



# Sandown Central School May/June Newsletter

## A MESSAGE FROM THE PRINCIPAL

Welcome back from Spring Vacation!

Hopefully the weather will start to cooperate, and the students will be able to play outside consistently. A reminder from Nurse Megan regarding outside play attire:

- As the warmer weather approaches, we would like to remind families of expectations for proper school attire. Shoes should be firmly attached to the foot (no flip flops, no backless shoes), sneakers are best for the playground.
- Please apply sunscreen to your child prior to school for sun protection during recess on sunny days.

Nurse Megan would also like to remind you that the healthy snack challenge wraps up this month with the color orange. Please provide your child with a healthy orange snack every Wednesday for the month of May. Dianne Powers from the Children's Dental Network will be returning for follow-ups on 5/16 and 5/17 for students who receive care through the dental program. The Sandown Lion's Club will also be performing vision screenings on all students on 5/24 and 5/25. If you would like to opt your child out of this routine screening, please contact Nurse Megan at [megan.adams@timberlane.net](mailto:megan.adams@timberlane.net).

On Friday May 12, Frankie Campagnone will be the Principal for the Day! Frankie won this opportunity by selling the most calendars for the PTA fundraiser. She has some fun activities planned for her friends!

Thank you to Mrs. Michele Parker for organizing this year's Scholastic Book Fair. Attached is a letter from Mrs. Parker thanking all of you for supporting this great event! Tessa Schenk won the Bluey cardboard cutout! Tessa is a fabulous kindergarten reader who promises to read to Bluey every night at home.



Kindergarten students will be participating in a variety of end of the year assessments between now and June. They will take the iReady end of the year assessment in math and reading, as well as reading benchmark assessments. Please know that these assessments are given across the weeks and in a developmentally appropriate manner. This allows our assessment team and classroom teachers to obtain the best possible data without tiring the students. If you have any questions, please reach out to your child's classroom teacher.

For those of you who pick your child up at the end of the day, the students do go outside when the weather allows and they are often playing on the playground until 2:50. If you don't see anyone on the structures, and it is past 2:50, it is safe to pull all the way forward, however, if students are still outside, kindly wait by the first cone.

Staff Appreciation Week is May 8-12. The PTA is once again going above and beyond and spoiling our well-deserving staff! Here is what staff will be receiving! Your yearlong support of the PTA makes this and all of their events possible! Thank you for supporting our Sandown PTA.

Monday, May 8 - Ice Cream Sundaes

Tuesday, May 9 - Seed Bar

Wednesday, May 10 - Lunch from Wrap City

Thursday, May 11 - Coffee and Snacks

Friday, May 12 - Gift Cards

## May is Better Hearing and Speech Month!

Thank you to Ally Simon and Heather Bartlett for providing this great information for the newsletter. Activities to support speech development are attached separately. Here is a little bit about our two amazing speech/language pathologists!

May is Better Hearing and Speech Month! The theme for 2023 is "Building a Strong Foundation!" Read on to get to know our Sandown Central speech-language pathologists (SLPs)--maybe you will find a connection! Also, see the attached handout with ideas on how to support your child's language development using popular toys.



Ally Simon has worked in the Timberlane district since 2014. She grew up on the south shore and then moved to Boston where she earned degrees in linguistics and speech-language pathology. Ally lives with her husband and a very loud rescue cat, Curry. In her free time, Ally loves traveling, spending time outdoors, baking treats, and reading mystery novels.



Heather Bartlett has been working in the field of speech language pathology since 2000 and has worked for the Timberlane district since 2013. She received both her Bachelor's and Master's Degrees in Communication Sciences and Disorders from UNH. She enjoys birdwatching, photography, and spending time with her husband and three teenage boys. Her home is ruled by three cats and a very talkative parrot.

