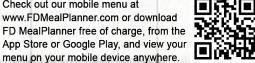
Welcome to our Lunch Cafe

4/1/2022 - 4/1/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
					Nachos Grande
111.01					tortilla chips topped with
World T					freshly prepared mexi
6 MARKET					style meat and cheese
The second secon					
Coyote A					Brown Rice
GRILL					Fiesta Corn
					Homemade Chicken
					Parmesan Calzone
					freshly prepared dough
10					lightly brushed with oil &
PICNA					garlic stuffed with chicker
					breast topped with tomate
					sauce, mozzarella &
	Available Daily: Chees	se Pizza, Pepperoni Pizz	a and Special Calzone or F	Pizza all featuring whole g	
					Grilled Ham & Cheese Sandwich
					hand crafted sandwich
Miss A					with thinly sliced ham and
DI IBVIE					melted cheese on grilled
GRILL					golden brown bread 🕑
					Baked Potato Wedges
	Ava	illable Daily: Hamburger	rs, Cheeseburgers, Veggie	Burgers, & Chicken Patti	
					Deli Bar
					an assortment of cold cuts, cheeses,
					condiments and breads,
Great 🥯					rolls, or wraps to create
"AMERICAN					your own sandwich
SANDWICH CO.					Turkey Club Wrap 🤔
	Daily: Boars Head of	old cuts, popcorn cl	nicken, tuna, cheeses 8	whole grain bread, r	olls and wraps with
					Buffalo Chicken Salad
					with Dinner Rolls spicy chicken on a bed of
					romaine lettuce with
Frait Am					cucumbers, carrots and
EXDRESS'					tomatoes 👸
eapress					tomatoes
	Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner				
					Fresh Apple Side Salad
					Homemade Lite Veggie
					Pasta Salad
Healthy					Baby Carrots
HARVEST					,
	Variety of Fresh Fruits an	d Veggies available daily	/ - Pasta Salad, Caesar Salad	Tossed Salad Cupped F	quite & Frach Fruite
	variety of Fresh Fruits and	a veggies available dally	- Lasta Salau, Caesal Salau	a, 1055eu 5aiau, Cuppeu F	uits & Flesh Fluits
	MENTESS				
	The Park				
	MUMINIA				
	Maria				
Whitsons is Sim	ply Rooted® in food and fam	ilv. and The USDA has	s approved FREE breakfast and lu	inch for all students attending s	chools on the NSLP/SBP for

our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the

menu on your mobile device anywhere.



delivery. All lunches include a meat or meat alternate, choice of fruit, chioice ree or flavored milk & a grain. \*\*\*\*Consuming raw or under shellfish or eggs may increase your risk of food borne illness, ledical conditions. Menu is subject to change, notice posted WHITSON











