

Timberlane High School

Welcome to our
Lunch Cafe

5/3/2021 - 5/7/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce
Whole Wheat Dinner Roll

Sweet & Sour Chicken Sauce & Toss
popcorn chicken in a sweet & sour sauce
Brown Rice
Steamed Broccoli

Whole Grain Waffles with Sausage
light and crispy waffles served with a sausage patty
Crispy Potato Puffs
Sautéed Cinnamon Apple Slices

Homemade Chicken & Broccoli Alfredo
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta
Homemade Garlic Bread

Ramen Noodle Bar
create your own authentic ramen noodle soup bowl with assorted toppings



BBQ Chicken Pizza
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Margherita Pizza
freshly prepared dough lightly brushed with garlic and oil, topped with tomato sauce, mozzarella cheese, fresh tomatoes and basil

Hawaiian Pizza
ham and pineapple chunks over a cheese pizza slice

Hand Crafted Three Cheese Pizza
fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Sweet Corn
Brown Rice

Mexican Salad
salad with beans, corn, sour cream, and salsa
Sweet Corn

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Brown Rice
Sweet Corn

Nachos Grande
torilla chips topped with freshly prepared mexi style meat and cheese sauce
Sweet Corn
Brown Rice

Mexican Salad
salad with beans, corn, sour cream, and salsa
Brown Rice
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Ruby's Chicken Cordon Bleu
handcrafted sandwich with moist chicken breast, thinly sliced ham, cheese, crisp lettuce and pickle chips between a

Chicken Parmesan Sandwich
warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a

Philly Cheese Steak
thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house

Sausage Onions & Peppers Sandwich
Italian sausage sandwich topped with sauteed onions and peppers
Sweet Potato Fries

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Roast Beef Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Vegetarian Hummus

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Garden Salad with Cheese Entree
fresh garden salad topped with cheese

Greek Salad
romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions

Garden Salad with Chicken Salad
chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes

Simply Boxed Hummus Energy Pack
freshly packed meal with hummus, crispy pita chips, cheese and sliced vegetables

Buffalo Chicken Salad with Dinner Rolls
spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Diced Pear Cup
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad
Fresh Melon Cup

Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad
Kiwi

Fresh Apple Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Orange Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.

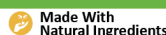


SIMPLY ROOTED
in food & family

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Timberlane High School

Welcome to our
Lunch Cafe

5/10/2021 - 5/14/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Pasta, Pasta, Pasta
pasta with the sauce of
your choice: Alfredo,
marinara or bolognese
Roasted Squash
Homemade Garlic
Bread

Meatloaf with Gravy
savory beef meatloaf with
a hearty brown gravy 🍷
Fluffy Mashed
Potatoes
Green Beans
Whole Wheat Dinner
Roll

General Tso's Chicken
crispy chicken with
broccoli in General Tso's
sauce 🍷
Brown Rice
Vegetable Egg Roll

Whole Grain French
Toast
slices of French toast
baked to perfection 🌱
Sausage Patty
Crispy Potato Puffs

Chicken with Gravy
roasted chicken covered
with gravy
Fluffy Mashed
Potatoes
Green Beans
Garlic Cheese Biscuit



Hawaiian Pizza
ham and pineapple
chunks over a cheese
pizza slice P 🍷

Hand Crafted Three
Cheese Pizza
fresh dough layered with
sauce, topped with
ricotta, mozzarella, and
Parmesan cheeses 🌱

Chicken
Alfredo Pizza

French Bread Pizza
toasted French bread
topped with pizza sauce
and melted cheese 🌱

Buffalo Mac & Cheese
Pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



**MEATLESS
MONDAY**

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Brown Rice
Sweet Corn

Mexican Salad
salad with beans, corn,
sour cream, and salsa
🍷
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Sweet Corn

Mexican Salad
salad with beans, corn,
sour cream, and salsa
🍷
Brown Rice
Sweet Corn

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Sausage Onions &
Peppers Sandwich
Italian sausage pulled pork
topped with sauteed
onions and peppers P
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

BBQ Chicken
Sandwich
warm baked chicken
smothered in BBQ sauce
on a bun and prepared in-
house
Sweet Potato Fries

Grilled Chicken
Teriyaki Sandwich
grilled chicken breast
marinated in teriyaki
sauce, topped with
lettuce & tomato prepared
in-house 🍷

Chicken Club
Sandwich
hand crafted sandwich
with grilled chicken,
crispy bacon, lettuce and
juicy tomatoes 🍷
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🍷

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls 🍷

Simply Boxed Yogurt
Power Pack
freshly made meal with
yogurt, diced cheese,
granola and dried fruit 🌱

Simply Boxed Hummus
Energy Pack
freshly packed meal with
hummus, crispy pita
chips, cheese and sliced
vegetables 🌱 🍷

Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses P 🍷

Simply Boxed Belgian
Waffle Bites
freshly prepared grab and
go meal featuring creamy
yogurt, whole grain
Belgian waffle bites,
sunflower protein and

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Melon Cup
cubed fresh melon
Garden Salad
Diced Pear Cup
Potato Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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Vegetarian
 Made With Natural Ingredients
 Pork
 Smart Choice
 Made With Organic Ingredients

