



Timberlane Regional Middle School

PRINCIPAL'S NEWSLETTER

OCTOBER 2013

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Dear Parents,

Creating a school culture that encourages students to live by our core values of Respect, Responsibility and Right Choices, is a primary goal of our school community. Successful implementation of an advisory program, coupled with solid teaming practices help make TRMS a positive place to learn and grow. Young adolescence is a developmental time with an immense degree of physical and emotional turbulence. By addressing the social-emotional needs of this age, we believe in sustaining a culture that empowers students to become confident and successful learners.

We look forward to a great year getting to know your child. Always feel free to contact our teaching staff or administration if you we can be of assistance. I am proud to be the principal of TRMS where we care for each student and strive to help them reach their potential.

Michael Hogan—Principal



TRMS Welcomes New Teachers!

Pictured above: John Sheppela (Back left), James Paiva (Back right),
Front left to right:
Racheal Dowhan, Margaret Mansfield,
Amy Cummings and Amy Gervino

IMPORTANT DATES

10/8, 9, 10, 16	-	NECAP Testing
10/10	-	Joint School Board & Budget Committee Meeting, 7 PM
10/14	-	NO SCHOOL – Columbus Day
10/17	-	7:30 pm School Board Meeting
10/21	-	PTSA Meeting Cafe 6:00 PM
10/23	-	7:45-10:00 am Student picture Re-Takes
10/24 & 10/31	-	7:00 pm Budget Committee Meeting

PTSA NEWS & EVENTS

The PTSA is gearing up for the 6th grade Halloween Party set for October 25th. We still can use volunteers for all aspects of the party. If you are interested in helping, please email Carolyn Longchamp at cclchamp@aol.com.

We are also in the midst of our membership drive, for \$10 per family you can be part of a nationwide organization focused on improving our children's educational experience. Membership applications can be found on the homework now websites and in the school office.

TRMS TEAM 8C HALLOWEEN 5K !!!!

DATE; Saturday, November 2, 2013 @ 10:00
Race Day Check In: 9:00 @ TRHS Track
Proceeds Go To: TRMS Team 8C Field Trip Funds
Entry Fee: \$12.00 (or \$9.00 for costumed runners!)
Incentives: Fantastic prizes will be awarded to participants
And top finishers
Souvenir T-Shirts: \$10.00 (while they last)
Registration forms are online or at TRMS!

Bullying Prevention: A message from high school students

Meg Guanci and Jim Kelly's American Studies students visited seven different middle school advisories to speak about bullying prevention. The high school students displayed their public service announcements to the 8th grade students. This presentation was done in conjunction with the reading of Jodi Picoult's novel *19 Minutes*. The high school students did an exceptional job of presenting and modeling appropriate and effective ways to address bullying. It was wonderful to watch the TRHS students acting as role models for the younger students in our community. We hope to continue the collaboration among the district schools.



COUNSELOR'S CORNER

CAREER PRESENTERS WANTED

NEW THIS YEAR: The guidance department is looking to host a series of career breakfasts for students in grades six through eight. These once a month breakfasts will expose interested students to a career they wish to learn more about. Our TRMS parent community has a wealth of talent and we are seeking parents who can volunteer about an hour in the morning to educate students about their career field. Please contact the guidance department at 382-7131 ext. 4920 for more details if you are interested in volunteering your time and expertise. Thank you and we look forward to hearing from you!

FALL NECAP Testing

The season of NECAP testing is upon us. TRMS will be testing students in the areas of math, reading and writing (grade 8 only) on the following dates: **October 8th, 9th, 10th and October 16th** (grade 8 writing). These tests are of great importance as they provide valuable data to assist in the instruction of our students. We ask that you do your best to schedule trips and appointments around testing times. Here are a few things you can help your child do in order to be better prepared: get a good night's rest, eat a healthy protein-filled breakfast, wear comfortable clothing, and arrive to school on time. Thank you for supporting your child and our school.

HINTS FROM HEALTH OFFICE

WHEN SHOULD STUDENTS STAY HOME FROM SCHOOL?

- For a temperature above 100 degrees Fahrenheit
- Student must be fever-free without fever-reducing medication (such as Tylenol or Motrin) for at least 24 hours before returning to school.
- Vomiting and/or diarrhea. Student may return to school 24 hours after last episode
- Uncontrollable, infectious cough
- Suspected communicable disease (i.e. chicken pox)
- Infection of the eyes (i.e. conjunctivitis), nose, throat (i.e. strep throat)...student must be on antibiotics for 24 hours before they may return to school.
- A rash of unknown origin – student may return to school when written authorization is received from the health care provider
- Students must stay home for the first 24 hours on antibiotic therapy

****It's cold and flu season again. It is strongly recommended that all children over the age of 6 months get a flu shot. Please contact the student's doctor to schedule a flu shot soon.**

Flu Symptoms	Cold Symptoms
Sudden Onset High Fever Severe Exhaustion Dry Cough Headache Decreased Appetite Muscle Aches Chills Usually no sore throat	Slow Onset No (or mild) Fever Mild Exhaustion Severe or Hacking Cough Usually no headache Normal Appetite Usually no muscle aches Usually no chills Sore Throat

Grade 8 News

Team Mosaic's Amazing Race

On Friday August 30th, team Mosaic gathered out in the back fields for their annual Amazing Race. This race signifies the beginning of the year; a team built on collaboration and hard work. It was truly a team bonding experience! The student's problem solving skills and competitiveness were shown as they traveled in 5 different teams to different parts of the world where they were met with a challenge to complete at each stop. The students had to work together and take on leadership roles to solve each challenge. Through communication, the understanding of different learning styles, and capitalizing on each other's strengths, the students made it around the world and accomplished their goals! Below are live action shots of the Amazing Race!



Grade 6 News



6th Grade Goes to Camp Lincoln !

6th grade students from the Bears Team enjoy Camp Lincoln.

Grade 7 News

Lots has been happening on Team 7 Dragons since the year began. It's hard to believe we've only been together five weeks! The kids are enthusiastic about learning and doing a great job at stepping up into the world of seventh grade! Do you know what an industrial center is? Perhaps you know the meaning of the root words "ped" and "sub". Maybe you've been dying to understand the concept of integers or how a protist moves! Ask any Dragon they will have the answer! We're also learning to be good citizens by being responsible for the LOST and FOUND, wearing gold ribbons to support pediatric cancer, and helping each other out when needed. It's been a great beginning!



Students begin their middle school experience learning about the value of team work and persistence as they are challenged to do a variety of outdoor activities.

