



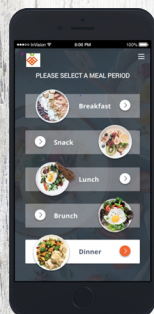
Welcome to our Breakfast Cafe

Timberlane Middle School

November
2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year.
Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Waffles with Sausage Homemade Muffins Mixed Fruit 100% Orange Juice Blend	2 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	3 Whole Grain French Toast Slices Homemade Muffins Mixed Fruit 100% Orange Juice Blend	4 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	5 Whole Grain French Toast Slices Sausage Patty Homemade Muffins Mixed Fruit 100% Orange Juice Blend
8 Whole Grain Waffles with Sausage Homemade Muffins Mixed Fruit 100% Orange Juice Blend	9 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	10 Whole Grain French Toast Slices Sausage Patty Homemade Muffins Mixed Fruit 100% Orange Juice Blend	11 	12 Whole Grain French Toast Slices Sausage Patty Homemade Muffins Mixed Fruit 100% Orange Juice Blend
15 Whole Grain Waffles with Sausage Homemade Muffins Mixed Fruit 100% Orange Juice Blend	16 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	17 Whole Grain French Toast Slices Sausage Patty Homemade Muffins Mixed Fruit 100% Orange Juice Blend	18 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	19 Whole Grain French Toast Slices Sausage Patty Homemade Muffins Mixed Fruit 100% Orange Juice Blend
22 Whole Grain Waffles with Sausage Homemade Muffins Mixed Fruit 100% Orange Juice Blend	23 Homemade Muffins Mixed Fruit 100% Orange Juice Blend	24 Thanksgiving Break	25 	26 Happy Thanksgiving!
29 Whole Grain Waffles with Sausage Homemade Muffins Mixed Fruit 100% Orange Juice Blend	30 Homemade Muffins Mixed Fruit 100% Orange Juice Blend			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.
Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Breakfast Prices

Regular: Free

Reduced: \$.0

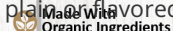
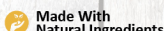
Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Muffins: blueberry, or chocolate chip, Honey Buns

Assorted Cereals with Crackers

All served with choice of fat free plain or flavored milk or low fat plain milk, assorted juices, cupped



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.