Welcome to our Lunch Cafe

4/1/2021 - 4/2/2021

Monday	Tuesday	Wednesday	Thursday	Friday
			Chicken Nugget &	Nachos Grande
111 .01 ==		To Go Meal Pick up	Mozzarella Stick	tortilla chips topped with
World To MARKET		9:00am until 10:15 am	Combo	freshly prepared mexi
6 MARKET			Crispy chicken nuggets	style meat and cheese
A STATE OF THE STA		At All 4 Flomentany	and gooey mozzarella	sauce 🤔
Coyote		At All 4 Elementary	sticks served with dipping	Brown Rice
GRILL		Schools	sauce 🤔	Fiesta Corn
ORILL			Homemade Garlic Bread	
			White Pizza	Meat Lovers Pizza
			freshly made pizza dough	freshly made pizza
			brushed with garlic and	topped with mozzarella
Ja _ A			oil, topped with	cheese, sausage,
CICINA			mozzarella cheese,	pepperoni and meatbal
			baked to perfection 🌈	P 🤔
		10 :101	<b>3</b>	
Available Daily	: Cheese Pizza, Pepperoni Piz	zza and Special Calzone or Pi		
			Chicken Parmesan Sandwich	Grilled Cheese Sandwich
			warm chicken patty	golden toasted bread wi
490			warm cnicken pally smothered in tomato	J
Miss Carl				melted gooey cheese
DURYS			sauce, topped with	pressed and prepared in
GRILL			melted cheese	house 🕜
A APATIESS			assembled in-house on a	Baked Potato Wedge
MEN ESS	Available Daily: Hamburge	ers, Cheeseburgers, Veggie		
1 ACINIDAN			Deli Bar	Deli Bar
Marine Services			an assortment of cold	an assortment of cold
TANK THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TWO I			cuts, cheeses,	cuts, cheeses,
Great			condiments and breads,	condiments and breads
GICCON STATE OF THE STATE OF TH			rolls, or wraps to create	rolls, or wraps to create
SANDWICH CO.			your own sandwich	your own sandwich
			Ham & Cheese	Turkey Club Wrap
Daily: Boars I	lead cold cuts, popcorn o	chicken, tuna, cheeses &		
			Chef Salad	Tuna Salad Plate
			fresh lettuce topped with	garden salad topped wit
			sliced deli meats and	freshly made tuna salad
Frait Sty			cheeses p 🤔	
express				
			[	
Available Daily:	Garden Salad, Chef Salad, Ca	nesar Salad & Organic Fruit a		
			Applesauce	Diced Pear Cup
			Sliced Peaches	Fresh Apple
THE RESERVE OF THE PARTY OF THE			Potato Salad	Side Salad
7100046			Side Salad	Potato Salad
Healthy			Confetti Garbanzo	Homemade Lite Vegg
HARVEST O			Bean Salad	Pasta Salad
As a second			Homemade Lite Veggie	Baby Carrots
Variety of Fresh F	uits and Veggies available dai	ly - Pasta Salad, Caesar Salad		its & Fresh Fruits
	The control of the co			
SIMPLY RO	CO. NO. THE RESERVE TO BE A SECURE TO SECURE	The USDA has approved FREE breakfast and		

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school ye. Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participatin All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grai

\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if ou have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This insitution is an equal opportunity provider.



We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods

and purchase locally when seasonally available. Check us out at www.Whitsons.com.









Welcome to our Lunch Cafe

4/5/2021 - 4/9/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
World * **  MARKET  Coyote  GRILL	Chicken with Gravy roasted chicken covered with gravy Fluffy Mashed Potatoes Green Beans Dinner Rolls	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice	Pasta & Meat Sauce freshly cooked pasta with meat sauce (%) (%) Homemade Garlic Bread Green Beans	Whole Grain French Toast slices of French toast baked to perfection Crispy Pork Sausage Links Crispy Potato Puffs Sauteed Cinnamon Apple Slices	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn
E MONDAY	Sausage Pizza traditional pizza slice topped with sausage 🥱	Fiesta Corn  Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball	Homemade Ham, Pepperoni and Cheese Stromboli ham, pepperoni and melted cheese wrapped in a pizza dough	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese
	Available Daily: Chee	se Pizza, Pepperoni Pizza			
Miss RUBY'S GRILL	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Baked Potato Wedges	General TSO's Chicken Sandwich with Sweet Potato Fries	Buffalo Chicken Sandwich warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato	BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries	Smokehouse Pulled Pork Sandwich smokehouse pulled pork on a roll with cole slaw P Sweet Potato Fries
	Ava	ailable Daily: Hamburgers,	Cheeseburgers, Veggie B	Burgers, & Chicken Patties	5.
Great SAMERICAN SANOWICH CO.	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese Daily: Boars Head of	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Chicken Caesar Wrap cken, tuna, cheeses &	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Egg Salad Wrap (?) whole grain bread, ro	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap Ils and wraps with
	Chef Salad	Mexican Salad	Chicken Caesar Salad	Buffalo Chicken Salad	Chicken Caesar Salad
Frait &	fresh lettuce topped with sliced deli meats and cheeses P	salad with beans, corn, sour cream, and salsa	fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes	fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls
	Available Daily: Garde	n Salad, Chef Salad, Caesa	ar Salad & Organic Fruit ar	nd Yogurt Parfait. Includes	s whole wheat dinner
Healthy,	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad Pasta Salad Caesar Salad	Fresh Grapes Mixed Fruit Fresh Apple Potato Salad Side Salad Homemade Lite Veggie Pasta Salad  Tossed Salad Cupped Fre	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie
WHITSONS STATE			JSDA has approved FREE breakfast and		

