

Timberlane High School

Welcome to our
Lunch Cafe

5/2/2022 - 5/6/2022

Monday

Beef Hot Dog on Bun
juicy beef hot dog on a
soft bun
Oven Baked Fries
Green Beans

Tuesday

Chicken Pot Pie
Fresh Green Beans

Wednesday

Whole Grain Waffles
with Sausage
light and crispy waffles
served with a sausage
patty
Crispy Potato Puffs
Sautéed Cinnamon
Apple Slices

Thursday

Sabroso Tropical
Chicken Taco
fajita-style chicken in
whole corn taco shells
topped with mango black
bean salsa
Green Beans

Friday

Bacon, Egg and
Cheese Breakfast
Sandwich
warm breakfast sandwich
prepared in-house and
made with bacon, egg,
and cheese
Crispy Potato Puffs
Carrot Dippers



Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Incredibowls Fiesta
Chicken & Rice Bowl
seasoned rice topped
with beans, chicken, corn
and cheese

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Brown Rice
Sweet Corn

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
Sweet Corn
Brown Rice

Mexican Salad
salad with beans, corn,
sour cream, and salsa
Brown Rice
Sweet Corn

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Roasted Turkey Cuban
Melt
freshly prepared grilled
sandwich with ham,
roasted turkey and
melted Swiss cheese

Meatball Sandwich
warm baked meatballs
smothered in tomato
sauce on a sandwich
prepared in-house

Philly Cheese Steak
thinly sliced beef topped
with sautéed peppers,
onions and melted
cheese on a lightly
toasted bun prepared in-
house

Chicken Parmesan
Sandwich
warm chicken patty
smothered in tomato
sauce, topped with
melted cheese
assembled in-house on a

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Tuna & Cheese Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Teriyaki Chicken

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls

Simply Boxed Picnic
Lunch
freshly crafted sandwich
paired with fresh fruit and
veggies for an on-the-go
lunch
Homemade Chicken

Simply Boxed Not-A-
Nut-Butter Fuel Pack
freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit
Homemade Chicken

Simply Boxed Not-A-
Nut-Butter Fuel Pack
freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit

Classic Greek Salad
romaine lettuce with
cucumbers, tomatoes,
feta cheese, black olives
and red onions

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad
Kiwi

Fresh Apple
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad
Kiwi

Fresh Apple
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

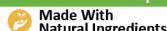
Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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Timberlane High School

Welcome to our
Lunch Cafe

5/9/2022 - 5/13/2022

Monday

Pasta, Pasta, Pasta
pasta with the sauce of
your choice: Alfredo,
marinara or bolognese



MEATLESS
MONDAY

Tuesday

Turkey Pot Pie
Cheesy Biscuit
Seasoned Beans

Wednesday

Cinnamon French
Toast
slices of French toast
baked to perfection
Sausage Patty
Sauteed Cinnamon
Apple Slices

Thursday

Chicken Cheese
Quesadilla
hand crafted grilled flour
tortilla filled with juicy
chicken and melty
cheese
Steamed Peas

Friday

Sweet & Sour Chicken
Sauce & Toss
popcorn chicken in a
sweet & sour sauce
Fluffy Mashed
Potatoes
Green Beans



Pepperoni and Cheese
Stromboli

Hand Crafted Three
Cheese Pizza
fresh dough layered with
sauce, topped with
ricotta, mozzarella, and
Parmesan cheeses

Chicken
Alfredo
Pizza

Meat Lovers Pizza
freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball

Greek
Pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Brown Rice
Sweet Corn

Mexican Salad
salad with beans, corn,
sour cream, and salsa
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Sweet Corn

Classic Tex Mex
Burrito
mexi-style meat, rice and
shredded cheese folded
inside a soft tortilla

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Sausage Onions &
Peppers Sandwich
Italian sausage sandwich
topped with sauteed
onions and peppers

Philly Cheese Steak
thinly sliced beef topped
with sauteed peppers,
onions and melted
cheese on a lightly
toasted bun prepared in-
house

