



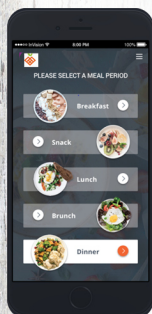
Welcome to our Lunch Cafe

Timberlane Sandown North Elementary

March 2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nugget & Mozzarella Stick Combo With Whole Wheat Dinner Roll Or Grilled Cheese Sandwich Oven Baked Fries Side Garden Salad Sliced Peaches Fresh Apple	2 Turkey Hot Dog on Bun Or Cheeseburger Side Salad Baked Beans Mixed Fruit Fresh Apple	3 Meal Pick up Wednesday's 8:00am until 11:00am At all 4 Elementary Schools	4 Baked Chicken Breast With Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Sweet Corn Fluffy Mashed Potatoes Fresh Apple Diced Pear Cup	5 Cheese Pizza Or Chicken Club Sandwich Baby Carrots Side Salad Sliced Peaches Fresh Apple
8 Whole Grain French Toast Ham Or Grilled Cheese Sandwich Caesar Salad Crispy Potato Puffs Fresh Apple Diced Pear Cup	9 Homemade Pasta & Meatballs With Homemade Garlic Bread Or Cheeseburger Side Salad Cucumber Coins Fresh Apple Sliced Peaches	10	11 Crispy Tacos With Brown Rice Or Crispy Chicken Sandwich Mixed Fruit Sweet Corn Side Garden Salad Fresh Apple Chocolate Hummus	12 Cheese Pizza Or Tuna Salad Sandwich Caesar Salad Baby Carrots Fresh Apple Sliced Peaches David's Chocolate Chip Cookie
15 Chicken Nuggets With Whole Wheat Dinner Roll Or Grilled Cheese Sandwich Steamed Carrots Mixed Fruit Side Garden Salad Fresh Apple	16 Nachos Grande Or Cheeseburger Caesar Salad Baked Beans Sweet Corn Fresh Apple Sliced Peaches	17	18 Chicken Bowl with Gravy With Whole Wheat Dinner Roll Or Crispy Chicken Sandwich Side Salad Sweet Corn Sliced Peaches Fresh Apple	19 Cheese Pizza Or Italian Combo Sandwich Sliced Peaches Side Salad Broccoli Bites Fresh Apple
22 Sausage, Egg and Cheese Sandwich Or Grilled Cheese Sandwich Potato Puffs Caesar Salad Fresh Apple Applesauce	23 Pasta & Meat Sauce Homemade Garlic Bread Or Cheeseburger Caesar Salad Sriracha Garbanzo Beans Broccoli Florets Fresh Apple Applesauce	24	25 Homemade Shepherd's Pie Or Crispy Chicken Sandwich Side Salad Baby Carrots Strawberry Cup Fresh Orange Garlic Cheese Biscuit	26 Cheese Pizza Or Whole Grain Fish Sticks On Whole Wheat Club Roll Side Salad Cucumber Coins Sliced Peaches Fresh Apple David's Chocolate Chip Cookie
29 Chicken with Gravy With Dinner Rolls Or Grilled Cheese Sandwich Sweet Corn Fluffy Mashed Potatoes Side Salad Fresh Apple Strawberry Cup	30 Crispy Tacos With Brown Rice Or Cheeseburger Side Salad Sliced Peaches Fresh Apple Buffalo Hummus	31		



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Low Fat Milk .50
100% Juice .50
Help Wanted
Food Service Worker
Contact John Fratiello
fratielloj@whitsons.com

HARVEST of the MONTH

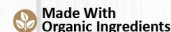
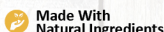
Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Also Available Daily
Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This is an equal opportunity provider.