

Timberlane Middle School

Welcome to our
Lunch Cafe

3/1/2021 - 3/5/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Whole Grain French Toast
slices of French toast baked to perfection
Crispy Pork Sausage Links
Crispy Potato Puffs
Sautéed Cinnamon Apple Slices

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn

To Go Meal Pick up
8:00am until 11:00 am

At All 4 Elementary Schools

Pasta & Meat Sauce
freshly cooked pasta with meat sauce
Homemade Garlic Bread
Green Beans

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese sauce
Brown Rice
Fiesta Corn



French Bread Pizza
toasted French bread topped with pizza sauce and melted cheese

English Muffin
Pizza

White Pizza
freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Baked Potato Fries

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Turkey Hot Dog on Bun
turkey hot dog on soft bun
Baked Potato Wedges

Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Baked Potato Wedges

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

MEATLESS MONDAY



Deli Bar
assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls

Mexican Salad
salad with beans, corn, sour cream, and salsa

Chef Salad
fresh lettuce topped with sliced deli meats and cheeses

Tuna Salad Plate
garden salad topped with freshly made tuna salad

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad
Baby Carrots

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

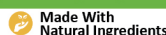


SIMPLY ROOTED
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.whitsons.com.

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Timberlane Middle School

Welcome to our
Lunch Cafe

3/8/2021 - 3/12/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
sauce 🌱
Brown Rice
Fiesta Corn

Pasta & Meat Sauce
freshly cooked pasta with
meat sauce 🌱
Homemade Garlic
Bread
Green Beans

To Go Meal Pick up
8:00am until 11:00 am
At All 4 Elementary
Schools

Whole Grain French
Toast
slices of French toast
baked to perfection 🌱
Crispy Pork Sausage
Links
Crispy Potato Puffs
Sauteed Cinnamon
Apple Slices

Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
🌱
Brown Rice
Fiesta Corn



White Pizza
freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella cheese,
baked to perfection 🌱

Meat Lovers Pizza
freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball
P 🌱

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses 🌱

French Bread Pizza
toasted French bread
topped with pizza sauce
and melted cheese 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house 🌱
Baked Potato Wedges

Turkey Hot Dog on
Bun
turkey hot dog on soft bun
Baked Potato Wedges

Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house 🌱
Sweet Potato Fries

Smokehouse Pulled
Pork Sandwich
smokehouse pulled pork
on a roll with cole slaw
P
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 🌱

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Egg Salad Wrap 🌱

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses P 🌱

Garden Salad with
Cheese Entree
fresh garden salad
topped with cheese 🌱

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes 🌱

Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls 🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Fresh Grapes
Mixed Fruit
Fresh Apple
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

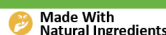


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Timberlane Middle School

Welcome to our
Lunch Cafe

3/15/2021 - 3/19/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn

Chicken with Gravy
roasted chicken covered with gravy
Fluffy Mashed Potatoes
Sweet Corn
Cranberry Sauce
Garlic Cheese Biscuit

To Go Meal Pick up
8:00am until 11:00 am
At All 4 Elementary Schools

Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce
Oven Baked Fries
Sweet Corn

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese sauce
Brown Rice
Fiesta Corn



English Muffin
Pizza

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

White Pizza
freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection

Homemade Chicken Parmesan Calzone
freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella &

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



MEATLESS MONDAY

Grilled Cheese Sandwich
toasted bread with melted gooey cheese and prepared in-house

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw
Sweet Potato Fries

Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Sweet Potato Fries

Philly Cheese Steak
thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Ham & Cheese Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Garden Salad with Cheese Entree
fresh garden salad topped with cheese

Chef Salad
fresh lettuce topped with sliced deli meats and cheeses

Garden Salad with Chicken Salad
chicken salad on a bed of lettuce, cucumbers, carrots and tomatoes

Mexican Salad
salad with beans, corn, sour cream, and salsa

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Fresh Grapes
Mixed Fruit
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Sliced Peaches
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

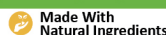


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Timberlane Middle School

Welcome to our
Lunch Cafe

3/22/2021 - 3/26/2021

Monday

Tuesday

Wednesday

Thursday

Friday

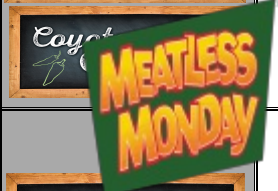


Chicken Nugget & Mozzarella Stick Combo
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷
Oven Baked Fries
Sweet Corn

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Soft Tacos
Chicken Fajita Wrap 🍷
Brown Rice
Fiesta Corn

Chicken Pot Pie with Garlic & Cheese Biscuit

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🍷
Brown Rice
Fiesta Corn



French Bread Pizza
toasted French bread topped with pizza sauce and melted cheese 🍷

BBQ Chicken Pizza
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🍷

Homemade Chicken Parmesan Calzone
freshly prepared dough lightly brushed with oil & garlic stuffed with chicken breast topped with tomato sauce, mozzarella &...

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball 🍷

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house 🍷
Sweet Potato Fries

Smokehouse Pulled Pork Sandwich
smokehouse pulled pork on a roll with cole slaw 🍷
Sweet Potato Fries

Philly Cheese Steak
thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house 🍷

Turkey Hot Dog on Bun
turkey hot dog on soft bun
Baked Potato Wedges

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap* 🍷

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Tuna Salad Wrap* 🍷

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap 🍷

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chef Salad
fresh lettuce topped with sliced deli meats and cheeses 🍷

Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🍷

Buffalo Chicken Salad with Dinner Rolls
spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes 🍷

Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad

Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie
Pasta Salad
Strawberry Cup

Fresh Orange
Mixed Fruit
Potato Salad
Side Salad
Homemade Lite Veggie
Pasta Salad

Diced Pear Cup
Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie
Pasta Salad
Baby Carrots

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Vegetarian
 Made With Natural Ingredients
 Pork
 Smart Choice
 Made With Organic Ingredients

Timberlane Middle School

Welcome to our
Lunch Cafe

3/29/2021 - 3/31/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Shepherd's Pie
seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy 🌱

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn 🌱

Garlic Cheese Biscuit



White Pizza
freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection 🌱

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱

Chicken Parmesan Sandwich
warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a 🌱

Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Turkey Club Wrap 🌱

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Chef Salad
fresh lettuce topped with sliced deli meats and cheeses 🌱

Mexican Salad
salad with beans, corn, sour cream, and salsa 🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Applesauce
Sliced Peaches
Potato Salad
Side Salad
Confetti Garbanzo
Bean Salad
Homemade Lite Veggie Pasta Salad

Fresh Apple
Side Salad
Potato Salad
Homemade Lite Veggie Pasta Salad
Strawberry Cup

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Vegetarian
 Made With Natural Ingredients
 Pork
 Smart Choice
 Made With Organic Ingredients