Welcome to our Lunch Cafe

12/1/2020 - 12/4/2020

N. J. H. S. L.	Monday	Tuesday	Wednesday	Thursday	Friday
		Baked Chicken		Homemade Chicken &	Chicken Nugget &
		Fluffy Mashed		Broccoli Alfredo	Mozzarella Stick Combo
		Potatoes Sweet Corn		grilled chicken and	Crispy chicken nuggets
World 🟋 🤻		Sweet Com		broccoli florets tossed in	
		6 11 61 B1 11		a creamy sauce over	and gooey mozzarella sticks served with dippin
O MARKET		Garlic Cheese Biscuit		tender pasta 🤔 🚷	_ ''
The state of the s				Homemade Garlic	sauce 🤔
				Bread	Homemade Garlic Bread
		Homemade Chicken		Margherita Pizza	Hand Crafted Three
		Parmesan Calzone		freshly prepared dough	Cheese Pizza
		freshly prepared dough		lightly brushed with garlic	fresh dough layered wit
ga _ A		lightly brushed with oil &		and oil, topped with	sauce, topped with
		garlic stuffed with chicken		tomato sauce, mozzarella	ricotta, mozzarella, and
		breast topped with tomato		cheese, fresh tomatoes	Parmesan cheeses
		sauce, mozzarella &		and basil 🕜 🤔	
	Available Daily: Chees		and a Special Calzon or P	izza all featuring whole gra	
		Nachos Grande		Nachos Grande	Mexican Salad
		tortilla chips topped with		tortilla chips topped with	salad with beans, corn,
		freshly prepared mexi		freshly prepared mexi	sour cream, and salsa
Coyote		style meat and cheese		style meat and cheese	(2)
		sauce		sauce	Brown Rice
7 Crill		Brown Rice			Sweet Corn
		Sweet Corn			
	Available Daily: Nacl	nos, Cripsy & Soft Tacos,	Taco Bowls with Mexi Be	ef, Chicken, Cheese and	Shredded Lettuce,
		Double Bacon Burger		Sausage Onions &	Smokehouse Pulled
		two juicy all beef patties		Peppers Sandwich	Pork Sandwich
		topped with crisp bacon,		Italian sausage sandwich	smokehouse pulled port
Miss A		cheese, on a soft bun		topped with sauteed	on a roll with cole slaw
DIEME SEE		Sweet Potato Fries		onions and peppers 🕑	P
GRILL				(2)	Sweet Potato Fries
				Sweet Potato Fries	
	Available Daily: Ha		s, Veggie Burgers, Chick	en Patties and Spicy Chick	
		Deli Bar		Deli Bar	Deli Bar
		an assortment of cold		an assortment of cold	an assortment of cold
		cuts, cheeses,		cuts, cheeses,	cuts, cheeses,
Great		condiments and breads,		condiments and breads,	condiments and breads
GOEW SON		rolls, or wraps to create		rolls, or wraps to create	rolls, or wraps to create
SANDWICH CO.		your own sandwich		your own sandwich	your own sandwich
Samuel Samuel		Turkey Club Wrap 🤔		Roast Beef Wrap 🤔	Vegetarian Hummus
	Available Daily: Asso		, popcorn chicken, tuna, o	cheeses and whole grain ri	
		Garden Salad with		Chicken Caesar Salad	Buffalo Chicken Salad
		Chicken Salad		fresh romaine topped with	with Dinner Rolls
		chicken salad on a bed of		parmesan cheese,	spicy chicken on a bed o
Frait A		lettuce, cucumbers,		chicken, and croutons	romaine lettuce with
		carrots and tomatoes 🤔		with dinner rolls 🤔	cucumbers, carrots and
express					tomatoes 🤔
Name of the State	Available Daily: Gorden S	alad Chof Salad Cassar Sala	d Organic Eruit 9 Voquet Por	rfait and Smoothies Includes	whole wheat disper rell
	Available Daily: Garden S	Fresh Orange	u, Organic Fruit & Togurt Pal	Fresh Apple	Fresh Orange
		Mixed Fruit		Sliced Peaches	Sliced Peaches
		Fresh Melon Cup		Potato Salad	Potato Salad
		Potato Salad		Side Salad	Side Salad
Healthy		Side Salad		Homemade Lite Veggie	Homemade Lite Veggi
HARVEST		Homemade Lite Veggie		Pasta Salad	Pasta Salad
FIMRYES		Pasta Salad			
	Variety of Veggies, Legur	nes, Fruit & Fresh Fruit Ava	ailable Daily. Choice of Mi	lk is included with all meals	5.
OW CHAIN				lunch for all students for schools on the N	ENGLISH CONTROL OF STREET

WHITSONS SIMPLY ROOTED in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.

Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participating.

All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain.

***Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if ou have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This insitution is an equal opportunity provider.











Welcome to our Lunch Cafe

12/7/2020 - 12/11/2020

	Monday Homemade Chicken &	Tuesday Chicken Nugget 8	Wednesday	Thursday Whole Grain French	Friday Baked Chicken
		Chicken Nugget &			Tenders
	Broccoli Alfredo	Mozzarella Stick		Toast	
	grilled chicken and	Combo		slices of French toast	crispy chicken tender
111 .01 *	broccoli florets tossed in	Crispy chicken nuggets		baked to perfection 🌠	perfect for dipping in yo
World 🗺	a creamy sauce over	and gooey mozzarella		Sausage Patty	favorite sauce
a market	tender pasta 🤌 🚷	sticks served with dipping		Crispy Potato Puffs	Fluffy Mashed
		sauce 🤔		Onspy i otato i uns	Potatoes
	Homemade Garlic				Homemade Garlio
	Bread	Homemade Garlic Bread			Bread
	Margherita Pizza	Hand Crafted Three		Homemade three	Homemade Chicke
	freshly prepared dough	Cheese Pizza		Cheese Calzone	Parmesan Calzone
	lightly brushed with garlic	fresh dough layered with		calzone stuffed with three	freshly prepared dou
1	and oil, topped with	sauce, topped with		delicious melted	lightly brushed with o
CUCINA	tomato sauce, mozzarella	ricotta, mozzarella, and		cheeses 🤗	garlic stuffed with chic
CUGINA	-			cheeses 💋	-
	cheese, fresh tomatoes	Parmesan cheeses 🤔			breast topped with ton
	and basil 🏈 🤔				sauce, mozzarella
	Available Daily: Chees	se Pizza, Pepperoni Pizza ar	nd a Special Calzon or Pi	zza all featuring whole gra	in rich pizza dough
	Nachos Grande	Mexican Salad		Mexican Salad	Nachos Grande
	tortilla chips topped with	salad with beans, corn,		salad with beans, corn,	tortilla chips topped w
	free aly prepared mexi	sour cream, and salsa		sour cream, and salsa	freshly prepared me
	meat and cheese	<i>⊗</i>		(2)	style meat and chee
oyote	sauce	Brown Rice		Brown Rice	sauce
Poyote GRIL VENI	132				
	- Dalle	Sweet Corn		Sweet Corn	
1400	vailable Daily: Nacl	nos, Cripsy & Soft Tacos, T	aco Bowls with Mayi Re	of Chicken Cheese and	Shraddad Lattuca
11950				<u> </u>	
	Sausage Onions &	Smokehouse Pulled		Grilled Chicken	Chicken Club
	Peppers Sandwich	Pork Sandwich		Teriyaki Sandwich	Sandwich
	Italian sausage sandwich	smokehouse pulled pork		grilled chicken breast	hand crafted sandwi
Miss 🙈	topped with sauteed	on a roll with cole slaw		marinated in teriyaki	with grilled chicker
	onions and peppers 📭	P		sauce, topped with	crispy bacon, lettuce
RUBY'S		Sweet Potato Fries		lettuce & tomato prepared	juicy tomatoes 🤒
GRILL	2	Sweet Folato Fries		in-house 🤗	Sweet Potato Frie
	Sweet Potato Fries	Chasachuraera	Vannia Burnara Chiele		
		amburgers, Cheeseburgers	, veggie Burgers, Chicki		
	Deli Bar	Deli Bar		Deli Bar	Deli Bar
	an assortment of cold	an assortment of cold		an assortment of cold	an assortment of co
	cuts, cheeses,	cuts, cheeses,		cuts, cheeses,	cuts, cheeses,
2. /	condiments and breads.	condiments and breads,		condiments and breads,	condiments and brea
ireat	rolls, or wraps to create	rolls, or wraps to create		rolls, or wraps to create	rolls, or wraps to crea
O A RAIEDICA N	, , , , , , , , , , , , , , , , , , ,	your own sandwich		your own sandwich	your own sandwich
	VOLIT OWN SENGWICH			your own sandwich	
AMERICAN SANDWICH CO.	your own sandwich	-		Ruffalo Chiakan Miran	Chickon Calad Min
AMERICAN SANDWICH CO.	Roast Beef Wrap 🤔	Vegetarian Hummus		Buffalo Chicken Wrap	
AMERICAN SAADVICH CO.	Roast Beef Wrap (2) Available Daily: Asso	Vegetarian Hummus rted Boars Head cold cuts,	popcorn chicken, tuna, c		
AMERICAN SANDWICH CO.	Roast Beef Wrap (5) Available Daily: Asso Chicken Caesar Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad	popcorn chicken, tuna, c	cheeses and whole grain ri	ch bread, rolls and Tuna Salad Plate
AMERICAN SARDWICH CC.	Roast Beef Wrap (2) Available Daily: Asso	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls	popcorn chicken, tuna, c	cheeses and whole grain ri Chef Salad fresh lettuce topped with	ch bread, rolls and Tuna Salad Plate garden salad topped v
AMERICAN SANOWICH CO	Roast Beef Wrap (5) Available Daily: Asso Chicken Caesar Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad	popcorn chicken, tuna, c	cheeses and whole grain ri	ch bread, rolls and Tuna Salad Plate garden salad topped to
AMERICAN SANOWICH CO.	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls	popcorn chicken, tuna, c	cheeses and whole grain ri Chef Salad fresh lettuce topped with sliced deli meats and	ch bread, rolls and Tuna Salad Plate garden salad topped to
Frait Stan	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with	popcorn chicken, tuna, c	cheeses and whole grain ri Chef Salad fresh lettuce topped with	ch bread, rolls and Tuna Salad Plate garden salad topped to
Frait Shan	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese,	vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and	popcorn chicken, tuna, c	cheeses and whole grain ri Chef Salad fresh lettuce topped with sliced deli meats and	ch bread, rolls and Tuna Salad Plate garden salad topped to
Frait Andrews	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with	popcorn chicken, tuna, c	cheeses and whole grain ri Chef Salad fresh lettuce topped with sliced deli meats and	ch bread, rolls and Tuna Salad Plate garden salad topped to
Frait And	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and		Chef Salad fresh lettuce topped with sliced deli meats and cheeses	Ch bread, rolls and Tuna Salad Plate garden salad topped w freshly made tuna sal
Frait AND	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes		Chef Salad fresh lettuce topped with sliced deli meats and cheeses	Ch bread, rolls and Tuna Salad Plate garden salad topped v freshly made tuna sal
Frait Sta	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad fresh Apple	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes alad, Chef Salad, Caesar Salad, Fresh Orange		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P	Tuna Salad Plate garden salad topped of freshly made tuna sal
Frait AMERICAN	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad fresh Apple Sliced Peaches	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P	Tuna Salad Plate garden salad topped v freshly made tuna sal whole wheat dinner roll Fresh Orange Sliced Peaches
Frait Sha	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Saliced Peaches Potato Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches Potato Salad		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P fait and Smoothies Includes Fresh Melon Cup cubed fresh melon Garden Salad	Tuna Salad Plate garden salad topped with freshly made tuna salad topped with the whole wheat dinner roll Fresh Orange Sliced Peaches Potato Salad
EXPRESS'	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad Side Salad Side Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches Potato Salad Side Salad		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P Fresh Melon Cup cubed fresh melon Garden Salad Diced Pear Cup	Tuna Salad Plate garden salad topped w freshly made tuna sal
EXPRESS'	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad Fresh Apple Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P Fresh Melon Cup cubed fresh melon Garden Salad Diced Pear Cup Potato Salad	Tuna Salad Plate garden salad topped w freshly made tuna sale whole wheat dinner roll Fresh Orange Sliced Peaches Potato Salad Side Salad Homemade Lite Veg
Frait Start EXPRESS	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad Side Salad Side Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches Potato Salad Side Salad		Chef Salad fresh lettuce topped with sliced deli meats and cheeses P Fresh Melon Cup cubed fresh melon Garden Salad Diced Pear Cup Potato Salad Homemade Lite Veggie	Tuna Salad Plate garden salad topped v freshly made tuna sal whole wheat dinner roll Fresh Orange Sliced Peaches Potato Salad
EXPRESS'	Roast Beef Wrap Available Daily: Asso Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Available Daily: Garden Salad Fresh Apple Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Vegetarian Hummus rted Boars Head cold cuts, Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes alad, Chef Salad, Caesar Salad, Fresh Orange Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie	, Organic Fruit & Yogurt Par	Chef Salad fresh lettuce topped with sliced deli meats and cheeses P Fresh Melon Cup cubed fresh melon Garden Salad Diced Pear Cup Potato Salad Homemade Lite Veggie Pasta Salad	Tuna Salad Plate garden salad topped v freshly made tuna sal

WHITSONS SIVPLY ROOTED in food & family

Spinacho Salado With person and virtual learners. Inquire with your schools on the NSLP/SBF for the 2020-2021 school year

Spinacho Salado With person and virtual learners. Inquire with your schools district office to see if your school is participating

Bacon, Feta, and a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain

OpionSertain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like eaclaity of the control of











Welcome to our Lunch Cafe

12/14/2020 - 12/18/2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
World TA	Whole Grain French Toast slices of French toast baked to perfection Sausage Patty Crispy Potato Puffs	Baked Chicken Tenders crispy chicken tenders perfect for dipping in your favorite sauce Fluffy Mashed Potatoes		Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta pasta Homemade Garlic Bread	Baked Chicken Fluffy Mashed Potatoes Sweet Corn Corn Bread	
		Sweet Corn Homemade Garlic		Green Beans		
CUCINA	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses	Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella &		Pepper & Onion Pizza freshly made pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions @ &	Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella &	
			and a Special Calzon or Pi	izza all featuring whole gra		
Coyote GRILL	Mexican Salad salad with beans, corn, sour cream, and salsa Brown Rice Sweet Corn	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce		Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Sweet Corn	
	Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,					
Miss RUBY'S	Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house	Chicken Club Sandwich hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes Sweet Potato Fries		Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries	Double Bacon Burger two juicy all beef patties topped with crisp bacon, cheese, on a soft bun Sweet Potato Fries	
	Available Daily: Ha	amburgers, Cheeseburger	s, Veggie Burgers, Chick	en Patties and Spicy Chic	ken Sandwiches	
Great SAMERICAN	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Chicken Salad Wrap		Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap	
	Available Daily: Asso	rted Boars Head cold cuts	, popcorn chicken, tuna, o	cheeses and whole grain r	ich bread, rolls and	
Frait St.	Chef Salad fresh lettuce topped with sliced deli meats and cheeses P	Tuna Salad Plate garden salad topped with freshly made tuna salad		Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg	Garden Salad with Chicken Salad chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes	
	Available Daily: Garden S	alad, Chef Salad, Caesar Sala	d, Organic Fruit & Yogurt Par	fait and Smoothies Includes	whole wheat dinner roll	
Healthy	Fresh Melon Cup cubed fresh melon Garden Salad Diced Pear Cup Potato Salad	Fresh Orange Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie Pasta Salad		Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Fresh Orange Mixed Fruit Fresh Melon Cup Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	
MILION NAVA DE LA CONTRACTOR DE LA CONTR	Variety of Veggies, Legur	nes, Fruit & Fresh Fruit Ava	ailable Daily. Choice of Mi	lk is included with all meal	s.	
	A STATE OF THE PARTY OF THE PAR	CARL AND ADDRESS OF TAXABLE PARTY.				