Timberlane High School

Welcome to our
Lunch Cafe

5/17/2021 - 5/21/2021

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|--|
|  | Baked Chicken Fluffy Mashed Potatoes Baked Beans Corn Bread | Cheesy Lasagna Roll-Ups <i>rolled up lasagna noodles, stuffed with ricotta and parmesan cheeses, tomato sauce and melted mozzarella cheese.</i>   Steamed Broccoli | Homemade Shepherd's Pie <i>seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy</i>  Steamed Peas Garlic Cheese Biscuit | Homemade Pasta & Meatballs <i>freshly baked meatballs with tomato sauce over pasta</i>   Homemade Garlic Bread Green Beans | Chicken and Waffles <i>crispy chicken placed on top of fluffy waffles</i> Crispy Potato Puffs Sauteed Cinnamon Apple Slices |
|  | Bagel Pizza | Taco Pizza | BBQ Chicken Pizza <i>freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion</i>  | Pepper & Onion Pizza <i>freshly made pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions</i>   | Chicken, Bacon, Ranch Pizza |
| Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough | | | | | |
|  | Cheese Quesadilla <i>freshly grilled flour tortilla with melted cheese</i>  Sweet Corn Brown Rice | Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese sauce</i> Brown Rice Sweet Corn | Mission Burrito <i>authentic fiesta style meat topped with sour cream, beans, seasoned rice, shredded cheese and crisp lettuce inside a soft tortilla shell</i> | Crispy Tacos <i>homemade spicy taco meat inside a crispy taco shell topped with cheese</i> Brown Rice Sweet Corn | Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese sauce</i> Sweet Corn Brown Rice |
| Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce, | | | | | |
|  | Grilled Chicken Teriyaki Sandwich <i>grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house</i>  | Chicken Club Sandwich <i>hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes</i>  Sweet Potato Fries | Bacon Cheeseburger <i>burger topped with cheese and bacon on a freshly toasted bun</i> Sweet Potato Fries | Smokehouse Pulled Pork Sandwich <i>smokehouse pulled pork on a roll with cole slaw</i>  Sweet Potato Fries | Double Bacon Burger <i>two juicy all beef patties topped with crisp bacon, cheese, on a soft bun</i> Sweet Potato Fries |
| Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches | | | | | |
|  | Deli Bar <i>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</i> Buffalo Chicken Wrap | Deli Bar <i>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</i> Chicken Salad Wrap | Deli Bar <i>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</i> Tuna Salad Wrap*  | Deli Bar <i>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</i> Teriyaki Chicken | Deli Bar <i>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</i> Turkey Club Wrap  |
| Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and | | | | | |
|  | Simply Boxed Belgian Waffle Bites <i>freshly prepared grab and go meal featuring creamy yogurt, whole grain Belgian waffle bites, sunflower protein and</i> | Antipasto Salad with Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i>   | Chicken Caesar Salad <i>fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls</i>  | Cobb Salad <i>fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg</i>  | Chef Salad <i>fresh lettuce topped with sliced deli meats and cheeses</i>   |
| Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll | | | | | |
|  | Fresh Orange Fresh Melon Cup Garden Salad Sliced Peaches Potato Salad | Fresh Orange Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie Pasta Salad | Fresh Granny Smith Apple Mixed Fruit Fresh Melon Cup Potato Salad Side Salad Homemade Lite Veggie Pasta Salad | Applesauce Kiwi Potato Salad Side Salad Homemade Lite Veggie Pasta Salad | Fresh Orange Mixed Fruit Fresh Melon Cup Potato Salad Side Salad Homemade Lite Veggie Pasta Salad |
| Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals. | | | | | |

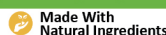


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5/24/2021 - 5/28/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken with Gravy
roasted chicken covered with gravy
Fluffy Mashed Potatoes
Steamed Carrots
Dinner Rolls

Homemade Pasta & Meatballs
freshly baked meatballs with tomato sauce over pasta
Homemade Garlic Bread
Green Beans

Whole Grain French Toast
slices of French toast baked to perfection
Sausage Patty
Crispy Potato Puffs

Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce
Fluffy Mashed Potatoes

Early Release

NO LUNCH



Spinach & Chicken Pizza

Hand Crafted Three Cheese Pizza
fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses

Sausage Pizza
traditional pizza slice topped with sausage

Hawaiian Pizza
ham and pineapple chunks over a cheese pizza slice

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzon or Pizza all featuring whole grain rich pizza dough



Mexican Salad
salad with beans, corn, sour cream, and salsa
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Brown Rice
Sweet Corn

Mexican Salad
salad with beans, corn, sour cream, and salsa
Brown Rice
Sweet Corn

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese sauce
Sweet Corn
Brown Rice

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Buffalo Chicken Sandwich
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

Smokeyhouse Pulled Pork Sandwich
smokeyhouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Grilled Chicken Teriyaki Sandwich
grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house

Sausage Onions & Peppers Sandwich
Italian sausage sandwich topped with sauteed onions and peppers
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Roast Beef Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Cobb Salad
fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg

Simply Boxed Yogurt Power Pack
freshly made meal with yogurt, diced cheese, granola and dried fruit

Greek Salad
romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions

Simply Boxed Hummus Energy Pack
freshly packed meal with hummus, crispy pita chips, cheese and sliced vegetables

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Orange
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Granny Smith Apple
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad
Sliced Pears

Fresh Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie Pasta Salad

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