arms raised when he was shot. The country has erupted in a debate over Brown’s death resulting in investigations into the police force in Ferguson and even a statement from the president of the United States.

Witness accounts say that the situation started while Wilson was inside his patrol car. Wilson’s firearm went off while he was sitting in the car which caused Brown to run away. Wilson got out of the car and started shooting at Brown. He turned around to face Wilson and from there it is uncertain what happened. Some witnesses say he moved toward Wilson to attack while others say he had his hands in the air when the shots were fired.

Naturally there has been a major uproar from the town of Ferguson and the rest of the country. The week following the shooting, vigils were held that turned into violent riots. Stores and businesses were vandalized and stolen from including McDonald’s, strip malls and convenience stores. The country hasn’t seen an outcry like this for years. On top of the shooting and death of Brown, protester believe that their first amendment rights to Freedom of Speech are being violated. The National Guard and other law enforcement officer are being called to contain the protests, civil or violent.

This event brings up many social issues debated in politics today and leaves many questions unanswered. Was this an act of unlawful aggression from an officer? An issue of race? Violation of rights? Amongst all the chaos, the family of Michael Brown requested a day of peace and non-violence to lay their son to rest. With the national looking on, Ferguson, Missouri will be the spotlight of revolution and debate as the trial for Darren Wilson will begin within the next couple of months.



The Great Senate Race

By Miranda Kryskow

On September 9, 2014 New Hampshire held its primary elections for one US Senate seat, the that seat is currently held by Jeanne Shaheen. The primary narrowed down the list of candidates that voters can choose from when the final election is held on November 4th.

The running Republicans were Bob Smith, Scott Brown, Jim Rubens, Andy Martin, Gerard Beloin, Robert D’Arcy, Mirsolaw Dziedzic, Mark Farnham, Bob Heghmann, and Walter Kelly. They went head to head here for votes, and only one made it to the November elections to face Democrat Jeanne Shaheen and Libertarian Gardner Goldsmith. The winner was Scott Brown.

Brown is a former Massachusetts senator, hoping to be New Hampshire’s new senator. He believes that many problems need to be fixed in America. His main issues are changing Obamacare, keeping taxes low for everyone, reigning in government spending with a balanced budget amendment, restoring America’s standing in the world, and taking care of our veterans. He also wants to make sure America is streamlining legal immigration, ending our dependence on foreign oil, strongly supporting the second amendment, and increasing adoptions. A voter can find out more about his opinions on the issues at his website, www.scottbrown.com.

Goldsmith is a New Hampshire native and a longtime talk show host for LRN.FM. One of his major issues is the minimum wage law. He says, “There’s nothing in the Constitution that grants Congress the power to tell people how much to pay for anything.” This includes how much to pay for workers for Goldsmith. You can find out more about Goldsmith from his website, <http://gard-4senate.com>.

All seniors who are 18, this is your chance to vote! Get down to the voting booth on November 4, 2014 and vote for New Hampshire’s next senator. Share your voice, vote!



X Marks the Spot

By Samantha Milone

When people are asked to the think of the first place that comes to mind when the word “escape” is mentioned, most people think of an island such as the Bahamas or Hawaii. Traveling to an island is definitely a nice place to relax and clear your head, but why not a place in the local area? Most teenagers, like us, in high school are not able to sporadically book a flight to paradise or drive miles to a lake to relax, so we are in need of finding peaceful areas in our area to relax. “Escape” areas are places to clear the mind, think, and to relax.

In the Timberlane Regional School District, which includes Plaistow, Atkinson, Sandown, and Danville, there are unique spots to clear the mind. In Plaistow, off of Old County Road, is the Plaistow Town Forest. It has three different trails in the woods that lead to an observation deck. The observation deck is the final destination and gives you a view of a little pond. Walking the trails after a stressful day gives you a chance to let go of your worries and focus your attention on enjoying nature and the scenery.

Another spot in the area is hiking Mt. Danville. This short hike will most likely take up about a half hour of your day to make it to the top. Once you make it to the top of Mt. Danville, there is the beautiful view of the land and a chance to sit down and take in the view.

Leavitt’s Ice cream in Atkinson is another cool spot to spend time. The shop is right next to a big field and they have chairs set up to take a seat. While looking at the flowers scattered throughout the field you also have the perfect opportunity to grab an ice cream.

Although these spots are not as exciting as traveling to the islands, they still give the chance to take a moment to relax. They are in the local area and great spots to experience and find a new hangout spot. Just because there is no beach or palm trees, does not mean we don’t have an escape. These places give us the perfect opportunity to get away from the stress of college applications, sports, and loads of homework... for a little while at least.



