Welcome to our Lunch Cafe

9/1/2022 - 9/2/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
				Cinnamon French	
1110xPd 5				Toast slices of French toast	SCHOOL
World				baked to perfection 😰	
				Crispy Potato Puffs	CLOSED
Coyote				Turkey Sausage Patty	
GRILL				Steamed Broccoli	TODAY
				Hand Crafted Buffalo	
				Chicken Pizza fresh dough layered with	
10				sauce, topped with	
A PNA				cheese and Buffalo	
CUSING				chicken pieces and	
	Avoilable Daily	Chassa Pizza Pannaran	i Bizza and Vagatable Bizza	baked until crisp	h nizza daugh
at a street	Available Dally: 0	Sneese Pizza, Pepperon	i Pizza and Vegetable Pizza	all featuring whole grain ric	n pizza dougn
				Chicken Parmesan Sandwich	
100				warm chicken patty	
				smothered in tomato	
				sauce, topped with	
KUBY'S Avar				melted cheese	
GRILL	Available Daily: Har	mhurgers Cheesehurge	re Turkey Burgers Veggie	assembled in-house on a Burgers, Chicken Patties an	d Spicy Chicken
Marie Company	Available bally. Hal	Induigers, Officeseburge	Veggie	Tuna Salad Sandwich	d opicy officient
				freshly made sandwich	
				topped with creamy tuna	
Proof C				salad 🤔	
Green Services					
AMERICAN					
AMERICAN SANDWICH CO.	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and	whole grain rich bread,	rolls and wraps
AMERICAN SANDWICH CO.	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and		rolls and wraps
AMERICAN SANDWICH CO.	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and	whole grain rich bread, Fruity Parfait vanilla yogurt topped with	rolls and wraps
AMERICAN SANDWICH CO.	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and	whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries,	rolls and wraps
Grait San	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and	whole grain rich bread, Fruity Parfait vanilla yogurt topped with	rolls and wraps
Frait Ship	Available Daily: A	ssorted Boars Head	cold cuts, cheeses and	whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries,	rolls and wraps
Frait Sandwich co. Frait Sandwich co.				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	
Frait Shape EXPRESS				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (**) (**) wheat dinner roll and your ch	
Frait Shan EXPRESS				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	
Frait Shan EXPRESS				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	
Frait Shape EXPRESS				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait Same EXPRESS				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	
Frait SAMERICAN SANDWICH CO.				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait SAMERICAN SANDWICH CO.				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait State Frait				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait Superican State St				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait Sabar EXPRESS Healthy HARVEST				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO.				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait San EXPRESS Healthy HARVEST				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	
Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO. Frait SAMERICAN SANDWICH CO.				whole grain rich bread, Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola (heat dinner roll and your ch Fresh Apple Applesauce Baby Carrots	



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available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity WHITSON provider.











