

Timberlane Middle School

Welcome to our
Lunch Cafe

12/1/2020 - 12/4/2020






Monday

Tuesday

Wednesday

Thursday

Friday

 		<p>Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese</p> <p>Soft Tacos Chicken Fajita Wrap</p> <p>Brown Rice Fiesta Corn</p>		<p>Pasta & Meat Sauce freshly cooked pasta with meat sauce</p> <p>Homemade Garlic Bread Green Beans</p>	<p>Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce</p> <p>Brown Rice Fiesta Corn</p>
		<p>Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses</p>		<p>White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection</p>	<p>French Bread Pizza toasted French bread topped with pizza sauce and melted cheese</p>
Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough					
		<p>Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw</p> <p>Sweet Potato Fries</p>		<p>Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house</p>	<p>General TSO's Chicken Sandwich with Oven Fries</p>
Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.					
		<p>Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Buffalo Chicken Wrap</p>		<p>Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Ham & Cheese</p>	<p>Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Turkey Club Wrap</p>
Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with					
		<p>Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions</p>		<p>Chef Salad fresh lettuce topped with sliced deli meats and cheeses</p>	<p>Tuna Salad Plate garden salad topped with freshly made tuna salad</p>
Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
		<p>Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad</p>		<p>Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad</p>	<p>Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad Baby Carrots</p>
Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits					



SIMPLY ROOTED
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.whitsons.com.

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Timberlane Middle School

Welcome to our
Lunch Cafe

12/7/2020 - 12/11/2020

Monday

Tuesday

Wednesday

Thursday

Friday



Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce 🌮
Brown Rice
Fiesta Corn

Whole Grain French
Toast
slices of French toast
baked to perfection 🌱
Sausage Patty
Crispy Potato Puffs

Baked Chicken
Fluffy Mashed
Potatoes
Sweet Corn
Cranberry Sauce

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
🌮
Brown Rice
Fiesta Corn

Garlic Cheese Biscuit



French Bread Pizza
toasted French bread
topped with pizza sauce
and melted cheese 🌱

Meat Lovers Pizza
freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball
P 🌮

BBQ Chicken Pizza
freshly prepared pizza
dough topped with BBQ
sauce, mozzarella,
cheddar, chicken strips,
and red onion 🌮

Pizza Bagel
melted cheese and
tomato sauce on a
toasted bagel, baked to
perfection 🌱 🌮

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



General TSO's
Chicken Sandwich
with Oven Fries

Grilled Chicken
Teriyaki Sandwich
grilled chicken breast
marinated in teriyaki
sauce, topped with
lettuce & tomato prepared
in-house 🌮

Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house 🌱
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🌮

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Egg Salad Wrap 🌮

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses P 🌮

Tuna Salad Plate
garden salad topped with
freshly made tuna salad
🌮

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes 🌮

Egg Salad Plate with 2
Dinner Rolls
on a bed of lettuce with
carrots, cucumbers and
tomatoes 🌱 🌮

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Fresh Grapes
Mixed Fruit
Fresh Apple
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



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Timberlane Middle School

Welcome to our
Lunch Cafe

12/14/2020 - 12/18/2020

Monday

Crispy Tacos
*homemade spicy taco
meat inside a crispy taco
shell topped with cheese*
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn

Tuesday

Baked Chicken
Fluffy Mashed
Potatoes
Sweet Corn
Cranberry Sauce
Garlic Cheese Biscuit

Wednesday

Thursday

Homemade Shepherd's
Pie
*seasoned ground meat
and crisp vegetables
covered in creamy
mashed potatoes, melted
cheese, and gravy*
Dinner Rolls

Friday

Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce*
Brown Rice
Fiesta Corn

Pizza Bagel
*melted cheese and
tomato sauce on a
toasted bagel, baked to
perfection*

Macho Taco Pizza
*homemade fiesta style
taco meat, tomato sauce,
mozzarella and parmesan
cheese a top pizza crust
brushed with garlic and
oil*

White Pizza
*freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella cheese,
baked to perfection*

Pepperoni and Cheese
Calzone

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese
Sandwich
*toasted bread with
melted gooey cheese
sauce and prepared in-
house*
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
*smokehouse pulled pork
on a roll with cole slaw*
Sweet Potato Fries

Grilled Cheese
Sandwich
*golden toasted bread with
melted gooey cheese
sauce and prepared in-
house*
Sweet Potato Fries

Meatball Hero
*freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella*
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Egg Salad Wrap

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Buffalo Chicken Wrap

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Ham & Cheese Wrap

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Buffalo Chicken Wrap

Available Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Buffalo Chicken Salad
with Dinner Rolls
*spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes*

Egg Salad Plate with 2
Dinner Rolls
*on a bed of lettuce with
carrots, cucumbers and
tomatoes*

Garden Salad with
Chicken Salad
*chicken salad on a bed of
lettuce, cucumbers,
carrots and tomatoes*

Chicken Caesar Salad
*fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls*

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Fresh Grapes
Mixed Fruit
Fresh Apple
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



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Timberlane Middle School

Welcome to our
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12/21/2020 - 12/22/2020








Monday

Tuesday

Wednesday

Thursday

Friday

 	<p>Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🌮</p> <p>Brown Rice Fiesta Corn</p>	<p>Baked Chicken Fluffy Mashed Potatoes Sweet Corn Whole Wheat Dinner Roll Cranberry Sauce</p>		
	<p>Homemade Meatball Calzone fresh dough lightly brushed with garlic and oil sauce made from scratch, rolled with low fat seasoned ricotta and</p>	<p>Macho Taco Pizza homemade fiesta style taco meat, tomato sauce, mozzarella and parmesan cheese a top pizza crust brushed with garlic and oil 🌮</p>		
Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough				
	<p>Chicken Club Sandwich crafted sandwich with grilled chicken, bacon, lettuce and sauce 🌮</p> <p>Sweet Potato Fries</p>	<p>Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house 🌮</p> <p>Sweet Potato Fries</p>		
Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.				
	<p>Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Turkey Club Wrap</p>	<p>Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Turkey Club Wrap 🌮</p>		
Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with				
	<p>Garden Salad with Chicken Salad on a bed of lettuce, cucumbers, carrots and tomatoes 🌮</p>	<p>Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes 🌮</p>		
Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner				
	<p>Fresh Orange Mixed Fruit Potato Salad Side Salad Homemade Lite Veggie Pasta Salad</p>	<p>Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad</p>		
Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits				



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