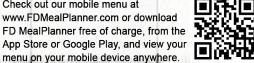
Welcome to our Lunch Cafe

4/4/2022 - 4/8/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	Homemade Mac &	Soft Tacos	Pasta with Meat Sauce	General Tso's Chicken	Nachos Grande
World 🗺	Cheese pasta in cheese sauce,	freshly prepared fiesta-	freshly cooked pasta with	crispy chicken with broccoli in General Tso's	tortilla chips topped with
MARKET	garnished with parsley	style meat with melted cheese wrapped in a	meat sauce 🤔 🚷	_	freshly prepared mexi style meat and cheese
Of LINE		warm soft taco shell	Steamed Carrots Homemade Garlic	sauce 🤔	style meat and cheese
		Brown Rice	Bread	Brown Rice Green Beans	Brown Rice
Coyote C	Dinner Rolls	Fiesta Corn	Bread	Green Beans	Fiesta Corn
4 GRILL	Je. 1 telle	Black Beans			Black Beans
	French Bread Pizza	Meat Lovers Pizza	Hand Crafted Buffalo	Crispy Bacon Pizza	Homemade Pizza Calzone
	toasted French bread topped with pizza sauce	freshly made pizza topped with mozzarella	Chicken Pizza fresh dough layered with	pizza dough topped with tomato sauce, cheese	folded whole grain pizza
1	and melted cheese 🌠	cheese, sausage,	sauce, topped with	and crispy bacon 🤗	dough filled with ricotta
CUCINA	and merced effects	pepperoni and meatball	cheese and Buffalo	and chispy bacon	cheese and caramelize
CUCII	VAFATILESS.	P B	chicken pieces and		onions 🍘 🤔
	MENDAV		baked until crisp 🤔		
	Dany: Chees	se Pizza, Pepperoni Pizza	and Special Calzone or Piz	zza all featuring whole gra	in rich pizza dough
	Grilled Cheese	Chicken Cheese	Buffalo Chicken	Beef Hot Dog on Bun	Cheeseburger
	Sandwich	Quesadilla	Sandwich	juicy beef hot dog on a	burger topped with
	golden toasted bread with	hand crafted grilled flour	warm sandwich prepared	soft bun	cheese on a freshly
Miss A	melted gooey cheese	tortilla filled with juicy	in-house with spicy	Oven Baked Fries	toasted bun
RUBY'S	pressed and prepared in-	chicken and melty	marinated chicken breast,		Sweet Potato Fries
GRILL	house 🅜	cheese Crispy Potato Puffs	crisp lettuce and sliced		
	Baked Potato Wedges	' '	tomato 🤔		
	Ava	ilable Daily: Hamburgers,	Cheeseburgers, Veggie E	Burgers, & Chicken Patties	5.
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,
10	condiments and breads,	condiments and breads,	condiments and breads.	condiments and breads.	condiments and breads
Great 😂 📗	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create
<sup>O</sup> AMERICAN	your own sandwich	your own sandwich	your own sandwich	your own sandwich	your own sandwich
SANDWICH CO.	Ham & Cheese	Turkey Club Wrap 🤔	Tuna Salad Wrap* 🤭	Egg Salad Wrap 🥜 🤔	Buffalo Chicken Wrap
	Daily: Boars Head o	cold cuts, popcorn chi	cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with
	Fruity Parfait	Garden Salad with	Chicken Caesar Salad	Fruity Parfait	Garden Salad with
	vanilla yogurt topped with	Cheese Entree	fresh romaine topped with	vanilla yogurt topped with	Cheese Entree
	3.3.		parmesan cheese,		frook gordon colod
	strawberries, blueberries,	fresh garden salad	•	strawberries, blueberries,	fresh garden salad
Frait Som		fresh garden salad topped with cheese	chicken, and croutons	and crunchy granola 🌠	topped with cheese
Frait Am	strawberries, blueberries,	•	•		•
Frait And EXPRESS	strawberries, blueberries,	•	chicken, and croutons	and crunchy granola 🕜	<u> </u>
Frait Alto EXPRESS	strawberries, blueberries, and crunchy granola	topped with cheese 🏈	chicken, and croutons	and crunchy granola <page-header></page-header>	topped with cheese 🏈
Frait And EXPRESS	strawberries, blueberries, and crunchy granola	topped with cheese	chicken, and croutons with dinner rolls 🤔  ar Salad & Organic Fruit ar	and crunchy granola 🎻 🕞 🗞	topped with cheese   topped with cheese   whole wheat dinner
Frait And EXPRESS	strawberries, blueberries, and crunchy granola and crunchy granola Available Daily: Garder	topped with cheese   Salad, Chef Salad, Caesa  Fresh Apple	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce	and crunchy granola	topped with cheese  whole wheat dinner  Applesauce
Frait AND EXPRESS	strawberries, blueberries, and crunchy granola	topped with cheese	chicken, and croutons with dinner rolls 🤔  ar Salad & Organic Fruit ar	and crunchy granola 🎻 🕞 🗞	topped with cheese   topped with cheese   whole wheat dinner
EXPRESS	strawberries, blueberries, and crunchy granola and crunchy granola Available Daily: Garder  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie	topped with cheese   Salad, Chef Salad, Caesa  Fresh Apple Side Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie	and crunchy granola   Market State S	topped with cheese  whole wheat dinner Applesauce Sliced Peaches Side Salad Homemade Lite Veggi
Frait AND EXPRESS	strawberries, blueberries, and crunchy granola and crunchy granola Available Daily: Garder  Applesauce Sliced Peaches Side Salad	topped with cheese   Salad, Chef Salad, Caesa  Fresh Apple Side Salad Homemade Lite Veggie	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad	and crunchy granola    Market State    And Yogurt Parfait. Includes  Fresh Orange  Fresh Apple  Homemade Lite Veggie	s whole wheat dinner  Applesauce Sliced Peaches Side Salad
EXPRESS	strawberries, blueberries, and crunchy granola and crunchy granola Available Daily: Garder  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie	topped with cheese   Salad, Chef Salad, Caesa  Fresh Apple Side Salad Homemade Lite Veggie	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie	and crunchy granola   Market State S	topped with cheese  whole wheat dinner Applesauce Sliced Peaches Side Salad Homemade Lite Veggi
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggin Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggin Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Veggi Pasta Salad
EXPRESS	strawberries, blueberries, and crunchy granola	ropped with cheese  Salad, Chef Salad, Caesa Fresh Apple Side Salad Homemade Lite Veggie Pasta Salad	chicken, and croutons with dinner rolls   ar Salad & Organic Fruit ar  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	and crunchy granola   The second of the seco	s whole wheat dinner  Applesauce Sliced Peaches Side Salad Homemade Lite Vegg Pasta Salad



