

Dear Pollard Families:

Happy spring! Let's hope that the groundhog was correct and spring is truly here!

Incoming Kindergarten registration has begun and I want to remind everyone with children that will be entering Kindergarten in the fall that they should call our main office to begin the registration process. For those that have already begun the registration process, we will be sending out invitations to our Kindergarten Screening soon. We plan on having all incoming kindergarteners screened sometime between April 30th and May 2nd. Parents of students entering first grade that did not come to kindergarten at Pollard should call or come to the school to register your child as soon as possible. At this time you can make an appointment to meet with the guidance counselor. We are still taking names for our 4 day Preschool program. April 5th is the deadline for applications and then we will have our lottery. Parents will be notified then. Please remember, we do have a district TLC program for 3 and 4 year olds at Sandown Central, so that could be an option. We look forward to meeting all of our new students!

I sent home a letter and form for parents to fill out last week (March 15th) as we get closer to placing students in classes for next year. As the letter indicated, **PLEASE DO NOT REQUEST A SPECIFIC TEACHER**. We want to know what types of things motivate your child but naming a staff member will not help in his/her placement. It is important to note that all children are different and certain teachers may be a better match for some students but not so much for others. Please trust that your child's current teacher, specialists, our school counselor and

What you do today makes a difference tomorrow

120 Main Street, Plaistow, NH 03865 Phone: (603) 382-7146 Fax: (603) 382-2782 http://www.pollardschool.com

Important Dates

March 25

4th Gr Field Trip

March 26

All District Band Concert 5-7th Grade 7pm—PAC

March 28

No School— Professional Development Day

March 29

PTA Silent Auction/ Family Fun Night-6pm Pollard Cafe

April 2

5th Gr Parent Committee Meeting-6:30pm - Library

April 3

Title One Night— 5:30pm Pollard Café (Snow Date-4/10)

April 5

School Board Meeting-7:30pm SAU Boardroom

April 10

All District Elementary Beginners Instrumental Concert-7pm—PAC

April 11

Popcorn Day 2nd Gr Play-7pm-PAC

April 13

7th Annual "Run of the Savages" - 8:45am Registration

April 15

Volunteer Luncheon 11am-1pm—Café 5th Grade Class Picture administration all have a hand in placement and we want the best for everyone. We will definitely have some teacher movement again this next school year. Please get your placement forms to me by April 12th.

We have many activities planned for the remaining months of our 2018-19 school year and I invite you all to join us. We are excited to be hosting the 7th annual "Run of the Savages" in memory of Chief Stephen Savage who lost his battle with cancer in 2014. This 5K Run/Walk community event will be held on April 13th and is being organized to put a positive spin on a deadly disease by focusing on something greater than the disease: a fun community event and a cause for a cure. Please consider joining us in the "Run of the Savages" to help battle cancer. All proceeds of this race will be donated to The Jimmy Fund, Dana Farber Cancer Institute. We also will be hosting our annual Thank You Volunteer Luncheon, Wellness Day and Field Day as well as our end of year concerts! We hope that you can join us for these events!

Michelle Auger, Principal



Dear Parents.

It's almost that time again — standardized testing is right around the corner. You play an important part in helping students give their best performance on this important test. As you know, we have been busy preparing and reinforcing the skills necessary for students to demonstrate their learning. Even though this assessment is a snapshot—one single perspective — it is important that our students have every advantage to do their very best. We don't want to cause test anxiety, rather we want our students to be as prepared as possible. There are many ways in which you can help your child put his/her best foot forward. The following quidelines can help set our students up for success:

Throughout the year:

- 1. Read to/with your child and make time to discuss what you've read.
- 2. Encourage reading for pleasure regularly.
- 3. Know what kind of homework teachers expect and make sure your child completes it.
- 4. Provide a regular, quiet place for your child to read or complete homework.
- 5. Set high expectations for grades and attendance.

