

# Evaluating Sick Students and Staff Timberlane Regional School District School Nurses

## High Risk Symptoms

fever, new cough, shortness of breath, or difficulty breathing, new loss of taste or smell

## Low Risk Symptoms

headache, muscle and body aches, fatigue, sore throat, runny nose, congestion, nausea, vomiting, diarrhea

Students and Staff members should remain home when sick. Students or staff with ANY risk symptoms should stay home and are advised to seek an evaluation by a health care provider.

## IF STUDENT OR STAFF BECOMES ILL WITH COVID19 SYMPTOMS DURING SCHOOL DAY

### EVALUATION BY SCHOOL NURSE

\*\*Students or staff with ANY risk symptoms will be dismissed and advised to seek an evaluation by a health care provider. \*\*

### Isolating Symptomatic Students and Staff:

- Symptomatic individual **MUST** wear a clean surgical disposable mask provided by the health office if available
- Person will be placed in a single-person room with the door closed (if safe to do so)
- Limited transport and movement of the person will occur
- Dismissal of person via nearest exit of building
- Room will be cleaned and disinfected after person leaves

## EVALUATION BY HEALTH CARE PROVIDER

**PLEASE NOTIFY SCHOOL NURSE with all COVID 19 testing results**

**Negative COVID 19 test and symptoms can be explained**

Return to school after 24 hours with no fever (without the use of fever reducing medications) and symptoms improving

**Positive COVID 19 test or not tested**

Return to school after 24 hours with no fever (without the use of fever reducing medications) and symptoms improving and 10 days since symptoms started

### Identifying Close Contacts for COVID 19 cases

Close contact: Individuals who've been within 6 feet for more than 10 minutes with a positive COVID-19 case during the infectious period. Contact may occur throughout school day including in the school, transportation to and from school, and during extracurricular activities.

### The School will:

- Notify appropriate school administration, family, and staff (without identifying the COVID-19 case)
- Notify Local public health department as needed
- Inform those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and follow CDC guidance if symptoms develop.
- The School will not provide contact tracing- this is done by NH Dept of Public Health

### Students and Staff who are identified as Close Contacts for COVID-19 cases will:

- Stay home until 14 days after last exposure and maintain social distance (at least 6 feet) from others at all time
- Follow CDC guidance for return to school
- Self-monitor for symptoms by checking temperature twice a day, watching for fever, cough, shortness of breath, or other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19
- Follow CDC guidance if symptoms develop

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