

**TIMBERLANE REGIONAL SCHOOL DISTRICT
PHYSICIAN'S GUIDELINES FOR SCHOOL NURSES
2022-2023 School Year**

1. For local reaction to stinging insect involving redness and pain, apply ice and observe child. Benadryl Elixir or Chewable Tabs (under 90 lbs.-12.5 mg - 25 mg po; over 90 lbs-25 mg - 50 mg po) may be given for a progression of local symptoms.
2. For acute severe allergic anaphylactic types of reactions give:
 - a. Benadryl (liquid)
Under 90 lbs. - 12.5 mg - 25 mg po
Over 90 lbs. - 25 mg - 50 mg po
 - b. Epipen Jr. under 66 lbs. - 0.15 mg I.M.
 - c. Epipen over 66 lbs. - 0.3 mg I.M.
 - d. Notify parents and transport to nearest hospital immediately via rescue.
3. May administer oxygen as needed.
4. In the event of any suspected poisoning, call NH Poison Center 1-800-222-1222. Notify parents and transport to nearest hospital via rescue if necessary.
5. Sterile normal saline can be used for the cleansing of severe burns. Apply a saline soak as appropriate. Refer parent to physician as necessary.
6. Burn gel or equivalent may be used for minor burns if applicable.
7. Hydrocortisone acetate 1% cream, Calamine Lotion, Rhulijel or Aveeno Lotion may be used for rashes.
8. Eye wash may be used for eye irrigation.
9. Normal saline eye drops may be used for minor eye irritation.
10. Oragel may be used for temporary relief of oral discomfort.
11. An approved antimicrobial soap may be used for skin cleansing, if the child is not allergic, in the event of an abrasion, laceration, or puncture wound.
12. Antibiotic ointment may be applied to abrasions after cleaning, provided the child has no allergy.
13. Anti-itch wipes, cream or ointment may be used, as appropriate, for insect bites.
14. Cough drops, Cepacol lozenges, may be given for relief of sore throat or cough.
15. Antacid (such as Mylanta or Tums Chewable) may be given for minor stomachache as appropriate.
16. Over the counter products may be used as appropriate for cold sores/canker sores.
17. Four low dose (81 mg) chewable Aspirin may be used for adult cardiac emergencies provided the staff member has no allergy.

Administering Acetaminophen to Students

Objective: The Registered Nurse will be able to administer acetaminophen/ibuprofen utilizing nursing judgment and as per the following Physician Guidelines.

- Acetaminophen and Ibuprofen may be provided by the school but shall only be given by the school nurse after written permission is obtained.
- Each parent/guardian shall have the opportunity to give such permission at the time of enrollment each year.
- Indicators to administer Acetaminophen/Ibuprofen are: fever over 102po, headaches, orthopedic injuries, dental discomfort, earaches, or dysmenorrheal.
- Parent should be called if appropriate.
- Dosage determined according to age/weight recommendations on product label.

Signature

7/17/2022

Date

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