- 6. Take an active interest in what your child is doing in school. What is he or she learning? Parents who communicate daily about what their children are learning build a strong foundation to demonstrate that learning on tests.
- 7. During the weeks leading up to the test, begin to talk with your child about doing his or her best. You know your child better than anyone. Emphasize the importance of the test, but remember to build confidence, not anxiety. The night before the test:
- 1. Make sure your child goes to bed on time so he or she is well-rested.
- 2. Keep your routine as normal as possible. Upsetting natural routines may make children feel insecure. 3. Be positive and confident in the fact that you know your child will do his/her best.
- 4. Plan ahead to avoid conflicts on the morning of the test.

The morning of the test:

- 1. Get up a few minutes early to avoid rushing and make sure your child arrives at school on time.
- 2. Have your child eat a nutritious breakfast. There is a strong correlation between eating breakfast and memory and cognitive functioning.
- 3. Have your child dress comfortably.
- 4. Be positive and communicate that this is your child's chance to show what he/she knows. The most important thing you can do right before the test is to build confidence about doing his/her very best.

After the test:

- 1. Talk to your child about his/her feelings about the test.
- 2. Discuss what was easy and what was hard; discuss what your child learned from the test.
- 3. Explain that performance on a test does not define him or her as a person. It is just one opportunity to demonstrate learning.

Thank you for your continued support and involvement in your child's education. Together we can make a difference!

Sincerely, Doug Blay Assistant Principal



Pollard Launches Science Camp "Love Your Heart"

-Dolores Coyle-Quirk

Scientists were busy Feb. 14 at Pollard with the first session of 2019 Science Camp. What does everyone do on Valentine's Day? Why, think about our hearts of course. These scientists discovered just how wonderful our hearts really are. Thirty students, grades 3-5 investigated how the heart pumps the oxygenated rich blood around the body. They observed the blood pulsating through their veins. Students had hands on experiences as they made predictions and monitored their pulse rates. First they measured the pulse rate resting, then they compared the data after cardiac activity. They enjoyed using stethoscopes to listen for their changing heart rate, then they made their own stethoscopes to bring home. Our hearts are incredible machines, so take good care of them and "love your heart"!











Now that the snow has melted and the mud has arrived in the back fields, Spring has officially **sprung** at Pollard!!! It's time for the **Garden Club** to reorganize and get under way! Seeds must be planted, soil churned and the raised garden beds readied for another growing season! Any student in Grades 3-5 interested in the **Pollard Garden Club** should check for the sign-up form going home in this week's Pollard Express. Spaces are limited to ten participants, so get those forms back to Mrs. Bloom (Grade 2, Room 129) lickety-split!

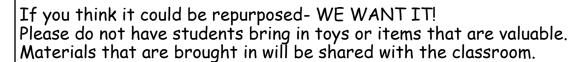


WE WANT YOUR RECYCLABLES!

This year's enrichment day theme is "Gettin' Gritty With It." During the day students will be asked to complete challenges using various materials. In an effort to use recyclable materials, classroom teachers are asking students to bring in items from home that the class could repurpose.

Items such as, but not limited to:

- Toilet paper/paper towel rolls/cardboard boxes/tissue boxes
- Water bottles
- Bottle Caps
- Wrapping paper/wrapping material
- Paper plates
- Plastic cups
- String/ribbon
- Newspapers
- Milk/juice cartons
- ②Rubber bands, paper clips, tape



Items can be brought during the month of April. Our school-wide enrichment day will be on April 19th. After this date we will no longer be collecting items.

Thank you, in advance, for supporting our enrichment day!



Greetings from the music room!