BBQ Chicken
Sandwich
warm baked chicken
smothered in BBQ sauce
on a bun and prepared in-
house
Sweet Potato Fries

Beef Hot Dog on Bun
juicy beef hot dog on a
soft bun
Sweet Potato Fries

Chicken Club
Sandwich
hand crafted sandwich
with grilled chicken,
crispy bacon, lettuce and
juicy tomatoes
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Egg Salad Sandwich

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls

Simply Boxed Belgian
Waffle Bites
freshly prepared grab and
go meal featuring creamy
yogurt, whole grain
Belgian waffle bites,
sunflower protein and

Classic Greek Salad
romaine lettuce with
cucumbers, tomatoes,
feta cheese, black olives
and red onions

Classic Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses

Classic Greek Salad
romaine lettuce with
cucumbers, tomatoes,
feta cheese, black olives
and red onions

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Apple
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Fresh Apple
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

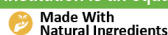
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Timberlane High School

Welcome to our
Lunch Cafe

5/16/2022 - 5/20/2022

Monday

Herb Roasted Chicken
Fluffy Mashed
Potatoes



Tuesday

Chicken Nugget &
Mozzarella Stick
Combo
*Crispy chicken nuggets
and gooey mozzarella
sticks served with dipping
sauce*
Crispy Potato Puffs
Steamed Broccoli

Wednesday

Homemade Shepherd's
Pie
*seasoned ground meat
and crisp vegetables
covered in creamy
mashed potatoes, melted
cheese, and gravy*
Steamed Peas

Thursday

Buffalo Chicken Mac &
Cheese
*pasta in cheese sauce,
topped with buffalo style
chicken*
Homemade Garlic
Bread
Green Beans

Friday

Chicken and Waffles
*crispy chicken placed on
top of fluffy waffles*
Crispy Potato Puffs
Sauteed Cinnamon
Apple Slices



Meatball Pizza
*cheese pizza topped with
sliced meatball*

Sausage Pizza
*traditional pizza slice
topped with sausage*

Hand Crafted Buffalo
Chicken Pizza
*fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp*

Chicken Bacon
Ranch Pizza

Pepper & Onion Pizza
*freshly made pizza dough
topped with marinara
sauce, mozzarella and
sauteed peppers and
onions*

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Cheese Quesadilla
*freshly grilled flour tortilla
with melted cheese*

Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese*
Brown Rice
Sweet Corn

Mexican Salad
*salad with beans, corn,
sour cream, and salsa*
Brown Rice
Sweet Corn

Crispy Tacos
*homemade spicy taco
meat inside a crispy taco
shell topped with cheese*
Brown Rice
Sweet Corn

Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese*
Sweet Corn
Brown Rice

Available Daily: Nachos, Crispy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Buffalo Chicken
Tenders
*Buffalo chicken tenders
with carrot and celery
sticks*

Chicken Club
Sandwich
*hand crafted sandwich
with grilled chicken,
crispy bacon, lettuce and
juicy tomatoes*
Sweet Potato Fries

Bacon Cheeseburger
*burger topped with
cheese and bacon on a
freshly toasted bun*
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
*smokehouse pulled pork
on a roll with cole slaw*
Sweet Potato Fries

Double Bacon Burger
*two juicy all beef patties
topped with crisp bacon,
cheese, on a soft bun*
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Chicken Salad Wrap

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Tuna Salad Wrap*

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Teriyaki Chicken

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Turkey Club Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Simply Boxed Not-A-
Nut-Butter Fuel Pack
*freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit*

Simply Boxed Not-A-
Nut-Butter Fuel Pack
*freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit*
Antipasto Salad with

Simply Boxed Not-A-
Nut-Butter Fuel Pack
*freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit*
Chicken Caesar Salad

Simply Boxed Not-A-
Nut-Butter Fuel Pack
*freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit*
Cobb Salad

Simply Boxed Not-A-
Nut-Butter Fuel Pack
*freshly prepared meal
with nut-free spread,
crispy pita chips, cheese
and fruit*
Classic Chef Salad

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Granny Smith
Apple
Mixed Fruit
Fresh Melon Cup
Garden Salad
Sliced Peaches

Fresh Orange
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Mixed Fruit
Fresh Melon Cup
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Kiwi
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Fresh Melon Cup
Side Salad
Homemade Lite Veggie
Pasta Salad

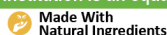
Variety of Veggies, Legumes, Fruit & Fresh Fruit Available Daily. Choice of Milk is included with all meals.