WHITSONS SIMPLY ROOTED in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year.

Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participating.

All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain.

The consuming raw or under cooked meat, poultry, seafood, shelftsh or eggs may increase your risk of food borne illness, especially in the vertain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additionation information regarding this menu, please contact the food service director. This insitution is an equal opportunity provide.











Welcome to our Lunch Cafe

12/21/2020 - 12/22/2020

Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta & & & & & & & & & & & & & & & & & & &	Baked Chicken Fluffy Mashed Potatoes Sweet Corn Corn Bread Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicken	Winter B	reak	
freshly made pizza dough topped with marinara sauce, mozzarella and sauteed peppers and	Parmesan Calzone freshly prepared dough lightly brushed with oil &			
Available Daily: Chees	breast topped with tomato sauce, mozzarella &	and a Special Calzon or Pi	zza all featuring whole gra	ain rich pizza dough
Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Available Daily: Nach	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice	Taco Bowls with Mexi Be	ef, Chicken, Cheese and	Shredded Lettuce,
Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries	Double Bacon Burger two juicy all beef patties topped with crisp bacon, cheese, on a soft bun Sweet Potato Fries			
Available Daily: Ha	mburgers, Cheeseburger	rs, Veggie Burgers, Chick	en Patties and Spicy Chicl	ken Sandwiches
Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken Available Daily: Assor Cobb Salad fresh lettuce topped with	Garden Salad with Chicken Salad	s, popcorn chicken, tuna, o	cheeses and whole grain r	ich bread, rolls and
bacon, baked chicken, shredded cheddar, and chopped egg Available Daily: Garden Sa	chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes carrots and tomatoes calad, Chef Salad, Caesar Sala	d, Organic Fruit & Yogurt Par	fait and Smoothies Includes	whole wheat dinner roll
Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Fresh Orange Mixed Fruit Fresh Melon Cup Potato Salad Side Salad Homemade Lite Veggie Pasta Salad			
	homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Available Daily: Nach Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries Available Daily: Ha Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken Available Daily: Assor Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg Available Daily: Garden Sa Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	tortilla chips topped with freshly prepared mexi style meat and cheese Brown Rice Sweet Corn Available Daily: Nachos, Cripsy & Soft Tacos, Brown Rice Available Daily: Nachos, Cripsy & Soft Tacos, Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries Available Daily: Hamburgers, Cheeseburger two juicy all beef patties topped with crisp bacon, cheese, on a soft bun Sweet Potato Fries Available Daily: Hamburgers, Cheeseburger an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken Available Daily: Assorted Boars Head cold cuts Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg Available Daily: Garden Salad, Chef Salad, Caesar Salad Homemade Lite Veggie Pasta Salad Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Paily: Available Pasta Salad Available Special freshly prepared mexi style meat and cheese sauce Brown Rice Brown Rice	tortilla chips topped with freshly prepared mexi shell topped with cheese Brown Rice Sweet Corn Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Berown Rice Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken Teriyaki Chicken Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, or cheese go and a bed of lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Par Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milesters in tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Brown Burger Rw jetiles Co	meat inside a crispy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicl Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Teriyaki Chicken Turkey Club Wrap Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain ri Cobb Salad fresh leituce topped with bacon, baked chicken, shredded cheddar, and chopped egg Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes Fresh Melon Cup Potato Salad Side Salad Homemade Lite Veggie Pasta Salad Homemade Lite Veggie Potato Salad Homemade Lite Veggie

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