

# Timberlane High School

Welcome to our  
Lunch Cafe

3/1/2021 - 3/5/2021

## Monday

Whole Grain Waffles  
with Sausage  
*light and crispy waffles  
served with a sausage  
patty*  
Sautéed Cinnamon  
Apple Slices  
Home Fries

## Tuesday

Baked Chicken  
Fluffy Mashed  
Potatoes  
Sweet Corn  
Garlic Cheese Biscuit

## Wednesday

To Go Meal Pick up  
8:00am until 11:00  
At All 4 Elementary  
Schools

## Thursday

Homemade Chicken &  
Broccoli Alfredo  
*grilled chicken and  
broccoli florets tossed in  
a creamy sauce over  
tender pasta* 🥗  
Homemade Garlic  
Bread

## Friday

Ramen Noodle Bar  
*create your own authentic  
ramen noodle soup bowl  
with assorted toppings*



Homemade three  
Cheese Calzone  
*calzone stuffed with three  
delicious melted  
cheeses* 🥗

Homemade Chicken  
Parmesan Calzone  
*freshly prepared dough  
lightly brushed with oil &  
garlic stuffed with chicken  
breast topped with tomato  
sauce, mozzarella &*

Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🥗

Hand Crafted Three  
Cheese Pizza  
*fresh dough layered with  
sauce, topped with  
ricotta, mozzarella, and  
Parmesan cheeses* 🥗

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



Cheese Quesadilla  
*freshly grilled flour tortilla  
with melted cheese* 🥗  
Brown Rice  
Sweet Corn

Nachos Grande  
*tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
sauce*  
Brown Rice  
Sweet Corn

Burrito  
*mexi-style meat, rice and  
shredded cheese folded  
inside a soft tortilla* 🥗  
Sweet Corn  
Brown Rice

Mexican Salad  
*salad with beans, corn,  
sour cream, and salsa* 🥗  
Brown Rice  
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Buffalo Chicken  
Sandwich  
*warm sandwich prepared  
in-house with spicy  
marinated chicken breast,  
crisp lettuce and sliced  
tomato* 🥗

Double Bacon Burger  
*two juicy all beef patties  
topped with crisp bacon,  
cheese, on a soft bun*  
Sweet Potato Fries

Sausage Onions &  
Peppers Sandwich  
*Italian sausage sandwich  
topped with sauteed  
onions and peppers* P  
Sweet Potato Fries

Smokehouse Pulled  
Pork Sandwich  
*smokehouse pulled pork  
on a roll with cole slaw* P  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Chicken Salad Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Turkey Club Wrap 🥗

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Roast Beef Wrap 🥗

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Vegetarian Hummus

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Cobb Salad  
*fresh lettuce topped with  
bacon, baked chicken,  
shredded cheddar, and  
chopped egg* 🥗

Garden Salad with  
Chicken Salad  
*chicken salad on a bed of  
lettuce, cucumbers,  
carrots and tomatoes* 🥗

Simply Boxed Hummus  
Energy Pack  
*freshly packed meal with  
hummus, crispy pita  
chips, cheese and sliced  
vegetables* 🥗

Buffalo Chicken Salad  
with Dinner Rolls  
*spicy chicken on a bed of  
romaine lettuce with  
cucumbers, carrots and  
tomatoes* 🥗

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Mixed Fruit  
Fresh Melon Cup  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Apple  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



**SIMPLY ROOTED**  
*in food & family*

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.whitsons.com](http://www.whitsons.com).

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served in person and virtual learners. Inquire with your schools district office to see if your school is participating. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1% fat free or flavored milk & a grain.

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# Timberlane High School

Welcome to our  
Lunch Cafe

3/8/2021 - 3/12/2021

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Homemade Chicken & Broccoli Alfredo  
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta 🍴  
Homemade Garlic Bread

Ramen Noodle Bar  
create your own authentic ramen noodle soup bowl with assorted toppings

Whole Grain French Toast  
slices of French toast baked to perfection 🍴  
Sausage Patty  
Crispy Potato Puffs

Pulled Pork  
Pulled Pork 🍴  
Fluffy Mashed Potatoes  
Baked Beans  
Cole Slaw  
Corn Bread



Hawaiian Pizza  
ham and pineapple chunks over a cheese pizza slice 🍴

Hand Crafted Three Cheese Pizza  
fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses 🍴

Pepperoni and Cheese Calzone 🍴

Homemade Chicken Parmesan Calzone  
freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella & Parmesan 🍴

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough 🍴



**MEATLESS MONDAY**

Burrito  
mexi-style meat, rice and shredded cheese folded in a soft tortilla 🍴  
Brown Rice  
Sweet Corn

Mexican Salad  
salad with beans, corn, sour cream, and salsa 🍴  
Brown Rice  
Sweet Corn

Cheese Quesadilla  
freshly grilled flour tortilla with melted cheese 🍴  
Brown Rice  
Sweet Corn

