Welcome to our Lunch Cafe

10/1/2019 - 10/4/2019

	Monday	Tuesday	Wednesday	Thursday	Friday
			Buffalo Chicken Mac & Cheese	Homemade Shepherd's Pie	Mozzarella Sticks crispy mozzarella sticks
World 3			pasta in cheese sauce, topped with buffalo style	seasoned ground meat and crisp vegetables	filled with gooey cheese, perfect for dipping into
6 Market		Staff	chicken 🥱 Homemade Mac &	covered in creamy mashed potatoes,	your favorite sauce Pasta with Sauce
		Development Day	Cheese @ 69	melted cheese, and	Roasted Squash
		No School	Homemade Garlic Bread	<i>gravy [</i> 6] Garlic Cheese Biscuit	Homemade Garlic Bread
		No Seriooi	Steamed Broccoli		
			BBQ Chicken Pizza fresh pizza dough		Homemade Chicken Cordon Blue Calzone
CUCINA			topped with BBQ sauce, mozzarella. cheddar.	Buffalo Chicken	garlic toasted whole grain calzone filled with
			chicken strips, red onion	Calzone	chicken, ham, ricotta
			and cilantro 🥱		and melted cheeses p
	Available Daily:	Cheese Pizza, Pepperoni Pizza	·		
			Nachos Grande tortilla chips topped with	Mexican Salad salad with beans, corn,	Crispy Tacos homemade spicy taco
Coyote A			freshly prepared mexi style meat and cheese	sour cream, and salsa	meat inside a crispy tace shell topped with cheese
GRILL			sauce	⊕♥⊕ Brown Rice	Brown Rice
			Brown Rice Sweet Corn	Sweet Com	Sweet Corn
	Available Daily: Nachos,	Cripsy & Soft Tacos, Taco Bow	E 18 5 0 1		
			Sausage Onions & Peppers Sandwich	BLT Burger freshly prepared burger	Fish Patty Melt Sandwich
Miss S			ltalian sausage sandwich topped with	topped with crispy bacon, lettuce, tomato	crispy breaded Pollock
RUBY'S			sauteed onions and	and mayo on a freshly	topped with melted cheese served on a
ONILL			peppers Sweet Potato Fries	toasted bun _છ Sweet Potato Fries	warm roll Sweet Potato Fries
			Owest Foldto Fries	Owedt Foldto Fries	
	Available Da	ily: Hamburgers, Cheeseburge	. 55 5		
			Deli Bar Buffalo Chicken Wrap	Deli Bar Grilled Cheese	Deli Bar Big Bird Panini 🔗
Great 🚅 📗			છ	Sandwich 👩	
AMERICAN SANDWICH CO.					
- N					
	Available Daily: Asso	rted Boars Head cold cuts, pop			
			Chicken Caesar Salad fresh romaine topped	Chef Salad fresh lettuce topped with	Tuna Salad Plate garden salad topped
Frait 500			with parmesan cheese,	sliced deli meats and	with freshly made tuna
EXPRESS			chicken, and croutons with dinner rolls 👸	cheeses p 🥱	salad 🥱
	Available Daily: Garden Salad,	Chef Salad, Caesar Salad, Organic F	Fruit & Yogurt Parfait and Smoothi	es Includes whole wheat dinner ro	II and your choice of fruit and
			Fresh Banana Mixed Fruit	Fresh Granny Smith Apple	Fresh Orange Mixed Fruit
Healthy			Homemade Lite Veggie	Fresh Orange	Homemade Lite Veggie
HARVEST			Pasta Salad Garden Salad	Kiwi Chickpea Salad	Pasta Salad Fresh Grapes
				Caesar Salad	Garden Salad
	Salad Bar - a variety of \	eggies, Legumes, Fruit & Fre			
CIMD	IVRAA	TED	Meal price includes: protein	choice, fresh veggie choice, fresl	n fruit choice & bread choice.

We are Simply Rooted $\mbox{^{TM}}$ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com. At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.







