

Timberlane Middle School

Welcome to our Lunch Cafe

8/30/2021 - 8/31/2021

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Dinner Rolls
Fluffy Mashed Potatoes
Green Beans

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Soft Tacos
Chicken Fajita Wrap
Brown Rice
Fiesta Corn



BBQ Chicken Pizza
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion

Sausage Pizza
traditional pizza slice topped with sausage

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Sweet Potato Fries

Double Bacon Burger
two juicy all beef patties topped with crisp bacon, cheese, on a soft bun
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.



Deli Bar
assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Chicken Caesar Wrap

Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Egg Salad Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with



Garden Salad with Cheese Entree
fresh garden salad topped with cheese

Egg Salad Plate with 2 Dinner Rolls
on a bed of lettuce with carrots, cucumbers and tomatoes

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner



Applesauce
Side Salad
Homemade Lite Veggie Pasta Salad
Watermelon Slices

Fresh Grapes
Mixed Fruit
Side Salad
Homemade Lite Veggie Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain. ****Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

