

# Timberlane Middle School

Welcome to our  
Lunch Cafe

4/1/2021 - 4/2/2021








Monday

Tuesday

Wednesday

Thursday

Friday

|                                                                                                                                                                      |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <br> |  |  | <p>To Go Meal Pick up<br/>9:00am until 10:15 am</p> <p>At All 4 Elementary<br/>Schools</p> | <p>Chicken Nugget &amp; Mozzarella Stick Combo<br/>Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷<br/>Homemade Garlic Bread</p> | <p>Nachos Grande<br/>tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🍷<br/>Brown Rice<br/>Fiesta Corn</p>             |
|                                                                                      |  |  |                                                                                            | <p>White Pizza<br/>freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection 🍷</p>                               | <p>Meat Lovers Pizza<br/>freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball 🍷</p>                                   |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough                                               |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|                                                                                      |  |  |                                                                                            | <p>Chicken Parmesan Sandwich<br/>warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a bun 🍷</p>                      | <p>Grilled Cheese Sandwich<br/>golden toasted bread with melted gooey cheese pressed and prepared in-house 🍷<br/>Baked Potato Wedges</p>           |
| Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.                                                                                       |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|                                                                                    |  |  |                                                                                            | <p>Deli Bar<br/>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich<br/>Ham &amp; Cheese</p>                | <p>Deli Bar<br/>an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich<br/>Turkey Club Wrap 🍷</p> |
| Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with                                                                |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|                                                                                    |  |  |                                                                                            | <p>Chef Salad<br/>fresh lettuce topped with sliced deli meats and cheeses 🍷</p>                                                                                 | <p>Tuna Salad Plate<br/>garden salad topped with freshly made tuna salad 🍷</p>                                                                     |
| Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner                                              |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|                                                                                    |  |  |                                                                                            | <p>Applesauce<br/>Sliced Peaches<br/>Potato Salad<br/>Side Salad<br/>Confetti Garbanzo<br/>Bean Salad<br/>Homemade Lite Veggie Pasta Salad</p>                  | <p>Diced Pear Cup<br/>Fresh Apple<br/>Side Salad<br/>Potato Salad<br/>Homemade Lite Veggie Pasta Salad<br/>Baby Carrots</p>                        |
| Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits                                          |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |
|                                                                                                                                                                      |  |  |                                                                                            |                                                                                                                                                                 |                                                                                                                                                    |

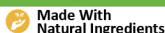


**SIMPLY ROOTED**  
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.whitsons.com](http://www.whitsons.com).

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# Timberlane Middle School

Welcome to our  
Lunch Cafe

4/5/2021 - 4/9/2021

## Monday

Chicken with Gravy  
roasted chicken covered  
with gravy  
Fluffy Mashed  
Potatoes  
Green Beans  
Dinner Rolls

## Tuesday

Crispy Tacos  
homemade spicy taco  
meat inside a crispy taco  
shell topped with cheese  
Soft Tacos  
Chicken Fajita Wrap  
Brown Rice  
Fiesta Corn

## Wednesday

Pasta & Meat Sauce  
freshly cooked pasta with  
meat sauce  
Homemade Garlic  
Bread  
Green Beans

## Thursday

Whole Grain French  
Toast  
slices of French toast  
baked to perfection  
Crispy Pork Sausage  
Links  
Crispy Potato Puffs  
Sauteed Cinnamon  
Apple Slices

## Friday

Nachos Grande  
tortilla chips topped with  
freshly prepared mexi  
style meat and cheese  
sauce  
Brown Rice  
Fiesta Corn

Sausage Pizza  
traditional pizza slice  
topped with sausage

Meat Lovers Pizza  
freshly made pizza  
topped with mozzarella  
cheese, sausage,  
pepperoni and meatball

Homemade Ham,  
Pepperoni and Cheese  
Stromboli  
ham, pepperoni and  
melted cheese wrapped  
in a pizza dough

Homemade three  
Cheese Calzone  
calzone stuffed with three  
delicious melted  
cheeses

French Bread Pizza  
toasted French bread  
topped with pizza sauce  
and melted cheese

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese  
Sandwich  
golden toasted bread with  
melted gooey cheese  
pressed and prepared in-  
house  
Baked Potato Wedges

