

Timberlane High School

Welcome to our
Lunch Cafe

11/1/2021 - 11/5/2021

Monday

Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce
Crispy Potato Puffs
Green Beans

Tuesday

General Tso's Chicken
crispy chicken with broccoli in General Tso's sauce
Brown Rice
Steamed Broccoli

Wednesday

Whole Grain Waffles with Sausage
light and crispy waffles served with a sausage patty
Crispy Potato Puffs
Sautéed Cinnamon Apple Slices

Thursday

Grilled Cheese Bar
Sweet Potato Fries
Spiced Roasted Green Beans w/ Parmesan

Friday

Homemade Chicken & Broccoli Alfredo
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta
Homemade Garlic Bread



BBQ Chicken Pizza
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Margherita Pizza
freshly prepared dough lightly brushed with garlic and oil, topped with tomato sauce, mozzarella cheese, fresh tomatoes and basil

Hawaiian Pizza
ham and pineapple chunks over a cheese pizza slice

Hand Crafted Three Cheese Pizza
fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Sweet Corn
Brown Rice

Mexican Salad
salad with beans, corn, sour cream, and salsa
Sweet Corn

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Brown Rice
Sweet Corn

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Sweet Corn
Brown Rice

Mexican Salad
salad with beans, corn, sour cream, and salsa
Brown Rice
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Ruby's Chicken Cordon Bleu
handcrafted sandwich with moist chicken breast, thinly sliced ham, cheese, and crisp lettuce between a soft bun

Sausage Onions & Peppers Sandwich
Italian sausage sandwich topped with sauteed onions and peppers
Sweet Potato Fries

Philly Cheese Steak
thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house

Chicken Parmesan Sandwich
warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Roast Beef Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Teriyaki Chicken

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Garden Salad with Cheese Entree
fresh garden salad topped with cheese

Classic Greek Salad
romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions

Garden Salad with Chicken Salad
chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes

Spinach Salad
spinach topped with crumbled bacon, mushrooms, and red onion

Buffalo Chicken Salad with Dinner Rolls
spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad
Fresh Melon Cup

Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad
Kiwi

Fresh Apple Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Orange Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

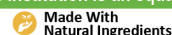
Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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Timberlane High School

Welcome to our
Lunch Cafe

11/8/2021 - 11/12/2021

Monday

Pasta, Pasta, Pasta
pasta with the sauce of
your choice: Alfredo,
marinara or bolognese
Roasted Squash
Homemade Garlic
Bread

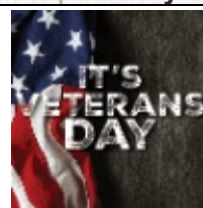
Tuesday

Meatloaf with Gravy
savory beef meatloaf with
a hearty brown gravy 🍴
Fluffy Mashed
Potatoes
Green Beans

Wednesday

Pacific Rim Chicken
baked chicken in a sweet
and sour sauce
Brown Rice
Vegetable Egg Roll

Thursday



Friday

Chicken with Gravy
roasted chicken covered
with gravy
Fluffy Mashed
Potatoes
Green Beans

Garlic Cheese Biscuit

Monday

Hawaiian Pizza
ham and pineapple
chunks over a cheese
pizza slice P 🍴

Hand Crafted Three
Cheese Pizza
fresh dough layered with
sauce, topped with
ricotta, mozzarella, and
Parmesan cheeses 🍴

Chicken
Alfredo
Pizza

Buffalo Mac &
Cheese
Pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough

Monday

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Brown Rice
Sweet Corn

Mexican Salad
salad with beans, corn,
sour cream, and salsa
🍴 🍴
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Sweet Corn

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,

Monday

Sausage Onions &
Peppers Sandwich
Italian sausage sandwich
topped with sauteed
onions and peppers P

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

BBQ Chicken
Sandwich
warm baked chicken
smothered in BBQ sauce
on a bun and prepared in-
house
Sweet Potato Fries

Chicken Club
Sandwich
hand crafted sandwich
with grilled chicken,
crispy bacon, lettuce and
juicy tomatoes 🍴
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches

Monday

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🍴

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and

Monday

Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls 🍴

Simply Boxed Yogurt
Power Pack
freshly made meal with
yogurt, diced cheese,
granola and dried fruit 🍴

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes 🍴

Simply Boxed Belgian
Waffle Bites
freshly prepared grab and
go meal featuring creamy
yogurt, whole grain
Belgian waffle bites,
sunflower protein and

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll

Monday

Fresh Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for students ages 18 and under. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, and 100% fat free or flavored milk & a grain. ****Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.



