Welcome to our Lunch Cafe

1/4/2021 - 1/8/2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
World T. T. MARKET Coyote GRILL	Baked Chicken Fluffy Mashed Potatoes Sweet Corn Whole Wheat Dinner Roll Cranberry Sauce	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice Fiesta Corn	To Go Meal Pick up 8:00am until 11:00 am At All 4 Elementary Schools	Pasta & Meat Sauce freshly cooked pasta with meat sauce	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn	
de CUCINA	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses		White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball	
	Available Daily: Chee	se Pizza, Pepperoni Pizza	and Special Calzone or Pi	zza all featuring whole gra	ain rich pizza dough	
Miss RUBY'S	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- nouse et Potato Fries	Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw P Sweet Potato Fries		Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house	General TSO's Chicken Sandwich with Oven Fries	
MEA	Ava	ailable Daily: Hamburgers	, Cheeseburgers, Veggie	Burgers, & Chicken Patties	S.	
Great SAN AMERICAN	Deli Bar ssortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Tuna Salad Wrap*	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap cold cuts, popcorn chi	cken, tuna, cheeses &	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese whole grain bread, ro	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap	
	Egg Salad Plate with 2	Greek Salad	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Chef Salad	Tuna Salad Plate	
Frait AND EXPRESS	Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes	romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions 🚱 🤔		fresh lettuce topped with sliced deli meats and cheeses 🕑 🤔	garden salad topped with freshly made tuna salad	
	Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
Healthy	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Decta Salad Garage Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad Baby Carrots	
	variety of Fresh Fruits ar	id veggies available daily -	Pasta Salad, Caesar Salad,	, Tossed Salad, Cupped Fri	uits & Fresh Fruits	
whitsons SIMP	LY ROOZ	The Meals are approved	USDA has approved FREE breakfast and to be served for in person and virtual lear	ners. Inquire with your schools district of	NSLP/SBP for the 2020-2021 school yea fice to see if your school is participating	

We are Simply Rooted $^{\text{TM}}$ in food and family. Our menus are healthy, nutritious and flavorful,



in food & family

made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.









Welcome to our Lunch Cafe

1/11/2021 - 1/15/2021

Calling	Monday	Tuesday	Wednesday	Thursday	Friday
World ** MARKET Coyote	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn	Pasta & Meat Sauce freshly cooked pasta with meat sauce (Cook of the cook of		Baked Chicken Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap
GRILL	Flesta Com			Garlic Cheese Biscuit	Brown Rice Fiesta Corn
2ª CUCINA	White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball		Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese
	Available Daily: Chee	se Pizza, Pepperoni Pizza	and Special Calzone or P	izza all featuring whole gra	in rich pizza dough
Miss RUBY'S	General TSO's Chicken Sandwich with Oven Fries	Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house		Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Sweet Potato Fries	Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries
	Ava	ailable Daily: Hamburgers,	Cheeseburgers, Veggie	Burgers, & Chicken Patties	S
Great SAMERICAN SAMERICAN	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap		Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Egg Salad Wrap	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap
	Daily: Boars Head of	cold cuts, popcorn chi	cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with
Frait And EXPRESS	Chef Salad fresh lettuce topped with sliced deli meats and cheeses P	Tuna Salad Plate garden salad topped with freshly made tuna salad		Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes	Egg Salad Plate with 2 Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes &
	Available Daily: Garden	n Salad, Chef Salad, Caesa	ar Salad & Organic Fruit a	nd Yogurt Parfait. Includes	s whole wheat dinner
Healthy	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad Variety of Fresh Fruits an	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Pasta Salad, Caesar Salad	Fresh Grapes Mixed Fruit Fresh Apple Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie
CHITSONS STUP	LY ROOT			l lunch for all students for schools on the l rners. Inquire with your schools district of	



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and purchase locally when seasonally available. Check us out at www.Whitsons.com.









