

9/1/2021 - 9/3/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
World			Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta 🄗 🚱 Green Beans Homemade Garlic	Chicken and Waffles crispy chicken placed on top of fluffy waffles Crispy Potato Puffs Applesauce	No School
I CUCINA			Bread Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp P	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball P	
	Available Daily: Chee	se Pizza, Pepperoni Pizz	a and Special Calzone or Piz	zza all featuring whole gra	ain rich pizza dough
	1ERC		Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🎅 📎 Sweet Potato Fries	BBQ Pulled Pork Sandwich shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun P Baked Potato Wedges	
M EA	Av:	ailable Daily: Hamburger	s, Cheeseburgers, Veggie B	Burgers, & Chicken Pattie	s.
Great Scherican AMERICAN SANDWICH CO.	Daily: Boars Head	cold cuts, poncorn ch	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Roast Beef Sandwich sicken, tuna, cheeses &	Deli Bar an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese	lls and wrans with
	Dally. Doal's Head				nis and wraps with
Frait Area EXPRESS			Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🄗	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P 2	
	Available Daily: Garde	n Salad, Chef Salad, Cae	sar Salad & Organic Fruit ar	nd Yogurt Parfait. Include	s whole wheat dinner
Healthy			Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
	Variety of Fresh Fruits an	nd Veggies available daily	- Pasta Salad, Caesar Salad,		uits & Fresh Fruits
The NAME OF THE OWNER.	nply Rooted <sup>®</sup> in food and far		approved FREE breakfast and lun		
Check out our r www.FDMealPl FD MealPlanne & App Store or Ge	nutritious and flavorful. nobile menu at anner.com or download r free of charge, from the oogle Play, and view your nobile device anywhere.	your schools of choice of fruit, suming raw of food borne	ool year. Meals are approved to be district office to see if your school choice of vegetable, choice of 1% under cooked meat, poultry, seafc illness, especially if you have certa posted when available. This instit Made With Natural Ingredients	is participating. All lunches inclu , fat free or flavored milk & a gr bod, shellfish or eggs may incre ain medical conditions. Menu is	ude a meat or meat alternate, ain. ****Con- ase your risk subject to WHITSONS

Welcome to our Lunch Cafe

### 9/6/2021 - 9/10/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
World Street MARKET		Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice Fiesta Corn	Pasta, Pasta, Pasta pasta with the sauce of your choice: Alfredo, marinara or bolognese Homemade Garlic Bread Green Beans	Cinnamon French Toast slices of French toast baked to perfection Crispy Pork Sausage Links Crispy Potato Puffs Sauteed Cinnamon Apple Slices	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn
Can MonDay Can MonDay	Available Daily: Chees	Sausage Pizza traditional pizza slice topped with sausage 🤔	Meatball Pizza cheese pizza topped with sliced meatball 🤔 and Special Calzone or Pi	Hawaiian Pizza ham and pineapple chunks over a cheese pizza slice P 🌮	Chicken Parm. Calzone <b>in rich pizza dough</b>
	,	Grilled Chicken	Chicken Parmesan	BBQ Pulled Pork	Grilled Cheese
Misa RUBY'S	Ava	Teriyaki Sandwich grilled chicken breast marinated in teriyaki sauce, topped with lettuce & tomato prepared in-house ờ	Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a	Sandwich shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun P Baked Potato Wedges Burgers, & Chicken Patties	Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house Baked Potato Wedges
		Deli Bar	Deli Bar	Deli Bar	Deli Bar
Great Stan	Daily: Boars Head of	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap cold cuts, popcorn chio	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Tuna Salad Wrap* Cken, tuna, cheeses &	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Egg Salad Wrap (????????????????????????????????????	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap Ils and wraps with
		Garden Salad with	Chicken Caesar Salad	Buffalo Chicken Salad	Garden Salad with
Frait Star EXPRESS		Cheese Entree fresh garden salad topped with cheese 🔗	fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🤔	with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes 🌮	Cheese Entree fresh garden salad topped with cheese
	Available Daily: Garder	n Salad, Chef Salad, Caesa	ar Salad & Organic Fruit a	nd Yogurt Parfait. Includes	s whole wheat dinner
Healthy		Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	Fresh Grapes Mixed Fruit Fresh Apple Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad
	Variety of Fresh Fruits an	d Veggies available daily -		Tossed Salad, Cupped Fru	
our menus are n Check out our m www.FDMealPla FD MealPlanner App Store or Go	ply Rooted <sup>®</sup> in food and fam nutritious and flavorful. nobile menu at inner.com or download free of charge, from the ogle Play, and view your obile device anywhere.	2021-2022 school your schools dis choice of fruit, c suming raw or u of food borne ille	I year. Meals are approved to be trict office to see if your school hoice of vegetable, choice of 1% nder cooked meat, poultry, seaf ness, especially if you have certa osted when available. This instit	cch for all students attending scl served for in person and virtual is participating. All lunches inclu , fat free or flavored milk & a gra ood, shellfish or eggs may increa ain medical conditions. Menu is s tution is an equal opportunity pro- pork	learners. Please inquire with Ide a meat or meat alternate, ain. ****Con- se your risk subject to WHITSONS

