



# Welcome to our Lunch Cafe

## Timberlane Sandown Central Elementary

June 2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1 Homemade Mac & Cheese  
Baby Carrots  
Side Garden Salad  
Fresh Orange  
Fresh Apple

2 Crispy Tacos  
Brown Rice  
Caesar Salad  
Fresh Apple  
Sliced Peaches

3 Crispy Chicken Sandwich  
Sweet Corn  
Baked Beans  
Diced Pear Cup  
Fresh Orange

4 Cheese Pizza  
Baby Carrots  
Side Salad  
Sliced Peaches  
Fresh Apple

Full Remote Meal Pick up  
9:00 until 10:15 at the 4  
Elem

7 Whole Grain French Toast  
Ham  
Caesar Salad  
Crispy Potato Puffs  
Fresh Apple  
Diced Pear Cup

8 Pasta & Meat Sauce  
With Homemade Garlic Bread  
Side Salad  
Cucumber Coins  
Fresh Apple  
Sliced Peaches

9 Or Bacon Cheeseburger  
Baked Beans  
Fresh Apple  
Caesar Salad  
Fresh Orange

10 Crispy Chicken Sandwich  
Mixed Fruit  
Sweet Corn  
Side Garden Salad  
Fresh Apple

11 Cheese Pizza  
Caesar Salad  
Celery  
Fresh Apple  
Sliced Peaches

Full Remote Meal Pick up  
9:00 until 10:15 at the 4

14 Chicken Nuggets  
With Whole Wheat Dinner Roll  
Steamed Carrots  
Mixed Fruit  
Side Garden Salad  
Fresh Apple

15 Nachos Grande  
Caesar Salad  
Sweet Corn  
Fresh Apple  
Sliced Peaches

16 Turkey Hot Dog on Bun  
Sweet Corn  
Baked Beans  
Diced Pear Cup  
Fresh Orange

17 Crispy Chicken Sandwich  
Side Salad  
Baby Carrots  
Strawberry Cup  
Fresh Orange

18 Early Dismissal  
Breakfast Only  
No Lunch Served

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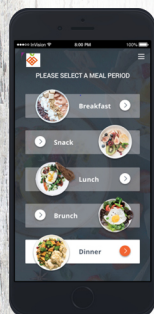
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Enjoy Your Summer Vacation

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We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Low Fat Milk .50  
100% Juice .50

### Help Wanted

Food Service Worker  
Contact John Fratiello  
[fratielloj@whitsons.com](mailto:fratielloj@whitsons.com)

## HARVEST of the MONTH

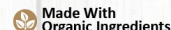
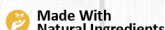
Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

Also Available Daily

Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. All meals are served in an equal opportunity provider.