What’s on Your Lunch Tray?

By Shawna Freeman

School lunch has always had a reputation of not being very appealing. In movies, you’ll always see the suspicious meat that moves along your plate, or the slop of “mashed potatoes” the lunch lady slaps on your tray. However, this may not be the case with the food at Timberlane. After interviewing many lunch tables, to my surprise, I found that many people actually liked the lunch the school has to offer.

Most people prefer the fresh wraps and the warm home-made cookies at the cafe. They don’t particularly like the chicken patties or nachos because they feel that it is important to keep a healthy diet.

Although it’s okay to eat to splurge on junk food once in a while, it is important to have healthy options. Many people enjoy getting a healthy lunch and a warm cookie on the side because they feel it is okay to have one unhealthy food item per day.

On another note, most students in Timberlane also think that there should be food labels for people with allergies. I talked to the food services staff in the cafeteria and found out that they have gluten free options for people with allergies. So, anyone who’d like a gluten free lunch, go down to the cafeteria in the morning and let them know what food you’d like to eat so it can be ready by the time it’s your lunch!

School lunch has always been a struggle, but with our great food services staff and great food options we don’t have to worry about what we’re eating.



Do U ILY Txt Talk?

By Colleen Shea and Maekalah MacLeod

The evolution of language used by teenagers has fluctuated throughout the years. When cellphones started to become popular, consumers typically used proper language while texting. To speed up the amount of time it takes to send one of these messages, people have come up with their own abbreviations. Some of the most popular acronyms include, “ILY,” “BRB,” “G2G,” and “IMY.” These represent the actual words for “I love you,” “be right back,” “got to go,” and “I miss you.” Some users are starting to let this language take over what they’ve learned in the classroom.

A student at Timberlane High School, Jackie Ruane, said, “I don’t even speak English anymore; I only talk in text talk.” Although the language shortcuts are mostly expressed by teens, adults are joining in as well. “My parents are even beginning to understand it too,” says Ruane.

Another student at the school has a different view on this subject. Junior Tyler Furey says, “text abbreviations are like a dull pencil: pointless.”

Like everything else, the importance of text talk lies in the opinion of the person. Even though this language seems cute and easy, it also has its drawbacks. Many teachers are beginning to notice “text talk” in students’ written work. Some examples of this include writing “OK” instead of “okay.” Another frequently seen mistake is “idk” instead of “I don’t know.” Based on this, you can see how teachers are beginning to get annoyed. Despite their frustration, teachers surely have used some of this “text talk” outside of school on their own. Join in on the fun and start your own abbreviations, but make sure to keep it on your phone and not in the classroom!



Where Do I Go From Timberlane?

By Colby Dudal

Once a student graduates high school, he or she will have a major decision in life of what to Downey the next chapter of his or her life. The biggest decision involves what to do for the first year after graduating from high school. Some options for when a student graduates from high school include:

• Going to a 2 year college. This is especially a good idea if you are confused about what you want to do with your life and want to get more schooling. A 2 year college is also a good option financial wise. Many 4 year colleges are very expensive while 2 year colleges usually cost much less. This is a good way to save your money.

• Go to a 4 year college. Many kids go to 4 year colleges. There have been many students from Timberlane that have gone on to 4 year colleges from all around the country. Some examples of 4 year colleges that Timberlane students have gone to include UNH, Plymouth and Keene. There are many different 4 year schools for any major you might be interested in.

• Get a job. Many people try to get jobs right away when they get out of high school. This is a good idea because having a job will be important throughout a persom’s entire life. This is also a time when you want to figure out what you want to become. A lot of times when someone gets out of high school it can cause a lot of stress thinking about what to do next.

• Go into the service. Many students go into the service after they get out of high school. This has been an interest for many including some of Timberlane’s alumni.

• Take a year off. Sometimes people feel like they need to take the year off to find out more about themselves and what they really want to do with their life. This could be a good option if you cannot find a path that works for you.

There are the options that most people choose but feel free to do what you want to do with your life. Think hard about this decision because the beginning of your post- high school life is very important.



Relationship Do’s, Don’ts, and Really Don’ts

By Tyler Gendron and Teagan Jenkins

Eating at a restaurant
When going out to a restaurant here are some things to keep in mind.
To girls from a girl: He doesn’t always have to pay, split it or sometimes you pay. Remember, he is just as broke as you are, he shouldn’t have to pay all the time. Maybe if he pays the bill, you pay the tip. When you’re out just eat! If the guy wants to treat you to a special night out, it’s rude to only eat a skimpy salad or just pick at your food. If he’s out with you for dinner, eat dinner, eat an actual meal.

