

Timberlane Middle School

Welcome to our
Lunch Cafe

2/1/2021 - 2/5/2021

Monday

Baked Chicken
Sweet Corn
Cranberry Sauce
Oven Baked Fries

Garlic Cheese Biscuit

Tuesday

Crispy Tacos
*homemade spicy taco
meat inside a crispy taco
shell topped with cheese*
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn

Wednesday

To Go Meal Pick up
8:00am until 11:00 am

At All 4 Elementary
Schools

Thursday

Pasta & Meat Sauce
*freshly cooked pasta with
meat sauce*
Homemade Garlic
Bread
Green Beans

Friday

Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce*
Brown Rice
Fiesta Corn

French Bread Pizza
*toasted French bread
topped with pizza sauce
and melted cheese*

BBQ Chicken Pizza
*freshly prepared pizza
dough topped with BBQ
sauce, mozzarella,
cheddar, chicken strips,
and red onion*

White Pizza
*freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella cheese,
baked to perfection*

Meat Lovers Pizza
*freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball*

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese
Sandwich
*golden toasted bread with
melted gooey cheese
pressed and prepared in-
house*
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
*smokehouse pulled pork
on a roll with cole slaw*
Sweet Potato Fries

Turkey Hot Dog on
Bun
turkey hot dog on soft bun
Baked Potato Wedges

General TSO's
Chicken Sandwich
with Oven Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Tuna Salad Wrap*

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Buffalo Chicken Wrap

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Ham & Cheese

Deli Bar
*an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich*
Turkey Club Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Egg Salad Plate with 2
Dinner Rolls
*on a bed of lettuce with
carrots, cucumbers and
tomatoes*

Greek Salad
*romaine lettuce with
cucumbers, tomatoes,
feta cheese, black olives
and red onions*

Chef Salad
*fresh lettuce topped with
sliced deli meats and
cheeses*

Tuna Salad Plate
*garden salad topped with
freshly made tuna salad*

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad
Baby Carrots

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

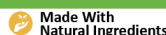


SIMPLY ROOTED
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.whitsons.com.

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participating. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1% fat free or flavored milk & a grain.

***Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This institution is an equal opportunity provider.



Timberlane Middle School

Welcome to our
Lunch Cafe

2/8/2021 - 2/12/2021

Monday

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce 🌱
Brown Rice
Fiesta Corn

Tuesday

Pasta & Meat Sauce
freshly cooked pasta with
meat sauce 🌱
Homemade Garlic
Bread
Green Beans

Wednesday

To Go Meal Pick up
8:00am until 11:00 am
At All 4 Elementary
Schools

Thursday

Baked Chicken
Fluffy Mashed
Potatoes
Sweet Corn
Cranberry Sauce

Friday

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
🌱
Brown Rice
Fiesta Corn



White Pizza
freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella cheese,
baked to perfection 🌱

Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp 🌱

Garlic Cheese Biscuit

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses 🌱

French Bread Pizza
toasted French bread
topped with pizza sauce
and melted cheese 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



General TSO's
Chicken Sandwich
with Oven Fries

Turkey Hot Dog on
Bun
turkey hot dog on soft bun
Baked Potato Wedges

Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house 🌱
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🌱

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Egg Salad Wrap 🌱

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses P 🌱

Tuna Salad Plate
garden salad topped with
freshly made tuna salad
🌱

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes 🌱

Egg Salad Plate with 2
Dinner Rolls
on a bed of lettuce with
carrots, cucumbers and
tomatoes 🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Fresh Grapes
Mixed Fruit
Fresh Apple
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



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Timberlane Middle School

Welcome to our
Lunch Cafe

2/15/2021 - 2/19/2021

Monday

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn

Tuesday

Chicken with Gravy
roasted chicken covered
with gravy
Fluffy Mashed
Potatoes
Sweet Corn
Cranberry Sauce
Garlic Cheese Biscuit

Wednesday

To Go Meal Pick up
8:00am until 11:00 am
At All 4 Elementary
Schools

Thursday

Chicken Nugget &
Mozzarella Stick
Combo
Crispy chicken nuggets
and gooey mozzarella
sticks served with dipping
sauce
Oven Baked Fries
Sweet Corn

Friday

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce
Brown Rice
Fiesta Corn

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese
Sandwich
toasted bread with
melted gooey cheese
sauce and prepared in-
house

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
Sweet Potato Fries

Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
sauce and prepared in-
house
Sweet Potato Fries

Philly Cheese Steak
thinly sliced beef topped
with sauteed peppers,
onions and melted
cheese on a lightly
toasted bun prepared in-
house

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Available Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes

Tuna Salad Plate
garden salad topped with
freshly made tuna salad

Garden Salad with
Chicken Salad
chicken salad on a bed of
lettuce, cucumbers,
carrots and tomatoes

Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Fresh Grapes
Mixed Fruit
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



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