





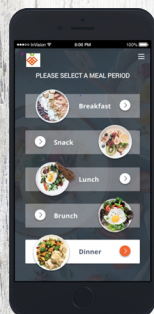
Welcome to our Breakfast Cafe

Timberlane High School

**November
2021**

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year.
Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	2 Whole Grain Waffles with Sausage Mixed Fruit 100% Orange Juice Blend	3 Sausage, Egg & Cheese Burrito* 🌱	4 Ham and Egg Sandwich P Mixed Fruit 100% Orange Juice Blend	5 Sausage, Egg and Cheese Sandwich Crispy Potato Puffs Mixed Fruit 100% Orange Juice Blend
8 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	9 Avocado Toast 🌱 🌱	10 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	11 	12 Sausage, Egg and Cheese Sandwich Crispy Potato Puffs Mixed Fruit 100% Orange Juice Blend
15 Bacon, Egg and Cheese Breakfast Sandwich Mixed Fruit 100% Orange Juice Blend	16 Whole Grain Waffles with Sausage Mixed Fruit 100% Orange Juice Blend	17 Sausage, Egg & Cheese Burrito* 🌱	18 Whole Grain French Toast Slices 🌱 Mixed Fruit 100% Orange Juice Blend	19 Ham, Egg and Cheese Sandwich P Crispy Potato Puffs Mixed Fruit 100% Orange Juice Blend
22 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	23 Whole Grain Waffles with Sausage Mixed Fruit 100% Orange Juice Blend	24 Thanksgiving Break	25 	26 Happy Thanksgiving
29 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	30 Whole Grain Waffles with Sausage Mixed Fruit 100% Orange Juice Blend			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.
Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Breakfast Prices

Regular: \$Free

Reduced: \$0.00

Breakfast is served in the cafe between the hours of 7:00 and 7:20

Available Daily

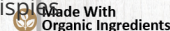
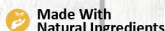
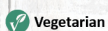
Whole grain bagels w/ butter or low fat cream cheese

Assorted Yogurt

Assorted Muffins: blueberry, chocolate chip or corn

Assorted Cereals: Cinnamon Toast Crunch, Honey

Nut Cheerios, Rice Krispies



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies