



Welcome to our Lunch Cafe

Timberlane Sandown Central Elementary

August 2022



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggaböls promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

Monday

Tuesday

Wednesday

Thursday

Friday

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|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |



29 Cheesy Stuffed Bread Sticks
 Tomato Sauce Dip
 Steamed Broccoli
 Or
 Garden Salad with Cheese Entree
 Sliced Peaches
 Applesauce

30 Chicken Nuggets
 Sweet Potato Fries
 Sweet Corn
 Or
 Garden Salad with Cheese Entree
 Fresh Apple

31 Pasta with Meat Sauce
 Green Beans
 Sliced Peaches
 Or
 Garden Salad with Cheese Entree
 Diced Pear Cup

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Meal Prices
Regular: \$3.00

Reduced: \$.40

Always Available

- 1) Bagel Fun Lunch- WW Bagel, Cheese Stick, Yogurt and Carrots
- 2) Garden Salad with Cheese- Mixed Greens, cucumbers, tomatoes and cheese.
- 3) Sun butter & Jelly Sandwich- WW Bread, Sun butter & Jelly

