



November News - Sandown Central School

Hello Sandown Central Families:

The staff and students have settled into a nice routine at school. It's been a lot of fun getting back to a more "normal" school year. In October, the Pre-K and Kindergarten classes took a walking field trip to the Sandown Fire Station. While there they learned how to stay safe in a fire and about establishing a meeting location at home - just in case it is ever needed. I hope this is something every family has discussed. We also held the first Halloween parade since Halloween of 2019. It was so much fun! Here is the link to the video of the parade <https://vimeo.com/765865490>. Thank you to Dean Zanello for filming it for us! Our staff enjoyed meeting you for virtual parent/teach conferences. November is shaping up to be a very busy month, and we hope you find the information contained in this newsletter helpful and informative.

We will be starting a Healthy Snack Challenge this month (Please see the attached information sheet). Starting the first Wednesday of November, Kindergarten and Pre-k students will begin a Healthy Snack Challenge. Every Wednesday, classroom teachers will tally the number of healthy snacks and the classroom with the healthiest snacks for the month will win a prize! Each month has been assigned a snack color:

November - Orange February - Red

December - Green March - Blue

January - Yellow April - Purple May - Orange

Safety Reminders: The safety of our students and staff is extremely important. We practice drills monthly to teach children how to respond to situations. For example, in September and October, we focus on fire drills and practice several of them the first few weeks of school. In November, we will practice a drill called Reverse Evacuation. This drill is used primarily if there is an animal on the playground when children are on the equipment and we need to get inside the building quickly.



We've also noticed a few items that we'd like to bring to your attention regarding safety during arrival and dismissal. We would appreciate your kind attention to the items below:

1. Please pack all items your child will need for the day in their backpack before coming to school. Students are carrying a lot of loose things coming off the bus, which makes it difficult to unload and enter the building.
2. The road coming up the hill to enter the car pick-up/drop is considered a driveway by the town. There is no formal speed limit, but we are asking that you please use caution and slow down when entering the school yard.
3. All car and van doors must be closed prior to pulling out of the car line.
4. **We load 4 rows of cars at a time. The first cars to arrive should pull up to the cones/stop sign** and other cars should fill in as close to the car in front as possible, still maintaining a safe distance between vehicles. Please inform other adults who might be picking up your child.
5. When pulling out of the yard, please stop if you see a bus with flashing lights. It is against the law for a car to pass a bus when lights are flashing.
6. Please remember to use your car's Bluetooth option in accordance with New Hampshire's Hand's Free Law.

Important November Dates to Remember:

- 11/11 – Veteran's Day, No School
- 11/14 – PTA Wreath Orders Due
- 11/16 and 11/17 – Dental Cleanings
- 11/23-11/27 – Thanksgiving Holiday, No School
- 11/29 and 11/30 – Vision and Hearing Screenings

As always, if you have any questions regarding the newsletter, please reach out to me at school. I hope you all have a safe and enjoyable Thanksgiving holiday.

Patrice Liff, Principal

Attention Sandown Central Families!



Next month we will be starting our **Healthy Snack Challenge**.

Every Wednesday we encourage each pre-k and kindergarten student to bring a healthy snack to school according to the color of the month.

Each classroom teacher will tally the number of healthy snacks and the classroom with the most healthy snacks for the month will win a prize.

November will be orange healthy snack month. Some ideas for orange snacks include oranges, peaches, nectarines, mangos, dried apricots, baby carrots, and orange bell peppers.

Healthy snacks are part of a well-balanced and nutritious diet for children. Help your child learn to choose, prepare, and say “yes” to healthy snacks every day. Healthy snacks grow healthy kids!

Color snack for each month:

November – Orange February – Red

December – Green March – Blue

January - Yellow April – Purple

May - Orange