



Welcome to our Breakfast Cafe

Timberlane High School

April 2022

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

1 Whole Grain French Toast Slices
100% Orange Juice Blend

4 Avocado Toast
Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

5 Sausage, Egg and Cheese Sandwich Or Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

6 Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

7 Ham, Egg and Cheese Sandwich
100% Orange Juice Blend

8 Bacon, Egg and Cheese Corn Muffin Bowl
Mixed Fruit
100% Orange Juice Blend

11 Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

12 Fruity Parfait
100% Orange Juice Blend

13 Sausage, Egg & Cheese Burrito*
Mixed Fruit
100% Orange Juice Blend

14 Whole Grain French Toast Slices
Mixed Fruit
100% Orange Juice Blend

15 Ham, Egg and Cheese Sandwich
Mixed Fruit
100% Orange Juice Blend

18 Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

19 Whole Grain Waffles with Sausage and Mixed Fruit
100% Orange Juice Blend

20 Homemade Muffins
Apple Banana Smoothie

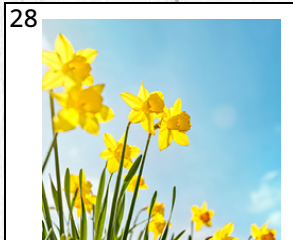
21 Sausage, Egg and Cheese Sandwich
Mixed Fruit
100% Orange Juice Blend

22 Homemade Muffins
Mixed Fruit
100% Orange Juice Blend

25 **SPRING BREAK!**
SCHOOL CLOSED

26

27



28



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Breakfast Prices

Regular: \$Free

Reduced: \$0.00

Breakfast is served in the café between the hours of 7:00 and 7:20

Available Daily

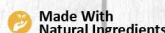
Whole grain bagels w/ butter or low fat cream cheese

Assorted Yogurt

Assorted Muffins: blueberry, chocolate chip or corn

Assorted Cereals: Cinnamon Toast Crunch, Honey

Nut Cheerios, Rice Krispies



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.