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.

Meals are approved to be served for in person and virtual learners. Inquire with your schools district office to see if your school is participating.

All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain.

Consuming raw or under cooked meat, poutry, seapood, sneiljish or eggs may increase your risk of jood borne litness, especially ij you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additions information regarding this menu, please contact the food service director. This insitution is an equal opportunity provider











Welcome to our Lunch Cafe

Made With Organic Ingredients

4/12/2021 - 4/16/2021

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com.

	Monday	Tuesday	Wednesday	Thursday	Friday
	General Tso's Chicken	Crispy Tacos	Pasta, Pasta, Pasta	Chicken Nuggets	Nachos Grande
	crispy chicken with	homemade spicy taco	pasta with the sauce of	crispy breaded chicken	tortilla chips topped wit
World 🟋 🤻 📗	broccoli in General Tso's	meat inside a crispy taco	your choice: Alfredo,	nuggets perfect for	freshly prepared mexi
S Market	sauce 🤔	shell topped with cheese	marinara or bolognese	dipping in your favorite	style meat and cheese
	Brown Rice	Soft Tacos	Green Beans	sauce	sauce 🤗
	Vegetable Egg Roll	Chicken Fajita Wrap	Homemade Garlic	Oven Baked Fries	
Coyote	vegetable Egg Noil	Simononi ajna i i i ap	Bread	Sweet Corn	Brown Rice
4 GRILL		Durana Dia a	Broad	Dinner Rolls	Fiesta Corn
		Brown Rice		Billio Rois	
the part of the same parties and the same an		Fiesta Corn			
	French Bread Pizza	Meat Lovers Pizza	Hand Crafted Buffalo	Bacon Pizza	Homemade Chicker
	toasted French bread	freshly made pizza	Chicken Pizza	handmade pizza topped	Parmesan Calzone
	topped with pizza sauce	topped with mozzarella	fresh dough layered with	with sauce, melted	freshly prepared doug
10	and melted cheese 🍘	cheese, sausage,	sauce, topped with	mozzarella and crispy	lightly brushed with oil
CUCINA		pepperoni and meatball	cheese and Buffalo	bacon pieces 🤗	garlic stuffed with chick
COSI		P 🔑	chicken pieces and	,	breast topped with tom
			baked until crisp 🤗		sauce, mozzarella &
	A "	D' D 'D'	. 🗸	11.6 4 1 1 1	
	Available Daily: Chee	se Pizza, Pepperoni Pizza	and Special Calzone or Piz	zza all featuring whole gra	in rich pizza dough
	Grilled Cheese	Smokehouse Pulled	BBQ Chicken	Meatball Hero	Double Bacon Burge
	Sandwich	Pork Sandwich	Sandwich	freshly baked meatballs	two juicy all beef patti
	toasted bread with	smokehouse pulled pork	warm baked chicken	mixed in a rich tomato	topped with crisp bace
Miss Mari	ed gooey cheese	on a roll with cole slaw	smothered in BBQ sauce	sauce inside a soft roll	cheese, on a soft bu
11(02)	ed and prepared in-	P	on a bun and prepared in-	topped with melted	Sweet Potato Fries
RUBY'S & MITTER	house 🍘	Sweet Potato Fries	house	mozzarella 🤔 🚷	
GRILL	DIAM	Circuit Glate Fried	Sweet Potato Fries	Sweet Potato Fries	
MAN WAR	Ava	ailable Daily: Hamburgers	Cheeseburgers, Veggie E		
			· · · · · · · · · · · · · · · · · · ·	_	
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
	an assortment of cold	an assortment of cold	an assortment of cold	an assortment of cold	an assortment of col
	cuts, cheeses,	cuts, cheeses,	cuts, cheeses,	cuts, cheeses,	cuts, cheeses,
0,504	condiments and breads,	condiments and breads,	condiments and breads,	condiments and breads,	condiments and bread
Great 🕯	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to create	rolls, or wraps to crea
AMERICAN I	your own sandwich	your own sandwich	your own sandwich	your own sandwich	your own sandwich
SANDWICH CO.	Tuna Salad Wrap* 🤔	Buffalo Chicken Wrap	Chicken Caesar Wrap	Ham & Cheese Wrap	Buffalo Chicken Wra
	Daily: Boars Head	cold cuts, popcorn chi	cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with
	Garden Salad with	Mexican Salad	Chef Salad	Garden Salad with	Mexican Salad
	Cheese Entree	salad with beans, corn,	fresh lettuce topped with	Chicken Salad	salad with beans, con
	fresh garden salad	sour cream, and salsa	sliced deli meats and	chicken salad on a bed of	sour cream, and sals
	topped with cheese 😰		cheeses p	lettuce, cucumbers,	
Frait S	topped with cheese	<b>6</b>	cheeses p	carrots and tomatoes	<b>6</b>
evedecc				carrois and tornatoes	
eapress					
and the second second	A "			137 (5 (3) )	
	Available Daily: Garder	n Salad, Chef Salad, Caes	ar Salad & Organic Fruit ar	nd Yogurt Parfait. Includes	s whole wheat dinner
	Fresh Grapes	Applesauce	Fresh Granny Smith	Fresh Orange	Fresh Granny Smit
	Mixed Fruit	Sliced Peaches	Apple	Mixed Fruit	Apple
	Side Salad	Potato Salad	Sliced Peaches	Potato Salad	Sliced Peaches
	Homemade Lite Veggie	Side Salad	Potato Salad	Side Salad	Potato Salad
Healthy 📗	Pasta Salad	Confetti Garbanzo	Side Salad	Homemade Lite Veggie	Side Salad
HARVEST O		Bean Salad	Homemade Lite Veggie	Pasta Salad	Homemade Lite Veg
		Homemade Lite Veggie	Pasta Salad		Pasta Salad
	Variety of Fresh Fruits ar		Pasta Salad, Caesar Salad,	Tossed Salad, Cupped Fru	its & Fresh Fruits
		,			
SIMP		_The	USDA has approved FREE breakfast and	lunch for all students for schools on the	NSLP/SRP for the 2020-2021 school

