



Welcome to our Breakfast Cafe



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggaböls promotion.



September 2022

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Timberlane Pollard Elementary

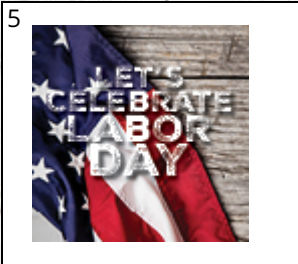
Monday

Tuesday

Wednesday

Thursday

Friday



5 100% Apple Grape Juice
Fluffy Whole Grain Waffles
Syrup

6 Orange Juice
Cinnamon Toast Crunch Cereal
Animal Crackers

7 100% Apple Juice
Scrambled Eggs with Cheese

8 **SCHOOL CLOSED TODAY**

9 100% Apple Juice
WW Breakfast Bun

10 Orange Juice
Homemade Muffins

11 100% Apple Juice
Sausage and Egg Sandwich
100% Apple Juice

12 Orange Juice
Apple Cinnamon Smoothie

13 100% Apple Juice
WW Breakfast Bun

14 100% Apple Grape Juice
Whole Grain French Toast Slices
Syrup

15 100% Apple Juice
Red. Sugar Cocoa Puffs Cereal
Animal Crackers

16 Orange Juice
Fruity Parfait

17 100% Apple Juice
WW Breakfast Bun

18 100% Apple Grape Juice
Fluffy Whole Grain Waffles
Syrup

19 Orange Juice
Homemade Muffins

20 100% Apple Juice
Sausage and Egg Sandwich
100% Apple Juice

21 Orange Juice
Animal Crackers
Strawberry Banana Smoothie

22 100% Apple Juice
WW Breakfast Bun

23 100% Apple Grape Juice
Fluffy Whole Grain Waffles
Syrup

24 **Professional Development Day**

25 100% Apple Juice
Whole Grain French Toast Slices
Syrup

26 Orange Juice
Fruity Parfait
Animal Crackers



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices

Regular: \$1.50

Reduced: \$.30

All Breakfast are served with choice of low fat 1% milk, skim chocolate milk or Fat Free Milk

