



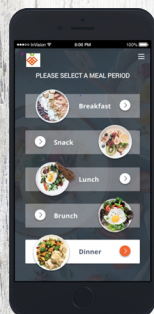
# Welcome to our Breakfast Cafe

## Timberlane Atkinson Academy Elementary

November 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Fluffy Whole Grain Waffles 100% Fruit Punch Juice Fresh Apple Mixed Fruit	2 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	3 Whole Grain French Toast Slices Mixed Fruit 100% Orange Juice Blend	4 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	5 Or WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
8 Fluffy Whole Grain Waffles 100% Fruit Punch Juice Fresh Apple Mixed Fruit	9 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	10 Whole Grain French Toast Slices Mixed Fruit 100% Orange Juice Blend	11 No School Veterans Day	12 Or WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
15 Fluffy Whole Grain Waffles 100% Fruit Punch Juice Fresh Apple Mixed Fruit	16 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	17 Whole Grain French Toast Slices Mixed Fruit 100% Orange Juice Blend	18 Sausage and Egg Sandwich Mixed Fruit 100% Orange Juice Blend	19 Or WW Breakfast Bun Mixed Fruit 100% Apple Grape Juice
22 Fluffy Whole Grain Waffles Mixed Fruit Fresh Apple 100% Orange Juice Blend	23 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice	24 Thanksgiving Break	25	26 Happy Thanksgiving!
29 Fluffy Whole Grain Waffles Mixed Fruit Fresh Apple 100% Orange Juice Blend	30 Homemade Muffins Mixed Fruit 100% Fruit Punch Juice			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



#### Breakfast Prices

Regular: Free

Reduced: \$0

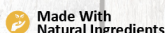
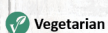
Breakfast is served in the cafe

#### Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Cereals with Crackers

All served with choice of fat free or low fat milk, assorted juices and fresh fruits



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.