Timberlane High School

Welcome to our
Lunch Cafe

11/15/2021 - 11/19/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Herb Roasted Chicken
Fluffy Mashed Potatoes
Baked Beans

Garlic Cheese Biscuit

Roasted Turkey with Gravy
oven roasted turkey breast smothered with gravy
Fluffy Mashed Potatoes
Steamed Broccoli
Cranberry Sauce

Homemade Shepherd's Pie
seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy
Steamed Peas

Homemade Pasta & Meatballs
freshly baked meatballs with tomato sauce over pasta
Homemade Garlic Bread
Green Beans

Chicken and Waffles
crispy chicken placed on top of fluffy waffles
Crispy Potato Puffs
Sauteed Cinnamon Apple Slices



Meatball Pizza
cheese pizza topped with sliced meatball

Taco Pizza

BBQ Chicken Pizza
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion

Pepper & Onion Pizza
freshly made pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions

Chicken Bacon, Ranch Pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Cheese Quesadilla
freshly grilled flour tortilla with melted cheese
Sweet Corn
Brown Rice

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Brown Rice
Sweet Corn

Mission Burrito
authentic fiesta style meat topped with sour cream, beans, seasoned rice, shredded cheese and crisp lettuce inside a soft tortilla shell

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Brown Rice
Sweet Corn

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Sweet Corn
Brown Rice

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Grilled Chicken Teriyaki Sandwich
grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house

Chicken Club Sandwich
hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes
Sweet Potato Fries

Bacon Cheeseburger
burger topped with cheese and bacon on a freshly toasted bun
Sweet Potato Fries

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Double Bacon Burger
two juicy all beef patties topped with crisp bacon, cheese, on a soft bun
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Teriyaki Chicken

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Simply Boxed Belgian Waffle Bites
freshly prepared grab and go meal featuring creamy yogurt, whole grain Belgian waffle bites, sunflower protein and

Antipasto Salad with Dinner Rolls
salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad

Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls

Cobb Salad
fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg

Classic Chef Salad
fresh lettuce topped with sliced deli meats and cheeses

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange
Fresh Melon Cup
Garden Salad
Sliced Peaches
Potato Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Granny Smith Apple
Mixed Fruit
Fresh Melon Cup
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Applesauce
Kiwi
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Orange
Mixed Fruit
Fresh Melon Cup
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

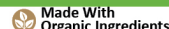
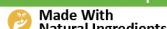
Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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Timberlane High School

Welcome to our
Lunch Cafe

11/22/2021 - 11/26/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken with Gravy
roasted chicken covered
with gravy
Fluffy Mashed
Potatoes
Steamed Carrots
Dinner Rolls

Homemade Pasta &
Meatballs
freshly baked meatballs
with tomato sauce over
pasta 🍝
Homemade Garlic
Bread
Green Beans

THANKSGIVING
BREAK



HAPPY
THANKSGIVING!



Spinach & Chicken
Pizza

Hand Crafted Three
Cheese Pizza
fresh dough layered with
sauce, topped with
ricotta, mozzarella, and
Parmesan cheeses 🍕

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



Mexican Salad
salad with beans, corn,
sour cream, and salsa

🌮
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Brown Rice
Sweet Corn

Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Buffalo Chicken
Sandwich
warm sandwich prepared
in-house with spicy
marinated chicken breast,
crisp lettuce and sliced
tomato 🍷

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🍷

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Cobb Salad
fresh lettuce topped with
bacon, baked chicken,
shredded cheddar, and
chopped egg 🍳

Simply Boxed Yogurt
Power Pack
freshly made meal with
yogurt, diced cheese,
granola and dried fruit 🍌

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

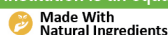
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Timberlane High School

Welcome to our
Lunch Cafe

11/29/2021 - 11/30/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Buffalo Chicken and
Cheese Quesadilla
*fiesta style chicken and
cheddar cheese inside a
grilled folded tortilla
spread with hot sauce*
Brown Rice
Sauteed Corn & Black
Bean Salsa

Turkey & Cheese
Panini
*turkey, cheese, lettuce
and tomato panini grilled
to perfection*
Crispy Potato Puffs



Homemade Meatball
Calzone
*fresh dough lightly
brushed with garlic and
oil sauce made from
scratch, rolled with low
fat seasoned ricotta and*

White Pizza
*freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella cheese,
baked to perfection*

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese*
Brown Rice
Sweet Corn

Crispy Tacos
*homemade spicy taco
meat inside a crispy taco
shell topped with cheese*
Brown Rice
Sweet Corn

Available Daily: Nachos, Crispy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried



Meatball Hero
*freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella*
Sweet Potato Fries

Philly Cheese Steak
*thinly sliced beef topped
with sauteed peppers,
onions and melted
cheese on a lightly
toasted bun prepared in-
house*

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps



Simply Boxed Yogurt
Power Pack
*freshly made meal with
yogurt, diced cheese,
granola and dried fruit*

Cobb Salad
*fresh lettuce topped with
bacon, baked chicken,
shredded cheddar, and
chopped egg*

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
*side salad with tomato
and cucumber*
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
*side salad with tomato
and cucumber*
Homemade Lite Veggie
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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