# Welcome to our WHITSONS Lunch Cafe

### **Timberlane Atkinson Academy Elementary**



Monday

Tuesday

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

8

Thursday

Roasted Turkey with Gravy Dinner Rolls Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup Cranberry Sauce

Friday

Cheese Pizza 🤗 Or Cheeseburger Fresh Baby Carrots Side Salad Baked Beans Mixed Fruit Fresh Apple

Roasted Turkey with Gravy Dinner Rolls Or Crispy Chicken Sandwich

Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup Cranberry Sauce

Cheese Pizza 🤗

Or Cheeseburger Fresh Baby Carrots Baked Beans Side Salad Mixed Fruit Fresh Apple

Meal Pick up

Wednesdays's

8:00am until 11:00am

At all 4 Elementary Schools

Wednesday

Nachos Grande Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple

Cheese Pizza 🏉 Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad

Sliced Peaches

12

Columbus Day

No School

Cheese Pizza 🤗 Or Fish Patty Melt Sandwich Confetti Garbanzo

Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

Chicken with Gravy Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Fluffy Mashed Potatoes

Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Cheese Pizza 🤗 16 Or Bacon Cheeseburger Caesar Salad

Fresh Baby Carrots Sliced Peaches Fresh Melon Cup

Chicken with Gravy Whole Wheat Dinner Roll Or Crispy Chicken

Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Cheese Pizza 🤗

Bacon Cheeseburger Fresh Baby Carrots Caesar Salad Sliced Peaches Fresh Melon Cup

28

22 Pasta & Meat Sauce 🤗

Or Crispy Chicken Sandwich Caesar Salad Confetti Garbanzo Bean Salad Broccoli Florets **Applesauce** Fresh Banana

Cheese Pizza

Or Tuna Salad Sandwich 6

Fresh Baby Carrots Side Śalad Sliced Peaches Fresh Orange

26 Pasta & Meat Sauce 🤗

Or Crispy Chicken Sandwich Confetti Garbanzo Bean Salad Caesar Salad Broccoli Florets

> Applesauce Fresh Banana

Cheese Pizza 🤗

Or Tuna Salad Sandwich 🤗

Fresh Baby Carrots Side Salad Sliced Peaches Fresh Orange

29 Soft Tacos 69 With Brown Rice Or Crispy Chicken Sandwich Sweet Corn Mixed Fruit

Side Garden Salad Fresh Orange

Cheese Pizza 🌕 Or Turkey & Cheese

Sandwich Fresh Baby Carrots Side Salad Mixed Fruit Fresh Apple



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Lunch Prices: \$2.60 Reduced Lunch .40 Low Fat Milk .50 100% Juice .50

Help Wanted Food Service Worker

Contact John Fratiello fratielloj@whitsons.com Also Available Daily

Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich







\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice pool to the new to the conditions of the c

# Welcome to our WHITSONS Lunch Cafe

### Timberlane Danville Elementary



Monday

Tuesday

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Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

13

Wednesday

Thursday

Roasted Turkey with

Gravy
Dinner Rolls
Or Crispy Chicken
Sandwich
Garden Salad
Fresh Apple
Fluffy Mashed Potatoes
Diced Pear Cup
Cranberry Sauce

Friday

Cheese Pizza & Or Cheeseburger
Fresh Baby Carrots
Side Salad
Baked Beans
Mixed Fruit
Fresh Apple

Roasted Turkey with
Gravy
Dinner Rolls
Or Crispy Chicken
Sandwich
Garden Salad
Fresh Apple
Fluffy Mashed Potatoes
Diced Pear Cup

Cranberry Sauce

Cheese Pizza & Or Cheeseburger
Fresh Baby Carrots
Baked Beans
Side Salad
Mixed Fruit
Fresh Apple

7 Meal Pick up Wednesdays's

8:00am until 11:00am

At all 4 Elementary Schools

Nachos Grande
Or Crispy Chicken
Sandwich
Mixed Fruit
Sweet Corn
Side Garden Salad
Fresh Apple

Cheese Pizza Pisch Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

12

Columbus Day

No School

Cheese Pizza P Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

14

Chicken with Gravy
Whole Wheat Dinner
Roll
Or Crispy Chicken
Sandwich
Fluffy Mashed Potatoes
Fresh Apple
Garden Salad
Diced Pear Cup
Cranberry Sauce

16 Cheese Pizza (\*\*)
Or Bacon Cheeseburger
Caesar Salad
Fresh Baby Carrots
Sliced Peaches
Fresh Melon Cup

19 Chicken with Gravy Whole Wheat Dinner Roll Or Crispy Chicken

Or Crispy Chicken Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce 20 Cheese Pizza 🥱 Or Bacon Cheeseburger

Or Bacon Cheeseburgo Fresh Baby Carrots Caesar Salad Sliced Peaches Fresh Melon Cup 21

28

Or Crispy Chicken Sandwich Caesar Salad Confetti Garbanzo Bean Salad Broccoli Florets Applesauce Fresh Banana

22 Pasta & Meat Sauce 🤗

3 Cheese Pizza Or Tuna Salad

Sandwich [5]
Fresh Baby Carrots
Side Salad
Sliced Peaches
Fresh Orange

26 Pasta & Meat Sauce 🤔

Or Crispy Chicken Sandwich Confetti Garbanzo Bean Salad Caesar Salad Broccoli Florets Applesauce Fresh Banana 27 Cheese Pizza 🤗

Or Tuna Salad
Sandwich 
Fresh Baby Carro

Fresh Baby Carrots
Side Salad
Sliced Peaches
Fresh Orange

29 Soft Tacos With Brown Rice
Or Crispy Chicken
Sandwich
Sweet Corn
Mixed Fruit
Side Garden Salad
Fresh Orange 30 Cheese Pizza & Or Turkey & Cheese Sandwich