Welcome to our Lunch Cafe

9/5/2022 - 9/9/2022

Monday	Tuesday	Wednesday	Thursday	Friday
CETETICE AT A COLOR	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice	Homemade Chicken & Broccoli Alfredo grilled chicken and broccoli florets tossed in a creamy sauce over	Chicken Nugget & Mozzarella Stick Combo Crispy chicken nuggets and gooey mozzarella	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese
	Sweet Corn Salsa	Steamed Broccoli Homemade Garlic Bread	sticks served with dipping sauce (2) Green Beans	Sweet Corn Salsa
	Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp	Hand Crafted Three Cheese Pizza fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese	Crispy Bacon Pizza pizza dough topped with tomato sauce, cheese and crispy bacon
Available Daily: 0	Cheese Pizza, Pepperoni Pi	zza and Vegetable Pizza a	III featuring whole grain rid	ch pizza dough
	Turkey Burger grilled turkey burger on a whole wheat bun with cheese Sweet Potato Fries crispy sweet potato fries baked to perfection	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared inhouse	Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread Sweet Potato Fries	Veggie Burger Sweet Potato Fries crispy sweet potato fries baked to perfection
Available Daily: Har	mburgers, Cheeseburgers,	Turkey Burgers, Veggie B	Burgers, Chicken Patties a	nd Spicy Chicken
	Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing	Egg Salad Sandwich freshly made sandwich with house prepared egg salad 🌮 🤔	Ham & Cheese Wrap	Italian Combo Sandwich freshly sliced ham, salami, and cheese on a roll topped with crisp lettuce and tomato
Available Daily: A	ssorted Boars Head co	ld cuts, cheeses and w	vhole grain rich bread,	rolls and wraps
	Kale Power Bowl Bowl with kale, grain, hard boiled egg, roasted bok choy, roasted chickpeas, topped with a lemon viniagrette P	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	Classic Chef Salad fresh lettuce topped wit. sliced deli meats and cheeses P
Available Daily: Garden	Salad, Chef Salad, Caesar	Salad. Includes whole wh	eat dinner roll and your c	hoice of fruit and milk
	Sliced Peaches Baby Carrots Caesar Salad Garden Salad	Applesauce Baby Carrots Fresh Orange Fresh Cucumber Salad	Applesauce Sliced Peaches Baby Carrots Homemade Deli Style Coleslaw	Applesauce Sliced Pears Celery Fresh Cucumber Sala
	Available Daily: Har	homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Salsa Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp Awailable Daily: Cheese Pizza, Pepperoni Pi Turkey Burger grilled turkey burger on a whole wheat bun with cheese Sweet Potato Fries crispy sweet potato fries baked to perfection Available Daily: Hamburgers, Cheeseburgers, Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing Awailable Daily: Assorted Boars Head co Kale Power Bowl Bowl with kale, grain, hard boiled egg, roasted bok choy, roasted chickpeas, topped with a lemon viniagrette Awailable Daily: Garden Salad, Chef Salad, Caesar Salad Sliced Peaches Baby Carrots Caesar Salad	meat inside a crispy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Salsa Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp Pilled turkey burger on a whole what bur with cheese Sweet Potato Fries crispy sweet potato fries baked to perfection Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, onions and melted cheese on a lightly toasted bun prepared inhouse proped with sliced chicken, crisp lettuce, and cheese topped with onuse prepared egg salad Kale Power Bowl Bowl with kale, grain, hard boiled egg, roasted bok choy, roasted chickpeas, topped with a lermon viniagrette Kale Power Bowl Sliced Peaches Applesauce Baby Carrots Caesar Salad Fresh Orange Fresh Orange	homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Salsa Salsa Salsa Seared Broccoli Hordon Grispy chicken nuggets a creamy sauce over tender peats possible to the sals sticks served with dipping sauce of the Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp possible to the sale of