our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the













Welcome to our Lunch Cafe

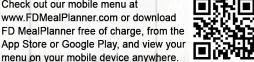
4/11/2022 - 4/15/2022

Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread (2) Sweet Potato Fries	BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries	Chicken Nuggets crispy breaded chicken nuggets perfect for dipping in your favorite sauce Oven Baked Fries Sweet Corn Dinner Rolls  Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces  zza all featuring whole gra  Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**) Baked Potato Wedges  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create		
warm soft taco shell Brown Rice Fiesta Corn  Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball PPEPEZA, Pepperoni Pizza  Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread golden brown bread The Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	a creamy sauce over tender pasta (**) (**) Green Beans  Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp (**) and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	sauce Oven Baked Fries Sweet Corn Dinner Rolls  Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces  Zza all featuring whole gra  Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Brown Rice Fiesta Corn  Homemade three Cheese Calzone calzone stuffed with thre delicious melted cheeses (**)  In rich pizza dough  Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**) Baked Potato Wedges  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball Pizza Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread polden brown bread sandwich Fries able Daily: Hamburgers, Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Green Beans  Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp  and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Oven Baked Fries Sweet Corn Dinner Rolls  Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces  Zza all featuring whole gra  Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses (**)  In rich pizza dough  Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**)  Baked Potato Wedge **  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball PP Pizza, Pepperoni Pizza  Grilled Ham & Cheese Sandwich with thinly sliced ham and melted cheese on grilled golden brown bread Power Potato Fries able Daily: Hamburgers, Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Green Beans  Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Sweet Corn Dinner Rolls  Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces  Zza all featuring whole gra  Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses (**)  In rich pizza dough  Meatball Hero freshly baked meatball mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**)  Baked Potato Wedge **  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball  Pizza, Pepperoni Pizza  Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread golden brown bread The same and assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp  and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie I  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces bacon pieces sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Cheese Calzone calzone stuffed with three delicious melted cheeses (**)  In rich pizza dough  Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**)  Baked Potato Wedge 5.  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
cheese, sausage, pepperoni and meatball  Pizza, Pepperoni Pizza  Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread power Potato Fries  able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp and Special Calzone or Pi  BBQ Chicken Sandwich Warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	with sauce, melted mozzarella and crispy bacon pieces paccon pieces sauce sauc	calzone stuffed with thre delicious melted cheeses   Meatball Hero freshly baked meatball mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella   Baked Potato Wedge  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
cheese, sausage, pepperoni and meatball  Pizza, Pepperoni Pizza  Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread power Potato Fries  able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	sauce, topped with cheese and Buffalo chicken pieces and baked until crisp and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	mozzarella and crispy bacon pieces  zza all featuring whole gra  Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	delicious melted cheeses (**) (**)  In rich pizza dough  Meatball Hero freshly baked meatball mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (**)  Baked Potato Wedge 5.  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to create		
