

# **Timberlane Regional Middle School**

# PRINCIPALISMENSLEFFER

#### **NOVEMBER 2013**

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# Dear Parents,

As your principal, it is my honor and privilege to work in a community whose mission is to offer students the best education possible. We are dedicated to inspiring all children to maximize their innate abilities, and to be successful learners. Despite the obstacles that some must overcome, students have the opportunity to reach their full potential, in the classroom, on the athletic field, in music or the arts or through their participation in one of our many clubs. We are fortunate to have tremendous support for all of these endeavors as our students travel through young adolescents and learn more about themselves. Thank you.

Sincerely,

Michael Hogan- Principal



Pictured above is Michael Hogan, our principal serving lunch to winners of this year's magazine drive! The girls lunch of choice was Wendy's.

### **JACOB HUBERDEAU WINS STATE TITLE!!!**

One of our runners, Jacob Huberdeau, an eighth grader here at TRMS, won the state cross country title on Saturday. The race was at Londonderry High School on a 2 mile course. Jacob's time was 10:13.

What makes Jacob's accomplishment even more impressive is that this is Jacob's first year running cross country. He is certainly a rising star in the sport and will be a real asset to an already strong cross country team at Timberlane Regional High School.

CONGRATULATIONS JACOB!

# **IMPORTANT DATES**

10/31 - Halloween Costume Contest in the Library

11/2 - Team 8C Halloween 5K Race

11/4 - Musical Try-Outs 11/5 - Musical Try-Outs

11/6 - Early Release Day

11/11 - No School—Veteran's Day

11/18 - PTSA Meeting

11/27-11/29 - No School– Thanksgiving Break

The NH Music Association Fall Conference included a session featuring live, real-time demonstations of how to work with boys whose voices are in the midst of change. Conference participants learned what boys need to know about their changing voices and what teachers need to know about adolescent boys. Of course, we know that not all boys are eager to sing, let alone when their voices are changing. However, Timberlane Regional Middle School student were asked to sing at this event. The 8th graders pictured above, impressed the conference participants by singing for the group. Patrick K. Freer, an associate professor of choral music education at Georgia State University and conductor of the University's Men's Chorus, was the special guest speaker.



# HINTS FROM HEALTH OFFICE

#### Middle School Hygiene

Bathing is the most basic of hygiene rituals for the middle school student. A shower every day or two is a must, and always after a rigorous sports practice or outdoor play. Don't forget to use soap and a washcloth! Preteens and teens may find that their hair gets oilier as they grow too. Along with a shower please wash your hair. It will not only wash away bacteria and germs but it'll make you feel better too.

Do you like the feeling of fuzzy, unbrushed teeth? That fuzzy feeling in your mouth is actually bacteria known as plaque and without proper brushing and flossing that bacteria will cause cavities. The increase in these bacteria can also cause bad breath so brushing your teeth for 2 minutes, twice a day, benefits everyone. Halloween tip: These bacteria thrive on sugar so brushing after eating candy or drinking a sugary drink is a must.

Clothing is easy to overlook but if you pick up an item and notice it could use a spin in the wash cycle, perhaps it's time to choose another item to wear.

Developing good hygiene habits are good for everyone especially the middle school student.

# **Grade 8 News**

This month, our entire 8th grade is reading and analyzing the classic play, Twelve Angry Men. This play is about a jury that is struggling to decide the guilt or innocence of a young man accused of a felony. Questions of what it means to have "rights" under of constitution and what "justice served" really looks like are addressed, in class, while reading the play. To supplement this endeavor, United States District Court Judge Joseph N. LaPlante made his yearly visit to the TRMS 8th grade to talk about what being a member of a jury really entails. Judge LaPlante ran our students through a simulated jury pool, and picked 12 jurors "to serve" on a jury deciding a fictional case in court. The judge left time for questions and helped make the civic duty, serving on a jury, come to life for our students! Thank you, Judge LaPlante!

## **COUNSELOR'S CORNER**

It's been a great start to the school year. Sixth graders have made a wonderful transition to our school, and seventh and eighth graders seem right at home in their new grades and teams. We urge parents to contact their child's teachers through e-mail or phone when they have questions or concerns regarding classroom performance. Guidance counselors are also available through e-mail or phone to assist parents in helping their child meet success in school. Let us all work together to make school a positive experience for all!

#### **SPEAKERS WANTED!**

We continue to work on our career speaker series. This series would allow children to learn about careers that interest them from those who are already working in the field. We would like to draw from our talented Timberlane community! If you are interested in volunteering an hour of you time in the morning to speak to students, please contact the guidance department at  $382-7131 \times 4920$ .

#### LEADERSHIP ADVISORY AT WORK

8th grade Leadership Advisory students have been visiting 6th grade advisories to lead discussions and activities around our core values of respect, responsibilities and right choices and also in making the transition to middle school. Thanks 8th grade leaders!!!



#### Grade 7 News

The 7 Cardinals have taken flight and are off to a great start. We have created maps and travel brochures of Europe, worked with rational numbers and proportional reasoning, improved our convention skills and summary writing, learned to think like scientists, practiced lab safety and have observed protists.

Over the past month we have come to know our teammates better. We attended our first team activity adorning the school with scarecrows and decorated pumpkins. Isabelle Alexander and Sydney Cochrane won our team t-shirt design contest. Isabelle designed the cardinal logo while Sydney created our new slogan - "No One Flies Alone"! Students have received their shirts and will wear them for Team Pride Days which will be announced.

#### **PTSA NEWS**

A big thank you to all the volunteers that helped make the 6th grade Halloween Party a success. From those who helped with flyers to food to setup and chaperones at the party, each one of you made a difference. Special thanks to Mike Harnois, though he doesn't have a sixth grader, continued to organize and run the haunted house. It looked as though everyone was having fun.

We continue our PTSA membership drive. For \$10 per family you can be a member of a nationwide organization focused on improving our child's educational experience. If you are interested in joining, membership forms can be found on most of the homework now sites or you can get one from the main office.

The PTSA will have apparel available on November 19th, student led conference night in the cafeteria. These sweatshirts and such make for great Christmas gifts

#### SCHOOL BUS SAFETY WEEK!

#### Recommended notice:

The universal signal for students crossing in front of the school bus at a bus stop is "thumbs up". Whenever crossing the road, whether to board the bus or after unloading, children should wait for bus to stop, red lights and stop sign on, and then look at driver for the "thumbs up" signal before crossing. This indicates to students it is safe to cross the road.

How can parents do their part? Parents play an important role in reinforcing safe school bus procedures. Parents should assist their children in understanding the "thumbs up" rule. While a child is waiting to cross with a parent, parent should also wait for the bus and follow procedure of the safe crossing signal from the driver, just as the child is required to do if the parent was not present. Parents are modeling the safe bus stop procedure which will then become a powerful safety lesson for their child.

# Grade 6 News

Our sixth grade students have had a wonderful start to the school year. Within days, they adjusted to their teams, made new friends and became accustomed to the location of their classes. Camp Lincoln was an integral part of their educational experience. Students established new friendships, challenged themselves to overcome obstacles through the high ropes course and the climbing wall and learned about team building, a philosophy that supports the values of our Middle School. Although weather was sometimes a factor, most teams were able to have parents attend the cookout on the second day. Both students and parents enjoyed the time together, with pupils giving tours of the camp to their families. We are thrilled that your child is at TRMS and look forward to a productive year.

#### Student Senate Fundraiser







TRMS Students raised over \$425 to donate to the American Cancer Society