



Welcome to our Lunch Cafe

Timberlane Atkinson Academy Elementary

December 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



6 Crispy Popcorn
Chicken
Mashed Potatoes
Mixed Fruit
Side Garden Salad
Fresh Apple

7 Nachos Grande
Corn
Garden Salad
Fresh Apple
Diced Pear Cup

1 Pasta with Meat
Sauce 🌱 🌱
Homemade Garlic
Bread
Fresh Apple
Baby Carrots
Caesar Salad
Fresh Orange

2 Crispy Chicken
Sandwich
Mixed Fruit
Side Garden Salad
Fresh Apple
Chickpea Salad

3 Cheese Pizza 🌱 🌱
Baby Carrots
Fresh Apple
Side Salad
Sliced Peaches

13 Chicken Nugget &
Mozzarella Stick
Combo 🌱
Whole Wheat Dinner
Roll
Corn
Mixed Fruit
Side Garden Salad
Fresh Apple

14 Bacon Cheeseburger
🌱
Oven Baked Fries
Caesar Salad
Diced Pear Cup
Fresh Apple

15 Cheese Quesadilla
Corn
Mixed Fruit
Side Garden Salad
Fresh Apple

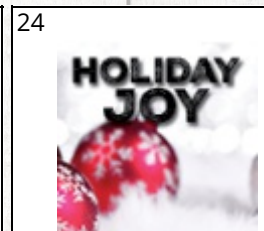
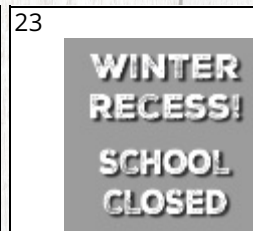
16 Crispy Chicken
Sandwich
Baby Carrots
Mixed Fruit
Fresh Orange
Baked Beans

17 Cheese Pizza 🌱 🌱
Baby Carrots
Fresh Apple
Side Salad
Sliced Peaches

20 Grilled Cheese
Sandwich 🌱
Caesar Salad
Diced Pear Cup
Fresh Apple
Baked Beans

21 Crispy Chicken
Sandwich
Side Salad
Mixed Fruit
Fresh Orange
Oven Baked Fries

22 Cheese Pizza 🌱 🌱
Baby Carrots
Fresh Apple
Sliced Peaches
Cucumber Coins



27

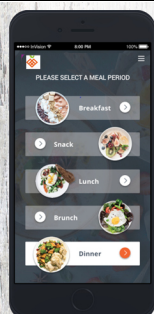
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Winter Break



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



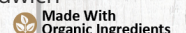
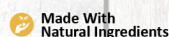
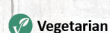
Low Fat Milk .50
100% Juice .50

Help Wanted

Food Service Worker

Contact Mayra
Maldonado

maldonadom@whitsons.com



Also Available Daily
Bagel Lunch- Wheat Bagel, String Cheese, Organic Yogurt

Healthy Choice Salad - A bed of Lettuce, Grape Tomatoes, Cucumbers, Cheese and Whole Grain Rolls

Sunbutter & Jelly Sandwich

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.