General TSO's  
Chicken Sandwich  
with Sweet Potato Fries

Buffalo Chicken  
Sandwich  
warm sandwich prepared  
in-house with spicy  
marinated chicken breast,  
crisp lettuce and sliced  
tomato

BBQ Chicken  
Sandwich  
warm baked chicken  
smothered in BBQ sauce  
on a bun and prepared in-  
house  
Sweet Potato Fries

Smokehouse Pulled  
Pork Sandwich  
smokehouse pulled pork  
on a roll with cole slaw  
Sweet Potato Fries

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar  
an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich  
Ham & Cheese

Deli Bar  
an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich  
Turkey Club Wrap

Deli Bar  
an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich  
Chicken Caesar Wrap

Deli Bar  
an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich  
Egg Salad Wrap

Deli Bar  
an assortment of cold  
cuts, cheeses,  
condiments and breads,  
rolls, or wraps to create  
your own sandwich  
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Chef Salad  
fresh lettuce topped with  
sliced deli meats and  
cheeses

Mexican Salad  
salad with beans, corn,  
sour cream, and salsa

Chicken Caesar Salad  
fresh romaine topped with  
parmesan cheese,  
chicken, and croutons  
with dinner rolls

Buffalo Chicken Salad  
with Dinner Rolls  
spicy chicken on a bed of  
romaine lettuce with  
cucumbers, carrots and  
tomatoes

Chicken Caesar Salad  
fresh romaine topped with  
parmesan cheese,  
chicken, and croutons  
with dinner rolls

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Applesauce  
Sliced Peaches  
Potato Salad  
Side Salad  
Confetti Garbanzo  
Bean Salad  
Homemade Lite Veggie  
Pasta Salad

Diced Pear Cup  
Fresh Apple  
Side Salad  
Potato Salad  
Homemade Lite Veggie  
Pasta Salad

Applesauce  
Sliced Peaches  
Potato Salad  
Side Salad  
Confetti Garbanzo  
Bean Salad  
Homemade Lite Veggie  
Pasta Salad

Fresh Grapes  
Mixed Fruit  
Fresh Apple  
Potato Salad  
Side Salad  
Homemade Lite Veggie  
Pasta Salad

Applesauce  
Sliced Peaches  
Potato Salad  
Side Salad  
Confetti Garbanzo  
Bean Salad  
Homemade Lite Veggie  
Pasta Salad

Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits



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# Timberlane Middle School

Welcome to our  
Lunch Cafe

4/12/2021 - 4/16/2021








## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

|                                                                                                                                                                      |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br> | <p>General Tso's Chicken<br/>crispy chicken with<br/>broccoli in General Tso's<br/>sauce 🍴</p> <p>Brown Rice<br/>Vegetable Egg Roll</p>                               | <p>Crispy Tacos<br/>homemade spicy taco<br/>meat inside a crispy taco<br/>shell topped with cheese</p> <p>Soft Tacos<br/>Chicken Fajita Wrap</p> <p>Brown Rice<br/>Fiesta Corn</p> | <p>Pasta, Pasta, Pasta<br/>pasta with the sauce of<br/>your choice: Alfredo,<br/>marinara or bolognese</p> <p>Green Beans<br/>Homemade Garlic<br/>Bread</p>             | <p>Chicken Nuggets<br/>crispy breaded chicken<br/>nuggets perfect for<br/>dipping in your favorite<br/>sauce</p> <p>Oven Baked Fries<br/>Sweet Corn<br/>Dinner Rolls</p>   | <p>Nachos Grande<br/>tortilla chips topped with<br/>freshly prepared mexi<br/>style meat and cheese<br/>sauce 🍴</p> <p>Brown Rice<br/>Fiesta Corn</p>                                                                      |
|                                                                                      | <p>French Bread Pizza<br/>toasted French bread<br/>topped with pizza sauce<br/>and melted cheese 🍴</p>                                                                | <p>Meat Lovers Pizza<br/>freshly made pizza<br/>topped with mozzarella<br/>cheese, sausage,<br/>pepperoni and meatball</p> <p>P 🍴</p>                                              | <p>Hand Crafted Buffalo<br/>Chicken Pizza<br/>fresh dough layered with<br/>sauce, topped with<br/>cheese and Buffalo<br/>chicken pieces and<br/>baked until crisp 🍴</p> | <p>Bacon Pizza<br/>handmade pizza topped<br/>with sauce, melted<br/>mozzarella and crispy<br/>bacon pieces 🍴</p>                                                           | <p>Homemade Chicken<br/>Parmesan Calzone<br/>freshly prepared dough<br/>lightly brushed with oil &amp;<br/>garlic stuffed with chicken<br/>breast topped with tomato<br/>sauce, mozzarella &amp;<br/>parmesan cheese 🍴</p> |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough 🍴                                             |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|                                                                                      | <p>Grilled Cheese<br/>Sandwich<br/>toasted bread with<br/>melted gooey cheese<br/>served and prepared in-<br/>house 🍴</p>                                             | <p>Smokehouse Pulled<br/>Pork Sandwich<br/>smokehouse pulled pork<br/>on a roll with cole slaw</p> <p>P 🍴</p> <p>Sweet Potato Fries</p>                                            | <p>BBQ Chicken<br/>Sandwich<br/>warm baked chicken<br/>smothered in BBQ sauce<br/>on a bun and prepared in-<br/>house</p> <p>Sweet Potato Fries</p>                     | <p>Meatball Hero<br/>freshly baked meatballs<br/>mixed in a rich tomato<br/>sauce inside a soft roll<br/>topped with melted<br/>mozzarella 🍴</p> <p>Sweet Potato Fries</p> | <p>Double Bacon Burger<br/>two juicy all beef patties<br/>topped with crisp bacon,<br/>cheese, on a soft bun</p> <p>Sweet Potato Fries</p>                                                                                 |
| Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.                                                                                       |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|                                                                                    | <p>Deli Bar<br/>an assortment of cold<br/>cuts, cheeses,<br/>condiments and breads,<br/>rolls, or wraps to create<br/>your own sandwich</p> <p>Tuna Salad Wrap* 🍴</p> | <p>Deli Bar<br/>an assortment of cold<br/>cuts, cheeses,<br/>condiments and breads,<br/>rolls, or wraps to create<br/>your own sandwich</p> <p>Buffalo Chicken Wrap</p>            | <p>Deli Bar<br/>an assortment of cold<br/>cuts, cheeses,<br/>condiments and breads,<br/>rolls, or wraps to create<br/>your own sandwich</p> <p>Chicken Caesar Wrap</p>  | <p>Deli Bar<br/>an assortment of cold<br/>cuts, cheeses,<br/>condiments and breads,<br/>rolls, or wraps to create<br/>your own sandwich</p> <p>Ham &amp; Cheese Wrap</p>   | <p>Deli Bar<br/>an assortment of cold<br/>cuts, cheeses,<br/>condiments and breads,<br/>rolls, or wraps to create<br/>your own sandwich</p> <p>Buffalo Chicken Wrap</p>                                                    |
| Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with                                                                |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|                                                                                    | <p>Garden Salad with<br/>Cheese Entree<br/>fresh garden salad<br/>topped with cheese 🍴</p>                                                                            | <p>Mexican Salad<br/>salad with beans, corn,<br/>sour cream, and salsa</p> <p>🍴</p>                                                                                                | <p>Chef Salad<br/>fresh lettuce topped with<br/>sliced deli meats and<br/>cheeses P 🍴</p>                                                                               | <p>Garden Salad with<br/>Chicken Salad<br/>chicken salad on a bed of<br/>lettuce, cucumbers,<br/>carrots and tomatoes 🍴</p>                                                | <p>Mexican Salad<br/>salad with beans, corn,<br/>sour cream, and salsa</p> <p>🍴</p>                                                                                                                                        |
| Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner                                              |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|                                                                                    | <p>Fresh Grapes<br/>Mixed Fruit<br/>Side Salad<br/>Homemade Lite Veggie<br/>Pasta Salad</p>                                                                           | <p>Applesauce<br/>Sliced Peaches<br/>Potato Salad<br/>Side Salad<br/>Confetti Garbanzo<br/>Bean Salad<br/>Homemade Lite Veggie<br/>Pasta Salad</p>                                 | <p>Fresh Granny Smith<br/>Apple<br/>Sliced Peaches<br/>Potato Salad<br/>Side Salad<br/>Homemade Lite Veggie<br/>Pasta Salad</p>                                         | <p>Fresh Orange<br/>Mixed Fruit<br/>Potato Salad<br/>Side Salad<br/>Homemade Lite Veggie<br/>Pasta Salad</p>                                                               | <p>Fresh Granny Smith<br/>Apple<br/>Sliced Peaches<br/>Potato Salad<br/>Side Salad<br/>Homemade Lite Veggie<br/>Pasta Salad</p>                                                                                            |
| Variety of Fresh Fruits and Veggies available daily - Pasta Salad, Caesar Salad, Tossed Salad, Cupped Fruits & Fresh Fruits                                          |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |
|                                                                                                                                                                      |                                                                                                                                                                       |                                                                                                                                                                                    |                                                                                                                                                                         |                                                                                                                                                                            |                                                                                                                                                                                                                            |