Welcome to our Lunch Cafe

#### 9/13/2021 - 9/17/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Turkey Hot Dog on Bun <i>turkey hot dog on soft bun</i> Baked Beans Sweet Potato Fries	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice Fiesta Corn	Pasta with Meat Sauce freshly cooked pasta with meat sauce 🔗 📎 Homemade Garlic Bread Green Beans	Baked Chicken Tenders crispy chicken tenders perfect for dipping in your favorite sauce Dinner Rolls Fluffy Mashed Potatoes Green Beans	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn
2ª CUCINA	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese v	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball P &	Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🄗	Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🧭	Chicken Parm. Calzone
	-		and Special Calzone or Pi		
Miss RUBY'S BRILL	Grilled Cheese Sandwich toasted bread with ted gooey cheese ed and prepared in- house @	Chicken Parmesan Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a	BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in- house Sweet Potato Fries Cheeseburgers, Veggie B	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in- house	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🔗 🗞 Sweet Potato Fries
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Great Samerican	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Roast Beef Sandwich	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Buffalo Chicken Wrap	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Chicken Caesar Wrap	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese Wrap	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Chicken Salad Wrap
	Classic Chef Salad	Garden Salad with	cken, tuna, cheeses & Classic Chef Salad	Chicken Caesar Salad	Garden Salad with
Frait And	fresh lettuce topped with sliced deli meats and cheeses P 🔗	Cheese Entree fresh garden salad topped with cheese @	fresh lettuce topped with sliced deli meats and cheeses P 🔗	fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🤗	Cheese Entree fresh garden salad topped with cheese (
	Available Daily: Garden	n Salad, Chef Salad, Caes	ar Salad & Organic Fruit a	nd Yogurt Parfait. Includes	s whole wheat dinner
Healthy HARVEST	Fresh Grapes Mixed Fruit Side Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Fresh Granny Smith Apple Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Fresh Orange Mixed Fruit Potato Salad Side Salad Homemade Lite Veggie Pasta Salad	Fresh Granny Smith Apple Sliced Peaches Potato Salad Side Salad Homemade Lite Veggie Pasta Salad
	Variety of Fresh Fruits an	Pasta Salad d Veggies available daily -	Pasta Salad, Caesar Salad,	Tossed Salad, Cupped Fru	uits & Fresh Fruits
Whitsons is Sim	ply Rooted <sup>⊛</sup> in food and fam	ily and The USDA has a	pproved FREE breakfast and lur	ch for all students attending set	nools on the NSL P/SBP for the
our menus are r Check out our n www.FDMealPla FD MealPlanner	nutritious and flavorful.	2021-2022 schools dis choice of fruit, co suming raw or u of food borne ill	of year. Meals are approved to be strict office to see if your school hoice of vegetable, choice of 1% inder cooked meat, poultry, seafc ness, especially if you have cert posted when available. This instit	e served for in person and virtual is participating. All lunches inclu , fat free or flavored milk & a gra ood, shellfish or eggs may increa ain medical conditions. Menu is tution is an equal opportunity pro	learners. Please inquire with ide a meat or meat alternate, ain.****Con- ase your risk whitsons* school Nutrition
	nobile device anywhere.	Vegetarian	Made With Natural Ingredients	Pork 🚱 Smart Choice	Made With Organic Ingredients