Welcome to our Lunch Cafe

Monday Wednesday **Tuesday Thursday Friday** Pasta, Pasta, Pasta Chicken and Waffles Baked Chicken Ramen Noodle Bar pasta with the sauce of crispy chicken placed on Glazed Carrots create your own **Visiting** your choice: Alfredo, Fluffy Mashed authentic ramen noodle top of fluffy waffles World 3 Potatoes marinara or bolognese Crispy Potato Puffs soup bowl with assorted Chef Rich MARKET Green Beans toppings Cinnamon Applesauce Homemade Garlic Garlic Cheese Biscuit Bread Margherita Pizza Homemade Chicken Chicken Florentine Hand Crafted Buffalo Homemade Meatball Parmesan Calzone Chicken Pizza freshly prepared dough Pizza Calzone cheesy pizza slice fresh dough layered with fresh dough lightly lightly brushed with freshly prepared dough brushed with garlic and garlic and oil, topped lightly brushed with oil & topped with baby sauce, topped with garlic stuffed with with tomato sauce. spinach and chicken cheese and Buffalo oil sauce made from mozzarella cheese. chicken breast topped chicken pieces and scratch, rolled with low with tomato sauce. fresh tomatoes and baked until crisp 🥱 fat seasoned ricotta and mozzarella & Parmesan basil 👩 🤔 mozzarella cheeses. cheese 🔗 🚷 meatball slices, basil Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough Mexican Salad Chicken Cheese Ranch & Chicken Mexican Salad Crispy Tacos salad with beans, com, Quesadilla homemade spicy taco Quesadilla salad with beans, corn, hand crafted grilled flour sour cream, and salsa meat inside a crispy taco homemade fiesta sour cream, and salsa tortilla filled with juicy shell topped with cheese chicken, mozzarella Brown Rice chicken and melty Brown Rice and ranch dressing Brown Rice cheese 🧡 Sweet Com melted into a warm Sweet Corn Sweet Com tortilla Brown Rice Brown Rice Sweet Corn Sweet Corn Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce, Salsa, Mexi-Rice and Smokehouse Pulled Philly Cheese Steak Turkey Hot Dog on Bun Sausage, Egg and Bacon Cheeseburger Cheese Sandwich Pork Sandwich thinly sliced beef topped turkey hot dog on soft burger topped with smokehouse pulled a warm sandwich with sauteed peppers, bun cheese and bacon on a Sweet Potato Fries prepared in-house with pork on a roll with cole onions and melted freshly toasted bun savory sausage, fluffy slaw cheese on a lightly eggs and melted toasted bun prepared in-Sweet Potato Fries cheese 📭 house (Baked Potato Wedges Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches Deli Bar Deli Bar Deli Bar Deli Bar Deli Bar Sicilian Melt Panini Chicken Caesar Wrap Buffalo Chicken Wrap Grilled Ham & Cheese Grilled Cheese Sandwich p Sandwich 👩 Great **₿** Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and wraps with Antipasto Salad with House Chop Salad with Ham & Dinner Rolls Tuna Salad Plate Chef Salad Spinach Salad with garden salad topped fresh lettuce topped with Dinner Rolls with freshly made tuna Bacon, Feta, and Onion sliced deli meats and salami, provolone, swiss ham, tomatoes, and red Frait salad 👸 cheeses p peppers on a bed of cheese, garbanzo beans and fire roasted lettuce served with Italian dressing p peppers over garden salad 🤧 🚷 Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll and your choice of fruit and Fresh Granny Smith Fresh Granny Smith Fresh Orange Mixed Fruit **Applesauce** Homemade Lite Veggie Apple Applesauce Homemade Lite Veggie Apple Applesauce Mixed Fruit Homemade Lite Veggie Pasta Salad Pasta Salad Healthu Homemade Lite Veggie Homemade Lite Veggie Pasta Salad Fresh Melon Cup Watermelon Slices Pasta Salad Pasta Salad Garden Salad Confetti Garbanzo Caesar Salad Caesar Salad Caesar Salad Bean Salad Garden Salad Salad Bar - a variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.

WHITSONS" food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com

Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored Available daily with salad lunch: protein choice, whole grain item, fruit choice & milk choice