Nachos Grande  
tortilla chips topped with freshly prepared mexi style meat and cheese sauce

Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce, 🍴



Sausage Onions & Peppers Sandwich  
Italian sausage sandwich topped with sauteed onions and peppers 🍴  
Sweet Potato Fries

Smokehouse Pulled Pork Sandwich  
smokehouse pulled pork on a roll with cole slaw 🍴  
Sweet Potato Fries

Grilled Chicken Teriyaki Sandwich  
grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house 🍴

Chicken Club Sandwich  
hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes 🍴  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches 🍴



Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Chicken Salad Wrap

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Turkey Club Wrap 🍴

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Buffalo Chicken Wrap

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Chicken Salad Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and 🍴



Chicken Caesar Salad  
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍴

Simply Boxed Yogurt Power Pack  
freshly made meal with yogurt, diced cheese, granola and dried fruit 🍴

Chef Salad  
fresh lettuce topped with sliced deli meats and cheeses 🍴

Tuna Salad Plate  
garden salad topped with freshly made tuna salad 🍴

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll 🍴



Fresh Apple  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie Pasta Salad

Fresh Melon Cup  
cubed fresh melon  
Garden Salad  
Diced Pear Cup  
Potato Salad  
Homemade Lite Veggie Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals. 🍴



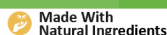
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**Spinach Salad with Bacon, Feta, and Onions**

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# Timberlane High School

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Lunch Cafe

3/15/2021 - 3/19/2021

## Monday

Whole Grain French  
Toast  
*slices of French toast  
baked to perfection* 🌱  
Sausage Patty  
Crispy Potato Puffs

## Tuesday

Pulled Pork  
*Pulled Pork* 🐷  
Fluffy Mashed  
Potatoes  
Homemade Deli Style  
Coleslaw  
Baked Beans  
Corn Bread

## Wednesday

## Thursday

Homemade Pasta &  
Meatballs  
*freshly baked meatballs  
with tomato sauce over  
pasta* 🍝  
Homemade Garlic  
Bread  
Green Beans

## Friday

Baked Chicken  
Fluffy Mashed  
Potatoes  
Sweet Corn  
Garlic Cheese Biscuit



Homemade three  
Cheese Calzone  
*calzone stuffed with three  
delicious melted  
cheeses* 🌱🍕

Pepperoni and Cheese  
Calzone 🐷🍕

Pepper & Onion Pizza  
*freshly made pizza dough  
topped with marinara  
sauce, mozzarella and  
sauteed peppers and  
onions* 🌱🍕

Homemade Chicken  
Parmesan Calzone  
*freshly prepared dough  
lightly brushed with oil &  
garlic stuffed with chicken  
breast topped with tomato  
sauce, mozzarella &*

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough 🍕



Cheese Quesadilla  
*freshly grilled flour tortilla  
with melted cheese* 🌱  
Sweet Corn  
Brown Rice

Nachos Grande  
*tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
sauce*  
Brown Rice  
Sweet Corn

Crispy Tacos  
*homemade spicy taco  
meat inside a crispy taco  
shell topped with cheese*  
Brown Rice  
Sweet Corn

Nachos Grande  
*tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
sauce*  
Sweet Corn  
Brown Rice

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Grilled Chicken  
Teriyaki Sandwich  
*grilled chicken breast  
marinated in teriyaki  
sauce, topped with  
lettuce & tomato prepared  
in-house* 🍔

Chicken Club  
Sandwich  
*hand crafted sandwich  
with grilled chicken,  
crispy bacon, lettuce and  
juicy tomatoes* 🍔  
Sweet Potato Fries

Smokehouse Pulled  
Pork Sandwich  
*smokehouse pulled pork  
on a roll with cole slaw* 🐷  
Sweet Potato Fries

Double Bacon Burger  
*two juicy all beef patties  
topped with crisp bacon,  
cheese, on a soft bun*  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Buffalo Chicken Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Chicken Salad Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Teriyaki Chicken

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Turkey Club Wrap 🍔

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Simply Boxed Belgian  
Waffle Bites  
*freshly prepared grab and  
go meal featuring creamy  
yogurt, whole grain  
Belgian waffle bites,  
sunflower protein and*

Antipasto Salad with  
Dinner Rolls  
*salami, provolone, swiss  
cheese, garbanzo beans  
and fire roasted peppers  
over garden salad* 🍷🌱

Cobb Salad  
*fresh lettuce topped with  
bacon, baked chicken,  
shredded cheddar, and  
chopped egg* 🍳

Tuna Salad Plate  
*garden salad topped with  
freshly made tuna salad* 🍷

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange  
Fresh Melon Cup  
Garden Salad  
Sliced Peaches  
Potato Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Applesauce  
Kiwi  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Mixed Fruit  
Fresh Melon Cup  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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# Timberlane High School