pepperoni and meatball P Pizza, Pepperoni Pizza  Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread P Sweet Potato Fries able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	chicken pieces and baked until crisp and Special Calzone or Pi  BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Meatball Hero freshly baked meatball mixed in a rich tomatc sauce inside a soft rol topped with melted mozzarella Baked Potato Wedge  B.  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creat		
Grilled Ham & Cheese Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread Sweet Potato Fries able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries  Cheeseburgers, Veggie I  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Sausage, Egg and Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Meatball Hero freshly baked meatball mixed in a rich tomate sauce inside a soft rol topped with melted mozzarella  Baked Potato Wedge  Deli Bar an assortment of colo cuts, cheeses, condiments and bread rolls, or wraps to creat		
Sandwich hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread P Sweet Potato Fries able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries  Cheeseburgers, Veggie  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Cheese Sandwich a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	freshly baked meatball mixed in a rich tomato sauce inside a soft rol topped with melted mozzarella Baked Potato Wedge  Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creati		
hand crafted sandwich with thinly sliced ham and melted cheese on grilled golden brown bread Sweet Potato Fries able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries Cheeseburgers, Veggie I Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	mixed in a rich tomato sauce inside a soft rol topped with melted mozzarella (**) & Baked Potato Wedge Baked Potato Wedge Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creat		
with thinly sliced ham and melted cheese on grilled golden brown bread Sweet Potato Fries able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	smothered in BBQ sauce on a bun and prepared inhouse Sweet Potato Fries  Cheeseburgers, Veggie I  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	prepared in-house with savory sausage, fluffy eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	sauce inside a soft rol topped with melted mozzarella		
golden brown bread P Sweet Potato Fries  able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	house Sweet Potato Fries Cheeseburgers, Veggie I  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	eggs and melted cheese Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	mozzarella		
Sweet Potato Fries  able Daily: Hamburgers,  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Sweet Potato Fries  Cheeseburgers, Veggie  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Sweet Potato Fries  Burgers, & Chicken Patties  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creat		
Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	Cheeseburgers, Veggie  Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	Deli Bar an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creat		
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich	an assortment of cold cuts, cheeses, condiments and breads rolls, or wraps to creat		
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rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	rolls, or wraps to create your own sandwich	rolls, or wraps to create your own sandwich	rolls, or wraps to creat		
your own sandwich Buffalo Chicken Wrap	your own sandwich	your own sandwich	•		
	Chicken Caesar Wrap	Llana O Chasasa Musa	your own sandwich		
ia cato, popociti cini	cken tuna cheeses &	Whole grain bread ro	Chicken Salad Wrap		
Garden Salad with	Classic Chef Salad	Chicken Caesar Salad	Simply Boxed Yogur		
Cheese Entree	fresh lettuce topped with	fresh romaine topped with	Power Pack		
fresh garden salad	sliced deli meats and	parmesan cheese,	freshly made meal with		
topped with cheese	cheeses P	·	yogurt, diced cheese, granola and dried fruit		
		with diffiner rolls			
Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
Applesauce	Fresh Granny Smith	Fresh Orange	Fresh Granny Smith		
			Apple Sliced Peaches		
Homemade Lite Veggie	Side Salad	Homemade Lite Veggie	Side Salad		
Pasta Salad	Homemade Lite Veggie Pasta Salad	Pasta Salad	Homemade Lite Vegg Pasta Salad		
Veggies available daily -	Pasta Salad, Caesar Salad,	Tossed Salad, Cupped Fru	uits & Fresh Fruits		
	Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad  Fresh Granny Smith Apple Sliced Peaches Side Peaches Side Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad  Applesauce Sliced Peaches Side Salad Homemade Lite Veggie Pasta Salad  With dinner rolls Fresh Orange Mixed Fruit Side Salad Homemade Lite Veggie Pasta Salad Fresh Orange Mixed Fruit Side Salad Homemade Lite Veggie Pasta Salad		



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menu on your mobile device anywhere.



on production, distribution and delivery. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain. \*\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted WHITSON









