



Welcome to our Lunch Cafe

Timberlane Sandown Central Elementary

May 2021

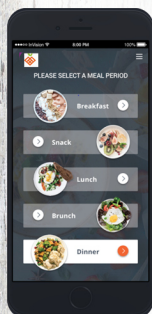
The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets With Whole Wheat Dinner Roll Baby Carrots Fresh Orange Fresh Apple Crispy Potato Puffs	4 Cheeseburger Caesar Salad Fresh Apple Applesauce Green Beans	5 Crispy Tacos 🌮 Caesar Salad Fresh Apple Applesauce Brown Rice Carrot Dippers Full Remote Meal Pick up 9:00 until 10:15 at the 4	6 Crispy Chicken Sandwich Sweet Corn Baked Beans Diced Pear Cup Fresh Orange	7 Cheese Pizza 🍕 🌱 Baby Carrots Side Salad Sliced Peaches Fresh Apple
10 Whole Grain French Toast 🌱 Ham Caesar Salad Crispy Potato Puffs Fresh Apple Diced Pear Cup	11 Pasta & Meat Sauce 🍝 🌱 With Homemade Garlic Bread Side Salad Cucumber Coins Fresh Apple Sliced Peaches	12 Turkey Hot Dog on Bun Sweet Corn Baked Beans Diced Pear Cup Fresh Orange Full Remote Meal Pick up 9:00 until 10:15 at the 4	13 Crispy Chicken Sandwich Mixed Fruit Side Garden Salad Fresh Apple Baked Beans	14 Cheese Pizza 🍕 🌱 Caesar Salad Celery Fresh Apple Sliced Peaches
17 Chicken Nuggets With Whole Wheat Dinner Roll Mixed Fruit Oven Baked Fries Side Garden Salad Fresh Apple	18 Nachos Grande Caesar Salad Sweet Corn Fresh Apple Sliced Peaches	19 Cheeseburger Baked Beans Fresh Apple Caesar Salad Fresh Orange Full Remote Meal Pick up 9:00 until 10:15 at the 4	20 Crispy Chicken Sandwich Side Salad Baby Carrots Strawberry Cup Fresh Orange	21 Cheese Pizza 🍕 🌱 Sliced Peaches Side Salad Broccoli Bites Fresh Apple
24 Grilled Cheese Sandwich 🌱 Potato Puffs Caesar Salad Fresh Apple Applesauce	25 Cheeseburger Caesar Salad Fresh Apple Applesauce Green Beans	26 Meatball Hero 🌮 🌱 Sweet Corn Diced Pear Cup Fresh Orange Caesar Salad Full Remote Meal Pick up 9:00 until 10:15 at the 4 Elem	27 Crispy Chicken Sandwich Sweet Corn Side Salad Fresh Apple Strawberry Cup	28 Cheese Pizza 🍕 🌱 Baby Carrots Side Salad Sliced Peaches Fresh Apple

31
No School

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Low Fat Milk .50
100% Juice .50

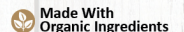
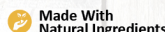
Help Wanted

Food Service Worker
Contact John Fratiello
fratielloj@whitsons.com

Also Available Daily
Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. All meals include an equal opportunity provider.