Welcome to our Lunch Cafe

#### 9/20/2021 - 9/24/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
World Str. MARKET	Chicken Nugget & Mozzarella Stick Combo Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce Oven Baked Fries Sweet Corn	Crispy Tacos homemade spicy taco meat inside a crispy taco shell topped with cheese Soft Tacos Chicken Fajita Wrap Brown Rice Fiesta Corn	Homemade Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta 🔗 📎 Homemade Garlic Bread Green Beans	Homemade Shepherd's Pie seasoned ground meat and crisp vegetables covered in creamy mashed potatoes, melted cheese, and gravy Dinner Rolls	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce Brown Rice Fiesta Corn
CUCINA CUCINA	French Bread Pizza toasted French bread topped with pizza sauce and melted cheese @	Meat Lovers Pizza freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball P S	Bacon Pizza handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🎅	Meatball Pizza cheese pizza topped with sliced meatball 🤌	Chicken Parm. Calzone
			and Special Calzone or Pi		
Miss RUBY'S GRILL	Grilled Cheese Sandwich golden toasted bread with melted gooey cheese pressed and prepared in- house ô Sweet Potato Fries	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🔗 🗞 Sweet Potato Fries	Ruby's Chicken Cordon Bleu handcrafted sandwich with moist chicken breast ,thinly sliced ham, cheese, crisp lettuce and pickle chips between a Cheeseburgers, Veggie B	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in- house	Chicken Club Sandwich hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes Baked Potato Wedges
	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Great Standing	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Tuna Salad Wrap* 🤣	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Egg Salad Wrap 🏈 🄗	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Turkey Club Wrap cken, tuna, cheeses &	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Ham & Cheese	an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich Roast Beef Sandwich
Frait Store EXPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P 2	Garden Salad with Cheese Entree fresh garden salad topped with cheese 🅜	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls ờ	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P 🔗	Fruity Parfait vanilla yogurt topped with strawberries, blueberries, and crunchy granola
	Available Daily: Garden	n Salad, Chef Salad, Caesa	ar Salad & Organic Fruit a	nd Yogurt Parfait. Includes	s whole wheat dinner
Healthy	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad Strawberry Cup	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad Baby Carrots
MNG					
our menus are n Check out our m www.FDMealPla FD MealPlanner App Store or Go	ply Rooted <sup>®</sup> in food and fam nutritious and flavorful. nobile menu at anner.com or download r free of charge, from the ogle Play, and view your nobile device anywhere.	2021-2022 school your schools dis choice of fruit, co suming raw or u of food borne ill	pproved FREE breakfast and lun ol year. Meals are approved to be strict office to see if your school hoice of vegetable, choice of 1% inder cooked meat, poultry, seafo ness, especially if you have certa posted when available. This instit Matural Ingredients	served for in person and virtual is participating. All lunches inclu , fat free or flavored milk & a gra ood, shellfish or eggs may increa ain medical conditions. Menu is s	learners. Please inquire with Ide a meat or meat alternate, ain. ****Con- se your risk Subject to WHITSONS*