Made With Natural Ingredients

**Vegetarian** 

Pork

Welcome to our Lunch Cafe

4/19/2021 - 4/23/2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
World To MARKET	Chicken Nugget & Mozzarella Stick Combo Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce Oven Baked Fries	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice	Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta & & & & & & & & & & & & & & & & & & &	Chicken with Gravy roasted chicken covered with gravy P Fluffy Mashed Potatoes Sweet Corn Cranberry Sauce Garlic Cheese Biscuit	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn	
MONDAY	Sweet Corn French Bread Pizza toasted French bread topped with pizza sauce and melted cheese	Fiesta Corn  BBQ Chicken Pizza freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion	Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces	White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella cheese, baked to perfection	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese	
	Available Daily: Chees	se Pizza, Pepperoni Pizza	and Special Calzone or Pi	zza all featuring whole gra	ain rich pizza dough	
Miss RUBY'S GRILL	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Sweet Potato Fries	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella (>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Ruby's Chicken Cordon Bleu handcrafted sandwich with moist chicken breast ,thinly sliced ham, cheese, crisp lettuce and pickle chips between a	Turkey Hot Dog on Bun turkey hot dog on soft bun Baked Potato Wedges	Chicken Parmesan Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a	
	Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, & Chicken Patties.					
	Deli Bar an assortment of cold cuts, cheeses,	Deli Bar an assortment of cold cuts, cheeses,	Deli Bar an assortment of cold cuts, cheeses,	Deli Bar an assortment of cold cuts, cheeses,	Deli Bar an assortment of cold cuts, cheeses,	
Great SAMERICAN SAMERICAN	condiments and breads, rolls, or wraps to create your own sandwich Tuna Salad Wrap* 🎅	condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	condiments and breads, rolls, or wraps to create your own sandwich Roast Beef Sandwich	condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese	condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	
	Daily: Boars Head of	cold cuts, popcorn chi	cken, tuna, cheeses &	whole grain bread, ro	lls and wraps with	
Frait Sep EXPRESS	Chef Salad fresh lettuce topped with sliced deli meats and cheeses P	Garden Salad with Cheese Entree fresh garden salad topped with cheese	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls	Chef Salad fresh lettuce topped with sliced deli meats and cheeses (P)	Mexican Salad salad with beans, corn, sour cream, and salsa	
	Available Daily: Garden Salad, Chef Salad, Caesar Salad & Organic Fruit and Yogurt Parfait. Includes whole wheat dinner					
Healthy	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad Strawberry Cup	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	
WHITSONS SINP	PLY ROOT	The I  Meals are approved to  All lun	o be served for in person and virtual lear	lunch for all students for schools on the i ners. Inquire with your schools district of oice of fruit, choice of vegetable, choice of	fice to see if your school is participating	

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