



Welcome to our Breakfast Cafe

Timberlane Atkinson Academy Elementary

December 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



1 Whole Grain French Toast Slices
Mixed Fruit
100% Orange Juice Blend

2 Sausage and Egg Sandwich
Mixed Fruit
100% Orange Juice Blend

3 Or WW Breakfast Bun
Mixed Fruit
100% Apple Grape Juice

6 Fluffy Whole Grain Waffles
100% Fruit Punch Juice
Fresh Apple
Mixed Fruit

7 Homemade Muffins
Mixed Fruit
100% Fruit Punch Juice

8 Whole Grain French Toast Slices
Mixed Fruit
100% Orange Juice Blend

9 Sausage, Egg & Cheese Burrito*
100% Fruit Punch Juice
Fresh Apple
Mixed Fruit

10 Or WW Breakfast Bun
Mixed Fruit
100% Apple Grape Juice

13 Fluffy Whole Grain Waffles
100% Fruit Punch Juice
Fresh Apple
Mixed Fruit

14 Homemade Muffins
Mixed Fruit
100% Fruit Punch Juice

15 Whole Grain French Toast Slices
Mixed Fruit
100% Orange Juice Blend

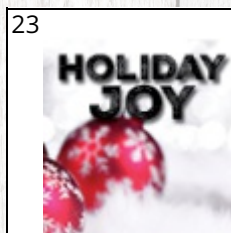
16 Sausage and Egg Sandwich
Mixed Fruit
100% Orange Juice Blend

17 Or WW Breakfast Bun
Mixed Fruit
100% Apple Grape Juice

20 Fluffy Whole Grain Waffles
Mixed Fruit
Fresh Apple
100% Orange Juice Blend

21 Homemade Muffins
Mixed Fruit
100% Fruit Punch Juice

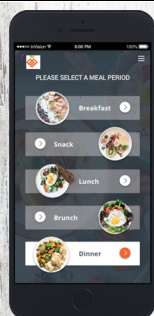
22 Or WW Breakfast Bun
Mixed Fruit
100% Apple Grape Juice



24 Happy Holidays!

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Winter Break



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Breakfast Prices

Regular: Free

Reduced: \$0

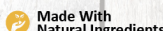
Breakfast is served in the cafe

Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Cereals with Crackers

All served with choice of fat free or low fat milk, assorted juices and fresh fruits



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.