Welcome to our  
Lunch Cafe

3/22/2021 - 3/26/2021

## Monday

Baked Chicken  
Fluffy Mashed  
Potatoes  
Sweet Corn

Garlic Cheese Biscuit

## Tuesday

Homemade Pasta &  
Meatballs  
*freshly baked meatballs  
with tomato sauce over  
pasta*  
Homemade Garlic  
Bread  
Green Beans

## Wednesday

Homemade Shepherd's  
Pie  
*seasoned ground meat  
and crisp vegetables  
covered in creamy  
mashed potatoes, melted  
cheese, and gravy*

## Thursday

Meatloaf with Gravy  
*savory beef meatloaf with  
a hearty brown gravy*  
Fluffy Mashed  
Potatoes  
Sweet Corn  
Dinner Rolls

Homemade three  
Cheese Calzone  
*calzone stuffed with three  
delicious melted  
cheeses*

Hand Crafted Three  
Cheese Pizza  
*fresh dough layered with  
sauce, topped with  
ricotta, mozzarella, and  
Parmesan cheeses*

Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice*

Hand Crafted Three  
Cheese Pizza  
*fresh dough layered with  
sauce, topped with  
ricotta, mozzarella, and  
Parmesan cheeses*

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough

Cheese Quesadilla  
*freshly grilled flour tortilla  
with melted cheese*

Brown Rice  
Sweet Corn

Mexican Salad  
*salad with beans, corn,  
sour cream, and salsa*

Brown Rice  
Sweet Corn

Burrito  
*mexi-style meat, rice and  
shredded cheese folded  
inside a soft tortilla*

Sweet Corn  
Brown Rice

Mexican Salad  
*salad with beans, corn,  
sour cream, and salsa*

Brown Rice  
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,

Buffalo Chicken  
Sandwich  
*warm sandwich prepared  
in-house with spicy  
marinated chicken breast,  
crisp lettuce and sliced  
tomato*

Smokehouse Pulled  
Pork Sandwich  
*smokehouse pulled pork  
on a roll with cole slaw*  
Sweet Potato Fries

Sausage Onions &  
Peppers Sandwich  
*Italian sausage sandwich  
topped with sauteed  
onions and peppers*  
Sweet Potato Fries

Smokehouse Pulled  
Pork Sandwich  
*smokehouse pulled pork  
on a roll with cole slaw*  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Chicken Salad Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Turkey Club Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Roast Beef Wrap

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Vegetarian Hummus

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and

Cobb Salad  
*fresh lettuce topped with  
bacon, baked chicken,  
shredded cheddar, and  
chopped egg*

Simply Boxed Yogurt  
Power Pack  
*freshly made meal with  
yogurt, diced cheese,  
granola and dried fruit*

Chicken Caesar Salad  
*fresh romaine topped with  
parmesan cheese,  
chicken, and croutons  
with dinner rolls*

Buffalo Chicken Salad  
with Dinner Rolls  
*spicy chicken on a bed of  
romaine lettuce with  
cucumbers, carrots and  
tomatoes*

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Apple  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.

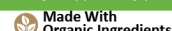


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# Timberlane High School

Welcome to our  
Lunch Cafe

3/29/2021 - 3/31/2021

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Meatloaf with Gravy  
*savory beef meatloaf with  
a hearty brown gravy* 🍴  
Fluffy Mashed  
Potatoes  
Dinner Rolls

Homemade Shepherd's  
Pie  
*seasoned ground meat  
and crisp vegetables  
covered in creamy  
mashed potatoes, melted  
cheese, and gravy* 🍴  
Corn Bread



Hawaiian Pizza  
*ham and pineapple  
chunks over a cheese  
pizza slice* P 🍴

Hand Crafted Three  
Cheese Pizza  
*fresh dough layered with  
sauce, topped with  
ricotta, mozzarella, and  
Parmesan cheeses* 🍴

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



Burrito  
*mexi-style meat, rice and  
shredded cheese folded  
inside a soft tortilla* 🍴  
Sweet Corn  
Brown Rice

Mexican Salad  
*salad with beans, corn,  
sour cream, and salsa* 🍴  
Brown Rice  
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Sausage Onions &  
Peppers Sandwich  
*Italian sausage sandwich  
topped with sauteed  
onions and peppers* P 🍴  
Sweet Potato Fries

Smokehouse Pulled  
Pork Sandwich  
*smokehouse pulled pork  
on a roll with cole slaw* P  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Roast Beef Wrap 🍴

Deli Bar  
*an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich*  
Vegetarian Hummus

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Chicken Caesar Salad  
*fresh romaine topped with  
parmesan cheese,  
chicken, and croutons  
with dinner rolls* 🍴

Buffalo Chicken Salad  
with Dinner Rolls  
*spicy chicken on a bed of  
romaine lettuce with  
cucumbers, carrots and  
tomatoes* 🍴

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Apple  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Orange  
Sliced Peaches  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.whitsons.com](http://www.whitsons.com).

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participating. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1% fat free or flavored milk & a grain.

\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This institution is an equal opportunity provider.