Welcome to our Lunch Cafe

1/18/2021 - 1/22/2021

I Rights Day No School	Chicken with Gravy roasted chicken covered with gravy Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	Homemade Shepherd's Pie seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with chicke
No School	with gravy Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	freshly prepared mexistyle meat and cheese sauce Brown Rice Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicke
No School	Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	style meat and cheese sauce Sauce Sauce Sauce Sauce Sauce Sauce Sauce Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicke
No School	Pótatoes Sweet Corn Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	covered in creamy mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Brown Rice Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicke
	Sweet Corn Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Brown Rice Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil & garlic stuffed with chicke
	Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	mashed potatoes, melted cheese, and gravy Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Brown Rice Fiesta Corn Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil of garlic stuffed with chicken
	Cranberry Sauce Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	cheese, and gravy binner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Homemade Chicken Parmesan Calzone freshly prepared dough lightly brushed with oil of
ailable Daily: Che	Garlic Cheese Biscuit Pepperoni and Cheese Calzone P	and Special Calzone or Di	Dinner Rolls White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Homemade Chicken Parmesan Calzone freshly prepared dougl lightly brushed with oil garlic stuffed with chicke
ailable Daily: Che	Pepperoni and Cheese Calzone P	and Special Calzone or Di	White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Parmesan Calzone freshly prepared dougl lightly brushed with oil garlic stuffed with chick
ailable Daily: Che	Calzone P P cese Pizza, Pepperoni Pizza Smokehouse Pulled	and Special Calzone or Di	freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese,	Parmesan Calzone freshly prepared dough lightly brushed with oil garlic stuffed with chicke
ailable Daily: Che	ese Pizza, Pepperoni Pizza Smokehouse Pulled	and Special Calzone or Di	brushed with garlic and oil, topped with mozzarella cheese,	freshly prepared dough lightly brushed with oil garlic stuffed with chicke
ailable Daily: Che	Smokehouse Pulled	and Special Calzone or Di	oil, topped with mozzarella cheese,	lightly brushed with oil garlic stuffed with chick
railable Daily: Che	Smokehouse Pulled	and Special Calzone or Di	mozzarella cheese,	garlic stuffed with chick
ailable Daily: Che	Smokehouse Pulled	and Special Calzone or Di	· · · · · · · · · · · · · · · · · · ·	•
ailable Daily: Che	Smokehouse Pulled	and Special Calzone or Pi	baked to perfection 🤭	broact tonned with to-
ailable Daily: Che	Smokehouse Pulled	and Special Calzone or Pi	, · · · · · · · · · · · · · · · · · · ·	breast topped with toma
ailable Daily: Che	Smokehouse Pulled	and Special Calzone or Pi	1	sauce, mozzarella &
ſ		and Opedial Galzone of Pi	zza all featuring whole gra	in rich pizza dough
	Pork Sandwich		Grilled Cheese	Meatball Hero
		1	Sandwich	freshly baked meatball
	smokehouse pulled pork	1	golden toasted bread with	mixed in a rich tomato
	on a roll with cole slaw		melted gooey cheese	sauce inside a soft ro
	P		pressed and prepared in-	topped with melted
		1	house 🌈	mozzarella 🤔 🚷
	Sweet Potato Fries			
			Sweet Potato Fries	Sweet Potato Fries
A	vailable Daily: Hamburgers,	Cheeseburgers, veggle	· · · · · · · · · · · · · · · · · · ·	
		1		Deli Bar
	an assortment of cold	1	an assortment of cold	an assortment of cold
	cuts, cheeses,	1	cuts, cheeses,	cuts, cheeses,
	condiments and breads,	1	condiments and breads,	condiments and breads
	rolls, or wraps to create	1	rolls, or wraps to create	rolls, or wraps to creat
	your own sandwich		your own sandwich	your own sandwich
	Buffalo Chicken Wrap		Ham & Cheese Wrap	Buffalo Chicken Wra
ly: Boars Head	cold cuts, popcorn chie	cken, tuna, cheeses &	whole grain bread, rol	lls and wraps with
	Egg Salad Plate with 2		Garden Salad with	Chicken Caesar Sala
	Dinner Rolls	1	Chicken Salad	fresh romaine topped w
	on a bed of lettuce with	1	chicken salad on a bed of	parmesan cheese,
	carrots, cucumbers and	1	lettuce, cucumbers,	chicken, and croutons
				with dinner rolls 🤗
	tornatoes ()		carrots and tornatoes	with difficer rolls
ilable Daily: Gard	en Salad, Chef Salad, Caesa	ar Salad & Organic Fruit a	nd Yogurt Parfait. Includes	whole wheat dinner
	Applesauce		Fresh Orange	Fresh Granny Smith
	Sliced Peaches	1	Mixed Fruit	Apple
	Potato Salad	1	Potato Salad	Sliced Peaches
	Side Salad	1	Side Salad	Potato Salad
	Confetti Garbanzo	1		Side Salad
		1		Homemade Lite Vegg
		1	. acta calaa	Pasta Salad
	Pacta Salad			
ty of Fresh Fruits a	and Veggies available daily -	Pasta Salad, Caesar Salad,	, Tossed Salad, Cupped Fru	its & Fresh Fruits
	ilable Daily: Gard	rolls, or wraps to create your own sandwich Buffalo Chicken Wrap ly: Boars Head cold cuts, popcorn chic Egg Salad Plate with 2 Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes (**) Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap Iy: Boars Head cold cuts, popcorn chicken, tuna, cheeses & Egg Salad Plate with 2 Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap Buffalo Chicken Wrap Egg Salad Plate with 2 Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese Wrap Garden Salad chicken Salad with Chicken Salad chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes Fresh Orange Mixed Fruit Potato Salad Side Salad Homemade Lite Veggie Pasta Salad Homemade Lite Veggie