Welcome to our Lunch Cafe

#### 9/27/2021 - 9/30/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cinnamon French	Crispy Tacos		Chicken and Waffles	
	Toast	homemade spicy taco		crispy chicken placed on	
World 🔨 🗺	slices of French toast	meat inside a crispy taco	No School	top of fluffy waffles	
Market	baked to perfection 🅜	shell topped with cheese		Crispy Potato Puffs	
	Crispy Pork Sausage	Soft Tacos	Staff Development Day	Applesauce	
oyote	Links	Chicken Fajita Wrap			
GRILL	Crispy Potato Puffs	_ 🙋			
	Sauteed Cinnamon	Brown Rice			
	Apple Slices	Fiesta Corn			
	Sausage Pizza	Meat Lovers Pizza		French Bread Pizza	
	traditional pizza slice	freshly made pizza		toasted French bread	
	topped with sausage 🤭	topped with mozzarella		topped with pizza sauce	
		cheese, sausage,		and melted cheese 🅜	
UGIN		pepperoni and meatball		🧭	
00		P 🦻			
MATE	Available Daily: Chee	se Pizza, Pepperoni Pizza	and Special Calzone or Piz	zza all featuring whole gra	in rich pizza dough
MEN SE	Grilled Cheese	BBQ Pulled Pork	i	Grilled Chicken	
- TOND	Sandwich	Sandwich		Teriyaki Sandwich	
	golden toasted bread with	shredded pork smothered		grilled chicken breast	
nia	melted gooey cheese	in a smoky BBQ sauce		marinated in teriyaki	
Miss	pressed and prepared in-	and arranged on a soft		sauce, topped with	
UBY'S	house ァ	bun 🕑		lettuce & tomato prepared	
GRILL	Baked Potato Wedges	Baked Potato Wedges		in-house 🤔	
	Ava	ailable Daily: Hamburgers	, Cheeseburgers, Veggie B	Burgers, & Chicken Patties	i.
	Deli Bar	Deli Bar	i	Deli Bar	
	an assortment of cold	an assortment of cold		an assortment of cold	
	cuts, cheeses,	cuts, cheeses,		cuts, cheeses,	
had m	condiments and breads,	condiments and breads,		condiments and breads,	
reat 🥪	rolls, or wraps to create	rolls, or wraps to create		rolls, or wraps to create	
AMERICAN SANDWICH CO.	your own sandwich	your own sandwich		your own sandwich	
and the second second	Ham & Cheese	Turkey Club Wrap 🤭		Buffalo Chicken Wrap	
	Daily: Boars Hoad a	cold cuts, popeorn chi	cken, tuna, cheeses &	whole grain bread, rol	lls and wraps with
	Dally. Doars nead t	bola dato, popodili di		<b>J</b>	•
	Classic Chef Salad	Garden Salad with		Garden Salad with	
	Classic Chef Salad fresh lettuce topped with	Garden Salad with Cheese Entree		Garden Salad with Cheese Entree	
	Classic Chef Salad fresh lettuce topped with sliced deli meats and	Garden Salad with Cheese Entree fresh garden salad		Garden Salad with Cheese Entree fresh garden salad	
Frait Som	Classic Chef Salad fresh lettuce topped with	Garden Salad with Cheese Entree		Garden Salad with Cheese Entree	
Frait Som	Classic Chef Salad fresh lettuce topped with sliced deli meats and	Garden Salad with Cheese Entree fresh garden salad		Garden Salad with Cheese Entree fresh garden salad	
Frait Sam	Classic Chef Salad fresh lettuce topped with sliced deli meats and	Garden Salad with Cheese Entree fresh garden salad		Garden Salad with Cheese Entree fresh garden salad	
Frait Area XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P &	Garden Salad with Cheese Entree fresh garden salad topped with cheese ()		Garden Salad with Cheese Entree fresh garden salad topped with cheese 🏈	
Frait Area XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P &	Garden Salad with Cheese Entree fresh garden salad topped with cheese of book for the salad, Chef Salad, Caes	ar Salad & Organic Fruit ar	Garden Salad with Cheese Entree fresh garden salad topped with cheese (*) (*) nd Yogurt Parfait. Includes	
Frait Star XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce	Garden Salad with Cheese Entree fresh garden salad topped with cheese <b>n Salad, Chef Salad, Caes</b> Diced Pear Cup		Garden Salad with Cheese Entree fresh garden salad topped with cheese on to Yogurt Parfait. Includes Applesauce	