To girls from a guy: Well first off, don’t think that we have all the money. Yes, if we can pay the whole bill, then we will so just take it and be happy. If we don’t have the money, then you shouldn’t offer to pay because we will say no. So just pay and don’t ask us. For a date at a restaurant, do not order something small because you’re afraid he’ll think you look like a pig, if he is the right one, he will love you no matter how you eat. When you are out on a date at a restaurant, just be yourself like on any other date; don’t show him something you are not because it won’t be pretty in the end.



Talking
Communication is most important in a relationship.
To girls from a girl: Guys can’t read your mind. Just like we can’t read theirs; tell him how you really feel. Chances are, they won’t guess it if they don’t know it. If something is wrong and they ask about it, don’t say “nothing!” If he cares enough to notice something is wrong and cares enough to ask, you should care enough to tell him, that way you can talk it out and work together to fix it.

To girls from a guy: Okay one, find a girlfriend who can give you advice and two, find a guy friend who knows how he is and why he could be acting how he is for advice. Do not tell anyone other than your significant other everything happening in the relationship because then there is just a ton of drama that is completely unneeded and could potentially ruin the relationship. Give the guy extra chances because you girls are confusing and we never know what’s going on in your head; we really do try though. If he’s mad find out what is getting to him and then give him time to cool off. He will be ready to talk to you soon because if he cares enough, he will want you to know his life, because you are his life.

To guys from a girl: Don’t be so scared to get emotional, it’s okay to feel things like we do! If you’re sad, cry. If you’re happy, smile or laugh. If you’re angry or upset with us, talk about it. Because when you don’t how are we supposed to know how you feel? Being closed off because you are so worried about looking weak and wanting to be a man is the worst possible thing for a relationship. First of all, we don’t believe you never show emotion; we’re not stupid. Second of all, it helps us relate to you more and understand how you are feeling. If you can’t be honest with the girl you are with, who can you be honest with?

To guys from a guy: Don’t get in a girls face ever, doesn’t solve anything. If you two are talking, take turns don’t be the only one talking take turns and let you two figure out what’s going on, and fix it together. There is no need to do it on your own. Never take anything into your own hands, let her help. Do not ever lie.... She will know!

The History of Programming

By Logan Lourette

Unfortunate as it may be, computers are not magic and cannot do anything and everything. Unless, of course, you know how to program it to do such things.

Programming is one of the most important components of computers, and runs every computer in existence. Without programming, computers would just be a waste of the resources, time, and energy invested in making them, and they would just be large and expensive paperweights. Even the writing program I used to type this document, and the iPad it is on, are both run by programming. And if we want to understand it, we need to go back, into the past, to the first few programming languages.

It started with the difference engine made by Charles Babbage in 1822. You could only make it execute a task by changing the gears which executed the calculations themselves, meaning it was done by physical motion. This was replaced by electrical signals when the ENIAC was built by the US government in 1942. However, it followed a lot of principles the difference engine also used, ergo, making a new program involved presetting switches and rewiring the entire system, which would be very tedious and inefficient.



Then, in 1945, John Von Neumann developed two concepts which were important to the path of programming languages. The first, shared-program technique, stated that the actual computer hardware should be simple, and someone shouldn’t have to hand-wire it for each and every program written. Instead, the simple hardware would be run by complex instructions, allowing for faster reprogramming. The second concept, which was also important, was called conditional control transfer, which gave rise to the notion of subroutines, which were small blocks of code which you could jump to in any order you desired, instead of a single chain of events. The second part stated the code should branch based on logical statements such as the IF... THEN statement (For example, if variable A equals 100, the computer screen would have 100 appear on it), and looped during a FOR... statement (For example, for every dollar owned, a dollar would appear on the computer screen). It had also given rise to the idea of libraries, which were blocks of code one could recycle and reuse multiple times.

Then, in 1949, the language Short Code was created, which was the first computer language for electronic devices. It required the statements to be changed to 1s and 0s by hand, but was a step towards today’s programming languages. After, in 1951, the first compiler, A-0, was created by Grace Hopper. It would turn the language statements into 1s and 0s, leading to faster programming since programmers did not need to do it by hand anymore. In 1957, FORTRAN, or FORmula TRANslating system, was created. It was designed by IBM for scientific computing, and the components were simple, allowing programmers low level access to the inside of a computer. It would be considered restrictive by today’s standards, as it only had IF, DO, and GOTO statements, but at the time was a major step forward. Basic types of data used today were started in FORTRAN, such as logical variables (whether something is true or false), and integer, real, and double precision numbers.

This was just a brief look at the very early beginnings of programming, which has come quite far compared to how it started out. And it shall most likely always be getting better and more advanced as time goes on.

