



Welcome to our Lunch Cafe

Timberlane Sandown Central Elementary

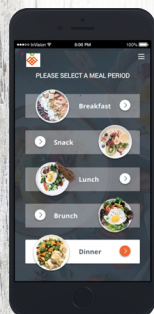
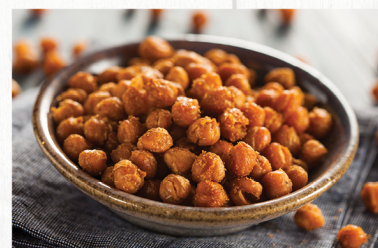
November 2020

The USDA has approved FREE breakfast and lunch for all students in schools on the NSLP/SBP through 12/31/20. Meals are approved to be served for in person and virtual learners. Please inquire with your district office to see if your school is participating

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Pizza 🍕 Or Turkey & Cheese Sandwich Side Salad Mixed Fruit Baby Carrots Fresh Apple	3 Election Day No School	Meal Pick up Wednesday's 8:00am until 11:00am At all 4 Elementary Schools	5 Grilled Cheese Sandwich 🌱 Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fresh Melon Cup Crispy Potato Puffs Diced Pear Cup	6 Cheese Pizza 🍕 Or Cheeseburger Side Salad Baked Beans Mixed Fruit Fresh Apple
9 Grilled Cheese Sandwich 🌱 Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fresh Melon Cup Crispy Potato Puffs Diced Pear Cup	10 Whole Grain French Toast 🌱 With Sausage Patty Or Cheeseburger Baked Beans Side Salad Mixed Fruit Fresh Apple Meal Pick up Tuesday 9:00 - 10:30am At Elem.	11 Veteran's Day No School	12 Nachos Grande Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple	13 Cheese Pizza 🍕 Or Fish Patty Melt Sandwich Baby Carrots Side Salad Ranch Flavored Hummus 🌱🍌🌱 Sliced Peaches
16 Crispy Tacos Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple	17 Meatball Hero 🍌🌱 Or Fish Patty Melt Sandwich Baby Carrots Side Salad Ranch Flavored Hummus 🌱🍌🌱 Sliced Peaches	18	19 Chicken Club Sandwich 🍌 Or Crispy Chicken Sandwich Fresh Apple Garden Salad Sweet Potato Fries Diced Pear Cup	20 Cheese Pizza 🍕 Or Cheeseburger Caesar Salad Cucumber Coins Fresh Apple Sliced Peaches
23 Sausage, Egg and Cheese Sandwich Or Crispy Chicken Sandwich Fresh Apple Garden Salad Sweet Potato Fries Diced Pear Cup	24 Grilled Cheese Sandwich 🌱 Or Cheeseburger Caesar Salad Cucumber Coins Fresh Apple Sliced Peaches	25	26	27
30 Chicken Nugget & Mozzarella Stick Combo 🍌 Or Crispy Chicken Sandwich Caesar Salad Broccoli Florets Baked Beans Applesauce Fresh Banana	Thanksgiving Holiday No School			

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

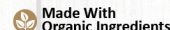
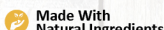


Low Fat Milk .50
100% Juice .50
Help Wanted
Food Service Worker
Contact John Fratiello
fratielloj@whitsons.com

Also Available Daily
Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. All meals include an equal opportunity provider.