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Welcome to our Lunch Cafe

9/12/2022 - 9/16/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
World TANARKET Coyote GRILL	Homemade Mac & Cheese pasta in cheese sauce, garnished with parsley Green Beans	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Salsa	Homemade Shepherd's Pie seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy Spicy Honey Broccoli	Cinnamon French Toast slices of French toast baked to perfection Crispy Potato Puffs	Nachos Grande tortilla chips topped with freshly prepared mexistyle meat and cheese Sweet Corn Salsa
CUCINA	Hand Crafted Three Cheese Pizza fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses Available Daily: 0	Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp	Macho Taco Pizza homemade fiesta style taco meat, tomato sauce, mozzarella and parmesan cheese a top pizza crust brushed with garlic and oil	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese	Pepperoni and Chees Calzone P S
Miss RUBY'S	Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Oven Baked Fries	Chicken Parmesan Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in house on a	Grilled Cheese with Bacon grilled cheese with layers of crisp bacon on toasty bread Sweet Potato Fries crispy sweet potato fries	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Beef Hot Dog on Bur juicy beef hot dog on a soft bun Oven Baked Fries
Great SAMERICAN SANDWICH CO.	Honey Mustard Chicken Wrap freshly sliced chicken strips arranged under crisp lettuce and tomatoes drizzled with honey mustard dressing	BBQ Chicken Wrap chicken breast with BBQ sauce, lettuce and tomato in a wrap	Tuna Salad Sandwich freshly made sandwich topped with creamy tuna salad	American Combo Sandwich freshly made sandwich with thinly sliced turkey, ham and cheese	BBQ Chicken Wrap chicken breast with BB0 sauce, lettuce and toma in a wrap
Frait Alexander	Veggabol BBQ Chickpea Rice Bowl steamed riced topped with BBQ flavored chickpeas, fresh lettuce, tomato, carrots, corn and beans with a BBQ drizzle	Grilled Chicken Salad with Dinner Rolls grilled chicken breast, lettuce, julienned carrots, sliced tomatoes and cucumbers	Very Berry Smoothie freshly blended mix of berries with yogurt	House Chop Salad with Ham & Dinner Rolls ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing P &	Fruity Parfait vanilla yogurt topped wi strawberries, blueberrie and crunchy granola
Healthy HARVEST	Fresh Apple Sliced Peaches Fresh Cucumber Salad Homemade Carrot & Raisin Slaw	Applesauce Sliced Pears Baby Carrots Caesar Salad	Applesauce Sliced Peaches Celery Cucumber Coins	Applesauce Sliced Peaches Baby Carrots Fresh Cucumber Salad	Side Garden Salad fresh lettuce and tomat salad
	nply Rooted® in food and fam		or under cooked meat, poultry, s		



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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity WHITSONS School Natrition











Welcome to our Lunch Cafe

9/19/2022 - 9/23/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
World *** MARKET Coyote GRILL	Cheese Quesadilla freshly grilled flour tortilla with melted cheese Sauteed Corn & Black Bean Salsa	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Brown Rice Sweet Corn Salsa	Homemade Pasta & Meat Sauce freshly cooked homemade pasta with meat sauce (2) Steamed Broccoli	Chicken and Waffles crispy chicken placed on top of fluffy waffles Crispy Potato Puffs	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese Sweet Corn Salsa
CUCINA	Stuffed Crust Pizza fresh whole grain cheese pizza with mozzarella stuffed crust 🊱 🤔	Crispy Bacon Pizza pizza dough topped with tomato sauce, cheese and crispy bacon	BBQ Chicken Pizza freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball	Pepperoni and Chees Calzone P
A ALLEN	Available Daily: 0	cheese Pizza, Pepperoni P	izza and Vegetable Pizza a	all featuring whole grain ri	ch pizza dough
Miss RUBY'S	Cheeseburger burger topped with cheese on a freshly toasted bun Sweet Potato Fries crispy sweet potato fries baked to perfection	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Sweet Potato Fries	Grilled Chicken Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house	Turkey Burger grilled turkey burger on a whole wheat bun with cheese Sweet Potato Fries crispy sweet potato fries baked to perfection	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in house
A STATE OF THE STA	·		Turkey Burgers, Veggie E	-	
Great SAMERICAN SANDWICH CO.	Tuna Nicoise Salad Plate flaked tuna, tomatoes, hard boiled eggs and black olives over a bed of tossed greens served with two dinner rolls	Chicken Delight Wrap tender chicken and melted cheese wrapped in a tortilla	American Beauty freshly made sandwich with thinly sliced turkey and cheese, crispy lettuce and tomato	Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing	Spicy Buffalo Chickpe Wrap freshly roasted chickpea coated in hot sauce with freshly seasoned lettuce tomatoes and onions in a soft wrap
the state of the state of	-		old cuts, cheeses and v		•
Frait Alle EXPRESS	Simply Boxed Vegan Hummus Pack freshly prepared grab and go meal featuring hummus, crispy whole grain pita chips, sunflower seeds and	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	Pineapple Orange Smoothie a blend of vanilla yogurt with pineapple and orange () ()	Cobb Salad fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg P	Grilled Chicken Salac with Dinner Rolls grilled chicken breast, lettuce, julienned carrots sliced tomatoes and cucumbers
the state of the state of	Applesauce	Applesauce	Fresh Apple	Fresh Apple	Applesauce
Healthy HARVEST	Sliced Pears Celery Side Garden Salad fresh lettuce and tomato salad	Sliced Peaches Baby Carrots Side Garden Salad fresh lettuce and tomato salad	Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato salad	Sliced Peaches Baby Carrots Side Garden Salad fresh lettuce and tomato salad	Celery Fresh Orange Side Garden Salad fresh lettuce and tomate
Whiteens is Sin	nply Rooted® in food and fam	ily and Consuming raw	or under cooked meat, poultry, s	nastand challfish ar aggs may in	avana varus viels af facal has



