



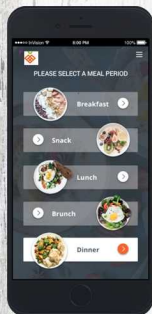
Welcome to our Breakfast Cafe

Timberlane High School

May 2022

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Sausage, Egg & Cheese Burrito* 🥑 Mixed Fruit 100% Orange Juice Blend	3 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend	4 Ham, Egg and Cheese Sandwich P 100% Orange Juice Blend	5 Belgian Waffle Bites Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	6 Whole Grain French Toast Slices 🥑 100% Orange Juice Blend
9 Avocado Toast 🥑 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend MEATLESS MONDAY	10 Sausage, Egg and Cheese Sandwich Or Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend	11 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend	12 Ham, Egg and Cheese Sandwich P 100% Orange Juice Blend	13 Bacon, Egg and Cheese Corn Muffin Bowl P Mixed Fruit 100% Orange Juice Blend
16 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend MEATLESS MONDAY	17 Fruity Parfait 🥑 100% Orange Juice Blend	18 Sausage, Egg & Cheese Burrito* 🥑 Mixed Fruit 100% Orange Juice Blend	19 Whole Grain French Toast Slices 🥑 Mixed Fruit 100% Orange Juice Blend	20 Ham, Egg and Cheese Sandwich P Mixed Fruit 100% Orange Juice Blend
23 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend MEATLESS MONDAY	24 Whole Grain Waffles with Sausage Mixed Fruit 100% Orange Juice Blend	25 Homemade Muffins 🥑 Apple Banana Smoothie 🥑	26 Sausage, Egg and Cheese Sandwich Mixed Fruit 100% Orange Juice Blend	27 Homemade Muffins 🥑 Mixed Fruit 100% Orange Juice Blend
30 	31 Sausage, Egg & Cheese Burrito* 🥑 Sliced Peaches			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



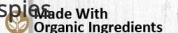
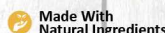
Breakfast Prices

Regular: \$Free
Reduced: \$0.00

Breakfast is served in the café between the hours of 7:00 and 7:20

Available Daily

- Whole grain bagels w/ butter or low fat cream cheese
- Assorted Yogurt
- Assorted Muffins: blueberry, chocolate chip or corn
- Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.