Sandwich Fresh Baby Carrots Side Salad Mixed Fruit Fresh Apple



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Help Wanted

Food Service Worker
Contact John Fratiello
fratielloj@whitsons.com

Also Available Daily
Bagel Lunch- Wheat Bagel, String Cheese, Organic
Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich







# Welcome to our WHITSONS Lunch Cafe

### **Timberlane Pollard** Elementary

8



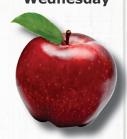
Monday

**Tuesday** 

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13

Wednesday



**Thursday** 

Roasted Turkey with Gravy Dinner Rolls Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup Cranberry Sauce

Friday

Cheese Pizza 🤗 Or Cheeseburger Fresh Baby Carrots Side Salad Baked Beans Mixed Fruit Fresh Apple

Roasted Turkey with 6 Gravy Dinner Rolls Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup

Cranberry Sauce

Cheese Pizza 🤔 Or Cheeseburger Fresh Baby Carrots Baked Beans Side Salad Mixed Fruit Fresh Apple

Meal Pick up Wednesdays's

8:00am until 11:00am

At all 4 Elementary Schools

Nachos Grande Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple

Cheese Pizza 🤗 Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

12

Columbus Day

No School

Cheese Pizza 🤗 Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

14

Chicken with Gravy Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Pasta & Meat Sauce 🙉

Cheese Pizza 🤗 16 Or Bacon Cheeseburger Caesar Salad Fresh Baby Carrots Sliced Peaches Fresh Melon Cup

Chicken with Gravy Whole Wheat Dinner Roll

Or Crispy Chicken Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Cheese Pizza 🤗

Or Bacon Cheeseburger Fresh Baby Carrots Caesar Salad Sliced Peaches Fresh Melon Cup

Or Crispy Chicken Sandwich Caesar Salad Confetti Garbanzo Bean Salad Broccoli Florets Applesauce

Cheese Pizza 🥖 Or Tuna Salad

> Sandwich 🤗 Fresh Baby Carrots Side Salad Sliced Peaches Fresh Orange

> > Cheese Pizza 🤗

Fresh Apple

26 Pasta & Meat Sauce 🤗

Or Crispy Chicken Sandwich Confetti Garbanzo Bean Salad Caesar Salad Broccoli Florets Applesauce Fresh Banana

Cheese Pizza 🤗 Or Tuna Salad

Sandwich 🤗 Fresh Baby Carrots Side Śalad Sliced Peaches Fresh Orange

28

Soft Tacos 29 With Brown Rice Or Crispy Chicken Sandwich

Sweet Corn Mixed Fruit Side Garden Salad Fresh Orange

Fresh Banana

Or Turkey & Cheese Sandwich Fresh Baby Carrots Side Salad Mixed Fruit

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Also Available Daily Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

30

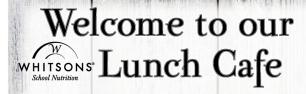
Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich









### **Timberlane Sandown North Elementary**

8



Monday

**Tuesday** 

# of the

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13

**Thursday** 

Roasted Turkey with Gravy Dinner Rolls Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup Cranberry Sauce

Friday

Cheese Pizza 🤗 Or Cheeseburger Fresh Baby Carrots Side Salad **Baked Beans** Mixed Fruit Fresh Apple

Roasted Turkey with 6 Gravy Dinner Rolls Or Crispy Chicken Sandwich Garden Salad Fresh Apple Fluffy Mashed Potatoes Diced Pear Cup

Cranberry Sauce

Cheese Pizza 🤗 Or Cheeseburger Fresh Baby Carrots Baked Beans Side Salad Mixed Fruit Fresh Apple

Meal Pick up Wednesdays's

8:00am until 11:00am

Wednesday

At all 4 Elementary Schools

Nachos Grande Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple

Cheese Pizza 🤗 Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

12

Columbus Day

No School

Cheese Pizza Or Fish Patty Melt Sandwich Confetti Garbanzo Bean Salad Fresh Baby Carrots Side Salad Sliced Peaches

Chicken with Gravy Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Cheese Pizza 🥖 Or Bacon Cheeseburger Caesar Salad Fresh Baby Carrots Sliced Peaches Fresh Melon Cup

Chicken with Gravy Whole Wheat Dinner Roll

Or Crispy Chicken Sandwich Fluffy Mashed Potatoes Fresh Apple Garden Salad Diced Pear Cup Cranberry Sauce

Cheese Pizza 🤗 20 Or Bacon Cheeseburger Fresh Baby Carrots Caesar Salad Sliced Peaches Fresh Melon Cup

Or Crispy Chicken Sandwich Caesar Salad Confetti Garbanzo Bean Salad Broccoli Florets **Applesauce** Fresh Banana

22 Pasta & Meat Sauce 🤔

Cheese Pizza Or Tuna Salad Sandwich 🤗

Fresh Baby Carrots Side Salad Sliced Peaches Fresh Orange

26 Pasta & Meat Sauce

Or Crispy Chicken Sandwich Confetti Garbanzo Bean Salad Caesar Salad Broccoli Florets Applesauce Fresh Banana

Cheese Pizza 🤗

Or Tuna Salad Sandwich 🤗 Fresh Baby Carrots Side Salad

Sliced Peaches

Fresh Orange

28

29 Soft Tacos With Brown Rice Or Crispy Chicken Sandwich Sweet Corn Mixed Fruit Side Garden Salad Fresh Orange

30 Cheese Pizza 🤒 Or Turkey & Cheese Sandwich Fresh Baby Carrots Side Salad Mixed Fruit

Fresh Apple



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Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich