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School Nutrition











Welcome to our Lunch Cafe

9/26/2022 - 9/30/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cinnamon French Toast	Crispy Tacos homemade spicy taco		Chicken Parm "Poppers" Over Pasta	Nachos Grande tortilla chips topped wit
World T	slices of French toast baked to perfection 🕡	meat inside a crispy taco shell topped with cheese		WG breaded chicken over pasta topped with	freshly prepared mexi style meat and cheese
	Crispy Potato Puffs	Brown Rice		tomato sauce and melted	>
Coyote GRILL		Sweet Corn Salsa	Professional	mozzarella cheese 🤔	Sweet Corn Salsa
			Development		
	White Pizza freshly made pizza dough	Hand Crafted Buffalo Chicken Pizza	Day	Margherita Pizza freshly prepared dough	Homemade Pizza Calzone
10 -	brushed with garlic and	fresh dough layered with		lightly brushed with garlic	folded whole grain pizz
	oil, topped with mozzarella cheese,	sauce, topped with cheese and Buffalo		and oil, topped with tomato sauce, mozzarella	dough filled with ricott cheese and caramelize
CUCIIVE	baked to perfection @	chicken pieces and		cheese, fresh tomatoes	onions 🕜 🤔
	<i>₿</i>	baked until crisp 🤔		and basil 🍘 🤔	
1 1 1	Available Daily: 0		izza and Vegetable Pizza a		ch pizza dough
	Chicken Parmesan Sandwich	Beef Hot Dog on Bun juicy beef hot dog on a		Cheesy Chicken Sandwich	Turkey Burger grilled turkey burger on
m.	warm chicken patty	soft bun		a warm sandwich	whole wheat bun with
Miss A	smothered in tomato	Sweet Potato Fries		prepared in-house and	cheese
al lawe Sell	sauce, topped with	crispy sweet potato fries		topped with baked	Sweet Potato Fries
RUBY STORY	melted cheese assembled in-house on a	baked to perfection		chicken cutlet and melted cheese	crispy sweet potato frie baked to perfection
ORICE	Available Daily: Han	nburgers, Cheeseburgers,	Turkey Burgers, Veggie E	Burgers, Chicken Patties a	nd Spicy Chicken
	Baja Bean Fajita	Egg Salad Sandwich		Chicken Ranch Wrap	Turkey BLT Wrap
	sauteed onion and pepper and salsa over	freshly made sandwich with house prepared egg		tender chicken tossed in buttermilk ranch dressing	sliced turkey, bacon, lettuce, and tomato on
0.00	beans wrapped in a warm	salad 🕜 🤔		with lettuce and tomatoes	wrap 🤔
Great SAMERICAN					
Great SAN AMERICAN SANDVICH CO.	tortilla 🕜 🤌 🗞	Surad (V)		in a wrap 🤔	
AMERICAN SANDWICH CO.	tortilla 🕜 🤔 🚷		old cuts, cheeses and v	in a wrap 🤔	
AMERICAN SANDWICH CO.	Available Daily: As	ssorted Boars Head co Buffalo Chicken Salad	old cuts, cheeses and v	in a wrap 🥱 whole grain rich bread, Strawberry Orange	, rolls and wraps Simply Boxed Yogur
AMERICAN SANDWICH CO.	Available Daily: As Fruity Parfait vanilla yogurt topped with	ssorted Boars Head co Buffalo Chicken Salad with Dinner Rolls	old cuts, cheeses and v	in a wrap 🥱 whole grain rich bread, Strawberry Orange Smoothie	, rolls and wraps Simply Boxed Yogur Power Pack
AMERICAN SANDWICH CO.	Available Daily: As	ssorted Boars Head co Buffalo Chicken Salad	old cuts, cheeses and v	in a wrap 🥱 whole grain rich bread, Strawberry Orange	, rolls and wraps Simply Boxed Yogur
Great Sandwich co. Frait Sand	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	SSORTED BOARS HEAD CO Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of	old cuts, cheeses and v	in a wrap [>> whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt	rolls and wraps Simply Boxed Yogur Power Pack freshly made meal with yogurt, diced cheese,
Jrait Same	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries,	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with	old cuts, cheeses and v	in a wrap (%) whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries	rolls and wraps Simply Boxed Yogur Power Pack freshly made meal with yogurt, diced cheese,
Great Showed co	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes	old cuts, cheeses and v	in a wrap [6] whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice [6] [6]	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit
J'rait Alan EXPRESS	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesal Applesauce		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice P eat dinner roll and your c Applesauce	Simply Boxed Yogur Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit one of fruit and milk Fresh Apple
Jean Sanowich co. Frait Sanowich Co. EXPRESS	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesal Applesauce Sliced Peaches		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice P a dinner roll and your c Applesauce Baby Carrots	Simply Boxed Yogur Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit hoice of fruit and milk Fresh Apple Fresh Orange
Jrait San EXPRESS	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesal Applesauce Sliced Peaches Cucumber Coins		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice P a Applesauce Baby Carrots Fresh Orange	Simply Boxed Yogur Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit hoice of fruit and milk Fresh Apple Fresh Orange Fresh Banana
Frait Shape EXPRESS	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesal Applesauce Sliced Peaches		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice P a dinner roll and your c Applesauce Baby Carrots	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese granola and dried fruit (Fresh Apple Fresh Orange Fresh Banana Side Garden Salad
Frait Standard Standa	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice P abplesauce Baby Carrots Fresh Orange Side Garden Salad	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese granola and dried fruit (Fresh Apple Fresh Orange Fresh Banana Side Garden Salad
Frait SAMERICAN Frait SAMERICAN Frait SAMERICAN FRANCESS HARVEST	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit (Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and toma
Frait Showed co.	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogur Power Pack freshly made meal wit. yogurt, diced cheese, granola and dried fruit hoice of fruit and milk Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and tomat
Jrait Shape EXPRESS Healthy HARVEST	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese granola and dried fruit (Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and toma
Frait Shower of the American Shower of the S	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogur Power Pack freshly made meal with yogurt, diced cheese, granola and dried fruit hoice of fruit and milk Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and tomate
Jrait Shane EXPRESS Healthy HARVEST	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogur Power Pack freshly made meal with yogurt, diced cheese, granola and dried fruit hoice of fruit and milk Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and tomate
Frait SAME EXPRESS Healthy HARVEST	Available Daily: As Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola Available Daily: Garden Fresh Apple Sliced Pears Fresh Cucumber Salad Side Garden Salad fresh lettuce and tomato	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Salad, Chef Salad, Caesan Applesauce Sliced Peaches Cucumber Coins Side Garden Salad fresh lettuce and tomato		whole grain rich bread, Strawberry Orange Smoothie a blend of vanilla yogurt with fresh strawberries and orange juice (P) Peat dinner roll and your c Applesauce Baby Carrots Fresh Orange Side Garden Salad fresh lettuce and tomato	Simply Boxed Yogui Power Pack freshly made meal wit yogurt, diced cheese, granola and dried fruit (Fresh Apple Fresh Orange Fresh Banana Side Garden Salad fresh lettuce and toma



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menu on your mobile device anywhere.



Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food be illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity WHITSON provider.