Welcome to our Lunch Cafe

10/14/2019 - 10/18/2019

MC	Monday	Tuesday	Wednesday	Thursday	Friday
World TA	columbus DAY	Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta @ () Homemade Garlic Bread Glazed Carrots	Chicken Nugget & Mozzarella Stick Combo Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce Oven Baked Fries Baked Beans Garlic Cheese Biscuit	Cheesy Lasagna Roll- Ups rolled up lasagna noodles, stuffed with ricotta and parmesan cheeses, tomato sauce and melted mozzarella cheese. Pood	Chicken Bowl with Gravy popcom chicken layered with mashed potatoes and corn, smothered in gravy & Dinner Rolls
CUCINA	Augilahla Deiba C	Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella & Parmesan cheese	BBQ Chicken Pizza fresh pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, red onion and cilantro	Homemade Meatball Calzone fresh dough lightly brushed with garlic and oil sauce made from scratch, rolled with low fat seasoned ricotta and mozzarella cheeses, meatball slices, basil	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses (2) (2)
	Available Daily: C	heese Pizza, Pepperoni Pizza			
Coyote GRILL		Beef & Bean Burrito with Brown Rice & Sweet Corn	Ranch & Chicken Quesadilla homemade fiesta chicken, mozzarella and ranch dressing melted into a warm tortilla Brown Rice Sweet Corn	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Com	Chicken Cheese Quesadilla hand crafted grilled flour tortilla filled with juicy chicken and melty cheese Brown Rice Sweet Com
	Available Daily: Nachos, Cr	ipsy & Soft Tacos, Taco Bow	E 18 8 8 8 1	Cheese and Shredded Lettu	
Miss RUBY'S GRILL		BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in-house Sweet Potato Fries	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared inhouse Sweet Potato Fries	BLT Burger freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun Sweet Potato Fries	Fish Patty Melt Sandwich crispy breaded Pollock topped with melted cheese served on a warm roll Sweet Potato Fries
	Available Daily	y: Hamburgers, Cheeseburge	ers, Veggie Burgers, Chicke	n Patties and Spicy Chicken S	Sandwiches
Great SAMERICAN		Deli Bar Turkey & Cheese Panini %	Deli Bar Buffalo Chicken Wrap <u></u>	Deli Bar Grilled Cheese Sandwich ⊚	Deli Bar Sicilian Melt Panini p
	Available Paiks Accort	ad Paara Haad oold guts, non	poorn chicken tune cheeses	and whole grain rich broad	rolls and wrons with
Frait Alto EXPRESS	Available Daily, ASSOIT	ed Boars Head cold cuts, pop Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions @ 2	Antipasto Salad with Dinner Rolls salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad % &	House Chop Salad with Ham & Dinner Rolls ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing P
	Available Daily: Garden Salad, C	hef Salad, Caesar Salad, Organic F	Fruit & Yogurt Parfait and Smoothie	es Includes whole wheat dinner rol	I and your choice of fruit and
Healthy		Fresh Banana Applesauce Homemade Lite Veggie Pasta Salad Fresh Melon Cup Garden Salad	Fresh Orange Mixed Fruit Homemade Lite Veggie Pasta Salad Sliced Peaches Caesar Salad	Fresh Empire Apple Applesauce Homemade Lite Veggie Pasta Salad Kiwi Chickpea Salad Garden Salad	Fresh Orange Mixed Fruit Homemade Lite Veggie Pasta Salad Fresh Melon Cup Caesar Salad