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Welcome to our Lunch Cafe

1/25/2021 - 1/29/2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
World ST.	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn	Whole Grain French Toast slices of French toast baked to perfection Crispy Pork Sausage Links Crispy Potato Puffs		Baked Chicken Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap	
MENLES					Brown Rice Fiesta Corn	
SUCINA CUCINA	Homemade Meatball Calzone fresh dough lightly brushed with garlic and oil sauce made from scratch, rolled with low fat seasoned ricotta and	Macho Taco Pizza homemade fiesta style taco meat, tomato sauce, mozzarella and parmesan cheese a top pizza crust brushed with garlic and oil		Pepperoni and Cheese Calzone P	White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection	
	Available Daily: Chees	se Pizza, Pepperoni Pizza	and Special Calzone or Pi	zza all featuring whole gra	ain rich pizza dough	
Miss RUBY'S	General Tso"s Chicken Sandwich with Fries	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Sweet Potato Fries		Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw Sweet Potato Fries	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🍪 💸 Sweet Potato Fries	
	Ava		Cheeseburgers, Veggie	Burgers, & Chicken Patties		
Great SAMERICAN	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Cheese Wrap	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap		Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Egg Salad Wrap	
ARAT	Boars Head o	cold cuts, popcorn chic	cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with	
Frait & EXPRESS	den Salad with hicken Salad on salad on a bed of rettuce, cucumbers, carrots and tomatoes	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes		Egg Salad Plate with 2 Dinner Rolls on a bed of lettuce with carrots, cucumbers and tomatoes (?)	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes	
	Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
Healthy	Fresh Orange Mixed Fruit Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad		Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Fresh Grapes Mixed Fruit Fresh Apple Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	
	Variety of Fresh Fruits an	d Veggies available daily -	Pasta Salad, Caesar Salad	, Tossed Salad, Cupped Fru	uits & Fresh Fruits	
	•					
WHITSONS' SIMP	LY ROOT		o be served for in person and virtual lear	lunch for all students for schools on the I ners. Inquire with your schools district of	fice to see if your school is participating.	

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