Welcome to our Lunch Cafe

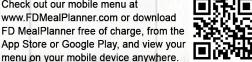
4/18/2022 - 4/22/2022

	Monday	Tuesday	Wednesday	Thursday	Friday		
	Chicken Nugget &	Crispy Tacos	Homemade Pasta &	Whole Grain Waffles	Nachos Grande		
411 01	Mozzarella Stick	homemade spicy taco	Meatballs	with Sausage	tortilla chips topped wit		
World 🗺	Combo	meat inside a crispy taco	freshly baked meatballs	light and crispy waffles	freshly prepared mexi		
6 MARKET	Crispy chicken nuggets	shell topped with cheese	with tomato sauce over	served with a sausage	style meat and cheese		
And the second s	and gooey mozzarella	Soft Tacos	pasta 🤔 🚷	patty			
Coyote A	sticks served with dipping	Brown Rice	Green Beans	Cinnamon Applesauce	Brown Rice		
GRILL	sauce 🤔	Fiesta Corn			Black Beans		
7 Oris	Oven Baked Fries						
	Sweet Corn French Bread Pizza	Meat Lovers Pizza	Bacon Mushroom	White Pizza	Homemade three		
	toasted French bread	freshly made pizza	Pizza	freshly made pizza dough	Cheese Calzone		
	topped with pizza sauce	topped with mozzarella	cheese pizza topped with	brushed with garlic and	calzone stuffed with thr		
10	and melted cheese 🕜	cheese, sausage,	crispy bacon and fresh	oil, topped with	delicious melted		
		pepperoni and meatball	mushrooms 🤗	mozzarella cheese.	cheeses 🍘 🤔		
COSIL	<b>9</b>	P (8)		baked to perfection 🕡			
				· · · · · · · · · · · · · · · · · · ·			
	Available Daily: Chees	se Pizza, Pepperoni Pizza	and Special Calzone or Pi	zza all featuring whole gra	nin rich pizza dough		
	Grilled Cheese	BLT Sandwich	Philly Cheese Steak	Cheeseburger	Tomato & Cheese		
	Sandwich	warm sandwich prepared	thinly sliced beef topped	burger topped with	Griller		
	golden toasted bread with	in-house topped with	with sauteed peppers,	cheese on a freshly	hand crafted melted		
Miss A	melted gooey cheese	crispy bacon, fresh	onions and melted	toasted bun	cheese sandwich with		
RUBY'S	pressed and prepared in-	lettuce and tomato slices	cheese on a lightly		juicy fresh tomatoes		
GRILL	house 🅜	P 🤣	toasted bun prepared in-		between bread grilled		
	Sweet Potato Fries	Sweet Potato Fries	house 🤔		perfection 🕜 🤔		
		Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.					
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar		
	an assortment of cold	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,	an assortment of cold cuts, cheeses,	an assortment of cold		
	cuts, cheeses, condiments and breads,	cuis, cheeses, condiments and breads,	cuis, crieeses, condiments and breads,	condiments and breads,	cuts, cheeses, condiments and bread		
Great 🥯 📗	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to creat		
OAMERICAN	your own sandwich	your own sandwich	your own sandwich	your own sandwich	your own sandwich		
SANDWICH CO.	Tuna Salad Wrap*	Egg Salad Wrap 🕜 🤔	Turkey Club Wrap	your own sandwion	your own sandwich		
	. •		cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with		
	Classic Chef Salad	Garden Salad with	Fruity Parfait	Fruity Parfait	Fruity Parfait		
	1 .	Cheese Entree	vanilla yogurt topped with	vanilla yogurt topped with	vanilla yogurt topped w		
	fresh lettuce topped with		, , , , ,				
	fresh lettuce topped with sliced deli meats and	fresh garden salad	strawberries, blueberries,	strawberries, blueberries,	strawberries, blueberrie		
G4	sliced deli meats and		strawberries, blueberries, and crunchy granola 🕡	strawberries, blueberries, and crunchy granola			
Frait A		fresh garden salad	and crunchy granola	strawberries, blueberries, and crunchy granola	strawberries, blueberrie and crunchy granola		
Frait Subs	sliced deli meats and	fresh garden salad		and crunchy granola 🌈	and crunchy granola (		
Frait 🖘	sliced deli meats and	fresh garden salad	and crunchy granola				