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Welcome to our Lunch Cafe

10/21/2019 - 10/25/2019

## Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheese and Spicy Chicken and wraps with miled cheese served to and red onions of fat cheese, black olives and red onions of fat cheese olived for fat the memade Lite Veggie Fresh Orange Fresh Orange Fresh Orange Fresh Orange Fresh Orange Fresh Orange Mixed Fruit Mixed	in the second se	Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Hot Dog on Bun Bowel Comesee Calzone Subject States and Street Comesee	World T. T. MARKET	Toast slices of French toast baked to perfection Crispy Turkey Sausage Links Crispy Potato Puffs	Macaroni Casserole elbow macaroni mixed with cooked beef, tomato sauce, and cheese ⊕ ♥ Squash Medley	Cheese pasta in cheese sauce, topped with buffalo style chicken Green Beans Homemade Garlic		Sauce & Toss popcom chicken in a sweet & sour sauce Vegetable Fried Rice Vegetable Egg Roll Oriental Vegetable
Cheses Questallia from the profit flur form (spill) and the profit flur form (spill) and the profit flur form) grilled flur form (spill) and the profit flur form) grilled flur form (spill) and the profit flur form) grilled flur form (spill) and the profit flur form) grilled flur form) grilled flur form (spill) grilled flur form) grill	CUCINA NEWES	fresh pizza dough topped with marinara sauce, fresh spinach and mozzarella cheese	Cheese Calzone calzone stuffed with three delicious melted cheeses	Pizza cheesy pizza slice topped with baby spinach and chicken		Cordon Blue Calzone garlic toasted whole grain calzone filled with chicken, ham, ricotta and melted cheeses []
Country Firshly grilled flour to child with maked spicy taco meat inside a crisyy taco shell topped with cheese of Brown Rice Sweet Corn Available Daily: Nachos, Cripsy & Soft Taxos, Taxo Bowls with Mexit Beef, Chicken, Cheese and Shredded Lettuce, Salsa, Mexi-Rice and Interpretation of the Sweet Corn Turkey Hot Dog on Bun turkey hot dog on solt burger topped with cheese and be acon on a fassify basided burn Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Pattites and Spicy Chicken Sandwich of the Sandwich of		Available Daily: C	heese Pizza, Pepperoni Pizz	•	za all featuring whole grain ri	ch pizza dough
Turkey Hot Dog on Bun turkey hot dog on soft burger topped with burn Sweet Potato Fries burger topped with sauked peppers, onlors and melled cheese and bacon on a fisshly toasted burn prepared inhouse Sweet Potato Fries and Sweet Potato Fries Deli Bar Buffalo Chicken Wrap Scicilian Melt Panini Grill Fries Buffalo Chicken Wrap Scicilian Melt Panini Grill Fries Buffalo Chicken Sandwich Grill Fries Buffalo Chicken Sheet Grill Fries Buffalo	Coyote GRILL MENT	freshly grilled flour tortilla with melted cheese Brown Rice Sweet Com	Quesadilla hand crafted grilled flour tortilla filled with juicy chicken and melty cheese Brown Rice Sweet Corn	homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Com		homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn
Lurkey hot dog on soft burner lopped with cheese and basic on on a freshily loasted burn Sweet Potato Fries weet Potato Fries weet Potato Fries weet Potato Fries Sweet Potato Fries Potato Fries Sweet Pot	100			- IB B 0 II	Cheese and Shredded Lettu	
Deli Bar Buffalo Chicken Wrap Sicilian Melt Panini Deli Bar Grilled Ham & Cheese Sandwich Deli Bar Big Bird Panini	Miss RUBY'S GRILL	turkey hot dog on soft bun	burger topped with cheese and bacon on a freshly toasted bun	thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in- house &		Sandwich crispy breaded Pollock topped with melted cheese served on a warm roll
Buffalo Chicken Wrap Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and wraps with Greek Salad romaine lettuce with cucumbers, formatoes, feta cheese, black olives and red onions of the pasts Salad chopped egg of the manual chopped egg of the egg of the egg of the manual chopped egg of the egg of		Available Daily	y: Hamburgers, Cheeseburge	ers, Veggie Burgers, Chicke	n Patties and Spicy Chicken	Sandwiches
Greek Salad romaine lettuce with cucumbers, tomadoes, feta cheese, black olives and red onions of the pasta Salad Homemade Lite Veggie Pasta Salad Homemade Lite Veggie Pasta Salad Homemade Deli Style Coleslaw Garden Salad Fresh Melon Cup Caesar Salad Fresh Melon Cup Caesar Salad Fresh Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.	Great SAMERICAN SAMEWICH CO.			Grilled Ham & Cheese		
Greek Salad romaine lettuce with cucumbers, tomadoes, feta cheese, black olives and red onions of the pasta Salad Homemade Lite Veggie Pasta Salad Homemade Lite Veggie Pasta Salad Homemade Deli Style Coleslaw Garden Salad Fresh Melon Cup Caesar Salad Fresh Melon Cup Caesar Salad Fresh Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.		Available Daily: Assort	ad Boars Hoad cold cuts non	ocorn chicken tuna cheeses	and whole grain rich bread	rolls and wrans with
Mixed Fruit Homemade Lite Veggie Pasta Salad Homemade Deli Style Coleslaw Garden Salad Salad Bar - a variety of Veggies, Legume, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals. Fresh Orange Applesauce Homemade Lite Veggie Pasta Salad Caesar Salad	Frait Stands	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives	Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and	Chef Salad fresh lettuce topped with sliced deli meats and	and Prior grant for bread,	Tuna Salad Plate garden salad topped with freshly made tuna
Homemade Lite Veggie Pasta Salad Homemade Deli Style Coleslaw Garden Salad Salad Bar - a variety of Veggies, Legume, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals. Mixed Fruit Homemade Lite Veggie Pasta Salad Caesar Salad Caesar Salad Caesar Salad Salad Bar - a variety of Veggies, Legume, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.		Available Daily: Garden Salad, C	hef Salad, Caesar Salad, Organic I	Fruit & Yogurt Parfait and Smoothie	es Includes whole wheat dinner ro	II and your choice of fruit and
	Healthy	Homemade Lite Veggie Pasta Salad Homemade Deli Style Coleslaw	Mixed Fruit Homemade Lite Veggie Pasta Salad Fresh Melon Cup	Applesauce Homemade Lite Veggie Pasta Salad		Mixed Fruit Homemade Lite Veggie Pasta Salad Fresh Grapes
		Salad Bar - a variety of Ve	ggies, Legume, Fruit & Fre			