Source: http://cs.brown.edu/~adf/programming_languages.html

Crisis in the Vines

By Brian Lonerger and Chris Leondires

This year in the rainforest a tragic and upsetting phenomenon is occurring: the orangutan population is decreasing. Orangutans have been isolated in the wild and can only be found in the rainforests on the Pacific islands of Borneo and Sumatra. The friendly primates spend 99% of their time in the trees and can live up to 30 years in the wild. Known for their reddish brown hair, orangutans are easy to distinguish because of their bold, physical features.

Orangutans are also fascinating creatures because they are some of the most intelligent primates. They have been found using a variety of tools and also creating elaborate nests in the foliage. It would be a shame if our primate brethren were forced into extinction because of the greed and ignorance of us humans.

In the past decade, the number of orangutans in the wild has decreased by 20,000 and it is estimated that less than 50,000 are still alive in the world today. Scientists have made predictions that orangutans could be extinct in less than 25 years. The main threats to the orangutan species are:

- Loss of Habitat Through Deforestation
- Illegal Hunting
- Illegal Pet Trade
- Palm Oil Plantations

Palm oil plantations are where companies harvest edible vegetable oil which is found in many consumer goods. This process destroys tons of land and rainforest which orangutans call home. If humans continue this harmful consumption rate, not only will orangutans be in danger but also lots of other beloved wildlife will be eliminated. People can get involved and take action by volunteering with the Orangutan Foundation International, staying informed and involved through the program and contributing to the foundation’s campaigns. The website for the foundation is <http://orangutan.org/>, with your contributions you can help save this marvelous species!



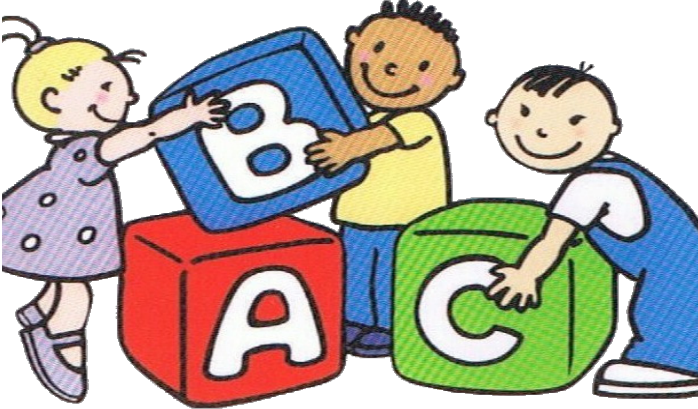
Working at a Daycare

By Brenna Roy

Working at a daycare is a very fun, exciting job. I have worked at two different daycares now. The first one was called Beginnings and Beyond in Hampstead and I was there for a year. Right now I am working at All About Me daycare in Plaistow. I just started working there now in the afternoons and already love it.

You learn a lot about a child’s behavior from being around them all the time. For some people, working with kids is not their thing, but I enjoy going to work. If I’m in a bad mood, the kids can always cheer me up. When I go to work, I am only allowed to watch the kids while the other teachers are there with me, since I am just a helper teacher right now. My responsibilities are to get the kids off the bus, do activities with them such as duck duck goose, read to them and help them with their homework if they need it.

After being a daycare worker for a long period of time now, I have decided that this is what I want to do once I am done with high school because I love being around kids and helping them. Most of the teachers I work with have their bachelor’s degree, to be a kindergarten teacher. In order to get your bachelor’s degree, you only need four years of college. To get your associates degree you need two years of college.



After school I plan on opening my own daycare and being a kindergarten teacher. I love working with kids and helping them. Going to school to be a kindergarten teacher will help me improve how I work with kids. My advice to anyone who is interested in this career, start as a daycare worker and learn how the environment of a daycare is and is to you

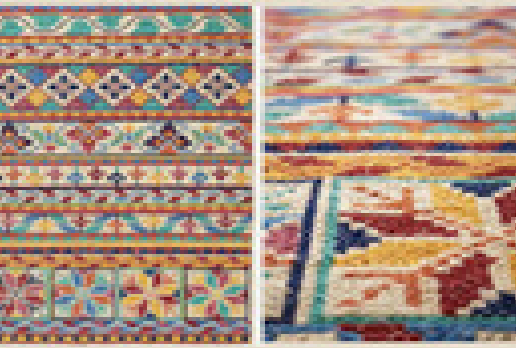
Modern Interior Design Trends

By Tessa Vrees

Many people put their own personal touch into their home. It’s important to incorporate a bit of your personal likes into your home. Most people like to keep up to date on the modern interior design trends. Continue reading to find out what my top three Modern interior design trends are.