It has been a busy start to spring for Pollard School musicians in general music class! Our 4th and 5th graders have been practicing sight reading music as well as performing an Irish step dance in class. 3rd graders have been enjoying learning recorder and are working towards earning belts in Recorder Karate. 2nd graders are working hard preparing for their play on April 11th at the PAC. The younger children have been exploring musical concepts through movement, songs, games, and stories. Ask your child to sing you a song they learned in music class! Our district chorus concert took place on Wednesday, March 20th, 2019 at 7 p.m. at the PAC. Pollard is also proud to have three 5th grade chorus members attending the 2019 N.H. Elementary Honors Choir Festival in Concord next month.

Musically Yours,

AnnMarie Pinard Pollard School Music Specialist





Happy Spring from the art room! Kindergarten listened to the book, "Mouse Paint" and actually mixed secondary colors! Ask them if they can name the primary colors. First graders are working on dancing giraffes from the book "Giraffes Can't Dance". It is a great beginning for learning how to draw the figure. Second graders just finished a project called, "If Van Gogh Visited Boston". They loved learning about Vincent Van Gogh, and some famous landmarks in Boston. One student came rushing in to tell me he saw "the Boston buildings" this weekend. It is so great when they can connect what they are learning to a personal experience. Third graders just finished Chinese dragons drawn in oil pastel. They are just learning about the tertiary colors (yellow green, blue violet, etc.). They mixed the oil pastels to create tertiary colors. They heard an interesting Chinese legend about dragons and kindness while they worked. We recently got very exciting news about the New Hampshire Fire Safety Calendar contest! Hannah Ahern was one of only thirteen New Hampshire students chosen to have her artwork published in the next calendar! In April, Mrs. Auger and I will be joining Hannah and her family at a celebration in Concord honoring the winning artists. Pollard School is very proud of you, Hannah! Fourth graders are working on one of their favorite projects, monochromatic anoles. I have combined teaching them to mix and paint monochromatic colors with a cool 3-d flexible paper lizard project. They are very eager to see the final product! Fifth graders have finished their clay cone characters. I think somehow they get more amazing and detailed, every year! The artists are very thrilled about them, and ask me almost daily when we will be painting them, but they have to air dry for two weeks before I can fire them. While we (patiently) wait, we are beginning their historical heroes collaborative puppet project.

As always, if you have any questions or concerns about art, feel free to contact me. Becky Lightizer



On Monday, March 25 the All District 5^{th} grade band will be having a rehearsal at the PAC from 6:30pm-7:30pm. While the students are rehearsing their parents will be meeting with Mr. Schweiss, the middle school band director. He will be discussing the middle school band program and will answer any questions that you might have. This is a very important meeting for our Pollard school band parents. Please plan on attending.

On Tuesday night March 26, the All District 5^{th} grade band will be presenting their final concert of the year. Students are asked to report to the PAC at 6:15pm and the concert will begin at 7:00pm. This concert will include the 6^{th} and 7^{th} grade bands as well. We ask that our 5^{th} graders stay for the entire concert as this will give them the opportunity to see what happens musically in the middle school. We are very excited for this concert because our 5^{th} graders have been working very hard this year and this will give them a chance to show what they have accomplished, not only to family members but also to the middle school band members and their families.

Hope to see you there!

Mr. Mainella

Pollard PTA Upcoming Events

Silent Auction Friday 3/29 in the Pollard School Gym. We are still looking for raffle donations for this event.

Box Tops- As of March 22nd the 2nd grade is in the lead with 1,058 box tops, 5th grade is in 2nd place, and 3rd grade is in third place.

Total Box Tops so far: 3,954!!

Next scheduled Popcorn Day is April 11th

Thank you for your continued support. See you at the Silent Auction!



Volunteers Help Build a Brighter Future for Our Students



Join us on Monday, April 15th to celebrate Pollard's amazing volunteers at our annual luncheon between 11am-1:00pm in the Gym.

Please RSVP by Friday, April 12th

Return this portion to your child's teacher or contact the main office at 603-382-7146 x0

Volunteer Luncheon RSVP

Volunteer Name: _____

____Yes, I will be attending the luncheon on 4/15/19