



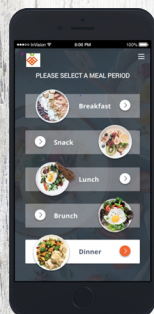
Welcome to our Breakfast Cafe

Timberlane Atkinson Academy Elementary

**January
2022**

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fluffy Whole Grain Waffles 100% Fruit Punch Juice Fresh Apple Mixed Fruit	4 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	5 Mini Cinnamon Rolls Mixed Fruit 100% Orange Juice Blend	6 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	7 WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
10 Fluffy Whole Grain Waffles 100% Fruit Punch Juice Fresh Apple Mixed Fruit	11 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	12 Mini Cinnamon Rolls Mixed Fruit 100% Orange Juice Blend	13 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	14 WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
17 MARTIN LUTHER KING JR. DAY	18 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	19 Mini Cinnamon Rolls Mixed Fruit 100% Orange Juice Blend	20 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	21 WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
24 Fluffy Whole Grain Waffles Mixed Fruit Fresh Apple 100% Orange Juice Blend	25 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	26 Professional Development Day No School	27 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	28 WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
31 Fluffy Whole Grain Waffles Mixed Fruit Fresh Apple 100% Orange Juice Blend	<div data-bbox="347 1440 1135 1589" data-label="Text"> <h2>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</h2> </div> <div data-bbox="1161 1402 1518 1661" data-label="Image"> </div>			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Breakfast Prices

Regular: Free

Reduced: \$0

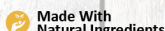
Breakfast is served in the cafe

Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Cereals with Crackers

All served with choice of fat free or low fat milk, assorted juices and fresh fruits



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.