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Timberlane High School

Welcome to our
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5/23/2022 - 5/27/2022

Monday

Tuesday

Wednesday

Thursday

Friday



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱
Tomato Soup
Oven Baked Fries

Herb Roasted Chicken
Fluffy Mashed Potatoes
Roasted Mixed Veggies
Whole Grain Biscuit

Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷
Fluffy Mashed Potatoes

Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle

EARLY
RELEASE



Grilled Vegetable Pizza
freshly made pizza topped with grilled zucchini, squash, eggplant and scallions covered with melted mozzarella cheese 🌱

Hand Crafted Three Cheese Pizza
fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses 🌱

Homemade three Cheese Calzone
calzone stuffed with three delicious melted cheeses 🌱🍷

Chicken Alfredo Pizza

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Mexican Salad
salad with beans, corn, sour cream, and salsa 🌱🍷
Brown Rice
Sweet Corn

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Brown Rice
Sweet Corn

Cheese Quesadilla
freshly grilled flour tortilla with melted cheese 🌱

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Sweet Corn
Brown Rice

Available Daily: Nachos, Cripsy & Soft Tacos, Taco Bowls with Mexi Beef, Chicken, Cheese and Shredded Lettuce,



Wing Shack Chicken Wings
breaded chicken wings baked to perfection
Sweet Potato Fries

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Grilled Chicken Teriyaki Sandwich
grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house 🍷

Sausage Onions & Peppers Sandwich
Italian sausage sandwich topped with sauteed onions and peppers 🍷

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Salad Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap 🍷

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Available Daily: Assorted Boars Head cold cuts, popcorn chicken, tuna, cheeses and whole grain rich bread, rolls and



Mango Madness Smoothie
a fresh blend of yogurt, milk and mango 🌱🍷

Cobb Salad
fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg 🍷

Strawberry Orange Smoothie
a blend of vanilla yogurt with fresh strawberries and orange juice 🌱🍷

Simply Boxed Yogurt Power Pack
freshly made meal with yogurt, diced cheese, granola and dried fruit 🌱🍷

Available Daily: Garden Salad, Chef Salad, Caesar Salad, Organic Fruit & Yogurt Parfait and Smoothies Includes whole wheat dinner roll



Fresh Orange Sliced Peaches
Side Salad
Homemade Lite Veggie Pasta Salad

Fresh Orange Sliced Peaches
Side Salad
Homemade Lite Veggie Pasta Salad

Mixed Fruit Applesauce
Sliced Peaches
Fresh Apple
Side Salad
Sliced Pears

Mixed Fruit
Fresh Apple
Sliced Peaches
Homemade Lite Veggie Pasta Salad

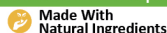
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Timberlane High School

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5/30/2022 - 5/31/2022

Monday

Tuesday

Wednesday

Thursday

Friday



Buffalo Chicken and Cheese Quesadilla
fiesta style chicken and cheddar cheese inside a grilled folded tortilla spread with hot sauce
Brown Rice



Homemade Broccoli Calzone
calzone stuffed with melted cheese and sauted broccoli

Available Daily: Cheese Pizza, Pepperoni Pizza and a Special Calzone or Pizza all featuring whole grain rich pizza dough



Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese

Available Daily: Nachos, Crispy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried



Bacon Cheeseburger on Bun
homemade beef patty topped with melted cheese and crispy bacon on a toasted bun

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps



Simply Boxed Not-A-Nut-Butter Fuel Pack
freshly prepared meal with nut-free spread, crispy pita chips, cheese and fruit
Homemade Chicken

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Fresh Orange
Fresh Banana
Mixed Fruit
Fresh Apple
Homemade Lite Veggie Pasta Salad

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