Frait Som XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches	Garden Salad with Cheese Entree fresh garden salad topped with cheese <b>n Salad, Chef Salad, Caes</b> Diced Pear Cup Fresh Apple		Garden Salad with Cheese Entree fresh garden salad topped with cheese	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce	Garden Salad with Cheese Entree fresh garden salad topped with cheese <b>n Salad, Chef Salad, Caes</b> Diced Pear Cup		Garden Salad with Cheese Entree fresh garden salad topped with cheese on to Yogurt Parfait. Includes Applesauce	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad	Garden Salad with Cheese Entree fresh garden salad topped with cheese @ Diced Pear Cup Fresh Apple Side Salad Potato Salad		Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Control	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese <b>hd Yogurt Parfait. Includes</b> Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad	
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XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
XPRESS	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	Garden Salad with Cheese Entree fresh garden salad topped with cheese @		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
XPRESS Healthy HARVEST	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P & Available Daily: Garden Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Control		Garden Salad with Cheese Entree fresh garden salad topped with cheese Constant cheese Constant cheese Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie	
Whitsons is Sin	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Control		Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Content of the salad of the salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	whole wheat dinner
Whitsons is Sin	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Garden Salad with Cheese Entree fresh garden salad topped with cheese (*) (*) <b>n Salad, Chef Salad, Caes</b> Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	ar Salad & Organic Fruit ar	Garden Salad with Cheese Entree fresh garden salad topped with cheese (*) (*) Applesauce Sliced Peaches Potato Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	ools on the NSLP/SBP for learners. Please inquire wi de a meat or meat alternat
XPRESS Healthy HARVEST	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Garden Salad with Cheese Entree fresh garden salad topped with cheese ib <b>n Salad, Chef Salad, Caes</b> Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	ar Salad & Organic Fruit an ar Salad & Organic Fruit an approved FREE breakfast and lun ol year. Meals are approved to be strict office to see if your school choice of vegetable, choice of 1%	Garden Salad with Cheese Entree fresh garden salad topped with cheese @ @ nd Yogurt Parfait. Includes Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	ools on the NSLP/SBP for learners. Please inquire wi de a meat or meat alternate in. ****Con-
XPRESS Healthy HARVEST Whitsons is Sin our menus are Check out our r www.FDMealPl	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Control	ar Salad & Organic Fruit ar approved FREE breakfast and lun ol year. Meals are approved to be strict office to see if your school strict office to see if your school under cooked meat, poultry, seafo	Garden Salad with Cheese Entree fresh garden salad topped with cheese Control Control	ools on the NSLP/SBP for learners. Please inquire w de a meat or meat alternat in. ***Con- se your risk
Whitsons is Sin our menus are Check out our r www.FDMealPl FD MealPlanne	Classic Chef Salad fresh lettuce topped with sliced deli meats and cheeses P >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	Garden Salad with Cheese Entree fresh garden salad topped with cheese (*) (*) n Salad, Chef Salad, Caese Diced Pear Cup Fresh Apple Side Salad Potato Salad Homemade Lite Veggie Pasta Salad	ar Salad & Organic Fruit an ar Salad & Organic Fruit an approved FREE breakfast and lun ol year. Meals are approved to be strict office to see if your school choice of vegetable, choice of 1%	Garden Salad with Cheese Entree fresh garden salad topped with cheese (*) (*) Applesauce Sliced Peaches Potato Salad Side Salad Confetti Garbanzo Bean Salad Homemade Lite Veggie Pasta Salad	ools on the NSLP/SBP for learners. Please inquire w de a meat or meat alternat in. ****Con- se your risk