Here are the speech activities for support:



May 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Communication is the exchange of information. How many way of communication can you think of?	2 <b>TACO TUESDAY</b> Describe a taco. Make sure you use at least 3 descriptive words.	3 If you go to speech class. What are your speech and language goals?	4 Say this sentence using a happy tone of voice. "I love beans."	5 <b>FUNNY FRIDAY!</b> How many times can you say this tongue twister? "Fresh Fried Fish"	6 What can you do to be a good listener? Today is a great day to practice ☺
7 Pick a flower for mom. Tell three things about the flower.	8 Make up a sentence using these words. <b>FLOWER MOM GARDEN</b>	9 Say this sentence using a bored tone of voice. "I love beans."	10 Make up a story using these elements. <b>DOG PARK MAGIC BONE</b>	11 How many things can you find today that begin with the /s/ sound?	12 <b>FUNNY FRIDAY!</b> How many times can you say this tongue twister? "Skunk Stump"	13 Take a walk outside. Listen to the birds. What else can you hear?
14 Try to communicate for 5 minutes today without using words.	15 What doesn't belong and why? apple carrot banana	16 Talk to a friend? Ask them questions using the "5 W's" (who, what, when, where, why)	17 Describe your favorite superhero, villain or princess. Have someone guess who it is?	18 Give a friend a compliment today.	19 <b>FUNNY FRIDAY!</b> How many times can you say this tongue twister? "Ed had edited it"	20 Open a window and close your eyes. What sounds do you hear?
21 Use your voice in a healthy way today. That means no yelling.	22 Say this sentence using a sad (24th)/scared (31 <sup>st</sup> ) tone of voice. "I love beans."	23 How many things can you find today that begin with the /r/ sound?	24 <b>Act it out!</b> <ul style="list-style-type: none"> <li>• Bored</li> <li>• Angry</li> <li>• Sad</li> </ul>	25 Noise exposure can hurt your ears. Make sure your music isn't too loud (today and everyday).	26 <b>FUNNY FRIDAY!</b> How many times can you say this tongue twister? "green glass globes"	27 Play your favorite game. Can you describe the rules of the game?
28 Drink plenty of water today and everyday. It's good for your voice.	29 Say this sentence using an angry tone of voice. "I love beans."	30 <b>Act it out!</b> <ul style="list-style-type: none"> <li>• Nervous</li> <li>• Happy</li> <li>• Tired</li> </ul>	31 Why is communication important to you?			

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## End of the School Year Celebrations:

We have some fun end of the year activities scheduled!

Saturday, May 20: The Sandown PTA is sponsoring the Tropical Luau Dance Party at Sandown North School. Students in grades PreK-Second grade will attend from 2:00-3:30 and Third - Fifth grade will attend from 4:00 - 6:00. Tickets must be purchased in advance and parents are required to accompany all students.

Friday, June 2: The Sandown PTA Family Fun Night is from 5:00-7:00 at Sandown Central School.

Tuesday, June 6: Kindergarten Move Up Day to Sandown North. Kindergarten parents, you will receive additional information closer to the date.

Wednesday, June 14 - Steve Blunt will perform for our students and staff at 9:30am and 1:00pm. Parents are welcome to bring their Tuesday/Thursday students to one of the performances but are required to stay with their student for the performance.

## The Last Day for Students:

The last day for Students is Thursday, June 15. This will be an early release day with Full Day Kindergarten students releasing at noon. Students attending preschool on Wednesday and Friday, your last day is Wednesday, June 14.

It has been my pleasure serving as the Principal of TLC at Sandown Central School. Have a delightful May and a wonderful summer.

*Patrice L. Liff, Principal*



Dear Parents and Families,

I'm sending my sincere gratitude for making our Book Fair an outstanding success!

Thanks to your contributions, we sold over 600 books at our fair. We raised just over \$2000 for our school, which we'll use to get books into the hands of our readers and onto our classroom and school library shelves. We also collected about \$100 for All for Books™, a program turning Book Fair donations into books for children in our school who cannot afford them.

My reward for hosting a Book Fair is watching our Timberlane Learning Center readers discover new books. All that joy wouldn't be possible without volunteers from our school community. A special thank you goes out to our Family Shopping Night volunteers: Heather Sweet, Christina Temple, Amy Difeo and Laney Parker!

I hope to see you and your child at our next Book Fair. Until then, happy reading!

Gratefully,

Michele Parker  
Book Fair Chairperson  
TLC at Sandown Central