Frait See EXPRESS	sliced deli meats and cheeses P	fresh garden salad topped with cheese 🎻	and crunchy granola	and crunchy granola (?) (**) (**) (**) Chicken Caesar Salad (**) (**)  Odd Yogurt Parfait. Includes	and crunchy granola (		
Frait Subs	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple	fresh garden salad topped with cheese    Salad, Chef Salad, Caesa Side Salad	and crunchy granola	and crunchy granola @ Chicken Caesar Salad Mixed Fruit	and crunchy granola (  Classic Chef Salad (  whole wheat dinner  Fresh Orange		
Frait Subs	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple Side Salad	fresh garden salad topped with cheese    Salad, Chef Salad, Caesa Side Salad side salad with tomato	and crunchy granola	and crunchy granola  Chicken Caesar Salad Chicken Chicken Caesar Salad Chicken Chi	and crunchy granola ( Classic Chef Salad  whole wheat dinner  Fresh Orange Applesauce		
Frait See EXPRESS	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple Side Salad Homemade Lite Veggie	fresh garden salad topped with cheese   Salad, Chef Salad, Caesa Side Salad side salad with tomato and cucumber	and crunchy granola    The second of the sec	and crunchy granola  Chicken Caesar Salad Chicken Chicken Caesar Salad Chicken Chicken Caesar Salad Chicken Chi	and crunchy granola ( Classic Chef Salad  whole wheat dinner  Fresh Orange Applesauce Mixed Fruit		
EXPRESS'	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple Side Salad	fresh garden salad topped with cheese   Salad, Chef Salad, Caesa Side Salad side salad with tomato and cucumber Homemade Lite Veggie	and crunchy granola   The second of the seco	and crunchy granola  Chicken Caesar Salad Chicken Chicken Caesar Salad Chicken Chicken Chicken Caesar Salad Chicken	and crunchy granola Classic Chef Salad  Classic Chef Salad  whole wheat dinner  Fresh Orange Applesauce Mixed Fruit Fresh Apple		
EXPRESS'	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple Side Salad Homemade Lite Veggie	fresh garden salad topped with cheese   Salad, Chef Salad, Caesa  Side Salad  side salad with tomato and cucumber  Homemade Lite Veggie  Pasta Salad	and crunchy granola    The second of the sec	and crunchy granola  Chicken Caesar Salad  Mixed Fruit Fresh Apple Sliced Peaches Homemade Lite Veggie Pasta Salad	and crunchy granola ( Classic Chef Salad  whole wheat dinner  Fresh Orange Applesauce Mixed Fruit		
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Healthy	sliced deli meats and cheeses P P  Available Daily: Garder  Fresh Apple Side Salad Homemade Lite Veggie	fresh garden salad topped with cheese   Salad, Chef Salad, Caesa  Side Salad  side salad with tomato and cucumber  Homemade Lite Veggie  Pasta Salad	and crunchy granola   The second of the seco	and crunchy granola  Chicken Caesar Salad  Mixed Fruit Fresh Apple Sliced Peaches Homemade Lite Veggie Pasta Salad	and crunchy granola Classic Chef Salad  Classic Chef Salad  whole wheat dinner  Fresh Orange Applesauce Mixed Fruit Fresh Apple		
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menu on your mobile device anywhere.













Welcome to our Lunch Cafe

4/25/2022 - 4/29/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
World T. T. MARKET  Coyote  GRILL	SE	RING			
CUCINA		EAK			
	86	HOOL		all featuring whole grain ri	ch pizza dough
Miss RUBY'S GRILL		HOOL OSED		Burgers, Chicken Patties a	nd Spicy Chicken
Great SAMERICAN SAMERICAN SAMERICAN	Available Daily: A	ssorted Boars Head co	old cuts, cheeses and v	whole grain rich bread,	rolls and wraps
Frait And EXPRESS		•	r Salad. Includes whole wh		
Healthy					
	ply Rooted® in food and fam		pproved FREE breakfast and lun		

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