



Welcome to our Lunch Cafe

Timberlane Sandown Central Elementary

February 2021

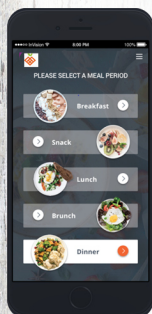
The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Popcorn Chicken With Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Side Garden Salad Fresh Apple	2 Cheese Pizza Or Cheeseburger Baked Beans Mixed Fruit	3 Meal Pick up Wednesday's 8:00am until 11:00am At all 4 Elementary Schools	4 Baked Chicken Breast With Whole Wheat Dinner Roll Or Grilled Cheese Sandwich Fluffy Mashed Potatoes Diced Pear Cup	5 Cheese Pizza Or Chicken Club Sandwich Oven Baked Fries Sliced Peaches
8 Whole Grain French Toast Sausage Patty Or Grilled Cheese Sandwich Fluffy Mashed Potatoes Diced Pear Cup	9 Chicken Nuggets Whole Wheat Dinner Roll Or Chicken Club Sandwich Side Salad Sliced Peaches	10	11 Soft Tacos Or Crispy Chicken Sandwich Mixed Fruit Side Garden Salad	12 Cheese Pizza Or Breakfast Burrito Caesar Salad Fresh Apple David's Chocolate Chip Cookie
15 Nachos Grande Or Crispy Chicken Sandwich Baby Carrots Fresh Apple	16 Cheese Pizza Or Breakfast Burrito Sweet Potato Fries Sliced Peaches David's Chocolate Chip Cookie	17	18 Pasta & Meat Sauce Or Cheeseburger Broccoli Florets Applesauce	19 Cheese Pizza Or Grilled Cheese Sandwich Baked Beans Fresh Apple
22	23	24	25	26

Vacation

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



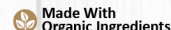
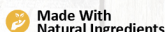
Help Wanted

Food Service Worker
Contact John Fratiello
fratielloj@whitsons.com

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich

All Lunches include:



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.