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Welcome to our Lunch Cafe

10/28/2019 - 10/31/2019

Monday **Tuesday** Wednesday **Friday Thursday** Steamed Dumplings Spicy Chicken Tenders Homemade Shepherd's Pie stuffed dumplings whole muscle spicy Chicken & Beef perfect for dipping in chicken tenders seasoned ground meat World 🟋 🤻 Fajitas your favorite Asian Fluffy Mashed and crisp vegetables MARKET sauce Potatoes covered in creamy with Grilled Pepper & Homemade Garlic mashed potatoes, Onions Vegetable Fried Rice **Bread** melted cheese, and Topped with Fresh veggies Oriental Vegetable Green Beans gravy 🙉 Blend and Salsa Green Beans with Mexi Rice and Corn Chicken Florentine Pepper & Onion Pizza Spinach Pizza Margherita Pizza freshly prepared dough fresh pizza dough Pizza freshly made pizza cheesy pizza slice lightly brushed with topped with marinara dough topped with garlic and oil, topped sauce, fresh spinach topped with baby marinara sauce. with tomato sauce. and mozzarella cheese spinach and chicken 🙉 mozzarella and sauteed mozzarella cheese. **₽** peppers and onions 👩 fresh tomatoes and basil 👩 🤔 Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough Mexican Salad Ranch & Chicken Crispy Tacos Mexican Salad salad with beans, com, Quesadilla homemade spicy taco salad with beans, corn, sour cream, and salsa homemade fiesta meat inside a crispy taco sour cream, and salsa Couote chicken, mozzarella shell topped with cheese Brown Rice and ranch dressing Brown Rice Brown Rice melted into a warm Sweet Com Sweet Corn Sweet Com tortilla Brown Rice Sweet Corn Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce, Salsa, Mexi-Rice and Turkey Hot Dog on Bun Philly Cheese Steak Grilled Chicken Sausage, Egg and Cheese Sandwich turkey hot dog on soft thinly sliced beef topped Teriyaki Sandwich a warm sandwich hun with sauteed peppers, arilled chicken breast Sweet Potato Fries prepared in-house with onions and melted marinated in teriyaki savory sausage, fluffy cheese on a lightly sauce, topped with eggs and melted toasted bun prepared inlettuce & tomato cheese 📭 house (prepared in-house 🤗 Baked Potato Wedges Baked Potato Wedges Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches Deli Bar Deli Bar Deli Bar Grilled Cheese with Buffalo Chicken Wrap Grilled Ham & Cheese Tuna Salad Melt Bacon Sandwich p Great Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and wraps with Antipasto Salad with Greek Salad Chef Salad Chicken Caesar Salad Dinner Rolls romaine lettuce with fresh lettuce topped with fresh romaine topped salami, provolone, swiss cucumbers, tomatoes, sliced deli meats and with parmesan cheese, cheeses p cheese, garbanzo feta cheese, black olives chicken, and croutons and red onions 👩 🤭 beans and fire roasted with dinner rolls 👸 peppers over garden salad 🤭 🚷 Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll and your choice of fruit and Fresh Granny Smith Fresh Granny Smith Mixed Fruit Fresh Orange Homemade Lite Veggie Apple Applesauce Apple Pasta Salad Homemade Lite Veggie **Applesauce** Applesauce Homemade Lite Veggie Homemade Lite Veggie Homemade Deli Style Pasta Salad Pasta Salad Coleslaw Garden Salad Pasta Salad Garden Salad Caesar Salad Strawberries Garden Salad Salad Bar - a variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals. Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice WHITSONS"

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