Ethnic Prints

Ethnic fabric prints are becoming a popular trend this year. Adding ethnic prints to your home adds a touch of exotic lands. It helps break up boring colors and patterns to the interiors of your home. Ethnic prints also grab people attention, to make wonderful conversational pieces. If you see an ethnic print don’t shy away, you won’t regret getting it. If you’re a fan of the outdoors this print is for you.



Floral Influence

Floral, this pattern has the power to stay in trend, the perfect pattern to make home feel like home. This Floral pattern you will continue to see throughout 2014 and 2015 everywhere from, billboards, shop windows, interior designs and commercials. Also Pillows, blankets, furniture, art embracing floral patterns will all make your home just a little more cozy.

Compatible Colors & Accents

In 2014 the pops of bright colors and accents are definitely a trend on the rise. We’re talking bright colors over unsaturated undertones. It’s a fresh and lively trend making your home warm and bright.



Incorporating Modern interior design to your home will help make the inside of your home the center of attraction. Not everyone likes all the modern trends, but it’s worth a try. Trends from your home help give off attention and you never know what conversations can come out of these pieces.



Top 5 Haunted Houses

By Kayla Stundze

Are you waiting for that perfect scare? Wondering what exciting new adventures are coming for the fall? Check out the top 5 haunted houses and haunted attractions around the area.

Haunted Overload

Haunted Overload is known for being the most creative design, from their corn mazes to their barn building and scarecrows. All props are handmade for the perfect scare. Haunted Overload is also pre-ticketed, so don’t wait long to get your tickets-they might run out! Haunted Overload is located on 118 North River Rd, Lee, NH 03861. For one admission it cost \$22.00.

Canobie Lake Park SCREEEMFEST

At Canobie Lake Park, Screeemfest there are many rides and haunted houses you can attend. There are haunted walks you can go through with haunted houses scattering the park, such as The Dead Shed, The Village and Cannibal Island. There are also all of Canobie’s rides still up and running. Be careful entering the park-they will be watching you. Canobie is located in Salem NH, 85 N Policy St, 03079. For one admission it cost \$30.00.

Haunted Acres

This is known to be New Englands most terrifying haunted attraction. It’s known for it’s Quarter Mile Nightmare Walk, Graveyard of Demons, Maze from Hell, 3D Nuclear Accident House, and last, but not least, Cell Block 13. There is always free parking and never a wait to enter. There is also an enormous bon fire for family and friends to come join. Be careful where you walk-they’re everywhere. Haunted Acres is located on 446 Raymond Rd, Candia, NH 03034. Adults cost \$27.00 and children under 12 it cost \$19.00.



Fright Kingdom

As they say, “We are scary not spooky.”The great thing about Fright Kingdom is that their indoor events and are available in rain or shine.Their main attraction is Apocalypse Z, where the actors take on infected, and it’s your chance to prove if you can make it out uncontaminated. Fright Kingdom is only open on weekends, except for October 30th. Fright Kingdom is located at 12 Simon St, Nashua, NH 03060. The general admission is \$24.00.

Nightmare New England

Nightmare New England, also known as “Spooky World” has many attractions such as the Raven’s Claw, The Colony, Carnage, Freak Show in 3D, and also the Brigham Manor. You can’t forget about the annual Black Out. The Blackout is when there are no lights and you need to find your way through all 5 haunted houses with nothing but a glow stick. If you accept the challenge, they are on 454 Charles Bancroft Hwy, Litchfield, NH 03052. General admission for Nightmare New England is \$29.99.

If you are looking for a new and exciting scare this fall, check out any of these haunted houses. They all include different haunted attractions, so you will never leave cold.

The Great Escape

By Megan Castricone

If you’re looking for a place to vacation, you should definitely check out these places! Lucky for you, all of these places are located near you! During the fall, there are a few locations that are too beautiful to miss, like the Acadia National Park, Newburyport and Plum Island, the Cog Railway and Mt. Washington.

At Acadia National Park, Maine you will experience wildlife at every turn with 47,000 acres of land to roam freely. There are 17 stone-faced bridges, deep woodlands, and many mountain peaks to visit. Also, you can visit Echo Lake Beach, the only lake that has sandy beaches along the perimeter. Try and keep a look out for moose and bears taking a drink from the lake. Keep your eyes in the skies and watch falcons take flight right above your head.



In Newburyport, you can experience a waterfront boardwalk across from many small shops. The shops consist of cafés, clothing boutiques, and a variety of restaurants. As you walk along the path, small and large boats ride along the water beyond the horizon. If you buy a ticket, you can take a ferry ride and relax on the deck as you float effortlessly. If you’re feeling adventurous you can visit Plum Island’s Point Lighthouse. It is a very beautiful sight to see at night when it is guiding the boats back to the docks.

