

Timberlane Middle School

*Welcome to our
Lunch Cafe*

4/1/2022 - 4/1/2022

Monday

Tuesday

Wednesday

Thursday

Friday

World
MARKET

Coyote
GRILL

La
CUCINA

Miss
RUBY'S
GRILL

Great
AMERICAN
SANDWICH CO.


Fruit
EXPRESS


Healthy
HARVEST

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese



Brown Rice
Fiesta Corn

Homemade Chicken
Parmesan Calzone
freshly prepared dough
lightly brushed with oil &
garlic stuffed with chicken
breast topped with tomato
sauce, mozzarella &


Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough 

Grilled Ham & Cheese
Sandwich
hand crafted sandwich
with thinly sliced ham and
melted cheese on grilled
golden brown bread 
Baked Potato Wedges

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap 

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Buffalo Chicken Salad
with Dinner Rolls
spicy chicken on a bed of
romaine lettuce with
cucumbers, carrots and
tomatoes 

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Fresh Apple
Side Salad
Homemade Lite Veggie
Pasta Salad
Baby Carrots

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

**MEATLESS
MONDAY**




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 Vegetarian

 Made With
Natural Ingredients

 Pork

 Smart
Choice

 Made With
Organic Ingredients


WHITSON'S
School Nutrition

Timberlane Middle School

Welcome to our
Lunch Cafe

4/4/2022 - 4/8/2022

Monday

Homemade Mac & Cheese
pasta in cheese sauce,
garnished with parsley



Green Beans
Dinner Rolls

Tuesday

Soft Tacos
freshly prepared fiesta-
style meat with melted
cheese wrapped in a
warm soft taco shell
Brown Rice
Fiesta Corn
Black Beans

Wednesday

Pasta with Meat Sauce
freshly cooked pasta with
meat sauce
Steamed Carrots
Homemade Garlic
Bread

Thursday

General Tso's Chicken
crispy chicken with
broccoli in General Tso's
sauce
Brown Rice
Green Beans

Friday

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
Brown Rice
Fiesta Corn
Black Beans

French Bread Pizza
toasted French bread
topped with pizza sauce
and melted cheese

Meat Lovers Pizza
freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball

Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp

Crispy Bacon Pizza
pizza dough topped with
tomato sauce, cheese
and crispy bacon

Homemade Pizza
Calzone
folded whole grain pizza
dough filled with ricotta
cheese and caramelized
onions

**MEATLESS
MONDAY**

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese
Sandwich
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house
Baked Potato Wedges

Chicken Cheese
Quesadilla
hand crafted grilled flour
tortilla filled with juicy
chicken and melty
cheese
Crispy Potato Puffs

Buffalo Chicken
Sandwich
warm sandwich prepared
in-house with spicy
marinated chicken breast,
crisp lettuce and sliced
tomato

Beef Hot Dog on Bun
juicy beef hot dog on a
soft bun
Oven Baked Fries

Cheeseburger
burger topped with
cheese on a freshly
toasted bun
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Turkey Club Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Tuna Salad Wrap*

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Egg Salad Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Fruity Parfait
vanilla yogurt topped with
strawberries, blueberries,
and crunchy granola

Garden Salad with
Cheese Entree
fresh garden salad
topped with cheese

Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls

Fruity Parfait
vanilla yogurt topped with
strawberries, blueberries,
and crunchy granola

Garden Salad with
Cheese Entree
fresh garden salad
topped with cheese

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Applesauce
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Apple
Side Salad
Homemade Lite Veggie
Pasta Salad

Applesauce
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Fresh Apple
Homemade Lite Veggie
Pasta Salad
Baby Carrots

Applesauce
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

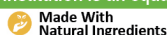
Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

**MEATLESS
MONDAY**

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Timberlane Middle School

Welcome to our
Lunch Cafe

4/11/2022 - 4/15/2022

Monday

Cinnamon French
Toast
slices of French toast
baked to perfection 🌱
Crispy Potato Puffs
Strawberries

Tuesday

Soft Tacos
freshly prepared fiesta-
style meat with melted
cheese wrapped in a
warm soft taco shell
Brown Rice
Fiesta Corn

Wednesday

Homemade Chicken &
Broccoli Alfredo
grilled chicken and
broccoli florets tossed in
a creamy sauce over
tender pasta 🍷
Green Beans

Thursday

Chicken Nuggets
crispy breaded chicken
nuggets perfect for
dipping in your favorite
sauce
Oven Baked Fries
Sweet Corn
Dinner Rolls

Friday

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
Brown Rice
Fiesta Corn

Bianco Pizza
pizza dough brushed with
garlic and oil, topped with
basil and mozzarella and
ricotta cheeses 🌱🍷

Meat Lovers Pizza
freshly made pizza
topped with mozzarella
cheese, sausage,
pepperoni and meatball
P 🍷

Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp 🍷

Bacon Pizza
handmade pizza topped
with sauce, melted
mozzarella and crispy
bacon pieces 🍷

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses 🌱🍷

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Chicken Club
Sandwich
hand crafted sandwich
with grilled chicken,
crispy bacon, lettuce and
juicy tomatoes 🍷
Sweet Potato Fries

Grilled Ham & Cheese
Sandwich
hand crafted sandwich
with thinly sliced ham and
melted cheese on grilled
golden brown bread P
Sweet Potato Fries

BBQ Chicken
Sandwich
warm baked chicken
smothered in BBQ sauce
on a bun and prepared in-
house
Sweet Potato Fries

Sausage, Egg and
Cheese Sandwich
a warm sandwich
prepared in-house with
savory sausage, fluffy
eggs and melted cheese
Sweet Potato Fries