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# Timberlane Middle School

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Lunch Cafe

4/19/2021 - 4/23/2021

## Monday

Chicken Nugget & Mozzarella Stick Combo  
Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷  
Oven Baked Fries  
Sweet Corn

French Bread Pizza  
toasted French bread topped with pizza sauce and melted cheese 🍷

## Tuesday

Crispy Tacos  
homemade spicy taco meat inside a crispy taco shell topped with cheese  
Soft Tacos  
Chicken Fajita Wrap 🍷  
Brown Rice  
Fiesta Corn

BBQ Chicken Pizza  
freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🍷

## Wednesday

Homemade Pasta & Meatballs  
freshly baked meatballs with tomato sauce over pasta 🍷  
Homemade Garlic Bread  
Green Beans

Bacon Pizza  
handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🍷

## Thursday

Chicken with Gravy  
roasted chicken covered with gravy 🍷  
Fluffy Mashed Potatoes  
Sweet Corn  
Cranberry Sauce  
Garlic Cheese Biscuit

White Pizza  
freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection 🍷

## Friday

Nachos Grande  
tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🍷  
Brown Rice  
Fiesta Corn

French Bread Pizza  
toasted French bread topped with pizza sauce and melted cheese 🍷

Available Daily: Cheese Pizza, Pepperoni Pizza and Special Calzone or Pizza all featuring whole grain rich pizza dough

Grilled Cheese Sandwich  
golden toasted bread with melted gooey cheese pressed and prepared in-house 🍷  
Sweet Potato Fries

Meatball Hero  
freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🍷  
Sweet Potato Fries

Ruby's Chicken Cordon Bleu  
handcrafted sandwich with moist chicken breast, thinly sliced ham, cheese, crisp lettuce and pickle chips between a 🍷

Turkey Hot Dog on Bun  
turkey hot dog on soft bun  
Baked Potato Wedges

Chicken Parmesan Sandwich  
warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a 🍷

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Tuna Salad Wrap\* 🍷

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Buffalo Chicken Wrap

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Roast Beef Sandwich

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Ham & Cheese

Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Buffalo Chicken Wrap

Daily: Boars Head cold cuts, popcorn chicken, tuna, cheeses & whole grain bread, rolls and wraps with

Chef Salad  
fresh lettuce topped with sliced deli meats and cheeses 🍷

Garden Salad with Cheese Entree  
fresh garden salad topped with cheese 🍷

Chicken Caesar Salad  
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷

Chef Salad  
fresh lettuce topped with sliced deli meats and cheeses 🍷

Mexican Salad  
salad with beans, corn, sour cream, and salsa 🍷

Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner

Diced Pear Cup  
Fresh Apple  
Side Salad  
Potato Salad  
Homemade Lite Veggie Pasta Salad

Potato Salad  
Side Salad  
Confetti Garbanzo Bean Salad  
Homemade Lite Veggie Pasta Salad  
Strawberry Cup

Diced Pear Cup  
Fresh Apple  
Side Salad  
Potato Salad  
Homemade Lite Veggie Pasta Salad

Applesauce  
Sliced Peaches  
Potato Salad  
Side Salad  
Confetti Garbanzo Bean Salad  
Homemade Lite Veggie Pasta Salad

Applesauce  
Sliced Peaches  
Potato Salad  
Side Salad  
Confetti Garbanzo Bean Salad  
Homemade Lite Veggie Pasta Salad



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