If you would like to take a scenic ride through the mountains, the Cog Railway is the place for you. A bio-diesel powered locomotive takes you through the Mt. Washington Valley. As the train is slowly ascending at a 40-degree angle, you can take in all the beautiful sights. The birch wood trees, wide range of wildlife, and a wide variety of foliage. The train takes you to the summit of Mount Washington in Bretton woods before going back to the station where there is a mini-museum and a gift shop. Overall, these three sites are perfect for you to see during the fall. Acadia National Park, the Cog Railway and Newbury port are all perfect for you if this is your favorite season. The abundance of foliage and amazing colors will make you feel right at home.

Fall Fashion Trends

By Rachel Allen and Bailey House

With the Fall season approaching quickly, let’s take a look at what’s trending in fashion this month.

As the days get more brisk and chilled, you want something to keep you warm during the chilly fall days, but still keep your outfit on point. Boots and jeans are always staples for this time, along with flannels. Even simple things like accessorizing an outfit can make people envy it. Big printed scarves, statement necklaces, or any other accessories can make any outfit pop. Oversized sweaters and leggings will keep you warm and comfortable throughout the autumn season.

Colors such as dark shades of green, blue, and red are good to add warmth to the season and go nicely with the weather. Black and grey are always staples for any season and work throughout the year, especially during this time. Patterns such as darker florals, stripes, or any other fun fall pattern add something more interesting than a solid color. Do your best to avoid the bright colors and patterns such as neon items that would go better with the Summer season. Keep to the darker, more muted colors and patterns that will correspond with the seasonal weather and your outfits will be perfect for the Fall time.



Easy Fall Foods

By Tyler Gendron & Teagan Jenkins

The flavors of Fall come together in so many different dishes. The main flavors are pumpkin, apple, squashes, caramel, cinnamon, and vanilla. All the different combinations come together so well, smelling and tasting so delicious. These recipes also give you the capability to go out with the family or even friends to go apple picking and pumpkin picking, which is always so much fun.

Here are some quick and tasty recipes that embody the feeling of fall. You can make all of them and have a full day of fall deliciousness or spread it out throughout the season. We have a creamy pumpkin soup, a turkey and corn chowder, pumpkin ravioli with a brown butter sage sauce, and salted caramel apple cider. Each recipe can be found on the following sites.

Pumpkin Ravioli with Browned Butter Sage Sauce

(found on <http://www.foodista.com/recipe/L3MLPK3/pumpkin-ravioli-with-browned-butter-sage-sauce>)

Ingredients:

- ½ cup sour cream
- 1 egg
- 2 cups flour
- Splash of milk

Filling

- 1 cup pumpkin puree
- ½ cup grated Parmesan cheese
- 1 egg yolk
- 1 tsp. rubbed sage
- 1 tsp. salt
- 1 tsp. pepper
- water

Sauce

- ½ stick butter
- 1 tsp. rubbed sage



Directions:

Make dough by mixing egg and sour cream in a bowl, mix in flour until dough forms, and then add a splash of milk. Begin mixing and kneading adding flour until the dough is no longer sticky and can be rolled out. Mix all ingredients of the filling together. Roll out dough into a long thin rectangle. Along one side of the rectangle place small scoops of filling about 1-2 inches apart in a row. Wet the dough with the water around each scoop of filling. Take the opposite side of the dough and fold it over on top of the filling, then removing as much air from each ravioli as possible, cut into squares or rounds. Repeat with rest of ravioli. Cook ravioli in small batches in boiling water for 3 minutes, flip and boil for another 3 minutes. Meanwhile, heat a skillet over medium low heat and add butter. Watch the butter, skimming the foam off the top and cooking it until it is a golden brown color. Add sage and stir. Add boiled ravioli and cook for a few minutes per side.

Salted Caramel Apple Cider

(found on <http://www.frombraziltoyou.org/quick-salted-caramel-apple-cider/>)

Ingredients:

- 3 cups bottled apple juice
- 4 tsp. ground cinnamon
- 2 tsp. ground nutmeg
- 1 tsp. ground allspice
- 2 cinnamon sticks
- 2-4 tbsp. sugar
- whipped cream
- 2 tbsp. caramel sauce
- sea salt to sprinkle



Directions:

Combine ground cinnamon, ground nutmeg, and ground allspice together to make “apple pie spice”. In a medium saucepan, combine apple juice, 1 tsp. apple pie spice, and cinnamon sticks together and let cook for about 20 minutes over medium heat. Remove cinnamon stick and stir in sugar. Pour apple cider in 2 cups, top with whipped cream, drizzle with caramel sauce and sprinkle sea salt on top.