Meatball Hero
freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella 🍷
Baked Potato Wedges

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Buffalo Chicken Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Caesar Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Ham & Cheese Wrap

Deli Bar
an assortment of cold
cuts, cheeses,
condiments and breads,
rolls, or wraps to create
your own sandwich
Chicken Salad Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Very Berry Smoothie
blended strawberries,
blueberries and yogurt
🌱🍷🍷

Garden Salad with
Cheese Entree
fresh garden salad
topped with cheese 🌱
🍷

Classic Chef Salad
fresh lettuce topped with
sliced deli meats and
cheeses P 🍷

Chicken Caesar Salad
fresh romaine topped with
parmesan cheese,
chicken, and croutons
with dinner rolls 🍷

Simply Boxed Yogurt
Power Pack
freshly made meal with
yogurt, diced cheese,
granola and dried fruit 🌱
🍷🍷

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Fresh Banana
Mixed Fruit
Fresh Apple
Side Salad
Baby Carrots

Applesauce
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Orange
Mixed Fruit
Side Salad
Homemade Lite Veggie
Pasta Salad

Fresh Granny Smith
Apple
Sliced Peaches
Side Salad
Homemade Lite Veggie
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits

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Vegetarian Made With Natural Ingredients P Pork Smart Choice Made With Organic Ingredients



Timberlane Middle School

Welcome to our
Lunch Cafe

4/18/2022 - 4/22/2022



Monday

Tuesday

Wednesday

Thursday

Friday

 	<p>Chicken Nugget & Mozzarella Stick Combo</p> <p>Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷</p> <p>Oven Baked Fries Sweet Corn</p>	<p>Crispy Tacos</p> <p>homemade spicy taco meat inside a crispy taco shell topped with cheese</p> <p>Soft Tacos Brown Rice Fiesta Corn</p>	<p>Homemade Pasta & Meatballs</p> <p>freshly baked meatballs with tomato sauce over pasta 🍷🍷</p> <p>Green Beans</p>	<p>Whole Grain Waffles with Sausage</p> <p>light and crispy waffles served with a sausage patty</p> <p>Cinnamon Applesauce</p>	<p>Nachos Grande</p> <p>tortilla chips topped with freshly prepared mexi style meat and cheese 🍷</p> <p>Brown Rice Black Beans</p>
	<p>French Bread Pizza</p> <p>topped with pizza sauce and melted cheese 🍷</p>	<p>Meat Lovers Pizza</p> <p>freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball 🍷🍷</p>	<p>Bacon Mushroom Pizza</p> <p>cheese pizza topped with crispy bacon and fresh mushrooms 🍷</p>	<p>White Pizza</p> <p>freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection 🍷</p>	<p>Homemade three Cheese Calzone</p> <p>calzone stuffed with three delicious melted cheeses 🍷🍷</p>
Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough					
	<p>Grilled Cheese Sandwich</p> <p>golden toasted bread with melted gooey cheese pressed and prepared in-house 🍷</p> <p>Sweet Potato Fries</p>	<p>BLT Sandwich</p> <p>warm sandwich prepared in-house topped with crispy bacon, fresh lettuce and tomato slices 🍷🍷</p> <p>Sweet Potato Fries</p>	<p>Philly Cheese Steak</p> <p>thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house 🍷</p>	<p>Cheeseburger</p> <p>burger topped with cheese on a freshly toasted bun</p>	<p>Tomato & Cheese Griller</p> <p>hand crafted melted cheese sandwich with juicy fresh tomatoes between bread grilled to perfection 🍷🍷</p>
Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.					
	<p>Deli Bar</p> <p>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Tuna Salad Wrap* 🍷</p>	<p>Deli Bar</p> <p>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Egg Salad Wrap 🍷🍷</p>	<p>Deli Bar</p> <p>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p> <p>Turkey Club Wrap 🍷</p>	<p>Deli Bar</p> <p>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p>	<p>Deli Bar</p> <p>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich</p>
Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with					
	<p>Classic Chef Salad</p> <p>fresh lettuce topped with sliced deli meats and cheeses 🍷🍷</p>	<p>Garden Salad with Cheese Entree</p> <p>fresh garden salad topped with cheese 🍷</p>	<p>Fruity Parfait</p> <p>vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🍷🍷</p>	<p>Fruity Parfait</p> <p>vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🍷🍷</p> <p>Chicken Caesar Salad 🍷</p>	<p>Fruity Parfait</p> <p>vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🍷</p> <p>Classic Chef Salad 🍷</p>
Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
	<p>Fresh Apple Side Salad</p> <p>Homemade Lite Veggie Pasta Salad</p>	<p>Side Salad</p> <p>side salad with tomato and cucumber</p> <p>Homemade Lite Veggie Pasta Salad Strawberry Cup</p>	<p>Fresh Orange Sliced Peaches</p> <p>Fresh Apple Side Salad Baby Carrots</p>	<p>Mixed Fruit Fresh Apple Sliced Peaches</p> <p>Homemade Lite Veggie Pasta Salad Baby Carrots</p>	<p>Fresh Orange Applesauce</p> <p>Mixed Fruit Fresh Apple Sliced Peaches</p>
					



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Lunch Cafe

4/25/2022 - 4/29/2022

Monday

Tuesday

Wednesday

Thursday

Friday

World
MARKET

Coyote
GRILL

La
CUCINA

Miss
RUBY'S
GRILL

Great
AMERICAN
SANDWICH CO.

Fruit
EXPRESS

Healthy
HARVEST

**SPRING
BREAK!
SCHOOL
CLOSED**

Vegetable Pizza all featuring whole grain rich pizza dough

Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



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