Top Three Places to Go Apple Picking

By Courtney Cabuzzi

Fall is almost here, which means it’s almost time for apple picking season! There are many places around New Hampshire and Massachusetts that are great places to go! The first place is, Mack’s Apples in Londonderry, NH.

Mack’s apples are always tasty and fun for kids! It’s one of the best “pick your own” orchards in New Hampshire. They have a lot of fun activities for younger kids including hayrides and pie eating contests. At the end of your fun filled day you can stop at the ice cream shop on your way out and enjoy a delicious ice cream!

Another great place is Sunny crest Farm which is also located in Londonderry, NH. They have a great family atmosphere and an excellent selection of apples. They have a good farmers market with fresh vegetables and fruits from their own farm. They also sell their own pies which are made from their very own apples!

Last but not least, one farm that is located in North Andover, MA, is Smolak Farm. They have a friendly atmosphere and a very expansive orchard! They have a lot of kid activities to do, like hayrides and they also have a spot with animals that you can pet and feed! So if you’re looking for a nice place to go to for apple picking, I would definitely suggest these.



Creamy pumpkin soup

(found on <http://www.thecomfortofcooking.com/2012/12/creamy-pumpkin-soup.html>)

Ingredients:

- 3 cups low-sodium chicken broth
- ½ tsp. salt
- 2 cups pumpkin puree
- ½ cup chopped onion
- ½ tsp. chopped fresh thyme
- 1 clove garlic, minced
- 6 whole black peppercorns
- ½ tsp. freshly ground ginger
- ¼ tsp. ground cinnamon
- 1/8 tsp. ground nutmeg
- ½ cup heavy whipping cream

Optional:

- 4-5 pieces cooked bacon, chopped
- Freshly grated Parmesan
- Sour cream

Directions:

In a large pot, combine ingredients 1-10 and bring to a boil. Reduce heat to low and simmer for 30 minutes, uncovered.

Using a food processor or blender, puree soup in small batches (1 cup at a time). Return soup to pot and bring to a boil. Reduce heat to low and simmer for another 30 minutes, uncovered. Remove from heat and stir in heavy cream.

Pour into bowls and, if desired, top with bacon, Parmesan and/or sour cream



Turkey and Corn chowder

(found on <http://elliebeandesign.com/the-best-5-fall-soup-recipes/>)

Ingredients:

- 2 sticks of unsalted butter
- 1 cup flour
- 1 qt chicken stock
- 2 cups milk (or Greek yogurt)
- 1 pound turkey
- 2 large carrots
- 4 stalks celery
- ¾ cup green onions
- 1 red pepper
- 2 potatoes
- 1 pound sweet corn
- ½ cup heavy cream
- 1 cup cheddar cheese
- salt and pepper to taste

Optional:

- 3-5 strips of cooked bacon
- Additional green onion
- Additional cheese

Directions:

In a large pan add butter and allow to melt. Dice all of the veggies and sauté for about 7-10 minutes. Add in the flour and mix well, turn down heat and allow to simmer for 5-7 minutes. Dice turkey into bite size pieces and add to mixture. Pour in hot chicken stock and mix well. Add the milk and corn, reduce heat and allow to simmer for 30-45 minutes. Add heavy cream and cheese right before serving and add salt and pepper to taste. To finish, add bacon, cheese, and/or green onion if so desired.



Fun with Pumpkin!

By Courtney Barlow

Fall is almost here, which means it’s pumpkin season! There are so many different recipes besides your original pumpkin bread and pumpkin pie. Here are some yummy and easy recipes that are perfect for you to try, from sweet treats to soup that can be made in 15 minutes!

Need to be warmed up? Try Thai pumpkin soup, which could be found at <http://allrecipes.com/howto/pumpkin-recipes/>

What you will need:

- 1 tablespoon vegetable oil
- 1 tablespoon butter
- 1 clove garlic-chopped
- 4 shallots-chopped
- 2 small fresh red chili peppers
- 1 tablespoon chopped lemon grass
- 2 1/8 cups chicken stock
- 4 cups peeled and diced pumpkin
- 1 ½ cups unsweetened coconut milk
- 1 bunch basil leaves

Directions: Take a medium saucepan and heat up the oil. Mix in the garlic, shallots, chilies, and lemongrass with the oil until it’s fragrant, but make sure not to burn the garlic. Mix in chicken stock, coconut milk, and pumpkin; wait till it boils and cook until the pumpkin is soft. Once that is cooled slightly, put the mixture into a blender until its smooth. Pour into bowls and serve with basil on top.

If you are looking for something sweet to snack on or serve for dessert try the apple pumpkin streusel muffins! This can be found in <http://allrecipes.com/howto/pumpkin-recipes/>.

What you will need:

- 2 1/2 cups all-purpose flour
- 2 eggs, lightly beaten
- 1 cup canned pumpkin puree
- 1/2 cup vegetable oil
- 2 cups peeled, cored and chopped apple
- 2 tablespoons all-purpose flour
- 1/4 cup white sugar
- 1/2 teaspoon ground cinnamon
- 4 teaspoons butter

Directions: First preheat the oven to 350 degrees. Prepare the muffin pan with Grease or liners. In a large bowl, mix together the 2 1/2 cups flour, 2 cups sugar, pumpkin pie spice, baking soda and salt. In a separate bowl, mix together eggs, pumpkin and oil. Add the pumpkin mixture to flour mixture; stir together until moist. Fold in apples. Fill muffin cups with the batter. In a small bowl, mix together the 2 tablespoons flour, 1/4 cup sugar and 1/2 teaspoon cinnamon. Mix in butter until mixture is in crumbles. Sprinkle the topping evenly over the muffin batter. Then bake in preheated oven for 35 to 40 minutes. When they are finished, let them cool for 5-10 minutes. Then enjoy!

Enjoy these yummy and easy recipes! For these recipes and many more go to: <http://allrecipes.com/howto/pumpkin-recipes/>

How to Carve a Pumpkin

By Maggie Walsh and Karissa Braga

Fall is on the way and with that comes Halloween, beautiful foliage and best of all pumpkin carving! Read on to learn a simple way to carve the best pumpkin in the neighborhood.

Materials:

- Pumpkin
- Pumpkin carving kit
- Stencil of what you want to carve
- Bowl for guts and chunks
- Newspapers or something similar to protect surface underneath

Example of a pumpkin carving kit for only \$3.87 from Walmart→

Procedure:

1. Buy a Pumpkin. Have an idea of what you want to carve so you can buy a pumpkin according to your chosen stencil.
2. Buy or acquire a pumpkin carving kit. You don’t need to purchase one as long as you can find tools that mimic the purpose of the tools in the kit.
3. Decide on the design that you’re going to carve into your pumpkin. You can print out a stencil and trace it on or outline it on the surface of the pumpkin.
4. Cut a hole around the stem at the top of the pumpkin. Scoop out the gut of the pumpkin until you’re left with a smooth surface on the inside. Be careful not to scoop so much that the wall of the pumpkin is left thin and flimsy. Keep the top of the pumpkin. It will be replaced after the carving is done.
5. Using a back and forth motion, carve out the design. Make sure to stay in the lines!
6. Put a candle or battery operated light inside the pumpkin. Make sure to put the cover back on top.

Put on your front step and enjoy!

For more information visit the following links:

<http://www.wikihow.com/Carve-a-Pumpkin>

<http://www.marthastewart.com/275075/how-to-carve-a-pumpkin/@center/1006802/halloween-pumpkins>

<http://www.extremepumpkins.com/howtotips.html>



Pumpkin Fest

By Makenzie Levesque

Every other day of the year, Keene is just a small town in New Hampshire, but for the month of October it is a must-see destination

Keene Pumpkin Festival is an annual celebration held in the heart of New Hampshire right before Halloween. Every year, residents of Keene and thousands of surrounding towns carve pumpkins; producing the largest number of jack-o’-lanterns in one area. They have consistently held this record, but do not want it to be challenged, so they aim for more pumpkins every year. On October 19, 2013, they beat their previous record with a total of 30,581 pumpkins. These pumpkins are displayed around the center of town on all available surfaces. The event is always held on a Saturday in mid-to-late October. The largest crowd this event had was in 2006, with an estimated 80,000 people in attendance.

Although the jack-o’-lanterns are the main event, there are also many other events going on in downtown Keene during this time to attract people. There are always fireworks, music and food. Now on its 24th year, Pumpkin Fest will be held on October 19 and it plans on being bigger and better. It is said that there will be an aroma of apple crisp and maple cotton candy for miles on the day of the event. There is a suggested donation of \$5 in order to fund the festival each year. It is a great family outing and way to see one of the greatest traditions in the history of New Hampshire.

As you have heard from the recent outrage regarding the riots at this year’s Pumpkin Fest, things got a little out of control and the SWAT teams were called in to contain the situation. This occurrence is not characteristic of Pumpkin Fest and should not deter readers from attending next year’s festivities.

